

# 2024 SMAA Track and Field - Southwesterns Order of Events

## USM, February 10, 2024

Facility opens at 9:00 am, meet starts at 10:00 am

### 10:00 Horizontal Jumps Begin (3 jumps each, top 8 return to finals for 1 additional jump)

10:00-11:15 Girls Long Jump Junior followed by Girls Senior Division (12 Juniors, 13 Seniors)  
11:35-12:50 Boys Long Jump Junior followed by Boys Senior Division (12 Juniors, 16 Seniors)  
1:10- 2:25 Girls Triple Jump Junior followed by Girls Senior Division (12 Juniors, 12 Seniors)  
2:45- Boys Triple Jump Junior followed by Senior Division (12 Juniors, 11 Seniors)

### 10:00 Shot Put, High Jump, Pole Vault

Boys Junior Shot Put (19) followed by Boys Senior SP (16)  
followed by Girls Junior SP (14) and Girls Senior SP (18)

*3 throws each, top 8 return to finals for 3 more throws.*

Boys Senior High Jump (14, OH: 5-2), followed by Boys Junior HJ (15, OH: 4-10), bar @ 2" increments  
followed by Girls Senior HJ (9, OH: 4-2) followed by Girls Junior HJ (19, OH: 4-0)

Open Girls Pole Vault (10, OH: 5-6) followed by Boys PV (13, OH: 8-0) bar @ 6" increments

### 10:00 Running Events

10:00 4 x 800 Relay 1 section each gender: 6 girls teams, 8 boys teams

10:30 Jr. & Sr. Girls Hurdle Trials 3 jr heats, 2 sr heats top 8 advance to finals

Jr. & Sr. Boys Hurdle Trials 3 jr heats, 3 sr heats top 8 advance to finals

11:10 Jr. & Sr. Girls 55 Dash Trials 3 jr heats, 3 sr heats top 8 advance to finals

Jr. & Sr. Boys 55 Dash Trials 3 jr heats, 3 sr heats top 8 advance to finals

### 11:40 Welcome & National Anthem (performed by: Rocco Didonato, Windham High School)

Awards: Boys & Girls Coach of the year, Boys & Girls SMAA Spirit Awards  
Boys & Girls Most Improved Athletes: Junior & Senior Divisions

12:05 Jr & Sr. Girls Hurdles final

Jr & Sr, Boys Hurdles final

12:20 Jr & Sr Girls 55 Dash Final

Jr & Sr. Boys 55 Dash Final

12:35 Open 600 yard run, 2 girls sections & 2 boys sections

12:55 Open Mile, 1 girls section & 2 boys sections

### 1:25 Awards

Awards: Boys & Girls Most Valuable Athletes: Junior & Senior Divisions

Boys & Girls Field Event, Distance, and Overall Athletes of the Year

1:40 Girls 400, 3 junior sections, 2 senior sections

Boys 400, 4 junior sections, 3 senior sections

2:05 Girls 800, 2 junior sections, 1 senior section

Boys 800, 2 junior sections, 2 senior sections

2:40 Girls 200, 4 junior sections, 3 senior sections

Boys 200, 3 junior sections, 3 senior sections

3:10 Open 2 Mile Run, 1 section of 8 girls & one section of 12 boys

4:00 Jr. & Open Girls 4 x 200, 2 junior sections, 3 open sections

Jr. & Open Boys 4 x 200, 2 junior sections, 2 open sections

Open SMR (2-2-4-8), 2 girls sections, 2 boys sections

Open 4 x 400, 2 girls sections, 2 boys sections

### Final awards & scores

**Girls first unless otherwise indicated . . . Juniors first unless otherwise indicated.**

**Event results will be announced with medals being presented to the top 7 finishers in each event.**

**We will not move ahead of schedule.**

**Thank you for your support this season!**