

2023 Friends of Cumston Hall - AppleFest 5k Run, Jog, Walk

Results

Pl.	Bib	Name	Age	Gender	Pace	Finish
5k						
Female						
F 15 to 19						
1.	574	Addison Hyde	18	f	9:46 min/mile	0:30:18,5
2.	256	Cliona Kenny	19	f	10:14 min/mile	0:31:46,2
3.	573	Grace Grant	15	f	12:22 min/mile	0:38:21,1
F 20 to 29						
1.	252	Leigh Houdlette	28	f	7:58 min/mile	0:24:42,7
2.	214	Megan Charest	29	f	8:58 min/mile	0:27:50,7
3.	203	Ally Aspinall	28	f	9:09 min/mile	0:28:22,2
4.	260	Amanda LeBarron	29	f	9:10 min/mile	0:28:25,7
5.	285	Aoidin Salmon	20	f	9:12 min/mile	0:28:32,4
6.	284	Isabella Russo	26	f	9:47 min/mile	0:30:20,0
7.	207	Abigail Beaulieu	28	f	10:41 min/mile	0:33:09,4
8.	237	Amanda Griffin	25	f	11:19 min/mile	0:35:06,0
9.	277	Savanna Pierce	26	f	12:07 min/mile	0:37:36,0
10.	259	Amber Lagasse-kenney	26	f	15:50 min/mile	0:49:05,8
F 30 to 39						
1.	209	Melanie Boisvert	34	f	8:01 min/mile	0:24:53,2
2.	246	Libby Helmer	33	f	8:44 min/mile	0:27:05,0
3.	223	Kim Damon	39	f	9:28 min/mile	0:29:21,3
4.	238	Emily Grover	36	f	10:02 min/mile	0:31:09,0
5.	239	Laura Grover	34	f	10:02 min/mile	0:31:09,1
6.	274	Sarah Moody	33	f	10:07 min/mile	0:31:22,1
7.	216	Mia Cote	38	f	11:46 min/mile	0:36:30,5
8.	204	Brooke Averill	31	f	11:52 min/mile	0:36:48,5
9.	211	Kimberly Brown	33	f	14:24 min/mile	0:44:38,9
10.	372	Raina Levasseur	35	f	14:41 min/mile	0:45:33,6
11.	245	Ashley Harris	33	f	15:51 min/mile	0:49:08,3
12.	208	Alicia Beaulieu	34	f	15:51 min/mile	0:49:08,7
13.	213	Jessica Butler	38	f	16:58 min/mile	0:52:36,2
14.	281	Britney Rabon	32	f	17:23 min/mile	0:53:56,4
15.	221	Hannah Damian	31	f	18:38 min/mile	0:57:48,0
F 40 to 49						
1.	242	Kellyann Harmon	48	f	7:30 min/mile	0:23:17,5
2.	279	Alicia Pollock	46	f	8:09 min/mile	0:25:18,6
3.	291	Kathleen walker	48	f	8:33 min/mile	0:26:31,3
4.	229	Angela Emery	41	f	9:18 min/mile	0:28:50,8
5.	296	Stephanie Wright	42	f	9:56 min/mile	0:30:50,2
6.	201	Amanda Alexander-Hart	42	f	12:21 min/mile	0:38:18,3
7.	257	Lori Koban	48	f	13:35 min/mile	0:42:07,0
8.	289	Heather Tremblay	44	f	15:50 min/mile	0:49:05,6
9.	293	Jamye Winter	40	f	16:13 min/mile	0:50:17,5

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F 50 to 59						
1.	220	Jennifer Cusick	58	f	8:20 min/mile	0:25:50,4
2.	264	Karen Lipovsky	52	f	8:34 min/mile	0:26:33,5
3.	254	Lori James	50	f	8:47 min/mile	0:27:15,8
4.	287	Sarah Simpson	51	f	9:52 min/mile	0:30:37,3
5.	273	Michelle Mitchell	51	f	13:35 min/mile	0:42:06,9
6.	225	Jody DeRaps	59	f	15:08 min/mile	0:46:57,1
7.	248	Lisa Hodge	52	f	17:07 min/mile	0:53:06,6
8.	218	Paula Criss	54	f	18:38 min/mile	0:57:48,0
F 60 to 65						
1.	227	Susan Downes Borko	61	f	9:29 min/mile	0:29:26,5
2.	270	Tinker Mickalide	64	f	9:59 min/mile	0:30:59,0
3.	233	Diane Garcell	63	f	10:35 min/mile	0:32:51,4
4.	255	Mary Jordan	64	f	10:48 min/mile	0:33:30,1
5.	202	Michele aronson	63	f	11:39 min/mile	0:36:07,4
6.	265	Brenda MacDonald	65	f	15:08 min/mile	0:46:55,5
7.	217	Karen Criss	64	f	18:38 min/mile	0:57:48,0
8.	571	Susan Brown	64	f	21:00 min/mile	1:05:06,6
F 70 & Up						
1.	286	Paula Sawyer	74	f	11:13 min/mile	0:34:48,6
Male						
M 15 to 19						
1.	314	Ostin Smith	18	m	6:59 min/mile	0:21:41,2
2.	219	Maxx Crowley	15	m	7:44 min/mile	0:23:59,5
M 20 to 29						
1.	572	Dylan Lajoie	23	m	6:08 min/mile	0:19:02,2
2.	366	Matthew O'Connell	22	m	7:17 min/mile	0:22:37,6
3.	276	Brandon Pierce	29	m	8:38 min/mile	0:26:46,0
4.	232	Ronald Seguin	27	m	9:08 min/mile	0:28:19,4
M 30 to 39						
1.	224	Wes Danforth	38	m	5:44 min/mile	0:17:49,5
2.	251	Bradford Houdlette	35	m	7:03 min/mile	0:21:52,8
3.	205	James Ayotte	38	m	7:07 min/mile	0:22:05,9
4.	283	Nick Rowley	35	m	7:54 min/mile	0:24:31,6
5.	292	Tyler Watson	39	m	10:00 min/mile	0:31:00,1
6.	367	Jesse Levasseur	35	m	14:41 min/mile	0:45:33,6
7.	244	Alex Harris	34	m	15:50 min/mile	0:49:06,9
8.	269	Jake Michaud	31	m	17:38 min/mile	0:54:42,8
9.	240	Max Grover	34	m	19:49 min/mile	1:01:26,6
M 40 to 49						
1.	235	Chris Grant	45	m	7:57 min/mile	0:24:39,5
2.	230	Scott Emery	48	m	8:00 min/mile	0:24:49,2
3.	226	Shawn Dockham	43	m	9:39 min/mile	0:29:56,5
4.	234	Jeffrey Gleason	44	m	11:08 min/mile	0:34:33,3

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5.	243	Ryan Harmon	49	m	11:22 min/mile	0:35:16,9
6.	222	Donald Damon	41	m	11:38 min/mile	0:36:05,0
7.	295	Tim Winter	44	m	13:20 min/mile	0:41:23,0
M 50 to 59						
1.	228	Steven Dubois	51	m	6:57 min/mile	0:21:34,7
2.	212	Chris Bryant	55	m	7:06 min/mile	0:22:03,7
3.	261	Rodney Lesan	53	m	7:52 min/mile	0:24:25,7
4.	258	Nicholas Koban	53	m	9:27 min/mile	0:29:17,8
5.	253	Daniel Iannello	50	m	9:42 min/mile	0:30:05,4
6.	272	Clyde Mitchell	56	m	9:46 min/mile	0:30:18,3
7.	280	Henry Quintal	58	m	9:52 min/mile	0:30:36,8
8.	247	Gabriel Hodge	52	m	17:07 min/mile	0:53:06,3
M 60 to 65						
1.	570	Robert Brown	63	m	9:00 min/mile	0:27:57,0
M 66 to 69						
1.	288	Richard Stuart	66	m	7:36 min/mile	0:23:33,8
2.	290	Scott varin	66	m	7:40 min/mile	0:23:47,6
3.	268	Jon Mennealy	67	m	8:38 min/mile	0:26:46,1
4.	241	Steve Grover	67	m	19:49 min/mile	1:01:26,4
M 70 & Up						
1.	267	Tom Menendez	70	m	8:08 min/mile	0:25:13,0
2.	271	Paul Mills	71	m	9:07 min/mile	0:28:17,3
3.	282	Robert Randall	86	m	11:43 min/mile	0:36:22,0
4.	215	Joseph Cook	73	m	13:54 min/mile	0:43:06,1
Youth						
Female						
F 10 & under						
1.	301	Lauren Damon	7	f	9:27 min/mile	0:29:20,1
2.	300	Kerrigan Damon	9	f	11:04 min/mile	0:34:21,1
3.	303	Josie Gleason	10	f	11:07 min/mile	0:34:30,0
4.	569	Mallorie Boisvert	8	f	16:58 min/mile	0:52:37,1
F 11 to 14						
1.	313	Kendal Wright	11	f	8:23 min/mile	0:26:00,7
2.	298	Addison Boisvert	12	f	9:26 min/mile	0:29:15,2
3.	307	Lila Poussard	13	f	9:46 min/mile	0:30:17,5
4.	568	Danika Levasseur	14	f	10:18 min/mile	0:31:57,0
5.	311	Evangeline Winter	11	f	11:52 min/mile	0:36:48,5
6.	385	Kaydence Levasseur	12	f	12:46 min/mile	0:39:36,1
7.	312	Scarlett Winter	13	f	13:20 min/mile	0:41:22,4
Male						
M 10 & under						
1.	309	Avi Robitaille	8	m	9:18 min/mile	0:28:50,8
2.	308	Benjamin Rabon	8	m	13:34 min/mile	0:42:05,8

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Pl.	Bib	Name	Age	Gender	Pace	Finish
3.	299	Jeremiah Butler	8	m	16:58 min/mile	0:52:37,6
4.	306	Collin Martin	8	m	17:38 min/mile	0:54:42,8
M 11 to 14						
1.	310	Maxim Robitaille	12	m	7:36 min/mile	0:23:36,1
2.	302	Wade Givens	13	m	8:02 min/mile	0:24:56,1
3.	305	Braylon Lafond	12	m	8:35 min/mile	0:26:37,6