

Portland Waterfront 5K  
 Flatbread Company Portland Maine November 09, 2019 9:30AM  
 Timing & Finish Line Management by 5K Sports Race Management  
 Fiveksport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

Place	Name	Ag	S	City	St	No.	Time	Pace
=====	=====	==	=	=====	==	====	=====	=====
1	JESSE JOHNSON	34	M	PORTLAND	ME	100	16:54	5:27
2	Jacob Ramos	15	M	South Portland	ME	83	18:21	5:55
3	Will Bae	21	M	Waterville	ME	11	18:32	5:58
4	Oliver Richards	41	M	Falmouth	ME	21	18:47	6:03
5	Aaron Bishop	47	M	Falmouth	ME	78	19:35	6:19
6	Jared Fong	21	M	Waterville	ME	2	19:48	6:23
7	DARREN WINCHENBACH	38	M	SACO	ME	97	19:58	6:26
8	Joshua Way	13	M	Waterville	ME	76	20:01	6:27
9	SARAH KNOWLTON	32	F	YORK	ME	96	20:05	6:28
10	Denison Church	31	M	Wells	ME	75	20:22	6:34
11	Michael Flanders	61	M	Cape Elizabeth	ME	48	20:27	6:35
12	Ming Fung	20	M	Waterville	ME	6	20:42	6:40
13	Kelly Ramos	43	F	South Portland	ME	82	20:47	6:42
14	Charles ParhaM	21	M	Waterville	MA	18	21:17	6:51
15	Adeline Hall	13	F	BREMEN	ME	52	21:25	6:54
16	Molly Rains	20	F	Amesbury	MA	17	21:45	7:00
17	Sean Kerrigan	51	M	Clinton	MA	70	22:05	7:07
18	John Dowling	21	M	Waterville	ME	12	22:28	7:14
19	John Dietter	53	M	North Haven	ME	88	22:48	7:21
20	SaM Kendall	19	M	Charleston	SC	13	23:08	7:27
21	Jon Tierney	58	M	Orono	ME	86	23:11	7:28
22	Maria ArMillei	21	F	Waterville	ME	3	23:22	7:31
23	DENISE CURRY	54	F	WINDHAM	ME	105	23:25	7:32
24	Jasper McCarroll-Ch	14	M			71	23:58	7:43
25	Katie Squires	21	F	Reading	MA	19	24:03	7:45
26	ANDY BLACK	18	M			5	24:07	7:46
27	Tom Fisher	45	M	Saco	ME	47	24:15	7:49
28	David Dargie	60	M	Falmouth	ME	38	24:18	7:50
29	Olivia O'Halloran	19	F	YarMouth	ME	4	24:32	7:54
30	Lila Hall	11	F	BREMEN	ME	53	24:38	7:56
31	Ashleigh Fiske	24	F	Auburn	ME	81	24:57	8:02
32	Bob MacKinnon	65	M	Yarmouth	ME	66	25:07	8:06
33	Graham Keating	18	M	LyMe	CT	15	25:14	8:08
34	Daniel Mackey	55	M	Danvers	MA	27	25:25	8:11
35	Pearl Jane Hall	8	F	BREMEN	ME	55	25:28	8:12
36	Minou Farrokhi	20	F	Waterville	ME	1	25:45	8:17
37	Zeke Dietter	12	M	North Haven	ME	93	25:54	8:20
38	Nicholas Tucker	21	M	Waterville	ME	8	26:18	8:28
39	MIMOZA SAWTELLE	49	F	WINDHAM	ME	36	26:23	8:30
40	Evening Dupre	48	F	Portland	ME	20	26:42	8:36
41	Krista Mackey	52	F	Danvers	MA	28	26:46	8:37
42	YASUE ARAI	49	F	Portland	OR	84	27:05	8:43
43	Michael Hall	53	M	BREMEN	ME	57	27:19	8:48
44	Patric Moore	26	M	Waterville	ME	87	27:30	8:51
45	Karleigh Manfredi	25	F	Portland	ME	50	27:34	8:53

46	Laura Zandstra	53	F	Portland.	ME	74	28:10	9:04
47	Alden Hall	10	M	BREMEN	ME	54	28:28	9:10
48	Trisha Mukerjee	20	F	Lexington	MA	16	28:54	9:18
49	MARIA LADERO	44	F	PORTLAND	ME	85	29:13	9:25
50	Brynn Bishop	11	F	Falmouth	ME	79	29:25	9:28

Page 2

Portland Waterfront 5K  
Flatbread Company Portland Maine November 09, 2019 9:30AM  
Timing & Finish Line Management by 5K Sports Race Management  
Fiveksport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

Place	Name	Ag	S	City	St	No.	Time	Pace
=====	=====	==	=	=====	==	==	=====	=====
51	JANINE DILORENZO	30	F	STANDISH	ME	106	29:41	9:34
52	JEFF MYER	48	M	MIDDLEBURN	CT	104	29:45	9:35
53	Clementine Hall	5	F	BREMEN	ME	56	30:01	9:40
54	Mia Way	10	F	Waterville	ME	77	31:07	10:01
55	Joshua Way	33	M	Waterville	ME	73	31:08	10:01
56	Eugenia Fernandez	49	F			92	31:18	10:05
57	Colin Healey	13	M			65	31:19	10:05
58	CHRIS BONACCI	42	M	YARMOUTH	ME	101	31:23	10:07
59	Cassidy Bishop	9	F	Falmouth	ME	80	33:22	10:45
60	Jamie Guay	52	F	South Portland	ME	37	33:23	10:45
61	Sonya Thomas	47	F	FITCHBURG	MA	40	33:29	10:47
62	Cathleen Bonacci	46	F	Belmont	MA	63	34:42	11:11
63	Kaitlyn Mann	26	F	South Paris	ME	67	35:56	11:34
64	Jen Poland	44	F	South Portland	ME	62	36:36	11:47
65	Kristen Harris	34	F			61	37:56	12:13
66	Chris Johnston	56	M	Scarborough	ME	60	37:57	12:13
67	Thelma Brooks	56	F	Fitchburg	MA	43	38:38	12:26
68	Rebecca Tracy	65	F	Raymond	ME	32	39:01	12:34
69	CAROLINE BONACCI	39	F	YARMOUTH	ME	99	39:24	12:41
70	Bill Vickerson	68	M	Scarborough	ME	58	42:26	13:40
71	Leon Brooks	58	M	FITCHBURG	MA	46	43:14	13:55
72	ALISON GORMAN	46	F	PORTLAND	ME	94	45:22	14:37
73	Gilda Bryand	45	F	Portland	ME	34	45:24	14:37
74	JARED CHESBROUGH	42	M	ASHBY	MA	98	46:22	14:56
75	Ronald Thomas	58	M	FITCHBURG	MA	45	46:26	14:57
76	Karen Brooks	62	F	Fitchburg	MA	44	46:29	14:58
77	Tina Dumais	59	F	Fitchburg	MA	41	47:46	15:23
78	CLAUDIA RITCH-SMITH	51	F	PORTLAND	ME	95	53:02	17:05

