

Save Your Breath 5K Run/Walk
 Kennebec Rail Trail, Augusta, Maine
 Sunday, October 18, 2026, 8:00 a.m
 Timing, Registration, & Finish Line Management by Run In A Race, LLC
 question@RunInARace.com 207-232-8394 RunInARace.com

Overall Results

Place	Bib #	Name	Finish	Pace	Age	Gender	City	Division
Team Name								
	1	353 Kyle Miller	16:49.0	5:25	35	M	Lewiston	5K
Sabattus Rec Runni	2	181 Sapan Bhatt	16:53.9	5:27	37	M	Waterville	5K
Central Maine Stri	3	176 Kyle Simmons	17:50.2	5:45	41	M	Lewiston	5K
Sabattus Rec Runni	4	333 Jayden Lush	21:01.2	6:47	14	M	Randolph	5K
	5	352 Jaren Willey	21:11.3	6:50	38	M	Chelsea	5K
	6	117 Kurtis Biggs	21:39.5	6:59	38	M	Augusta	5K
	7	207 Steven Dubois	21:39.5	6:59	54	M	Lisbon Falls	5K
Sabattus Rec Runni	8	48 Nicole Hemedinger	21:42.8	7:00	36	F	Bowdoinham	5K
	9	225 Nick Webster	21:52.8	7:03	28	M	Augusta	5K
	10	59 Dominick Reed	23:05.8	7:27	35	M	Augusta	5K
	11	93 Ross Vernon	23:10.9	7:28	31	M	Hallowell	5K
RLC Engineering	12	92 Heather Chesley	23:13.0	7:29	31	F	Hallowell	5K
RLC Engineering	13	100 Glen Turgiss	23:27.4	7:34	63	M	Woburn	5K
	14	32 John Frankenfield	23:54.6	7:43	58	M	West Gardiner	5K
	15	95 Rachel Carter	24:09.8	7:47	36	F	Winslow	5K
	16	320 Chad Perry	24:21.1	7:51	37	M	Gardiner	5K
	17	85 Allyson Lewis	24:21.9	7:51	21	F	North Monmouth	5K
	18	158 Kelly Harmon	24:50.2	8:01	51	F	Litchfield	5K
Sabattus Rec Runni	19	359 Susanna Norwood	24:58.3	8:03	50	F	Damariscotta	5K
	20	89 Cait Rossler	25:06.4	8:06	41	F	Mount Vernon	5K
	21	223 Tom Menendez	25:38.6	8:16	73	M	Monmouth	5K
	22	355 Ian Gorecki	25:43.1	8:18	35	M	Brunswick	5K
	23	324 Sarah Martin	26:06.4	8:25	60	F	Starks	5K
Covenant Health	24	57 Jennifer Tarr	26:07.4	8:25	49	F	Augusta	5K
	25	256 Lexi Wilhelmsen	26:19.6	8:29	28	F	Augusta	5K
Central Maine Stri	26	160 Zak Grupp	26:41.3	8:36	27	M	Bowdoinham	5K
	27	357 Katherine Vatistas	27:04.5	8:44	39	F	Readfield	5K
	28	219 Brittney Bechard	27:14.6	8:47	36	F	Turner	5K
	29	97 Jason Pichette	27:15.7	8:47	24	M	Augusta	5K
	30	334 Mae Redman	27:20.6	8:49	16	F	Lewiston	5K
	31	87 Kelly Huggs	27:24.7	8:50	38	F	Oakland	5K
One River CPA's	32	325 Melissa White	27:34.0	8:54	34	F	Easton	5K
	33	365 Keith Kanoti	27:34.9	8:54	53	M	Old Town	5K
	34	98 Sierra Millay	27:47.1	8:58	26	F	Chelsea	5K
	35	130 Jennifer Godden	27:56.2	9:01	43	F	Middletown	5K
Forest Strong	36	360 Jon Mennealy	28:13.4	9:06	70	M	Sabattus	5K
Sabattus Rec Runni	37	366 Jessica Eyles	28:15.5	9:07	50	F	Hampden	5K

38	319	Devon French	28:19.5	9:08	38	F	Gardiner	5K
39	330	Katie Daggett	28:25.6	9:10	58	F	Washington	5K
40	63	Baylee Doughty	28:25.6	9:10	31	F	Windsor	5K
41	161	Kelly Simmons	28:34.8	9:13	41	F	Lewiston	5K
Sabattus Rec Runni								
42	361	Isaac LeBlanc	28:35.9	9:13	38	M	Windsor	5K
43	364	Allison Kanoti	28:42.0	9:15	52	F	Old Town	5K
44	212	Tammy Moody	29:04.2	9:23	67	F	Randolph	5K
45	368	Joe Dumonty	29:04.2	9:23	26	M	Palmero	5K
46	37	Siara Gerard	29:08.3	9:24	23	F	Waterville	5K
47	331	Marsha Frost	29:09.3	9:24	48	F	Sidney	5K
48	141	Kirstie Wilkins	29:18.5	9:27	56	F	Livermore Falls	5K
49	88	Suzan Beaudoin	29:22.6	9:28	71	F	Augusta	5K
50	369	Sierra Gagnon	29:54.5	9:39	31	M	Palmero	5K
51	327	Hazel Labbe	30:17.9	9:46	54	F	Belgrade	5K
52	328	Bart Shattuck	30:28.0	9:50	69	M	Winslow	5K
53	131	Shannon Young	31:19.6	10:06	55	F	South China	5K
54	99	Laura Redick	31:25.6	10:08	56	F	Woburn	5K
55	209	Teanna West	31:53.8	10:17	72	F	South China	5K
56	94	Ben Petterson	32:21.0	10:26	31	M	Hallowell	5K
RLC Engineering								
57	370	Eric Martin	32:25.2	10:27	30	M	Sidney	5K
58	354	Danielle Hurley	32:28.2	10:28	41	F	Cross Plains	5K
59	42	Kyle Seibert	33:09.4	10:42	32	M	Oakland	5K
The Dump Guy								
60	367	Taylor Sutherburg	33:10.5	10:42	21	M	Richmond	5K
61	206	Matthew Loisel	33:16.6	10:44	29	M	Canaan	5K
The Dump Guy								
62	362	Allison Puiaa	33:31.9	10:49	32	F	Winslow	5K
63	200	Natacha Watts	33:47.0	10:54	24	F	winslow	5K
64	45	Joey LeBlanc	33:48.1	10:54	30	M	Fairfield	5K
65	90	Dave Rossler	34:24.5	11:06	39	M	Mount Vernon	5K
66	52	Rhonda Murray	34:30.5	11:08	54	F	Richmond	5K
67	127	Hailie Boulanger	34:31.5	11:08	25	F	Gray	5K
68	363	Carly Wiggin	34:41.7	11:11	45	F	Sidney	5K
69	13	Nicolas Stringos	35:11.9	11:21	45	M	Canaan	5K
Central Maine Stri								
70	286	Lyse Nancy Irakenuye	35:17.1	11:23	28	F	Rockland	5K
71	86	Erik Lewis	35:39.4	11:30	55	M	North Monmouth	5K
72	358	Charlotte Conley	37:07.9	11:58	57	F	Nobleboro	5K
73	218	Alex Doyle	38:31.4	12:25	32	M	Scarborough	5K
The Dump Guy								
74	321	Samantha Rodriguez	39:24.7	12:43	36	F	Lewiston	5K
75	351	Madison Necevski	39:31.0	12:45	28	F	Oakland	5K
76	210	Talitha McKenzie	41:03.3	13:15	28	F	Gardiner	5K
77	211	Isabel Foshay	41:04.3	13:15	28	F	Sidney	5K
78	350	Helen Bell-Necevski	41:16.6	13:19	59	F	Oakland	5K
79	12	Ciarrah Roy	41:53.9	13:31	26	F	Albion	5K
PAWSitive Vibes LL								
80	185	Christie York	41:53.9	13:31	51	F	Winslow	5K
PAWSitive Vibes LL								
81	215	Maria LuLu DeHaan	41:59.2	13:33	35	F	Midvale	5K
82	216	Kami MECHAM	42:00.3	13:33	40	F	Sandy	5K
83	214	Devin Mecham	42:00.3	13:33	37	M	Midvale	5K
84	204	Alex Forest	42:48.3	13:48	64	F	Hallowell	5K
Forest Strong								
85	336	Olivia Rodriguez	43:31.5	14:02	16	F	Lewiston	5K
86	205	Bobbie Touchin	43:52.7	14:09	64	F	Hallowell	5K
Forest Strong								
87	291	Emily Warner	44:07.0	14:14	36	F	Augusta	5K
88	318	Rebecca Malburne	44:08.0	14:14	36	F	Brunswick	5K
89	296	Maddison Pfaff	44:08.0	14:14	35	F	Brunswick	5K

90	356	Matthew Drost	51:58.2	16:46	38	M	Randolph	5K
91	335	Matilda Casper	55:49.2	18:00	8	F	Lewiston	5K
92	337	Abigail Casper	55:51.4	18:01	21	F	South China	5K
93	62	Abby Casper	56:29.7	18:13	38	F	Lewiston	5K
94	208	Patrick Liberty	56:54.0	18:21	28	M	South China	5K
Division: Walker								
Place	Bib #	Name	Finish	Pace	Age	Gender	City	Division
Team Name								
1	346	Cody Blackburn	38:16.7	12:21	32	M	Monmouth	Walker
2	345	Silas Worthington	40:04.6	12:55	26	M	Saint Albans	Walker
Maine Value Heat P								
3	339	Juliana Montell	40:26.2	13:03	22	F	Augusta	Walker
4	347	Emily Blackburn	40:47.3	13:09	32	F	Monmouth	Walker
5	340	Samual Blouin	44:39.0	14:24	28	M	Augusta	Walker
Paul Blouin Mazda								
6	341	Barry Wheaton	46:28.4	14:59	40	M	Smithfield	Walker
7	342	Savannah Millay	54:23.2	17:33	23	F	Chelsea	Walker
8	343	Melissa Huntington	54:25.3	17:33	47	F	Chelsea	Walker