

Licensed to First Time Out - Contractor License HY-TEK's Meet Manager
 2021 New Hampshire Senior Games - 8/29/2021
 Track & Field
 Livingston Park - Manchester NH
 Results

W55 50 M Dash

=====

55 NH Senior: R 8.84 2017 P. Fortuna, Unattached
 55 National: N 8.62

Name	Age Team	Finals	Wind	H#
=====				
Finals				
1 # 108 Pierce, Diane	W55 Rowley, MA	8.47N	1.1	2
2 # 144 Towle, Tara	W55 Hudson, NH	8.59N	1.1	2
3 # 37 Eckerson, Nancy	W57 Durham, NH	9.74	1.1	2
4 # 62 Heath, Barb	W59 huntington, VT	11.60	1.1	2

W60 50 M Dash

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60 NH Senior: R 8.85 2018 G. Johns-Rees, Unattached
 60 National: N 8.73

Name	Age Team	Finals	Wind
=====			
1 # 117 Richburg, Ginny	W62 York, ME	8.65N	0.7
2 # 140 Thompson, Valerie	W64 Lebanon, NH	9.58	0.7

W65 50 M Dash

=====

65 NH Senior: R 9.56 2013 J. Higgins, Unattached
 65 National: N 9.25

Name	Age Team	Finals	Wind
=====			
1 # 73 Johns-Rees, Gail	W66 Stratham, NH	9.11N	0.7

W85 50 M Dash

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85 National: N 23.83

Name	Age Team	Finals	Wind
=====			
1 # 94 Meiler, Florence	W87 Shelburne, VT	11.91N	0.7

M40 50 M Dash

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Name	Age Team	Finals	Wind	H#
=====				
1 # 20 Charles, Lavelle	M44 Upton, MA	7.02	0.3	8

M45 50 M Dash

=====

45 NH Senior: R 6.43 2013 B. Borromeo, Unattached

Name	Age Team	Finals	Wind	H#
=====				
1 # 28 Crivaro, James	M45 Fall River, MA	7.09	0.3	8
2 # 86 Manning, Craig	M46 Norwich, VT	7.15	0.3	8
3 # 57 Gray, Andrew	M45 Concord, NH	7.68	0.3	8

M50 50 M Dash

=====

50 NH Senior: R 6.66 2016 M. Garcia, Unattached
 50 National: N 7.51

Name	Age Team	Finals	Wind	H#
=====				
1 # 103 Nunziata, Stephen	M54 Avon, CT	7.00N	0.8	7

2 # 112 Proulx, Michael M51 Manchester, NH 7.95 0.8 7

M55 50 M Dash

=====

55 NH Senior: R 6.89 2005 L. Hess, Unattached

55 National: N 7.51

Name	Age Team	Finals	Wind	H#
1 # 8 Batrett, Owen	M59 Bloomfield, CT	6.97N	0.8	7
2 # 52 Garcia, Manny	M56 Deering, NH	7.18N	0.8	7
3 # 99 Morin, Jeffrey	M58 Essex Junction, VT	7.21N	0.8	7

M60 50 M Dash

=====

60 NH Senior: R 7.20 2015 S. Snow, Unattached

60 National: N 7.77

Name	Age Team	Finals	Wind	H#
1 # 169 Charette, Roy	M60 Palm Harbor, FL	7.24N	0.6	5
2 # 142 Totty, Kenneth	M63 Salem, NH	7.95	0.6	6
3 # 148 Valianti, Rama	M62 Unassigned	8.23	0.6	6
4 # 11 Berit, Jon	M63 Waltham, MA	9.11	0.6	5
5 # 178 Stickles, Larry	M63 Farmington, NH	9.57	0.6	6
6 # 55 Goldstein, Stuart	M63 Dunbarton, NH	13.18	0.6	5

M65 50 M Dash

=====

65 NH Senior: R 7.30 2002 J. Gagnon, Unattached

65 National: N 7.99

Name	Age Team	Finals	Wind	H#
1 # 134 Snow, Steven	M67 Gilford, NH	7.23R	0.5	3
2 # 91 McConnell, Chris	M65 Stoneham, MA	7.34N	0.5	3
3 # 76 Kiefer, Michael	M69 Bedford, MA	8.26	0.5	4
4 # 179 Gillen, Thomas	M67 Quincy, MA	8.34	0.5	4
5 # 30 Cronan, Kevin	M66 Hope Valley, RI	8.91	0.5	3
6 # 77 Kilinski, Brian	M66 Hollis, NH	9.67	0.6	5
7 # 162 Young, David	M69 Danville, ME	11.75	0.5	3

M70 50 M Dash

=====

70 NH Senior: R 7.66 2016 W. Spirdione, Unattached

70 National: N 8.33

Name	Age Team	Finals	Wind	H#
1 # 64 Hess, Lee	M72 New Boston, NH	7.82N	-0.3	2
2 # 87 Marchetti, Robert	M70 Shirley, MA	8.12N	-0.3	2
3 # 154 Wells, David	M73 Wolfeboro, NH	8.57	-0.3	2
4 # 180 Gravel, Roger	M71 Raymond, NH	9.56	-0.3	2

M75 50 M Dash

=====

75 NH Senior: R 9.23 2007 O. Ingram, Unattached

75 National: N 9.27

Name	Age Team	Finals	Wind
1 # 54 Gillespie, Richar	M75 Nashua, NH	8.54R	-0.1
2 # 109 Pierce, Roger	M77 Rowley, MA	8.68R	-0.1
3 # 171 Principato Jr., J	M75 Alton Bay, NH	9.94	-0.1
4 # 85 Malsbenden, Paul	M76 Newmarket, NH	10.05	-0.1

M80 50 M Dash

=====

80 NH Senior: R 11.60 2002 V. Mattson, Unattached

80 National: N 10.54

Name	Age Team	Finals	Wind
1 # 51 Galligani, David	M83 Plymouth, MA	9.14N	-0.1

M85 50 M Dash

85 NH Senior: R 10.70 2002 N. Heard, Unattached

85 National: N 11.79

Name	Age Team	Finals	Wind
1 # 29 Croak, Richard	M85 Concord, NH	16.61	-0.1

W45 100 M Dash

45 NH Senior: R 15.78 2012 J. Gifford-Coope, Unattached

Name	Age Team	Finals	Wind	H#
1 # 184 Burginio-Martin,	W48 Canton, MA	18.82	0.8	2

W55 100 M Dash

55 NH Senior: R 15.22 2010 G. Johns-Rees, Unattached

55 National: N 16.36

Name	Age Team	Finals	Wind	H#
1 # 108 Pierce, Diane	W55 Rowley, MA	16.20N	0.8	2
2 # 144 Towle, Tara	W55 Hudson, NH	16.55	0.8	2
3 # 37 Eckerson, Nancy	W57 Durham, NH	18.80	0.8	2

W60 100 M Dash

60 NH Senior: R 17.52 2019 G. Johns-Rees, Unattached

60 National: N 16.61

Name	Age Team	Finals	Wind
1 # 117 Richburg, Ginny	W62 York, ME	16.57N	0.3
2 # 61 Hazelet, Virginia	W63 Indiana, PA	22.71	0.3

W65 100 M Dash

65 NH Senior: R 21.23 2004 A. Dupuis, Unattached

65 National: N 17.89

Name	Age Team	Finals	Wind
1 # 73 Johns-Rees, Gail	W66 Stratham, NH	17.95R	0.3

W85 100 M Dash

85 National: N 35.82

Name	Age Team	Finals	Wind
1 # 94 Meiler, Florence	W87 Shelburne, VT	24.93N	0.3

M40 100 M Dash

Name	Age Team	Finals	Wind	H#
1 # 38 Edmond, Steve	M40 Lynn, MA	12.64	0.9	7

M45 100 M Dash

45 NH Senior: R 11.84 2013 B. Borrromeo, Unattached

Name	Age Team	Finals	Wind	H#
1 # 57 Gray, Andrew	M45 Concord, NH	14.46	0.9	7

M50 100 M Dash

=====

50 NH Senior: R 11.95 2016 M. Garcia, Unattached

50 National: N 13.89

Name	Age Team	Finals	Wind	H#
1 # 103 Nunziata, Stephen	M54 Avon, CT	12.90N	0.9	7
2 # 112 Proulx, Michael	M51 Manchester, NH	15.37	0.9	7

M55 100 M Dash

=====

55 NH Senior: R 12.49 2009 S. Snow, Unattached

55 National: N 14.00

Name	Age Team	Finals	Wind	H#
1 # 8 Batrett, Owen	M59 Bloomfield, CT	13.19N	0.9	6
2 # 99 Morin, Jeffrey	M58 Essex Junction, VT	13.45N	0.9	6
3 # 52 Garcia, Manny	M56 Deering, NH	13.65N	0.9	6
4 # 93 McHugh, Brendan	M57 Chelmsford, MA	15.01	0.9	6

M60 100 M Dash

=====

60 NH Senior: R 13.15 2015 T. McDonough, Unattached

60 National: N 14.30

Name	Age Team	Finals	Wind	H#
1 # 169 Charette, Roy	M60 Palm Harbor, FL	13.38N	0.6	5
2 # 142 Totty, Kenneth	M63 Salem, NH	15.03	0.6	5
3 # 148 Valianti, Rama	M62 Unassigned	15.76	0.6	5
4 # 126 Sherman, Randy	M62 Pembroke, NH	16.73	0.6	5

M65 100 M Dash

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65 NH Senior: R 13.74 2019 T. McDonough, Unattached

65 National: N 14.70

Name	Age Team	Finals	Wind	H#
1 # 134 Snow, Steven	M67 Gilford, NH	13.55R	0.3	3
2 # 91 McConnell, Chris	M65 Stoneham, MA	13.57R	0.3	3
3 # 76 Kiefer, Michael	M69 Bedford, MA	15.77	0.3	4
4 # 179 Gillen, Thomas	M67 Quincy, MA	16.09	0.3	3
5 # 53 Garner, Douglas	M65 Rindge, NH	17.22	0.3	3
6 # 77 Kilinski, Brian	M66 Hollis, NH	18.98	0.3	4
7 # 162 Young, David	M69 Danville, ME	22.85	0.3	4

M70 100 M Dash

=====

70 NH Senior: R 14.18 2016 W. Spirdione, Unattached

70 National: N 15.62

Name	Age Team	Finals	Wind	H#
1 # 87 Marchetti, Robert	M70 Shirley, MA	15.29N	0.2	2
2 # 176 Murray, Arthur	M74 Lewiston, ME	15.80	0.2	2
3 # 154 Wells, David	M73 Wolfeboro, NH	16.84	0.2	2
4 # 180 Gravel, Roger	M71 Raymond, NH	19.84	0.2	2

M75 100 M Dash

=====

75 NH Senior: R 15.28 2009 J. Polevy, Unattached

75 National: N 16.39

Name	Age Team	Finals	Wind
1 # 54 Gillespie, Richar	M75 Nashua, NH	16.19N	1.5
2 # 85 Malsbenden, Paul	M76 Newmarket, NH	19.03	1.5

3 # 171 Principato Jr., J M75 Alton Bay, NH 22.64 1.5

M80 100 M Dash

80 NH Senior: R 20.40 2016 R. Croak, Unattached

80 National: N 18.94

Name	Age Team	Finals	Wind
1 # 51 Galligani, David	M83 Plymouth, MA	17.86N	1.5

M85 100 M Dash

85 NH Senior: R 21.30 2002 N. Heard, Unattached

85 National: N 21.59

Name	Age Team	Finals	Wind
1 # 29 Croak, Richard	M85 Concord, NH	37.83	1.5

W55 200 M Dash

55 NH Senior: R 31.88 2010 G. Johns-Rees, Unattached

55 National: N 35.52

Name	Age Team	Finals	Wind	H#
1 # 108 Pierce, Diane	W55 Rowley, MA	34.84N	-0.1	2
2 # 144 Towle, Tara	W55 Hudson, NH	36.69	-0.1	2
3 # 181 Brown, Marcia	W58 Somersworth, NH	43.54	-0.1	2
4 # 104 Palangas, Jane	W56 Weare, NH	47.27	-0.1	2

W60 200 M Dash

60 NH Senior: R 37.39 2018 G. Johns-Rees, Unattached

60 National: N 36.19

Name	Age Team	Finals	Wind
1 # 117 Richburg, Ginny	W62 York, ME	35.96N	0.5

W65 200 M Dash

65 NH Senior: R 47.96 2008 K. Engle, Unattached

65 National: N 37.42

Name	Age Team	Finals	Wind
1 # 73 Johns-Rees, Gail	W66 Stratham, NH	42.45R	0.5

M45 200 M Dash

45 NH Senior: R 25.54 2013 M. Garcia, Unattached

Name	Age Team	Finals	Wind	H#
1 # 28 Crivaro, James	M45 Fall River, MA	27.64	0.8	4

M50 200 M Dash

50 NH Senior: R 25.42 2016 M. Garcia, Unattached

50 National: N 28.49

Name	Age Team	Finals	Wind	H#
1 # 103 Nunziata, Stephen	M54 Avon, CT	26.24N	0.8	4

M55 200 M Dash

55 NH Senior: R 25.77 2009 S. Snow, Unattached

55 National: N 28.74

Name	Age Team	Finals	Wind	H#
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Rank	#	Name	Age	Team	Time	Wind	H#
1	#	8 Batrett, Owen	M59	Bloomfield, CT	26.89N	0.8	4
2	#	99 Morin, Jeffrey	M58	Essex Junction, VT	27.77N	0.8	4
3	#	185 Pinto, Jose	M59	Melrose, MA	28.10N	0.8	4
4	#	58 Guild, Matthew	M58	Bellows Falls, VT	30.34	0.8	4

M60 200 M Dash

60 NH Senior: R 27.11 2015 T. McDonough, Unattached

60 National: N 29.80

Rank	#	Name	Age	Team	Time	Wind	H#
1	#	145 Travers, Michael	M63	Watertown, MA	31.69	0.5	3
2	#	127 Shin, Stephen	M60	South Burlington, V	34.90	0.5	3
3	#	11 Berit, Jon	M63	Waltham, MA	36.27	0.5	3
4	#	126 Sherman, Randy	M62	Pembroke, NH	36.32	0.5	3

M65 200 M Dash

65 NH Senior: R 28.03 2019 T. McDonough, Unattached

65 National: N 30.90

Rank	#	Name	Age	Team	Time	Wind	H#
1	#	134 Snow, Steven	M67	Gilford, NH	28.27N	0.3	2
2	#	91 McConnell, Chris	M65	Stoneham, MA	28.72N	0.3	2
3	#	129 Silva, Steve	M67	Lexington, MA	31.35	0.3	2
3	#	189 Taft, Tucker	M68	Lexington, MA	31.35	0.3	2
5	#	7 Barry, Michael	M65	Northwood, NH	35.81	0.3	2
6	#	77 Kilinski, Brian	M66	Hollis, NH	42.46	0.3	2
7	#	162 Young, David	M69	Danville, ME	52.40	0.3	2

M70 200 M Dash

70 NH Senior: R 30.74 2016 W. Spirdione, Unattached

70 National: N 32.37

Rank	#	Name	Age	Team	Time	Wind
1	#	87 Marchetti, Robert	M70	Shirley, MA	32.21N	0.4
2	#	176 Murray, Arthur	M74	Lewiston, ME	32.99	0.4
3	#	154 Wells, David	M73	Wolfeboro, NH	37.96	0.4
4	#	81 Lewbel, Samuel	M71	Hudson, MA	40.34	0.4

W55 400 M Dash

55 NH Senior: R 1:27.67 2017 P. Fortuna, Unattached

55 National: N 1:22.98

Rank	#	Name	Age	Team	Time
1	#	144 Towle, Tara	W55	Hudson, NH	1:29.15
2	#	40 Ellsworth, Karen	W59	Oxford, NY	1:49.98

W60 400 M Dash

60 NH Senior: R 1:42.37 2006 K. Engle, Unattached

60 National: N 1:32.44

Rank	#	Name	Age	Team	Time
1	#	117 Richburg, Ginny	W62	York, ME	1:25.53N
2	#	75 Kennedy, Kim	W62	Seabrook, NH	1:28.93N

M55 400 M Dash

55 NH Senior: R 1:03.96 2011 S. Snow, Unattached

55 National: N 1:06.40

Rank	#	Name	Age	Team	Time	H#
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1 # 185 Pinto, Jose      M59 Melrose, MA      1:03.59R  2
2 #  58 Guild, Matthew   M58 Bellows Falls, VT 1:03.82R  2
3 #  93 McHugh, Brendan  M57 Chelmsford, MA   1:11.70   2
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M60 400 M Dash

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=====
60 NH Senior: R 1:01.06  2015      T. McDonough, Unattached
60 National: N 1:07.80
Name                      Age Team                      Finals  H#
=====
1 # 127 Shin, Stephen     M60 South Burlington, V  1:20.16  2
2 #  11 Berit, Jon        M63 Waltham, MA         1:20.60  2
```

M65 400 M Dash

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=====
65 NH Senior: R 1:03.49  2019      T. McDonough, Unattached
65 National: N 1:11.20
Name                      Age Team                      Finals
=====
1 # 129 Silva, Steve      M67 Lexington, MA      1:10.29N
2 # 189 Taft, Tucker     M68 Lexington, MA      1:11.25
3 #  7 Barry, Michael    M65 Northwood, NH     1:16.97
4 #  77 Kilinski, Brian  M66 Hollis, NH        1:39.03
5 # 162 Young, David     M69 Danville, ME      1:47.36
```

M70 400 M Dash

```
=====
70 NH Senior: R 1:13.40  1996      A. Messenger, Unattached
70 National: N 1:15.13
Name                      Age Team                      Finals
=====
1 #  81 Lewbel, Samuel    M71 Hudson, MA         1:32.61
```

M80 400 M Dash

```
=====
80 NH Senior: R 1:51.63  2017      S. Moulton, Unattached
80 National: N 1:42.87
Name                      Age Team                      Finals
=====
1 #  51 Galligani, David  M83 Plymouth, MA      1:34.85N
```

W50 800 M Run

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=====
50 NH Senior: R 2:35.31  2018      T. Ballou, Unattached
50 National: N 3:10.40
Name                      Age Team                      Finals
=====
1 #  6 Ballou, Therese    W54 Center Conway, NH  2:46.11N
```

W55 800 M Run

```
=====
55 NH Senior: R 3:18.56  2008      K. Frieden, Unattached
55 National: N 3:18.64
Name                      Age Team                      Finals
=====
1 #  5 Bailey, Suzanne    W56 Exeter, RI        3:27.80
2 # 104 Palangas, Jane    W56 Weare, NH         4:20.43
```

W60 800 M Run

```
=====
60 NH Senior: R 3:41.67  2006      K. Engle, Unattached
60 National: N 3:39.72
Name                      Age Team                      Finals
=====
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1 # 75 Kennedy, Kim W62 Seabrook, NH 3:16.74N
 2 # 133 Sipiora, Richelle W60 Brunswick, ME 4:01.23

M50 800 M Run

=====
 50 NH Senior: R 2:23.68 2008 J. Tuttle, Unattached
 50 National: N 2:32.10

Name	Age Team	Finals	H#
1 # 186 DePaiva, Edenills	M50 Randolph, MA	2:30.00N	3

M55 800 M Run

=====
 55 NH Senior: R 2:31.59 2010 J. McDougale, Unattached
 55 National: N 2:35.14

Name	Age Team	Finals	H#
1 # 58 Guild, Matthew	M58 Bellows Falls, VT	2:18.89R	3
2 # 66 Hoff, Timothy	M56 Mansfield, MA	2:26.59R	3
3 # 183 Tidd, William	M59 Alton, NH	2:32.89N	3

M60 800 M Run

=====
 60 NH Senior: R 2:33.39 2012 R. Waterman, Unattached
 60 National: N 2:36.40

Name	Age Team	Finals	H#
1 # 4 Bailey, Steven	M60 Exeter, RI	2:54.36	2
2 # 11 Berit, Jon	M63 Waltham, MA	3:05.76	2
3 # 127 Shin, Stephen	M60 South Burlington, V	3:20.86	2

M65 800 M Run

=====
 65 NH Senior: R 2:50.20 1996 J. Lynch, Unattached
 65 National: N 2:50.40

Name	Age Team	Finals	H#
1 # 7 Barry, Michael	M65 Northwood, NH	2:47.77R	2
2 # 77 Kilinski, Brian	M66 Hollis, NH	3:46.09	2
3 # 162 Young, David	M69 Danville, ME	3:49.23	2

M70 800 M Run

=====
 70 NH Senior: R 2:52.58 2009 B. Spencer, Unattached
 70 National: N 3:05.20

Name	Age Team	Finals
1 # 31 Cryans, Michael	M70 Hanover, NH	3:01.19N
2 # 153 Wardwell, Robert	M74 Durham, CT	3:03.91N
3 # 74 Kelly, James	M70 Nottingham, NH	3:41.73
4 # 81 Lewbel, Samuel	M71 Hudson, MA	3:48.85

M85 800 M Run

=====
 85 NH Senior: R 4:42.33 2019 S. Moulton, Unattached
 85 National: N 5:30.32

Name	Age Team	Finals
1 # 136 Spencer, Bill	M85 Litchfield, NH	3:58.32R

W50 1500 M Run

=====
 50 NH Senior: R 5:51.69 2018 T. Ballou, Unattached
 50 National: N 6:35.10

Name	Age Team	Finals
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=====
1 # 6 Ballou, Therese W54 Center Conway, NH 5:52.54N
2 # 190 Hurley, Emily W51 Peterborough, NH 6:33.08N
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W55 1500 M Run

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=====
55 NH Senior: R 6:55.10 2008 K. Frieden, Unattached
```

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55 National: N 7:03.00
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=====
Name Age Team Finals
=====
1 # 82 Livingston, Cathl W55 Chocorua, NH 6:42.72R
2 # 5 Bailey, Suzanne W56 Exeter, RI 6:54.75R
3 # 104 Palangas, Jane W56 Weare, NH 8:44.92
```

W65 1500 M Run

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=====
65 NH Senior: R 7:36.30 2008 K. Engle, Unattached
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65 National: N 7:55.00
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=====
Name Age Team Finals
=====
1 # 34 Donovan, Margaret W67 Auburn, NH 7:20.79R
```

M50 1500 M Run

```
=====
50 NH Senior: R 4:52.63 2008 J. Tuttle, Unattached
```

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50 National: N 5:19.00
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```
=====
Name Age Team Finals H#
=====
1 # 191 Hurley, James M51 Peterboro, NH 5:32.52 2
```

M55 1500 M Run

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=====
55 NH Senior: R 5:12.36 2010 R. Waterman, Unattached
```

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55 National: N 5:24.20
```

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=====
Name Age Team Finals H#
=====
1 # 58 Guild, Matthew M58 Bellows Falls, VT 5:18.09N 2
2 # 183 Tidd, William M59 Alton, NH 5:18.80N 2
```

M60 1500 M Run

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=====
60 NH Senior: R 5:15.12 2012 R. Waterman, Unattached
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60 National: N 5:35.10
```

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=====
Name Age Team Finals
=====
1 # 192 McCormack, Robert M61 Foxboro, MA 4:56.52R
2 # 146 Tuttle, John M64 Alton, NH 5:51.62
3 # 128 Siegler, Stuart M61 Alton Bay, NH 5:52.02
4 # 4 Bailey, Steven M60 Exeter, RI 6:27.23
5 # 127 Shin, Stephen M60 South Burlington, V 7:04.98
```

M65 1500 M Run

```
=====
65 NH Senior: R 6:02.30 1998 J. Lynch, Unattached
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```
65 National: N 6:03.80
```

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=====
Name Age Team Finals
=====
1 # 79 Kyle, James M69 Alstead, NH 6:00.07R
2 # 151 Viens, Arthur M67 North Sandwich, NH 6:14.11
3 # 162 Young, David M69 Danville, ME 8:40.04
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M70 1500 M Run

```
=====
70 NH Senior: R 5:51.35 2008 B. Spencer, Unattached
```

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70 National: N 6:46.90
```

Name	Age Team	Finals
1 # 31 Cryans, Michael	M70 Hanover, NH	6:13.18N
2 # 153 Wardwell, Robert	M74 Durham, CT	6:36.62N

M85 1500 M Run

85 NH Senior: R 10:23.43 2019 S. Moulton, Unattached
 85 National: N 13:01.62

Name	Age Team	Finals
1 # 155 Welts, Robert	M88 Amherst, NH	13:45.61

M55 5000 M Run

55 NH Senior: R 22:35.13 2015 D. Towle, Unattached

Name	Age Team	Finals
1 # 175 Robinson, Steve	M57 Colchester, VT	22:35.54

M60 5000 M Run

60 NH Senior: R 20:46.88 2018 D. Austin, Unattached

Name	Age Team	Finals
1 # 127 Shin, Stephen	M60 South Burlington, V	26:12.14

M65 5000 M Run

65 NH Senior: R 23:03.36 2017 J. Burnett, Unattached

Name	Age Team	Finals
1 # 88 Matthews, John	M65 Keene, NH	19:45.73R
2 # 7 Barry, Michael	M65 Northwood, NH	19:56.45R
3 # 151 Viens, Arthur	M67 North Sandwich, NH	22:31.18R
4 # 77 Kilinski, Brian	M66 Hollis, NH	27:46.12
5 # 162 Young, David	M69 Danville, ME	29:09.31

W55 High Jump

55 NH Senior: R 3-11.25 2018 M. Brown, Unattached
 55 National: N 3-04
 55 National: N 1.04m

Name	Age Team	Finals
1 # 16 Brown, Marcia	W58 Somersworth, NH	1.11mN 3-07.75
2 # 62 Heath, Barb	W59 huntington, VT	1.06mN 3-05.75
3 # 40 Ellsworth, Karen	W59 Oxford, NY	0.96m 3-01.75

W60 High Jump

60 NH Senior: R 3-01 1999 A. Dupuis, Unattached
 60 National: N 3-02
 60 National: N 0.99m

Name	Age Team	Finals
1 # 117 Richburg, Ginny	W62 York, ME	1.11mN 3-07.75
2 # 59 Gunneson, Pamela	W61 Cheshire, CT	1.01mN 3-03.75

W85 High Jump

85 National: N 1-10
 85 National: N 0.56m

Name	Age Team	Finals
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-- # 94 Meiler, Florence W87 Shelburne, VT NH

M60 High Jump

=====
60 NH Senior: R 4-06 2001 C. Wallin, Unattached

60 National: N 4-05

60 National: N 1.35m

Name	Age Team	Finals
1 # 46 Foley, Thomas	M63 Plymouth, MA	1.55mN 5-01.00
-- # 130 Simanskas, Lindse	M61 Marshfield, VT	NH
-- # 55 Goldstein, Stuart	M63 Dunbarton, NH	NH

M65 High Jump

=====
65 NH Senior: R 4-04 2015 R. Walton, Unattached

65 National: N 4-00

65 National: N 1.22m

Name	Age Team	Finals
1 # 53 Garner, Douglas	M65 Rindge, NH	1.18m 3-10.50
2 # 121 Samoiloff, Alexan	M65 Princeton, MA	1.11m 3-07.75

M70 High Jump

=====
70 NH Senior: R 3-11.25 2016 M. Mueller, Unattached

70 National: N 3-10

70 National: N 1.17m

Name	Age Team	Finals
1 # 47 Fortin, John	M72 Stratham, NH	0.96m 3-01.75

W40 Pole Vault

Name	Age Team	Finals
-- # 137 Springer, Audrey	W41 Whitefield, NH	NH

W55 Pole Vault

=====
55 NH Senior: R 4-00 1996 A. Dupuis, Unattached

55 National: N 4-00

55 National: N 1.22m

Name	Age Team	Finals
1 # 62 Heath, Barb	W59 huntington, VT	1.47mN 4-09.75

W85 Pole Vault

=====
85 National: N 2-10

85 National: N 0.86m

Name	Age Team	Finals
1 # 94 Meiler, Florence	W87 Shelburne, VT	1.52mN 4-11.75

M55 Pole Vault

=====
55 NH Senior: R 8-00 1996 R. Damery, Unattached

55 National: N 8-06.50

55 National: N 2.60m

Name	Age Team	Finals
-- # 147 Tylock, James	M59 Natick, MA	NH

M70 Pole Vault

```

=====
70 NH Senior: R 8-00 2006          D. Conklin, Unattached
70 National: N 7-03
70 National: N 2.21m
Name                               Age Team                               Finals
=====
1 # 154 Wells, David                M73 Wolfeboro, NH                    1.52m  4-11.75

```

W45 Long Jump

```

=====
45 NH Senior: R 10-02.50 2011      J. Gifford-Coope, Unattached
Name                               Age Team                               Finals  Wind
=====
1 # 184 Burginio-Martin,           W48 Canton, MA                       2.51m  NWI  8-03.00

```

W55 Long Jump

```

=====
55 NH Senior: R 8-10 1998          A. Dupuis, Unattached
55 National: N 11-00.75
55 National: N 3.37m
Name                               Age Team                               Finals  Wind
=====
1 # 16 Brown, Marcia               W58 Somersworth, NH                  2.55m  NWI  8-04.50
2 # 40 Ellsworth, Karen            W59 Oxford, NY                       2.30m  NWI  7-06.50

```

W85 Long Jump

```

=====
85 National: N 2-09
85 National: N 0.84m
Name                               Age Team                               Finals  Wind
=====
1 # 94 Meiler, Florence            W87 Shelburne, VT                    2.00mN NWI  6-06.75

```

M45 Long Jump

```

=====
45 NH Senior: R 15-04.25 2016      W. Darling, Unattached
Name                               Age Team                               Finals  Wind  H#
=====
1 # 177 Mbungu, Thomas             M48 Manchester, NH                   4.85m  NWI  15-11.00  3

```

M50 Long Jump

```

=====
50 NH Senior: R 18-05 2016          R. Content, Unattached
50 National: N 14-11.25
50 National: N 4.55m
Name                               Age Team                               Finals  Wind  H#
=====
1 # 112 Proulx, Michael            M51 Manchester, NH                   3.35m  NWI  11-00.00  3
2 # 166 Zois, Anastasios           M50 South Burlington, V              2.64m  NWI  8-08.00  3

```

M60 Long Jump

```

=====
60 NH Senior: R 16-06 2017          S. Snow, Unattached
60 National: N 14-07.25
60 National: N 4.46m
Name                               Age Team                               Finals  Wind  H#
=====
1 # 169 Charette, Roy              M60 Palm Harbor, FL                  4.90mN NWI  16-01.00  2
2 # 25 Choppa, Rick                 M62 Latham, NY                       4.63mN NWI  15-02.25  2
3 # 173 Poirier, Mark              M62 Portland, ME                     4.22m  NWI  13-10.25  2
4 # 142 Totty, Kenneth             M63 Salem, NH                       4.19m  NWI  13-09.00  2
5 # 130 Simanskas, Lindse          M61 Marshfield, VT                   3.49m  NWI  11-05.50  2

```

M65 Long Jump

65 NH Senior: R 13-06 2002 D. Conklin, Unattached

65 National: N 13-02

65 National: N 4.01m

Name	Age Team	Finals	Wind	H#
1 # 121 Samoiloff, Alexan	M65 Princeton, MA	3.81m	NWI 12-06.00	2

M70 Long Jump

70 NH Senior: R 12-09.25 2012 R. Whittemore, Unattached

70 National: N 11-11.75

70 National: N 3.65m

Name	Age Team	Finals	Wind
1 # 87 Marchetti, Robert	M70 Shirley, MA	3.40m	NWI 11-02.00
2 # 84 Loew, Jerry	M70 Chelmsford, MA	2.27m	NWI 7-05.50

M75 Long Jump

75 NH Senior: R 11-11.50 2010 D. Conklin, Unattached

75 National: N 9-11.75

75 National: N 3.04m

Name	Age Team	Finals	Wind
1 # 54 Gillespie, Richar	M75 Nashua, NH	3.34mN	NWI 10-11.50

M80 Long Jump

80 NH Senior: R 6-05 2002 V. Mattson, Unattached

80 National: N 9-06

80 National: N 2.90m

Name	Age Team	Finals	Wind
1 # 156 Whittemore, Ronal	M83 Claremont, NH	1.99m	NWI 6-06.50

W45 Triple Jump

45 NH Senior: R 19-06.25 2019 M. Demirjian, Unattached

Name	Age Team	Finals	Wind
1 # 184 Burginio-Martin,	W48 Canton, MA	5.35m	NWI 17-06.75

W55 Triple Jump

55 National: N 15-06.25

55 National: N 4.73m

Name	Age Team	Finals	Wind
1 # 40 Ellsworth, Karen	W59 Oxford, NY	5.37mN	NWI 17-07.50

W85 Triple Jump

85 National: N 8-02.50

85 National: N 2.50m

Name	Age Team	Finals	Wind
1 # 94 Meiler, Florence	W87 Shelburne, VT	4.93mN	NWI 16-02.25

M45 Triple Jump

45 NH Senior: R 29-10.75 2016 W. Darling, Unattached

Name	Age Team	Finals	Wind	H#
1 # 177 Mbungo, Thomas	M48 Manchester, NH	9.62m	NWI 31-06.75	2

M60 Triple Jump

=====
 60 NH Senior: R 30-07.50 2015 S. Snow, Unattached

60 National: N 27-01.50

60 National: N 8.27m

Name	Age Team	Finals	Wind	H#
1 # 25 Choppa, Rick	M62 Latham, NY	9.30mN	NWI 30-06.25	2
2 # 142 Totty, Kenneth	M63 Salem, NH	8.49mN	NWI 27-10.25	2

M65 Triple Jump

=====
 65 NH Senior: R 24-03.50 2009 C. Wallin, Unattached

65 National: N 25-03.25

65 National: N 7.70m

Name	Age Team	Finals	Wind
1 # 76 Kiefer, Michael	M69 Bedford, MA	7.72mN	NWI 25-04.00
-- # 30 Cronan, Kevin	M66 Hope Valley, RI	FOUL	

M80 Triple Jump

=====
 80 National: N 16-03.75

80 National: N 4.97m

Name	Age Team	Finals	Wind
1 # 156 Whittemore, Ronal	M83 Claremont, NH	4.33m	NWI 14-02.50

W45 Shot Put

=====
 45 NH Senior: R 21-11.75 2014 D. Morey, Unattached

Name	Age Team	Finals
1 # 184 Burginio-Martin,	W48 Canton, MA	6.31m 20-08.50

W50 Shot Put

=====
 50 NH Senior: R 35-05.25 2013 D. Houseman, Unattached

50 National: N 29-04

50 National: N 8.94m

Name	Age Team	Finals
1 # 36 Dunton, Jennifer	W52 Milton, NH	7.12m 23-04.50

W55 Shot Put

=====
 55 NH Senior: R 30-09.25 2019 D. Houseman, Unattached

55 National: N 29-04

55 National: N 8.93m

Name	Age Team	Finals
1 # 40 Ellsworth, Karen	W59 Oxford, NY	6.71m 22-00.25

W60 Shot Put

=====
 60 NH Senior: R 30-09 2018 V. Thompson, Unattached

60 National: N 27-11.50

60 National: N 8.52m

Name	Age Team	Finals
1 # 140 Thompson, Valerie	W64 Lebanon, NH	8.66mN 28-05.00
2 # 59 Gunneson, Pamela	W61 Cheshire, CT	8.08m 26-06.25
3 # 124 Shahade, Lisa	W61 Chester Springs, PA	7.80m 25-07.25
4 # 61 Hazelet, Virginia	W63 Indiana, PA	7.47m 24-06.25

W70 Shot Put

=====

70 NH Senior: R 20-09.25 2018 J. Higgins, Unattached
 70 National: N 21-00
 70 National: N 6.40m

Name	Age Team	Finals
1 # 65 Higgins, Jane	W73 Lebanon, NH	6.11m 20-00.50

=====

W85 Shot Put

=====

85 National: N 14-04
 85 National: N 4.37m

Name	Age Team	Finals
1 # 94 Meiler, Florence	W87 Shelburne, VT	5.87mN 19-03.25

=====

M35 Shot Put

=====

35 NH Senior: R 40-07.75 2018 A. Hopkins, Unattached

Name	Age Team	Finals	H#
1 # 158 Worden, Derek	M35 Bedford, NH	9.62m 31-06.75	3

=====

M45 Shot Put

=====

45 NH Senior: R 44-08.75 2014 G. Taylor, Unattached

Name	Age Team	Finals	H#
1 # 86 Manning, Craig	M46 Norwich, VT	9.80m 32-02.00	3
2 # 1 Allgair, Kenneth	M47 West Lebanon, NH	9.67m 31-08.75	3

=====

M50 Shot Put

=====

50 NH Senior: R 49-11.50 1996 C. Wallin, Unattached
 50 National: N 37-06
 50 National: N 11.43m

Name	Age Team	Finals	H#
1 # 60 Hartnett, Rich	M53 Chicopee, MA	11.56mN 37-11.25	3
2 # 170 Shinnlinger, Davw	M50 Canaan, NH	9.53m 31-03.25	3
3 # 166 Zois, Anastasios	M50 South Burlington, V	7.51m 24-07.75	3

=====

M55 Shot Put

=====

55 NH Senior: R 51-04.50 1997 C. Wallin, Unattached
 55 National: N 37-00
 55 National: N 11.28m

Name	Age Team	Finals	H#
1 # 174 DeMarines, Victor	M58 Sudbury, MA	14.78mN 48-06.00	3
2 # 114 Radzelovage, Jame	M56 Londonderry, NH	11.33mN 37-02.25	3
3 # 131 Simanskas, Michae	M57 Underhill, VT	10.94m 35-10.75	3

=====

M60 Shot Put

=====

60 NH Senior: R 49-09 2001 C. Wallin, Unattached
 60 National: N 37-00
 60 National: N 11.28m

Name	Age Team	Finals	H#
1 # 130 Simanskas, Lindse	M61 Marshfield, VT	9.62m 31-06.75	2

=====

M65 Shot Put

65 NH Senior: R 43-07.75 2006 C. Wallin, Unattached

65 National: N 34-07.50

65 National: N 10.55m

Name	Age	Team	Finals	H#
1 # 10 Belhumeur, David	M65	Lincoln, RI	10.66mN 34-11.75	2
2 # 35 Dryer, Richard	M66	Bedford, NH	9.00m 29-06.50	2
3 # 70 Irving, Thomas	M68	Manchester, NH	8.69m 28-06.25	2
4 # 12 Bernard, Eric	M68	Bedford, NH	8.61m 28-03.00	2
5 # 41 Ellsworth, Steven	M68	Oxford, NY	7.05m 23-01.75	2

M70 Shot Put

70 NH Senior: R 43-02.75 2012 C. Wallin, Unattached

70 National: N 34-05

70 National: N 10.49m

Name	Age	Team	Finals
1 # 14 Boyea, Weslie	M73	Ballston lake, NY	11.28mN 37-00.25
2 # 105 Parkosewich, Gary	M70	Old Saybrook, CT	10.83mN 35-06.50
3 # 120 Sadoski, Bernard	M74	South Deerfield, MA	10.37m 34-00.25
4 # 118 Rist, John	M72	Manchester, NH	8.89m 29-02.00
5 # 101 Nieves Jr, Angel	M74	Millbury, MA	8.26m 27-01.25
6 # 159 Worden, Gordon	M74	Bedford, NH	7.12m 23-04.50

M75 Shot Put

75 NH Senior: R 36-00.25 2009 L. Rosen, Unattached

75 National: N 29-09

75 National: N 9.07m

Name	Age	Team	Finals
1 # 18 Carter, Conrad	M75	Hanover, NH	8.71m 28-07.00
2 # 164 Zalewski, Theodor	M76	Cambridge, MA	7.89m 25-10.75
3 # 85 Malsbenden, Paul	M76	Newmarket, NH	6.50m 21-04.00

M85 Shot Put

85 NH Senior: R 26-05 2005 B. Maki, Unattached

85 National: N 23-02.25

85 National: N 7.07m

Name	Age	Team	Finals
1 # 67 Holmes, Stephen	M85	Durham, NH	10.14mN 33-03.25

W50 Discus Throw

50 NH Senior: R 103-01 2013 K. Geurknik, Unattached

50 National: N 73-05.75

50 National: N 22.40m

Name	Age	Team	Finals
1 # 36 Dunton, Jennifer	W52	Milton, NH	15.60m 51-02

W55 Discus Throw

55 NH Senior: R 82-01 2017 D. Houseman, Unattached

55 National: N 73-05.75

55 National: N 22.40m

Name	Age	Team	Finals
1 # 40 Ellsworth, Karen	W59	Oxford, NY	16.67m 54-08

W60 Discus Throw

60 NH Senior: R 81-06 2018 V. Thompson, Unattached

60 National: N 71-04

60 National: N 21.74m

Name	Age Team	Finals
1 # 61 Hazelet, Virginia	W63 Indiana, PA	21.89mN 71-10
2 # 140 Thompson, Valerie	W64 Lebanon, NH	21.57m 70-09
3 # 124 Shahade, Lisa	W61 Chester Springs, PA	19.72m 64-08
4 # 133 Sipiora, Richelle	W60 Brunswick, ME	16.28m 53-05

W85 Discus Throw

85 National: N 25-00

85 National: N 7.62m

Name	Age Team	Finals
1 # 94 Meiler, Florence	W87 Shelburne, VT	11.54mN 37-10

M35 Discus Throw

35 NH Senior: R 96-09 2019 A. Hopkins, Unattached

Name	Age Team	Finals	H#
1 # 158 Worden, Derek	M35 Bedford, NH	32.76m 107-06	3

M45 Discus Throw

Name	Age Team	Finals	H#
1 # 1 Allgair, Kenneth	M47 West Lebanon, NH	35.15m 115-04	3

M50 Discus Throw

50 NH Senior: R 131-06 2019 J. Radzelovage, Unattached

50 National: N 130-09

50 National: N 39.85m

Name	Age Team	Finals	H#
1 # 115 Rancourt, Norman	M54 Monroe, CT	30.97m 101-07	3
2 # 166 Zois, Anastasios	M50 South Burlington, V	19.59m 64-03	3

M55 Discus Throw

55 NH Senior: R 133-10 1997 C. Wallin, Unattached

55 National: N 117-09.75

55 National: N 35.91m

Name	Age Team	Finals	H#
1 # 174 DeMarines, Victor	M58 Sudbury, MA	46.99mN 154-02	3
2 # 114 Radzelovage, Jame	M56 Londonderry, NH	37.26mN 122-03	3
3 # 188 Weeks, Rick	M58 Portsmouth, NH	24.83m 81-05	3
4 # 131 Simanskas, Michae	M57 Underhill, VT	20.70m 67-11	3
5 # 32 Davidson, Theodor	M59 Holyoke, MA	19.92m 65-04	3

M60 Discus Throw

60 NH Senior: R 145-06 1998 L. Rosen, Unattached

60 National: N 117-09.75

60 National: N 35.91m

Name	Age Team	Finals	H#
1 # 142 Totty, Kenneth	M63 Salem, NH	27.24m 89-04	2
2 # 187 Ferguson, Michael	M63 Greenland, NH	26.91m 88-03	2

M65 Discus Throw

=====

65 NH Senior: R 145-07 2002 S. Holmes, Unattached

65 National: N 114-08

65 National: N 34.95m

Name	Age	Team	Finals	H#
1 # 70 Irving, Thomas	M68	Manchester, NH	32.07m	105-02 2
2 # 35 Dryer, Richard	M66	Bedford, NH	23.48m	77-00 2
3 # 160 Wyzykowski, Mark	M68	Old Saybrook, CT	21.24m	69-08 2
4 # 41 Ellsworth, Steven	M68	Oxford, NY	20.77m	68-02 2

M70 Discus Throw

=====

70 NH Senior: R 133-11 2008 S. Holmes, Unattached

70 National: N 102-08

70 National: N 31.29m

Name	Age	Team	Finals	H#
1 # 105 Parkosewich, Gary	M70	Old Saybrook, CT	33.35mN	109-05
2 # 2 Arnould, Josef	M73	Easthampton, MA	31.23m	102-05
3 # 14 Boyea, Weslie	M73	Ballston lake, NY	28.41m	93-02
4 # 118 Rist, John	M72	Manchester, NH	27.14m	89-00
5 # 159 Worden, Gordon	M74	Bedford, NH	20.73m	68-00

M75 Discus Throw

=====

75 NH Senior: R 116-00 2009 L. Rosen, Unattached

75 National: N 87-08.50

75 National: N 26.73m

Name	Age	Team	Finals	H#
1 # 85 Malsbenden, Paul	M76	Newmarket, NH	25.58m	83-11
2 # 164 Zalewski, Theodor	M76	Cambridge, MA	22.85m	75-00
3 # 18 Carter, Conrad	M75	Hanover, NH	20.81m	68-03
4 # 89 May, George	M76	The Villages, FL	18.91m	62-00

M85 Discus Throw

=====

85 NH Senior: R 77-03 2002 B. Maki, Unattached

85 National: N 56-09

85 National: N 17.30m

Name	Age	Team	Finals	H#
1 # 67 Holmes, Stephen	M85	Durham, NH	28.19mN	92-06

W55 Javelin Throw

=====

55 NH Senior: R 67-01 2017 L. Kling, Unattached

55 National: N 69-04.50

55 National: N 21.15m

Name	Age	Team	Finals	H#
1 # 62 Heath, Barb	W59	huntington, VT	17.46m	57-03
2 # 40 Ellsworth, Karen	W59	Oxford, NY	16.19m	53-01

W60 Javelin Throw

=====

60 NH Senior: R 62-06 2019 L. Kling, Unattached

60 National: N 65-03

60 National: N 20.48m

Name	Age	Team	Finals	H#
1 # 59 Gunneson, Pamela	W61	Cheshire, CT	21.74mN	71-04
2 # 78 Kling, Lisa	W63	Loudon, NH	18.37m	60-03
3 # 140 Thompson, Valerie	W64	Lebanon, NH	16.69m	54-09

4 #	61 Hazelet, Virginia	W63 Indiana, PA	15.13m	49-08
5 #	124 Shahade, Lisa	W61 Chester Springs, PA	14.33m	47-00

W85 Javelin Throw

=====

85 National: N 19-06.25

85 National: N 5.95m

Name	Age Team	Finals		
1 #	94 Meiler, Florence	W87 Shelburne, VT	8.29mN	27-02

M50 Javelin Throw

=====

50 NH Senior: R 158-11 2001 B. Gagne, Unattached

50 National: N 132-06

50 National: N 40.39m

Name	Age Team	Finals	H#	
1 #	115 Rancourt, Norman	M54 Monroe, CT	38.52m	126-04 3

M55 Javelin Throw

=====

55 NH Senior: R 164-08 2002 B. Gagne, Unattached

55 National: N 132-06

55 National: N 40.39m

Name	Age Team	Finals	H#	
1 #	131 Simanskas, Michael	M57 Underhill, VT	28.95m	95-00 3
2 #	188 Weeks, Rick	M58 Portsmouth, NH	19.79m	64-11 3

M60 Javelin Throw

=====

60 NH Senior: R 176-08 2008 B. Gagne, Unattached

60 National: N 126-08

60 National: N 38.61m

Name	Age Team	Finals	H#	
1 #	187 Ferguson, Michael	M63 Greenland, NH	31.48m	103-03 2
2 #	142 Totty, Kenneth	M63 Salem, NH	23.53m	77-02 2

M65 Javelin Throw

=====

65 NH Senior: R 165-01 2013 B. Gagne, Unattached

65 National: N 113-01.75

65 National: N 34.49m

Name	Age Team	Finals	H#	
1 #	70 Irving, Thomas	M68 Manchester, NH	29.32m	96-02 2
2 #	35 Dryer, Richard	M66 Bedford, NH	19.66m	64-06 2
3 #	41 Ellsworth, Steven	M68 Oxford, NY	16.24m	53-03 2

M70 Javelin Throw

=====

70 NH Senior: R 150-03 2018 B. Gagne, Unattached

70 National: N 101-09.75

70 National: N 31.03m

Name	Age Team	Finals		
1 #	50 Gagne, Buzz	M74 Boscawen, NH	39.42mN	129-04
2 #	106 Pelletier, Steven	M70 Scarborough, ME	32.07mN	105-02
3 #	149 Vasalle, Frank	M71 Lebanon, ME	30.54m	100-02
4 #	72 Jemelka, Ivan	M72 Brookline, MA	25.70m	84-04
5 #	118 Rist, John	M72 Manchester, NH	21.61m	70-11
6 #	159 Worden, Gordon	M74 Bedford, NH	14.14m	46-05

M75 Javelin Throw

=====

75 NH Senior: R 89-04 2012 G. Potter, Unattached

75 National: N 89-05.25

75 National: N 27.26m

Name	Age Team	Finals
1 # 164 Zalewski, Theodor	M76 Cambridge, MA	18.28m 60-00
2 # 171 Principato Jr., J	M75 Alton Bay, NH	16.84m 55-03

W55 Weight Throw

=====

55 NH Senior: R 44-00 2018 D. Houseman, Unattached

Name	Age Team	Finals
1 # 40 Ellsworth, Karen	W59 Oxford, NY	9.36m 30-08.50

W60 Weight Throw

=====

60 NH Senior: R 41-05 2018 V. Thompson, Unattached

Name	Age Team	Finals
1 # 140 Thompson, Valerie	W64 Lebanon, NH	10.04m 32-11.25

W70 Weight Throw

=====

70 NH Senior: R 34-09 2018 J. Higgins, Unattached

Name	Age Team	Finals
1 # 65 Higgins, Jane	W73 Lebanon, NH	8.87m 29-01.25

M35 Weight Throw

Name	Age Team	Finals	H#
1 # 158 Worden, Derek	M35 Bedford, NH	13.54m 44-05.25	2

M50 Weight Throw

=====

50 NH Senior: R 31-01.50 2019 G. Steelman, Unattached

Name	Age Team	Finals	H#
1 # 60 Hartnett, Rich	M53 Chicopee, MA	9.62m 31-06.75	2
2 # 166 Zois, Anastasios	M50 South Burlington, V	5.96m 19-06.75	2

M55 Weight Throw

=====

55 NH Senior: R 37-03.25 2016 M. Warends, Unattached

Name	Age Team	Finals	H#
1 # 174 DeMarines, Victor	M58 Sudbury, MA	16.76m 55-00.00	2

M65 Weight Throw

=====

65 NH Senior: R 41-10 2019 T. Irving, Unattached

Name	Age Team	Finals
1 # 10 Belhumeur, David	M65 Lincoln, RI	13.14m 43-01.50
2 # 70 Irving, Thomas	M68 Manchester, NH	11.65m 38-02.75
3 # 160 Wyzkowski, Mark	M68 Old Saybrook, CT	8.49m 27-10.25
4 # 35 Dryer, Richard	M66 Bedford, NH	8.42m 27-07.50
5 # 41 Ellsworth, Steven	M68 Oxford, NY	8.06m 26-05.50
6 # 12 Bernard, Eric	M68 Bedford, NH	6.39m 20-11.75

M70 Weight Throw

```

=====
70 NH Senior: R 48-01.25 2015 C. Wallin, Unattached
Name Age Team Finals
=====
1 # 118 Rist, John M72 Manchester, NH 10.21m 33-06.00
2 # 107 Perkins, Frederic M73 Hanover, NH 9.93m 32-07.00
3 # 159 Worden, Gordon M74 Bedford, NH 9.45m 31-00.00

```

W70 1500 M Race Walk

```

=====
70 NH Senior: R 12:47.09 2019 C. Pagnotta, Unattached
70 National: N 11:26.00
Name Age Team Finals
=====
1 # 49 Gadd, Sherrie W72 West Newbury, MA 10:58.97N
2 # 172 Pagnotte, Claire W72 Hooksett, NH 13:46.88

```

M65 1500 M Race Walk

```

=====
65 NH Senior: R 9:08.57 2016 J. Diener, Unattached
65 National: N 9:34.00
Name Age Team Finals
=====
-- # 162 Young, David M69 Danville, ME DQ

```

M70 1500 M Race Walk

```

=====
70 NH Senior: R 9:31.83 2019 J. Diener, Unattached
70 National: N 10:06.00
Name Age Team Finals
=====
1 # 33 Diener, Jay M73 Hampton, NH 9:43.05N
2 # 122 Sivilonis, Brian M71 Princeton, MA 10:16.84

```

M75 1500 M Race Walk

```

=====
75 NH Senior: R 10:08.82 2018 P. Bresciano, Unattached
75 National: N 11:12.00
Name Age Team Finals
=====
1 # 89 May, George M76 The Villages, FL 11:01.29N
2 # 45 Flint, Lawrence M75 Newport, NH 12:25.52

```

M80 1500 M Race Walk

```

=====
80 NH Senior: R 11:50.87 2018 S. Moulton, Unattached
80 National: N 13:04.00
Name Age Team Finals
=====
1 # 15 Bresiano, Peter M80 Portsmouth, NH 11:04.31R

```

M65 1500 M Race Walk Power Walk

```

=====
Name Age Team Finals
=====
1 # 80 LaConte, Robert M66 Woodland Park, NJ 10:28.10
2 # 182 Barrett, Artie M65 Manchester, NH 13:49.28

```

M70 1500 M Race Walk Power Walk

```

=====
Name Age Team Finals
=====
1 # 90 McCaughery, Berna M73 Exeter, RI 11:11.23

```

M75 1500 M Race Walk Power Walk

```
=====
Name                Age Team                Finals
=====
1 # 89 May, George   M76 The Villages, FL   10:43.36
```

W75 1500 M Race Walk Power Walk

```
=====
Name                Age Team                Finals
=====
1 # 83 Livingston, Eilee W78 Conway, NH, NH 11:46.31
```

M80 1500 M Race Walk Power Walk

```
=====
Name                Age Team                Finals
=====
1 # 161 Yee, Leland   M81 Brunswick, ME     12:49.47
```