

Medomak meet 1 - 5/6/2021
at Medomak Valley HS
Results

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Event 1 Girls 4x800 Meter Relay

School	Finals	Points
Finals		
1 Medomak Valley High School 'A'	13:08.04	5
1) Mackenzie Emerson SR	2) Jayla Robinson SR	
3) Ruth Havener JR	4) Cameron Bains JR	

Event 2 Boys 4x800 Meter Relay

School	Finals	Points
Finals		
1 Morse High School 'A'	11:01.49	5
1) Connor Freeman SR	2) Finn Thelen JR	
3) Rylie Harper SO	4) Case Jacobs FR	

Event 3 Girls 100 Meter Hurdles

Name	Year School	Finals	Points
1 Erica Johnson	JR Lincoln Academy	17.91	5
2 Nadia Panetski	FR Morse	19.38	3
3 Madalyn Mercer	JR Lincoln Academy	19.69	2
4 Samantha Richardson	FR Medomak	21.74	1

Event 4 Boys 110 Meter Hurdles

Name	Year School	Finals	Points
1 Gavin Readinger	SR Medomak	18.29	5

Event 5 Girls 100 Meter Dash

Name	Year School	Finals	H#	Points
1 Nadia Panetski	FR Morse	14.30	1	5
2 Zaniah Puchalski	JR Medomak	14.34	1	3
3 Caroline Thelen	FR Morse	14.60	1	2
4 Erica Johnson	JR Lincoln Academy	14.63	1	1
5 Makenzie Neumann	FR Lincoln Academy	15.15	1	
6 Gloriana Fiesta	SO Morse	15.64	1	
7 Gwendolyn Panetski	FR Morse	15.72	2	
8 Madalyn Mercer	JR Lincoln Academy	16.08	3	
9 Alyssa Trainor	FR Medomak	16.27	2	
10 Liani Rodriguez	SO Morse	16.41	3	
11 Julia Kunesh	JR Medomak	16.43	2	
12 Sarah Ouellette	FR Morse	16.49	2	
13 Mara Abbott	SO Lincoln Academy	16.49	2	
14 Ada Tholen	SO Lincoln Academy	17.57	3	
15 Marissa O'Jala	FR Medomak	17.85	3	
16 Rachel Readinger	SO Medomak	18.34	3	

Event 6 Boys 100 Meter Dash

Name	Year School	Finals	H#	Points
1 Andrew Card	SO Morse	12.71	1	5
2 Connor McFarland	SO Lincoln Academy	13.03	2	3
3 Silas Green	FR Morse	13.21	1	2
4 Slavic Moody	FR Medomak	13.56	1	1
5 Ben Palmer	FR Lincoln Academy	13.73	1	
6 Gavin Peck	FR Lincoln Academy	14.52	2	
7 Dominic Smith	JR Morse	14.71	1	

8 Ade Farmer	FR Lincoln Academy	15.46	2
9 Dante Stokes	FR Morse	16.77	2

Event 7 Girls 1600 Meter Race Walk

Name	Year School	Finals	Points
1 Iris Hennin	JR Morse	12:15.37	5
2 Caroline Skroski	JR Morse	12:39.33	3
3 Allie Coomns	FR Morse	13:13.20	2
4 Alyssa Trainor	FR Medomak	15:38.41	1

Event 8 Boys 1600 Meter Race Walk

Name	Year School	Finals	Points
1 Elliott Chapman	FR Lincoln Academy	10:39.10	5

Event 9 Girls 1600 Meter Run

Name	Year School	Finals	Points
1 Mackenzie Emerson	SR Medomak	5:53.41	5
2 Audrey Crews	JR Morse	5:55.44	3
3 Adeline Hall	FR Lincoln Academy	6:38.29	2
4 Cameron Bains	JR Medomak	7:12.03	1
5 Jayla Robinson	SR Medomak	7:25.63	
6 Kassi Soule	JR Medomak	7:44.83	

Event 10 Boys 1600 Meter Run

Name	Year School	Finals	Points
1 Connor Daigle	JR Medomak	4:39.64	5
2 Pryor Aidan	SR Morse	4:59.73	3
3 Finn Thelen	JR Morse	5:15.06	2
4 Liam Card	SO Lincoln Academy	5:17.24	1
5 Nick Russ	FR Lincoln Academy	5:18.35	
6 Noah Morris	FR Medomak	5:23.72	
7 Riley Dunn	SO Morse	5:26.20	
8 Nick Archer	SO Lincoln Academy	5:35.39	
9 Forest Holbrook	JR Lincoln Academy	5:53.05	
10 Tate Whitmore	FR Lincoln Academy	5:54.57	
11 Will Clark	FR Lincoln Academy	5:58.13	
12 CJ Savastano	FR Lincoln Academy	6:09.39	

Event 11 Girls 4x100 Meter Relay

School	Finals	Points
1 Medomak ValleyHigh School 'A'	57.40	5
1) Abby Lash SR	2) Zaniah Puchalski JR	
3) Emily Mahoney JR	4) Julia Kunesh JR	
2 Lincoln Academy 'A'	57.69	3
1) Alicia Flis SO	2) Madalyn Mercer JR	
3) Makenzie Neumann FR	4) Mara Abbott SO	

Event 12 Boys 4x100 Meter Relay

School	Finals	Points
1 Medomak ValleyHigh School 'A'	52.87	5
1) Connor Daigle JR	2) Slavic Moody FR	
3) Ashton Wilson FR	4) Gavin Readinger SR	
2 Lincoln Academy 'A'	55.93	3
1) Ade Farmer FR	2) Gavin Peck FR	
3) Conor Glasier FR	4) Aiden Jacobs SO	

Event 13 Girls 400 Meter Dash

Name	Year School	Finals	Points
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1	Annie Vannoy	JR Medomak	1:02.45	5
2	Caroline Thelen	FR Morse	1:08.65	3
3	Cameron Bains	JR Medomak	1:16.82	2
4	Ruth Havener	JR Medomak	1:17.55	1
5	Jalyn Drost	FR Medomak	1:26.96	
6	Kassi Soule	JR Medomak	1:27.27	

Event 14 Boys 400 Meter Dash

Name	Year School	Finals	H#	Points
1	Ben Brewer	SR Morse	53.13	1 5
2	Connor McFarland	SO Lincoln Academy	57.10	1 3
3	Silas Green	FR Morse	58.30	1 2
4	Exuaucee Namwira	FR Morse	1:00.78	2 1
5	Chase Roth-Wells	FR Morse	1:00.78	2
6	Noah Morris	FR Medomak	1:01.06	1
7	Nick Archer	SO Lincoln Academy	1:02.07	1
8	Alex Maccio	JR Morse	1:02.19	3
9	Adon Tappe	FR Morse	1:02.20	2
10	Zack Foreman	SO Morse	1:02.59	2
11	Aiden Jacobs	SO Lincoln Academy	1:04.03	3
12	Conor Glasier	FR Lincoln Academy	1:05.43	2
13	Case Jacobs	FR Morse	1:07.09	3
14	Will Clark	FR Lincoln Academy	1:07.48	2
15	Matt Savage	FR Lincoln Academy	1:11.69	3
16	Elliott Chapman	FR Lincoln Academy	1:14.62	3

Event 15 Girls 300 Meter Hurdles

Name	Year School	Finals	Points
1	Sarah Ouellette	FR Morse	1:06.82 5
2	Samantha Richardson	FR Medomak	1:13.22 3
3	Kassi Soule	JR Medomak	1:16.38 2

Event 16 Boys 300 Meter Hurdles

Name	Year School	Finals	Points
1	Gavin Readinger	SR Medomak	52.14 5

Event 17 Girls 800 Meter Run

Name	Year School	Finals	Points
1	Mackenzie Emerson	SR Medomak	2:42.22 5
2	Iris Hennin	JR Morse	2:54.09 3
3	Adeline Hall	FR Lincoln Academy	2:54.31 2
4	Ruth Havener	JR Medomak	3:23.02 1
5	Caroline Skroski	JR Morse	3:34.73
6	Allie Coomns	FR Morse	4:04.78

Event 18 Boys 800 Meter Run

Name	Year School	Finals	Points
1	Liam Card	SO Lincoln Academy	2:20.78 5
2	Oscar Hennin	SR Morse	2:24.27 3
3	Riley Dunn	SO Morse	2:27.45 2
4	Conor Cass	FR Lincoln Academy	2:32.10 1
5	Ben Foreman	SO Morse	2:33.51
6	Case Jacobs	FR Morse	2:42.36
7	Forest Holbrook	JR Lincoln Academy	2:42.62
8	Grayson Fuller	JR Morse	2:51.29

Event 19 Girls 200 Meter Dash

Name	Year School	Finals	H#	Points
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1	Caroline Thelen	FR Morse	29.53	3	5
2	Zaniah Puchalski	JR Medomak	29.58	1	3
3	Audrey Crews	JR Morse	30.37	2	2
4	Makenzie Neumann	FR Lincoln Academy	31.35	3	1
5	Gloriana Fiesta	SO Morse	32.18	3	
6	Alicia Flis	SO Lincoln Academy	32.44	2	
7	Liani Rodriguez	SO Morse	33.20	1	
8	Alyssa Trainor	FR Medomak	33.90	2	
9	Julia Kunesh	JR Medomak	34.30	1	
10	Ada Tholen	SO Lincoln Academy	35.34	1	
11	Abigail Sewall	SR Lincoln Academy	35.37	1	
12	Mara Abbott	SO Lincoln Academy	35.66	1	
13	Rachel Readinger	SO Medomak	36.58	2	
14	Marissa O'Jala	FR Medomak	37.82	2	

Event 20 Boys 200 Meter Dash

Name	Year School	Finals	H#	Points	
1	Ben Palmer	FR Lincoln Academy	26.90	1	5
2	Slavic Moody	FR Medomak	26.92	1	3
3	Silas Green	FR Morse	27.61	2	2
4	Dominic Smith	JR Morse	28.11	1	1
5	Adon Tappe	FR Morse	28.20	2	
6	Alex Maccio	JR Morse	28.44	1	
7	Aiden Jacobs	SO Lincoln Academy	28.88	1	
8	Exuaucee Namwira	FR Morse	28.97	2	
9	Gavin Peck	FR Lincoln Academy	29.30	1	
10	Jay Jones	FR Medomak	32.80	2	

Event 21 Girls 3200 Meter Run

Name	Year School	Finals	Points
1	Clara Goltz	JR Lincoln Academy	14:23.60 5

Event 22 Boys 3200 Meter Run

Name	Year School	Finals	Points
1	Connor Freeman	SR Morse	11:32.66 5
2	Rylie Harper	SO Morse	12:26.50 3

Event 23 Girls 4x400 Meter Relay

School	Finals	Points
1	Medomak ValleyHigh School 'A'	4:39.68 5
	1) Abby Lash SR	2) Mackenzie Emerson SR
	3) Cameron Bains JR	4) Annie Vannoy JR
2	Morse High School 'A'	5:05.70 3
	1) Caroline Thelen FR	2) Gloriana Fiesta SO
	3) Nadia Panetski FR	4) Audrey Crews JR
3	Lincoln Academy 'A'	5:32.79
	1) Mara Abbott SO	2) Adeline Hall FR
	3) Makenzie Neumann FR	4) Clara Goltz JR

Event 24 Boys 4x400 Meter Relay

School	Finals	Points
1	Morse High School 'A'	4:06.81 5
	1) Ben Brewer SR	2) Oscar Hennin SR
	3) Pryor Aidan SR	4) Andrew Card SO
2	Medomak ValleyHigh School 'A'	4:07.62 3
	1) Connor Daigle JR	2) Noah Morris FR
	3) Gavin Readinger SR	4) Ashton Wilson FR
3	Lincoln Academy 'A'	4:15.40
	1) Nick Archer SO	2) Nick Russ FR
	3) Connor McFarland SO	4) Liam Card SO
4	Morse High School 'B'	x4:17.04

1) Tristan Lavoie SR	2) Ben Foreman SO
3) Zack Foreman SO	4) Chase Roth-Wells FR
5 Lincoln Academy 'B'	x4:42.76
1) Tate Whitmore FR	2) Conor Cass FR
3) Forest Holbrook JR	4) Will Clark FR
6 Lincoln Academy 'C'	x4:52.61
1) Elliott Chapman FR	2) Matt Savage FR
3) CJ Savastano FR	4) Aiden Jacobs SO

Event 25 Girls High Jump

Name	Year School	Finals	Points
1 Samantha Richardson	FR Medomak	4-02.00	5
2 Sarah Ouellette	FR Morse	4-00.00	3
3 Liani Rodriguez	SO Morse	3-08.00	2

Event 26 Boys High Jump

Name	Year School	Finals	Points
1 Tristan Lavoie	SR Morse	5-04.00	5
2 Adon Tappe	FR Morse	4-10.00	3
-- Dante Stokes	FR Morse	NH	

Event 27 Girls Long Jump

Name	Year School	Finals	Points
1 Abby Lash	SR Medomak	12-07.50	5
2 Gwendolyn Panetski	FR Morse	12-03.00	3
3 Madalyn Mercer	JR Lincoln Academy	12-00.00	2
4 Alicia Flis	SO Lincoln Academy	11-02.00	1
5 Abigail Sewall	SR Lincoln Academy	11-00.50	
6 Emily Mahoney	JR Medomak	10-02.00	

Event 28 Boys Long Jump

Name	Year School	Finals	Points
1 Andrew Card	SO Morse	18-05.00	5
2 Tristan Lavoie	SR Morse	17-00.00	2.50
2 Silas Green	FR Morse	17-00.00	2.50
4 Chase Roth-Wells	FR Morse	15-05.00	1
5 Exuaucee Namwira	FR Morse	15-00.00	
6 Ashton Wilson	FR Medomak	14-00.00	
7 Jay Jones	FR Medomak	11-05.00	
8 CJ Savastano	FR Lincoln Academy	10-05.00	
-- Ben Palmer	FR Lincoln Academy	FOUL	

Event 29 Girls Triple Jump

Name	Year School	Finals	Points
1 Annie Vannoy	JR Medomak	33-01.00	5
2 Erica Johnson	JR Lincoln Academy	31-11.50	3
3 Abby Lash	SR Medomak	30-07.00	2
4 Zaniah Puchalski	JR Medomak	29-06.50	1
5 Abigail Sewall	SR Lincoln Academy	27-09.00	
-- Ada Tholen	SO Lincoln Academy	FOUL	

Event 30 Boys Triple Jump

Name	Year School	Finals	Points
1 Ashton Wilson	FR Medomak	31-06.50	5
2 Conor Glasier	FR Lincoln Academy	28-10.00	3
-- Ben Palmer	FR Lincoln Academy	FOUL	

Event 31 Girls Javelin Throw

Name	Year School	Finals	Points
1 Morgan Flanders	JR Medomak	63-06	5
2 Emily Tetzlaff	JR Morse	55-10	3
3 Elizabeth Bowman	JR Medomak	54-00	2
4 Raven Bunker	SR Lincoln Academy	50-03	1
5 Julia Kunesh	JR Medomak	46-03	
6 Emily Mahoney	JR Medomak	43-00	

Event 32 Boys Javelin Throw

Name	Year School	Finals	Points
1 Gavin Peck	FR Lincoln Academy	85-06	5
2 Ade Farmer	FR Lincoln Academy	82-06	3
3 Jacob Mowry	SR Morse	72-03	2
4 Forest Holbrook	JR Lincoln Academy	66-07	1
5 Eric Richmond	FR Lincoln Academy	66-00	
6 Sam Taft	JR Morse	53-05	
7 Dominic Smith	JR Morse	43-05	

Event 33 Girls Discus Throw

Name	Year School	Finals	Points
1 Raven Bunker	SR Lincoln Academy	83-09	5
2 Morgan Flanders	JR Medomak	72-05	3 70-8
3 Elizabeth Bowman	JR Medomak	72-05	2 70-4
4 Emily Tetzlaff	JR Morse	72-01	1
5 Courtney Taft	FR Morse	38-00	
6 Kianna Dione	JR Morse	35-08	

Event 34 Boys Discus Throw

Name	Year School	Finals	Points
1 Jacob Mowry	SR Morse	92-05	5
2 Eric Richmond	FR Lincoln Academy	75-08	3
3 Dante Stokes	FR Morse	63-09	2
4 Sam Taft	JR Morse	62-05	1
5 Alex Maccio	JR Morse	55-03	

Event 35 Girls Shot Put

Name	Year School	Finals	Points
1 Raven Bunker	SR Lincoln Academy	28-00.00	5
2 Morgan Flanders	JR Medomak	26-00.00	3
3 Elizabeth Bowman	JR Medomak	25-06.00	2
4 Emily Mahoney	JR Medomak	23-00.00	0.50
4 Emily Tetzlaff	JR Morse	23-00.00	0.50
6 Courtney Taft	FR Morse	16-00.00	
7 Jayla Robinson	SR Medomak	14-06.00	
7 Kianna Dione	JR Morse	14-06.00	

Event 36 Boys Shot Put

Name	Year School	Finals	Points
1 Jacob Mowry	SR Morse	37-06.00	5
2 Alex Maccio	JR Morse	26-09.00	3
3 Dominic Smith	JR Morse	25-06.00	2
4 Eric Richmond	FR Lincoln Academy	25-00.00	1
5 Dante Stokes	FR Morse	24-03.00	
6 Ade Farmer	FR Lincoln Academy	23-06.00	
7 Sam Taft	JR Morse	22-06.00	

Women - Team Rankings - 18 Events Scored

1) Medomak ValleyHigh School	83.50	2) Morse High School	56.50
3) Lincoln Academy	38		

Men - Team Rankings - 18 Events Scored

1) Morse High School	85	2) Lincoln Academy	42
3) Medomak Valley High School	32		