

Cowtrail Classic 5k

Finisher List 5k

| Place | Bib | Name | Gender | Age | Pace | Time | Age Group Rank |
|-------|------|------------------------|--------|-----|----------------|-----------|------------------------|
| 5k | | | | | | | |
| 1. | 37 | Jay Nutting | M | 43 | 7:13 min/mile | 0:22:24,7 | 1 of 9 - M 40 to 49 |
| 2. | 1186 | David Foster | M | 43 | 7:18 min/mile | 0:22:39,0 | 2 of 9 - M 40 to 49 |
| 3. | 694 | Donald Paull | M | 47 | 7:28 min/mile | 0:23:10,4 | 3 of 9 - M 40 to 49 |
| 4. | 270 | Collin Oertel | M | 14 | 7:48 min/mile | 0:24:12,1 | 1 of 6 - M 13 to 18 |
| 5. | 940 | Mike Dejager | M | 27 | 7:56 min/mile | 0:24:37,2 | 1 of 4 - M 19 to 29 |
| 6. | 168 | Steven Dubois | M | 46 | 7:58 min/mile | 0:24:43,9 | 4 of 9 - M 40 to 49 |
| 7. | 939 | Natalie Chase | F | 26 | 8:13 min/mile | 0:25:29,4 | 1 of 13 - F 19 to 29 |
| 8. | 290 | Nathaniel Gordon | M | 25 | 8:23 min/mile | 0:26:00,6 | 2 of 4 - M 19 to 29 |
| 9. | 284 | Ian Guzman | M | 10 | 8:31 min/mile | 0:26:26,5 | 1 of 10 - M 12 & under |
| 10. | 283 | Francisco Guzman | M | 46 | 8:31 min/mile | 0:26:26,8 | 5 of 9 - M 40 to 49 |
| 11. | 282 | Sarah Guzman | F | 40 | 8:32 min/mile | 0:26:30,0 | 1 of 11 - F 40 to 49 |
| 12. | 945 | Amy Proctor | F | 44 | 8:44 min/mile | 0:27:06,6 | 2 of 11 - F 40 to 49 |
| 13. | 271 | Mark Lilley | M | 58 | 8:46 min/mile | 0:27:12,0 | 1 of 3 - M 50 to 59 |
| 14. | 266 | Timothy Plummer | M | 57 | 9:09 min/mile | 0:28:24,5 | 2 of 3 - M 50 to 59 |
| 15. | 1195 | Conor Burtchell | M | 14 | 9:12 min/mile | 0:28:33,5 | 2 of 6 - M 13 to 18 |
| 16. | 176 | Caitlin Werth | F | 38 | 9:22 min/mile | 0:29:02,7 | 1 of 9 - F 30 to 39 |
| 17. | 65 | A Zinski | F | 38 | 9:30 min/mile | 0:29:28,3 | 2 of 9 - F 30 to 39 |
| 18. | 946 | Daniel Proctor | M | 13 | 9:31 min/mile | 0:29:32,3 | 3 of 6 - M 13 to 18 |
| 19. | 1196 | Jason Burtchell | M | 42 | 9:35 min/mile | 0:29:43,2 | 6 of 9 - M 40 to 49 |
| 20. | 58 | Raul Siren | M | 74 | 9:42 min/mile | 0:30:06,9 | 1 of 4 - M 60 & up |
| 21. | 180 | Julie Martin | F | 56 | 9:50 min/mile | 0:30:30,6 | 1 of 6 - F 50 to 59 |
| 22. | 183 | Lydia Thayer | F | 47 | 9:50 min/mile | 0:30:30,9 | 3 of 11 - F 40 to 49 |
| 23. | 281 | Colin Vail | M | 28 | 9:53 min/mile | 0:30:38,5 | 3 of 4 - M 19 to 29 |
| 24. | 81 | Jasper Heye | M | 10 | 10:01 min/mile | 0:31:06,1 | 2 of 10 - M 12 & under |
| 25. | 59 | Zoe Lafrance Armstrong | F | 24 | 10:02 min/mile | 0:31:06,4 | 2 of 13 - F 19 to 29 |
| 26. | 80 | William Heye | M | 43 | 10:02 min/mile | 0:31:08,0 | 7 of 9 - M 40 to 49 |
| 27. | 695 | Logan Paull | M | 13 | 10:03 min/mile | 0:31:10,3 | 4 of 6 - M 13 to 18 |
| 28. | 285 | Lisa Bain | F | 52 | 10:06 min/mile | 0:31:21,4 | 2 of 6 - F 50 to 59 |
| 29. | 66 | Cara Neace | F | 44 | 10:26 min/mile | 0:32:23,6 | 4 of 11 - F 40 to 49 |
| 30. | 286 | Mary Beth Galway | F | 41 | 10:38 min/mile | 0:32:58,5 | 5 of 11 - F 40 to 49 |
| 31. | 267 | Kathryn Diaz | F | 27 | 10:45 min/mile | 0:33:21,7 | 3 of 13 - F 19 to 29 |
| 32. | 78 | Cam Boutaugh | M | 14 | 11:23 min/mile | 0:35:19,6 | 5 of 6 - M 13 to 18 |
| 33. | 996 | Madilyn Cassidy | F | 9 | 11:30 min/mile | 0:35:39,6 | 1 of 7 - F 12 & under |
| 34. | 997 | Rebecca Cassidy | F | 43 | 11:30 min/mile | 0:35:40,4 | 6 of 11 - F 40 to 49 |
| 35. | 296 | Molly Ramus | F | 12 | 11:32 min/mile | 0:35:45,8 | 2 of 7 - F 12 & under |
| 36. | 993 | Camryn Caruso | F | 13 | 11:45 min/mile | 0:36:26,6 | 1 of 3 - F 13 to 18 |
| 37. | 280 | Tom Largay | M | 48 | 12:00 min/mile | 0:37:12,2 | 8 of 9 - M 40 to 49 |
| 38. | 279 | Ben Largay | M | 10 | 12:00 min/mile | 0:37:12,2 | 3 of 10 - M 12 & under |
| 39. | 287 | Dave Snyder | M | 41 | 12:14 min/mile | 0:37:56,5 | 9 of 9 - M 40 to 49 |
| 40. | 293 | Kate Niedoroda | F | 29 | 12:15 min/mile | 0:38:01,4 | 4 of 13 - F 19 to 29 |
| 41. | 291 | DJ Stephens | M | 13 | 12:16 min/mile | 0:38:04,3 | 6 of 6 - M 13 to 18 |
| 42. | 294 | Susan Niedoroda | F | 62 | 12:31 min/mile | 0:38:49,1 | 1 of 3 - F 60 & up |
| 43. | 288 | Cameron Rideout | M | 7 | 12:36 min/mile | 0:39:06,1 | 4 of 10 - M 12 & under |
| 44. | 275 | Jason Rideout | M | 34 | 12:36 min/mile | 0:39:06,2 | 1 of 1 - M 30 to 39 |
| 45. | 273 | Cole Cook | M | 10 | 12:37 min/mile | 0:39:07,6 | 5 of 10 - M 12 & under |
| 46. | 277 | Colleen Tarpy | F | 31 | 13:04 min/mile | 0:40:33,1 | 3 of 9 - F 30 to 39 |

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| 47. | 278 | Stephen Tarpy | M | 66 | 13:05 min/mile | 0:40:35,5 | 2 of 4 - M 60 & up |
| 48. | 292 | Marissa Stephens | F | 40 | 13:21 min/mile | 0:41:24,3 | 7 of 11 - F 40 to 49 |
| 49. | 175 | Meghan Grassi | F | 28 | 13:23 min/mile | 0:41:30,2 | 5 of 13 - F 19 to 29 |
| 50. | 1197 | Leah Burtchell | F | 16 | 13:24 min/mile | 0:41:34,2 | 2 of 3 - F 13 to 18 |
| 51. | 157 | Makayla Burtchell | F | 7 | 13:24 min/mile | 0:41:34,2 | 3 of 7 - F 12 & under |
| 52. | 158 | Sarah Burtchell | F | 43 | 13:25 min/mile | 0:41:37,3 | 8 of 11 - F 40 to 49 |
| 53. | 166 | Nelson Pepin | M | 24 | 13:30 min/mile | 0:41:52,9 | 4 of 4 - M 19 to 29 |
| 54. | 162 | Connie Wood | F | 73 | 13:43 min/mile | 0:42:31,7 | 2 of 3 - F 60 & up |
| 55. | 269 | Greg Demeritt | M | 11 | 13:51 min/mile | 0:42:58,2 | 6 of 10 - M 12 & under |
| 56. | 272 | Chase Cook | M | 11 | 14:04 min/mile | 0:43:39,2 | 7 of 10 - M 12 & under |
| 57. | 994 | Megan Caruso | F | 20 | 14:21 min/mile | 0:44:30,2 | 6 of 13 - F 19 to 29 |
| 58. | 167 | Adriana Ross | F | 25 | 14:25 min/mile | 0:44:43,3 | 7 of 13 - F 19 to 29 |
| 59. | 185 | Brittany Moon | F | 24 | 14:34 min/mile | 0:45:09,7 | 8 of 13 - F 19 to 29 |
| 60. | 691 | Rebecca Merriman | F | 50 | 14:44 min/mile | 0:45:40,5 | 3 of 6 - F 50 to 59 |
| 61. | 693 | Cooper Paull | M | 11 | 15:39 min/mile | 0:48:31,4 | 8 of 10 - M 12 & under |
| 62. | 295 | Claire Ramus | F | 10 | 15:39 min/mile | 0:48:33,2 | 4 of 7 - F 12 & under |
| 63. | 944 | Emily Buell | F | 25 | 15:49 min/mile | 0:49:04,5 | 9 of 13 - F 19 to 29 |
| 64. | 159 | Rebecca Lilley | F | 60 | 16:19 min/mile | 0:50:35,6 | 3 of 3 - F 60 & up |
| 65. | 161 | Shanna Hale | F | 29 | 16:32 min/mile | 0:51:16,7 | 10 of 13 - F 19 to 29 |
| 66. | 160 | Cathryn Anderson | F | 34 | 16:32 min/mile | 0:51:16,7 | 4 of 9 - F 30 to 39 |
| 67. | 1188 | Jessica Matulis | F | 37 | 16:44 min/mile | 0:51:54,7 | 5 of 9 - F 30 to 39 |
| 68. | 184 | Kelsey Alfiero | F | 25 | 17:07 min/mile | 0:53:06,2 | 11 of 13 - F 19 to 29 |
| 69. | 276 | Erica True | F | 35 | 17:23 min/mile | 0:53:56,3 | 6 of 9 - F 30 to 39 |
| 70. | 169 | Allison Pollock | F | 27 | 17:24 min/mile | 0:53:56,4 | 12 of 13 - F 19 to 29 |
| 71. | 268 | Martha Currier | F | 40 | 18:11 min/mile | 0:56:24,8 | 9 of 11 - F 40 to 49 |
| 72. | 164 | Stacey Wishart | F | 34 | 18:52 min/mile | 0:58:32,1 | 7 of 9 - F 30 to 39 |
| 73. | 163 | Erika Semones | F | 31 | 19:06 min/mile | 0:59:13,1 | 8 of 9 - F 30 to 39 |
| 74. | 165 | Trent Wishart | M | 8 | 19:11 min/mile | 0:59:29,5 | 9 of 10 - M 12 & under |
| 75. | 265 | Thomas Leach | M | 61 | 19:56 min/mile | 1:01:49,9 | 3 of 4 - M 60 & up |
| 76. | 264 | Karen Leach | F | 54 | 19:56 min/mile | 1:01:50,1 | 4 of 6 - F 50 to 59 |
| 77. | 942 | Kendall Sparks | F | 10 | 20:00 min/mile | 1:02:01,6 | 5 of 7 - F 12 & under |
| 78. | 686 | Julie Perkins | F | 41 | 20:01 min/mile | 1:02:05,0 | 10 of 11 - F 40 to 49 |
| 79. | 274 | Jocelyn Cook | F | 13 | 20:01 min/mile | 1:02:05,6 | 3 of 3 - F 13 to 18 |
| 80. | 299 | Tina Edwards | F | 46 | 20:28 min/mile | 1:03:28,6 | 11 of 11 - F 40 to 49 |
| 81. | 298 | Dennis Burnham | M | 58 | 20:29 min/mile | 1:03:30,1 | 3 of 3 - M 50 to 59 |
| 82. | 941 | Ralph Clark | M | 68 | 21:22 min/mile | 1:06:15,8 | 4 of 4 - M 60 & up |
| 83. | 943 | Sarah Sparks | F | 38 | 21:22 min/mile | 1:06:16,9 | 9 of 9 - F 30 to 39 |
| 84. | 985 | Ann Caruso | F | 51 | 23:17 min/mile | 1:12:12,6 | 5 of 6 - F 50 to 59 |
| 85. | 173 | Henry Herling | M | 5 | 25:57 min/mile | 1:20:29,1 | 10 of 10 - M 12 & under |
| 86. | 171 | Hadley Herling | F | 6 | 25:58 min/mile | 1:20:30,9 | 6 of 7 - F 12 & under |
| 87. | 174 | Vicky Wilson | F | 54 | 26:32 min/mile | 1:22:16,4 | 6 of 6 - F 50 to 59 |
| 88. | 172 | Hayden Herling | F | 2 | 26:32 min/mile | 1:22:17,0 | 7 of 7 - F 12 & under |
| 89. | 170 | Alyssa Herling | F | 28 | 26:32 min/mile | 1:22:17,5 | 13 of 13 - F 19 to 29 |

Number of records: 89