

2023 Northern Regional XC Championships - 10/21/2023**Troy Howard Middle School
School Roster****Bangor Christian**

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Maddison Lewis	212	W	9	
2.	Annie Tuck	213	W	9	

Bangor High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Abigail Bergmark	403	W	11	
2.	Jenna Elkadi	405	W	11	
3.	Sophia Mazzarelli	406	W	12	
4.	Katie McCarthy	407	W	12	
5.	Ava Pelkey	409	W	10	
6.	Sofie Rueter	410	W	11	
7.	Kaliyah Saunders	411	W	10	

Belfast Area High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	TigerLily Curtis	1	W	11	
2.	Meara Mcvearry	2	W	12	
3.	Estella Sprague	3	W	11	

Brewer High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Gabriella Kahkonen	413	W	10	
2.	Rhyannon Price	414	W	12	
3.	Alexandrea West	416	W	10	

Brunswick High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Molly Bennett	418	W	11	
2.	LeiLei Casey	420	W	12	
3.	Ellie Gilman	421	W	11	
4.	Hazel Goodwin	422	W	12	
5.	Rosa McCausland	424	W	11	
6.	Avery Peterson	425	W	9	
7.	Maeve Woodruff	426	W	12	

Bucksport High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Christina Degiso	215	W	11	
2.	Abby Farricker	216	W	11	
3.	Phoenix Morrison	217	W	9	
4.	Fiona Palazzo	218	W	9	
5.	Roza Parker	219	W	12	

2023 Northern Regional XC Championships - 10/21/2023**Troy Howard Middle School
School Roster****Calais High School**

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Liberty Hodge	220	W	12	
2.	Bailey Orourke	221	W	12	

Camden Hills Regional High Sch

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Audrey Heyniger	428	W	9	
2.	Faye Hildreth	429	W	9	
3.	Jaden Johnson	430	W	12	
4.	Flynn Layton	431	W	9	
5.	Cassie Middleton	432	W	11	
6.	Cara Rothwell	433	W	10	
7.	Jenna VanRyn	435	W	12	
8.	Marguerite Worner	436	W	9	

Caribou High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Katherine Bechtel	4	W	11	
2.	Maggie Bell	5	W	10	
3.	Caela Day	7	W	10	
4.	Gloria Dionne	8	W	9	
5.	Anna Hailey	9	W	9	
6.	Melonie Lapointe	10	W	10	
7.	Katelynn Thibodeau	13	W	9	

Central High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Elizabeth Lugdon	222	W	10	
2.	Dalia Rivera	223	W	12	

Cony High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Tenzin Denno	14	W	11	
2.	Loralie Grady	15	W	11	
3.	Thea Kanaris	17	W	11	
4.	Anabelle Orth	18	W	11	

Deer Isle Stonington

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Rosalie Bayley	224	W	10	
2.	Whitney Hatch	225	W	9	

2023 Northern Regional XC Championships - 10/21/2023**Troy Howard Middle School
School Roster****Edward Little High School**

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Fatuma Awil	437	W	11	
2.	Kandace Bowden Fuller	438	W	11	
3.	Nora Condit	439	W	11	
4.	Solana Coy	440	W	11	
5.	Azaraya May	441	W	11	
6.	Leilani Mitchell	442	W	11	
7.	Payton Newson	443	W	11	

Ellsworth High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Jadyn Bell	20	W	10	
2.	Abby Hardison	21	W	10	
3.	Sara Mosely	22	W	11	
4.	Leah Salisbury	23	W	9	
5.	Livezey Sheehan	24	W	11	

Erskine Academy

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Bianca Dostie	25	W	11	
2.	Paige Green	26	W	9	

Fort Kent Community High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Grace Doustou	226	W	9	
2.	Riley Gagnon	227	W	11	
3.	Lily Oliver	228	W	11	
4.	Rowan Tanguay	229	W	11	

Foxcroft Academy

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Taylor Pahlavan	230	W	12	
2.	Quen Pham	231	W	10	

George Stevens Academy / Blue

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Madelyn Black	232	W	9	
2.	Maia Church	233	W	11	
3.	Lucy Clews	234	W	11	
4.	Violette Hermans	235	W	10	
5.	Iris Kimball	236	W	12	
6.	Kathleen Stephens	239	W	12	
7.	Bailey Townsend	240	W	10	

2023 Northern Regional XC Championships - 10/21/2023**Troy Howard Middle School
School Roster****Hampden Academy**

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Emily Bishop	444	W	12	
2.	Natalia Charles	445	W	11	
3.	Grace Daigle	447	W	12	
4.	Addison Elliott	448	W	9	
5.	Emily Kneser	449	W	11	
6.	Gretchen Plant	450	W	10	
7.	Anleigh Stevens	453	W	11	

Hermon High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Hannah Lovley	27	W	10	
2.	Lillian Mayhew	28	W	10	
3.	Maggie Rudnicki	29	W	10	
4.	Brielle Walker	30	W	11	

Houlton/GHCA

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Amelia Drake	242	W	11	
2.	Teanne Ewings	244	W	11	
3.	Natalie Johnson	245	W	11	
4.	Katie McQuarrie	246	W	11	
5.	Dalayna Mincey	247	W	9	
6.	Dalylah Mincey	248	W	9	
7.	Andrea Ross	249	W	10	
8.	Leanne Ross	250	W	12	

John Bapst Memorial High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Laura Annis	31	W	9	
2.	Anna Breus	32	W	9	
3.	Natalie Haulk	34	W	9	
4.	Carolina Lobe	35	W	11	
5.	Elise Ouellette	36	W	10	
6.	Gwyneth Rand	37	W	12	
7.	Julia Scarano	38	W	10	

Jonesport Beals

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Mia Mills	254	W	10	

2023 Northern Regional XC Championships - 10/21/2023**Troy Howard Middle School
School Roster****Lawrence High School**

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Hailey Bowley	40	W	12	
2.	Paige Goodwin	41	W	11	
3.	Sophia Griffith	42	W	10	
4.	Kaylie Smith	45	W	11	
5.	Lexi Smith	46	W	11	

Lewiston High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Madison Binette	454	W	12	
2.	Ellie Pfohl	456	W	10	
3.	Annie Spurr	457	W	11	
4.	Anna Weiss	458	W	11	
5.	Amelia Wooten	459	W	10	

Limestone/MSSM

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Emiko Peck	270	W	12	
2.	Ariella Searfoss	271	W	12	

Machias High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Payge Sprowl	255	W	12	
2.	Emma Worcester	256	W	12	

Maine Central Institute

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Jiwoo Kim	265	W	12	
2.	Yerin Kim	266	W	12	
3.	Hyewon No	267	W	11	
4.	Sophia Smith	268	W	10	
5.	Addison Verrill	269	W	12	

Mattanawcook Academy

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Isabelle Gerken	257	W	12	
2.	Sierra Gerken	258	W	10	
3.	Aubrey Gifford	259	W	12	
4.	Julianna Hesseltine	260	W	12	
5.	Isabella Sutherland	261	W	11	
6.	Esther Teasdale-Stinson	262	W	9	
7.	Angie Willette	263	W	11	

2023 Northern Regional XC Championships - 10/21/2023**Troy Howard Middle School
School Roster****Medomak Valley High School**

	Name	Comp#	Sex	Year	Birth Date
1.	Kylie Blake	57	W	12	
2.	Maggie Bruno	58	W	9	
3.	Ava Collamore	59	W	10	
4.	Kaylee Collamore	60	W	10	
5.	Jalyn Drost	61	W	12	
6.	Tilia Meinersmann	62	W	9	
7.	Amber Pendleton	63	W	11	

Messalonskee High School

	Name	Comp#	Sex	Year	Birth Date
1.	Brynne Barron	460	W	11	
2.	Ryleigh Coughlin	461	W	9	
3.	Ashley Leach	462	W	11	
4.	Emma Rackleff	463	W	9	
5.	Rylee Spadea	464	W	12	

Mt. Ararat High School

	Name	Comp#	Sex	Year	Birth Date
1.	Angeline Beede	465	W	12	
2.	Evelyn Goudreau	466	W	11	
3.	Sarah Gray	467	W	12	
4.	Carly Satterfield	470	W	11	
5.	Ashlyn Thibeault	471	W	9	
6.	Lydia White	472	W	12	
7.	Eleanor Young	473	W	11	

Mt. Blue High School

	Name	Comp#	Sex	Year	Birth Date
1.	Lucinda Carroll	474	W	12	
2.	Elsa Feegel	475	W	9	
3.	Lily Jackson	476	W	9	
4.	Natalie McCarthy	477	W	12	
5.	Nora McCourt	478	W	11	
6.	Elizabeth Strickland	479	W	10	
7.	Brielle Tinker	480	W	11	

Mt. Desert Island High School

	Name	Comp#	Sex	Year	Birth Date
1.	Adele Barnum	47	W	9	
2.	Seneca Haney	49	W	10	
3.	Hope LeMoine	51	W	11	
4.	Sage Sartin	53	W	9	
5.	Emma Simard	54	W	12	
6.	Fiona St. Germain	55	W	11	
7.	Amelia Vandongen	56	W	11	

2023 Northern Regional XC Championships - 10/21/2023

Troy Howard Middle School
School Roster**Narraguagus High School**

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Alexa Johnson	273	W	10	
2.	Liberty White	274	W	12	

Nokomis High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Maddy Brown	64	W	10	
2.	Haille Coots	65	W	9	
3.	Camellia Guzzi	66	W	11	
4.	Orla Murphy	68	W	11	
5.	Sofia Short	69	W	9	

Oceanside High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Victoria Edwards	87	W	11	
2.	Isabella Grey	88	W	11	
3.	Megan Ortega-Santiago	89	W	9	

Old Town High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Lily Heitmann	70	W	9	
2.	Chloe Henry	71	W	10	
3.	Lida Kanoti	72	W	11	
4.	Elizabeth Preble	73	W	9	
5.	Alexis Wesley	74	W	11	
6.	Zoe Yerxa	75	W	12	

Orono High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Aenor Adam	275	W	11	
2.	Ruby Beane	277	W	9	
3.	Maya Boyington	278	W	10	4/6/2008
4.	Tilly Puleo	279	W	10	
5.	Maureen Tyne	280	W	12	
6.	Clara White	281	W	10	5/1/2008
7.	Ruth White	282	W	12	

Oxford Hills Comprehensive Hig

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Willow Adler	481	W	12	
2.	Antonella Gilbert	482	W	10	
3.	Adelaide Harthorne	483	W	11	
4.	Lauren Hewson	484	W	11	
5.	Emily Sanborn	485	W	10	
6.	Cedar Worster	486	W	10	

2023 Northern Regional XC Championships - 10/21/2023**Troy Howard Middle School
School Roster****Presque Isle High School**

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Julia Bartley	76	W	12	
2.	Lydia Bragdon	77	W	9	
3.	Lauren Dugal	79	W	11	
4.	Brooklyn McIntyre	81	W	11	
5.	Neve O'Donnell	83	W	9	
6.	Makenna Walsh	84	W	9	
7.	Taylor York	85	W	9	

Schenck High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Chloe Willigar	283	W	12	

Skowhegan Area High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Jillian Lathrop	487	W	9	

Sumner Memorial High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Enna Bertin	284	W	10	
2.	Ada Fisher	285	W	12	
3.	Margaret Reilich-Godino	286	W	12	

Washington Academy

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Shaelynn Brown	287	W	12	
2.	Stellar Jung	288	W	12	
3.	Ruth Lassen	289	W	10	
4.	Lovella Neptune-Miliano	290	W	11	
5.	Acadia Thimlar	291	W	9	

Waterville High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Beatrice Beale-Tate	91	W	12	
2.	Lillian Gordon	92	W	9	
3.	Penny Graham	93	W	9	
4.	Greta Limberger	94	W	11	
5.	Julia Scott	95	W	12	

Winslow High School

	<u>Name</u>	<u>Comp#</u>	<u>Sex</u>	<u>Year</u>	<u>Birth Date</u>
1.	Katelyn Gibbs	96	W	10	
2.	Addison Pellerin	97	W	11	
3.	Alexandria Raymond	98	W	10	
4.	Tealah Ward	99	W	11	

Total Athletes: 220**Total Relays: 0**