

Howl-O-Run 5K  
 Sunday October 26, 2025 11AM  
 Marlboro Beach, Lamoine, Maine  
 Timing & Finish Line Management by 5K Sports Race Management  
 FiveKsport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

Place	Name	Ag	S	City	St	No.	Time	Pace
1	MARC RADCLIFF	26	M	ELLSWORTH	ME	96	20:05	6:28
2	Steve Murray	54	M	Bar Harbor		55	20:29	6:36
3	Alex Johnson	35	M	Ellsworth		33	21:59	7:05
4	AIMELIE KNEISEL	13	F			102	22:10	7:08
5	Jonathan Labrecque	39	M	Ellsworth		40	23:15	7:29
6	Tiffany Rudloe	47	F	Blue Hill		71	23:43	7:38
7	Tiara Woods	37	F	Franklin		87	24:15	7:49
8	Maksim Grover	31	M	Ellsworth		26	25:06	8:05
9	Jason Sprague	43	M	Lamoine		77	25:14	8:08
10	Christian Mackay-Mo	27	M	Simsbury, CT		45	25:48	8:19
11	Mrie Sprague	38	F	Lamoine		76	26:00	8:22
12	Violet Rudloe	11	F	Blue Hill		74	26:49	8:38
13	Rick Maser	55	M	Bar Harbor		47	27:29	8:51
14	TOM KIRBY	69	M	ELLSWORTH	ME	94	27:40	8:55
15	Andrew Cassidy	52	M	Glenburn		11	27:46	8:57
16	Craig Joncas	38	M	Cape Elizabeth		35	28:02	9:02
17	Nicole Joncas	33	F	Cape Elizabeth		34	28:06	9:03
18	Leo Rudloe	9	M	Blue Hill		73	28:31	9:11
19	LINDA PARKER	58	F			101	29:11	9:24
20	JAMIE MCKOWN	52		BAR HARBOR	ME	100	29:17	9:26
21	Heidi Wittwer	66	F	Bar Harbor		86	30:29	9:49
22	Christopher Heel	31	M	Mount Desert		28	31:16	10:04
23	Charlotte Rudloe	13	F	Blue Hill		72	31:24	10:07
24	Tony McChesney	56	M	Dedham		48	31:32	10:09
25	Dennise Cupp	38	F	Hancock		12	32:42	10:32
26	Katie Daigle	45	F	Hancock		13	32:42	10:32
27	Christina Walker	62	F	Bar Harbor		83	33:54	10:55
28	Lise Williams	62	F	Surry		85	34:07	10:59
29	Dave Meyers	60	M	Bar Harbor		51	34:17	11:02
30	Xander Ingalls	13	M	Surry		31	34:22	11:04
31	Jen Baroletti	39	F	Ellsworth		4	34:23	11:04
32	Jacob Ferm	38	M	Ellsworth		19	34:40	11:10
33	Erin McGrath	26	F	Brooklyn, NY		49	34:43	11:11
34	Gabe Gilfillan	11	M	Hancock		24	35:06	11:18
35	ISAAC RUOKE	55	M	BLUE HILL	ME	106	35:08	11:19
36	Caroline Mooney	31	F	Marlborough, CT		53	35:19	11:22
37	Meghan Milligan	40	F	Rumford		52	36:07	11:38
38	Evan Carney	39	M	Ellsworth		9	36:15	11:40
39	Kylee Strout	24	F	Columbia		80	36:22	11:43
40	Denise Shomo	63	F	Ellsworth		75	36:25	11:44
41	Heather Roche	64	F	Ellsworth		68	36:27	11:44
42	Terre Lefferts	70	F	Lamoine		43	36:36	11:47
43	Paula Foote		F	Cherryfield		21	36:43	11:50
44	Aaron Denbow	50	F	Harrington		14	36:43	11:50

45	Timothy Oh	50	M	Ellsworth	59	37:33	12:06
46	Joanne Getchell	70	F	Plaistow, NH	22	37:57	12:13
47	COURTNEY ROBERTS	27	F	CHARLES	MO 93	39:51	12:50
48	Laura O'Keefe	64	F	Brooklyn, CT	58	41:31	13:22
49	Patrick Dugal	40	M	Winter Harbor	18	41:53	13:29
50	Allie Kaehrle	29	F	Winter Harbor	37	41:59	13:31

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=====	=====	==	=	=====	==	==	=====	=====
51	Sarah Dorr	50	F	Eastbrook		17	43:52	14:08
52	Kristie Carter	33	F	Lamoine		10	43:52	14:08
53	CORY DIEMIER	31	M	BAR HARBOR	ME	105	45:21	14:36
54	Jordan Diemler	29	F	Bar Harbor		15	45:23	14:37
55	Sabrina Jordan	36	F	Lamoine		36	48:54	15:45
56	Jessie Stadler	35	M	Trenton		78	49:02	15:47
57	Mary Powell	61	F	Bucksport		62	49:12	15:51
58	MAYSSO DORR	37	F	HARRINGTON	ME	107	51:05	16:27
59	JENNIFER KRAMP	31	F			104	52:43	16:59
60	MEGAN LEDAY	41	F	ELLSWORTH	ME	103	52:43	16:59
61	ANDREW KEPART	40	M	ELLSWORTH	ME	98	53:52	17:21
62	JULIA HAM	40	F	ELLSWORTH	ME	99	54:03	17:24
63	Layla Gilfillan	10	F	Hancock		25	57:34	18:32
64	Emilia Holdsworth	9	F	Hancock		30	57:34	18:32
65	Silvia Ivanova Hold	36	F	Hancock		32	58:14	18:45
66	Raya Rackliff	30	F	Bar Harbor		63	58:14	18:45
67	LISA LEWIS	26	F	BAR HARBOR	ME	91	58:49	18:56
68	Sarah Gilfillan	38	F	Hancock		23	58:49	18:56
69	Kiersten Persoff	57	F	Bar Harbor		60	1:01:09	19:41
70	Lynn Nobil		F	Bar Harbor		56	1:01:23	19:46
71	Dominic Barnhart	12	M	Bar Harbor		2	1:03:29	20:26
72	EDWARD KEMSEY	61	M	MT DESERT ISLAN	ME	95	1:03:46	20:32
73	Kristi Kinsey		F	Mount Desert		39	1:03:48	20:33
74	Megan Madsen		F	SW Harbor		46	1:03:50	20:33
75	Keegan Briggs	4	M	Ellsworth		6	1:04:00	20:36
76	Derek Briggs	38	M	Ellsworth		5	1:04:07	20:39
77	Cassaundra Reynolds	31	F	Ellsworth		65	1:04:08	20:39
78	BETHANY VANGORBER	33	F	BAR HARBOR	ME	97	1:04:26	20:45
79	Trish Lanigan	46	F	Ellsworth		41	1:04:35	20:48
80	Chris Lanigan	63	M	Ellsworth		42	1:04:36	20:48
81	Tiffany Flourde	39	F	Dedham		61	1:04:39	20:49

82	BRINNA JURDEN	29	F	ELLSWORTH	ME	92	1:04:49	20:52
83	Evan Sweeney	37	M	Bar Harbor		81	1:08:13	21:58
84	Elizabeth Barnhart-	35	F	Bar Harbor		3	1:08:15	21:59
85	Clarence Rodick	62	M	Ellsworth		70	1:08:43	22:08

