

## Breakaway 5K 2023 - 08/19/2023

### Overall Results



Plac	Bib	Name	Gender	Club	Group	Group Rank	Chip Pace	Chip	Gun
5K									
1.	211	David Kerschner	M	Old Town Track Club	Male 35-39	1st Overall	5:23 min/mile	16:47	16:50
2.	111	Ethan Scott	M	Casamigos	Male 30-34	2nd Overall	5:48 min/mile	18:03	18:07
3.	233	Jacob Ramos	M	South Portland, ME	Male 15-19	3rd Overall	5:48 min/mile	18:02	18:08
4.	202	Evan Schneider	M	Old Orchard Beach, ME	Male 15-19	Age Group	6:17 min/mile	19:33	19:38
5.	118	Kieran Newcomb	M	Valor Track Club	Male 30-34	Age Group	6:17 min/mile	19:34	19:40
6.	177	Christopher Monahan	M	Old Orchard Beach, ME	Masters Male	Masters	6:20 min/mile	19:43	19:48
7.	89	Amelie Nadon	F	Saint-Laurent, QC	Female 40-44	1st Overall	6:22 min/mile	19:49	19:52
8.	170	Brian Corcoran	M	Falmouth, ME	Male 50-54	Age Group	6:24 min/mile	19:56	20:02
9.	49	Zach Zaitlin	M	Zaitkrant Racers	Male 35-39	Age Group	6:27 min/mile	20:05	20:10
10.	100	Brendan Lyles	M	The Juiced Running Team	Male 15-19	2/12	6:34 min/mile	20:27	20:27
11.	182	Nathaniel Gordon	M	Gorham, ME	Male 25-29	Age Group	6:37 min/mile	20:34	20:40
12.	110	Kimberly Beaver	F	Agawam, MA	Female 20-24	2nd Overall	6:39 min/mile	20:40	20:46
13.	93	Nathan Beach	M	Cambridge, MA	Male 35-39	2/10	6:41 min/mile	20:47	20:52
14.	61	Christie Tebbets	F	Lisbon, ME	Female 50-54	3rd Overall	6:41 min/mile	20:49	20:54
15.	191	Nicholas Cole	M	Freeport, ME	Male 35-39	3/10	6:42 min/mile	20:52	20:57
16.	209	Ellenor Barish	F	Team Barish	Masters Female	Masters	6:41 min/mile	20:48	20:57
17.	198	Michael Clark	M	Scarborough, ME	Male 40-44	Age Group	6:50 min/mile	21:17	21:22
18.	90	Logan Pettinato	M	Portland, ME	Male 25-29	2/6	6:56 min/mile	21:34	21:41
19.	88	Tony Myatt	M	Portland, ME	Male 35-39	4/10	6:57 min/mile	21:39	21:43
20.	193	Angela Lax	F	Boston, MA	Female 25-29	Age Group	6:56 min/mile	21:35	21:44
21.	230	Jesse Rowland	M	Old Orchard Beach, ME	Male 15-19	3/12	6:59 min/mile	21:43	21:47
22.	119	Jamie Chamberlain	M	OOBXC	Male 55-59	Age Group	6:59 min/mile	21:45	21:50
23.	160	Bruce Butterworth	M	Seabrook, NH	Male 70+	Age Group	7:03 min/mile	21:56	22:01
24.	168	Pierre Fortin	M	Scott, QC	Male 55-59	2/7	7:03 min/mile	21:58	22:04
25.	152	Mary Holt-Wilson	F	Medfield, MA	Female 50-54	Age Group	7:06 min/mile	22:04	22:09
26.	134	Robert Slattery	M	The Local Running Club	Male 20-24	Age Group	7:02 min/mile	21:52	22:14
27.	236	Michael Aboud	M	The Abouds	Male 25-29	3/6	7:04 min/mile	22:00	22:17
28.	161	Peter Luyckx	M	Montpelier, VT	Male 50-54	2/10	7:12 min/mile	22:25	22:29
29.	185	Tom Farwell	M	New Gloucester, ME	Male 45-49	Age Group	7:12 min/mile	22:23	22:31
30.	189	Mason Scherer	M	Saco, ME	Male 15-19	4/12	7:14 min/mile	22:30	22:37
31.	108	James T. Redding	M	Brighton, MA	Male 15-19	5/12	7:18 min/mile	22:44	22:51

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32.	180 Kim Morin	F	Agawam, MA	Female 50-54	2/12	7:19 min/mile	22:46	23:04
33.	232 Kelly Ramos	F	South Portland, ME	Female 45-49	Age Group	7:23 min/mile	22:57	23:05
34.	188 Torin Peterson	M	Portland, ME	Male 35-39	5/10	7:27 min/mile	23:12	23:21
35.	154 Evan Alivizatos	M	Biddeford, ME	Male 15-19	6/12	7:29 min/mile	23:17	23:25
36.	159 Colby Thomas	M	Biddeford, ME	Male 15-19	7/12	7:30 min/mile	23:20	23:28
37.	145 Wyatt Johnson	M	Maine Evolution Ice Hockey	Male 14 & Under	Age Group	7:28 min/mile	23:14	23:30
38.	62 Ethan Macwilliam	M	Old Orchard Beach, ME	Male 15-19	8/12	7:31 min/mile	23:24	23:32
39.	70 Jake Perez	M	Old Orchard Beach, ME	Male 14 & Under	2/14	7:39 min/mile	23:47	23:50
40.	194 Laurie Nicholas	F	Gorham, ME	Female 55-59	Age Group	7:38 min/mile	23:45	23:53
41.	65 Andrea James	F	The Local Running Club	Female 30-34	Age Group	7:35 min/mile	23:37	23:55
42.	212 Katie Dillon	F	Central Mass Striders	Female 35-39	Age Group	7:39 min/mile	23:47	23:55
43.	13 Caroline Trinder	F	Old Orchard Beach, ME	Female 35-39	2/20	7:39 min/mile	23:49	23:57
44.	74 Jake Mcneill	M	Bath, ME	Male 30-34	2/5	7:40 min/mile	23:51	23:59
45.	231 Hannah Zaitlin	F	Lynnfield, MA	Female 40-44	Age Group	7:38 min/mile	23:46	24:07
46.	95 Frank Leiter	M	Harrisburg, PA	Male 50-54	3/10	7:44 min/mile	24:04	24:09
47.	137 Pete D'Amors	M	Tewksbury, MA	Male 40-44	2/8	7:43 min/mile	24:01	24:15
48.	102 Julianna Bellagamba	F	The Juiced Running Team	Female 15-19	Age Group	7:46 min/mile	24:09	24:15
49.	135 Matthew Mcardle	M	The Local Running Club	Male 25-29	4/6	7:43 min/mile	24:01	24:19
50.	247 Denise Curry	F	Dirigo RC	Female 55-59	2/5	7:46 min/mile	24:11	24:20
51.	169 Erica Ellis	F	Dayton, ME	Female 30-34	2/9	7:44 min/mile	24:04	24:24
52.	8 Clinton Landry	M	West Wareham, MA	Male 40-44	3/8	7:44 min/mile	24:03	24:24
53.	9 Sarah Kaczynski	F	Rochester, NH	Female 20-24	Age Group	7:49 min/mile	24:18	24:26
54.	40 Lyndsy Wallace	F	Hawks	Female 40-44	2/11	7:50 min/mile	24:22	24:29
55.	113 Michel Lavoie	M	Sainte-Marie, QC	Male 65-69	Age Group	7:51 min/mile	24:25	24:31
56.	140 Lisa Dries	F	Kennebunkport, ME	Female 45-49	2/13	7:53 min/mile	24:30	24:42
57.	41 Matthew Wallace	M	Hawks	Male 45-49	2/14	7:54 min/mile	24:36	24:43
58.	68 Thomas Hall	M	Maine Evolution Ice Hockey	Male 55-59	3/7	7:53 min/mile	24:32	24:48
59.	184 Brayden Koelker	M	Old Orchard Beach, ME	Male 14 & Under	3/14	7:56 min/mile	24:40	24:49
60.	165 Tim Obrien	M	Gilford, NH	Male 50-54	4/10	7:57 min/mile	24:44	24:52
61.	208 Michael Barish	M	Team Barish	Male 45-49	3/14	8:00 min/mile	24:52	25:01
62.	210 Jesse Barish	M	Team Barish	Male 14 & Under	4/14	8:00 min/mile	24:52	25:01
63.	80 Ryun Hogan	M	Old Orchard Beach, ME	Male 20-24	2/7	7:58 min/mile	24:47	25:04

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Plac	Bib	Name	Gender	Club	Group	Group Rank	Chip Pace	Chip	Gun
64.	81	Daniel King	M	Crow Athletics	Male 60-64	🥇 Age Group	8:02 min/mile	25:00	25:08
65.	254	Garrett Rodgers	M	Alfred, ME	Male 20-24	🥈 3/7	8:07 min/mile	25:14	25:29
66.	112	Bridget Scott	F	Casamigos	Female 30-34	🥈 3/9	8:11 min/mile	25:26	25:33
67.	252	Eamonn Wallace	M	Hawks	Male 15-19	9/12	8:10 min/mile	25:24	25:35
68.	248	Christopher Trynor	M	Portland, ME	Male 60-64	🥉 2/9	8:11 min/mile	25:28	25:38
69.	225	Lea Alivizatos	F	Biddeford, ME	Female 14 & Under	🥇 Age Group	8:12 min/mile	25:30	25:38
70.	141	Nathan Danek	M	Salem, NH	Male 35-39	6/10	8:12 min/mile	25:31	25:42
71.	171	Oscar Stanton	M	Old Orchard Beach, ME	Male 14 & Under	5/14	8:14 min/mile	25:35	25:43
72.	63	Jackson Macwilliam	M	Old Orchard Beach, ME	Male 14 & Under	6/14	8:14 min/mile	25:38	25:44
73.	251	James Blake	M	Old Orchard Beach, ME	Male 50-54	5/10	8:18 min/mile	25:48	25:55
74.	109	Alyssa Beaver	F	Agawam, MA	Female 15-19	🥉 2/9	8:18 min/mile	25:48	25:58
75.	123	Michelle Bolduc	F	Storrs Mansfield, CT	Female 45-49	🥈 3/13	8:17 min/mile	25:45	26:01
76.	60	Denis Dubois	M	Lewiston, ME	Male 70+	🥉 2/7	8:19 min/mile	25:51	26:01
77.	115	Brandan Vitiello	M	Ocean Park, ME	Male 15-19	10/12	8:16 min/mile	25:45	26:02
78.	228	Joseph Altavilla	M	Mountainside, NJ	Male 14 & Under	7/14	8:20 min/mile	25:55	26:05
79.	166	Kaitlyn Obrien	F	Gilford, NH	Female 15-19	🥈 3/9	8:21 min/mile	25:59	26:07
80.	192	Sophaktra Heng	F	Sanford, ME	Female 35-39	🥈 3/20	8:22 min/mile	26:00	26:10
81.	94	Dan Willey	M	Old Orchard Beach, ME	Male 35-39	7/10	8:21 min/mile	26:00	26:17
82.	240	Kasey Peters	F	Maine Evolution Ice Hockey	Female 40-44	🥈 3/11	8:16 min/mile	25:44	26:17
83.	238	Adam Nile	M	New Gloucester, ME	Male 40-44	4/8	8:20 min/mile	25:55	26:17
84.	53	Mark Tidd	M	Loranger Gulls	Male 45-49	4/14	8:25 min/mile	26:10	26:18
85.	130	Andrea Johnson	F	Saco, ME	Female 35-39	4/20	8:27 min/mile	26:18	26:18
86.	250	Aidan Peters	M	Old Town, ME	Male 20-24	4/7	8:23 min/mile	26:04	26:19
87.	243	Kellie Davis	F	Maine Evolution Ice Hockey	Female 40-44	4/11	8:20 min/mile	25:54	26:28
88.	143	Kevin Shea	M	Biddeford, ME	Male 60-64	🥈 3/9	8:29 min/mile	26:23	26:33
89.	260	Vincent Duclos	M	Levis, QC	Male 60-64	4/9	8:29 min/mile	26:25	26:36
90.	18	Taylor Mcnally	M	Woofpack	Male 30-34	🥈 3/5	8:27 min/mile	26:16	26:39
91.	75	Tom Menendez	M	Monmouth, ME	Male 70+	🥈 3/7	8:31 min/mile	26:31	26:40
92.	57	Leslie Mourmouras	F	Biddeford, ME	Female 55-59	🥈 3/5	8:34 min/mile	26:39	26:46
93.	87	Anne Sophie Beaudoin	F	Quã@bec, QC	Female 35-39	6/20	8:33 min/mile	26:35	26:47
94.	98	Lida Kanoti	F	Old Town, ME	Female 15-19	4/9	8:34 min/mile	26:37	26:51
95.	122	Alexis Wesley	F	Milford, ME	Female 15-19	5/9	8:34 min/mile	26:38	26:51

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96.	204 Katrina Desjardins	F	Saco, ME	Female 35-39	5/20	8:32 min/mile	26:31	26:52
97.	164 Emily Capuccio	F	Wilmington, MA	Female 35-39	7/20	8:36 min/mile	26:44	27:01
98.	52 Phil Emma	M	Boston, MA	Male 65-69	2/6	8:37 min/mile	26:48	27:04
99.	124 Stacy St Louis	F	Columbia, CT	Female 35-39	8/20	8:38 min/mile	26:51	27:06
100.	175 Carter Buotte	M	Old Orchard Beach, ME	Male 14 & Under	8/14	8:40 min/mile	26:58	27:07
101.	174 Chrissy Buotte	F	Old Orchard Beach, ME	Female 35-39	9/20	8:40 min/mile	26:59	27:08
102.	101 Brian Bellagamba	M	The Juiced Running Team	Male 45-49	5/14	8:42 min/mile	27:03	27:14
103.	82 Gregory Connor	M	Medford, MA	Male 35-39	8/10	8:41 min/mile	27:00	27:16
104.	31 Courtney Cossette	F	Holliston, MA	Female 35-39	10/20	8:41 min/mile	27:02	27:25
105.	43 Holly Stevens	F	Jamaica Plain, MA	Female 35-39	11/20	8:43 min/mile	27:06	27:28
106.	131 Kayleigh Ash	F	Laconia, NH	Female 35-39	13/20	8:50 min/mile	27:29	27:35
107.	7 Kristen Riley	F	West Wareham, MA	Female 35-39	12/20	8:45 min/mile	27:13	27:35
108.	187 Mike Longley	M	Lunenburg, MA	Male 20-24	5/7	8:50 min/mile	27:30	27:36
109.	150 Bobby Heaney	M	Merry Jai Alai-fe	Male 35-39	9/10	8:45 min/mile	27:15	27:38
110.	132 Barbara Mathewson	F	The Villages, FL	Female 70+	Age Group	8:51 min/mile	27:31	27:42
111.	226 Angela Giles	F	Saco, ME	Female 40-44	5/11	8:51 min/mile	27:31	27:46
112.	129 Caryn Carrabba	F	Boston, MA	Female 35-39	14/20	8:51 min/mile	27:33	27:51
113.	162 Isabella Albert	F	Caribou, ME	Female 14 & Under	2/6	8:57 min/mile	27:52	27:56
114.	253 Steven Haskins	M	Hallowell, ME	Male 60-64	5/9	8:58 min/mile	27:54	28:03
115.	218 Ellen Flaherty	F	Scarborough, ME	Female 55-59	4/5	8:57 min/mile	27:50	28:08
116.	67 Brian Phillips	M	West Springfield, MA	Male 50-54	6/10	9:01 min/mile	28:04	28:18
117.	205 Jessica Leclerc	F	South Portland, ME	Female 35-39	15/20	9:06 min/mile	28:19	28:29
118.	56 Lola Macinnes	F	Team MacInnes	Female 20-24	2/5	9:10 min/mile	28:31	28:31
119.	55 Shawn Macinnes	M	Team MacInnes	Male 50-54	7/10	9:08 min/mile	28:24	28:31
120.	207 Paul Boutin	M	Saco, ME	Male 60-64	6/9	9:06 min/mile	28:18	28:34
121.	114 Nicole Bilodeau	F	Sainte-Marie, QC	Female 60-64	Age Group	9:11 min/mile	28:32	28:38
122.	39 Fisher Allen	M	Hawks	Male 15-19	11/12	9:12 min/mile	28:37	28:44
123.	84 Christine Talbot	F	Hudson, NH	Female 50-54	3/12	9:09 min/mile	28:26	28:45
124.	199 Cortney Schmidt	M	Port Orchard, WA	Male 45-49	6/14	9:11 min/mile	28:33	28:45
125.	107 Lisa Redding	F	Brighton, MA	Female 50-54	4/12	9:11 min/mile	28:32	28:51
126.	25 Katie Marcelino	F	Acushnet, MA	Female 45-49	4/13	9:12 min/mile	28:38	28:57
127.	26 Daniel Marcelino	M	Acushnet, MA	Male 45-49	7/14	9:12 min/mile	28:38	28:57

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128.	264	Kenneth Peterson	M	Oxford, MA	Male 55-59	4/7	9:09 min/mile	28:29	28:59
129.	219	Mark Cohen	F	Scarborough, ME	Female 55-59	5/5	9:14 min/mile	28:44	29:02
130.	133	Colleen Slattery	F	The Local Running Club	Female 25-29	2/6	9:15 min/mile	28:45	29:03
131.	147	Mark Arsenaault	M	Somerville, MA	Male 60-64	7/9	9:16 min/mile	28:50	29:05
132.	261	Kristen Leach	F	Keene, NH	Female 50-54	5/12	9:14 min/mile	28:43	29:07
133.	69	Lucas Hall	M	Maine Evolution Ice Hockey	Male 14 & Under	9/14	9:18 min/mile	28:56	29:13
134.	27	Chris Perry	M	North Reading, MA	Male 35-39	10/10	9:20 min/mile	29:01	29:14
135.	229	Vivian Altavilla	F	Mountainside, NJ	Female 14 & Under	3/6	9:22 min/mile	29:08	29:18
136.	50	Amanda Nicholson	F	Dracut, MA	Female 35-39	16/20	9:23 min/mile	29:12	29:20
137.	220	Peter Mcdonald	M	Scarborough, ME	Male 60-64	8/9	9:24 min/mile	29:13	29:23
138.	79	Dean Baker	M	Saco, ME	Male 40-44	5/8	9:21 min/mile	29:04	29:25
139.	136	Jill Kenniston	F	Old Orchard Beach, ME	Female 45-49	5/13	9:23 min/mile	29:11	29:25
140.	38	Mollie Simonson	F	Hawks	Female 20-24	3/5	9:25 min/mile	29:17	29:25
141.	97	Keith Kanoti	M	Old Town, ME	Male 45-49	8/14	9:21 min/mile	29:06	29:26
142.	227	Joseph Altavilla	M	Mountainside, NJ	Male 45-49	9/14	9:25 min/mile	29:18	29:29
143.	22	Erin Leonard	F	Marblehead, MA	Female 40-44	6/11	9:24 min/mile	29:13	29:32
144.	263	Jaden Wells	M	The Local Running Club	Male 20-24	6/7	9:25 min/mile	29:16	29:35
145.	265	Joana Massanga	F	Old Orchard Beach, ME	Female 15-19	6/9	9:30 min/mile	29:32	29:41
146.	244	Kalia Davis	F	Maine Evolution Ice Hockey	Female 14 & Under	4/6	9:27 min/mile	29:24	29:42
147.	58	Jesse Stevens	M	Old Orchard Beach, ME	Male 40-44	6/8	9:27 min/mile	29:24	29:45
148.	59	Sue Dubois	F	Lewiston, ME	Female 70+	2/5	9:32 min/mile	29:39	29:49
149.	142	Kamolphan Meserve	F	Dayton, ME	Female 50-54	6/12	9:42 min/mile	30:10	30:14
150.	71	Paul Shippee	M	Tokyo, 13	Male 55-59	5/7	9:40 min/mile	30:03	30:24
151.	195	Paul King	M	Tewksbury, MA	Male 45-49	10/14	9:49 min/mile	30:31	30:45
152.	17	Brandon Haddad	M	Woofpack	Male 30-34	4/5	9:48 min/mile	30:28	30:52
153.	197	Ryan King	M	Tewksbury, MA	Male 14 & Under	11/14	9:52 min/mile	30:43	30:55
154.	241	Grant Peters	M	Maine Evolution Ice Hockey	Male 14 & Under	10/14	9:52 min/mile	30:43	31:00
155.	125	Alisha Gagnon	F	Saco, ME	Female 30-34	4/9	9:53 min/mile	30:44	31:05
156.	196	Suzanne King	F	Tewksbury, MA	Female 45-49	6/13	9:56 min/mile	30:53	31:06
157.	30	Erica Orthmann	F	Old Orchard Beach, ME	Female 40-44	7/11	10:01 min/mile	31:09	31:20
158.	42	Damianos Skinsacos	M	Old Orchard Beach, ME	Male 14 & Under	12/14	10:04 min/mile	31:17	31:21
159.	255	Margaritt McNulty	F	Windham, ME	Female 70+	3/5	10:10 min/mile	31:37	31:50

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160.	266 Meghan Smith	F	Naugatuck, CT	Female 35-39	17/20	10:17 min/mile	31:58	31:58
161.	99 Carey Bellagamba	F	The Juiced Running Team	Female 45-49	7/13	10:16 min/mile	31:56	32:13
162.	203 Willow Duhamel	F	Old Orchard Beach, ME	Female 14 & Under	5/6	10:27 min/mile	32:30	32:44
163.	181 Tony Ribeiro	M	Wilbraham, MA	Male 45-49	11/14	10:26 min/mile	32:27	32:47
164.	16 Baillie Haddad	F	Woofpack	Female 30-34	5/9	10:25 min/mile	32:24	32:48
165.	234 Kaitlyn Aboud	F	The Abouds	Female 25-29	3/6	10:27 min/mile	32:31	32:49
166.	19 Jamie Mcnally	F	Woofpack	Female 30-34	6/9	10:25 min/mile	32:25	32:49
167.	235 Cassandra Aboud	F	The Abouds	Female 25-29	4/6	10:28 min/mile	32:32	32:50
168.	201 Marcy Duhamel	F	Old Orchard Beach, ME	Female 40-44	8/11	10:29 min/mile	32:37	32:51
169.	85 Jacqueline Talbot	F	Hudson, NH	Female 25-29	5/6	10:28 min/mile	32:33	32:52
170.	237 Debby Jones	F	Boothbay, ME	Female 60-64	3/5	10:31 min/mile	32:41	32:58
171.	103 Randa Thomas	F	Old Orchard Beach, ME	Female 60-64	2/5	10:28 min/mile	32:33	33:00
172.	73 Kevin Archambault	M	Somersworth, NH	Male 30-34	5/5	10:40 min/mile	33:11	33:17
173.	117 Eva Tadros	F	Saint-Bruno, QC	Female 15-19	7/9	10:37 min/mile	33:01	33:22
174.	6 Alain Tadros	M	Old Orchard Beach, ME	Male 50-54	8/10	10:38 min/mile	33:04	33:25
175.	11 Amy Dresser	F	Maine SoleMates	Female 40-44	9/11	10:37 min/mile	33:02	33:26
176.	5 Renée-Maude Jalbert	F	Old Orchard Beach, ME	Female 45-49	8/13	10:39 min/mile	33:06	33:28
177.	14 Sarah Bolduc	F	Scarborough, ME	Female 30-34	7/9	10:37 min/mile	33:02	33:29
178.	4 Michael Zaitlin	M	Saco, ME	Male 65-69	3/6	10:38 min/mile	33:04	33:30
179.	146 Karl Popken	M	Somerville, MA	Male 60-64	9/9	10:44 min/mile	33:22	33:38
180.	245 Craig Zahares	M	Kennebunk, ME	Male 65-69	4/6	10:41 min/mile	33:15	33:40
181.	78 Marie-Claude Jalbert	F	Outremont, QC	Female 50-54	7/12	10:48 min/mile	33:37	33:58
182.	45 Sue Martinelli	F	Hooksett, NH	Female 45-49	9/13	10:49 min/mile	33:40	34:00
183.	77 Dan Mcnally	M	Woofpack	Male 65-69	5/6	10:48 min/mile	33:36	34:00
184.	120 Susan Mcnamara	F	Old Orchard Beach, ME	Female 50-54	8/12	10:53 min/mile	33:50	34:05
185.	15 Bradley Reed	M	Lisbon Falls, ME	Male 50-54	9/10	10:51 min/mile	33:43	34:06
186.	149 Jason Bradley	M	Portland, ME	Male 40-44	7/8	10:51 min/mile	33:44	34:09
187.	200 Stephen Halsey	M	New England 65+ Runners Club	Male 70+	4/7	10:54 min/mile	33:54	34:13
188.	21 Taylor Wiberg	F	Logan & Taylor	Female 15-19	8/9	10:56 min/mile	34:00	34:20
189.	20 Logan Breuker	M	Logan & Taylor	Male 15-19	12/12	10:56 min/mile	34:00	34:20
190.	179 Grace Stults	F	Windham, ME	Female 30-34	8/9	10:57 min/mile	34:04	34:26
191.	213 Connor Murphy	M	North Yarmouth, ME	Male 14 & Under	13/14	11:00 min/mile	34:13	34:30

## Breakaway 5K 2023 - 08/19/2023

### Overall Results



Plac	Bib Name	Gender	Club	Group	Group Rank	Chip Pace	Chip	Gun
192.	148 Maripat Brady	F	Biddeford, ME	Female 65-69	🏆 Age Group	11:04 min/mile	34:26	34:38
193.	48 Anne Martinelli	F	Attleboro, MA	Female 50-54	9/12	11:03 min/mile	34:22	34:44
194.	153 Matthew Burnell		Windham, ME	Female 25-29	🏆 1st Overall	11:11 min/mile	34:47	35:13
195.	257 Darcy Coute	F	Taunton, MA	Female 45-49	10/13	11:13 min/mile	34:51	35:21
196.	163 Gillian Capuccio	F	Medford, MA	Female 70+	4/5	11:19 min/mile	35:12	35:29
197.	47 Bob Lanigra	M	Scarborough, ME	Male 70+	5/7	11:18 min/mile	35:09	35:30
198.	76 Tommy Nguyen	M	The Local Running Club	Male 20-24	7/7	11:29 min/mile	35:42	36:01
199.	151 Grace Roessler	F	Merry Jai Alai-fe	Female 35-39	18/20	11:26 min/mile	35:34	36:03
200.	249 Samuel Mckenzie	M	Old Orchard Beach, ME	Male 14 & Under	14/14	11:39 min/mile	36:14	36:23
201.	224 Dennis Coffey	M	Old Orchard Beach, ME	Male 55-59	6/7	11:42 min/mile	36:23	36:30
202.	83 Nancy Haynes	F	Windsor Locks, CT	Female 65-69	🏆 2/6	11:40 min/mile	36:17	36:31
203.	64 Kayleigh Neyer	F	Cornish, ME	Female 25-29	6/6	11:37 min/mile	36:07	36:34
204.	155 Sarah Lancaster	F	Portland, ME	Female 45-49	11/13	11:38 min/mile	36:10	36:36
205.	29 Matthew Carbone	M	Leominster, MA	Male 45-49	12/14	11:40 min/mile	36:18	36:42
206.	36 Jordan Snell	F	The Snells	Female 20-24	4/5	11:48 min/mile	36:42	36:48
207.	239 Jeanne Bryand	F	Biddeford, ME	Female 65-69	🏆 3/6	11:48 min/mile	36:41	36:59
208.	91 Brenda Cloutier	F	Bye Beach Bye	Female 45-49	12/13	11:52 min/mile	36:53	37:23
209.	139 Nola Wallace	F	Hawks	Female 15-19	9/9	12:00 min/mile	37:18	37:30
210.	127 Helen Mattiace	F	Manchester, NH	Female 65-69	4/6	12:02 min/mile	37:24	37:40
211.	121 Caroline Mcnamara	M	Boylston, MA	Male 25-29	5/6	12:02 min/mile	37:25	37:40
212.	23 Jimmy Guy	M	Marblehead, MA	Male 45-49	13/14	12:18 min/mile	38:14	38:33
213.	44 George Mageles	M	Scarborough, ME	Male 65-69	6/6	12:22 min/mile	38:26	38:37
214.	186 Bina Raisdanaee	F	Leominster, MA	Female 20-24	5/5	12:26 min/mile	38:39	38:45
215.	216 Allyn Genest	M	West Kennebunk, ME	Male 70+	6/7	12:28 min/mile	38:46	39:01
216.	262 Thomas Burnell	M	Standish, ME	Male 55-59	7/7	12:23 min/mile	38:29	39:01
217.	24 Jenn Smith	F	Westbrook, ME	Female 35-39	19/20	12:31 min/mile	38:55	39:18
218.	183 Joseph Murray	M	Old Orchard Beach, ME	Male 25-29	6/6	12:30 min/mile	38:52	39:19
219.	92 Shawn Lawson	M	Bye Beach Bye	Male 45-49	14/14	12:33 min/mile	39:01	39:30
220.	206 Matthew Gilbert	M	South Portland, ME	Male 50-54	10/10	12:58 min/mile	40:19	40:29
221.	128 Wendie Diik	F	Wilbraham, MA	Female 40-44	10/11	13:01 min/mile	40:29	40:48
222.	126 Rhonda Costa	F	Palmer, MA	Female 50-54	10/12	13:07 min/mile	40:46	41:04
223.	178 Amy Davis	F	Tewksbury, MA	Female 45-49	13/13	13:14 min/mile	41:10	41:22

## Breakaway 5K 2023 - 08/19/2023



### Overall Results

Plac	Bib Name	Gende	Club	Group	Group Rank	Chip Pace	Chip	Gun
224.	10 Kim Sherwood	F	Wolcott, CT	Female 60-64	4/5	13:13 min/mile	41:07	41:33
225.	28 Michelle Carbone	F	Leominster, MA	Female 50-54	11/12	13:22 min/mile	41:35	42:00
226.	217 Melanie Graham	F	Sanford, ME	Female 50-54	12/12	13:36 min/mile	42:17	42:45
227.	51 Debra Moore	F	Dracut, MA	Female 65-69	5/6	13:47 min/mile	42:50	43:06
228.	105 Jennifer Ruel	F	Saint-Lazare-de-Bellechasse,	Female 35-39	20/20	13:55 min/mile	43:17	43:29
229.	106 Francis Forgues	M	Saint-Lazare-de-Bellechasse,	Male 40-44	8/8	13:55 min/mile	43:17	43:29
230.	259 Theresa Eng	F	Waterboro, ME	Female 14 & Under	6/6	14:11 min/mile	44:07	44:18
231.	258 Candice Danis	F	Waterboro, ME	Female 40-44	11/11	14:16 min/mile	44:20	44:31
232.	176 Francis Mclaughlin	M	Saco, ME	Male 70+	7/7	14:10 min/mile	44:03	44:36
233.	66 Polly Kenniston	F	Westbrook, ME	Female 70+	5/5	14:33 min/mile	45:14	45:30
234.	144 Linda Shea	F	Dayton, ME	Female 60-64	5/5	14:46 min/mile	45:54	46:15
235.	37 Laura Snell	F	The Snells	Female 30-34	9/9	15:01 min/mile	46:40	46:47
236.	246 Janet Ayer	F	Kennebunk, ME	Female 65-69	6/6	18:00 min/mile	55:59	56:27

Number of records: 236