

# Sugarloaf Uphill Climb

## Results

| PI                     | Bib | Name              | City          | St | Age | Division         | Div   | Net     | Time    | Pace           |
|------------------------|-----|-------------------|---------------|----|-----|------------------|-------|---------|---------|----------------|
| Sugarloaf Uphill Climb |     |                   |               |    |     |                  |       |         |         |                |
| Men                    |     |                   |               |    |     |                  |       |         |         |                |
| Men 19 and Under       |     |                   |               |    |     |                  |       |         |         |                |
| 1                      | 26  | Safir Mehra       | Hanover       | NH | 17  | Men 19 and Under | 1/13  | 28:18   | 28:18   | 9:26 min/mile  |
| 2                      | 52  | Sam Bergmark      | Bangor        | ME | 16  | Men 19 and Under | 2/13  | 30:13   | 30:13   | 10:04 min/mile |
| 3                      | 112 | Ellis Slover      | Waterville    | ME | 19  | Men 19 and Under | 3/13  | 32:01   | 32:03   | 10:41 min/mile |
| 4                      | 111 | Tyler Watt        | Waterville    | ME | 19  | Men 19 and Under | 4/13  | 33:20   | 33:20   | 11:06 min/mile |
| 5                      | 110 | Finn Christiansen | Waterville    | ME | 19  | Men 19 and Under | 5/13  | 34:37   | 34:41   | 11:33 min/mile |
| 6                      | 88  | Isaac Fellows     | Etna          | NH | 16  | Men 19 and Under | 6/13  | 34:43   | 34:47   | 11:35 min/mile |
| 7                      | 87  | Jasper Breton     | Lyme          | NH | 15  | Men 19 and Under | 7/13  | 35:09   | 35:13   | 11:44 min/mile |
| 8                      | 14  | William Emerson   | Hampden       | ME | 14  | Men 19 and Under | 8/13  | 43:33   | 43:39   | 14:33 min/mile |
| 9                      | 57  | Henry Brochu      | Lowell        | ME | 13  | Men 19 and Under | 9/13  | 43:49   | 43:52   | 14:37 min/mile |
| 10                     | 49  | James Underwood   | Waterville    | ME | 19  | Men 19 and Under | 10/13 | 49:21   | 49:21   | 16:27 min/mile |
| 11                     | 54  | Graham            | Canton        | MA | 14  | Men 19 and Under | 11/13 | 53:52   | 54:10   | 18:03 min/mile |
| 12                     | 34  | Mick              | Wayland       | MA | 9   | Men 19 and Under | 12/13 | 1:07:27 | 1:07:45 | 22:35 min/mile |
| 13                     | 35  | West              | Wayland       | MA | 13  | Men 19 and Under | 13/13 | 1:12:06 | 1:12:23 | 24:07 min/mile |
| Men 20-29              |     |                   |               |    |     |                  |       |         |         |                |
| 1                      | 30  | Andy Rightmire    | Hanover       | NH | 25  | Men 20-29        | 1/27  | 29:28   | 29:28   | 9:49 min/mile  |
| 2                      | 45  | Benjamin Lewis    | Waterville    | ME | 21  | Men 20-29        | 2/27  | 30:00   | 30:00   | 10:00 min/mile |
| 3                      | 113 | Andrew Defor      | Waterville    | ME | 21  | Men 20-29        | 3/27  | 30:48   | 30:48   | 10:16 min/mile |
| 4                      | 31  | Isak Nightingale  | Waterville    | ME | 22  | Men 20-29        | 4/27  | 31:22   | 31:22   | 10:27 min/mile |
| 5                      | 73  | Milo Goodell      | Brunswick     | ME | 21  | Men 20-29        | 5/27  | 31:44   | 31:46   | 10:35 min/mile |
| 6                      | 47  | Matous Matousek   | Waterville    | ME | 22  | Men 20-29        | 6/27  | 32:48   | 32:49   | 10:56 min/mile |
| 7                      | 92  | Clint Macy        | Waterville    | ME | 21  | Men 20-29        | 7/27  | 33:49   | 33:52   | 11:17 min/mile |
| 8                      | 107 | Bridger Stiles    | Waterville    | ME | 21  | Men 20-29        | 8/27  | 34:06   | 34:08   | 11:22 min/mile |
| 9                      | 138 | Zephyr Gilmore    | Seattle       | WA | 23  | Men 20-29        | 10/27 | 35:44   | 35:47   | 11:55 min/mile |
| 10                     | 141 | Kyle Payson       | Randolph      | ME | 25  | Men 20-29        | 9/27  | 35:41   | 35:54   | 11:58 min/mile |
| 11                     | 99  | Nick Werner       | Somerville    | MA | 24  | Men 20-29        | 11/27 | 35:58   | 36:02   | 12:00 min/mile |
| 12                     | 32  | Simon Goldstein   | Waterville    | ME | 21  | Men 20-29        | 12/27 | 37:19   | 37:20   | 12:26 min/mile |
| 13                     | 106 | George Rowe       | Chestnut Hill | MA | 25  | Men 20-29        | 13/27 | 38:12   | 38:14   | 12:44 min/mile |
| 14                     | 100 | Beckett Laprade   | Des Moines    | IA | 22  | Men 20-29        | 14/27 | 38:22   | 38:25   | 12:48 min/mile |
| 15                     | 139 | Alec Jansujwicz   | Bethel        | ME | 23  | Men 20-29        | 15/27 | 38:27   | 38:29   | 12:49 min/mile |
| 16                     | 77  | Max Spelke        | Topsham       | ME | 24  | Men 20-29        | 16/27 | 38:29   | 38:36   | 12:52 min/mile |
| 17                     | 74  | Brendan Deppen    | Swarthmore    | PA | 22  | Men 20-29        | 17/27 | 40:14   | 40:16   | 13:25 min/mile |
| 18                     | 97  | Avery Ellis       | Somerville    | MA | 24  | Men 20-29        | 18/27 | 40:47   | 40:51   | 13:37 min/mile |
| 19                     | 37  | Hudson Delisle    | Winthrop      | ME | 25  | Men 20-29        | 19/27 | 41:25   | 41:37   | 13:52 min/mile |
| 20                     | 93  | Benjamin Ross     | Brookline     | MA | 25  | Men 20-29        | 20/27 | 42:21   | 42:23   | 14:07 min/mile |
| 21                     | 83  | Andrew Doughty    | Saint Albans  | ME | 20  | Men 20-29        | 21/27 | 43:09   | 43:11   | 14:23 min/mile |
| 22                     | 38  | Cameron Delisle   | Augusta       | ME | 29  | Men 20-29        | 22/27 | 47:05   | 47:17   | 15:45 min/mile |
| 23                     | 94  | Mason Daugherty   | Melissa       | TX | 24  | Men 20-29        | 23/27 | 49:32   | 49:35   | 16:31 min/mile |
| 24                     | 208 | Nick Lacasse      | Hallowell     | ME | 29  | Men 20-29        | 24/27 | 55:20   | 55:30   | 18:30 min/mile |
| 25                     | 151 | Jonathan Jordon   | Kingfield     | ME | 23  | Men 20-29        | 25/27 | 1:01:14 | 1:01:24 | 20:28 min/mile |

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| PI               | Bib | Name              | City           | St | Age | Division  | Div   | Net     | Time    | Pace           |
|------------------|-----|-------------------|----------------|----|-----|-----------|-------|---------|---------|----------------|
| 26               | 211 | Jason Collett     | Westbrook      | ME | 23  | Men 20-29 | 26/27 | 1:05:55 | 1:06:08 | 22:02 min/mile |
| 27               | 158 | Robert Decker     | Pesotum        | IL | 27  | Men 20-29 | 27/27 | 1:17:11 | 1:17:36 | 25:52 min/mile |
| <b>Men 30-39</b> |     |                   |                |    |     |           |       |         |         |                |
| 1                | 146 | Stephen Kerr      | Greenfield     | MA | 33  | Men 30-39 | 1/18  | 27:31   | 27:31   | 9:10 min/mile  |
| 2                | 133 | Samuel Mathes     | New Portland   | ME | 37  | Men 30-39 | 2/18  | 34:04   | 34:17   | 11:25 min/mile |
| 3                | 194 | Charlie Fay       | Boston         | MA | 30  | Men 30-39 | 3/18  | 36:24   | 36:26   | 12:08 min/mile |
| 4                | 202 | Abbott Gilbane    | Victor         | ID | 35  | Men 30-39 | 4/18  | 37:43   | 37:44   | 12:34 min/mile |
| 5                | 131 | Matthew Kay       | Skowhegan      | ME | 32  | Men 30-39 | 5/18  | 39:54   | 40:03   | 13:21 min/mile |
| 6                | 193 | Clint Peterson    | Oakland        | ME | 39  | Men 30-39 | 6/18  | 40:39   | 40:47   | 13:35 min/mile |
| 7                | 144 | William Schaezke  | Salem          | MA | 38  | Men 30-39 | 7/18  | 45:04   | 45:20   | 15:06 min/mile |
| 8                | 205 | Gabriel Marchese  | Portland       | ME | 31  | Men 30-39 | 8/18  | 47:07   | 47:19   | 15:46 min/mile |
| 9                | 143 | John Finegan      | South Portland | ME | 33  | Men 30-39 | 9/18  | 48:37   | 48:58   | 16:19 min/mile |
| 10               | 137 | Kevin Oakes       | Brunswick      | ME | 39  | Men 30-39 | 11/18 | 50:50   | 51:04   | 17:01 min/mile |
| 11               | 191 | Philip Mazoki     | Wilton         | ME | 39  | Men 30-39 | 10/18 | 50:50   | 51:05   | 17:01 min/mile |
| 12               | 62  | James Arroyo Jr   | Yarmouth       | ME | 37  | Men 30-39 | 12/18 | 51:29   | 51:47   | 17:15 min/mile |
| 13               | 147 | Jared Clukey      | Kingfield      | ME | 30  | Men 30-39 | 13/18 | 55:00   | 55:09   | 18:23 min/mile |
| 14               | 192 | Payson Sowles     | Portland       | ME | 31  | Men 30-39 | 14/18 | 1:04:06 | 1:04:17 | 21:25 min/mile |
| 15               | 51  | John Ripa         | New Sharon     | ME | 37  | Men 30-39 | 15/18 | 1:04:11 | 1:04:34 | 21:31 min/mile |
| 16               | 204 | Justin Taylor     | New Portland   | ME | 36  | Men 30-39 | 16/18 | 1:04:34 | 1:04:41 | 21:33 min/mile |
| 17               | 84  | Jacob Tauke       | Unity          | ME | 30  | Men 30-39 | 17/18 | 1:07:43 | 1:08:04 | 22:41 min/mile |
| 18               | 201 | Seth Gilbane      | Lebanon        | NH | 32  | Men 30-39 | 18/18 | 1:08:51 | 1:09:08 | 23:02 min/mile |
| <b>Men 40-49</b> |     |                   |                |    |     |           |       |         |         |                |
| 1                | 210 | Abe Furth         | Old Town       | ME | 44  | Men 40-49 | 1/11  | 38:52   | 38:55   | 12:58 min/mile |
| 2                | 64  | Jamieson Potter   | Freeport       | ME | 46  | Men 40-49 | 2/11  | 40:08   | 40:12   | 13:24 min/mile |
| 3                | 114 | Kevin Schneider   | Bar Harbor     | ME | 49  | Men 40-49 | 3/11  | 41:07   | 41:15   | 13:45 min/mile |
| 4                | 135 | Andrew Wells      | Durham         | ME | 42  | Men 40-49 | 4/11  | 41:19   | 41:24   | 13:48 min/mile |
| 5                | 56  | Chris Brochu      | Lowell         | ME | 45  | Men 40-49 | 5/11  | 41:29   | 41:32   | 13:50 min/mile |
| 6                | 71  | Darrell Turcotte  | Minot          | ME | 47  | Men 40-49 | 6/11  | 44:37   | 44:48   | 14:56 min/mile |
| 7                | 8   | Nick Karahalios   | Kennebunk      | ME | 40  | Men 40-49 | 7/11  | 46:52   | 46:54   | 15:38 min/mile |
| 8                | 1   | Peter Kowalkowski | Naperville     | IL | 45  | Men 40-49 | 8/11  | 53:34   | 54:00   | 18:00 min/mile |
| 9                | 68  | Jason Bisson      | South Portland | ME | 48  | Men 40-49 | 9/11  | 54:12   | 54:31   | 18:10 min/mile |
| 10               | 7   | Timothy Moriarity | Bangor         | ME | 49  | Men 40-49 | 10/11 | 55:28   | 55:40   | 18:33 min/mile |
| 11               | 85  | Eric Stoddard     | Falmouth       | ME | 47  | Men 40-49 | 11/11 | 57:03   | 57:16   | 19:05 min/mile |
| <b>Men 50-59</b> |     |                   |                |    |     |           |       |         |         |                |
| 1                | 75  | Jonathan Spelke   | Topsham        | ME | 55  | Men 50-59 | 1/13  | 39:58   | 40:05   | 13:21 min/mile |
| 2                | 12  | Eric Michaud      | Bangor         | ME | 50  | Men 50-59 | 2/13  | 43:11   | 43:16   | 14:25 min/mile |
| 3                | 159 | Jon Webel         | Falmouth       | ME | 59  | Men 50-59 | 3/13  | 45:41   | 45:49   | 15:16 min/mile |
| 4                | 129 | Dave Newman       | Sudbury        | MA | 53  | Men 50-59 | 4/13  | 46:22   | 46:30   | 15:30 min/mile |
| 5                | 160 | Jeff Carr         | Yarmouth       | ME | 54  | Men 50-59 | 5/13  | 47:38   | 47:48   | 15:56 min/mile |
| 6                | 203 | Greg Greuel       | Freeport       | ME | 58  | Men 50-59 | 6/13  | 50:12   | 50:32   | 16:50 min/mile |
| 7                | 67  | Dan Bisson        | Raymond        | ME | 56  | Men 50-59 | 7/13  | 51:01   | 51:17   | 17:05 min/mile |
| 8                | 79  | Bryant Jacques    | Norridgewock   | ME | 54  | Men 50-59 | 8/13  | 51:10   | 51:27   | 17:09 min/mile |

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| PI  | Bib | Name             | City           | St | Age | Division  | Div   | Net     | Time    | Pace           |
|-----|-----|------------------|----------------|----|-----|-----------|-------|---------|---------|----------------|
| 9   | 105 | William Rowe     | Boston         | MA | 55  | Men 50-59 | 9/13  | 55:32   | 55:45   | 18:35 min/mile |
| 10  | 25  | Michael Bilodeau | Lewiston       | ME | 50  | Men 50-59 | 10/13 | 57:02   | 57:16   | 19:05 min/mile |
| 11  | 39  | Steven Delisle   | Winthrop       | ME | 58  | Men 50-59 | 11/13 | 59:28   | 59:40   | 19:53 min/mile |
| 12  | 124 | Jeff Delisle     | Readfield      | ME | 56  | Men 50-59 | 12/13 | 1:13:09 | 1:13:23 | 24:27 min/mile |
| 13  | 149 | Tracy Gordon     | Strong         | ME | 59  | Men 50-59 | 13/13 | 1:26:16 | 1:26:29 | 28:49 min/mile |
| DNF | 198 | Sean Becker      | Cape Elizabeth | ME | 53  | Men 50-59 |       |         |         |                |

### Men 60 and Over

|   |     |                |              |    |    |                 |     |         |         |                |
|---|-----|----------------|--------------|----|----|-----------------|-----|---------|---------|----------------|
| 1 | 22  | Scott O'Brien  | Wilson       | WY | 62 | Men 60 and Over | 1/9 | 39:16   | 39:18   | 13:06 min/mile |
| 2 | 5   | Gregg Smith    | Carlisle     | MA | 61 | Men 60 and Over | 2/9 | 43:51   | 44:05   | 14:41 min/mile |
| 3 | 195 | Tim Gerencer   | Carrabassett | ME | 64 | Men 60 and Over | 3/9 | 44:54   | 45:01   | 15:00 min/mile |
| 4 | 132 | Bruce Melendy  | North Easton | MA | 69 | Men 60 and Over | 4/9 | 46:02   | 46:08   | 15:22 min/mile |
| 5 | 11  | Henry Heyburn  | Brunswick    | ME | 68 | Men 60 and Over | 5/9 | 47:22   | 47:29   | 15:49 min/mile |
| 6 | 140 | Stephen Shores | Stoughton    | MA | 69 | Men 60 and Over | 6/9 | 47:28   | 47:35   | 15:51 min/mile |
| 7 | 125 | Randall Lord   | Carrabasset  | ME | 66 | Men 60 and Over | 7/9 | 55:08   | 55:18   | 18:26 min/mile |
| 8 | 189 | Don Oakes      | Carrabassett | ME | 71 | Men 60 and Over | 8/9 | 58:22   | 58:38   | 19:32 min/mile |
| 9 | 16  | Tom Campo      | Holland      | MA | 73 | Men 60 and Over | 9/9 | 1:10:12 | 1:10:34 | 23:31 min/mile |

### Women

#### Women 19 and Under

|    |     |                  |               |    |    |                    |       |         |         |                |
|----|-----|------------------|---------------|----|----|--------------------|-------|---------|---------|----------------|
| 1  | 27  | Merritt Goodell  | Putney        | VT | 13 | Women 19 and Under | 1/21  | 36:45   | 36:49   | 12:16 min/mile |
| 2  | 115 | Kiera Stabile    | Waterville    | ME | 18 | Women 19 and Under | 2/21  | 38:33   | 38:39   | 12:53 min/mile |
| 3  | 28  | Lea Perreard     | Hanover       | NH | 17 | Women 19 and Under | 3/21  | 39:08   | 39:11   | 13:03 min/mile |
| 4  | 109 | Nyla Scott       | Waterville    | ME | 19 | Women 19 and Under | 4/21  | 40:08   | 40:15   | 13:25 min/mile |
| 5  | 108 | Lydia Kraker     | Waterville    | ME | 19 | Women 19 and Under | 5/21  | 40:15   | 40:20   | 13:26 min/mile |
| 6  | 90  | Olivia Hanna     | Lebanon       | NH | 16 | Women 19 and Under | 6/21  | 41:54   | 41:58   | 13:59 min/mile |
| 7  | 44  | Jodie Maguire    | Waterville    | ME | 19 | Women 19 and Under | 7/21  | 42:10   | 42:16   | 14:05 min/mile |
| 8  | 89  | Annika Dent      | Hanover       | NH | 14 | Women 19 and Under | 8/21  | 42:12   | 42:16   | 14:05 min/mile |
| 9  | 120 | Sarah Glueck     | Waterville    | ME | 19 | Women 19 and Under | 9/21  | 42:17   | 42:23   | 14:07 min/mile |
| 10 | 29  | Lucille Dent     | Hanover       | NH | 15 | Women 19 and Under | 10/21 | 42:44   | 42:49   | 14:16 min/mile |
| 11 | 61  | Keely Fisher     | Waterville    | ME | 18 | Women 19 and Under | 11/21 | 44:50   | 44:56   | 14:58 min/mile |
| 12 | 55  | Nina Villafranco | Waterville    | ME | 18 | Women 19 and Under | 12/21 | 45:02   | 45:09   | 15:03 min/mile |
| 13 | 117 | Katherine Ward   | Redwood City  | CA | 19 | Women 19 and Under | 13/21 | 47:17   | 47:22   | 15:47 min/mile |
| 14 | 58  | Charlotte Brochu | Lowell        | ME | 15 | Women 19 and Under | 14/21 | 50:09   | 50:12   | 16:44 min/mile |
| 15 | 118 | Dora Tindall     | Annapolis     | MD | 19 | Women 19 and Under | 15/21 | 50:19   | 50:23   | 16:47 min/mile |
| 16 | 116 | Shannon Murray   | San Francisco | CA | 19 | Women 19 and Under | 16/21 | 53:59   | 54:04   | 18:01 min/mile |
| 17 | 65  | Zabella Potter   | Freeport      | ME | 8  | Women 19 and Under | 17/21 | 55:22   | 55:27   | 18:29 min/mile |
| 18 | 119 | Alena Rossi      | Steamboat     | CO | 19 | Women 19 and Under | 18/21 | 57:27   | 57:32   | 19:10 min/mile |
| 19 | 19  | Phoebe Veitch    | Yarmouth      | ME | 19 | Women 19 and Under | 19/21 | 1:01:11 | 1:01:31 | 20:30 min/mile |
| 20 | 20  | Amelia Huston    | Yarmouth      | ME | 19 | Women 19 and Under | 20/21 | 1:14:34 | 1:14:53 | 24:57 min/mile |
| 21 | 15  | Nora Emerson     | Hampden       | ME | 19 | Women 19 and Under | 21/21 | 1:14:45 | 1:14:56 | 24:58 min/mile |

#### Women 20-29

|   |    |               |            |    |    |             |      |       |       |                |
|---|----|---------------|------------|----|----|-------------|------|-------|-------|----------------|
| 1 | 86 | Isabel Seay   | Sussex     | WI | 24 | Women 20-29 | 1/21 | 32:51 | 32:51 | 10:57 min/mile |
| 2 | 42 | Maddie Hooker | Waterville | ME | 20 | Women 20-29 | 2/21 | 36:05 | 36:06 | 12:02 min/mile |

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## Results

| PI | Bib | Name              | City       | St | Age | Division    | Div   | Net     | Time    | Pace           |
|----|-----|-------------------|------------|----|-----|-------------|-------|---------|---------|----------------|
| 3  | 21  | Raina Lenfest     | Smithfield | ME | 26  | Women 20-29 | 3/21  | 38:09   | 38:20   | 12:46 min/mile |
| 4  | 103 | Lola Villafranco  | Waterville | ME | 22  | Women 20-29 | 4/21  | 39:21   | 39:26   | 13:08 min/mile |
| 5  | 23  | Natalie O'Brien   | Waterville | ME | 21  | Women 20-29 | 5/21  | 40:01   | 40:04   | 13:21 min/mile |
| 6  | 48  | Margo Nightingale | Waterville | ME | 20  | Women 20-29 | 6/21  | 41:42   | 41:47   | 13:55 min/mile |
| 7  | 63  | Abigail Provencal | Georgetown | ME | 27  | Women 20-29 | 7/21  | 48:14   | 48:32   | 16:10 min/mile |
| 8  | 148 | Taylor Gordon     | Strong     | ME | 20  | Women 20-29 | 8/21  | 50:55   | 50:55   | 16:58 min/mile |
| 9  | 82  | Brighton Bradford | Fryeburg   | ME | 22  | Women 20-29 | 9/21  | 52:34   | 52:46   | 17:35 min/mile |
| 10 | 98  | Sydney Burton     | Boston     | MA | 25  | Women 20-29 | 10/21 | 53:03   | 53:05   | 17:41 min/mile |
| 11 | 10  | Caroline Heyburn  | Brunswick  | ME | 24  | Women 20-29 | 11/21 | 54:11   | 54:22   | 18:07 min/mile |
| 12 | 96  | Ingrid Krishnan   | Brookline  | MA | 21  | Women 20-29 | 12/21 | 57:13   | 57:23   | 19:07 min/mile |
| 13 | 95  | Ruby Fyffe        | Westwood   | MA | 21  | Women 20-29 | 13/21 | 57:14   | 57:23   | 19:07 min/mile |
| 14 | 24  | Raeann Gallagher  | Hampden    | ME | 27  | Women 20-29 | 14/21 | 1:07:43 | 1:08:02 | 22:40 min/mile |
| 15 | 142 | Abigail Borden    | Waterville | ME | 27  | Women 20-29 | 15/21 | 1:08:39 | 1:08:54 | 22:58 min/mile |
| 16 | 59  | Abigail Mccarthy  | Somerville | MA | 25  | Women 20-29 | 16/21 | 1:12:00 | 1:12:18 | 24:06 min/mile |
| 17 | 123 | Alexis Delisle    | Readfield  | ME | 22  | Women 20-29 | 17/21 | 1:13:10 | 1:13:24 | 24:28 min/mile |
| 18 | 127 | Elise Derosby     | Hampden    | ME | 20  | Women 20-29 | 18/21 | 1:16:12 | 1:16:37 | 25:32 min/mile |
| 19 | 157 | Savannah Decker   | Pesotum    | IL | 23  | Women 20-29 | 19/21 | 1:17:14 | 1:17:38 | 25:52 min/mile |
| 20 | 41  | Beth Dupuis       | Auburn     | ME | 26  | Women 20-29 | 20/21 | 1:23:15 | 1:23:27 | 27:49 min/mile |
| 21 | 78  | Marissa Smith     | Skowhegan  | ME | 28  | Women 20-29 | 21/21 | 1:41:11 | 1:41:27 | 33:49 min/mile |

### Women 30-39

|   |     |                  |              |    |    |             |     |         |         |                |
|---|-----|------------------|--------------|----|----|-------------|-----|---------|---------|----------------|
| 1 | 145 | Alia Johnson     | Burlington   | VT | 31 | Women 30-39 | 1/8 | 39:42   | 39:46   | 13:15 min/mile |
| 2 | 196 | Tamlyn Frederick | Yarmouth     | ME | 38 | Women 30-39 | 2/8 | 40:33   | 40:38   | 13:32 min/mile |
| 3 | 72  | Tess Jacquez     | Portland     | ME | 37 | Women 30-39 | 3/8 | 44:45   | 45:08   | 15:02 min/mile |
| 4 | 46  | Ellyrie Condoleo | North Anson  | ME | 31 | Women 30-39 | 4/8 | 47:09   | 47:13   | 15:44 min/mile |
| 5 | 70  | Laura Columbia   | Farmington   | ME | 37 | Women 30-39 | 5/8 | 55:12   | 55:36   | 18:32 min/mile |
| 6 | 50  | Amanda Ripa      | New Sharon   | ME | 37 | Women 30-39 | 6/8 | 1:04:11 | 1:04:33 | 21:31 min/mile |
| 7 | 134 | Lucile Matthews  | New Portland | ME | 35 | Women 30-39 | 7/8 | 1:15:16 | 1:15:38 | 25:12 min/mile |
| 8 | 209 | Jenn Kuta        | Lawrence     | MA | 31 | Women 30-39 | 8/8 | 1:44:26 | 1:44:53 | 34:57 min/mile |

### Women 40-49

|    |     |                   |              |    |    |             |       |         |         |                |
|----|-----|-------------------|--------------|----|----|-------------|-------|---------|---------|----------------|
| 1  | 9   | Amy Bown          | North Anson  | ME | 49 | Women 40-49 | 1/15  | 47:42   | 47:50   | 15:56 min/mile |
| 2  | 122 | Mariah Lussier    | Owls Head    | ME | 42 | Women 40-49 | 2/15  | 48:02   | 48:16   | 16:05 min/mile |
| 3  | 3   | Erin Haidu-Sylvia | Skowhegan    | ME | 46 | Women 40-49 | 3/15  | 49:20   | 49:39   | 16:33 min/mile |
| 4  | 121 | Mary Middleton    | Camden       | ME | 48 | Women 40-49 | 4/15  | 50:11   | 50:27   | 16:49 min/mile |
| 5  | 199 | Michelle Grimnes  | Carrabassett | ME | 47 | Women 40-49 | 5/15  | 51:53   | 51:59   | 17:19 min/mile |
| 6  | 128 | Sarah Newman      | Sudbury      | MA | 49 | Women 40-49 | 6/15  | 52:38   | 52:46   | 17:35 min/mile |
| 7  | 81  | Emily Widor       | Oakland      | ME | 40 | Women 40-49 | 7/15  | 54:44   | 55:06   | 18:22 min/mile |
| 8  | 66  | Meneah Haworth    | Freeport     | ME | 44 | Women 40-49 | 9/15  | 56:07   | 56:14   | 18:44 min/mile |
| 9  | 2   | Lisa Kowalkowski  | Naperville   | IL | 45 | Women 40-49 | 8/15  | 55:55   | 56:17   | 18:45 min/mile |
| 10 | 212 | Kai Mcgintee      | Yarmouth     | ME | 44 | Women 40-49 | 10/15 | 57:20   | 57:40   | 19:13 min/mile |
| 11 | 190 | Darcy Whitten     | Brunswick    | ME | 42 | Women 40-49 | 11/15 | 57:40   | 57:54   | 19:18 min/mile |
| 12 | 69  | Liz Sperrey       | Gray         | ME | 42 | Women 40-49 | 12/15 | 58:39   | 58:57   | 19:39 min/mile |
| 13 | 206 | Courtney Graf     | Portland     | ME | 42 | Women 40-49 | 13/15 | 1:10:14 | 1:10:23 | 23:27 min/mile |

# Sugarloaf Uphill Climb

## Results

| Pl                       | Bib | Name               | City           | St | Age | Division          | Div   | Net     | Time    | Pace           |
|--------------------------|-----|--------------------|----------------|----|-----|-------------------|-------|---------|---------|----------------|
| 14                       | 207 | Stephanie          | Quincy         | MA | 45  | Women 40-49       | 14/15 | 1:12:03 | 1:12:21 | 24:07 min/mile |
| 15                       | 136 | Narrissa Wells     | Durham         | ME | 41  | Women 40-49       | 15/15 | 1:20:34 | 1:20:44 | 26:54 min/mile |
| DNF                      | 197 | Stacy Becker       | Cape Elizabeth | ME | 46  | Women 40-49       |       |         |         |                |
| <b>Women 50-59</b>       |     |                    |                |    |     |                   |       |         |         |                |
| 1                        | 104 | Happy Rowe         | Boston         | MA | 56  | Women 50-59       | 1/14  | 49:13   | 49:27   | 16:29 min/mile |
| 2                        | 17  | Nicole Mullins     | Hampden        | ME | 53  | Women 50-59       | 2/14  | 49:46   | 49:55   | 16:38 min/mile |
| 3                        | 161 | Jen Carr           | Yarmouth       | ME | 54  | Women 50-59       | 3/14  | 50:00   | 50:11   | 16:43 min/mile |
| 4                        | 130 | Allison Posey      | Newburyport    | MA | 51  | Women 50-59       | 4/14  | 58:27   | 58:35   | 19:31 min/mile |
| 5                        | 13  | Rachael Emerson    | Hampden        | ME | 51  | Women 50-59       | 5/14  | 58:38   | 58:48   | 19:36 min/mile |
| 6                        | 18  | Heather Veitch     | Yarmouth       | ME | 50  | Women 50-59       | 6/14  | 1:01:25 | 1:01:44 | 20:34 min/mile |
| 7                        | 36  | Mary Ellen Lessard | Kingfield      | ME | 56  | Women 50-59       | 7/14  | 1:03:25 | 1:03:48 | 21:16 min/mile |
| 8                        | 102 | Rachel Pasquale    | South Portland | ME | 51  | Women 50-59       | 8/14  | 1:03:26 | 1:03:48 | 21:16 min/mile |
| 9                        | 33  | Heather            | Wayland        | MA | 50  | Women 50-59       | 9/14  | 1:12:02 | 1:12:20 | 24:06 min/mile |
| 10                       | 126 | Denise Derosby     | Hampden        | ME | 50  | Women 50-59       | 10/14 | 1:16:13 | 1:16:38 | 25:32 min/mile |
| 11                       | 76  | Amy Spelke         | Topsham        | ME | 54  | Women 50-59       | 11/14 | 1:16:45 | 1:17:05 | 25:41 min/mile |
| 12                       | 40  | Sally Delisle      | Winthrop       | ME | 58  | Women 50-59       | 12/14 | 1:23:15 | 1:23:27 | 27:49 min/mile |
| 13                       | 60  | Susan Musto        | Taunton        | MA | 58  | Women 50-59       | 13/14 | 1:25:39 | 1:25:54 | 28:38 min/mile |
| 14                       | 150 | Doreen Pingree     | Strong         | ME | 53  | Women 50-59       | 14/14 | 1:26:16 | 1:26:29 | 28:49 min/mile |
| <b>Women 60 and Over</b> |     |                    |                |    |     |                   |       |         |         |                |
| 1                        | 4   | Cynthia Kodas      | Harvard        | MA | 63  | Women 60 and Over | 1/4   | 49:29   | 49:41   | 16:33 min/mile |
| 2                        | 200 | Sue Stebbins       | Freeport       | ME | 62  | Women 60 and Over | 2/4   | 51:16   | 51:31   | 17:10 min/mile |
| 3                        | 43  | Rose Winter        | Kingfield      | ME | 67  | Women 60 and Over | 3/4   | 1:00:44 | 1:01:02 | 20:20 min/mile |
| 4                        | 91  | Nancy Noack        | Hampden        | ME | 63  | Women 60 and Over | 4/4   | 1:09:06 | 1:09:30 | 23:10 min/mile |
| DNF                      | 101 | Leslie Lampert     | Old Orchard    | ME | 60  | Women 60 and Over |       |         |         |                |