

Indoor Insanity 5k

Place	Bib	Name	Split	Fastest Lap	Slowest Lap	Average	Last	Number of Laps	Time	Gap
Heat 1										
1.	400	Jefferson Tucker	Lap 24	00:36,1 24	00:49,9 25	00:40,8	00:49,9	25	0:17:01,8	-
2.	398	Andrew Goupee	Lap 25	00:38,5 25	00:42,0 20	00:40,9	00:38,5	25	0:17:03,9	+00:00:02
3.	663	Kyle Simmons	Lap 25	00:38,5 1	00:44,3 18	00:42,0	00:38,6	25	0:17:30,0	+00:00:28
4.	708	Justin Morace	Lap 25	00:38,9 1	00:44,2 18	00:42,0	00:40,9	25	0:17:31,8	+00:00:29
5.	706	Billy Kobin	Lap 25	00:37,2 1	00:47,6 23	00:42,2	00:44,4	25	0:17:35,5	+00:00:33
6.	709	Dylan Lajoie	Lap 25	00:38,4 25	00:47,2 23	00:43,0	00:38,4	25	0:17:55,9	+00:00:54
7.	710	Sam Dunham	Lap 25	00:36,7 1	00:50,0 20	00:44,7	00:43,2	25	0:18:37,9	+00:01:36
8.	713	Dave Loome	Lap 25	00:42,2 25	00:46,4 16	00:44,8	00:42,2	25	0:18:40,7	+00:01:38
9.	662	Alanna McDonough Tucker	Lap 25	00:41,2 25	00:47,5 15	00:45,9	00:41,2	25	0:19:07,5	+00:02:05
10.	711	David Ouellette	Lap 25	00:40,9 1	00:49,5 19	00:46,1	00:43,8	25	0:19:13,3	+00:02:11
11.	584	Andrew Catalina	Lap 25	00:44,7 25	00:50,4 21	00:48,0	00:44,7	25	0:20:00,4	+00:02:58
12.	691	Belen Farnham	Lap 25	00:44,6 1	00:56,3 15	00:52,6	00:46,3	25	0:21:55,1	+00:04:53
Heat 2										
1.	414	Bennett Winsor	Lap 25	00:44,8 2	00:51,8 23	00:48,8	00:46,7	25	0:20:21,2	-
2.	734	Bryan Pringle	Lap 25	00:41,2 25	00:52,7 3	00:50,3	00:41,2	25	0:20:59,1	+00:00:37
3.	723	Anna Loome	Lap 25	00:47,1 25	00:52,4 6	00:51,0	00:47,1	25	0:21:15,2	+00:00:53
4.	726	Ethan Merrifield	Lap 25	00:46,7 25	00:53,8 9	00:51,4	00:46,7	25	0:21:25,2	+00:01:03
5.	727	Isaac Michaud	Lap 25	00:48,9 25	00:54,8 22	00:51,7	00:48,9	25	0:21:33,9	+00:01:12
6.	720	Steven Dubois	Lap 25	00:49,7 2	00:55,2 21	00:52,8	00:50,1	25	0:22:00,5	+00:01:39
7.	716	David Beauchesne	Lap 25	00:46,9 25	00:55,5 14	00:53,6	00:46,9	25	0:22:20,9	+00:01:59
8.	417	Bob Winn	Lap 25	00:46,2 25	00:58,7 22	00:53,6	00:46,2	25	0:22:22,0	+00:02:00
9.	395	Greg Goodhue	Lap 25	00:46,0 25	00:57,7 23	00:53,6	00:46,0	25	0:22:22,0	+00:02:00
10.	731	Dana Parker	Lap 25	00:50,0 4	01:01,6 21	00:55,6	00:57,4	25	0:23:11,3	+00:02:50
11.	733	Logan Pettinato	Lap 25	00:49,6 2	01:01,1 14	00:56,2	00:50,3	25	0:23:25,0	+00:03:03
12.	717	Elyse Catalina	Lap 25	00:51,1 2	01:00,5 24	00:57,1	00:55,5	25	0:23:49,6	+00:03:28
13.	738	Emily West	Lap 25	00:53,4 2	01:01,6 21	00:57,5	00:54,0	25	0:23:59,2	+00:03:37

Indoor Insanity 5k

Place	Bib	Name	Split	Fastest Lap	Slowest Lap	Average	Last	Number of Laps	Time	Gap
14.	420	Alison Stabins	Lap 25	00:50,5 2	01:03,3 19	00:58,4	00:57,0	25	0:24:21,0	+00:03:59
15.	722	Ian Hepburn	Lap 25	00:51,7 25	01:02,4 23	00:59,1	00:51,7	25	0:24:39,2	+00:04:18
16.	719	Farrah Douglas	Lap 25	00:48,4 2	01:06,7 22	01:00,4	00:55,3	25	0:25:11,2	+00:04:49
17.	724	Ashley Marchesseault	Lap 25	00:44,1 25	01:06,5 23	01:01,5	00:44,1	25	0:25:38,8	+00:05:17
18.	737	Dan Smith	Lap 25	00:51,1 25	01:04,1 8	01:01,5	00:51,1	25	0:25:38,8	+00:05:17
19.	732	Thomas Parra	Lap 25	00:54,6 2	01:12,3 21	01:05,3	01:02,4	25	0:27:13,9	+00:06:52
20.	393	Kate Scott	Lap 25	01:02,2 2	01:18,2 22	01:11,3	01:10,7	25	0:29:44,6	+00:09:23
21.	736	Gabriel Remillard	Lap 25	00:59,7 10	41:10,2 1	02:38,8	01:01,5	25	1:06:10,3	+00:45:49

Heat 3

1.	407	Dallas Clark	Lap 25	00:48,7 21	01:25,1 1	00:53,9	00:48,8	25	0:22:27,5	-
2.	353	Xxavier Fulgham	Lap 25	00:42,1 25	01:11,5 18	00:55,4	00:42,1	25	0:23:06,7	+00:00:39
3.	415	Anne Longman	Lap 25	00:52,5 25	01:09,0 5	01:05,1	00:52,5	25	0:27:09,9	+00:04:42
4.	746	Melanie Carney	Lap 25	01:00,3 25	01:08,7 9	01:06,0	01:00,3	25	0:27:30,7	+00:05:03
5.	749	Patrick Crocker	Lap 25	01:00,6 25	01:12,7 4	01:06,3	01:00,6	25	0:27:38,5	+00:05:11
6.	748	Erik Crocker	Lap 25	01:02,1 25	01:13,1 4	01:06,3	01:02,1	25	0:27:38,8	+00:05:11
7.	425	Janet Oprendeck	Lap 25	01:01,8 7	01:12,1 1	01:07,2	01:06,3	25	0:28:01,7	+00:05:34
8.	377	Drew Wyman	Lap 25	00:56,4 21	01:30,0 20	01:08,1	01:03,6	25	0:28:23,2	+00:05:55
9.	739	Brittiney Allee	Lap 25	00:58,3 25	01:12,8 3	01:08,8	00:58,3	25	0:28:40,5	+00:06:13
10.	396	Gwendolyn Lewis	Lap 25	01:00,4 25	01:14,5 10	01:11,8	01:00,4	25	0:29:57,0	+00:07:29
11.	374	Amy Stabins	Lap 25	01:08,4 3	01:20,4 23	01:13,8	01:15,8	25	0:30:46,1	+00:08:18
12.	397	Angela Giles	Lap 25	01:07,1 1	01:30,3 20	01:15,0	01:17,9	25	0:31:15,2	+00:08:47
13.	378	Tysen Wyman	Lap 25	01:07,6 25	01:21,9 1	01:16,0	01:07,6	25	0:31:41,6	+00:09:14
14.	351	Jessica Dumais	Lap 25	01:14,7 11	01:21,2 1	01:17,9	01:15,4	25	0:32:29,8	+00:10:02
15.	743	Kaylee Bellmore	Lap 25	01:14,7 11	01:21,4 3	01:18,0	01:17,6	25	0:32:32,3	+00:10:04
16.	402	Laura Almquist	Lap 25	01:10,7 3	01:42,6 20	01:20,1	01:13,1	25	0:33:22,6	+00:10:55
17.	354	Lyndsy Gardner	Lap 25	01:10,6 2	01:42,3 20	01:20,1	01:13,1	25	0:33:22,7	+00:10:55
18.	357	Faith Gonring	Lap 25	01:09,5 25	01:24,3 8	01:21,5	01:09,5	25	0:33:57,6	+00:11:30

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19.	373	Kimberly Sholes	Lap 25	01:13,9 25	01:30,4 22	01:24,6	01:13,9	25	0:35:17,3	+00:12:49
20.	747	Christy Crocker	Lap 25	01:16,5 25	01:33,9 1	01:24,8	01:16,5	25	0:35:20,4	+00:12:52
21.	358	Lloyd Harmon	Lap 25	01:19,7 2	01:36,9 14	01:26,2	01:27,3	25	0:35:55,2	+00:13:27
22.	741	Abigail Bartlett	Lap 25	01:12,2 1	01:37,1 20	01:26,4	01:13,8	25	0:36:00,6	+00:13:33
23.	363	Henry Kay	Lap 25	01:07,9 1	01:36,0 22	01:28,4	01:21,7	25	0:36:51,6	+00:14:24
24.	742	Joanne Bellmore	Lap 25	01:23,1 1	01:36,1 23	01:28,9	01:26,8	25	0:37:02,6	+00:14:35
25.	371	Jenny Sass	Lap 25	01:14,0 25	01:45,6 9	01:30,1	01:14,0	25	0:37:33,7	+00:15:06
26.	375	Amber Willett	Lap 25	01:25,0 4	01:38,9 1	01:31,1	01:25,3	25	0:37:58,3	+00:15:30
27.	740	Ashley Audet	Lap 25	01:25,1 4	01:38,9 1	01:31,1	01:26,5	25	0:37:59,5	+00:15:32
28.	352	Kristina Fulgham	Lap 25	01:24,5 2	01:43,3 22	01:31,9	01:31,4	25	0:38:17,8	+00:15:50
29.	356	Dan Genness	Lap 25	01:22,5 3	02:01,4 13	01:36,6	01:24,2	25	0:40:16,8	+00:17:49
30.	359	Grace Hawkins	Lap 25	01:25,6 4	01:49,1 23	01:36,9	01:30,8	25	0:40:22,7	+00:17:55
31.	360	Holly Heindl	Lap 25	01:25,6 4	01:49,3 23	01:36,9	01:30,8	25	0:40:22,7	+00:17:55
32.	361	Douglas Hekl	Lap 25	01:11,7 25	02:00,7 12	01:40,2	01:11,7	25	0:41:45,4	+00:19:17
33.	412	Rachel Cobb	Lap 25	01:29,0 13	02:00,1 17	01:43,1	01:31,5	25	0:42:58,4	+00:20:30
34.	367	Tina Nelson	Lap 25	01:27,7 6	01:53,8 24	01:43,9	01:32,4	25	0:43:18,5	+00:20:51
35.	376	Sherry Woodes	Lap 25	01:41,1 25	01:54,6 13	01:45,9	01:41,1	25	0:44:08,7	+00:21:41
36.	364	Kiera Lower	Lap 25	01:25,0 1	02:00,9 21	01:47,6	01:52,5	25	0:44:51,2	+00:22:23
37.	372	Ella Scozzafava	Lap 25	01:42,0 2	01:57,2 21	01:51,1	01:48,8	25	0:46:18,9	+00:23:51
38.	355	Katelyn Gass	Lap 25	01:39,0 25	02:12,1 23	01:53,5	01:39,0	25	0:47:18,4	+00:24:50
39.	366	Shaylie Morrison	Lap 25	01:23,5 1	02:08,4 23	01:53,7	01:47,5	25	0:47:23,5	+00:24:56
40.	401	Matthew Murray	Lap 25	01:32,3 1	02:08,4 18	01:54,6	01:33,3	25	0:47:46,6	+00:25:19
41.	365	Robert Morrison	Lap 25	01:36,9 25	02:15,0 12	02:00,2	01:36,9	25	0:50:06,6	+00:27:39
42.	410	LOREN ARFORD	Lap 20	02:05,1 1	03:03,1 7	02:34,4	02:34,5	18	0:46:19,8	-7 LAP
43.	411	Poppy Arford	Lap 19	01:45,5 1	10:08,2 3	03:33,2	03:03,9	14	0:49:45,4	-11 LAP

Walkers

1.	745	Meghan Buzzell	Lap 23	01:29,8 9	02:13,2 6	01:48,7	01:45,0	23	0:41:40,9	-
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Place	Bib	Name	Split	Fastest Lap	Slowest Lap	Average	Last	Number of Laps	Time	Gap
2.	385	Margo Hardy	Lap 23	01:27,0 21	02:41,0 15	01:52,3	01:27,7	23	0:43:03,3	+00:01:22
3.	381	Martha Cowperthwaite	Lap 23	02:04,3 4	02:25,5 1	02:09,3	02:18,8	23	0:49:35,0	+00:07:54
4.	388	Molly McEwen	Lap 23	01:33,7 11	02:22,9 15	02:09,9	02:17,0	23	0:49:49,3	+00:08:08
5.	744	Eliza Britt	Lap 23	02:08,4 3	02:21,7 22	02:14,9	02:16,3	23	0:51:43,5	+00:10:02
6.	419	Kelsea Bickford	Lap 23	00:53,2 13	03:22,6 12	02:24,3	02:20,3	23	0:55:19,1	+00:13:38
7.	394	Ivy Davis	Lap 23	01:18,0 13	02:48,3 23	02:26,5	02:48,3	23	0:56:10,3	+00:14:29
8.	383	Kathy Gledhill	Lap 23	00:51,7 1	03:17,0 7	02:30,6	02:29,0	23	0:57:44,4	+00:16:03
9.	424	N.N. 424	Lap 23	02:24,9 5	04:40,4 23	02:46,1	04:40,4	23	1:03:40,5	+00:21:59
10.	387	Tracy MacDonald	Lap 23	02:46,4 18	03:01,5 10	02:53,5	02:50,2	23	1:06:32,4	+00:24:51
11.	370	Dave Beaulieu	Lap 23	02:46,2 18	03:01,4 21	02:53,7	02:54,9	23	1:06:36,8	+00:24:55
12.	418	Flavia Debrito	Lap 23	02:12,5 2	03:17,6 23	02:54,6	03:17,6	23	1:06:56,7	+00:25:15
13.	408	Abby St. Johns	Lap 23	01:28,4 10	05:21,8 21	03:18,9	05:06,5	23	1:16:16,9	+00:34:35
14.	421	Karen Montell	Lap 23	02:36,3 2	09:10,6 1	03:24,5	03:47,1	23	1:18:25,7	+00:36:44
15.	423	Kristina Crocker	Lap 23	02:55,4 22	06:48,1 1	03:46,3	03:21,1	23	1:26:45,7	+00:45:04
16.	380	Bonnie Clukey	Lap 23	02:54,4 3	57:28,0 1	05:25,9	03:04,9	23	2:04:56,6	+01:23:15
17.	386	Gail Lewis	Lap 23	02:54,1 16	57:24,7 1	05:40,5	03:03,4	22	2:04:51,3	-1 LAP
18.	409	Zach St. Johns	Lap 23	00:28,0 19	30:29,9 18	06:08,1	04:41,0	22	2:15:00,2	-1 LAP
19.	422	N.N. 422	Lap 23	03:12,3 6	18:33,3 12	05:59,1	03:33,3	17	1:41:46,2	-6 LAP

95 records