# **Londonderry News**

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## 2011 Ludgren 5k Road Race Results

August 26, 2011



Londonderry's annual Lundgren 5k race, a part of the town's Old Home Day tradition, experienced another



successful year. 280 competitors finished the race this year, with runners as young as 8-year-old Ryan Severn of Londonderry, to as seasoned as 86-year-old Lou Peters of Methuen, Massachusetts crossing the finish line.

Placing first overall this year was Kevin Balster, a 26-year-old Iowa resident who was reportedly visiting the area and made the last minute decision to compete. Balster crossed the finish line almost a full minute before this year's second place winner, Mitchell Sroka, 17 of Londonderry. Third place was captured by Andreas Geiger, also 17 of Londonderry.

Place	#	Name	Sex/Age	Town	Time
1	360	Balster, Kevin	26M	Monticello, IA	16:52
2	245	Sroka, Mitchell	17M	Londonderry, NH	17:42
3	138	Geiger, Andreas	17M	Londonderry, NH	17:51
4	232	Mercier, James	17M	Londonderry, NH	18:00
5	139	Geiger, Devereaux	17M	Londonderry, NH	18:15
6	142	Gray, Ryan	26M	Londonderry, NH	18:15
7	226	Winn, JR	17M	Londonderry, NH	18:19
8	372	Morache, Robby	19M	Hampstead, NH	18:31
9	167	Leahy, Joshua	16M	Londonderry, NH	18:33
10	298	Kilgore, Damon	15M	Londonderry, NH	18:36
11	179	McAuliffe, Grant	15M	Londonderry, NH	18:44
12	302	McIntire, Kevin	16M	Londonderry, NH	18:58
13	152	Horton, Alex	16M	Londonderry, NH	19:26
14	281	Gu, William	15M	Londonderry, NH	19:28
15	251	Court, Tim	15M	Londonderry, NH	19:43
16	222	Troisi, Elizabeth	19W	Londonderry, NH	20:08
17	101	Albrecht, Chris	40M	Londonderry, NH	20:11
18	168	Leahy, Paul	53M	Londonderry, NH	20:13
19	314	Naso, Mike	21M	Londonderry, NH	20:17
20	375	Ford, Rebecca	26W	Manchester, NH	20:22



Thanks to Lancer Timing for the results, click HERE for the full race results of 280 Runners.

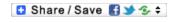
For more images of the Lundgren 5k Road Race, visit our Darkroom.

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Read the rest of the story for the Age Graded results of the Londonderry Old Home Day 2010 Lundgren 5K race!

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Like 1



By Jacklynn Weeks | Posted in Around Town, Outdoors, Sports | Tagged Kevin Balster, Lungren 5k, Mitchell Sroka Londonderry, Old Home Day Race, runner Lou Peters |Comments (0)



## **Breaking News**

Londonderry News Retweeted



#### LondonderryFD

@LondonderryFD

Due to the weather, there is a 2 hour delay for the Londonderry School District today, February 13th. There is no AM kindergarten or LEEP.

Feb 13, 2020

Londonderry News Retweeted



# Londonderry Athletic

@Londonderry\_ath

Congratulations LHS boys ski team competing today at NHIAA DI Championship at Gunstock today







## **Polls**

Should the Town create an ordinance restricting Target shooting in the Musquash?

○ Yes ○ No

Vote

View Results

• Polls Archive

Londonderry Commerce and Vi...

If you could live and work in Londonderry would you?

○ Yes ○ No Vote

#### View Results

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February 2020

SMTWTFS

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9 10 11 12 13 14 15

16 17 18 19 20 21 22

23 24 25 26 27 28 29

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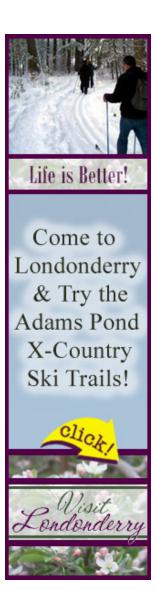
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- Police and Fire
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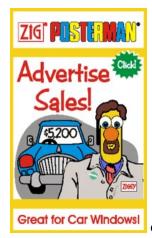
Police and Fire

Police and Fire scanners on your computer, click the play button to start your scanner.

Click the Londonderry Scanners link for a handy popup scanner.

Click the blinking scanner to jump to our Londonderry Police and Fire scanners page. Full "10 code" list and helpful tips!

# North American Paint Marker Distributor a Londonderry Company



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## **Bookmarks**

- Londonderry GIS System
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## **Todays Weather**

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- Chloe on The Magic of Christmas....
- clara walter on Letter to the Editor: Bob Slater for School Board
- Jackie Hutchins on Letter to the Editor: Bob Slater for School Board

lara walter on Letter to the Editor: Bob Slater for School Board

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- History
- Letters to the Editor
- Local Deals
- Londonderry Landmarks
- Minutes from Home
- Music
- Obituaries
- Outdoors
- Performing arts
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- Youth 0 to 6
- Youth 10 to 18
- Youth 6 to 10



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  - EJ Lee, Film Reviews
  - Fat Phantom
  - Insights with Debbie Curtin
  - Jack Falvey Et Al:
  - Joe's two cents
  - Kids Crafty Corner with Corrie Binette
  - Make your Move
  - Nappy's Ltown Chronicles
  - Nutfield Rambles with Richard Holmes
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## **№** Londonderry Varsity Games



## Tweets by @Londonderry ath

Londonderry Athletic Retweeted



#### **NHIAA**

@NHIAA\_LOA

Replying to @NHIAA\_LOA

The #NHIAAWrestling Divisional Championships are tomorrow at various high schools @Londonderry\_ath @GHSSPORTS21 @phspythons starting at 9:30am. Tickets are available from GoFan here: gofan.co/app/school/NHI... Good luck to all student-athletes competing!





Feb 21, 2020



#### **Londonderry Athletic**

@Londonderry\_ath

Final score in OT in girls hoops @Londonderry ath 68 @mmhsathl 62

Feb 21, 2020



#### **Londonderry Athletic**

 $@Londonderry\_ath\\$ 

Final score in boys hoops @mmhsathl 50 @Londonderry ath 47

Feb 21, 2020





#### **Londonderry Comments**

- <u>Roseline Charlotte</u>: I was cured of herpes simplex virus 1 & 2 and Hepatitis-b by a great herbal doctor called Dr Lucky with the use of different combination of Africa herbs. it is still like a...
- <u>Chloe</u>: It's obvious some patient with HIV are been enslaved to the antiviral and other supplementary Orthodox medicine just to help suppress the virus and not a cure. I have been with the virus...
- <u>clara walter</u>: Am so happy to share this testimony with everyone about how i got my herpes cured from wordpress Dr. Obela the godfather of herbal medicine. I had been going from one country to another for...
- <u>Jackie Hutchins</u>: Have be dealing with herpes for the past 7 years. On till i got review online about natural cure people testifies how Dr Ajayi cure them with his herbal treatment. And i order the...
- <u>clara walter</u>: My mouth is short of words, i am so happy because Dr Obela has healed me from Herpes which i have been suffering from the past 5years now, i have spend a lot when getting drugs from...
- <u>JOIN THE GREAT ILLUM</u>: TESTIMONY ON HOW I BECAME INSTANT MILLIONAIRE WITH THE HELP OF ILLUMINATI Hello viewers, i want to use this opportunity to thank DR ODUCKAYAMUD who finally helped me to become...
- <u>Cara Lee</u>: I got diagnosed with herpes, i have be dealing with herpes for the past 7 years. On till i got review online about natural cure people testifies how Dr Ajayi cure them with his herbal...
- <u>ALEXANDER</u>: I never thought i would be HIV negative again after been diagnosed in 2017, i have tried everything possible in life from one doctor to another, one hospital to another, series of tests,...
- joel lisa: Am Lisa by name, i was diagnosed with Herpes for 3 years ago i lived in pain with the knowledge that i wasn't going to ever be well again i contacted so many herbal doctors .on this...
- Maria J: Very interesting read. I've suffered with herpes ever since I was a child but it's only been the last few years I discovered that I have genital herpes. So I started looking...
- <u>victoria janniffer</u>: CURED FROM GENITAL HERPES VIRUS AFTER USING DOCTOR HAZIM HERBAL MEDICINE Herbal supplements have existed for thousands of years and can be traced over several different...
- garcia sharon: I'm so exited to share my testimonies about the Good Work of Dr. Udebhu who get me cured from herpes simplex virus (HSV1&2) with his herbs, I never thought that I will live...
- <u>Elizabeth Matheus</u>: HELLO EVERYONE.. FEW MUNINETS TO REDY THIS INFOR ON HERPES CURE 2018.. 2017 MY MOTHER WAS DIAGNOSED OF HERPES/ KNOWN AS GENITAL WARTS, I SPENT A LOT OF MONEY ON HER MEDICATION...
- <u>patrice</u>: Hi, I am Patrice cythia, from Houston, Texas, USA. I was living with HPV(human papilloma virus) for almost 2 years, i was not myself, my body was always inching with pains until i was on...
- <u>Trustly Steven</u>: I have been suffering from (HERPES) disease for the last four years and had constant pain, especially in my knees. During the first year, I had faith in God that i would be healed...
- Natasha lanos: FINALLY FREE FROM HERPES VIRUS. what a miracle i never believe there is cure because my doctor tested me herpes positive and she told me there is no cure, i'm very happy today that...
- <u>Alexs Morgan</u>: I am so Happy to be writing this article in here, i am here to explore blogs forum about the wonderful and most safe cure for HERPES SIMPLEX VIRUS. I was positive to the deadly Virus...
- <u>donald joe</u>: I'm so exited to share my testimonies about the Good Work of Dr.Ehiaguna who get me cured from herpes simplex virus (HSV1&2) with his herbs, I never thought that I will live...

- <u>lilliam gliory</u>: Am Lilliam Gliory Do anyone still doubt natural herbs? I've seen the great importance of natural supplements and the wonderful work Dr Osagie have done in people's lives. I wonder...
- <u>stella</u>: I'm here to testify about the great work Dr Alabi did for me. I have been suffering from (HERPES) disease for the past 5 years and had constant pain, especially in my knees. During...

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