

Westbrook Strong 5k

Results

Pl.	Bib	Name	Age	Age Group	Pace	Chip Time
5k						
Female						
F 12 & under						
1.	216	Abigail Gilley	10	F 12 & under	8:22 min/mile	0:25:58,3
2.	46	Kayla Ross	7	F 12 & under	17:15 min/mile	0:53:29,0
3.	135	Zoey Strattard	8	F 12 & under	17:38 min/mile	0:54:41,9
4.	45	Taylor Ross	11	F 12 & under	18:55 min/mile	0:58:39,8
F 13 to 19						
1.	207	Hannah Langstaff	18	F 13 to 19	6:31 min/mile	0:20:14,0
2.	253	Emma Mullen	17	F 13 to 19	8:27 min/mile	0:26:12,2
3.	49	Avery Tucker	19	F 13 to 19	8:43 min/mile	0:27:01,4
4.	97	Megan Garber	14	F 13 to 19	9:14 min/mile	0:28:37,4
5.	140	Amelia Reed	17	F 13 to 19	11:27 min/mile	0:35:32,1
6.	296	Amelia Kalonji	13	F 13 to 19	12:36 min/mile	0:39:04,1
7.	273	Cori Love	14	F 13 to 19	13:26 min/mile	0:41:40,8
F 20 to 29						
1.	281	Julia Heroux	21	F 20 to 29	7:36 min/mile	0:23:34,7
2.	282	Emma Allen	21	F 20 to 29	7:45 min/mile	0:24:03,4
3.	62	Ayla Allen	27	F 20 to 29	7:55 min/mile	0:24:32,7
4.	103	Carly Raymond	25	F 20 to 29	8:14 min/mile	0:25:33,6
5.	196	Catherine Heath	28	F 20 to 29	8:31 min/mile	0:26:25,8
6.	119	Danielle Knight	28	F 20 to 29	8:39 min/mile	0:26:51,3
7.	294	Jennifer Dow	28	F 20 to 29	8:37 min/mile	0:26:44,7
8.	231	Bethany Powers	29	F 20 to 29	8:43 min/mile	0:27:02,2
9.	50	Maddison LeBeau	21	F 20 to 29	8:43 min/mile	0:27:01,8
10.	3	Bailey Karnes	23	F 20 to 29	9:07 min/mile	0:28:17,6
11.	4	Morgan Karnes	23	F 20 to 29	9:10 min/mile	0:28:25,5
12.	20	Jillian Wright	28	F 20 to 29	9:11 min/mile	0:28:30,2
13.	141	Janelle Hall	28	F 20 to 29	9:33 min/mile	0:29:37,8
14.	147	Candace Rankin	29	F 20 to 29	9:33 min/mile	0:29:39,3
15.	188	Trinity Rinear	24	F 20 to 29	9:56 min/mile	0:30:48,0
16.	162	Gabby Begos	20	F 20 to 29	10:00 min/mile	0:31:00,0
17.	37	Stephanie Sands	25	F 20 to 29	10:50 min/mile	0:33:37,6
18.	38	Ellie Michaud	20	F 20 to 29	11:00 min/mile	0:34:06,5
19.	209	Mercedes Lorrain	20	F 20 to 29	14:39 min/mile	0:45:25,4
20.	198	Melissa Smith	26	F 20 to 29	16:48 min/mile	0:52:07,0
21.	87	Rachael Dow	27	F 20 to 29	16:41 min/mile	0:51:44,8
22.	10	Stephanie Poitras	29	F 20 to 29	17:09 min/mile	0:53:12,0
23.	184	Kala Robshaw	28	F 20 to 29	18:23 min/mile	0:57:01,4
24.	234	Kathryn Douglas	23	F 20 to 29	18:28 min/mile	0:57:16,6
25.	44	Tiffanie Ethington	28	F 20 to 29	18:55 min/mile	0:58:40,2
26.	41	Chelsea Rairdon	23	F 20 to 29	18:52 min/mile	0:58:32,1
27.	42	Chantel Gagnon	22	F 20 to 29	18:53 min/mile	0:58:32,5
28.	163	Jenessa Corbett	23	F 20 to 29	18:56 min/mile	0:58:43,8
29.	123	Katryna Moore	28	F 20 to 29	18:56 min/mile	0:58:42,2

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Results

Pl.	Bib	Name	Age	Age Group	Pace	Chip Time
F 30 to 39						
1.	239	Danielle Burns	38	F 30 to 39	6:18 min/mile	0:19:34,7
2.	211	Heather Watt	32	F 30 to 39	7:44 min/mile	0:23:59,0
3.	94	Jennifer Dow	36	F 30 to 39	8:11 min/mile	0:25:22,3
4.	91	Camilla Fecteau	39	F 30 to 39	8:20 min/mile	0:25:52,3
5.	268	Christina Proulx	31	F 30 to 39	8:36 min/mile	0:26:41,4
6.	311	Audra Armstrong	30	F 30 to 39	8:49 min/mile	0:27:20,4
7.	274	Nicole Pollock	33	F 30 to 39	8:52 min/mile	0:27:29,8
8.	66	Dawn Armandi	34	F 30 to 39	8:53 min/mile	0:27:32,6
9.	276	Julie Luke	39	F 30 to 39	9:08 min/mile	0:28:18,9
10.	222	Jess Yeomans	38	F 30 to 39	9:17 min/mile	0:28:47,8
11.	142	Rachael Trefethen	31	F 30 to 39	9:33 min/mile	0:29:38,0
12.	48	Michelle Hasson	31	F 30 to 39	9:37 min/mile	0:29:50,8
13.	224	Krystle Smith	39	F 30 to 39	9:59 min/mile	0:30:56,9
14.	26	Kate Richardson	39	F 30 to 39	9:48 min/mile	0:30:22,9
15.	19	Lisa McIntyre	35	F 30 to 39	10:13 min/mile	0:31:41,0
16.	80	Amy Farrell	39	F 30 to 39	10:08 min/mile	0:31:26,8
17.	154	Rachel Quang	36	F 30 to 39	10:21 min/mile	0:32:07,6
18.	233	Hannah Garland	32	F 30 to 39	10:26 min/mile	0:32:23,5
19.	197	Jodi Mitchell	31	F 30 to 39	10:57 min/mile	0:33:59,6
20.	9	Andrea Rairdon	31	F 30 to 39	11:07 min/mile	0:34:28,3
21.	122	Caitlin Connors	39	F 30 to 39	12:04 min/mile	0:37:25,2
22.	74	Margaret Crider	37	F 30 to 39	12:13 min/mile	0:37:55,3
23.	117	Allison Perry	32	F 30 to 39	13:22 min/mile	0:41:27,2
24.	39	Rebecca Riley	34	F 30 to 39	13:26 min/mile	0:41:40,0
25.	152	Nicole Metayer	36	F 30 to 39	13:37 min/mile	0:42:14,1
26.	17	Kimberly Hjort	37	F 30 to 39	13:57 min/mile	0:43:16,9
27.	40	Megan Carroll	34	F 30 to 39	14:34 min/mile	0:45:11,9
28.	55	Aubrey Baum	35	F 30 to 39	14:36 min/mile	0:45:17,0
29.	250	Kelly Ouellette	32	F 30 to 39	16:29 min/mile	0:51:06,1
30.	257	Nicole Fernald	30	F 30 to 39	16:39 min/mile	0:51:38,9
31.	193	Rachel Lira	31	F 30 to 39	16:40 min/mile	0:51:42,3
32.	64	Lianne Muchmore	30	F 30 to 39	17:08 min/mile	0:53:07,9
33.	170	Erin Rairdon	34	F 30 to 39	17:26 min/mile	0:54:04,8
34.	149	Emma Wescott	30	F 30 to 39	17:08 min/mile	0:53:09,2
35.	150	Cynthia Wescott	31	F 30 to 39	17:33 min/mile	0:54:24,9
36.	92	Sasha Arabinko	36	F 30 to 39	18:37 min/mile	0:57:43,7
F 40 to 49						
1.	96	Julie Garber	45	F 40 to 49	6:53 min/mile	0:21:20,5
2.	181	Elizabeth Koharian	41	F 40 to 49	8:01 min/mile	0:24:53,1
3.	106	Noelle Sawyer	43	F 40 to 49	8:26 min/mile	0:26:10,7
4.	287	Maureen Conley	48	F 40 to 49	9:18 min/mile	0:28:52,3
5.	212	Jennifer Dyer	42	F 40 to 49	9:31 min/mile	0:29:32,6
6.	260	Christie Rana	45	F 40 to 49	9:43 min/mile	0:30:07,8
7.	202	Sarah Lancaster	44	F 40 to 49	9:33 min/mile	0:29:39,3
8.	33	Nicole Dobson	42	F 40 to 49	9:54 min/mile	0:30:44,0
9.	156	Rachel Roy	47	F 40 to 49	9:51 min/mile	0:30:33,5

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Results

Pl.	Bib	Name	Age	Age Group	Pace	Chip Time
10.	133	Christa Manning	48	F 40 to 49	10:33 min/mile	0:32:42,6
11.	180	Anne-Marie Callow	49	F 40 to 49	10:36 min/mile	0:32:51,6
12.	179	Ali Gant	45	F 40 to 49	10:35 min/mile	0:32:51,6
13.	82	Marissa Stephens	42	F 40 to 49	10:57 min/mile	0:33:57,4
14.	300	Anais Aguirre	47	F 40 to 49	11:18 min/mile	0:35:04,3
15.	126	Kelly Estes	48	F 40 to 49	11:31 min/mile	0:35:42,7
16.	59	Shawna LaPierre	49	F 40 to 49	12:04 min/mile	0:37:25,0
17.	98	Heather Seavey	48	F 40 to 49	12:31 min/mile	0:38:48,4
18.	52	Margaret Linder Hearn	40	F 40 to 49	12:17 min/mile	0:38:07,4
19.	139	Jackie Reed	46	F 40 to 49	12:40 min/mile	0:39:17,1
20.	272	Julie Love	44	F 40 to 49	12:55 min/mile	0:40:04,7
21.	178	Danielle Hodgkins	44	F 40 to 49	13:22 min/mile	0:41:28,9
22.	270	Tracey Lydon	48	F 40 to 49	13:26 min/mile	0:41:41,5
23.	18	Laura McCormick	49	F 40 to 49	13:30 min/mile	0:41:53,1
24.	229	Kimberly Blenk	48	F 40 to 49	13:44 min/mile	0:42:35,7
25.	107	Jessica Nason	43	F 40 to 49	14:03 min/mile	0:43:35,4
26.	210	Bobbie Lorrain	48	F 40 to 49	14:40 min/mile	0:45:29,7
27.	134	Holly Strattard	43	F 40 to 49	16:00 min/mile	0:49:36,3
28.	16	Heather Grondin	42	F 40 to 49	16:26 min/mile	0:50:57,6
29.	43	Ericca Williams	42	F 40 to 49	17:18 min/mile	0:53:40,1
30.	285	Jessica Foley	42	F 40 to 49	18:29 min/mile	0:57:20,9
31.	183	Erin MacDonald	40	F 40 to 49	18:24 min/mile	0:57:04,9

F 50 to 59

1.	214	Laurie Nicholas	53	F 50 to 59	7:27 min/mile	0:23:08,1
2.	289	Kim DeMado	59	F 50 to 59	8:12 min/mile	0:25:25,2
3.	79	Toni Chabot	58	F 50 to 59	10:03 min/mile	0:31:09,8
4.	137	Carol Hager	56	F 50 to 59	11:15 min/mile	0:34:55,5
5.	132	Holly Richio	54	F 50 to 59	11:31 min/mile	0:35:42,7
6.	110	Rebecca Cram	52	F 50 to 59	11:52 min/mile	0:36:48,6
7.	109	Dawn McClure	51	F 50 to 59	11:56 min/mile	0:37:02,5
8.	221	Carrie Callahan	52	F 50 to 59	12:21 min/mile	0:38:18,3
9.	217	Denise Curry	55	F 50 to 59	12:56 min/mile	0:40:06,2
10.	67	Michelle Janosik	57	F 50 to 59	13:30 min/mile	0:41:51,9
11.	278	Bonnie Topham	53	F 50 to 59	13:35 min/mile	0:42:07,7
12.	238	Flynn Ross	51	F 50 to 59	13:44 min/mile	0:42:36,4
13.	242	Kim Strondak	59	F 50 to 59	13:49 min/mile	0:42:50,5
14.	264	Shelley Giguere	53	F 50 to 59	14:31 min/mile	0:45:01,8
15.	1	Laurie Rairdon	56	F 50 to 59	14:31 min/mile	0:45:01,6
16.	173	Angela Pecoraro	51	F 50 to 59	14:25 min/mile	0:44:42,4
17.	307	Karen Shibles	52	F 50 to 59	14:22 min/mile	0:44:32,5
18.	131	Angelina Phillips	53	F 50 to 59	14:39 min/mile	0:45:25,4
19.	291	Renee Gore	57	F 50 to 59	14:58 min/mile	0:46:24,8
20.	236	Dawn Leighton	57	F 50 to 59	16:03 min/mile	0:49:48,3
21.	298	Mary Sands	57	F 50 to 59	16:25 min/mile	0:50:55,0
22.	176	Elizabeth Richards	51	F 50 to 59	16:44 min/mile	0:51:53,1
23.	65	Dottie Muchmore	59	F 50 to 59	17:09 min/mile	0:53:10,1
24.	245	Susi Spear	54	F 50 to 59	18:12 min/mile	0:56:26,7

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Results

Pl.	Bib	Name	Age	Age Group	Pace	Chip Time
25.	172	Rachel Burke	56	F 50 to 59	18:08 min/mile	0:56:15,0
26.	185	Polly Abaroa	56	F 50 to 59	18:23 min/mile	0:57:00,1
27.	158	Debbie Webster	56	F 50 to 59	18:39 min/mile	0:57:49,5
28.	313	Amanda Woodford	52	F 50 to 59	18:42 min/mile	0:58:01,1
29.	164	Rhonda Corbett	52	F 50 to 59	18:43 min/mile	0:58:03,4

F 60 to 69

1.	2	April Libby	62	F 60 to 69	9:09 min/mile	0:28:24,8
2.	31	Carole Wise	63	F 60 to 69	10:39 min/mile	0:33:03,0
3.	252	Susan Gillis	61	F 60 to 69	10:50 min/mile	0:33:36,3
4.	277	Janet Bowne	62	F 60 to 69	12:55 min/mile	0:40:04,5
5.	71	Janet Levesque	60	F 60 to 69	14:15 min/mile	0:44:11,6
6.	22	Barbara Konan	66	F 60 to 69	15:39 min/mile	0:48:31,4
7.	35	Elizabeth Tanguay	60	F 60 to 69	18:09 min/mile	0:56:17,9
8.	129	Diane Conley	68	F 60 to 69	18:43 min/mile	0:58:02,8
9.	89	Lisa Dow	60	F 60 to 69	19:35 min/mile	1:00:43,0
10.	25	Paula Green	64	F 60 to 69	20:22 min/mile	1:03:10,5
DNS	204	Carol Friend	61	F 60 to 69	7:51 min/mile	0:24:21,7

F 70 & Up

1.	174	Linda Davis	71	F 70 & Up	10:27 min/mile	0:32:24,7
2.	155	Jan Bosse	71	F 70 & Up	14:38 min/mile	0:45:24,7
3.	93	Sheila McCabe	71	F 70 & Up	18:38 min/mile	0:57:46,9
4.	85	Jeannette Lavigne	73	F 70 & Up	19:08 min/mile	0:59:18,9
5.	279	Brenda Duncan	71	F 70 & Up	19:09 min/mile	0:59:22,2
6.	81	JoAnne Roy	70	F 70 & Up	20:33 min/mile	1:03:43,0

Male

M 12 & under

1.	288	Ryan Garber	12	M 12 & under	8:06 min/mile	0:25:08,6
2.	76	Harvey Crider	12	M 12 & under	8:21 min/mile	0:25:55,1
3.	75	Harrison Crider	12	M 12 & under	8:34 min/mile	0:26:34,2
4.	299	Wyatt Johnson	11	M 12 & under	9:19 min/mile	0:28:54,9
5.	77	Hudson Crider	7	M 12 & under	12:13 min/mile	0:37:53,5
6.	203	Pierson Dunn	11	M 12 & under	12:33 min/mile	0:38:55,8
7.	286	Dominic Metayer	12	M 12 & under	12:52 min/mile	0:39:55,0
8.	58	Artie Baum	2	M 12 & under	14:36 min/mile	0:45:16,1
9.	251	Landon Ouellette	1	M 12 & under	16:29 min/mile	0:51:06,6

M 13 to 19

1.	12	Jack Pecoraro	19	M 13 to 19	5:55 min/mile	0:18:21,4
2.	51	Andrew Martin	19	M 13 to 19	5:57 min/mile	0:18:28,4
3.	105	Cole Hoffman	19	M 13 to 19	6:17 min/mile	0:19:30,1
4.	121	Camden Bessey	17	M 13 to 19	6:19 min/mile	0:19:35,7
5.	208	Octavian Anghel	18	M 13 to 19	6:40 min/mile	0:20:42,4
6.	15	Aidan Pecoraro	16	M 13 to 19	6:43 min/mile	0:20:51,0
7.	269	Danny McCartney	14	M 13 to 19	6:56 min/mile	0:21:30,1
8.	227	Eric Wescott	19	M 13 to 19	9:41 min/mile	0:30:01,2
9.	30	Quentin Wise	17	M 13 to 19	9:39 min/mile	0:29:57,1

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Results

Pl.	Bib	Name	Age	Age Group	Pace	Chip Time
10.	83	DJ Stephens	15	M 13 to 19	9:46 min/mile	0:30:19,4
11.	254	Josh Mullen	15	M 13 to 19	10:46 min/mile	0:33:24,7
12.	69	Kenny Wescott	16	M 13 to 19	13:23 min/mile	0:41:30,6
13.	153	Zackary Metayer	14	M 13 to 19	16:20 min/mile	0:50:39,2

M 20 to 29

1.	27	Troy Hendricks	20	M 20 to 29	5:47 min/mile	0:17:57,8
2.	283	Devin Abbott	20	M 20 to 29	6:18 min/mile	0:19:34,2
3.	266	Nathaniel Horton	25	M 20 to 29	7:18 min/mile	0:22:40,3
4.	159	Jacob Webster	25	M 20 to 29	7:35 min/mile	0:23:30,9
5.	101	Nick Minor	25	M 20 to 29	8:14 min/mile	0:25:33,5
6.	292	Ian Baker	29	M 20 to 29	8:29 min/mile	0:26:19,3
7.	312	Ryan Locke	28	M 20 to 29	8:49 min/mile	0:27:20,7
8.	151	Joshua Morrow	26	M 20 to 29	9:33 min/mile	0:29:39,1
9.	146	Nathan Mandeville	24	M 20 to 29	9:34 min/mile	0:29:39,6
10.	143	Justin Greenlaw	27	M 20 to 29	12:40 min/mile	0:39:19,1
11.	293	Matt Grant	28	M 20 to 29	14:37 min/mile	0:45:20,0
12.	102	Joshua Minor	23	M 20 to 29	15:03 min/mile	0:46:39,9
13.	200	Adam Begos	28	M 20 to 29	16:47 min/mile	0:52:03,1
14.	11	Garrett Poitras	29	M 20 to 29	18:28 min/mile	0:57:16,7
15.	235	Craig Croteau	26	M 20 to 29	18:28 min/mile	0:57:17,0
16.	124	Matthew Moore	29	M 20 to 29	18:56 min/mile	0:58:41,7
17.	125	Andrew Roderigue	23	M 20 to 29	18:56 min/mile	0:58:43,4

M 30 to 39

1.	309	Chris Harmon	33	M 30 to 39	5:16 min/mile	0:16:19,6
2.	5	Thomas Harvey	35	M 30 to 39	5:24 min/mile	0:16:45,3
3.	28	Thomas Fries	36	M 30 to 39	5:57 min/mile	0:18:29,1
4.	167	Andrew Kinslow	35	M 30 to 39	6:30 min/mile	0:20:09,6
5.	232	Paul Harris	31	M 30 to 39	6:57 min/mile	0:21:34,2
6.	6	Nick McCormick	32	M 30 to 39	7:08 min/mile	0:22:08,9
7.	120	Greg Knight	32	M 30 to 39	7:21 min/mile	0:22:49,3
8.	249	Benjamin Hauptman	34	M 30 to 39	7:26 min/mile	0:23:05,1
9.	8	Nicholas Rairdon	32	M 30 to 39	8:14 min/mile	0:25:31,7
10.	187	Ben Rayder	34	M 30 to 39	8:37 min/mile	0:26:44,9
11.	295	Jordan Tanguay	30	M 30 to 39	8:37 min/mile	0:26:44,7
12.	148	Brian Olson	34	M 30 to 39	9:33 min/mile	0:29:38,6
13.	194	Tim Lira	31	M 30 to 39	9:39 min/mile	0:29:57,7
14.	118	Jake Cahill	31	M 30 to 39	9:44 min/mile	0:30:12,6
15.	95	Gavin Dow	36	M 30 to 39	10:07 min/mile	0:31:22,0
16.	284	Michael Foley	33	M 30 to 39	11:32 min/mile	0:35:45,7
17.	116	Ryan Perry	32	M 30 to 39	13:22 min/mile	0:41:26,8
18.	256	Jon Prendergast	30	M 30 to 39	15:16 min/mile	0:47:19,7

M 40 to 49

1.	240	Scott Burns	40	M 40 to 49	5:21 min/mile	0:16:36,5
2.	86	Eric Steed	40	M 40 to 49	6:20 min/mile	0:19:40,9
3.	230	Michael Dobkowski	47	M 40 to 49	7:57 min/mile	0:24:40,6
4.	57	Ellis Baum	45	M 40 to 49	8:33 min/mile	0:26:33,1

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Results

Pl.	Bib	Name	Age	Age Group	Pace	Chip Time
5.	310	Chris Mullen	44	M 40 to 49	9:06 min/mile	0:28:15,2
6.	304	Brett Bisonnette	43	M 40 to 49	9:33 min/mile	0:29:38,8
7.	205	Doug Eaton	43	M 40 to 49	9:33 min/mile	0:29:38,4
8.	144	Shaheim Griffin	42	M 40 to 49	9:33 min/mile	0:29:37,2
9.	29	Jay Wise	49	M 40 to 49	9:39 min/mile	0:29:56,9
10.	223	Kyle Smith	42	M 40 to 49	9:59 min/mile	0:30:58,2
11.	271	Chris Lydon	47	M 40 to 49	10:09 min/mile	0:31:28,6
12.	280	Dale Brooker	40	M 40 to 49	11:11 min/mile	0:34:40,1
13.	145	Kevin Montoya	46	M 40 to 49	13:59 min/mile	0:43:23,2
14.	261	Matthew Baldwin	49	M 40 to 49	16:23 min/mile	0:50:47,5
15.	177	Craig Richards	49	M 40 to 49	16:44 min/mile	0:51:53,6
16.	136	Shaun Strattard	44	M 40 to 49	17:38 min/mile	0:54:42,0
17.	88	Eric Segee	40	M 40 to 49	19:36 min/mile	1:00:45,6

M 50 to 59

1.	258	Francis Burdett	56	M 50 to 59	6:44 min/mile	0:20:52,8
2.	195	Greg Knapton	51	M 50 to 59	6:56 min/mile	0:21:31,5
3.	90	Steve Bridge	52	M 50 to 59	7:21 min/mile	0:22:48,6
4.	70	Thomas Knight	59	M 50 to 59	8:19 min/mile	0:25:47,5
5.	297	Tim Drapeau	55	M 50 to 59	8:16 min/mile	0:25:38,6
6.	215	Stephen Westbrook	58	M 50 to 59	8:22 min/mile	0:25:58,8
7.	104	Marc Hoffman	56	M 50 to 59	8:49 min/mile	0:27:20,1
8.	275	Michael O'Gara	58	M 50 to 59	9:35 min/mile	0:29:43,8
9.	68	Michael Janosik	57	M 50 to 59	9:46 min/mile	0:30:18,0
10.	241	Jeffrey Herbert	53	M 50 to 59	9:49 min/mile	0:30:27,5
11.	78	Michael Chabot	58	M 50 to 59	10:32 min/mile	0:32:39,2
12.	301	David Aguirre	50	M 50 to 59	11:18 min/mile	0:35:04,0
13.	243	Larry Strondak	59	M 50 to 59	11:38 min/mile	0:36:06,0
14.	290	Daniel Stevenson	53	M 50 to 59	11:41 min/mile	0:36:13,5
15.	108	Trevor George	53	M 50 to 59	12:57 min/mile	0:40:10,1
16.	72	Brian Lyle	59	M 50 to 59	13:31 min/mile	0:41:56,2
17.	189	Rick Wagner	50	M 50 to 59	14:59 min/mile	0:46:28,6
18.	175	Randy Corbett	56	M 50 to 59	15:05 min/mile	0:46:46,1
19.	226	Bruce Wescott	54	M 50 to 59	16:21 min/mile	0:50:42,9
20.	114	Steven Shibles	51	M 50 to 59	16:32 min/mile	0:51:15,6
21.	308	Scott Shibles	55	M 50 to 59	16:32 min/mile	0:51:16,8
22.	206	Jay Cuthbert	53	M 50 to 59	16:29 min/mile	0:51:06,5
23.	199	Greg Smith	59	M 50 to 59	16:48 min/mile	0:52:07,0
24.	171	Bill Burke	56	M 50 to 59	16:57 min/mile	0:52:33,0
25.	246	Steve Spear	58	M 50 to 59	18:12 min/mile	0:56:26,5
26.	157	Steven Webster	56	M 50 to 59	18:36 min/mile	0:57:42,4

M 60 to 69

1.	191	Michael Flanders	63	M 60 to 69	6:44 min/mile	0:20:53,3
2.	192	Bob MacKinnon	67	M 60 to 69	7:46 min/mile	0:24:06,7
3.	306	Tom Dann	64	M 60 to 69	8:07 min/mile	0:25:12,2
4.	255	Mike Fournier	68	M 60 to 69	8:48 min/mile	0:27:19,7
5.	213	Mike Nixon	68	M 60 to 69	8:58 min/mile	0:27:49,4
6.	54	Peter Lemay	61	M 60 to 69	9:13 min/mile	0:28:34,3

Westbrook Strong 5k

Results

Pl.	Bib	Name	Age	Age Group	Pace	Chip Time
7.	56	Art Gray	67	M 60 to 69	11:15 min/mile	0:34:52,8
8.	259	James Hornor	69	M 60 to 69	11:58 min/mile	0:37:06,2
9.	168	Brian Brewer	66	M 60 to 69	14:25 min/mile	0:44:41,7
10.	237	Hal Leighton	68	M 60 to 69	16:03 min/mile	0:49:47,7
11.	36	Peter Tanguay	63	M 60 to 69	16:57 min/mile	0:52:34,2
12.	111	Lee Daniel	67	M 60 to 69	19:59 min/mile	1:01:58,7
M 70 & Up						
1.	32	Howard Spear	71	M 70 & Up	12:04 min/mile	0:37:25,9
2.	130	Stephen Conley	72	M 70 & Up	18:44 min/mile	0:58:04,8