
M A I N E
RUNNING
& FITNESS

\$3.00 April 1996

Special Section:

**Cycling
in Maine**

- **Steve Fluet on Training**
 - **Lake Auburn Tour**
 - **Tony Mourkas's
Bumpy Ride**
-

Plus

- **Boston Marathon
Entrants**
- **1995 Rankings:
4-Mile & 8K/5-Mile**



MAINE RUNNING & FITNESS
7 ELM STREET
AUGUSTA, MAINE 04330

LAST ISSUE!!
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M A I N E
**RUNNING
& FITNESS**

April • 1996

MAINE'S SPORTS & FITNESS MAGAZINE

NO. 51

Also Coverage of: Cycling • Triathlons • Duathlons • Track & Field • Hiking • Climbing • Race Walking • Canoeing • Kayaking • X-C & Telemark Skiing • Alpine Skiing • In-Line Skating • Orienteering

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Calendar

Boldface type shows races with fliers in magazine.

Most races welcome young people. Events that have special provisions for young people are shown with (+Y).

Running

April

- 6 **25K Championship Run**, Rockland, 11 a.m., certified, Leo Smith, 596-2010, flier February.
- 6 **UMPI Spring Run-Off 5K**, Presque Isle, 10 a.m., certified, Chris Smith, 768-9472.
- 11 **Family Crisis Center 5K**, Portland, certified, Ron Deprez, 772-4312.
- 13 **15th Unity College Spring 5K**, Unity, 10 a.m., Gary Zane, 948-3131, flier March.
- 15 **100th Boston Marathon**, noon, Hopkinton, Mass., to Boston; 508-435-6905.
- 15 **48th Patriots Day Road Race**, 2-plus-miler, Westbrook, 10 a.m., for high-schoolers only, David Rolfe, 856-3521 (w), 854-9110 (h). (Y+)
- 15 **Boys & Girls Club Patriot's Day 5-Miler**, Portland, certified, Steve Maslusi, 874-1070, or Bill Gorham, 874-1074, flier April.
- 20 **Spring Fling 5K**, Ellsworth, 10 a.m., certified, flier March, April.
- 21 **Harbour Trail 5K**, Portsmouth, 9 a.m., 603-436-3988, flier March, April.
- 21 **Northern York Country YMCA 5K Run/Walk**, certified, 1K fun run, Biddeford, 10 a.m., certified, Kathy Ring, 283-0100, flier April. (Y+)

- 21 **The Bill McCaffrey Road Race**, 5K, Lebanon, N.H., 10:30 a.m., Karen Barr, 603-448-3121.
- 21 **12th Terrier Trot**, 5 miles, Thomas College, Waterville, 9 a.m., Jim Moore, 873-0080 (h), 465-7966 (w), flier April.
- 24 **YMCA Back Bay 5K**, Portland, 7 p.m., certified, Matt Burgess, 874-1111.
- 27 **Togus 8K**, Augusta, 1 mile fun run at 10 a.m., 8K at 10:15, certified, Chris Bovie, 622-1267 (h), 623-8411, ext. 5571 (o), flier April. (NOTE: This is a change of date.) (Y+)
- 27 **April Amble 4-Miler**, Westbrook College, Portland, 10 a.m., certified, Brian Gillespie, 797-7261, flier March.
- 27 **1st Annual Appleton Village School PTA Ridge Runner 5K Walk/Run**, 1 mile fun run at 8:30 a.m., 5K at 9:00, John Sommo, 785-4504. (Y+)
- 28 **Animal Orphanage 5K Pet Run**, Old Town, 10:30 a.m., Roberta Fowler, 827-2658, flier March, April.
- 28 **3rd Run America 10K**, Rockland, 9 a.m., Mark Lincoln, 594-2173, flier March, April.

May

- 4 **16th Rocky Coast Road Race**, 10K, Boothbay Harbor, 10 a.m., 1-mile bunny run at 8:45, 10K certified, Neal Verge, 633-2855, flier April. (Y+)
- 5 **Rape Crisis 5K**, Waterville, 8:30 a.m., Melissa Krueger, 872-0601, flier April.
- 5 **Mud Bowl Hash**, Augusta, 3 p.m., Hallowell Hash House Harriers, Al Hyer, 622-7006, Fred Wingate, 622-7521 (w), 622-3421 (h).
- 9 **2nd Seaside 5K Road Race**, Kittery, 9 a.m., Kathy MacDonald, 698-5817, flier April.
- 11 **16th Annual Hospital Week 3-mile Road Race**, York, 363-1040.

- 12 **Coastal Child Care Mother's Day Road Race**, 5K, Rockland, 8:30 a.m., Wanda, 594-2591, or Sarah, 594-7721 (eves.), flier April.
- 15 Mid Maine Medical Center Hospital Week 5K, Waterville, 6 p.m., Jane Wherren, 872-4490.
- 18 6th Woodland Spring Clean-up Road Race, 5K, 10 a.m., 1-mile fun run/walk at 10:30, certified, Mike Boies, 427-6205. (Y+)
- 19 **Seaside Holiday Memorial Day 5K**, Kittery, 9 a.m., certified, Kittery Recreation Department, 439-3800 or 698-5817, flier April.
- 19 **Great Spring Clean-Up Road Race**, 5-mile, E. Millinocket, 1 p.m., Frank Clukey, 746-3553, flier April.
- 26 **5th Live Your Dreams 5-Mile Run/3-Mile Walk**, Kennebunk, 8:30 a.m., walk at 8:00, certified, 967-8514, flier April.
- 26 8th Vermont City Marathon & Marathon Relay, Burlington, Vt., 8 a.m., certified, 1-800-292-2275, P.O. Box 152, Burlington, Vt., 05402-0152.
- 27 Monmouth Apple Blossom Races, Monmouth, 15K & 4.5 miles, 8 a.m., 15K certified, Doug Ludewig, 933-4416 (w), 933-4677 (h).

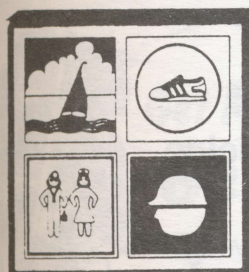
Alpine Skiing

April

- 1-2 "Bust & Burn on White Heat" qualifiers, Sunday River.
- 13 Mike Waddle/Dan McKay Scholarship Race, Sugarloaf. First run telemark race, second alpine.

May

- 1 Ski Maynia Day (free skiing), Sunday River.
- 25 "Bump 'n Grind" Day, Sunday River.



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Cycling

May

- 19 Tour deCure, bike ride, Mount Desert Island, 25K, 50K, 100K, 1-800-TOUR-888.
- 26 Mid-Coast Time Trial Series, road bikes, 15 miles, out and back, 9 a.m., Sue Butler, 236-3645.
- 28 Falmouth Road Race, 8:30 a.m., Andy Oliver, 773-6906.

June

- 2 **9th Bike Challenge**, 40 miles, Carrabassett Valley to Farmington, 10:30 a.m., recreational and race divisions, fundraiser for Pine Tree Camp, Russ Probert, 778-6333, Chuck Karter 872-7990, flier April.
- 2 Tour deCure, bike ride, southern coast, 25K, 50K, 100K, 1-800-TOUR-888.
- 2 Mid-Coast Time Trial Series, road bikes, 15 miles, out and back, 9 a.m., Sue Butler, 236-3645.
- 9 Mid-Coast Time Trial Series.
- 23 Mid-Coast Time Trial Series.
- 23 Tour deCure Mountain Bike Tour, for details call 1-800-TOUR-888.

Canoeing/Kayaking

April

- 6 Passagassawakeag Stream Race, Waldo, 11 a.m., Dale Cross, 338-4598.
- 13 Souadabscook Stream Race, Hampden, 12 p.m., Tim Archer, 989-7836.
- 14 Souadabscook Sprint, Hampden, 1 p.m., Paula Cole, 285-7356 (eves.), 285-7886 (days).
- 20 Kenduskeag Stream Race, Bangor, 9 a.m., Craig Orff, 947-1018.
- 21 Kenduskeag Rebound, Bangor, 1 p.m., Paula Cole, 285-7356.
- 21 Big Rock Canoe Race, Prestile Stream, Mars Hill, 1 p.m., David Collins, 429-8429.
- 27 Piscataquis River Race, Dover-Foxcroft, 11 a.m., Bill Kimball, 564-3568 (days), 564-8105 (eves.).
- 27 Meduxnekeag River Canoe Race, New Limerick, 10 a.m., T. Sylvester, 532-4048.
- 28 Machia Wilderness Whitewater Race, Machias River, 11 a.m., Rick Scribner, 255-3313 ext. 204.

May

- 4 Marsh Stream Race, Frankfort, 11 a.m., Dale Cross, 338-4598.
- 11 East Branch Penobscot River Canoe Race, Medway, 12 p.m., Theresa Federico, 746-5008.
- 18 Flatwater Opener, Nickerson Lake, Houlton, 11 a.m., Fred Ludwig, 532-7866.
- 18 Moose River Race, Rockwood, 11 a.m., Betty Reckards, 534-7383.





News & Letters

More 1996 Olympic Marathon Trials Details

More on two of the Mainers who competed in February at the Olympic Marathon Trials: Rob Pierce of Alfred, the lone Maine entrant in the men's race, dropped out at mile 16 after suffering from muscle cramps. Pierce has decided to cut back his training and forego the Boston Marathon, due to lingering calf muscle trouble.

Joan Benoit Samuelson, whose "comeback" appearance was the focus of much national attention, ran conservatively to a 13th place finish. She told the *New York Times*: "For me the most important thing was to finish. I didn't want to drop out or blow up. I was running within myself through the heat. I knew if I tried to push, it would probably catch up to me. I thought a lot more people would come back to me than did."

1996 Bike Challenge Enters 9th Year

The 9th Annual Bike Challenge for the Pine Tree Camp for Handicapped Children is ready

to roll once again. This year's date has been set for Sunday, June 2, 1996, at 10:30 a.m. The race/recreational ride will begin at the Brew Pub on the Sugarloaf Access Road, follow Route 27 to Route 4, ending at the Municipal Court Building on Main Street in Farmington. There will be a rest stop in Kingfield at the Kingfield Savings Bank for recreational riders.

This is the ninth year riders have biked the 40-mile course to raise money for the handicapped individuals at the Pine Tree Camp. Riders have raised over \$3,000 annually for the Pine Tree Camp which, in 1996, celebrated its 50th year of camping for the handicapped children and adults of Maine.

The course for the Bike Challenge includes a beautiful trek through the Carrabassett Valley and offers breathtaking scenery. A fast-paced ride for the racers and a scenic touring opportunity for the recreational riders makes the event enjoyable for all who participate. A minimum entry fee of \$50 worth of pledges is required. Only \$25 in pledges is required of anyone who recruits additional participants who raise the minimum of \$50.

Trophies will be awarded to the top riders

in each age division: 13-17, 18-35, 36+. In addition, each rider will be awarded a prize, with a special prize going to the biggest fundraiser.

For more information about the Bike Challenge and to obtain sponsor forms, call Russ Probert (778-6333) or Chuck Karter (872-7990).

Tour de Cure

The American Diabetes Association offers another way for cyclists to pedal for a good cause with its Tour de Cure. Cyclists contribute through their registration fee and by raising money from individuals and organizations who pledge to sponsor them. The event, which will use the revenues to support research for a cure for diabetes, is expected to raise \$84,550 and attract 800 cyclists.

The Tour de Cure will offer a variety of routes, from novice to advanced. The Mount Desert Island and southern coast tours—May 19 and June 2—will offer a choice of 25K, 50K, and 100K. The distances for this year's Mountain Bike Tour on Sunday, June 23 are yet to be finalized. For more information, call 1-800-TOUR-888.



National Scholastic Championships

The Reggie Lewis Track Facility in Boston hosted the National Scholastic Championships on March 9-10. Five national records were set this year, no small feat when one considers that this race counts among its alumni 32 Olympians. The following Mainers took part:

Ben Westleigh	Lewiston	
Mile Walk	9th	7:59.90
Sasha DeVore	Farmington	
Mile Walk	11th	8:06.01*
Jenny Woodbury	Morrill	
Mile Walk	13th	9:23.94*
Peter Phelan	E. Holden	
Triple Jump	10th	46'10"
Meg Muller	Poland Spring	
Pentathlon	9th	2993 pts.
Alison Tostevin	Bath	
Shot Put	18th	38'2.25"*
20 lb. wt.	5th	33'7.5"*

(Steve Vaitones)

M A I N E
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Marathon Stamp

The U.S. Postal Service has designed a stamp honoring the marathon which depicts a fleet-footed character that alludes to the legend of the Greek god Hermes, the fastest of the gods. Joan Benoit Samuelson and Bill Rogers will be on hand at the dedication ceremony for the stamp, slated to take place in Copley Square in Boston at noon on April 11. The Marathon stamp will be on sale in Boston beginning April 11 and nationwide beginning April 12.

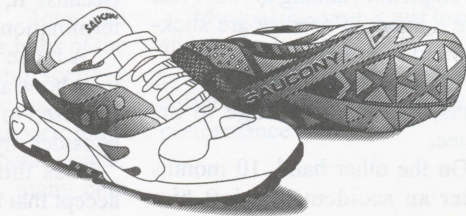


USATF Eastern Regional Masters Indoor Track & Field Championships

Athletes from age 30 to 86 took part in the 23rd running of this meet, held on March 17 at Brandeis University in Waltham, Mass. Ray Shevenell of the Maine Track Club placed third in the 55-59 age group of the 1500m, with a time of 6:13.99. Valaree Foss of the Somerset Striders won the shot put in the women's 40-44 age group, with a throw of 19'3.5". She also came in third in the 55m, posting a time of 9.68. Working at the meet were Maine officials Tom Eastler, Val Foss, and Paul Morency.

Many Maine masters missed a great meet, but will have a chance to compete at the same site next year (March 16, 1997). In addition, the Indoor National Masters Championships will be in Boston in 1998.

(Steve Vaitones)



When You Compete Against Yourself, Winning Is Doing the Best You Can

Tony Mourkas's Bumpy Ride

by Lance Tapley

He still has problems.

"Walking down stairs can be a problem. My grip strength is bad. I get hot and cold flashes in my hands and feet.

"Right now, talking to you, I feel like a hundred needles are sticking into each foot.

"There may be permanent effects," he says, an edge to his voice.

On the other hand, 10 months after an accident that left him

paralyzed, tall, sandy-haired Tony Mourkas, 41, of Hampden, one of the Bangor area's most avid bicycle racers, knows that his story is not going to be like Travis Roy's or Christopher Reeve's.

Except maybe it is, in a way. Because it, too, is a story of determination.

"A nurse in rehabilitation gave me a book about disabled athletes. I refused to look at it. I refuse to consider myself disabled."

Does this mean that he can't accept that he may never fully re-



Tony Mourkas along the original route of the Erie Canal

cover?

Tony pauses.

"I've recovered enough to know that athletic activity is going to be a part of my future.

"I don't know what times I'm going to be able to achieve, but I refuse to say I'm not going to be able to do something until I try five times."

For example, in February he competed, for the seventh year in a row, in Mt. Desert Island's Acadia Crossing 15-kilometer cross-country ski race. He came in dead last, a full 25 minutes slower than the previous year.

"But I felt proud," he says, "compared to where I was when I could only take three steps from the hospital bed."

Three steps from the hospital bed—that was late last June.

Several weeks earlier, on June 9, he had been volunteering in the playground at Hampden's McGraw School. He was trying to help a girl cross the monkey bars when she fell or jumped on him and, losing his balance, he hit his head on a wooden beam. He

found himself on the ground, conscious, talking, but unable to move at all.

At the Eastern Maine Medical Center it was determined that he had bruised his spinal cord. He was pumped full of steroids to reduce the swelling, then underwent an operation to fuse three vertebrae in his neck.

"I'd seen the pictures of Travis Roy and Christopher Reeve, and it's not a pretty thought" to contemplate being permanently paralyzed, as he was forced to do.

But about 10 days after surgery he began regaining feeling in his arms and legs. At first he progressed rapidly. Although he had been told he might have to be in the hospital two to three months, he went home, appropriately, on Independence Day.

"The day after I got home I said to my wife: Let's go to the YMCA." He spent 15 minutes pedalling slowly on an exercise bike.

However, despite several months of out-patient physical therapy, in late summer he reached

a plateau in his recovery. Then things began to get worse: He started dragging one leg as he walked.

In mid-September he had a second operation on his neck, this time to relieve pressure on his spinal cord. This "put me out of commission for another month."

The operation was successful, but it was November before he was cleared to exercise as he wished.

And by this time he had endured an athletic nightmare: "I went into this experience as a highly conditioned athlete and I came out as a 98-pound weakling." Actually, he had gone from 182 down to 166—on a 6-foot-2 frame. And his atrophied muscles had lost much of their strength.

Tony is quick to point out that, as a competitor, "I can't honestly say that I set the world on fire."

He had taken up serious cycling only in 1989, soon after moving to Maine, shedding "the corporate rat race" in Pittsburg, where he had been an accountant. He and his wife Anne settled in Hampden

because she had got a job teaching sixth grade at the Fifth Street Middle School in Bangor, a position she still holds. Tony became "a stay-home Dad" as their two children came along—Maggie, now seven, and Michael, now five.

The summer his daughter was a year old, Tony rode his bike 1,800 miles, Maggie often napping in the child's seat behind him.

In the winter he took up weights at the YMCA as well as cross-country skiing. He started bicycle competitions in 1990 and became "serious and dedicated" in 1991. In addition to a lot of Maine bicycle races, he competed in time trials and mass-start races throughout New England and in New York State.

He also became president of the Maine Freewheelers, and Anne began directing many of the races the group organized. Tony and Anne, in fact, became hubs of the Bangor-area bicycling scene—which, in addition to racing includes a lot of weekend rides, long-distance tours, and social events.

After his accident, many club

members encouraged him by including him on their rides—even though his injury required them to slow down to half speed.

Sometimes he gets discouraged about regaining his athletic abilities. "The other day I rode 27 miles on a bike. Most 'normal' people can't do that. On the other hand, my speed was slow. I get ticked off. Once you've climbed Mount Everest, Katahdin doesn't cut it."

Although he plans to participate in a number of bike races this season, "I'm really competing against myself."

This competition includes, in July, trying to repeat a tour he took several years ago in California's Sierra Nevada. He will bike part of the notorious five-mountain-passes, 15,000-foot-elevation-gain "Death Ride."

"My goal this year is just to race and do the best that I can."

That is the essential goal that defines a true athlete, whatever his performance.

Sweat

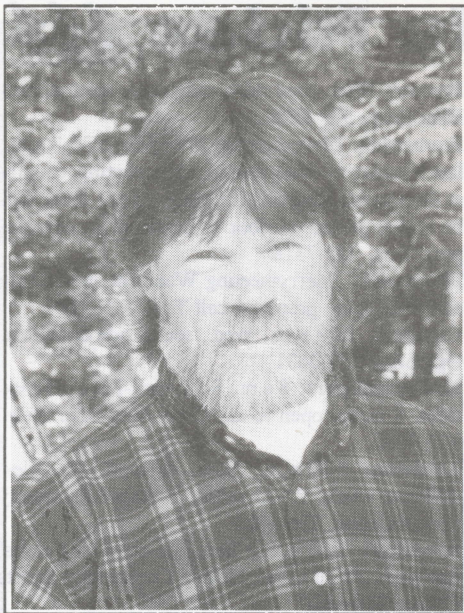
Lance Tapley's Column

Middle-Aged Ski Racer Just Keeps Doing It

Maine has some great young racers, but it may come as a surprise that Maine also has a great middle-aged ski racer. His story should be an inspiration to cross-country skiers over 40.

Raul Siren, 51, a bearded, bushy-haired potter and part-time farmer from Athens, earlier this season won two cross-country ski championships. In the United States masters competition in Stowe, Vt., he finished number one in the 10-kilometer classic and 30-kilometer freestyle (ski skating) races for his 50-59 age group.

Siren (pronounced see-WREN), recently returned from Sweden after skiing in the most famous ski race in the world, the 90-kilometer



Raul Siren

(55.8-mile) Vasaloppet. This race was first held in 1922 and commemorates a ski trek in 1520 which allowed Gustav Wasa, who was later to become the king, to lead Sweden to independence from the Danes. Siren, skiing it for the first time, was among 14,200 competitors.

Finally skiing the great Vasaloppet was a natural for Siren. He has lived in Maine for 24 years, but he has deep Scandinavian roots. He emigrated with his family to this country at the age of ten from an island, Aland, than lies halfway between Finland and Sweden.

Aland belongs to Finland, but its people speak Swedish. Siren still speaks some Swedish—his English has the slightest trace of accent—and in Sweden he stayed with relatives. He was accompanied by his 12-year-old son, Lars-Erik, who already is an accomplished racer.

Siren's first ski race was back on Aland when he was around eight years old. He used bindings made of rubber. When his family moved to this country, they lived in Pennsylvania. Cross-country skiing was virtually nonexistent in suburban Philadelphia in the late 1950s. But Siren persisted, modifying some downhill skis and cajoling his friends to join him whenever it snowed.

He didn't get back to cross-country skiing in earnest, however, until he found himself doing graduate work at the University of Massachusetts in Amherst. In 1970 he bought wooden cross-country skis from an Eastern Mountain Sports store in Massachusetts and began years of "vigorous" touring, especially after he moved to the backcountry of Maine.

"I always dreamed of racing. I always raced

against myself," Siren says.

But as an adult he never raced against anyone else until he was 39. In 1984 he entered Bangor's Great Caribou Bog Race and came in 14th overall out of about 600. Up until this time he had skied only in the "classic" (diagonal) style, but he began to take up skate skiing. "I started racing marathons, so I had to skate to keep up."

He started out skating on regular classic skis with kick wax and using short poles. "My friends told me I'd be good if I got the proper equipment."

He did, and throughout his forties he got better and better. By 1993 he was a top competitor in the two national races that this year he finally won. Although he now competes with the latest plastic skis (as well as in a Spiderman-type body suit), he still uses wooden skis for touring.

He trains in the winter by doing a lot of weekend racing—200 kilometers this season—and an average of three ski sessions during the week for an hour or two each.

He is part of an informal Maine team of top-notch masters skiers (age 30 and over) which includes Sue Foster, 37, of Bar Harbor, who at the same masters national championship won the five-kilometer women's classic race. Thirty-somethings Rick Chalmers of Portland and Peter Hall of Gorham also took first place

in several distances.

One of the nice things about cross-country ski racing in our state is that one gets to observe such talent. Foster and Siren, for example, faced off directly Feb. 18, skiing freestyle, in the Acadia Crossing 15-kilometer race at the Jordan Pond House on Mount Desert Island.

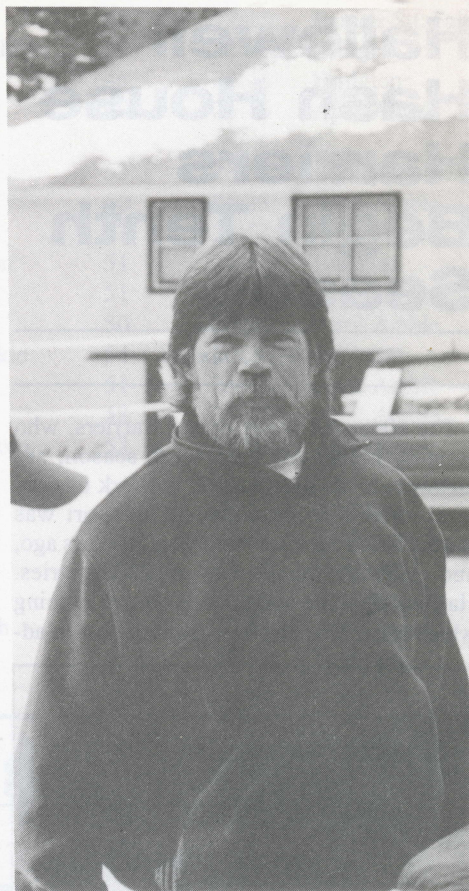
It was an exciting photo finish. Siren came in third in 33:58:02. Foster was next at 33:58:31. Foster's husband, Karl Johnson, had won the race in 32:40.

At five-foot-eleven and 170 pounds, Siren is a good combination of lightness and muscular stockiness. In the warm months he runs, mountain bikes, and hikes with his family. He has two other sons 26 and 19. His wife Susan works as the school nurse in Madison.

"I'm a much better skier than runner," he says, but for his age he does very well: a 5:20 mile a couple of years ago; his ten-kilometer best is close to 39 minutes; he runs five-kilometer races in 18 or 19 minutes.

What does the ski racing future hold for Raul Siren? "I'll just keep doing it," he says.

"Just do it," the Nike shoe company's slogan, may be good for the young, but "just keep doing it" should be the motto for all middle-aged athletes.



Hallowell Hash House Harriers Begin Tenth Season

by Wick Johnson

The Hallowell Hash House Harriers, who recently kicked off their tenth season, are members of an international network of non-traditional running clubs. The sport was started in the Far East more than 50 years ago, and clubs are found in over 125 countries. Hashing is a hare and hounds type of running which takes place on a course laid out in ad-

vance using dots of flour. The pack works together to find the course, which usually goes both on roads and over hill and dale.

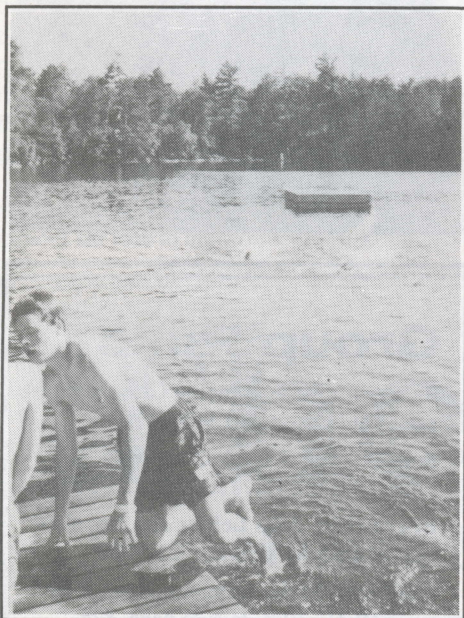
A good course will be three to five miles and take you places you never go on your usual Sunday run. New shoes are not recommended. Courses often change direction unexpectedly and the pack will generally stay relatively close together because the front runners are challenged to stay on the course as they wend their way. The need to find the way makes the sport non-competitive and the runners blow horns and whistles to indicate that they are on the course.

During the last ten years the Hash has covered a great deal of unique ground in Maine. Over 130 runs have been set. Hashes have been run all over the Augusta area, set in the shadow of Katahdin, and run across the Kennebec in January and paddled across it in September. Each summer the Hash is a featured event of both Whatever Week and Old

Hallowell Day. On Old Hallowell Day the run starts from the boat landing on the river in Hallowell and passes both festival events and historic sights.

Over the years the Hash has evolved. In 1994 a walking division was added. The walkers are given a 15 minute head start, and with luck and a little guile they can stay ahead of the runners for the majority of the course. The events are designed to be not only good exercise, but also a good time. There is good-natured comradery and time for socializing after each event. Tired of the same old boring weekend run? This may be just what you are looking for.

The runs are generally held at 3 p.m. on Sundays, but time and day may vary. For information call Al Hyer at 622-7006. The Hash has a free newsletter and you can get on the mailing list by contacting Fred Wingate at 622-7521 (w) or 622-3421 (h).



Expect the unexpected in a hash -- this course featured a swim leg



Harriers in mid-hash



Alice Johnson, godmother of Maine hashing

This year's schedule is as follows:

- May 5 Mud Bowl
- June 30 Whatever Week Run
- July 20 Old Hallowell
- July 27 10th Anniversary Run
- Aug. 25 5th Annual Tri-Wimp-a-Thon
- Sept. 15 Leaf Beater Run
- October 27 Halloween Hash (costumes for all)
- December 8 Remember Pearl Harbor Hash Bash

1995 4-Mile and 8K/5-Mile Rankings

by Matt Dubel

The following were the fastest racers, divided by age groups, at the 4-Mile and 8K/5-Mile distances in the state of Maine in 1995. These rankings include only those races run on certified courses, and only those races for which results were provided. Some runners turned in outstanding performances at both races; in such cases the faster performance is recorded.

4-Mile Men

19 and Under

1.	Colin Moore	16	21:37	Bridgton
2.	Aaron McClure	18	22:38	April Amble
3.	Bill Dederer	18	22:42	Bridgton
4.	Jason Weaver	19	22:50	Bridgton
5.	Ben Picuch	19	23:06	Bridgton
6.	Andy Hale	17	23:22	Habitat for Hum.
6.	Benjamin Fletcher	14	23:22	Bridgton
7.	John Rogerson	17	23:26	Bangor St. Fair
8.	Barry Matulaitis	17	23:51	Bridgton
9.	Eric Wade	17	23:57	Bridgton

20-39

1.	Dave Dunham	31	19:18	Bridgton
2.	Rob Pierce	34	19:29	April Amble
3.	Dan Verrington	33	19:35	Bridgton
4.	Rusty Snow	25	19:42	Bridgton
5.	Bob Winn	36	20:16	April Amble
6.	Kevin Way	26	20:24	April Amble
7.	Scott Brown	36	20:25	Oakhurst
8.	Chris Hood	21	20:43	April Amble
9.	Brent Leighton	25	20:57	April Amble
10.	Tom Thurston	31	20:58	Bridgton
11.	Stephen Sarkory	27	21:15	Bridgton
11.	Bill Desrosier	32	21:15	April Amble
12.	Pete Bottomley	33	21:26	Bridgton
13.	David Weatherbie	27	21:28	Habitat for Hum.
14.	Timothy Wakeland	30	21:31	Bangor St. Fair
15.	Kyle Rhoads	25	21:43	Bridgton
15.	Mark Dudley	35	21:43	Bridgton
16.	Andrew Black	33	21:52	Habitat for Hum.
17.	Roland Thibault	27	21:57	April Amble
18.	Michael Mageles	28	22:04	Bridgton

40-49

1.	Allan Muir	40	20:54	April Amble
2.	George Reed	40	21:01	Bridgton
3.	Leo Dunn	41	21:39	Bridgton
4.	Ralph Fletcher	44	22:05	Bridgton
4.	David Roberts	40	22:05	Habitat for Hum.
5.	Ron Newbury	45	22:14	Bridgton

6.	Michael Gage	42	22:15	Bangor St. Fair
7.	Kevin McDonald	45	22:28	Bridgton
8.	Henry Finch	46	22:44	Bridgton
9.	John Eldredge	40	23:16	April Amble

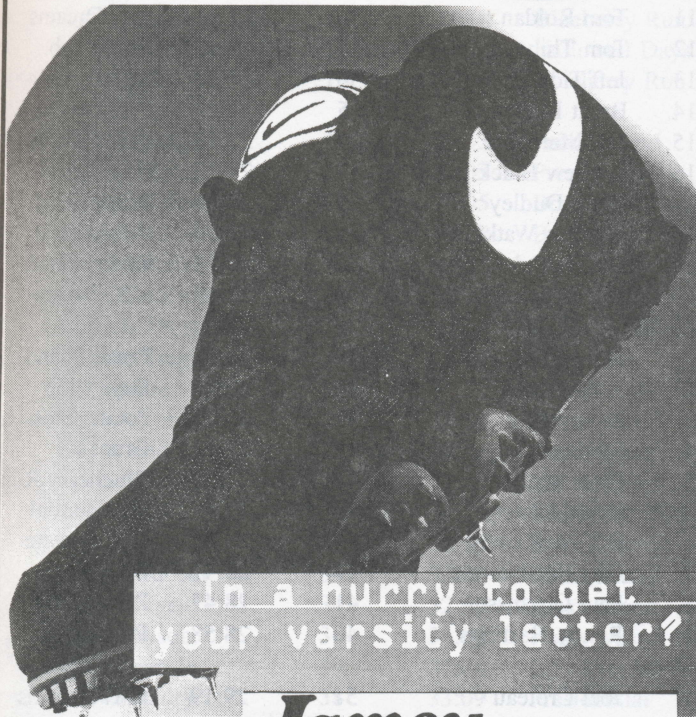
50-59

1.	Lawson Noyes	53	23:59	Habitat for Hum.
2.	Terry Clark	50	24:38	April Amble
3.	Bob Payne	57	24:53	Bridgton
4.	Richard Dickson	51	24:57	Bridgton
5.	Wayne Newton	51	25:11	Bridgton
6.	Dirk Witham	50	25:24	April Amble
6.	David Van Winkle	54	25:24	Bridgton
7.	Mike Marino	51	25:44	April Amble
8.	Peter Bastow	58	25:55	April Amble
9.	Michael Beaudoin	52	26:02	April Amble

60-69

1.	Ken Vinson	60	27:57	Bridgton
2.	Clifford Smith	63	27:58	Bridgton
3.	John Howe	60	28:15	Oakhurst
4.	John Chandler	68	28:51	Bridgton
5.	Rich Cavanaugh	62	30:31	April Amble
6.	Harry Nasse	61	30:32	Bridgton

Zoom Rival D
Track & Field

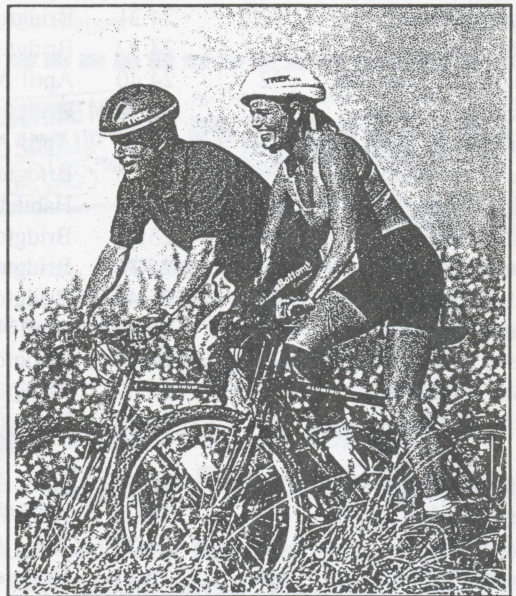


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7.	Terry Overton	61	30:49	Bridgton	8.	Linda Eldridge	50	33:55	Bridgton
8.	Lester Senechal	61	31:23	Bridgton	9.	Sandy Utterstrom	51	34:01	Habitat for Hum.
9.	Robert Harris	60	31:50	Bridgton	9.	Pat Fry	58	34:01	Bridgton
10.	Paul Alpert	60	31:52	Bridgton	60-69				
70+					1.	Maggie Solomon	61	30:59	Bridgton
1.	Carlton Mendell	73	31:39	April Amble	2.	Nancy Hill	62	35:59	Bridgton
2.	Nelson Soule	74	35:08	April Amble	3.	Joyce Goodie	62	37:20	Bridgton
Women					8K/5-Mile				
19 and Under					Men				
1.	Julianna Lagin-Nasse	15	25:38	Bridgton	19 and Under				
2.	Katie Reid	19	26:28	April Amble	1.	Tom Howard	18	27:09	Presidential
3.	Nichole Stevens	18	26:43	Bangor St. Fair	2.	Eric Goodwin	19	27:54	Presidential
4.	Alicia Walsh	19	27:01	Bridgton	3.	P.J. Gorneault	16	27:55	Potato Blossom
5.	Addie Myrick	17	27:26	April Amble	4.	Paul Johnson	17	28:25	Presidential
6.	Bridget MacLaughlin	19	27:39	Habitat for Hum.	5.	Matt Payson	17	28:37	Blueberry Run
7.	Christa Case	16	27:50	Bridgton	6.	Mark Chalufour	18	29:06	Blueberry Run
8.	Kelly Reilly	14	28:13	Bridgton	7.	Jeff Drouin	18	29:15	Peaks Island
9.	Jen Estey	16	28:36	Bridgton	8.	Jason Moor	16	29:40	Blueberry Run
10.	Edie Sonne	19	28:46	Bridgton	9.	Tim Roberts	18	29:47	Peaks Island
20-39					10.	Jero St. Louis	15	29:58	Boys Club
1.	Cynthia Moreshead	21	22:37	Bridgton	20-39				
2.	Sally Perkins	32	22:49	Bridgton	1.	Bob Winn	36	24:35	Peaks Island
3.	Christine Reaser	29	22:58	April Amble	2.	Rob Pierce	34	24:45	Presidential
4.	Terry Sutton	33	23:30	April Amble	3.	Andy Spaulding	24	25:34	L.Y. Dreams
5.	Kristin Pierce	21	23:57	Habitat for Hum.	4.	Jamie Lachance	24	25:35	L.Y. Dreams
6.	Cathleen Allen	28	24:16	April Amble	5.	Bruce Bridgman	34	25:50	Boys Club
7.	Laurel Valley	32	24:21	Bridgton	6.	Kevin Way	26	25:54	Grant's
8.	Kelly Rodrigue	31	24:32	Bridgton	7.	Dan Dearing	33	26:39	Boys Club
9.	Rose Prest-Morrison	32	24:40	April Amble	8.	Chris Hood	21	26:44	Boys Club
10.	Charlotte Thomas	38	25:12	Bridgton	9.	Pat Sullivan	34	26:50	Grant's
11.	Gail Turner	35	25:13	April Amble	10.	Peter Bottomley	33	27:02	Boys Club
12.	Laurie Gaudreau	26	25:23	Bridgton	11.	Tom Roldan	33	27:11	L.Y. Dreams
13.	Mary Meehan	29	25:25	Habitat for Hum.	12.	Tom Thibeau	37	27:15	Boys Club
14.	Wanda Binette	29	25:27	Bridgton	13.	Jeff Tidd	30	27:17	L.Y. Dreams
15.	Noelle Thurlow	29	25:32	Bridgton	14.	Brent Leighton	25	27:21	Presidential
16.	Kelley Cullenberg	34	25:46	Bridgton	15.	Jim Marchese	34	27:23	L.Y. Dreams
17.	Jeanne Hackett	36	25:49	April Amble	16.	Andrew Black	33	27:25	Boys Club
18.	Susan Ertha	29	25:57	Bridgton	17.	Mark Dudley	35	27:29	Presidential
19.	Anne Ricardelli	37	26:07	Bridgton	18.	Thomas Watkins	36	27:36	Presidential
20.	Debra Hanley	34	26:12	Bridgton	19.	David Audet	30	27:39	Peaks Island
40-49					20.	Bill Desrosier	32	27:40	L.Y. Dreams
1.	Carol Hogan	44	25:41	April Amble	40-49				
2.	Carol Weeks	46	26:20	April Amble	1.	Robert O'Hara	40	26:35	Peaks Island
3.	Nancy Lund	43	26:29	April Amble	2.	Allan Muir	40	26:52	Boys Club
4.	Susan Sundborg	45	26:31	Bridgton	3.	Danny Paul	41	27:02	Potato Blossom
5.	Linda Waitkun	42	26:42	Bridgton	4.	Michael Gaige	43	27:12	Grant's
6.	Kathryn Tolford	40	27:19	Habitat for Hum.	5.	Peter Millard	41	27:54	Blueberry Run
7.	Betsy Barrett	44	27:55	April Amble	5.	Donald Avery	40	27:54	Presidential
8.	Kitty Kelley	48	27:56	Bridgton	6.	Bill McKinstry	47	28:35	L.Y. Dreams
9.	Joan Lee	41	28:09	Habitat for Hum.	7.	Guy Berthiaume	49	28:41	Boys Club
10.	Rosalyn Randall	45	28:42	Habitat for Hum.	8.	Paul Goransson	41	28:47	Presidential
50-59					9.	Randy Hastings	40	28:58	Presidential
1.	Gretchen Read	52	25:25	April Amble	50-59				
2.	Faye Gagnon	50	28:50	Bridgton	1.	Joel Croteau	51	29:19	L.Y. Dreams
3.	Gail Reinertsen	53	29:17	Bridgton	2.	Lawson Noyes	53	29:56	L.Y. Dreams
4.	Flo Days	56	32:04	Bridgton	3.	Gary Larson	50	30:57	Boys Club
5.	Tricia Linton	50	32:13	Bridgton	4.	Frank Stapleton	51	31:07	Katahdin Trust
6.	Shirley Leighton	50	32:28	April Amble	5.	Russ Pickering	55	31:08	L.Y. Dreams
7.	Polly Kenniston	57	33:17	April Amble	6.	Terry Clark	50	31:19	Boys Club

7.	Peter Orni	52	31:20	L.Y. Dreams	4.	Janine Franco	40	33:17	L.Y. Dreams
8.	Bob Coughlin	56	31:34	L.Y. Dreams	5.	Carol Weeks	46	33:26	Presidential
9.	Gary Feeney	50	31:45	Potato Blossom	6.	Nancy Cooper	40	33:48	Presidential
10.	Michael Beaudoin	52	33:35	Presidential	7.	Eunice Phillips	44	34:05	Katahdin Trust
60-69									
1.	Hap Hazard	63	33:19	L.Y. Dreams	8.	Judith Argazzi	49	34:20	L.Y. Dreams
2.	John Chandler	67	36:32	Presidential	50-59				
3.	Peter Scontras	66	38:56	Boys Club	1.	Gretchen Read	52	31:40	L.Y. Dreams
4.	Dick Cavanaugh	62	39:42	Presidential	2.	Rene Collins	53	38:29	Grant's
5.	Sam Auerbach	61	40:25	Blueberry Run	3.	Jerri Bushey	51	38:54	Boys Club
6.	Paul McCourt	60	40:37	Peaks Island	4.	Darlene Higgins	54	39:05	Potato Blossom
7.	Kenneth Folsom	69	40:39	Presidential	5.	Eileen Jordan	52	39:52	Potato Blossom
8.	Paul Reynolds	61	40:40	L.Y. Dreams	6.	Elaine Mavenovic	50	41:07	Peaks Island
9.	Ormond Irish	62	40:57	Boys Club	7.	Marcy McGuire	55	41:29	Boys Club
10.	Jack Benton	65	41:27	Peaks Island	8.	Polly Kenniston	58	41:58	Boys Club
70+									
1.	Russ Bradley	71	38:24	L.Y. Dreams	9.	Barbara Minor	51	42:30	L.Y. Dreams
2.	Carlton Mendell	73	38:43	L.Y. Dreams	10.	Susan Blaisdell	54	42:54	Blueberry Run
3.	Louis Peters	70	42:11	L.Y. Dreams	60+				
4.	Philip Campbell	77	43:34	Peaks Island	1.	Maggie Solomon	61	38:49	Presidential
5.	Tom Miller	78	47:39	Blueberry Run	2.	Sally Stazdins	61	43:37	Presidential
6.	Forrest Sawyer	71	61:46	Peaks Island	3.	Christa Curtis	63	44:28	L.Y. Dreams
Women									
19 and Under									
1.	Brigette Laflin	18	32:55	Presidential	4.	Sally Amory	69	45:10	Boys Club
1.	Katie Reid	19	32:55	L.Y. Dreams	5.	Joyce Goodie	62	47:36	Boys Club
2.	Meghan Roushorne	19	34:18	Katahdin Trust	6.	Edna Hyer	61	47:55	Peaks Island
3.	Bridget McLaughlin	19	34:53	Peaks Island	7.	Libby Irwin	67	49:45	Boys Club
4.	Eleanor Anderson	18	36:07	Katahdin Trust	8.	Dolores Billings	65	50:49	L.Y. Dreams
5.	Dasa Pejchar	17	36:39	Peaks Island	9.	Sheila Scandorra	60	51:28	Peaks Island
6.	Kristen Berube	18	36:40	L.Y. Dreams	10.	Leona Clapper	65	52:22	Blueberry Run
7.	Sarah McAleve	14	37:18	Blueberry Run					
8.	Vicki Swindells	17	37:51	Hallowell Days					
9.	Kate Muir	13	38:36	Blueberry Run					
20-39									
1.	Pamel Runquist	32	29:32	Peaks Island					
2.	Sally Perkins	31	30:03	Presidential					
3.	Christine Reaser	29	30:05	Boys Club					
4.	Rose Prest-Morrison	32	30:28	Boys Club					
5.	Terry Sutton	33	30:52	Presidential					
6.	Katie Tiedemann	25	31:15	L.Y. Dreams					
7.	Daniela Daggy	24	31:26	Peaks Island					
8.	Deanne Tragler	30	31:43	Boys Club					
9.	Jan Semba	36	31:51	Grant's					
10.	Mary Meehan	29	31:52	Boys Club					
11.	Laura Hudrett	22	31:56	Peaks Island					
12.	Majorie Graff	27	32:10	L.Y. Dreams					
13.	Sue Foster	37	32:14	Blueberry Run					
14.	Gail Turner	35	32:16	Boys Club					
15.	Leslie Rideout	34	32:30	Peaks Island					
16.	Tina Rufenacht	34	32:37	Peaks Island					
17.	Katie Payson	30	33:02	Peaks Island					
18.	Deb Greenslit	39	33:08	L.Y. Dreams					
19.	Anne Hendry	38	33:09	Presidential					
20.	Mary Bartlett	26	33:17	Katahdin Trust					
40-49									
1.	Nancy Lund	43	32:47	L.Y. Dreams					
2.	Ellen Bowden	42	33:06	Presidential					
3.	Sheila Hodges	40	33:09	Grant's					

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7.	Terry Overton	61	30:49	Bridgton	8.	Linda Eldridge	50	33:55	Bridgton
8.	Lester Senechal	61	31:23	Bridgton	9.	Sandy Utterstrom	51	34:01	Habitat for Hum.
9.	Robert Harris	60	31:50	Bridgton	9.	Pat Fry	58	34:01	Bridgton
10.	Paul Alpert	60	31:52	Bridgton	60-69				
70+					1.	Maggie Solomon	61	30:59	Bridgton
1.	Carlton Mendell	73	31:39	April Amble	2.	Nancy Hill	62	35:59	Bridgton
2.	Nelson Soule	74	35:08	April Amble	3.	Joyce Goodie	62	37:20	Bridgton
Women					8K/5-Mile				
19 and Under					Men				
1.	Julianna Lagin-Nasse	15	25:38	Bridgton	19 and Under				
2.	Katie Reid	19	26:28	April Amble	1.	Tom Howard	18	27:09	Presidential
3.	Nichole Stevens	18	26:43	Bangor St. Fair	2.	Eric Goodwin	19	27:54	Presidential
4.	Alicia Walsh	19	27:01	Bridgton	3.	P.J. Gorneault	16	27:55	Potato Blossom
5.	Addie Myrick	17	27:26	April Amble	4.	Paul Johnson	17	28:25	Presidential
6.	Bridget MacLaughlin	19	27:39	Habitat for Hum.	5.	Matt Payson	17	28:37	Blueberry Run
7.	Christa Case	16	27:50	Bridgton	6.	Mark Chalufour	18	29:06	Blueberry Run
8.	Kelly Reilly	14	28:13	Bridgton	7.	Jeff Drouin	18	29:15	Peaks Island
9.	Jen Estey	16	28:36	Bridgton	8.	Jason Moor	16	29:40	Blueberry Run
10.	Edie Sonne	19	28:46	Bridgton	9.	Tim Roberts	18	29:47	Peaks Island
20-39					10.	Jero St. Louis	15	29:58	Boys Club
1.	Cynthia Moreshead	21	22:37	Bridgton	20-39				
2.	Sally Perkins	32	22:49	Bridgton	1.	Bob Winn	36	24:35	Peaks Island
3.	Christine Reaser	29	22:58	April Amble	2.	Rob Pierce	34	24:45	Presidential
4.	Terry Sutton	33	23:30	April Amble	3.	Andy Spaulding	24	25:34	L.Y. Dreams
5.	Kristin Pierce	21	23:57	Habitat for Hum.	4.	Jamie Lachance	24	25:35	L.Y. Dreams
6.	Cathleen Allen	28	24:16	April Amble	5.	Bruce Bridgham	34	25:50	Boys Club
7.	Laurel Valley	32	24:21	Bridgton	6.	Kevin Way	26	25:54	Grant's
8.	Kelly Rodrigue	31	24:32	Bridgton	7.	Dan Dearing	33	26:39	Boys Club
9.	Rose Prest-Morrison	32	24:40	April Amble	8.	Chris Hood	21	26:44	Boys Club
10.	Charlotte Thomas	38	25:12	Bridgton	9.	Pat Sullivan	34	26:50	Grant's
11.	Gail Turner	35	25:13	April Amble	10.	Peter Bottomley	33	27:02	Boys Club
12.	Laurie Gaudreau	26	25:23	Bridgton	11.	Tom Roldan	33	27:11	L.Y. Dreams
13.	Mary Meehan	29	25:25	Habitat for Hum.	12.	Tom Thibeau	37	27:15	Boys Club
14.	Wanda Binette	29	25:27	Bridgton	13.	Jeff Tidd	30	27:17	L.Y. Dreams
15.	Noelle Thurlow	29	25:32	Bridgton	14.	Brent Leighton	25	27:21	Presidential
16.	Kelley Cullenberg	34	25:46	Bridgton	15.	Jim Marchese	34	27:23	L.Y. Dreams
17.	Jeanne Hackett	36	25:49	April Amble	16.	Andrew Black	33	27:25	Boys Club
18.	Susan Ertha	29	25:57	Bridgton	17.	Mark Dudley	35	27:29	Presidential
19.	Anne Ricardelli	37	26:07	Bridgton	18.	Thomas Watkins	36	27:36	Presidential
20.	Debra Hanley	34	26:12	Bridgton	19.	David Audet	30	27:39	Peaks Island
40-49					20.	Bill Desrosier	32	27:40	L.Y. Dreams
1.	Carol Hogan	44	25:41	April Amble	40-49				
2.	Carol Weeks	46	26:20	April Amble	1.	Robert O'Hara	40	26:35	Peaks Island
3.	Nancy Lund	43	26:29	April Amble	2.	Allan Muir	40	26:52	Boys Club
4.	Susan Sundborg	45	26:31	Bridgton	3.	Danny Paul	41	27:02	Potato Blossom
5.	Linda Waitkun	42	26:42	Bridgton	4.	Michael Gaige	43	27:12	Grant's
6.	Kathryn Tolford	40	27:19	Habitat for Hum.	5.	Peter Millard	41	27:54	Blueberry Run
7.	Betsy Barrett	44	27:55	April Amble	5.	Donald Avery	40	27:54	Presidential
8.	Kitty Kelley	48	27:56	Bridgton	6.	Bill McKinstry	47	28:35	L.Y. Dreams
9.	Joan Lee	41	28:09	Habitat for Hum.	7.	Guy Berthiaume	49	28:41	Boys Club
10.	Rosalyn Randall	45	28:42	Habitat for Hum.	8.	Paul Goransson	41	28:47	Presidential
50-59					9.	Randy Hastings	40	28:58	Presidential
1.	Gretchen Read	52	25:25	April Amble	50-59				
2.	Faye Gagnon	50	28:50	Bridgton	1.	Joel Croteau	51	29:19	L.Y. Dreams
3.	Gail Reinertsen	53	29:17	Bridgton	2.	Lawson Noyes	53	29:56	L.Y. Dreams
4.	Flo Days	56	32:04	Bridgton	3.	Gary Larson	50	30:57	Boys Club
5.	Tricia Linton	50	32:13	Bridgton	4.	Frank Stapleton	51	31:07	Katahdin Trust
6.	Shirley Leighton	50	32:28	April Amble	5.	Russ Pickering	55	31:08	L.Y. Dreams
7.	Polly Kenniston	57	33:17	April Amble	6.	Terry Clark	50	31:19	Boys Club

Road Race

Killarney's 10K Waterville March 17

1. Bob Winn	37	Ogunquit	32:18	36. Albert Lagasse	49	N. Anson	41:01	79. Jim Moore	52	Waterville	47:04
2. Scott Brown	37	Lewiston	33:29	37. Bill Sproul	38	New Gloucester	41:23	80. Claire Vanderven	35	Lincolntonville	47:13*
3. Jeffrey Banger	34	Bath	34:28	38. Juliet Shagoury	31	Windsor	41:32*	81. Nancy Lagin	46	Starks	47:14*
4. Patrick Sullivan	34	Bangor	34:35	39. Chris Prickett	45	Cambridge	41:36	82. Kevin Conley	27	Portland	47:16
5. Steve Podgajny	45	Brunswick	34:54	40. Tim Sichel	43	Bowdoin	41:51	83. Richard Scribner	44	Gorham	47:17
6. Bill Desrosier	33	Falmouth	35:41	41. Julie Lagin-Nasse	16	Starks	42:01*	84. Dena Flye	27	Waterville	47:42*
7. Ludo Bruyere	27	Augusta	35:55	42. Julie McGee	36	Waterville	42:02*	85. Tom Brennan	43		48:01
8. Paul Fagan	43	Camden	36:09	43. Mark Johnston	42	Augusta	42:19	86. Julia Drinker	35	Portland	48:08*
9. Guy Berthiaume	50	Augusta	36:31	44. Charles Morin	33	Lewiston	42:20	87. Skip Pratt	42	Hinckley	48:20
10. Ron Plourde	26		36:54	45. Nancy Kneeland	41	Kennebunk	42:21*	88. John Schwerdel	50	Manchester	48:25
11. Julia Kirtland	31	S. Harpswell	37:26*	46. Jessica Andrews	20	Alfred	42:22*	89. Mike Butler	44	Waterville	48:40
12. T.J. Hesler	27	Augusta	37:48	47. Gregg Wood	37	Litchfield	42:34	90. Richard Miles	41	Bangor	49:06
13. Rose Morrison	33	Limerick	38:10*	48. Tony Hess	48	Oakland	42:49	91. David Benn	50	Waterville	49:09
14. Steve Peterson	46	Camden	38:11	49. Tom Littlefield	50	N. Berwick	43:05	92. Louisa Dunlap	55	Belfast	49:09*
15. Todd Murphy	29	Montville	38:18	50. Ann Marie Strohm	31	Gorham	43:20*	93. Judy Harris	41	Skowhegan	49:14*
16. Robert Jordon	36	Ellsworth	38:33	51. Gerard Conley	42	Portland	43:21	94. Brooke Jansen	35	Skowhegan	50:00*
17. Nghia Huynh	18	Portland	38:34	52. Bob Gillespie	55	Benton	43:35	95. Milt Dudley	44	Bath	50:09
18. Richard Harding	16		39:06	53. David Thompson	27	Unity	43:46	96. Ed Atlee	56	Augusta	50:48
19. Christine Reaser	30	Augusta	39:12*	54. Chuck Greenlaw	37	Topsham	44:10	97. Mark Daiute	42	Wassasset	51:00
20. Bill Dubord	48	Waterville	39:13	55. Dale Dickie	53	Brownville Jct.	44:18	98. Keith Curtis	66	Waterville	51:13
21. Randy Spencer	34	Freeport	39:18	56. Doug Terp	34	Waterville	44:23	99. John Fiedler	54	Bangor	51:15
22. David Simard	38	Augusta	39:24	57. Maureen Sproul	39	New Gloucester	44:29*	100. Mark Lincoln	46	Wilton	51:27
23. R.J. Harper	49	Farmingdale	39:27	58. Ed Scott	43	Bangor	44:31	101. Neil Chivington	48		51:37
24. Frank Fogg	35	Union	39:36	59. Bob Brosius	43	Winthrop	44:43	102. Nate Dumont	12	Vassalboro	51:46
25. Laurel Valley	33	Hiram	39:43*	60. Philip Conkling	47	Rockport	44:50	103. Keith Holland	40	Rockport	51:47
26. Ken Flanders	44	Portland	39:54	61. Ron Spencer	37	Central Sq. N.Y.	44:54	104. John LeRoy	59	Brunswick	52:14
27. Terry Clark	51	Windham	40:09	62. Nancy Weis	35	Springvale	45:00*	105. Scott Verrill	51	Livermore Falls	52:49
28. John Cullen	44	Topsham	40:15	63. Jane Rau	46	Augusta	45:16*	106. Ron Chase	55	Durham	52:56
29. Chris Atlee	25	Augusta	40:20	64. Peter Bastow	59	Cumberland Ctr.	45:24	107. Gregg LeBlanc	21	Waterville	53:19
30. Larry Thompson	42	Gorham	40:22	65. Bruce Bell	56	Farmingdale	45:25	108. R. Davis Hart	49	Portland	53:24
31. Keven Burke	31	Newcastle, N.H.	40:43	66. Ken Fowler	21	Waterville	45:35	109. Cost Vafiades	46	Newport	53:35
32. Fred Karter	46	Waterville	40:46	67. Kevin Pirani	21	Waterville	45:35	110. Donna Donald	46	Vassalboro	53:52*
33. Gary Larson	50	Dover-Foxcroft	40:47	68. Dale Rines	43	Gorham	45:48	111. Tony Dumont	42	Augusta	54:10
34. Dan Herbert	31	Lewiston	40:52	69. Joe Ewings	46	Monticello	46:11	112. Linda Wood	40	Edgecomb	55:10*
35. Michael Moran	40	Orrs Island	40:52	70. Angela Edgecomb	28	Monticello	46:12*	113. Robert Perry	41	Clinton	55:18
				71. Jeff Preble	42	Manchester	46:14	114. Nicole Breton	25	Waterville	55:21*
				72. Betty Rines	39	Gorham	46:20*	115. Moe Fortin	49	Augusta	55:34
				73. Steve Razioldo	34	Fairfield	46:32	116. Polly Kenniston	59	Scarborough	55:54*
				74. Larry Fortin	47	Farmingdale	46:33	117. Dick Lancaster	38	Brunswick	56:32
				75. Paul Yates	45	Pemaquid	46:35	118. Mary Ford	37	Bangor	58:23*
				76. David Atwood	44	Old Town	46:46	119. Denny Morrill	56	Portland	59:33
				77. Hap Hazzard	64	S. Freeport	46:56	120. Mark Clinch	40	Gorham	66:13
				78. Michael Bard	36	Windsor	46:59				



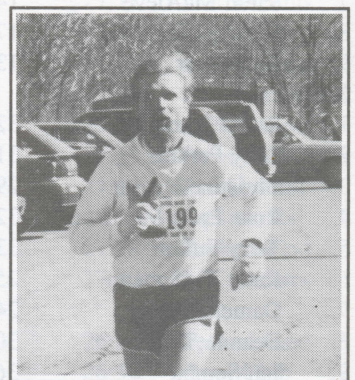
Winner Bob Winn



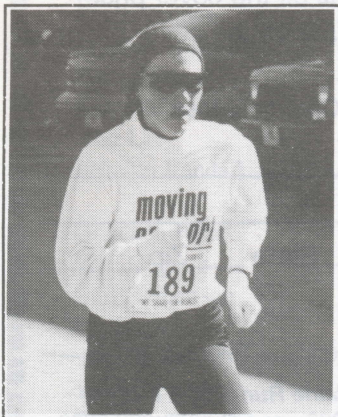
Dan Hebert (212) and Michael Moran clash in the closing yards



Julia Drinker of Portland



Tim Sichel of Bowdoin



Women's winner Julia Kirtland



Runner-up Scott Brown



Peter Bastow (209) and Bruce Bell smile in the closing yards



Rose Prest-Morrison (183) and Steve Peterson (134), with Todd Murphy (197) close behind



Julies: Lagin-Nasse (207) and McGee (154)



Robert Jordon (179) and Nghia Huynh closing in



Fred Karter (214) and Gary Larson (175)



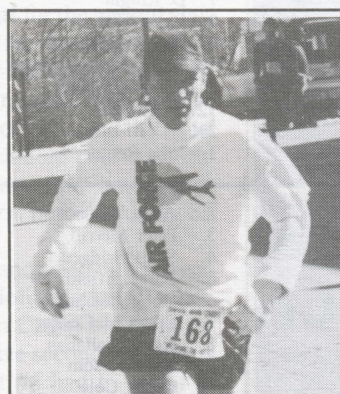
Doug Terp of Waterville



Bob Brosius of Winthrop



Tom Littlefield of N. Berwick



Randy Spencer of Freeport



Patrick Sullivan of Bangor

Marathon

Troll Valley Ski Marathon Farmington Feb. 4

42K Freestyle

1.	Michael Dreher	2.06.21.0
2.	Michael Yeo	2.18.17.4
3.	Michael Frassica	2.19.50.1
4.	Richard Saltonstall	2.22.43.0
5.	Stewart Walker	2.37.07.5

21K Freestyle

1.	Dan Greenleaf	1.05.52.6
2.	Jim Dowling	1.29.53.9

X-C Ski Race

Smiling Hill Stampede X-C Ski Race Feb. 18

10K Freestyle

1.	Ron Newbury	Auburn	29.18
2.	John Tarling	Yarmouth	29.33
3.	Peter Hall	Gorham	29.45
4.	Ludo Bruyere	Augusta	30.29
5.	Brian McRea	Freeport	31.26
6.	Peter Merrill	S. Portland	31.52
7.	Ruth Hall	Gorham	34.26*
8.	Rick Chalmers	Portland	34.52
9.	Tom Ball	Portland	35.03
10.	James Reuter	Bethel	36.54
11.	Alice Goodwin	Brunswick	37.37*
12.	Barb Parker	Topsham	39.56*
13.	Steve Swan	Windham	39.58
14.	Richard Davids	Windham	41.12
15.	Michael Loughlin	Limerick	54.07
16.	Dwayne Clemen	N. Berwick	1.03.09

5K Freestyle

1.	John Eldridge	Cumberland	16.15
2.	Rob Craig	Cumberland	18.06
3.	Andy Shepard	Yarmouth	18.47
4.	Michael Beaudoin	Portland	23.23
5.	Bruce Hunter	Readfield	23.52
6.	Julie Griffin	Portland	24.27*
7.	Muzzy Barton	Cape Elizabeth	28.22
8.	Beth Barton	Cape Elizabeth	37.34*
9.	Mike Miller	Cape Elizabeth	40.44

Biathlon

Troll Valley Ski-Archery Biathlon Farmington - Feb. 18

This Troll Valley Biathlon featured a twist in the traditional biathlon format, with contestants using a bow and arrow on the targets interspersed over the 6K course.

Classic X-C

1.	Gavin Maloney	Acton	45:48
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Freestyle X-C

1.	Ben Hoisington	Farmington	21:32
2.	Dylan Archard	Vienna	30:34
3.	Shane Wilkins	E. Livermore	36:44

Take Photographs!

If you wish us to publish photos of racers along with the results, please provide the runners' names, and black and white photos if possible. We would like also to begin a regular feature of prize-winning-type photography of Maine people involved in the sports this magazine covers. Send in your best photos, along with caption material!



Shane Wilkins takes aim in Troll Valley Biathlon

Ski Race

Bill Koch Youth Ski League Races

Smiling Hill Farm Feb. 18

Lollipop I

1. S. Tarling	Cumberland	2:23
2. Charlie Governali	Cape Elizabeth	2:33
3. Mathew Kingsbury	Cape Elizabeth	2:38
4. P. Stoddard		2:55
5. Alison Hall	Gorham	3:12*
6. G. Stevenson		4:01
7. Chris Esposito	Casco	4:06
8. Elise Littlefield	Cape Elizabeth	5:55*
9. Alex Miller	Cape Elizabeth	6:27
10. Tom Butler	Cape Elizabeth	6:41
11. Lizzy Zuckerman	Cape Elizabeth	7:45*
12. Peter Barton	Cape Elizabeth	8:11
13. Peter Governali	Cape Elizabeth	8:40

Lollipop II

1. Sam Mathes	Norridgewock	1:53
2. MacGill Eldredge	Cumberland	2:44
3. Hannah Shepard	Yarmouth	3:03*
4. Chris Miller	Cape Elizabeth	3:03
5. Laura Gardener	Auburn	3:04*
6. Stanis Roberts	Cape Elizabeth	3:07
7. Elise Moody-Roberts	Cape Elizabeth	3:17*
8. Lindsay Mathes	Norridgewock	3:57*
9. Lilly Hoffman	Cape Elizabeth	4:42*
10. Maggie Butler	Cape Elizabeth	5:10
11. Clark Shepard	Yarmouth	5:48
2K		
1. Sam Mathes	Norridgewock	9:06
2. Sean Savignano	Auburn	11:16
3. Ian Eldredge	Cumberland	13:39
4. Kate Barton	Cape Elizabeth	13:54*
5. Stanis Roberts	Cape Elizabeth	14:22
6. Michael Scott	Cape Elizabeth	14:24
7. D. Knight		15:01
8. Chris Miller	Cape Elizabeth	16:49
9. Hannah Shepard	Yarmouth	16:54*
10. Elise Moody-Roberts	Cape Elizabeth	17:02*
11. Reed Stevenson	Cape Elizabeth	17:32
12. S. Hoffman		20:50
3K		
1. John Reuter	Bethel	10:11

2. Mathew Barton	Cape Elizabeth	11:37
3. Ted Upton	Cape Elizabeth	11:54
4. Hillary Easter	Jay	12:31*
5. Joanna Kinsman	Fryeburg	13:51*
6. Daniel Gray	Cape Elizabeth	14:15
7. Sarah Gardner	Auburn	15:15*
8. Margaret Savignano	Auburn	15:34*
9. Mathew Carey	Leeds	15:35
10. Sarah Mathes	Norridgewock	16:14*
11. Jeff Doucette	Cape Elizabeth	17:05
12. Spencer Blair-Glantz	Cape Elizabeth	20:44
4K		
1. Andy Hunter	Readfield	12:24
2. Ben Lounsbury	Auburn	12:51
3. Walt Shepard	Yarmouth	14:09
4. Eileen Carey	Leeds	14:42*
5. Colin Reuter	Bethel	14:42
6. Christine Gagnon	Jay	14:52*
7. Natalie Lounsbury	Auburn	15:53*
8. Tiger Knecht		16:10
9. Melissa Allen		17:00*
10. W. Dominic		18:04
11. Eric Messerschmitt	Cape Elizabeth	18:05
12. Nathan Kinsman	Fryeburg	18:12
13. Alex Lankowski	Cape Elizabeth	19:33
14. Kirsten Barton	Cape Elizabeth	20:22*
15. Eric Volin	Cape Elizabeth	22:04

X-C Ski Race

24th Sunday River Langlauf 15K X-C Ski Race

Newry - March 2

1. Dan Works	35 Auburn	49.09
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2. Andy Brenner	18 Yarmouth	52.05
3. Peter Merrill	36 S. Portland	53.11
4. Scott Bridges	18 Yarmouth	54.04
5. Barry Fifield	39 Gray	55.20
6. Doug Zinchuk	42 Bethel	55.30
7. Ethan McCusker	28 Yarmouth	57.38
8. Kevin Callahan	36 Norwell, MA	57.39
9. Jeff Newsom	52 S. Paris	58.54
10. Curtis Cole	42 S. Paris	59.15
11. Jim Dowling	44 Buckfield	59.30
12. Ruth Hall	37 Gorham	59.56*
13. Bruce Gridley	41 Portland	60.27
14. Owen Haskell	67 New Gloucester	61.38
15. Carissa Rowbottom	18 Pownal	63.33*
16. David Walker	40 Bethel	64.21
17. Charles Cary	53 S. Harpswell	64.54
18. Joe Hardy	51 Wells	65.07
19. Michael Guilfooy	42 Rochester, N.H.	65.41
20. Mike Farnham	41 Oxford	66.57
21. Barbara Parker	35 Topsham	70.06*
22. Aims Coney	41 Stow, MA	72.30
23. Andrew McCusker	48 Yarmouth	75.40
24. Andrew Gallop	35 Winchester, MA	76.58
25. Erlon Blood	78 S. Lancaster, MA	82.01
26. Lydia Eusden	39 S. Paris	83.19*
27. Samuel Shallard	45 Yarmouth	85.24
28. Tom De Lucco	29 Hartford, CT	87.20
29. Nancy Kettle	61 New Gloucester	89.12*

X-C Ski Race

Rangeley Lakes Loppet X-C Ski Race

March 10 30K Freestyle

1. Brian Carlson	1:27:33.20
2. Daniel Works	1:31:34.60
3. Michelle Spina	1:32:54.90*
4. Scott Doughty	1:33:13.40
5. Chris Dorion	1:35:24.10
6. Ron Newbury	1:35:42.70
7. Adam Masterman	1:38:28.40

8. Dain LaRoche	1:38:29.10
9. Raul Siren	1:39:02.60
10. Mark Danyla	1:40:25.40
11. Mike Innes	1:40:37.40
12. Ludovic Bruyere	1:41:46.20
13. Richard Saltonstall	1:44:12.60
14. Rick Chalmers	1:47:51.50
15. David Thomas	1:49:03.70
16. Ben Otts	1:50:11.80
17. Luke Breslin	1:53:31.60
18. Peter Gagnon	1:53:49.50
19. D.J. Cornell	1:57:31.90
20. Jesse Alt	1:57:56.60
21. Jeff Newsom	1:59:11.30
22. Jim Dowling	2:03:40.90
23. Saranne Taylor	2:06:13.30*
24. Douglas Huntley	2:06:28.60
25. Austin Conrad	2:07:09.80
26. Andrew Lemanski	2:07:54.90
27. Heather Bend	2:09:18.20*
28. Jeff Foltz	2:10:07.80
29. Doug Malloy	2:21:36.70
30. Dick Hale	2:31:27.70
31. Ron Paquette	2:41:21.60
32. Gene Roy	2:47:07.00
10K Freestyle	
1. Heather Decker	39:41.8*
2. Sara Kate May	43:03.9*
3. Dan Eckels	44:48.8
4. Rima Lathrop	46:13.4*
5. Peter Christensen	48:55.3
6. Barbara Parker	49:55.5*
7. Gregg Silloway	52:38.2
8. Suzanne Csonyor	56:56.5
9. Rumley Goodwin	1:03:59.3
10. Elizabeth Saltonstall	1:08:08.6*
11. Maryanne Goodwin	1:16:35.9*
12. William Polloch	1:27:29.4

Telemark Race

2nd Great Mt. Abram Uphill-Downhill Telemark Race Locke Mills - March 17

This unique race consisted of an uphill climb followed by a downhill giant slalom run and required that the same skis be used for both sections. Prizes were awarded to the best times on both legs of the event, and to the fastest combined times.

Combined (Uphill and Downhill)

Men		
1. John Matieu	Bath	
2. Daryl Brown	Windham	
Women		
1. Anna Agell	Portland	
2. Lesslie Conally	Cape Elizabeth	
Downhill		
Men		
1. Doug Briggs	Portland	
2. Mike Evan	Bath	
Women		
1. Anna Agell	Bath	
2. Lesslie Conally	Cape Elizabeth	
Uphill		
Men		
1. John Matieu	Bath	
2. Doug Briggs	Portland	

Women

1. Johanna Haskell	N. Monmouth
2. Sheila Murray	Portland



MAINE RUNNING & FITNESS

New England Junior II X-C Ski Championships Sugarloaf March 8-10

by Dorcas Wonsavage

Everyone here was reminded why they love cross-country skiing. This was a weekend such as dreams are made of—bright March sunlight, fresh snowfall, hard-wax conditions, a myriad of fun and challenging courses, and a hard-working race organization. The Junior II Championships at Sugarloaf Ski Touring Center in Maine went off splendidly, according to parents and athletes alike.

Maine, New Hampshire, Vermont, and Massachusetts all arrived with teams of 20 girls and 20 boys, the best JII racers of their state. Day one was the 4.9K classic race. The waxing was straightforward and, in the falling snow, it was Dan Chaffee from W. Lebanon, Adam Lunsford from Hopkinton, and Mathew Tanz from Holderness, taking first, second, and fourth for New Hampshire, interspersed with Colin Rogers from Westford, Kyle Dezotell from Newport, Rudd Davis from Cambridge, and Ryan Biddescombe from Rutland taking third, fourth, sixth, and seventh for Vermont. Justin Easter from Jay was the top Maine skier, coming in twelfth, and Mathew Holland headed up the Massachusetts contingent, coming in eighth.

For the girls, Jessica Tetrault from Newport Center, Anna Carlson from Westford, and Deb Vogl from Colchester took first, second, and fourth for Vermont; Amy Weber from Williamsburg, and Abigail Pajak of Westhampton, took third and fifth for Massachusetts; Liza Hansel from Keene was tops for New Hampshire, and Megan Greenleaf was Maine's top girl in eighth place.

Day two's schedule was busy. In the morning was the individual 4.9K freestyle race. For the boys Colin Rodgers, Ryan Biddescombe, and Rudd Davis took first, second, and fourth for Vermont; Adam Lunsford, Dan Chaffee, and Mathew Tanz took second, sixth, and tenth for New Hampshire; Mathew Holland was fifth for Massachusetts and Maine's top skiers Sam Trafton and Justin Easter came in eleventh and twelfth.

In the girls' race, Gretchen Czaja, Hilary Hackman, and Amy Weber were first, sixth, and eleventh for Massachusetts; Taylor Donaghy, Liza Hansel, and Anna Carvill were second, eighth, and thirteenth for New Hampshire; Megan Greenleaf and Karen Frost came in third and seventh for Maine. Vermont had

Deb Vogl, Anna Carlson, and Hattie Shelton for fourth, fifth, and ninth.

Later that afternoon was the event that proved to be everyone's favorite, the skiathlon. In waves of four, started at one-minute intervals, the racers raced a fast and furious 1.2K around the bog. Many racers weren't even tired at the end! The results were similar, except for Sam Trafton, who had his best race and came in fourth, and Mariah Hamel of Massachusetts, who surprised herself and others by coming in eighth.

Day three, Sunday morning, dawned gloriously sunny and warm for the 4x2.1K mixed relay. Each team consisted of a boy for the scramble classic leg, a girl for the second classic leg, then another boy for the third freestyle leg, and another girl for the anchor freestyle leg. The start was a scramble, with tangled skis and poles, a couple of falls, and the usual accordion effect as the double pole start immediately contracted into four lanes, then rounded a 180 degree turn, before heading off onto the course.

Teams jockeyed back and forth, but Massachusetts #4 (Mathew Holland, Amy Weber, Adam Kincaid, Gretchen Czaja) led from the start. Vermont #1 was five seconds behind as runner-up, and Vermont #6 had to sprint to the finish to tie with New Hampshire #2 for third place. Maine's team #3 (Justin Easter, Megan Greenleaf, Sam Trafton, Karen Frost) kept ahead of Massachusetts #14 to capture eighth place.

In the individual overall scoring, Colin Rogers from Vermont won with a total of 309 points, ahead of New Hampshire's Adam Lunsford, who had 300. Third place went to Rudd Davis of Vermont. Justin Easter of Maine broke into the ranks for sixth place overall, while Mathew Holland of Massachusetts led his state with an eighth-place finish.

For the women, Gretchen Czaja of Massachusetts was eight points ahead of Deb Vogl of Vermont, while Amy Weber of Massachusetts finished third. Taylor Donaghy of New Hampshire captured fourth, and Megan Greenleaf was the top Maine skier overall, in seventh with 284 points.

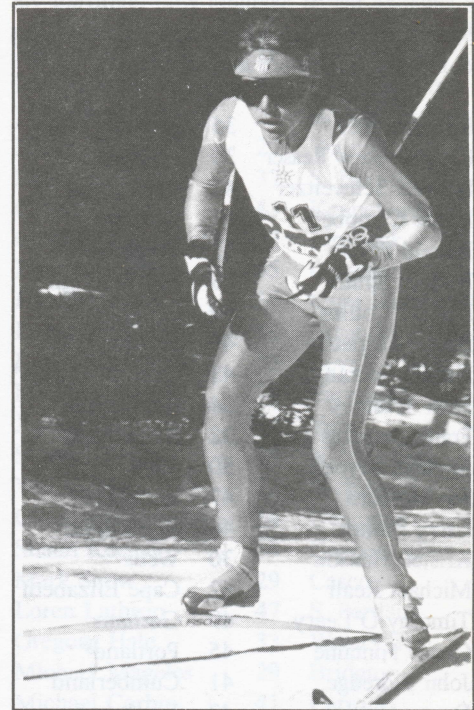
Although the final results showed new names, the overall title remained the same: For the sixth year in a row, Vermont won the overall title. New Hampshire placed second to Vermont in every event except the skiathlon, and finished second overall. Maine and Massachusetts vied back and fourth for third and fourth place in each event except the skiathlon, where Massachusetts took second to Vermont. When the weekend was through, it was Massachusetts in third, with 194 points, over Maine.

The Vermont coaches attribute much of their success to their continuity; the same coaches organize and coach at the JII championships each year, and they have the planning down

pat, right to the rented U-Haul Trailer that protected them while they were waxing from the falling snow and wind on Friday.

Sun and snow and lots of smiles shone on all these champions and their teammates at the JII Championships at Sugarloaf.

Dorcas Wonsavage of Farmington is a three-time member of the United States Olympic cross-country ski team.



Dorcas at the 1988 Calgary Winter Olympics



Dorcas at the 1991 American Birkebeiner

100th Boston Marathon Entrants From Maine

The following runners are entered in April 15th's Boston Marathon. The entries are in the order provided by the Boston Athletic Association, which would appear to be none. For a separate list of Mainers who qualified via lottery, see the March issue of Maine Running & Fitness. (They are included here.)

Robert Pierce	35	Alfred	Richard Lepore	65	Eliot	David Tolstrup	40	Calais
Christine Snow Reaser	30	Augusta*	Hal Stewart	34	Presque Isle	Sharon Wilbraham	31	Bath*
Isabelle Schweitzer	42	Bar Harbor*	Robert Craig	39	Cumberland	Eugene Waters	59	Cumberland
Bruce Campbell	41	Portland	Julie McGee	36	Waterville*	John Carpenter	37	N. Yarmouth
Ronald Pelton	42	Yarmouth	Lou Lainey	49	Island Falls	Brent Graham	26	Cape Elizabeth
Rodger Smith	50	Scarborough	Kelly Hinckley	37	Lewiston	Clifton Fletcher	34	Augusta
Donald Collins	59	Bridgton	Kenneth Cotton	46	Bristol	Russell Hughes	36	Richmond
Bruce Alexander	49	Presque Isle	Robert LaNigra	53	Auburn	Marilyn Gelish	41	Kennebunk*
Harriet Turkanis	43	Cape Elizabeth*	Edison Doughty	47	Gray	William Bennett	44	Windham
Peter Whitney	34	Kennebunk	Mark Ewert	37	S. Portland	Andrew Mabry	45	Fort Fairfield
Frank Drigotas	32	Kennebunk	Peter Golbitz	41	Bar Harbor	Hans Bucher	45	Rockland
Michael Myrick	50	Saco	John Love	44	Portland	Franklin McElwain	41	Caribou
Joe McGurn	47	Rockland	John Braccio	41	Yarmouth	Douglas Hodum	23	Milford
Larry Barker	46	S. Portland	Brian McCrea	36	Freeport	Alburn Butler	42	Portland
Kristen Hanson	30	Wells*	Bob Coughlin	57	Cape Elizabeth	Mark Nowak	47	Topsham
Michael Reali	42	Cape Elizabeth	Alan Sabaka	49	Kennebunkport	Kevin Johnson	41	Bar Harbor
Timothy O'Leary	49	Gorham	Amanda Houston	30	Orrs Island*	Marlin Conrad	43	N. Yarmouth
Cecile Fontaine	45	Portland*	Majorie Adams	46	Cumberland*	Peter Cheney	51	Yarmouth
John Eldredge	41	Cumberland	Terry Sutton	34	Portland*	Kurt Nielsen	41	Cape Elizabeth
Donna Holtby	42	Fryeburg*	Michael Pratico	30	Portland	Kevin Carley	41	Cumberland
John Pettorini	47	Kennebunk	Alan Nye	41	Portland	Harry Nelson	41	N. Yarmouth
Mark Hurvitt	37	Kingfield	Laurel Valley	33	Hiram*	Michael Cavanaugh	45	Portland
Patricia Bacon	49	York Harbor*	Amanda Russell	37	Edgecomb*	Robert Brooks	31	Portland
Stephen Assanta	43	Sebago Lake	William Thompson	44	Brunswick	Connie Mendonca	45	Sinclair*
James Williams	42	Cape Elizabeth	Garry Grigel	39	Portland	Michael Mendonca	39	Sinclair
Donald Kent	43	Portland	Kelly Rodrigue	32	Lewiston*	Matthew Archambeau	23	Bucksport
Arlin Kent	44	Portland*	Lewis McDonald	40	Sanford	Brian Hamel	38	Presque Isle
William Sproul	38	New Gloucester	Joan Reynolds	40	Woolwich*	Joseph Wedge	23	Gr. Cranb. Is.
Michael Brooks	50	Danville	John Mollica	43	S. Portland	Chris McDonald	32	Saco
John Doig	50	Boothbay Har.	Junson Esty-Kendall	46	Glenburn	Enrique Urrejola	47	Santiago
K. Scott Hinckley	38	Brunswick	Alison Van Zandbergen	22	St. George*	Susan O'Brien	38	Hampden*
Patti Tableman	37	Portland*	Erich Reitenbach	45	N. Waterboro	D. Scott Hamilton	45	N. Waterboro
Wendi Cyran	28	York*	Dana Maxim	34	Old Town	Allen Hayes Jr.	42	Bridgton
Jane Dolley	47	Yarmouth*	Faye Gagnon	51	Minot*	Luke Davis	23	OOB
Jean Thomas	60	Portland*	Robert Ashley	39	N. Yarmouth	Carlton Mendell	74	Portland
Charles Vadakin	54	Freeport	Joel Croteau	52	Biddeford	Philip Ortolani	47	Cape Elizabeth
William Pride	56	York	Paul Gadbois	42	Saco	Ronald Cedrone	47	Portland
Robert Brainerd	33	Lewiston	Jack Frost	29	Ellsworth	Susan Foster	37	Bar Harbor*
Kathryn Tolford	41	Falmouth*	James Newett	38	Ellsworth	Bill Whitmore	36	Falmouth
Conrad Welzel	42	Saco	Peter West	32	Wiscasset	Susan Friedrich	41	Gorham*
Eric Welzel	38	Freeport	William Reilly	48	Brownfield	Clifford Olson	53	Hallowell
G. Daniel Deniso	35	Portland	John Brown	45	Mt. Desert	Clifton Smith	45	N. Vassalboro
Dean Putnam	27	Hampden	Hap Hazzard	64	S. Freeport	Jim Toulouse	47	Cape Elizabeth
Carol Schreck	51	Cape Elizabeth*	Larry Taylor	50	Thomaston	Robert Chatfield	38	S. Thomaston
			Daniel Rooney	51	Alfred	Kenneth Norton	43	Bath
			Carol Manley	41	Washington*	Sarah Andrus	41	Rockport*
			Edward Miller	46	Hallowell	Jody King	35	N. Waterboro*
			Thomas Carll	51	Gray	Greg Lamb	42	Biddeford
			Barney Brown	44	Cliff Island	Stafford Soule	43	S. Freeport
			Bryn Doiron	34	E. Wilton*	Malcolm Washburn	42	W. Buxton
			David Breault	51	Springvale	Vern Demmons	49	Warren
			Kelleryn Wood	32	Windham*	Randy Moore	42	Gorham

Dianne Kazilionis	36	Portland*	Louisa Dunlap	55	Belfast*	Craig Wilson	46	Kittery Point
Bryant Bourgoin	45	Winslow	Thomas Wells	41	Wayne	David Weatherbie	28	Cumberland
Carol Nale	45	Yarmouth*	John Powell	42	Cumberland	Michael Duffy	37	Caribou
Jim Enderle	38	Kittery	Roger Clements	41	York	Shawn Jyawook	21	Fairfield
D. Scott Mangiafico	34	Kittery	Stephen Friel	25	Wilton	Guy Berthiaume	50	Augusta
Bruce Twombly	43	Pittsfield	Michael Daly	51	Brunswick	Robert Lyman	51	Freeport
Gregory Dorr	31	Bangor	Guy Segars	36	Brunswick	Andre Benoit	44	Boothbay
Brian Noyes	37	Freeport	Michael Payson	32	Falmouth	Michael Delvin	42	Bangor
Randy Hastings	41	Farmington	Alison Kisch	30	Falmouth*	David Courtney	42	Portland
Richard L'Heureux	43	Sanford	Daniel Kelly	40	Portland	Robert Ashby	27	Brunswick
Patrick Sullivan	34	Bangor	Newell Lewey	37	Veazie	Peter Dauphinee	21	Bangor
Whitney Sullivan	29	Windham*	Stephen Reed	48	Wiscasset	Kevin Jenkins	39	Gorham
Larry Tonzi	49	Houlton	Kelley Cullenberg	34	Farmington*	Kathy Jenkins	36	Gorham*
Mark McDermott	40	Madawaska	Robert Dunfey	44	York	Robert Pride	37	Dover-Foxcroft
Judith Mileson	28	Portland*	Daniel Hutchins	35	S. Portland	Nichole Anderson	25	Brunswick*
Paul Wolf	39	Limerick	Gene Ross	60	Houlton	Karen Pagnano	29	Waldoboro*
Michele Ohman	29	Gray*	Rosemary Baldacci	35	Bangor*	Laurinda Currier	37	S. Berwick*
Joseph Bertolaccini	29	Gorham	Jeffrey True	41	N. Yarmouth	Candace Karu	43	Kennebunkpt*
John Edwards	42	Scarborough	Roy Nakamura	41	Bath	Owens McCullough	33	Limerick
Halbert McFadden	36	Lubec	David Torrey	48	Veazie	Peter Hagerman	45	Gardiner
Philip Pierce	34	Falmouth F.	Dick Balentine	40	Hampden	Eileen Dunfey	39	Cape Elizabeth*
Scott Samuelson	38	Freeport	Ellie Tucker	41	Belgrade Lakes*	Robert Spaulding	40	Arundel
Rene Collins	54	Brewer*	Katrina Bisheimer	30	Bangor*	Kevin McDonald	43	Lovell
Mary Poulin	36	Kingfield*	Joseph Noel	39	S. Berwick	Michael Cowell	58	Yarmouth
Andrew Ketterer	47	Augusta	John Cooper	26	Scarborough	Joseph Hayes	47	York
Stephen Everett	43	E. Waterboro	Jim Ferland	29	Orono	Stewart Jordan	39	N. Yarmouth
Donald Sanborn	50	Thomaston	Lance Guliani	37	W. Bath	Walter Trott	37	Richmond
Ellen Spring	43	Thomaston*	Ronald Deprez	51	Portland	Glendon Rand	34	Orrington
Thomas Bennett	38	Portland	Bruce Freme	39	Caribou	Shaun Keenan	34	Coopers Mills
Mark Stern	50	Ogunquit	James Flaker	32	Portland	Mark Snow	29	Casco
Susan Roberge	46	Eliot*	Robert Gierie	39	Saco	Loren Lathrop	47	S. Portland
Michael Grigware	31	E. Waterboro	Budd Large	42	Auburn	Gregory Hale	33	Waterville
Roy Alden	42	Caribou	Donna Russo	36	Waterville*	Michael Mageles	29	Bridgton
Paul Goransson	42	Eliot	Linda Hanson	48	Portland*	Michael Corbin	41	Carroll
Ludovic Bruyere	27	Augusta	Michael Sheldon	37	Saco	Jeffrey Tidd	30	Saco
Jo-Ann Nealey	35	Northport*	Bryan Kuprewicz	39	Wells	Robert Jordan	36	Ellsworth
Mary Boussein	31	Poland Spring*	Mark Steege	41	Standish	Joseph Guimond	37	Portland
Karen Fuller	34	Kennebunk*	Paul Lessard	38	Portland	Laura Hodnett	23	Kennebunk*
Peter Millard	42	Orono	Barry Wright	37	Portland	Thomas St.Germain	29	Bar Harbor
Eric Uhl	36	Yarmouth	Robert Payne	57	Raymond	Holly Haywood	42	S. Portland*
David Chamberlain	34	Falmouth	Ann Stairs	27	Cape Elizabeth*	Tom McGurie	49	Oakland
Tom Trytek	40	Lewiston	Brenda Bailey	33	Houlton*	Robert Wanamaker	37	Eliot
Robert Poirier	40	Minot	Rick Chalmers	34	Portland	Cam Dauler	24	Kennebunkport
Randy Bartlett	40	Eliot	Al Sproul	57	Chamberlain	Paul Lamoreau	35	Presque Isle
Rosalyn Randall	46	Portland*	Jim Marchese	35	Eliot	Sharyn Kingma	46	Bar Harbor*
Peter Hall	34	Gorham	William Emerson	32	Bangor	Scott Brown	37	Lewiston
Ruth Hall	38	Gorham*	David Simard	38	Augusta	Kenneth Toner	45	Freeport
Richard Baker	48	N. Yarmouth	David Wakana	36	Caribou	Richard Miller	42	Ellsworth
James Bunnell	38	Portland	Michael Carter	45	Machias	Mary Meehan	30	Topsham*
Scott Cushing	42	Brunswick	Gordon Hartwell	38	Bingham	Kenneth Volk	57	Portland
William Newton	40	Falmouth	Gary Allen	39	Cranberry Isles			
Jerome Mullin	41	Cape Porpoise	Russell Connors	63	Cape Elizabeth			
Richard Davee	40	Pownal	Jane Rau	46	Augusta*			
Donna Hurley	38	Spruce Head*	Robert Fast	33	Cumberland			
Russell Wogan	40	Portland	Thomas Keating	39	Brunswick			
Denis Poulin	35	Carrabassett Val.	Cindy Battel	36	Waldoboro*			
Arthur Robinson	45	Augusta	Rick Hinds	42	W. Buxton			
Brenda Lopotro	48	Winterport*	Bruce Bell	57	Farmingdale			
Pamela Hewett	29	Peaks Island*	Gordon Scannell	43	N. Yarmouth			

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