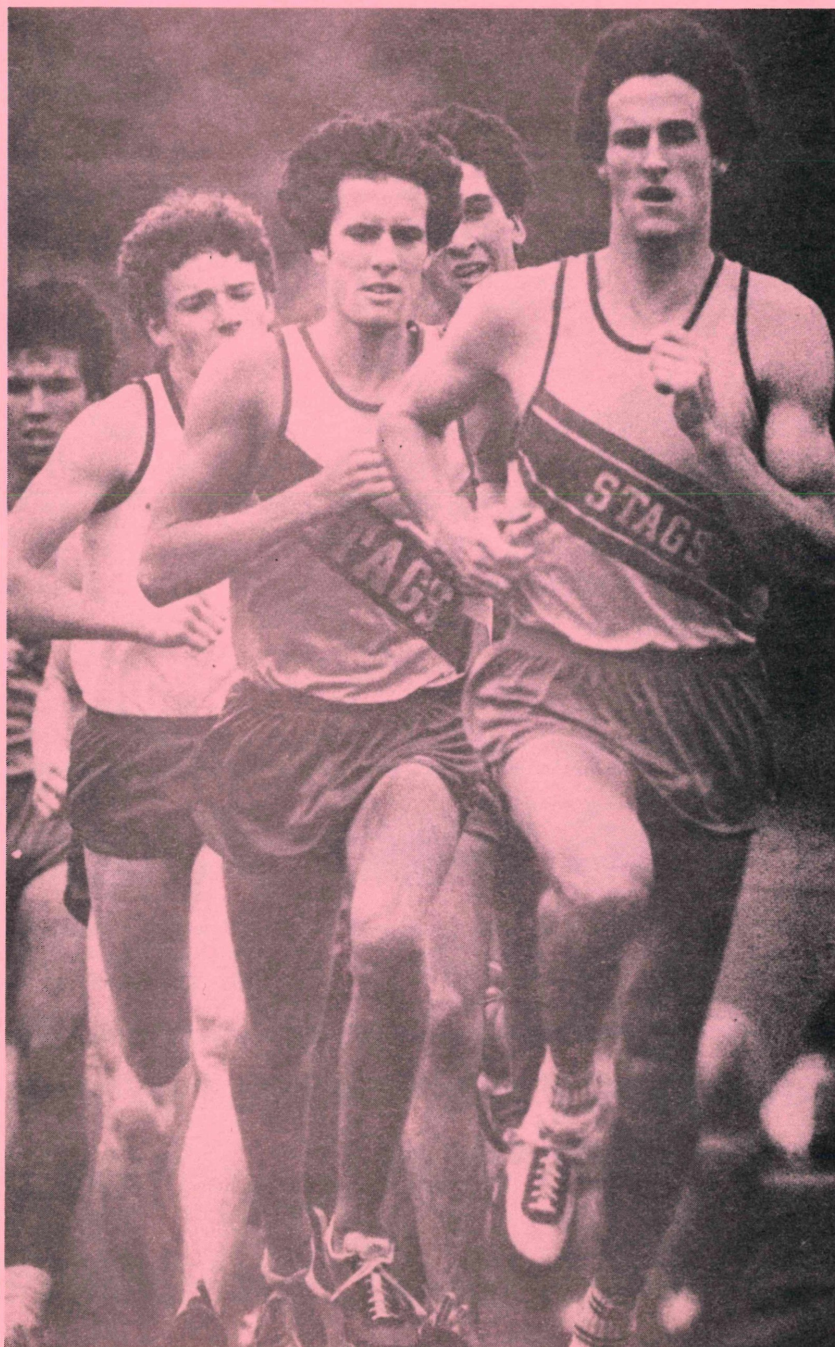


BULK RATE  
U.S. POSTAGE  
**PAID**  
Bangor, Me. 04401  
Permit No. 7

JULY 1981

# MAINE Running



**\$1.50**



We repair all makes & models



# The Right Price!

Motobecane bikes at last year's prices.

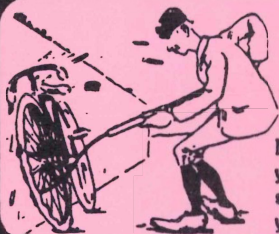
That's what you'll find at The Ski Rack. We have bikes at prices much lower than you'd expect. Much lower. For example:

**Univega Safari 10-speed**  
**\$149.95**  
(all frame sizes available)

When you buy your bike at The Ski Rack, it'll come fully assembled and warranted, and also have our free service guarantee. You can even use our convenient layaway plan. Bikes don't have to be expensive. Come in now and let us prove it to you.

WE HAVE OVER 300  
MOTOBECANE, UNIVEGA,  
AND TAKARA'S IN STOCK

Safety Checks \$5.95, Regularly \$12.95



## Need Bike Repairs?

Not to worry. Our bike repair experts will have your bicycle back in shape in no time. They're specialists in the art of bicycle repair. They'll get your bike humming and get you back on the road.

If the winter blahs have taken their toll on your bike, now's the time to get it rolling again. No matter how old. No matter where you bought it. We'll fix it!

IT'S NICE TO HAVE A FRIEND IN THE BUSINESS

# SKI RACK

Maine Square, Hogan Road, Bangor 945-6464 or 945-6475  
Monday, Thursday, Friday 10-9 Tuesday, Wednesday, Saturday 10-6



# MAINE Running

P.O. BOX 259, East Holden, Maine 04429 Telephone: 843-6262

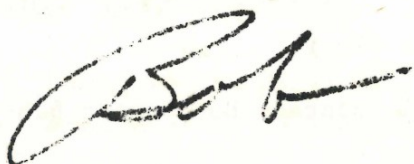
Brian Pettingill (cover, center) showed the form that has him currently ranked 6th in the nation in the mile at this years Class A State Track Meet. Flanked here by Fergus Kenny of Bangor and teammate Colin Peddie, Brian cruised to an easy victory in the mile, pacing himself for the busy afternoon.

The old folk are also represented in the July issue of MR. Deke takes us back to Boston for "The Wheel Returns..." Part II. Dr. John starts his Greek vacation series; Sam bids his running mates farewell; Skip reflects on the Special Olympics while I keep the regular features going: At The Races, Second Wind and The Pack.

The season has barely started and all ready it looks like a banner year for Maine runners and the sport in general. The Nike Maine Coast Marathon was a huge success despite the fact that many great marathoners were turned away because of the self imposed field ceiling. Andy Palmer keeps sneaking back across the border to blow the doors off course records, it looks like the Bunyan will finally get certified thanks to the efforts of Skip Howard and Larry Allen, and more and more dates and new runners crop up across the map.

My job has been aided greatly in the past month by the number of race results sent in. Thanks to all those race directors who go the extra yard and help me out.

See you all at the Bunyan. Check out the standing for the Triple Crown of Marathoners in the Second Wind section.



## THE JULY CALENDAR 2

Plus a bit of August for those who get the news late - T.A.C. news

## THE WHEEL RETURNS TO THE HUB II 5

Deke takes us back to Boston in 81

## RUNNING AROUND 12

Sam bids us all farewell

## RUNNING ON... 13

Skip reflects on the Special Olympics

## AT THE RACES 14

Ft. Western Days to Cranberry

## BIKING TO OLYMPUS 15

Dr. Frach takes us to Greece

## THE PACK 17

## SECOND WIND 26

# rpm

MAINE RUNNING IS PUBLISHED MONTHLY IN BANGOR

EDITOR: ROBERT BOOKER  
P.O. BOX 259  
E. Holden, Me. 04429

Telephone: 843-6262

Current subscriptions: 427  
To Subscribe send your name address and a check for \$15 to the above address.



# JULY CALENDAR

- 3 WINTERPORT 4K at the Leroy Smith School. 6 pm start. Contact Skip Howard  
at the Athletic Attic 947-6880
- 4 VERONA ISLAND "COSA" 7 am at the Town Hall. 9.3 mile course. Entry \$2.00  
w/o T-shirt \$4.00 with. Pre-registration encouraged  
William N. Baxter, RFD 1, Box 245, Verona, Me. 04416  
Telephone: 469-2422
- 4 FOUR ON THE FOURTH in Bridgton. Contact Jerry Levine.
- 4 BROOKS FIRECRACKER FIVE MILER See flyer in June issue.
- 4 GREATER BANGOR 3,000 METER Brewer Auditorium 10 a.m. See Ad.
- 4 OLYMPIA 5 MILE CLASSIC See flyer in June issue.
- 4 BATH HERITAGE DAYS ROAD RACE 5 MILER see flyer in June issue.
- 4 3RD ANNUAL GARDINER FESTIVAL DAY'S 5 MILER see flyer in June issue.
- 5 SUBARU 10K see flyer in June issue.
- 11 2ND ANNUAL HARRISON OLD HOME DAYS 10K call Roger Foster 583-4873
- 11 3RD ANNUAL RUN FOR THE OYSTER Bill Murdoch 563-5780
- 11 2ND ANNUAL ANDREW SOCKALEXIS MEMORIAL 4 MILE ROAD RACE see flyer in  
June issue.
- 11 5TH ANNUAL SOUTHWEST HARBOR DAYS ROAD RACE See flyer.
- 12 SOUTHWEST HARBOR DAYS TRIATHLON at Pemetic Elem. School, 4:00 pm \$3.00  
pre-register; \$4.00 day of event. T-shirts to first 30 teams to register.  
Cyclists, Rowers and Runners. Contact: Marty Lyons 244-3713
- 18 4TH ANNUAL BELFAST BAY FESTIVAL ROAD RACE at East Side School at 10 am  
\$2.00 entry fee; T-shirts to first 25 registrants. Contact: Bill Anderson,  
Waldo County Courthouse, 73 Church St., Belfast, Me. 04915
- 18 MOLLYOCKET/ROTARY 10,000 see flyer.
- 18 PAUL BUNYAN MARATHON entry blanks have been sent to all MR subscribers  
or Contact: Bangor Chamber of Commerce.
- 18 MUDDY RUDDER 5.1 MILE see flyer.
- 18 JOHN FYALKA MEMORIAL 10K contact Brian Gillespie 772-3617
- 19 3RD ANNUAL GREAT FRANKLIN 10K see flyer
- 19 POTATO BLOSSOM 5 MILE (Ft. Fairfield) contact Conrad Walton 498-3305
- 19 BREAKWATER 7 MILE (PINE PT) contact Bob Provost or Dave Galle 283-3490
- 25 4TH ANNUAL HANCOCK LOBSTER 10.2 see flyer.
- 25 2ND ANNUAL MANCHESTER MINI 5.5 MILE contact Bob Gasper 623-3379



- 26 3RD ANNUAL FITTS TIRE/RADIO SHACK 4.3 MILE SCRAMBLE see flyer
- 26 RUN FOR YOUR BUNS at the North Caribou Catholic Church. Aroostook County 15k Championship. 4:00 pm. Contact: Pat LaPointe, RFD 3, Box 320, Caribou, Me. 04736 or call 498-8425.

# PREVIEW AUGUST

- 2 MAINE SEAFOOD FESTIVAL 10K see flyer
- 2 BLUE HILL DAYS 10K contact Barry Mills at 374-2846
- 2 WINDHAM REC. 5.5 contact Larry Dyer at 892-8264
- 8 LOVELL ROAD RACE contact Kevin McDonald
- 8 GRAND WILLEY 10K see flyer
- 9 LIONS CLUB/WINTHROP 9 & 4 MILERS see flyer.

# CORRECTIONS AND ADDENDUMS

- SEPTEMBER 20, 1981 PEOPLE'S BANK 10K
- SEPTEMBER 26, 1981 KINGFIELD 10K see ad.



- July 8 SENIOR OLYMPIC DEVELOPMENT MEET "B"  
Contact Person: John Page Tel. 443-5584  
Hyde School - Bath 6:00 pm
- July 11 MAINE T.A.C. OPEN AND 18 + UNDER AGE GROUP  
JUMPERS' PENTATHLON COMPETITION  
Contact Person: Steve Ross  
Scarborough H.S. 12 N
- July 12 MAINE T.A.C. 25 + OVER AGE GROUPS TRACK AND FIELD CHAMPIONSHIP MEETS  
Contact Person: Steve Ross  
Scarborough H.S. 12 N
- July 15 SENIOR OLYMPIC DEVELOPMENT MEET "A"  
Contact Person: John Sinclair  
Montello Field - Lewiston 6:00 PM
- July 18 A.A.U. REGION I JUNIOR OLYMPICS TRACK AND FIELD CHAMPIONSHIP MEET  
Contact Person: Ron Kelly  
Scarborough H.S. 10:00 am
- July 19 NATIONAL T.A.C. MEN'S 25k RACEWALK AND WOMEN'S 10k RACEWALK CHAMPIONSHIPS  
Contact Person: John LaFreniere  
Lewiston Memorial Armory - Lewiston
- July 22 SENIOR OLYMPIC DEVELOPMENT MEET "B"  
Contact person: Ron Kelly  
Scarborough H.S. 6:00 PM
- SENIOR OLYMPIC DEVELOPMENT MEET "B"  
Contact person: Kevin Dyer  
University of Maine - Orono 6:00 PM



- July 25 PINE TREE TRACK AND FIELD MEET  
Contact Person: John Sinclair  
Montello Field - Lewiston 10:00 am
- July 26 MAINE T.A.C. MEN'S OPEN 30+ OVER AND 18+ UNDER AGE GROUPS  
ALL AROUND COMPETITION  
Contact Person: John Sinclair  
Montello Field - Lewiston 9:00 AM
- July 29 SENIOR OLYMPIC DEVELOPMENT "A"  
Contact Person: John Page  
Hyde School - Bath 6:00 PM
- Aug 1 MAINE T.A.C. OUTDOOR OPEN MEN'S AND WOMEN'S TRACK AND FIELD CHAMPIONSHIP MEET  
Contact Person: Frank Sabasteanski, c/o Bowdoin College Athletic Dept.  
Bowdoin College - Brunswick 12N
- Aug 15-16 MAINE T.A.C. OPEN MEN'S DECATHLON  
Contact Person: Ron Kelly  
Scarborough H.S. 12N (Sat), 10:00 (Sun)
- Aug 23 MAINE T.A.C. 15 + OVER 10k RACEWALK & 14 + UNDER 5k RACEWALK CHAMPIONSHIPS  
Contact Person: John LaFreniere  
Montello Field - Lewiston 11:00 am

For further information on the Maine T.A.C. contact Steve Sherlock at the Lewiston Rec.  
Tel. 782-6707.

# Don't Miss 1981 Kingfield 10K

**Saturday, September 26 11:00 AM**

**FOR INFORMATION:**  
Chip Carey  
Kingfield 10K  
Kingfield, ME 04947  
207-237-2273 (home)  
207-237-2000 (work)

**ALSO**  
Sugarloaf Uphill Race  
Sunday, Sept. 27  
10:00 AM





## THE WHEEL



### RETURNS

#### TO THE HUB

#### PART II

\*\*\*\*\*

© 1981 by  
Deke Talbot  
all rights reserved.

1981: JAMAIS VU?

HOWARD COSELL WAS WRONG. Boston is not the race of the proletariat, and probably never was.

Somewhere in the depths of Middle America the Plastic City Marathon and the Sorghum Festival Marathon thrive on the proletarian runner. In these honest places this side of Oz, it is still a status symbol just to finish a marathon, and the five-hour plodder can receive some applause not generated by his immediate family. Boston, by contrast, is a sophisticated 26-mile sidewalk party of marathon-watchers who have heard every boast and every excuse of every two-legged beast who has ever engaged in forward locomotion. Their attention-span dies out quickly after Johnny Kelley goes by, and they go back to the business of listening to bands and drinking and socializing. The plodder is ignored.

But one would be just as mistaken to characterize Boston as a race of the elite. As late as the 1960's, Boston was an Olympic Trials marathon, but this fact can be the basis of a trivia question because Boston overwhelmed the Trials, rendering them into an obscure back-eddy of The Event. The Trials went away in search of flatter and more secluded courses, and Boston didn't feel the loss at all.

The qualifying standards confirmed

that Boston was in truth a system of meritocracy, a race of the bourgeoisie. The qualifying standards were set at a level which allowed a runner of modest talent, who was willing to work for it, a place near, though not at, the starting line.

Having earned his or her number to run Boston, the bourgeois runner is, by nature, very jealous of it. Using the motto, "The roads are free, and you have as much a chance to qualify as I do," the bourgeoisie are all too willing to boot their bandit brothers in the buttocks toward the back of the pack. In conformity with Marxist theory, these qualifiers had become the true enemy of the proletariat.

And yet, in 1981, the Boston Bandits, ignored by the crowds and scorned by the qualifiers, by themselves far outnumbered the entire 1973 Boston field. Even Howard was not completely wrong.

\*\*\*

13 MARATHONS LATER, I was ready to return. Some were hillier than Boston, some hotter, most I had run on less training. Somehow, I had stayed on the sunny side of 3 hours in them all, from my P.R. of 2:40:08 to a 2:59:15 which had begun as a training run in the infamous Marathon by Ph\*d\*pp\*d\*s (the vowels were sold for benefit of creditors in the bankruptcy sale). From the -25° windchill of that race to the 93° of the 1975 Paul Bunyan, from the pancake flatness of Virginia Beach to the mind-shattering mile-long hill at mile 23 of the Finger Lakes Marathon, I was prodded, battered and enriched. With my cluster of performances I had become a fairly consistent workhorse, except for that old 3:03:15 from Boston, which was the blip on my marathoning graph. A scientist would have thrown it out as a bogus reading, blaming faulty instruments. But in my case my body was the faulty instrument, and I couldn't throw the reading away. I would just have to take a new measurement at Boston.

In the intervening years, I had found numerous excuses to postpone my return. A list might be instructive and useful:

1974: No possible way. I had sworn off marathons. Ran the Portland Boys' Club race.



- 1975: I was in law school and although I could think of running another marathon, it wouldn't be Boston. Ran the Boys' Club again.
- 1976: Still in law school, and though I had a 2:51 marathon to my name, I never gave Boston a thought. Just as well, as it was 96° in Boston that day.
- 1977: I wasn't in school any more, and I had a 2:48 marathon to qualify with, but the Boys' Club race had become a little tradition. I finished 5th, my fourth straight top-10 finish there.
- 1978: I boasted a 2:41, but as spring came I was nursing a sciatic injury. My Boys' Club streak hit a snag, and I finished 28th.
- 1979: Suddenly I wasn't qualified any more. The tougher Boston standards caught me without any recent good times.
- 1980: I had run a 2:50:52 in Bermuda, but I didn't want to beg my way in the back door. Instead of running the Boys' Club, I went to a hilly 5-K in Bangor and hit the wall after a 5:10 first mile.

Finally, with some good training, I returned to sub-2:50 territory, not once but 3 times, in the latter part of 1980. I wanted to be sure.

\*\*\*

SOME THINGS NEVER CHANGE. I still like to squeeze a dollar, and I was concerned about undergoing a \$65-a-day robbery at a downtown Boston hotel. But when Phil Stuart confirmed that he was going to run Boston, and would be staying at his sister's place in Newton, my last barrier was removed. I could travel on the budget plan, after all.

Both of us had run the Shamrock Beach Marathon in Virginia in March, on the advice from Bob Booker that the flat course there would not hurt us at all. I ran a workman-like, if uninspired race, which insured my quick recovery. Phil, on the other hand, ripped through the first 20 miles in 1:58 and hung on to finish in 2:40. He was hampered flat. That had to hurt, pancake course or not.

We agreed that our next stop would be the Boston Primer 15-miler in Readfield. On the Sunday two weeks before Boston, we headed up. I was a little wary, knowing that the course had the Rick Krause seal of approval.

I knew that Rick gave his approval to a course only after the greatest deliberation, as well as assurances that the race director is a sadist. He is decidedly fond of back-country races which climb up hills juicy enough to rupture the eardrums. Whenever I enter a race on a Krause-designed course, I make a point to read the waiver/release with a lawyer's eye.

Readfield did not disappoint me, if that is the right word for it. From what I remembered of Boston, this was not a primer for that. The Readfield race was sui generis, created for its own sake. The crowning glory was a vertical hill at mile 12 which I considered climbing backwards. Ah, yes, the old hurt-dance, there will always be a time for that. Phil stayed ahead of me the entire time, and finished in 1:31. I wobbled across the line in about 1:32. Phil complained a little about not feeling especially good during the race.

For the next week I noticed a marked decline in the quality of our workouts.

\*\*\*

HEATHER, PHIL'S LITTLE DAUGHTER, was going with us to Boston. Phil and his wife, Cherrie, always made a point of taking her on trips whenever they could, instead of palming her off on the grandparents, and that was good. But I was soberly reminded that they would be taking this trip even if the Boston Policemen's Association had blocked the Marathon route in kamikaze style and thrown a wrench into the race. Heather had an appointment with a cystic fibrosis specialist who was available that weekend only. I came to the conclusion that Phil and Cherrie took her on all these trips to condense experience for her, to convince her that life is rich and worth fighting for, because Heather had always needed to fight for it. Most of us can mark time occasionally with ennui and lassitude with no ill effects, because the healthy body easily gets us through the bad patches. Heather didn't



have the privilege. But is that really a privilege?

\*\*\*

WILBUR WAS PACKED and ready to take us to Boston.

In the postwar generation, men just beginning to raise families gave a name to the family car. Perhaps it was the romance attached to the automobile, or perhaps these men, having just experienced so much inhumanity, sought to personify and humanize even inanimate objects in an attempt to recover. For whatever reason, I grew up around cars named Henry and Iron Bessie, until one day my father drove home in a 1957 Oldsmobile without a name, and a car once again was simply a car.

Phil had revived the tradition, although he did not offer a reason. Wilbur was not fickle or cantankerous or full of personality; it was simply a sturdy blue Buick which, with Cherrie's planning, could carry a good load. Wilbur was solid and even stodgy, which distinguished it from today's aluminum-and-plastic models. Perhaps that was reason enough to name it. It was also reason enough to take Wilbur to Boston. We wanted a good steel frame between us and the carnage of the Boston traffic.

Phil's sister Mary had given us directions to her Newton apartment, and after our obligatory stop for some New Hampshire beer, we read over the directions and made our contingency plans. But when we reached Boston on Saturday afternoon, the traffic was very light. Unmolested, we drove into a tunnel which led under the Prudential Center, under the very spot we knew we would hobble around two days hence.

We found the apartment without trouble, and when I unwound my legs and got out I rejoiced in seeing and feeling real leaves again, after the long winter. These were not the hard, waxy, dark-green fake-looking leaves I had seen a month before in a Virginia swamp; these were soft, new, translucent, with delicate, infinite shades.

Sometimes we try to make a game out of life, because it has a beginning and an end.

But life, which does not have the same rules for everyone, as Heather reminded me, is not a game. It continues while we take a time-out. It most assuredly does not allow us any substitutions. So we shuffle through it, often in a semi-sleepwalk, so we can stay on the field. Once in a while, we rise above the film of consciousness, and look for something to cherish just for that moment. Fortunately, there is always something, a little, obscure thing, like a new green leaf, which will meet us there.

\*\*\*

TOM AND MARY HILLMAN unabashedly pursued the American Dream. They had the unheard-of privilege of a convenient, 4-room and-bath apartment for \$100 a month, but the place was only a way-station. The rental price tag included the landlady, a somewhat racist and very settled 80-year old woman who lived downstairs and sometimes called upon Mary to run errands for her or take her shopping. Sometimes Mary would stop what she was doing and reply down the stairwell to a voice I never heard; Nora was a phantasm to me, like my step-grandfather's cat which I never saw because it always hid behind the washer. But to Tom and Mary, Nora was very real, and represented someone to whom they were obligated, when they wanted to be free. So they pooled their resources and stayed up late working over distribution order forms and took trips to promote Amway products and wondered if they could become regional managers making upwards of \$20,000 a month. They were not ready to be settled and comfortable, and knew there was no danger of becoming so here.

Phil teased Mary about her ambitions, with his characteristic bluntness. "Ah, just another pyramid scam," he said. "They like your money."

Mary bit the bait, and took off with it. "What are you saying, huh? It's NOT a pyramid...it's a service, with real growth, not just a transfer of wealth from the foolish to the clever. And there's a chance for real advancement. Getting into the program early doesn't mean a thing unless you work to establish your market."

Phil wasn't listening. He already was off on another subject.



\*\*\*

SUNDAY'S LIGHT BREEZE offered hope that Marathon Day might be cool. I had not expected this, because of the weather pattern which had established itself in previous Bostons:

1972 & 1973: Hot  
1974 & 1975: Cool  
1976 & 1977: Hot  
1978 & 1979: Cool

1980 was hot, and I was expecting 1981 to follow suit. Predictions are easier to make, for some reason, if they're gloomy.

Sunday was too busy a day for me to worry about whether the weather would hold. I was just along for the ride, but we were headed into town and there was much to do.

First we went to Children's Hospital for Heather's appointment, and groped through the maze until we found the right office. The doctor, a portly man who filled half of his tiny office, invited us in. Tom and Mary and I didn't figure we belonged there, but he collected chairs and we sat down. Several other doctors appeared in the doorway to listen to the discussion of Heather's case history, which apparently was very unusual. I was becoming quite engrossed in the discussion, although feeling like an eavesdropper, until the doctor mentioned the Marathon and Phil mentioned that he and I were running in it. The doctor and his colleagues perked up their ears, and after that it was hard to get them back to the subject at hand. Here was their excuse to make small talk. I hoped it wasn't counted as billable time.

Heather was then pinched, prodded, and generally made uncomfortable until the doctors completed their tests. We then left the hospital with the set purpose of giving Heather an ice-cream cone and a visit to the Aquarium.

First, Phil and I had to stop near the Prudential Building to pick up our numbers. That was quickly taken care of, but we were drawn into Runner's Expo for a quick tour. We were blitzed by a blizzard of activity as we wandered past the booths, grabbing paper caps and magazines as they

were thrust into our hands. Clutching our race packets, we stumbled out the door.

We then went to Quincy Market, which was just as effectively designed for sensory overkill. The market was runner-infested, with clusters of white paper hats laced through the crowd. We all tried to stay together to order lunch, but with all the fast-food specialty shops to choose from, it was hopeless. After commandeering an empty bench, we were able to sit down and slobber our kinky lunches on ourselves. We topped it off with frozen yogurt cones, and at last Heather had something to help her forget the late unpleasantness.

From Quincy Market we walked to New England Aquarium, and at last, relative calm. In the muted interior we walked up a long spiral, checking out the exhibits which ranged from tropical lagoons to a simulation of the Charles River (rusted shopping cart included). We then walked down a spiral in the middle of the building, around a deep central tank where many of the larger fish and turtles were kept. It was somehow very calming, looking upwards at the fish in the tank.

After we collected the provisions, I bossed everyone and prepared a lasagna dinner. I had no trouble repleting my glycogen, despite the turkey dinner which Tom and Mary had prepared with such good intentions the night before. I topped off my lasagna with a cup of yogurt, despite a slight mishap. I had dropped the unopened cup down the stairwell, and went to retrieve it. Mary, expecting Nora to appear, looked on with trepidation, as if I were poking around the entrance to Medusa's cave.

I fell to sleep effortlessly. I looked up into that gigantic fish-tank and lazily spiraled through the levels and weightlessly joined the nurse sharks and groupers and rays in a hypnotic whirlpool toward the bottom of the tank.

\*\*\*

I COULDN'T UNDERSTAND why I wasn't more excited.

Marathon Day had arrived, and it was cool, with the slightest sprinkle of rain. I should have been fumbling with my shoe-



laces and safety-pins and worrying about leaving something behind. Instead, I ate my yogurt calmly and didn't give a thought about whether anything might chafe, bind or blister. I was becoming a little blase about the whole marathon business. I had already imagined too well what crowds I would be seeing, and felt as if I had already been through the experience.

Phil and I had opted not to take the bus, so Tom, Mary and Cherrie drove us to Hopkinton, and dropped us off at a turnpike exit, which was as far as the police would let them go. We followed the several people walking toward town, and soon noticed the buses rolling past, until there were more busloads than individuals on foot. We began to realize that we had picked an unpopular option. Our walk soon turned to a trudge as we became aware of the trek we were undertaking. So much for my pre-marathon expertise.

During the 2-mile walk I tried to get excited about where I was going, but my mind wandered. The long, slow walk was itself a new experience, much less familiar to me than the crowds I was about to experience. I kept looking at the sides of the road, instead of straight ahead. I pondered the fact that since my locomotion for the day would total 28 miles instead of 26, I could have an extra fat pill at day's end.

I hoped that Phil would get that first-time excitement and infect me with it, but if he felt it he kept it inside. We arrived at the starting-line, I looked at it for a longing moment, and we turned up Hayden Rowe toward the junior high school, where we could get warm.

\*\*\*

PHIL AND I were separated when we lined up for the start, because we had to enter separate roped-off starting pens. We wouldn't know which of us had beaten which until the race was over. I decided to try cranking up to beat him, because he had whipped me in our last two races. That seemed a bit mean, but I had to

start somewhere if I wanted to get excited.

I was wearing my cotton gloves at the start, and jumping around. It was still uncomfortably cool. Phil and I had been wearing garbage-bags, which we now removed; but now I saw warmup jackets, windbreakers, caps, hats and gloves being ejected from the throng into the waiting crowd. It was jubilee-day for the spectators, a time for an absolute windfall.

The ropes separating the pens were dropped, and we pressed together. We were off, down the hill, with very little delay. I was past the starting-line within 30 seconds, but the mass was still solid. I tried to shift gears a little, stutter-stepping out ahead of a few people and then settling back. Already it was impossible for me to tell my relative position inside the mass.

Within two miles I realized that my gloves were too warm. We were traveling with the breeze, and it was slightly humid. Despite the frayed fingers, I didn't want to throw them away, so I stuffed them in my shorts.

The crowds of spectators formed a mass as solid as the stream of runners. As I looked down the road, the two masses blended together. Up close, I could tell where the spectators ended and the runners began by viewing the relative motion; the runners stayed in the same place while the spectators streamed by in reverse. The perspective gave a good sensation of speed, and I kept looking from side to side to experience it. That was reason enough to keep going.

\*\*\*

I WAS FASCINATED by the WBZ radio broadcasts of the marathon in progress as soon as I knew of them. I remembered from the 1973 race the snippets of news about the front-runners, the recognition of a familiar name among the leaders, the boost I felt when I heard Anderson's victory firsthand; the radio broadcast kept me going and helped me finish.

In later years, I would dash down to the basement of the Portland Boys' Club after the finish of that race, to find out



what was happening at Boston. There was a radio in the equipment-cage, but there was always an old character there who was listening to the Red Sox. After two years of suffering, I learned to bring my own radio with me.

Now I was back in the race and wanted to hear the snippets of the action again, but the crowds were bigger, louder and more diversified. Bands played from rooftops. The crowds were as much a spectacle as the race: I gained the distinct impression that the spectators had come to be seen as much as to see. I couldn't hear any radio reports of the race. The inhabitants of the early towns such as Ashland and Framingham really couldn't have a stake in the race's outcome; by the time the plot was unraveling they would be left far behind. They seemed as unconcerned as the old fellow down in the Boys' Club basement, listening the the Red Sox.

By Natick, the crowds seemed to be a little more attentive, and I needed it. I had gone through the 10-mile point in 59:44, my fastest 10-mile split in a marathon since my headlong rush down the hill to the same place 8 years before. My quads would definitely pay a price, but at least I didn't have any heat cramps.

The crowds liked to interact with the runners, and had some routines prepared for us. At one point a runner, beginning to wonder if something conclusive was happening up front, asked a group of kids, "Who's winning?" They answered in unison, "YOU ARE!"

In Wellesley we passed the girls' college; I was quite near one of the women runners, and expected to hear a roar. But the shrillness generated by the fresh-faced young things started to make me irascible, and I had to fight my way through the noise. I had to admit I was becoming an old man.

I still hadn't heard a word from any radio. I decided that perhaps I had more important concerns within my own world to deal with.

\*\*\*

I KNEW BETTER than to boss Tom, Mary and Cherrie around after they let us off in Hopkinton. There was no way they could have gotten through the crowds along the route to see how we were doing, or to help us; they couldn't even have seen us in the stream. So I suggested to them that they would be just as well off to wait for us at the finish.

Through some wonder, they had no trouble getting there, although Tom complained some about trying to maneuver Wilbur through traffic. He kept worrying about misjudging the length of the big Buick, and clobbering someone. Fortunately, he didn't have to find a parking space; they were guests of a friend who had an apartment within easy walking distance of the Prudential Center, and within tolerable walking distance of a crippled marathoner. I had told them not to expect to see over the heads of the crowd at the finish, but they lucked out, and Cherrie took out her Instamatic, ready to take our pictures when we came.

I was getting ready to tackle the Newton hills, trying to recollect what they were like. I was also looking around for familiar faces. I had seen Steve Dexter and Gary Cochrane, but they were long past me. I had expected that of Steve, but not of Gary. I had thought confirmed ultra freaks like Gary were burnt out of fast marathons. Maybe not, after all.

With no familiar faces around, I tried to construct them in the people around me. I came up behind a fellow sporting an Afro. A feather stuck out behind his head, attached to a leather thong. Could this possibly be The Bush? In the intervening years had he cut and styled his hair to conform to the dress code of the junior college where he heads the political science department, while inserting the feather as his personal statement of nonconformity? I hoped it was The Bush, because I wanted revenge. I passed him by.

Number W50, a Japanese girl, came running by at 17 miles. I remembered that Rosie Ruiz had that number last year; I paused and wondered how many times I had replied to the query of the regulars at MacKenzie's lunch counter: "Did Rosie really do it?" At least this year, W50 was legitimate.



I thought I was in pretty good shape when I passed 20 miles in about 2:03 and crested Heartbreak Hill without too much trouble. If only I could drill the downhill, which I knew was coming, there would be many to cheer me on.

The crowd composition changed as we came into the city. The spectators were now watching the race, and the majority were out-of-towners who had come to cheer somebody on. There were no bands and balloons here; the Marathon was the occasion, not merely the excuse for an occasion. The people became earnest and helpful and straight, and when you asked who was winning, they said it was Seko, not you. The roar was continuous, as was still the stream of runners; pass and be passed, all at the same time. I so much wanted to be excited, to be beserk, to run with abandon, but time and physics had caught up with me. My quads were nearly shot from the downhills. I had to run at a controlled pace, or risk falling over the trolley-tracks and not be able to rise. For awhile there was frustration; then weariness and weakness took over, and I was looking for the end. The last two miles down Commonwealth Avenue were interminable, broken only by a familiar cheer; I looked up and saw Larry Allen leaning from a lamppost.

Less than a half-mile to go. I tried to remember from 1973 how many turns we made at the finish; in the fog of my memory there were dozens of them. I was disappointed when I found there were only two: right onto Hereford Street, left for the final 200 yards to the finish. Suddenly on the last stretch I found a little life, lifted my legs, and passed 3 or 4 people. I was looking up at the digital clock, and didn't even see the big yellow line.

I moved into a chute, and the first person handling the finishers called out, "Deke! How long since I've seen you?" I looked up and saw a fellow Bowdoin graduate and fraternity brother whom I hadn't seen for about 10 years. I couldn't think of his name in my state of weariness, but I remembered what we called him.

"Hi, Dingle," I replied.

\*\*\*

2:45 WAS A LITTLE DISAPPOINTING, but not much. I could appreciate the fact that I now had a time from Boston which compared normally

with my other marathons. The deep-down ache in my legs came from the same source which had aided me early in the race. The downhills giveth, the downhills taketh away. As I stood in the Prudential Garage with a mylar cape and a Pina Colada yogurt, I could be at least a little bit satisfied.

Not so Phil. I had beaten him after all; he had shoe trouble and finished in 2:51. He was not prepared to say that his hard 2:40 marathon at Virginia Beach, or his other hard races, had dulled his edge at all; he would only admit to having a bad race here. Boston had stung him, and he didn't know quite why.

The next morning, Phil, Mary and I went out on a loop around the river for a short run. We figured that with our lameness, Mary might have no trouble staying with us, although she ran but occasionally. But if I thought we were staying together, I was mistaken. Phil took off. Mary went with him. I groaned and shuffled around the 3-mile loop. Mary, who was just as competitive as her brother, hung with him as long as she could, and when she finally faded, I caught up. Phil was long gone, gone on a trail leading to his next Boston.

If I return to Boston, which is likely, it will not be because I am compelled to do so. No more do I feel the urge for revenge, the empty feeling of an incomplete cycle. In no way had I conquered the course, but at least we had established a truce. In the future, I can run on my own terms. I can take a milk run and observe the crowds; I can put my cards on the table and risk blowing up. Either way, Boston and I have an understanding.

Phil didn't have that privilege yet. His time would come, and he was already thinking of that hard fall marathon which would send him back here. I remembered that delayed dreams are not for us alone: Bill Rodgers and Johnny Kelley had both failed to finish their first Bostons. At least we had: but finishing isn't enough.

I knew how he felt.

\*\*\*FINISH\*\*\*



## RUNNING AROUND

BY SAM SCHUMAN

(A regular column in which the author--a runner who almost makes up in persistence and dedication what he lacks in talent--describes some noteworthy runs in noteworthy locales. The aim is twofold: First, that these descriptions may prove useful to those actually travelling to the cities covered, and, second, the accounts may hold some interest even to non-travellers who enjoy imagining a variety of running experiences.)

### THE BEST:

In this space in Maine Running I have tried to share some memorable runs and running locales. It's been fun for me to remember some very good times in San Francisco, New York, Washington, D. C., Montreal, Chicago, and Houston. I hope that the column has occasionally been informative and/or entertaining to read as well. In describing my experiences as a runner in such fascinating venues as Golden Gate Park, the Green Bay Trail, the Mall, Central Park, Bray's Bayou, and the like, however, I have never described the very best runs I have had, in the very best of locations. Now that I am moving to North Carolina (where I'll hope to run in the Blue Ridge Mountains and on the Outer Banks, but that's another story), I thought I might, as a concluding comment, let Maine Running readers know where I think the very best running of all has been, for me at least. It has not been in some exotic locale, major city, spectacular park, or surrounded by hoards of other runners: the best running I have ever experienced has been here, in Maine, on the roads and trails around the University of Maine at Orono. What has made these running experiences my best hasn't been the scenery, although sometimes it has been quite beautiful, nor the courses, although some of them are interesting and challenging. It has been the people I have been privileged to run with. Great courses or personal records produce an undeniable satisfaction, but the kinds of human closeness that come from sharing goals and work, disappointments and achievements are more important, and I am enormously grateful that running has been a fine way of building that closeness. So, here's my description of the best runs I ever had: Steve Norton, Frank Roberts, Vaughn Holyoke, John Fields, Steve Palley, Oscar Feichtinger, Dave Torrey, Ed Rice, Gerry Ellis, John Vetelino, John Esposito, Ron Dearborn, Jeff Wren, Jerry Farlow.....

"Sporting Goods for All Seasons"  
**the Good Sports**  
3 Pleasant St, Brunswick







dube travel presents

# LE MARATHON INTERNATIONAL DE MONTREAL

MONTREAL MARATHON WEEKEND SEPTEMBER 10-13

For runners who are always looking for a challenge, we offer the popular Montreal Marathon

Early evening departures from Central Maine points.

On Friday take a ride over the race route

Plenty of time on Saturday for shopping and sight seeing

Return Sunday in the early evening hours

Rates: \$110 per person twin; \$105 per person triple; \$99 per person quadruple

Reservations can be made at any of our convenient offices

## Dube Travel Agency & Tours

AUGUSTA

70 State St.

LEWISTON

263 Lisbon St.

S. PORTLAND

87 Ocean St.



WHILE IN TOWN FOR THE PAUL BUNYAN MARATHON VISIT THE FOLLOWING...

**MARATHON SPECIAL**

**\$26 SINGLE \$32 DOUBLE**

**RIGHT AT THE STARTING LINE**

**Penobscot Inn**

**50 UNITS - RESTAURANT & LOUNGE  
COLOR CABLE TV - AM FM RADIOS  
HEATED & AIR CONDITIONED**

Sharon J. Caven, Mgr.

570 Main Street

Bangor, Maine 04401

Phone (207) 947-0566

**MAINE Running** 

**How to Keep  
Your Jogging  
Feet in  
Sportshape  
Condition  
with...**

NIKE ☆ ADIDAS  
BROOKS ☆ SAUCONY  
REEBOK ☆ ETONIC  
NEW-BALANCE  
BILL RODGERS

**GOLDSMITH'S  
Sporting Goods**

Hogan Rd., Bangor

TEL: 947-1168

MON-SAT 10-8

FRI 10-9



**BENJAMIN'S**

123 FRANKLIN ST.

BANGOR

**EXPRESS  
LUNCH**



**ON OUR  
LUNCH  
MENU**

**FIVE  
MINUTE  
SERVICE!**

**DRAUGHT**

**EVERY  
SUNDAY  
AND  
MONDAY**

**50  
CENTS**

EVERY TUESDAY

**Ladies' Night**

All Our Lady Customers  
Drink At

**Happy Hour Prices  
ALL NIGHT LONG!**



**DON'T  
FORGET OUR**

**Attitude  
Readjustment  
Period**

ALL SEVEN DAYS - FROM 4-6:30  
FREE HORS D'OEUVRES  
OYSTER BAR THURS. & FRI.





## RUNNING ON...

by Skip Howard

Ya gotta have a hook. Now, in copywriting parlance, that means there has to be something that will grab someone's attention, keep them from getting to the bathroom before you can stop them and try to sell them something they generally would have no use for. If that sounds a bit crass and mercenary, that's the way the advertising game goes; a lot of time and energy and talent is wasted in the pursuit of no real good end.

Not that advertising is a bad thing. Advertising is a fact of life: we all of us in our best moments advertise whatever we want the rest of the world to know about us; anything else, from deodorant to cars to sex to running is only an extension of that basic human factor.

How do a boat ride and a bird sanctuary and a blind, retarded athlete and two fit runners clipping along at a little over 5:30 pace fit into this scenario? Simple. In the space of eight days from June 13-20, there were six (at least!) good races held: the Hampden 8½ miler, the Ellsworth Union Trust 4 miler to benefit the Birdacre Sanctuary, and the Maine Special Olympics in Waterville on the 13th; the Cranberry Island 5K, Caribou half-marathon, Auburn Solstice Strut on the 20th and many more. Good races all, well promoted, worth the trip and the opportunity to test oneself. And the hook? Take your pick and consider the ironies and the ramifications: less than 50 reasonably fit people raced around an 8½ mile course in Hampden, while several hundred gathered to watch and participate in the Maine Special Olympics in Waterville and over 170 runners were attracted to Ellsworth to run in a race to benefit the Birdsacre Sanctuary there, a truly remarkable and special place. The next weekend, the tiny island of Cranberry hosts over 150 runners for a day that includes not only a splendid mixture of fundamental firmament and surf, tide and time, but a great and unique race as well. The same day, the giant Budweiser conglomerate sponsors a half-marathon up in Caribou, the quality and calibre of which must far surpass any of the others in terms of times and cash. Nonetheless, they all possess the same intrinsic ingredient: the dedication and imagination of the people who work so hard putting together the events.

The Next time you feel yourself getting a bit blase about all, of this, stop to consider that the frills and the fancy will soon be gone, for one reason or another, and we'll all be left with the same basic hook we started with: that tiny endorphin rush that fires off every who-knows-how-many-times-every-who-knows-how-often so that those people who are motivated to gather us all together for the purpose of racing are still sufficiently motivated to do so when the thrill is gone. When the sponsors are gone and the money is gone and maybe even the interest is gone: then will we all gather to commune and remember when.

As we relaxed in the small post-race glow and giddiness that accompanies a race, I was struck by the dichotomy of the fitness level inherent in an Eric Ellis and a Scott Curran. Both are examples of individuals who have struggled mightily with their inherent limitations and abilities, who have tried and succeeded. But somewhere you have to draw the line and separate the two and distinguish. Eric is a fine athlete, gifted with speed and power. Scott is blind and unable to run one lap of a track unaided. Both are worthy of our praise and deserving of our admiration for their accomplishments. However, the next time you stumble on a sponsor wondering where to put the proceeds, consider the Maine Special Olympics; none of us need nor deserve it more than they do.

The hook here is no hook at all. Basically, it's a dirty word, connoting the image that we need to be caught like unwary fish. It's Just not true. These races are offered up to stand or not on their own merit. Whatever motivates you to get there, be it to better your time, watch a disabled athlete compete, take a boat or watch the birds, there's a purity and a clarity of purpose all too rare in most of our other pursuits. At the risk of proselytizing? I'll let that stand.



## AT THE RACES

### FT. WESTERN DAYS 5 MILE ROAD RACE AUGUSTA MAY 16TH

---

Rain and abundance of races kept the numbers low but about 210 dollars were raised to send some needy kids to Camp Ka-Ve this summer.

Steve Russell

### HELEN P. KNIGHT 5K CARIBOU MAY 17TH

---

The Helen P. Knight 5K was held May 17th in a raging snowstorm! The race was a benefit for the local school for the handicapped. The project was a great success as over \$1800 was presented to the school.

Conrad Walton

### LES FEMMES D'ACADIA SEAWALL MAY 24TH

---

The first annual Les Femmes D'Acadia foot race sponsored by the Harbor House Community Recreation Center and the Alternative Natural Food Store of Southeast Harbor saw over fifty women runners participating. With the sun breaking through over the seven mile course, which trailed through part of the National Park at Seawall and along the coast of Mt. Desert, proved to be no challenge to Robin Emery of Lamoine who won the race in 45:16.

Marty Lyons

### THE ZONTA 5 MILE ROAD RACE WATERVILLE JUNE 6TH

---

The weatherman cooperated with our request for a "cool" Saturday morning and the Zontians did a superb job with organization in this big FIRST Zonta Race. The runners were from all over Maine - and one visitor from Oregon saw a flyer and joined in - and the time for first place (tied) was excellent for the hilly course. We got so many compliments on putting on a great race (plus earning \$350 for our North Street Recreation Project) - from all the runners, that we'll probably do it again next year!

Marj Lalime

### CAMDEN 10,000 METRES CAMDEN MAY 31ST

---

Andy Palmer cut through the rain to easily win the fourth annual Camden 10K in 30:37. The conditions were just right for running but lousy for directing the large event. The complete results were inadvertently discarded by someone at the yacht club.

### HIGH SCHOOL STATE MEETS IN TRACK & FIELD GARDINER, BRUNSWICK, ORONO JUN 6TH

---

The big story at this year's state meets was the distance runners. (How convenient for the editor of a running magazine)

Brian Pettingill's 4 firsts in the 400, 800, Mile and 1600 Meter relay have to top the list though. Although he just ran to win the mile and the 800 meters, he let us see the speed that has gotten him national recognition in the 400 and the relay. I clocked in leg of the relay at 49.2. He needed all of that to hold off a stubborn Thornton Academy runner.

Up in Orono Greg Hale and Michelle Hallett were wowing the crowd with their super 9:07.8 and 10:42.8 record two miles. Michelle added a new record 5:07.5 mile for good measure.

Bob Booker

### 3RD ANNUAL GREAT CRANBERRY ROAD RACE GREAT CRANBERRY ISLAND JUNE 20TH

---

To bed by 1:45 and up by 5:00 is Larry Allen routine in keeping Cranberry one of the best races in the state. After a flawless race the director handed out "Burn't Out World Class Running Shoes" to the winners provided by: Bill Rodgers, Marty Liquori, Andy Palmer, Jacqueline Gareau, Joan Benoit, and Mary Decker. All proceeds from the race went into purchasing fourteen cases of beer which lasted less than the 15 plus minutes it took Mike Gaige to win the event.

Some runners went away worrying whether or not it was too late to pre-register for the 4th annual sell-out.

Bob Booker



## BIKING TO OLYMPUS

by Dr. John Frachella

### INTRODUCTION

On May 15, Joe Pizzo and I embarked upon one of the most incredible journeys of our life. We had made plans to tour by bicycle for 21 days in Greece, southern Italy and Sicily. During that time we averaged about 100 kilometers a day on our bicycles which weighed about 75 pounds (with gear). Needless to say, we didn't run very much but neither did we miss it. The bicycles provided a sufficient, less traumatic, and perfectly balanced form of exercise which was often spread out for 10 hours over the course of a day. We felt as though we'd be better trained and more mentally prepared for running when we returned home to the summer road racing season in Maine.

Many of our experiences were beyond description but I tenaciously kept a daily journal of whatever could be expressed in words. I wrote with all of you in mind and with thoughts of how lucky we are to be able to appreciate running as a means of staying mentally and physically fit. Without the strength and intent of will which has been given to us by running, our trip would not have been possible.

### INSTALLMENT #1

The hassles in the airports in Boston, New York and Athens were more painfully uncomfortable than I care to remember so I'll spare you the details and allow your imaginations to run rampant with thoughts of transporting a 10 speed bicycle with 50 pounds of clothes, camping gear and sundries from Boston, Mass. to Athens, Greece.

5/15/81

In Athens we frantically fought our way through the 8 AM rush hour traffic. The police were rude, the drivers were incorrigible, the smog was choking and we couldn't find the way to Corinth. It was almost unbearable and perhaps one of the most dangerous things I've ever done, on a bicycle with loaded panniers dodging speeding

buses, taxis, and trucks. We went down a dozen wrong streets for an hour and came terribly close to getting killed by the totally insane drivers. Finally on Athina Street near Omonia Square we pedalled smack into a huge open-air vegetable, fruit, meat and fish market complete with hollering vendors, pushy shoppers and speeding cars. I felt like I was in Istanbul or Turkistan with all the characteristic signs of filth, squalor poverty and disease. We got out of there quickly and back to Omonia Square where we stood bewildered, clutching incomprehensible maps while we steadied and balanced our overloaded bikes. The only people on the street who knew English didn't know where they were either and the Greeks couldn't understand us. We were a sorry sight.

Finally a kind Greek man came to our rescue and explained as best he could that we wanted Athenon Street and that it was right over there. Thankfully we pedalled back into traffic and there we stayed, 30 kilometers, all the way to Elefsina on a terrible strip of superhighway flanked by junkyards, oil refineries and abandoned garages. The landscape was dry and treeless.

We decided at Elefsina that we should have taken a train from Athens to Corinth, but we had no way of knowing that Athens was so big and hard to get away from. At Elefsina we asked a man sitting by a railroad track about a station and he managed to get across that the station was a short distance away and that the train was due in 5 minutes. We ran with the bikes and we just made it on time. The men at the station didn't even care about our invalidated, unsigned Eurail passes. The train rushed in and two men in the baggage car helped us throw our bikes on and before we knew it we were off. The two men laughed like hell at us and talked back and forth in Greek. We felt a little foolish as they pointed to our shorts and T-shirts indicating that we certainly weren't first-class passengers.

We groped through our Greek-English dictionary and explained that we wanted to go to Corinth with the train and then across the Peloponnese Peninsula to Patra on our bikes. They looked at us like we were crazy but said they'd



let us know when we were in Corinth. One man opened the baggage doors so we could stand together and watch the countryside as we went along. He pointed out fig and olive orchards and showed us the destruction done by the recent earthquakes in Kineta. The day was hot and beautiful with a misty haze, over the sea.

In Corinth we said our good-byes and took off through the city toward Kiato. We stopped in a few quaint villages and we bought bread, cheese, beer and bottled water from cautious, but friendly people. One man greeted us in English. He was Greek but he'd spent 10 years in Australia. He had an odd, mixed accent of Greek and Australian and he was very friendly. The women were curious but particularly careful to avoid conversation.

Now we were on the Pelopinese Peninsula and we pedalled from little town to little town our backs getting tanner and tanner. We'd stop and take pictures of each other, old men, young children, houses, flowers and the sea. We came into Dirvini and decided to take the train to Patras from there. The train was due to arrive at 6:30 PM and it was only 5:30, so we went into the village for something to eat. We were tired, having biked about 80 total miles that day. We put down two beers each, two pieces of Baklava, some ice cream and half a loaf of bread. Bellies full, we got to the train station just in time for a giant hassle. They didn't want to honor our right to ship our bikes with our Eurail passes. Two or three Greeks argued back and forth in loud harsh voices. One spoke English and he was trying to explain in Greek to the others that we should certainly be allowed on the train with our bikes. Everyone was working themselves into a frenzy until finally they gave in and reluctantly agreed to load the bikes.

We were off to Patras. The sun was just setting and Joe involuntarily dozed off to sleep. A young man and lady spoke to me making jokes about Reagan and asking questions about our

tastes in music and women. We exchanged information about our respective jobs and I learned a lot of new Greek words.

When we arrived in Patras it was dark. We found the ferry service building open for business so we bought advance tickets for our eventual trip to Italy. We found a room in a youth hostel and met the owner who was curious and friendly and advised us to go to dinner away from all the tourist traps. He suggested a taverna a few miles away which only served fish. We ate and ate, till we were so stuffed that there was nothing left to do but go back to the hostel and fall fast asleep.



PRESENT

THE SECOND ANNUAL GREATER BANGOR 4TH OF JULY  
ROAD RACE

SATURDAY, JULY 4, 1981 - 10:00 AM SHARP



Sponsored by



DEAD RIVER

SUBSCRIBERS!

Does your cover label have a Ju in the upper right hand corner? That means that it is time to renew your subscription. Before July 15th the price is \$12.50. After that you pay the regular \$15.00 subscription price. Hurry!





## "THE PACK"

GOLDSMITH'S RUNNERS' CLASSIC 13.8  
Old Town April 26th

1. Bill Pike	1:15:29
2. Hank Chipman	1:19:50
3. Henri Bouchard	1:20:04
4. Bart LaVasseur	1:20:28
5. Larry Deans	1:21:37
6. Gary Coyne	1:22:51
7. John Mills	1:23:31
8. Eric Ellis	1:23:53
9. Paul Plissey	1:24:24
10. Len Price	1:25:08
11. Greg Parlin	1:25:36
12. Carl Fischer	1:26:34
13. Ed Kenney	1:27:33
14. Harry Nelson	1:27:35
15. Phil St. Pierre	1:27:53
16. Richard Leavitt	1:28:10
17. Richard Mulhern	1:28:30
18. Von Eric Nelson	1:28:37
19. Mark Violette	1:28:59
20. Darren Billings	1:29:14
21. Steve Hawes	1:30:22
22. Gary Quimby	1:30:25
23. Ed Ferreira	1:30:37
24. Charles Nichols	1:30:48
25. Gary Wright	1:30:53
26. Chris Hamilton	1:30:58
27. Dave Torrey	1:31:00
28. Fergus Kenny	1:31:04
29. Paul Doody	1:31:26
30. Mark Paradis	1:31:26
31. Dave Cota	1:31:47
32. Bob Booker	1:31:56
33. Mike Gaige	1:31:56
34. John Frachella	1:32:52
35. Cliff Hatfield	1:33:30
36. David Curtis	1:33:43
37. Dave Alley	1:33:54
38. Robby Baldwin	1:33:56
39. Dennis Bates	1:33:56
40. Robin Emery*	1:34:08
41. Joel Hawes	1:34:13
42. Robert Nicholson	1:34:22
43. Vaughn Holyoke	1:34:33
44. Larry Rich	1:34:43
45. Bob Gaboury	1:34:03
46. Glendon Rand	1:35:19
47. Al Michelson	1:35:19
48. Richard Clark	1:36:29
49. Bob Hayes	1:37:36
50. Loren Ritchie	1:38:54
51. Barry McLaughlin	1:38:54
52. Margaret Johnson*	1:39:11
53. Dennis Simmons	1:39:34
54. Gil Roderick	1:40:37

55. John Archambault	1:41:29
56. Dave Gorczyca	1:42:18
57. Charles Francis	1:42:40
58. Warren Hedstrom	1:42:46
59. Alecta Rhoads*	1:43:06
60. Gerry Bryan	1:43:07
61. Glenn Matot	1:44:52
62. Howard Dunn	1:45:35
63. Stephen Holden	1:45:45
64. Brenda Lopotro*	1:46:03
65. Bill Lopotro	1:46:03
66. Drew Turnbull	1:46:03
67. Fernald Curtis	1:47:16
68. Eddie Brissette	1:48:13
69. Vance Stoddard	1:48:38
70. Jeannette LaPlante*	1:48:41
71. Andrew Sweeney	1:48:46
72. Richard Higgins	1:48:52
73. Anne Loiselle*	1:49:33
74. Theresa Lawlor*	1:49:33
75. John Holyoke	1:49:33
76. Mary Lynn Cyr*	1:49:33
77. Maggie Rosenberg*	1:49:33
78. Kurt Tornquist	1:50:23
79. David Bird	1:50:49
80. Patty Murray*	1:50:59
81. Paul Guerin	1:51:35
82. Mary Wolff*	1:51:35
83. Gerry Reynolds	1:51:51
84. Kjerstin Winn	1:53:37
85. Darrell O'Leary	1:53:42
86. Ralph Snyder	1:56:11
87. Harold Jones	1:56:26
88. Peter MacKintosh	1:56:26
89. Barry Mills	1:56:26
90. Mike Beagan	1:58:59
91. Ed Vereault	1:58:59
92. David Stearns	2:05:10
93. Martha McGilpin*	2:05:12
94. Charles Clapper	2:05:25
95. Leona Clapper*	2:05:27
96. Louise Dunlap*	2:08:27
97. Madeline Tomlin*	2:09:10
98. Marianne Steinbacher*	2:10:35

Results courtesy of Norm Boucher  
Race Director

\*\*\*\*\*

FT. WESTERN DAYS ROAD RACES  
Augusta 5 & 2 Miles May 16th

### 2 Mile Fun Run

1. Missy Watkins*	12:50
2. Bill Thornton	12:55

3. Jeannie Lewis*	13:31
4. Walt Bayerle	13:34
5. Mike Lipman	14:13
6. Chris Atlee	14:37
7. Byron Bennett	14:48
8. Greg Durgin	14:49
9. Diana Daniel*	15:08
10. Brian Drisko	15:22
11. Patricia Valeriani*	17:38
12. Cheryl Begin*	17:38
13. Karen Lipman*	18:18
14. Michelle Abbott*	18:18
15. Rosalind Drisko*	20:04
16. Jon Crockett	20:05
17. Lillian Abbott*	20:58

### 5 Mile Run

1. Kim Wettlaufer	25:19
2. Hank Chipman	25:44
3. Dan Barker	25:50
4. Tom Leonard	26:04
5. Brad Brown	26:41
6. George Towle	27:27
7. Antonio Miranda	27:51
8. Fred Judkins	28:04
9. Stanley Bickford	28:27
10. Lloyd Ferris	28:29
11. Mark O'Flynn	28:32
12. Lawson Noyes	28:45
13. John Fox	29:35
14. Rick Stuart	29:41
15. Charlie Frair	29:42
16. Dean Rasmusson	29:47
17. Phil Soule	30:13
18. Robin Emery*	30:18
19. Gino Valeriani	30:31
20. Gary Wright	30:43
21. Tony Lepore	30:48
22. Erich Read	30:57
23. Doug Ludwig	31:04
24. Gary Grady	31:50
25. Martin Weiss	32:04
26. Wayne Clark	32:10
27. Steve Bumps	32:45
28. Michael Miller	32:58
29. Laurin Gordon	33:10
30. Steve Swindells	33:17
31. Ray Giglio	33:21
32. Doug Wentworth	33:34
33. Joseph Kozak	34:12
34. Ed Atlee	34:22
35. Bob Laberge	34:25
36. Marsha Giglio*	34:43
37. Tim Loisel	34:44
38. Malcolm Lyons	36:04
39. Al Godfrey	36:23
40. Barbara Godfrey	36:27



41. Ron Poulin	36:49
42. Blaine Howe	37:07
43. John Shostak Jr.	37:19
44. Mike Ryan	38:03
45. Tracie Young	38:33
46. Sumner Lipman	39:34
47. Jim Chase	39:48
48. James Chick	40:41
49. Laura McNeish*	46:25
50. Dennis McNeish	46:26
51. Elizabeth Bryant*	52:48

Results courtesy of Steve Russell  
Race Director

\*\*\*\*\*

HELEN P. KNIGHT 5 Kilometer  
Caribou May 17th

1. Dan Bondeson	17:00
2. Jim Dasch	17:18
3. Paul Plissey	17:23
4. Robert Everett	17:58
5. Herm Pelletier	18:07
6. David Mangus	18:23
7. Sam Hamilton	18:34
8. John O'Dea	18:40
9. Steve Porter	18:45
10. Maurice Lizotte	18:47
11. Chris McDonald	18:57
12. Dana Prest	19:50
13. Aldo Rioux	19:24
14. Dan Webster	19:41
15. Frank Blackistone	19:44
16. Dave Rand	19:50
17. Randy Wilcox	19:52
18. Bob Duprey	19:53
19. Paul Bouchard	20:03
20. Mike Tooker	20:07
21. Guy Raymond	20:10
22. Richard Goodstein	20:14
23. Jim Nesbitt	20:25
24. Owen Jackson	20:29
25. Clark Brewer	20:32
26. Tim Crowley	20:56
27. Chris Smith	21:16
28. Kurt Tornquist	21:24
29. John Millhouse	21:26
30. Nancy Jackson*	21:27
31. Dan Charette	21:30
32. Mark St. Germain	22:00
33. Dave Belyea	22:09
34. Dan Winklmann	22:17
35. Todd St. Peter	22:19
36. Anne Rioux*	22:20
37. Alton Wardwell	22:25
38. Bun Ross	22:26
39. Robert Ouellette	22:33
40. Larry Mangus	22:38
41. Jim Buckley	22:41
42. Gehrig Johnson	22:48
43. Carol McElwee*	22:57
44. Cathy Brewer*	23:16
45. Michael Young	23:40
46. Dryon Cyr	23:45
47. Gerri Plourde	23:56
48. Dave Plourde	24:15
49. Mark Prest	24:27
50. Claude Desveaux	24:28
51. Jeff Frost	24:45
52. Judy Duprey*	24:50
53. Art Thompson	25:09
54. Bruce	25:18
55. Anne Diccico*	25:28
56. Lynn Levasseur*	25:32
57. Ralph Ostland	25:46
58. Edward Ouellette	25:55
59. Katherine Gardner*	26:00
60. Aurelle Ouellette	26:08
61. Robbie Cyr	26:23
62. Mark Rains	26:32
63. Dave Grant	27:01
64. Patricia Blackistone*	27:20
65. Joanne Cyr*	27:24
66. Al Krukowski	27:27
67. Anita Duprey*	27:30
68. Marcia Gauvin*	27:59
69. Russell Cyr	28:08
70. Richard Blackistone	28:46
71. Peggie Getchell*	29:40
72. Rita Blackistone*	29:47
73. Diane Desjardin*	29:52
74. Susan Deschaine*	30:02

75. Darcy McElwee*	30:45
76. Julie Ouellette*	31:47
77. Trudy Bourgoine*	31:59

Walkers

1. Ralph McElwain	39:05
2. Charles Serritella	42:13
3. Libby Ross*	43:01
4. Sam Ouellette	43:09
5. Carol Ross*	48:36
6. Fritzie Thompson*	48:36

Results courtesy of Conrad Walton  
Race Director

\*\*\*\*\*

LES FEMMES D'ACADIA  
Seawall 7ish Miles May 24th

1. Robin Emery	45:16
2. Patricia Richard	51:40
3. Vicki Vendrell	53:38
4. Sharyn Kingma	54:55
5. Lona Wright	55:23
6. Daniella Barshak	56:25
7. Kate Brady	56:32
8. Kristen Silcox	57:40
9. Tina Hinkley	57:54
10. Anne Ancrenat	58:24
11. Ann Norton	59:18
12. Doris Plumer	59:20
13. Kim Damien	60:49
14. Janet Moore	60:54
15. Lisa DeGrazia	61:11
16. Betsy Holtzmann	61:38
17. Diana May	61:47
18. Dorothy Stockard	61:56
19. Phyllis Havens	62:09
20. Felice Worcester	62:35
21. Barbra Train	62:44
22. Judy Trefethen	63:44
23. Cheryl Prostack	64:32
24. Sally Morrill	
25. Kathy O'Neil	65:32
26. Sandra Haggett	67:51
27. Gay Eppig	67:51
28. Mary Helen White	68:25
29. Judy Aylen	69:19
30. Judy Saffron	70:59
31. Ellen Hunter	71:15
32. Sidney Salvatore	71:22
33. Vicki Brewer	71:37
34. Call Bass	73:22
35. Betty Constantine	74:23
36. Carole Baldwin	74:25
37. Paula Dunbar	76:14
38. Claire Doherty	78:16
39. Georgia Washburn	80:56
40. Karen Greenberg	81:42
41. Kate Henry	83:18
42. Robin Fox	83:18
43. Lia McGreggor	83:24
44. Diana Johnson	96:50

Results courtesy of Marty Lyons  
Race Director

\*\*\*\*\*

SRI CHINMOY RUNNING CLUB 3 MILE  
Brunswick May 24th

1. Robert St. John	16:15
2. Dick Sabine	19:04
3. Michael Beaudoin	19:08
4. Eric Reed	19:10
5. William T. Hyde	19:12
6. Gregory Chiovitti	19:15
7. Denton Bungardner	19:20
8. Robert Sylvia	19:35
9. Jamie Gildard	19:40
10. Kevin Oley	19:40
11. Kyle Rankin	19:45
12. Stan Cameron	19:46
13. Bill Peabody	19:49
14. Jeanette Malone*	19:55
15. Jim Pietz	20:16
16. Brian Hallowell	20:22
17. Bruce Lewis	20:23
18. Ken Gaeklein	20:24
19. Gary Gander	20:30

20. Virginia Popper*	20:36
21. Donald Abrams	20:40
22. Catherine Jarrett*	20:40
23. Clifford Knight	20:45
24. Julie Sylvia*	20:46
25. Larry Walden	20:50
26. Martin Desmarais	20:58
27. Mark Dyer	21:00
28. Kelley-Jean Hoskins*	21:00
29. Marion Lennihan*	21:04
30. Brian Lewis	21:14
31. Sandy Bungardner*	21:36
32. Sandra Brown*	21:38
33. William Fox	22:08
34. Timothy Long	22:28
35. Donald Cheetham	22:40
36. Leonard Rainey	22:40
37. Mardi Reed*	22:50
38. Bill Sylvester	22:51
39. Denise Lauritano*	22:54
40. Paul Quattropani Jr.	23:38
41. Karen Taber*	23:51
42. Holly Hallowell*	23:58
43. Hannah Gibbs*	24:03
44. Connie Kippax*	24:04
45. Bob Forkey	24:05
46. Henry Gartley	24:52
47. Rosemary De Angelis*	25:10
48. John Hewitt	25:11
49. Genie Field*	25:12
50. Andrea MacPherson*	25:44
51. Lori Lewis*	25:58
52. Colby Holt	26:03
53. Tammy Page*	26:20
54. Marjorie Murphy*	26:50
55. Jane Laur*	27:19

Results courtesy of Sukanya Csenge  
Sri Chinmoy Running Club

\*\*\*\*\*

THE "INN" RACE  
Caribou 5 Mile May 25th

1. Conrad Walton	27:24
2. Rusty Taylor	28:12
3. Jeff Keeton	28:16
4. Herman Pelletier	28:25
5. Paul Libby	28:36
6. Waldron Babbidge	28:40
7. Mark Violette	28:50
8. Al Claremont	29:02
9. Aldo Rioux	29:36
10. Mike Griffin	29:44
11. Dave Mangus	29:59
12. Maurice Lizotte	30:07
13. Fred Putnam	30:16
14. Bruce Pelletier	30:22
15. Larry Whipkey	30:27
16. Dennis Arpin	30:36
17. Dave Plourde	30:53
18. Steve Lagasse	30:56
19. Dave Rand	31:32
20. Paul Bouchard	31:39
21. Bob Duprey	31:57
22. Mike Langford	32:11
23. Loren Ritchie	32:18
24. Franklin Blackistone	32:20
25. Dana Prest	32:24
26. Jim Emery	32:49
27. Phil Brown	33:15
28. David Webster	33:55
29. Jake Huffman	33:56
30. Tim Crowley	34:00
31. Chris Smith	34:34
32. Alton Wardwell	34:38
33. Tim Schofield	34:45
34. Jim Nesbitt	34:52
35. Lori Michaud*	34:53
36. David Morrison	35:20
37. Tai Chang	35:29
38. Gehrig Johnson	35:59
39. Larry Mangus	36:09
40. Bun Ross	36:23
41. Randy Potts	36:33
42. Dave Belyea	36:37
43. Robert Ouellette	37:00
44. Kurt Tornquist	37:22
45. Jim Daigle	37:46
46. Glenney Mahan	37:52
47. Joey York	37:54
48. Andy Palmer	37:55
49. Carol McElwee	38:06



50. Jim Buckley	39:09
51. Judy Duprey*	40:22
52. Lynne Levasseur*	40:44
53. Jack O'Dea	42:20
54. Edward Buckley	42:59
55. Aurele Ouellet	43:00
56. Don Peters	43:34
57. Ken Ouellet	44:48
58. Ken Gullmar	45:41
59. Ralph Ostlund	46:43
60. Al Krukowski	46:56
61. Bronwen Pierson	48:49
62. Ted Pierson	48:49
63. Rita Blackistone*	49:31
64. Sam Ouellet	57:49
65. Dr. Charles Serritella	64:06

Results courtesy of Nancy Jackson  
Race Director

\*\*\*\*\*

#### STATE TRACK MEET RESULTS

##### CLASS A

##### Long jump

1. Steve Jewell OH	21'1 1/4"
2. Bogdanovich P	20'6 3/4"
3. Elkin Br	20'6 1/4"
4. Kadlec Bid	19'11 1/4"
5. Foster G	19'8 1/4"
6. Thayer OH	19'4 3/4"

##### Discus

1. Paul Bogdanovich P	156'5"
2. Quinn Ba	140'9"
3. French Brun	129'
4. Andrews Thorn	127'9"
5. Welch Mt. Blue	124'6"
6. Coyne S. Port	124'

##### Shot Put

1. Paul Bogdanovich	55'8 1/2"
2. Welch Mt. Blue	47'8"
3. Lombard Thornton	46'4 3/4"
4. Buotte West	44'10 3/4"
5. Rawding West	44'6 1/4"
6. French Bruns	44'2 1/2"

##### 110 Meter High Hurdles

1. Chris Hickey Bidd	15.7
2. Truman OH	15.7
3. Kadlec Bidd	15.9
4. Foster Gard	15.9
5. Gonya EL	15.9
6. Yahn Mt. Blue	16.9

##### High Jump

1. Bill Kadlec Bidd	6'2"
2. Plante Sanford	6'2"
3. Leighton OH	6'
4. Whitney OH	6'
5. Bourgoauit Bidd	5'10"
Callender S. Port	5'10"

##### 100 Meter Dash

1. Paul Elkin Brewer	11.6
2. Jewell, OH	11.6
3. Croteau, Bidd	11.6
4. Nelson, Skow	11.7
5. Federico, S. Port	11.8
6. Balmer, Bangor	12.1

##### Triple Jump

1. Bill Kadlec, Bidd	44'1 1/4"
2. MacLeon, Lew	42'4 1/2"
3. Foster, Gard	42'1 1/2"
4. Federico, S. Port	40'3 3/4"
5. Callender, S. Port	40'1 3/4"
6. Clark, Thorn	39'10"

##### Mile

1. Brian Pettingill, Chev	4:25.9
2. Peddie, Chev	4:25.9
3. Madore, Bidd	4:27.0

4. Dasch, Caribou	4:31.4
5. Kenny, Bangor	4:31.5
6. Caron, Lewiston	4:32.5

##### Javelin

1. Kalen Cookson, Chev	175'5"
2. Farrington, Chev	168'8"
3. Karam, Bangor	167'9"
4. Akers, S. Port	156'9"
5. Williams, Water	153'7"
6. Bolduc, S. Port	151'8"

##### 400 Meter Relay

1. Thornton Academy (Gregoire, Fogg, Crowell, Kane)	44.2*
2. Biddeford	44.7
3. Oxford Hills	44.75
4. Skowhegan	45.0
5. Edward Little	45.1
Mt. Blue	45.1

##### \*State Record

##### 400 Meter Dash

1. Brian Pettingill, Chev	50.4
2. Brown, OH	51.4
3. Thompson, Thron	52.1
4. Scholfield, Caribou	52.2
5. Bersani, Skow	52.2
6. Briggs, Deering	52.3

##### 300 Meter Intermediate Hurdles

1. John Boucher, Thorn	39.4
2. Berube, EL	39.4
3. Hickey, Bidd	40.8
4. Luce, Mt. Blue	41.4
5. Yahn, Mt. Blue	41.4
6. Plante, Sanford	41.5

##### 800 Meter Run

1. Brian Pettingill, Chev	1:56.3
2. Peddie, Chev	1:57.7
3. Peterson, West	1:59.5
4. Madore, Bidd	1:59.6
5. Kenny, Bangor	1:59.9
6. Ashley, Chev	2:00.7

##### Record

##### 200 Meter Dash

1. Kevin Nelson, Skow	22.8
2. Boucher, Thornton	23.0
3. Elkin, Brewer	23.0
4. Croteau, Bidd	23.1
5. Fogg, Thornton	23.6
6. Brown, OH	23.7

##### Metric record

##### Two Mile

1. Peddie, Cheverus	9:39.3
2. Feeley, EL	9:45.7
3. Catsis, Thornton	9:50.3
4. Garcia, Port	9:53.9
5. Delaney, West	10:00.9
6. Plisse, PI	10:01.1

##### 1600 Meter Relay

1. Cheverus (Smith, Kelly, Costigan, Pettingill)	3:27.9*
2. Thornton	3:27.9
3. Edward Little	3:30.6
4. Skowhegan	3:33.3
5. Biddeford	3:34.2
6. Caribou	3:34.8

##### Pole Vault

1. Ken Gardner, Sanford	13'
2. Gonya, EL	13'
3. Burnham, Cheverus	12'6"
4. Morin, Sanford	12'6"
5. Truman, OH	12'
6. Chapman, Caribou	11'6"

Team Totals: Cheverus 91, Biddeford 77½, Thornton Academy 61, Oxford Hills 54, Edward Little 33½, Portland 32, Skowhegan 24, Sanford

23, Brewer 22, Bangor 19, Mt. Blue 18½, S. Portland 15½, Westbrook 14, Gardiner 12, Caribou 10, Lewiston 9, Brunswick 7, Waterville 2, Deering 1, Presque Isle 1.

##### Girls Shot Put

1. Katie Martin, Portland	37'5 1/4"
2. Hayden, Skow	35'
3. Carbell, Bidd	34'4 1/4"
4. Moore, Bidd	34' 1/4"
5. Rich, Bangor	33'3 3/4"
6. Burris, Portland	32' 1/4"

##### High Jump

1. Nancy Nigro, S. Portland	5'2 3/4"
2. Corbell, Bidd	5'
3. Spang, Bidd	4'10"
York, Brun	4'10"
5. McNight, OH	4'10"
6. Plante, Sanford	4'10"

##### Javelin

1. Kathy Redmond, Bidd	122'11"
2. Rich, Bangor	116'8"
3. Thibodeau, Bidd	116'8"
4. Martin, Port	111'8"
5. Roberts, TA	104'5"
6. Narsiff, Bidd	100'6"

##### Long Jump

1. Lisa McGouldrick, S. Port	16'6 3/4"
2. Guerin, Bidd	15'11 1/4"
3. Crowley, Skow	15'9"
4. DuBois, Bidd	15'7 3/4"
5. Roberge, Bidd	15'4 1/4"
6. Cragin, Bonny Eagle	15'3"

##### Two Mile

1. Krista Burrill, West	11:57.1
2. Jennings, Deering	11:58.7
3. Whittier, TA	12:03.9
4. Cyr, Brewer	12:10.6
5. Lawlor, Brewer	12:10.9
6. Cote, Sanford	12:15

##### 75 Meter Low Hurdles

1. Mary Ann Beaudry	12.0
2. Dineen, Gard	12.0
3. Bennett, Lewiston	12.2
4. McGouldrick, S. Port	12.4
5. Bacon, Skow	12.7
6. Cyr, Mt. Blue	12.9

##### 100 Meter Dash

1. Jennifer Grondin, West	13.2
2. Hoitt, TA	13.3
3. Choate, Cony	13.3
4. Fallon, OH	13.7
5. Loisel, Port	13.7
6. Pilavarkis, BE	13.9

##### One Mile

1. Janet Jennings, Deering	5:31.5
2. Whittier, TA	5:32.6
3. Burrill, West	5:36.6
4. Hood, Bidd	5:39.2
5. Neit, Mt. Blue	5:56.2
6. Cyr, Brewer	5:56.9

##### Discus

1. Katie Martin, Port	113'8"
2. Strout, Brewer	105'7"
3. Jolar, Waterville	104'2"
4. Narsiff, Bidd	103'8"
5. Joyce, Port	102'2"
6. Campbell, Bangor	100'5"

##### Shot Put

1. Katie Martin, Port	37'5 1/4"
2. Hayden, Skow	35
3. Corbett, Bidd	34'4 1/4"
4. Moore, Bidd	34'0 1/4"
5. Rich, Bangor	33'3 3/4"
6. Burris, Port	32'0 1/4"



# NIKE-MAINE COAST MARATHON

## Maine Coast Marathon Race Results

1 William R Slocombe	02:32:40	110 Alfred W Macaronne	03:03:09	219 Charles P Rogers	03:16:21	334 Peter C Gerouise	03:29:39	434 Henry B Turner	03:43:37	545 Allen W Blankenship	04:00:11
2 Bryan K Kuprewicz	02:33:05	111 David B Torrey	03:03:14	220 B Michael Deagan	03:16:24	335 Bill Green	03:29:34	435 Robert A Richards	03:43:38	546 Rick W Antonio	04:01:13
3 Frank C Hozelle	02:33:12	112 John R Applin	03:03:20	221 Tim J Sahi	03:16:32	336 Unofficial	03:29:34	436 Clifton M Fletcher	03:43:38	547 Jean M Thomas	04:01:26
4 Rock E Green	02:34:17	113 John A Roselli	03:03:22	222 Joseph M Bresnahan	03:16:38	337 John R Kelly	03:29:39	437 Charles R Picard	03:44:06	548 Unofficial	04:01:26
5 Stephen A Dexter	02:34:54	114 Steven C Ellis	03:03:24	223 James H Moore	03:16:40	338 Kenneth C Moulton	03:29:42	438 Paul N Ames	03:44:10	549 Kathryn C Simpson	04:01:45
6 James M Murphy	02:35:07	115 Douglas A Macaveigh	03:03:29	224 Rick Silverman	03:16:56	339 Martin T Schwartz	03:29:48	439 James B McKee	03:44:11	550 Harold J Jones	04:01:48
7 Ray K Nelson	02:36:27	116 William H Barker	03:03:34	225 William A Halse	03:17:01	340 James A McKee	03:29:55	440 Chris C Deivisco	03:44:14	551 Ralph M Snyder	04:01:48
8 Larry J Gentile	02:37:21	117 Thomas G Swan	03:03:36	226 Gus J Lagrasse	03:17:02	341 James F Machado	03:29:59	441 Julie A Leavitt	03:44:21	552 Howard C Jackson	04:01:56
9 Thomas Luccardello	02:39:02	118 Rick Dahlman Jr	03:03:39	227 David P Decois	03:17:06	342 Glenn C Dymont	03:30:06	442 Warren Gilbert	03:44:22	553 Theodore A Perry	04:02:23
10 Lawrence W Skinner	02:39:08	119 Kimberly M Beaulieu	03:03:39	228 Daniel M Glouboad	03:17:13	343 Douglas H Pierson	03:30:10	443 Philip B Currier	03:44:37	554 Thomas R Girard	04:02:36
11 Stanley E Dutton	02:39:12	120 Charles L Maddams	03:04:28	229 Vance S Stoddard	03:17:27	344 Unofficial	03:30:15	444 Robert A Wells	03:44:42	555 Donald O McCulloch	04:03:55
12 Unofficial	02:40:41	121 Richard S Jones	03:04:40	230 Jack Hagerty	03:17:34	345 John F Linehan	03:30:17	445 Jack W Stephenson	03:44:49	556 Barry L Davis	04:04:00
13 Stephen Lavorgna	02:40:55	122 George S Liming	03:05:22	231 Robert M Tremblay	03:17:31	346 Charles B Powers	03:30:35	446 Ben Fudge	03:45:08	557 Mark S Cowell	04:04:44
14 Gene C Coffin	02:41:08	123 James E Kulis	03:05:34	232 Andrew S Blanchard	03:17:54	347 Ronald P Paquette	03:30:38	447 Betsy Schumacker	03:45:08	558 Quinn R Barber	04:05:22
15 Daniel A Gonzalez	02:41:30	124 Victor P Kulis	03:05:34	233 Jim Lyko	03:17:56	348 Bruce P Ambuter	03:30:45	448 Suzanne P Olson	03:45:17	559 Raymond Benoit	04:05:04
16 Jeffrey T Mader	02:41:50	125 Terry Vazquez	03:05:43	234 James A Adam	03:18:00	349 Farrell B Vaughn	03:30:58	449 Patrick D Walker	03:45:21	560 Christopher H Perry	04:05:30
17 Samuel Winbaum	02:43:12	126 Gary J Arsenault	03:05:45	235 William C Scaplen	03:18:17	350 James J Surckland	03:31:01	450 Frank C Hemphill	03:45:46	561 David C Garrity	04:05:11
18 Robert W Wilson	02:43:40	127 Gerry L Beagan	03:05:46	236 Robert C Quintin	03:18:19	351 Jeffrey A Seeley	03:31:01	451 Mary A Harada	03:45:58	562 Mc Luccardello	04:05:52
19 Thomas R Lemaire	02:43:56	128 Stephen P Caccia	03:05:46	237 Benjamin P Zuckerman	03:18:20	352 Richard P Pond	03:31:06	452 Richard P Pond	03:46:03	563 Houghton M White	04:06:06
20 Amos S End	02:44:19	129 Lawrence R Towaley	03:06:46	238 Albert E Donaghy	03:18:29	353 Gary O Barrett	03:31:06	453 David E Johnson	03:46:09	564 Richard D Hornidge	04:06:48
21 Paul J Ryan	02:44:54	130 Kenneth A Newsome	03:06:56	239 Edmond W Moran	03:18:36	354 Carlene E Mendell	03:31:07	454 Philip J Ostroski	03:46:15	565 Norman L Pignolet	04:07:01
22 Gary D Cochran	02:44:57	131 Frank P Meola	03:06:58	240 Daniel E Callahan	03:18:39	355 Unofficial	03:31:21	455 Dennis P Carpenter	03:46:18	566 Roger C Williams	04:07:41
23 Will Mason	02:45:02	132 Bill P Gayton	03:07:04	241 Bryon H Hill	03:18:41	356 Unofficial	03:31:29	456 Joseph E Buckley Jr	03:46:17	567 Nancy V Lugin	04:07:51
24 Paul W O'Grady	02:45:04	133 John Moncur	03:07:19	242 Philip H Soule	03:18:49	357 David L Cunningham	03:31:30	457 Drew R Buckley	03:46:22	568 Thomas A Peterson	04:08:01
25 Paul S Foster	02:45:18	134 Robert N Dale	03:07:29	243 James A Ranta	03:18:54	358 Michael J Ferullo	03:31:45	458 Thomas W Carl	03:46:28	569 Unofficial	04:08:01
26 Kenneth Letourneau	02:45:58	135 Larry D Hodge	03:07:30	244 John F Gies	03:18:54	359 Ben P Venustus	03:31:54	459 Douglas W Driesen	03:46:48	570 James T Clifford Jr	04:08:03
27 Bob F Hunt	02:46:12	136 Richard C Bauletine	03:07:32	245 Arno B Gies	03:19:00	360 Robert Burchell	03:32:06	460 Leonard P LeClerc	03:47:04	571 David C Lowe	04:09:23
28 Clement Schoenebeck	02:46:12	137 Raymond J Ouellette	03:07:35	246 Thomas J Downing	03:19:01	361 Annette Racanelli	03:32:19	461 Robert L Caron	03:47:09	572 Scott M Garrity	04:09:23
29 Dana M Knowlton	02:47:14	138 Sam Schuman	03:07:59	247 Robert A Hill	03:19:15	362 Ronald F Trippett	03:32:24	462 Patricia R Tompkins	03:47:14	573 John P Stewart	04:09:30
30 Arthur G Schnell	02:47:31	139 George E Prive	03:08:14	248 Peter L Flaherty	03:19:24	363 Roger E Nichols	03:32:28	463 Edwards S Gross	03:47:17	574 Ronald J Ostrowski	04:09:38
31 John J Cade	02:47:33	140 Peter J Houverson	03:08:24	249 John R Costner	03:19:31	364 David H Therman	03:32:32	464 David Moore	03:47:21	575 Catherine H Hissam	04:09:50
32 David R. Baud	02:47:35	141 Robert G Duggan	03:08:24	250 Louis C Duggan	03:19:35	365 Unofficial	03:32:35	465 Harry R Cummins	03:47:29	576 John Grynciewicz	04:09:53
33 Kenneth J Sutcliffe	02:48:03	142 Raymond L Gottlieb	03:08:34	251 Ted W Besette	03:19:57	366 James G Poulin	03:32:41	466 Julius V Marul	03:47:39	577 Martin Cotton	04:10:27
34 George G Johnson Jr	02:48:30	143 Thomas S Manning	03:08:36	252 Chris Hamilton	03:19:57	367 Gene S Roy	03:32:41	467 William L Noll	03:47:53	578 Steve A Schlichting	04:10:49
35 Richard B Noyes	02:48:36	144 Thomas Rasmussen	03:08:46	253 Craig S Parker	03:19:58	368 Kevin A Flannery	03:32:53	468 Wilfred E Riehard	03:48:13	579 William J McKenna	04:10:54
36 Mary P Cardozo	02:48:41	145 Gerassimos Ladakis	03:08:46	254 Donald A Barwell	03:19:58	369 Francis P McMahon	03:32:54	469 Paul McEachern	03:48:32	580 Donald J White	04:11:06
37 Richard C McPaul	02:48:47	146 Karen E Miles	03:08:52	255 Mark H Kreditor	03:20:05	370 Jerry A Cabana	03:32:57	470 Mark Tuttle	03:48:47	581 Lawrence K Day	04:11:21
38 Edwin J Lavery	02:49:41	147 Thomas J Amison	03:08:55	256 Stephen A Argereau	03:20:06	371 James L Dunn	03:33:31	471 Peggy A Moroch	03:48:51	582 Catherine Delaney	04:11:29
39 Oscar Henry	02:49:47	148 Robert C Peterson	03:09:07	257 David P Darney	03:20:26	372 Thomas R Allen	03:33:31	472 Allison J Allen	03:49:00	583 Richard E Conroy	04:11:31
40 Jeffrey R McMyre	02:50:00	149 Robert C Peterson	03:09:07	258 Donald A Barwell	03:20:26	373 David L Metcove	03:33:31	473 Steven P Ross	03:49:07	584 Keith A Kowalczyk	04:11:31
41 Rich Kramor	02:50:00	150 Orrell B Waterson	03:09:07	259 Alan J Parent	03:20:35	374 Robert Haley	03:33:31	474 Unofficial	03:49:07	585 David J Wehrly	04:11:41
42 Mason L Gray	02:50:15	151 Eugene A Bauchaum	03:09:07	260 Elton Odum	03:20:37	375 Clifford B Olson	03:33:31	475 John G Welch	03:49:21	586 Norman J Fox	04:12:22
43 William R Babcock	02:50:15	152 Richard M Oberlin	03:09:07	261 Thomas W O'Connor Jr	03:20:48	376 Howard J Laporte	03:33:31	476 Martin Leschey	03:49:21	587 Dennis J Connelly	04:12:46
44 David W Buddington	02:50:19	153 James C Kennedy III	03:09:15	262 John A. Kennedy III	03:21:03	377 Ronald A Turgeon	03:33:31	477 William Leschey Jr	03:49:21	588 Barbara E Cade	04:13:05
45 Harry Nelson	02:50:19	154 James B White Jr	03:09:15	263 Carl Carlson	03:21:03	378 Bruce A Miller	03:33:31	478 John G Alcorn	03:49:21	589 Unofficial	04:13:05
46 Robert P Platte	02:50:36	155 Bert Lannon	03:09:24	264 Stephen C Roberts	03:21:29	379 George H Dorson	03:33:31	479 Lawrence A Ritch	03:49:30	590 Rosalyn Randall	04:13:40
47 Edward W Hollidge	02:50:36	156 Eric W McNeill	03:09:24	265 George T Luchhurst	03:21:29	380 George H Dorson	03:33:31	480 Richard P Roth	03:49:30	591 Judy H Post	04:13:48
48 Clifford J Howe	02:50:36	157 Robert Scholtenberger	03:09:24	266 Frank T Giesseman	03:21:29	381 Thomas R Rasciello	03:33:31	481 Christine Clouthier	03:49:30	592 Edward C Galt	04:13:54
49 Sherman S. Wallin	02:50:36	158 Tom J Wadewick	03:09:24	267 Peter M Tarelli	03:22:21	382 Ronald W Bell	03:33:31	482 David B Casavant	03:49:30	593 Richard D Lague	04:15:57
50 Joseph E Ryan	02:50:36	159 Paul R Howard	03:09:31	268 Robert D Randall	03:22:21	383 Linda Davis	03:33:31	483 Michael J Gallagher	03:49:30	594 Joyce Hais	04:16:09
51 Thomas F Egan	02:50:36	160 James T Parker	03:09:44	269 Thomas E Sabia	03:22:25	384 Bruce W King Jr	03:33:31	484 Ann E Haworth	03:49:30	595 Donald I Brewer	04:16:13
52 Mike Kerins	02:50:36	161 Douglas C Ludwig	03:09:44	270 Arnold E Gies	03:22:40	385 Linda A Morne	03:33:31	485 Nancy E McCallum	03:49:30	596 Maria Klicke	04:17:13
53 Samuel M Goldenberg	02:50:36	162 Edward C. Stollwell	03:09:44	271 Paul S Connor	03:22:40	386 Roger F Knight	03:33:31	486 Stephen C Metz	03:49:30	597 Thomas W Quinn	04:17:13
54 Mickey Lackey	02:50:36	163 Richard W Hinkley	03:09:44	272 Steve E Woodsum	03:22:45	387 George F Knight	03:33:31	487 Richard J Nadeau	03:49:30	598 John J Schlichting	04:17:18
55 Mark W O'Flynn	02:50:36	164 Edward P Pound	03:09:44	273 Brian C Callahan	03:22:45	388 George F Knight	03:33:31	488 Stephen C Clermann	03:49:30	599 Stephen Spurdones	04:17:20
56 Kent E MacDonald	02:50:36	165 Roger R Comee	03:09:44	274 Gerald Wright	03:22:51	389 Marg. A Comerford	03:33:31	489 Unofficial	03:49:30	600 Marisa E O'Hearn	04:17:20
57 Dale K Dorr	02:50:36	166 George E Henshaw	03:09:44	275 Bruce A Hartwell	03:22:51	390 Arthur R Rice	03:33:31	490 Raymond H Pickett	03:49:30	601 Diane R Jones	04:18:41
58 Alan L Decosta	02:50:36	167 Bernie Roman	03:09:44	276 Richard S Dutton	03:22:51	391 Richard S Kelley	03:33:31	491 Roger W. Binette	03:49:30	602 Susan L Whitney	04:19:00
59 David Sholl	02:50:36	168 Charles Pellegrini	03:09:44	277 David W Gorczyca	03:23:20	392 Frederic S Stott	03:33:31	492 Unofficial	03:49:30	603 Betty J Klein	04:19:49
60 Peter J Murray	02:50:36	169 Samuel J Fusaro	03:09:44	278 William A Kane III	03:23:20	393 Roger M Dwyer	03:33:31	493 Robert L Faisy	03:49:30	604 Unofficial	04:19:49
61 Kevin D McDonald	02:50:36	170 Daniel J Lacour Jr	03:09:44	279 Ray C Teller	03:23:20	394 Charles Gordon	03:33:31	494 Kristina C Gordon	03:49:30	605 Nancy K Whitcomb	04:20:08
62 Unofficial	02:50:36	171 Philip C Souza	03:09:51	280 James M Noonan	03:23:24	395 Craig Dietrich	03:33:31	495 Unofficial	03:49:30	606 Thomas M Mullen	04:21:12
63 Bradley M Hammond	02:50:36	172 Lee D Lessard	03:09:58	281 Bill W O'Mara	03:23:25	396 Unofficial	03:33:31	496 David Body	03:49:30	607 Mimi Barber	04:21:22
64 John S Foster	02:50:36	173 Eric R Ellis	03:10:04	282 David D Silverbrand	03:23:25	397 Roger T Pepper	03:33:31	497 Unofficial	03:49:30	608 Gordon Burris	04:21:22
65 Mark W Knightly	02:50:36	174 Steven R Bassett	03:10:11	283 Barbara W Coughlin	03:23:25	398 Robert W De	03:33:31	498 Harry F Nasse	03:49:30	609 Paul E Leduc	04:21:22
66 John P Lohou	02:50:36	175 Richard J Matthews	03:10:11	284 Steven P Davis	03:23:25	399 Roger Gobeli	03:33:31	499 Gary J Carey	03:49:30	610 Stanley A Kaszynski	04:21:22
67 Robert B Jarratt	02:50:36	176 Norman J Laliberte	03:10:11	285 Bob A. Mortenson	03:23:25	400 James D Haerahan	03:33:31	500 Brenda A Buja	03:49:30	611 Timothy R L Heurux	04:22:43
68 Richard C Stuart	02:50:36	177 Kenneth M Kimball	03:10:11	286 Raymond J Giglio	03:23:25	401 Thomas W Nolan	03:33:31	501 Vernon L. Sweeney	03:49:30	612 Anita Mathieu	04:22:43
69 Mark G. Dutton	02:50:36	178 John R Williams	03:10:11	287 Marsha H Giglio	03:23:25	402 Patricia J Tremblay	03:33:31	502 Charles E Glover	03:49:30	613 Gary Norvick	04:22:43
70 Brian C Warren	02:50:36	179 Kenneth F Rosen	03:10:11	288 Michael J Coughlin	03:23:25	403 Barbara J Hamaluk	03:33:31	503 Edward R Berriman	03:49:30	614 Stephen M Posner	04:25:46
71 Joseph W Scanlan	02:50:36	180 Paul A. Dene	03:10:11	289 Alan C Eckbreth	03:23:25	404 Michael Schuch	03:33:31	504 Paul J McNeil	03:49:30	615 Paul C Nelson Jr	04:25:46
72 Larry W Roberts	02:50:36	181 John S Archacki	03:10:11	290 Barry K Lipkino	03:23:25	405 Gilbert M Roderick	03:33:31	505 Victor W Mox	03:49:30	616 Edmond D Brusette	04:25:46
73 Ronald R Lussier	02:50:36	182 Unofficial	03:10:11	291 Winslow Brabson	03:23:25	406 Robert J Wilson	03:33:31	506 Judith A Gagne	03:49:30	617 Richard D Leduc	04:25:46
74 Daniel T Cate	02:50:36	183 Richard J Maiman	03:10:11	292 Eugene W Stark	03:23:27	407 Jack Murphy	03:33:31	507 Bruce W McFarland	03:49:30	618 James C Trkakis	04:25:46
75 Vincent J Cataldo	02:50:36	184 David Pallotta	03:10:11	293 Joseph A Lovejoy	03:23:27	408 Ralph L Towle	03:33:31	508 Lawrence D Davis	03:49:30	619 Unofficial	04:25:46
76 Michael J Sullivan	02:50:36	185 Donald R Brady	03:10:11	294 Wayne H. Bedell	03:23:27	409 Robert V. Kelleys	03:33:31	509 Thomas P Pearson	03:49:30	620 Barry N Noels	04:25:46
77 Edward J Audett	02:50:36	186 Andy Sargent	03:10:11	295 Joseph J. Kelley	03:23:27	410 William T Appleyard	03:33:31	510 James E Moore Jr	03:49:30	621 John G Lindenberg	04:25:46
78 Bryant P Bourgeois	02:50:36	187 Bill M Agnoletti	03:10:11	296 Michael C Miller	03:23:27	411 William T Appleyard	03:33:31	511 Stephen D Mooney	03:49:30	622 Robert J Cannata	04:25:46
79 Owen L Barber	02:50:36	188 James F Moller	03:10:11	297 Richard Lamontagne	03:23:27	412 Dana J. Wyman	03:33:31	512 Michael J Lacroix	03:49:30	623 Edward R. Oumette	04:25:46
80 Peter E Straub	02:50:36	189 Kenneth S Blair	03:10:11	298 Dennis J Doran	03:23:27	413 David A Wisley	03:33:31	5			



## 400 Meter Dash

1. Lisa Clemente, Lewiston	59.5
2. McAuley, Deering	60.0
3. McCarthy, Cony	60.1
4. Beaudry, Bidd	61.1
5. Folan, Port	62.1
6. Remillard, Bidd	63.6

## 400 Meter Relay

1. Biddeford (Dubois, Gagne, Corbell, Beaudry)	52.2*
2. Thornton	52.3
3. Portland	52.4
4. Bangor	53.1
5. South Portland	53.2
6. Skowhegan	53.5

## 800 Meter Run

1. Lapierre, Bonny Eagle	2:23.1
2. Dineen, Gardiner	2:26.2
3. McCarthy, Cony	2:27.5
4. Hood, Bidd	2:28.2
5. Smith, Thornton	2:28.6
6. Prescott, Gardiner	2:28.7

## 200 Meter Dash

1. Jennifer Grondin, West	27.2
2. Huot, TA	27.3
3. Lapierre, BE	27.7
4. Clemente, Lew	27.9
5. McAuley, Deering	28.2

## 1600 Meter Relay

1. Lewiston (Maria Clemente, Lisa Clemente, Chris Clemente, Filietaz)	4:11.5*
2. Biddeford	4:13.1
3. South Portland	4:17.9
4. Bonny Eagle	4:19.0
5. Thornton Academy	4:29.5
6. Mt. Blue	4:23.8

Team Scoring: Biddeford 109, Thornton Academy 46, Portland 37, Westbrook 36, S. Portland 32, Cony 28, Deering 26, Bonny Eagle 22, Lewiston 20, Skowhegan 18, Gardiner 17, Bangor 15, Brewer 15, Sanford 10, Oxford Hills 6, Waterville 6, Brunswick 5, Mt. Blue 4.

## CLASS B

## 100 Yard Dash

1. Berry, York	10.5
2. Williams, Mt. Ararat	10.8
3. Pease, Noble	10.8
4. McGlothlin, Ells	10.9
5. Whitney, LR	11.0
6. Lapham, Belfast	11.0

## 220 Yard Dash

1. Berry, York	22.6
2. McGlothlin, Ells	23.3
3. Whitney, LR	23.7
4. Collins, Traip	23.7
5. Eaton, Camden-Rock	24.1
6. Williams, Mt. Ararat	24.1

## 440 Yard Dash

1. Williams, Mt. Ararat	51.8
2. Tarsetti, Mass	52.6
3. Collins, Traip	52.8
4. Hawes, Scar	53.1
5. Fife, Marsh	53.2
6. Eaton, CR	53.3

## 880 Yard Dash

1. England, Bucksport	1:58.2
2. Lenardson, MV	2:01.1
3. MadConaid, MDI	2:02.2
4. Denham, CE	2:02.3
5. Hamilton, Greely	2:02.8
6. Hardy, Noble	2:03.6

## Mile

1. England, Bucksport	4:27.3
2. Kozlovitch, Stearns	4:29.7
3. Johnson, Rockland	4:32.3
4. DeGolyer, MDI	4:32.6
5. Hardy, Noble	4:32.6
6. Lenardson, MV	No Time

## Two Mile

1. Kozlovitch, Stearns	9:38.3
2. Swanson, MDI	9:46.4
3. Anderson, Greely	9:55.1
4. Everett, Ells	10:14.1
5. Small, Wind	10:15.9
6. Grant, Gorham	10:17

## 440 Relay

1. York (LaPointe, LaBonte, Hinesley, Berry)	44.4
2. Ellsworth	45.1
3. Traip	45.7
4. Marshwood	56.0
5. Lawrence	46.3
6. Belfast	46.5

## Mile Relay

1. York (Barr, Haisosy, Stevens, Becey)	3:34.8
2. Massabesic	3:37.6
3. Lawrence	3:37.8
4. Greely	3:42.8
5. Mt. Ararat	3:43.0
6. Ellsworth	3:43.1

## 330 Intermediate Hurdles

1. Chase, Ells	40.5
2. Pokaro, Mass	41.3
3. Stevens, York	41.4
4. Halliday, Belfast	41.5
5. Thibodeau, LR	42.7
6. Bailey, Traip	42.8

## 120 High Hurdles

1. Chase, Ells	15.8
2. Moen, Lawrence	16.0
3. Stevens, York	16.2
4. Hall, Winslow	16.3
5. Robinson, Gorham	16.5
6. Clark, Winslow	16.7

## Discus

1. Bolster, York	146'6"
2. Pelkey, Traip	144'5 1/2"
3. O'Brien, Greely	144'3"
4. Moen, Lawrence	139'8 1/2"
5. Storey, Greely	136'6"
6. Noel, Bucksport	135'9"

## Javelin

1. Fiske, Old Town	187'1"
2. Walker, Kennebunk	180'6"
3. Lapham, Belfast	172'8"
4. Pelkey, Traip	172'1"
5. Ferguson, Rumford	169'7"
6. Hilse, CE	165'7"

## Pole Vault

1. Halliday, Belfast	13'
2. Dostie, Lawrence	12'6"
3. Moen, Lawrence	12'6"
4. McKenzie, Lawrence	12'0"
5. Merchant, MDI	11'6"
6. Wood, MV	11'

## High Jump

1. Moen, Lawrence	6'5 5/8"
2. Sawyer, Lawrence	6'2 1/8"
3. Doucette, Scarborough	5'10"
4. Manzer, OT	5'10"
5. Irish, Leavitt	5'10"
6. Yeo, Greely	5'10"

## Shot Put

1. Libby, Traip	49'8 3/4"
-----------------	-----------

2. Lowell, Bucksport	48'7 1/2"
3. Wilson, Bucksport	47'7 3/4"
4. Tuttle, Marsh	47' 1/4"
5. Mike Dawson, Lawrence	46'11 3/4"
6. Mark Dawson, Lawrence	46'10 1/2"

## Triple Jump

1. Goodrich, CE	43'11 1/4"
2. Sawyer, Lawrence	43'7"
3. Higgins, Ells	42'2 3/4"
4. Pease, Noble	41'10"
5. Lequitto, Traip	40'11 1/4"
6. Storey, Greely	40'6 3/4"

## Long Jump

1. Hinesley, York	20' 1/2"
2. Graney, Mt Ararat	19'6 1/2"
3. Sawyer, Lawrence	19' 1/2"
4. Brockway, Nokomis	18'11 1/4"
5. White, Old Town	18'10 3/4"
6. Pease, Noble	18'10"

Team Results: Lawrence 73, York 72, Ellsworth, 51, Traip 41, Bucksport 35, Mt. Ararat 31, Massabesic 24, Rumford 23 2/3, Belfast 22, MDI 20, Stearns 18, Old Town 14 1/3, Noble 14, Madomak Valley 10, Marshwood 10, Scarborough 10, Lake Region 10, Winslow 7, Rockland 6, Nokomis 4, Greely 3, Leavitt 2 1/3, Camden/Rockport 2, Windham 2, Messolonskee, Kennebunk, Limestone, Lisbon, Hampden, and Fort Kent.

## Girls 80 Low Hurdles

1. Lupien, MV	11.4
2. O'Connell, MDI	11.4
3. Bicknell, Marshwood	11.7
4. Christy, Kennebunk	12.0
5. Andrews, Scarborough	12.1
6. Wolfe, Kennebunk	12.4

## 100 Yard Dash

1. Kent, Gorham	11.8
2. Gouthier, Kennebunk	11.8
3. Martin	12.0
4. McPhail, Gorham	12.2
5. Budd, Greely	12.2
6. Rich, Belfast	12.2

## 220 Yard Dash

1. Kent, Gorham	26.9
2. Miller, Limestone	27.1
3. Budd, Greely	27.2
4. Martin, Scarborough	27.2
5. Lewis, MDI	27.4
6. Stewart, Traip	27.6

## 440 Yard Run

1. Scholesar, Messalonskee	60.5
2. Perkins, Kennebunk	60.6
3. Lupien, MV	61.1
4. Noel, Lisbon	61.6
5. Kent, Gorham	62.1
6. Coleman, Limestone	62.5
Moran, Mt. Ararat	62.5

## 880 Yard Run

1. P. Perkins, Kennebunk	2:23
2. Carey, MDI	2:25.7
3. Doucette, Scar	2:27.1
4. Jalbert, FK	2:27.5
5. Lewis, Mt. Ararat	2:28.8
6. Noel, Lisbon	2:29.1

## Mile

1. Carey, MDI	5:19.1
2. Bragdon, Greely	5:31.4
3. Maguire, Ellsworth	5:33.5
4. Doucette, Scar	5:35.7
5. Gorman, Gorham	5:37.1
6. S. Perkins, Kennebunk	5:39.3

## Two Mile

1. Doucette, Scar	11:49.6
2. Briar, MDI	11:52.3
3. Lewis, Mt. Ararat	11:54.8



4. Clapper, Bucksport	12:02.5
5. Wood, MDI	12:02.9
6. S. Perkins, Kenne	12:05.9

#### 440 Relay

1. Kennebunk (Gauthus, P. Perkins, Plaisted, Duff)	51.5
2. Greely	51.8
3. Limestone	52.1
4. Gorham	52.8
5. Marshwood	53.6
6. Lisbon	53.9

#### Mile Relay

1. Gorham (Darcy Shiers, Deanna Shiers, Stevens, Gorman)	4:13.6
2. Mt Ararat	4:18.7
3. Kennebunk	4:19.3
4. MDI	4:22.5
5. Traip	4:23.7
6. Greely	4:26.3

#### Triple Jump

1. Chabot, Greely	36'7 1/2"
2. Becker, Marsh	33'4"
3. Melcher, Traip	33'3"
4. Wolfe, Kennebunk	33'2"
5. Stevens, Gorham	32'9"
6. Barker, Messolonskee	32'5 1/4"

#### Discus

1. Muliken, Mess	106'
2. Legere, CE	106'2 1/2"
3. Arsenaault, Rumford	103'9"
4. Morin, Old Town	102'6"
5. Trott, Marsh	99'2 1/4"
6. Seger, Old Town	96'7"

#### Shot Put

1. Pike, Gorham	34'5 1/2"
2. Trott, Marsh	33'11 3/4"
3. Atwell, Marsh	33'5 1/2"
4. Humphrey, Old Town	33'2 1/4"
5. Kincaid, Mt. Ararat	31'11 1/4"
6. Mishov, Scar	31'4 3/4"

#### High Jump

1. McEnroe, MDI	5'3"
2. Glynn, York	5'2"
3. Burbank, Traip	5'
4. Bouchard, Lawrence	5'
5. Dufour, Old Town	5'
6. Ensley, Rumford	4'10"

#### Javelin

1. Muliken, Messolonskee	125'7"
2. Relinsky, Traip	120'6"
3. Ackerman, York	118'6"
4. Kincaid, Mt. Ararat	111'3"
5. Devoll, Noble	111'
6. Merrill, Greely	108'8"

#### Long Jump

1. Chabot, Greely	17'2"
2. Kent, Gorham	16'9 1/2"
3. Martin, Scar	16'
4. Ouellette, Lisbon	15'10 1/4"
5. O'Connell, MDI	15'5 3/4"
6. Becker, Marshwood	15'4"

Team Results: Gorham 62, Kennebunk 53, Mt. Ararat 52½, Mt. Desert Island 52, Greely 46, Marshwood 40, Scarborough 33½, Messolonskee 31, Traip 23, Medomak Valley 16, Limestone 14, York 14, Old Town 12, Cape Elizabeth 8, Rumford 6, Lisbon 6, Ellsworth 6, Fort Kent 4, Bucksport 4, Lawrence 3, Belfast 1, Nokomis, Winslow, Rockland, Hampden, Noble, Stearns.

#### CLASS C

#### Long Jump

1. James Mitchell, MCI	21'6½"
2. Steve Lemay, Jay	19'5 3/4"

3. Tim Alberts, Carrabec	19'5½"
4. Steve Boucher, Mada	19'3½"
5. Murray Howard, Green	19'½"
6. Vern Stevenson, Fal	19'

#### Discus

1. Bob Turner, Marana	161'
2. Pete Weare, Wells	158'4"
3. Tony Lennon, Frye	147'
4. Sam Clemens, Old Orch	143'3½"
5. Bob Cooper, Winthrop	140'9½"
6. Jim Perry, Foxcroft	140'3½"

#### Shot Put

1. Stewart Sevey, Dexter	56'10"
2. Bob Turner, Marana	48'1½"
3. Jack Bicknell, Orono	47'11½"
4. Peter Weare, Wells	47'1½"
5. Jim Perry, Foxcroft	46'4½"
6. Sam Clemens, Old Orch	45'10½"

#### 120 High Hurdles

1. Tom Duler, Wells	15.9
2. Tim Kelly, Liver	15.9
3. Richard Knowles, MCI	16.3
4. Ed Michaud, Wells	16.5
5. Scott Collins, Marana	16.5
6. David Cook, Orono	17.1

#### 100 Yard Dash

1. Rick Levesque, Jay	10.3
2. Clarence Minors, Frye	10.3
3. Mark Sivik, Orono	10.4
4. Pete Walden, Green	10.6
5. Donovan York, Lincoln	10.8
6. Bruce Bierce, Livermore	10.8

#### Pole Vault

1. Alan Hewitt, Marana	13'7½"*
2. Mike Pooler, Wells	12'6"
3. Eben Bemis, Mt. Abram	12'
4. Lenny Clapp, Orono	11'6"
5. Dean Trafford, Frye	11'6"
6. Eric Hastings, Telstar	11'

#### Triple Jump

1. James Mitchell, MCI	44'3"
2. Vern Stevenson, Fal	40'1"
3. Alan Demello, Marana	39'5 1/4"
4. Steve Lemay, Jay	39'4"
5. Richard Knowles, MCI	39'4"
6. Daniel Crocker, Mattaw	39'2 1/4"

#### Mile

1. Shawn Carll, Gray-NG	4:23.0
2. Bill Derosier, Wisdom	4:31.5
3. Rodney Beckwith, Green	4:34.6
4. Mike Russ, Orono	4:36.5
5. Mike Campbell, Fort F	4:41.0
6. Bruce Sukeforth, Wiscas	4:41.5

#### Javelin

1. Art Mavarra, Old Orch	174'10"
2. Bert Budge, Mattanaw	161'3"
3. Walker Marro, Wells	160'1"
4. Mitchell Forrest, Frye	155'11"
5. Gary Mulinerin, Oak Hill	152'11"
6. Tim Frahton, Orono	151'5"

#### High Jump

1. Randy Wade, Wiscasset	6' 5"*
2. Ed Gleason, Marana	6'2"
3. George Olson, Frye	6'
4. Rick Ramo, Fort Fair	6'
5. Rick Levesque, Jay	5'10"
6. Clarence Minors, Frye	5'10"
Andy McKendry, Marana	5'10"
Leon Oliver, Lincoln A	5'10"

#### 440 Yard Run

1. Ed Gleason, Marana	52.2
2. Andrew Peddie, Hall-Dale	52.4
3. Gary Reiltry, Marana	53.1
4. Dick Christenson, Win	53.3
5. Tom Theriault, Green	53.5
6. Dave Wardwell, Jay	53.8

#### 330 Hurdles

1. John Landry, Jay	43.0
2. Mike Cote, Old Orch	43.0
3. Greg Blake, Mattanaw	43.3
4. Tim Kelly, Livermore	43.5
5. Mark Sullivan, John Bapst	44.0
6. Rodney Beckwith, Green	44.2

#### 440 Relay

1. Wells (Pelkey, Small, Pooler, Perkins)	45.8
2. Livermore Falls	
3. Fryeburg	
4. Jay	
5. Mexico	
6. Old Orchard John Bapst	

#### 880 Yard Run

1. Shawn Carll, Gray-NG	1:59.1
2. Andy McKendry, Marana	
3. Andrew Peddie, Hall-Dale	
4. Eric Pendleton, Georges Valley	
5. Kam Mun, Orono	
6. Bill Derosier, Wisdom	

#### Two Mile

1. Greg Hale, Madawaska	9:07.8*
2. Terry Martin, Gray-NG	
3. Steve Mallory, Upper Kennebec	
4. Jim Golden, Maranacook	
5. Jody Norton, John Bapst	
6. Charlie Cyr, Fort Fairfield	

#### Mile Relay

1. Maranacook (Collins, McKendry, Kielty, Gleason)	3:35.8
2. John Bapst	
3. Gray-NG	
4. Hall-Dale	
5. Wells	
6. Greenville	

Team Results: Maranacook 86 1/3, Wells 52, Jay 47, MCI 38, Gray-NG 34, Fryeburg 29 1/3, Orono 24, Old Orchard 23½, Greenville 22, Livermore Falls 21, Hall Dale 18, Mattanawcook 15, Madawaska 14, John Bapst 12½, Wiscasset 11, Dexter 10, Fairmouth 9, Winthrop 8, Foxcroft 7, Fort Fairfield 7, Carrabec 6, Mt. Abram 6, Upper Kennebec Valley 6, Georges Valley 4, Lincoln Academy 2 1/3, Mexico 2, Oak Hill 2, Telstar 1.

#### Girls Shot Put

1. Diane LeClair, Orono	38'4"
2. Pam Partridge, Marana	35'6½"
3. Jeanette Moron, McAuley	32'9½"
4. Linda Targett, Mt. Abram	31'7½"
5. Lisa O'Donnell, John Bapst	31'6½"
6. Wendy Marble, Hyde	30'2½"

#### Long Jump

1. Rhonda Tanner, Hyde	16'6"*
2. Gloria O'Callahan, Orono	16'2½"
3. Laurie Moody, Carrabec	16'
4. Debbie Alanskas, Frye	15'8 1/4"
5. Venus Pinkham, Boothbay	15'7½"
6. Lisa Wingwood, Fryeburg	15'2½"

#### High Jump

1. Jennifer Wiebe, Marana	5'1 3/4"
2. Heidi Irving, Mt. View	5'1 3/4"
3. Jennifer Sanger, Orono	5'
4. Karen Grant, Orono	5'
5. Jean Dillihunt, McAuley	5'
6. Sarah Carter, Lincoln A	5'

#### Javelin

1. Diane LeClair, Orono	104'10"
2. Hannah Holmes, Boothbay	101'10"
3. Tammy Stone, John Bapst	100'5"
4. Julie Cotter, Maranacook	100'
5. Sandy Turman, Hyde	96'5"
6. Jennifer Derospe, Mexico	95'9"



## Two Mile

1. Michelle Hallett, CA	10:42.8*
2. Jeanette Malone, Hyde	11:27.5
3. Roseanne Prest, CA	11:43.1
4. Sonja McLaughlin, Maran	11:43.7
5. Barbara Rand, John Bapst	11:53.2
6. Jennie Camp, Orono	11:54.0

## 80 Hurdles

1. Beth Heslams, Mt. View	11.5
2. Mary Jo Knowlen, Mt. A	11.6
3. Andrea Mikoloski, Hyde	11.7
4. Sally Taylor, Mt. Abram	11.7
5. Kathy Soule, Orono	11.9
6. Jennifer Wiebe, Marana	12.2

## 100 Yard Dash

1. Cindy Fiske, Telstar	11.8
2. Allyson Fennelly, McAuley	12.0
3. Lisa Wingwood, Frye	12.0
4. Venus Pinkham, Wiscas	12.1
5. Kara Withee, Georges	12.1
6. Karen Grant, Orono	12.3

## Mile

1. Michelle Hallett, CA	5:07.5*
2. Jeanette Malone, Hyde	5:23.0
3. Beth Heslams, Mt. View	5:27.3
4. Kara Flynn, Telstar	5:29.3
5. Lisa Dodge, Marana	5:35.8
6. Ellen Homola, Orono	5:35.8

## Discus

1. Pam Partridge, Marana	125'9"
2. Wendy Marble, Hyde	111'8"
3. Diane LeClair, Orono	106'9½"
4. Ruth Merchant, Central	106'7"
5. Beth McGarrigle, Fort F	106'1"
6. Hannah Holmes, Boothbay	104'10"

## 440 Yard Run

1. Venus Pinkham, Wiscas	60.5
2. Kara Withee, Georges V	62.0
3. Michelle Hickey, Hyde	62.2
4. Toni Farrankoph, JB	62.7
5. Cheryl McCormick, Orono	63.1
6. Wennifred Malia, Mc	63.2

## Triple Jump

1. Karen Smth, Sacopee	33'10"
2. Jean Dillihunt, McA	33'3 1/4"
3. Sally Taylor, Mt. Abram	33'1"
4. Gloria O'Callahan, Orono	32'8"
5. Jennifer Daraspe, Mexico	32'5"
6. Julie Landus, Carrabec	31'10½"

## 440 Relay

1. Livermore Falls (Raymond, Flagg, Bierce, Noah)	52.9
2. McAuley	53.3
3. Mt. Abram	53.3
4. Orono	53.5
5. Sacopee	53.7
6. Hyde	53.5

## 880 Yard Run

1. Michelle Hickey, Hyde	2:22.9
2. Kara Flynn, Telstar	
3. Beth Heslam, Mt View	
4. Sue Ertha, Maranacook	
5. Ann Hale, Madawaska	
6. Tammy Corcoran, Jay	

## 220 Yard Dash

1. Cindy Fiske, Telstar	26.4
2. Venus Pinkham, Wiscasset	
3. Kara Withee, Georges Valley	
4. Karen Grant, Orono	
5. Lisa Wingwood, Fryeburg	
6. Beth Heslam, Mt. View	

## Mile Relay

1. Telstar ( Davis, Flynn, Fleet, Fiske)	4:16.6
--	--------

- Hyde
- Maranacook
- Orono
- Fryeburg
- Hall-Dale

Team Results: Hyde 68, Orono 67, Maranacook 49, Telstar 42, McAuley 33, Mt. View 31, M5 Abram 28, C. Aroostook 26, Wiscasset 22, Georges Valley 16, Fryeburg 15, John Bapst 14, Sacopee 12, Boothbay 11, Livermore Falls 10, Carrabec 7, Central East Corinth 4, Madawaska 2, Lincoln Academy 1, Hall-Dale 1, Jay 1.

## CAMDEN 10,000 METRES

Camden

May31st

1. Andy Palmer	30:37
2. Kurt Lauenstein	31:34
3. Jamie Goodberlet	31:41
4. Mike Gaige	31:53
5. Gerry Clapper	32:04
6. Tom Leonard	32:05
7. Steve Ridley	32:17
8. Ralph Fletcher	32:19
9. O.J. Logue	32:36
10. Bill Pike	32:37

## Women

1. Adrian Lilburn	39:20
2. Karen McCann	
3. Maggie Johnson	
4. Lisa Degazio	
5. Cindy Hastings	

## Junior Masters

1. Bill Hine	34:52
2. Mike Cole	35:33
3. Gene Roy	35:47

1. Barbara Hamaluk	42:17
2. Kate Donovan	43:49
3. JoAnn Comeau	

## 15 and under

1. Adam Berlew	34:06
2. Doug McDonald	
3. Leo Williams	42:19

1. Charlena Knight	43:06
2. Kristen Lindquist	43:12

## Masters

1. Herm Pelletier	33:47
2. Dick McDonald	

1. Dot Stockard	48:19
2. Sara Snow	50:32
3. Gail Schade	51:02

## First Camden Finishers

Ron Frontin	36:19
Madeline Spadola	41:43

Results courtesy of Bruce Booker  
Race Director

\*\*\*\*\*

## BETHEL INN 10K

Bethel

June 6th

1. Steve Podgajny	31:15
2. Werner Pobatschnig	32:54
3. John Keller	33:37
4. Dan Vogt	34:01
5. Jim Babb	34:37
6. Bill Meggison	35:06
7. Bryan Bettney	35:18
8. Mark Hoffmaster	36:10
9. Dennis Smith	36:50
10. Roland Trotter	36:56
11. Matt Isham	38:17
12. Frank Brume	38:26
13. Mark Pidgen	38:41
14. Marj. Pobatschni*	38:49

15. Jeff Arsenault	39:14
16. John Douthinett	39:29
17. Bill Sayres	39:33
18. Bob Payne	39:43
19. Tom Swan	39:51
20. John Gasser	39:58
21. Paul Collins	40:02
22. James Engle	40:08
23. George Nason	40:15
24. Howard Paradis	40:33
25. Brent Clukey	40:34
26. William Hyde	40:39
27. Harvey Rohde	40:45
28. Scott Babb	41:32
29. Wes Rothermel	41:41
30. Dan Greenleaf	41:53
31. Gil Roderick	42:33
32. Herb Collidge	42:35
33. Bryon Cook	42:46
34. Dave Greenleaf	43:03
35. Wayne Lopez	43:16
36. Bruce Allen	43:54
37. Keith Bruton	44:01
38. Ron Robichaux	44:02
39. Steve Floyd	44:26
40. Rick Strout	44:39
41. Bob Baillargenn	45:13
42. Dave Paul	45:34
43. Phil Taylor	46:25
44. Linda Gagnon*	46:58
45. Irene Mulvey*	47:04
46. Wes Scrone	48:21
47. Al Mack	49:47
48. Howie Jackson	50:03
49. Carol Trotter*	50:53
50. Bill Hughes	51:25
51. Bob Tiary	51:32
52. Larry Hill	52:49
53. Ronnie Pelletier	55:17
54. Andrea Warner*	57:39
55. Sue Tiant*	63:10
56. Kathy Greenleaf*	65:10

## New Course Record

## Half Marathon

1. Andy Palmer	1:07:09
2. Hank Chipman	1:13:04
3. Dan Vogt	1:13:52
4. Jim Babb	1:16:04
5. Dick Hoisington	1:17:06
6. Ralph Thomas	1:17:15
7. Kevin McDonald	1:17:28
8. Doug Craib	1:17:32
9. Alan DeCosta	1:17:36
10. Phil Stuart	1:17:47
11. Gary Allen	1:18:22
12. Tom Pelletier	1:18:29
13. Bob Hunt	1:18:48
14. Dick McFaul	1:19:22
15. Dale Dorr	1:19:30
16. Bob Coughlin	1:19:49
17. Todd Burke	1:21:43
18. Jim Kein	1:22:09
19. John Applin	1:23:12
20. Roger Foster	1:24:05
21. Chris Kein	1:24:07
22. David DeLois	1:24:24
23. John Gasser	1:25:43
24. Doug Ludwig	1:26:20
25. John Moncure	1:26:59
26. Kim Beaulieu*	1:27:37
27. Bill Leschey	1:28:07
28. Paul Collins	1:30:17
29. Carlton Mendell	1:31:16
30. Ray Cooper	1:31:46
31. Ben Venskus	1:31:53
32. George Nason	1:32:12
33. Wes Rothermel	1:32:19
34. Gil Roderick	1:32:29
35. Burt Haggett	1:32:43
36. Peter Holloway	1:32:59
37. Ray Giglio	1:33:37
38. Kevin Kein	1:33:42
39. Marsha Giglio*	1:33:55
40. Al Butler	1:34:30
41. Ray Bryant	1:35:55
42. Mark Tilton	1:36:40
43. Maurice Wheeler	1:37:18
44. Mark Danyia	1:38:53
45. Bruce Allen	1:38:56
46. Dave Conley	1:39:12
47. Tom McCabe	1:40:19
48. Ken Dickeinson	1:40:42



49. Barb Coughlin*	1:41:00
50. Jim Bishop	1:41:43
51. Terry Eldridge	1:42:03
52. John Shaw	1:42:33
53. Joan Welch*	1:44:20
54. Steve Cothreau	1:45:05
55. Gary Snee	1:45:56
56. Roger Williams	1:46:14
57. Marion Leschey*	1:46:24
58. Al Mack	1:48:10
59. Nancy McCallum*	1:50:32
60. Sandy Hazgett*	1:50:33
61. Keith Johnston	1:53:26

New Record

Results courtesy of Brian Gillespie  
Race Director

\*\*\*\*\*

ZONTA FUN RUN & FIVE MILE ROAD RACE  
Waterville June 6th

1. Goff French	13:26
2. Mike Austin	13:40
3. John Easler	13:40
4. Neil Amalfatano	13:58
5. Jeannie Lewis*	14:04
6. Peter Scott	14:32
7. Arnold Vincent	15:41
8. Jon Ives	17:35
9. Bruce Daniels	18:10
10. Sarah Roy*	18:46
11. Carole Vincent*	18:56
12. Patricia Horine*	19:47
13. Marj Lalime*	19:49
14. David Gay	20:37
15. Marcia Maheu*	20:45
16. Cherrie Stuart*	21:29
17. Virginia Merritt*	21:48
18. Jeannie Pernice*	24:10
19. Jeanne Pernice*	24:17
20. William Longley	27:18
21. Norm Levesque	27:18

1. Hank Chipman	27:07
2. Steve Ridley	27:07
3. Eric Ellis	27:32
4. Allen Pierce	28:54
5. Phil Stuart	29:19
6. Regie Lesperance	29:35
7. Rick Stuart	29:42
8. Dick Mac Donald (M)	30:05
9. Mike Lancaster	30:08
10. John Hallee	30:15
11. Bryant Bourgoin	30:51
12. Robert Nicholson	31:04
13. Harold Runyon	31:51
14. Bob Pride	32:28
15. Jerry Allanach	32:32
16. Karen McCann*	32:47
17. Mike Estes	32:47
18. Fred Karter	33:16
19. Keith Johnston	33:24
20. Ron Paquette	33:56
21. Tim Quirion	34:16
22. Charles Francis	34:17
23. Ed Raiola	34:24
24. Kim Lambert*	34:25
25. Dennis Hayes	34:41
26. David Blair	35:20
27. Wes Card	35:22
28. Bob Day	35:35
29. Billy Brazier	35:56
30. James Moore Jr.	36:10
31. Eric Bates	36:31
32. Harold Bates	36:51
33. John Hachey	36:55
34. Julie Matthieu*	37:05
35. Bruce Gamage	37:11
36. Michael Szela	37:43
37. Mary Day*	37:46
38. Wayne Shontz Jr.	38:40
39. Rose Dublois*	38:50
40. Chris Ranco	38:54
41. Nancy Carr*	39:08
42. Carol Nale*	39:54
43. Cliff Ives	40:25
44. Richard Dole	41:59
45. John MacLean	42:02
46. Rene Laliberty*	42:11
47. Carol Ordanez*	42:14
48. James Peters	42:14
49. Peter Cross	42:17

50. Albert Hodadon	42:56
51. Gail Schade*	43:08
52. Celeste Fortin*	43:53
53. Debbie Hall*	43:53
54. Jerri Bushey*	44:10
55. Ellen Szela*	44:19
56. Cal Avery	44:21
57. Verne Pinney	45:02
58. James Knapp	45:57
59. Jamie Moore	46:26
60. Barbara Larson*	46:44
61. Barbara Barber*	46:50
62. James Smith	47:57
63. Erin McGraw*	48:03
64. Roger Poulin	48:51
65. Cathy Tozier*	49:12
66. Pamela White*	51:13
67. Francis Merritt	51:38
68. Norma Mitton*	52:53

Results courtesy of Marj Lalime &  
Gene Roy  
Central Maine Striders

\*\*\*\*\*

MAINE-LY LADIES INVITATIONAL 10K  
Old Orchard Beach June 7th

1. Sandy Cook	38:40*
2. Carl Bickford	40:03
3. Mary Schena	40:17
4. Robin Estey	40:25
5. Deb Farmer	40:50
6. Julie Dube	41:49
7. Faye Gagnon	42:20
8. Natalie Buzzell	43:03
9. Sandy Tremblay	43:10
10. Patty Clapper	43:13
11. Bethany Smith	43:48
12. Lisa Wakem	43:58
13. Sue Shedd	44:09
14. Judy Gagne	44:11
15. Denise Coburn	44:17
16. Janet Sparkowich	44:56
17. Janice Rousseau	45:22
18. Lynn Simes	45:29
19. Robin Everett	45:31
20. Charlotte Sayres	45:47
21. Wendy Sayres	45:47
22. Bonnie Cote	46:20
23. Jean Smith	46:23
24. Debbie Tefft	46:24
25. Rosalyn Randall	46:49
26. Leona Clapper	47:38
27. Nancy Beward	47:52
28. Sandp Bumgardner	48:06
29. Suzanne Beaulieu	48:06
30. Jane Flaherty	49:40
31. Christine Clothier	50:01
32. Chris Keough	50:20
33. Nancy Frederick	50:55
34. Nancy Forrester	50:56
35. Deborah Brooks	51:04
36. Adele Hutchins	51:07
37. Liz Dunkerley	52:31
38. Sarah Moulton	52:44
39. Christine Tuttle	52:46
40. Ronnie Ann Pelletier	52:55
41. Sharon Poole	52:59
42. Carol Estey	53:37
43. Avis Ingalls	53:54
44. Mary Riddle	53:54
45. Judy Elliott	54:05
46. Sally Paterson	54:18
47. Sue Yandell	54:38
48. Murielle Therriault	54:48
49. Connie Kippax	54:56
50. Genie Field	55:51
51. Deborah Hodgdon	56:03
52. Terry Gobeil	56:39
53. Jean Berthiaume	56:40
54. Mim Pepper	57:09
55. Holly Bernstein	57:30
56. Estelle Lemieux	60:22
57. Jariane Powell	60:58
58. Cindy Dyer	63:39
59. Kathy Brown	64:28
60. Nancy Gray	64:38

Mother and daughter team: Leona  
and Patty Clapper  
Team: Northern Haverhill Striders

Results courtesy of Bob Provost

STONINGTON SIX  
Stonington 10K June 7th

1. Larry Deans	34:01
2. Steve Dexter	34:18
3. Dwight Blease	35:57
4. Chris Everett	36:06
5. Kevin Dyer	36:13
6. Greg Raymond	37:00
7. Robert Black	37:14
8. Dan Wheeler	37:15
9. Gary Wright	38:20
10. Rick Davis	38:44
11. David Alley	38:59
12. Steve Smith	39:07
13. Verl Dyer	39:13
14. John Trefethen	39:20
15. Dick Powell	39:24
16. Tracy Greene	40:14
17. Jim Staples	40:59
18. David O'Connell	41:03
19. Don Rae	41:04
20. Margaret Johnson*	41:13
21. George Allen	42:33
22. Wes Cotton	42:46
23. Ben Smith	43:06
24. Bill Pinkham	43:06
25. Diane Lounder*	43:37
26. Patricia Richard*	43:40
27. Terry Cousins	43:44
28. Howard Richard	44:14
29. David Mulley	44:22
30. Ed Raymaker	44:56
31. Paul Guerin	45:04
32. Lona Wright*	45:16
33. Bob Morrison	45:18
34. Al Michelson	45:21
35. Laurel Kowolsky*	45:22
36. Martin Desmarais	45:58
37. Anne Geller*	46:03
38. Charlie Frair	46:26
39. Craig Boyd	47:39
40. Ronald Russell	47:57
41. Lisa Degrazio*	48:10
42. Jackie Trefethen*	48:28
43. Joe Connors	48:54
44. Shirley Cotton*	49:26
45. Chris Nesiba	49:45
46. Ben Chinowsky	50:31
47. Dorothy Stockard*	50:33
48. John Grant	50:59
49. Mike Connors	51:44
50. Peter Curran	51:56
51. Jan Lenferink*	52:00
52. Pearl Eaton*	52:50
53. Donald Gross	53:15
54. Kathy Greene*	53:21
55. Judy Trefethen*	54:27
56. Richard Hay	55:56
57. Richard Butler	59:36
58. David Wetherall	60:11
59. Alan Clark	62:12
60. Bruce Clark	62:29
61. Judy Saffron*	67:32

Results courtesy of Tom Colwell  
Race Director

\*\*\*\*\*

HAMPDEN 8½ MILE ROAD RACE  
Hampden June 13th

1. Eric Ellis	47:35
Steve Dexter	47:35
3. Dan Dearing	48:52
4. Steve Dunlap	50:01
5. Deke Talbot	50:08
6. Phil St. Pierre	51:33
7. Steve Hawes	53:04
8. Mike Cole	53:11
9. David Dunlap	55:01
10. Biff McGilpin	55:04
11. Dave Torrey	55:23
12. Ray Quimby	55:33
13. Oscar Feichtinger (M)	55:58
Steve Norton (M)	55:58
15. Charles Nichols	56:31
16. Charles Francis	58:08
17. Ray French	58:18
18. Al Howard	58:37
19. Gregory O'Donnell	58:53
20. Gil Roderick	59:32



21. Margaret Johnson*	59:37
22. David Scholafeld	60:38
23. Carl Sanborn	61:00
24. Joel Hawes	62:19
25. John Linscott	62:22
26. Jeanne Dolby*	63:30
27. Sheila Hodges*	65:10
28. Doug MacDonald	66:12
29. John Wakely	66:28
30. George Osler	68:01
31. Kate Brady*	68:19
32. Steve Barber	68:27
33. Jerry Henderson	68:56
34. Chris Ranco	70:20
35. Dave Defrancia	72:31
36. Jim Gilbert	74:03
37. Dorothy Stockard*	74:10
38. Marie Johnson*	74:59
39. Jean Goldfine*	75:05
40. Ken Hodson	75:30
41. Bob Johnson	77:44
42. Anne Norton*	78:05
43. Peter Curran	83:10
44. Al Michelson	83:12
45. Vickie Brewer*	86:14

Results courtesy of Skip Howard  
Race Director

\*\*\*\*\*

1ST ANNUAL FRONTIER'S DAY 5.4 Miler  
Lisbon Falls June 14th

1. Bruce Ellis	28:48.19
2. Bill Hine	29:21
3. Mitchell Lovering	31:41
4. Louis Morin	32:28
5. Ken Voorhees	32:42
6. Donald Therrien	32:46
7. Larry Doble	34:11
8. Bill Sayres	34:19
9. Dan Campbell	34:20
10. Tom Swan	34:53
11. Pete Brigham	34:59
12. Bill Gayton	35:18
13. Don Stowell	35:47
14. Tom Peterson	35:54
15. Danny Greenleaf	37:10
16. Brian Albert	37:36
17. Gerard Allaire	37:37
18. Kenneth Gaeklein	37:47
19. Steven Floyd	38:05
20. Charles Hutchins	38:43
21. John Boyne	38:54
22. Leon White	39:28
23. Wesley Scrone	39:33
24. Linda Gagnon*	39:37
25. Bud Cherry	41:20
26. Rosalyn Randall*	41:41
27. Harry Spear	42:06
28. George Greenwood	42:16
29. Cliff Morse	42:22
30. Paul Triggiani	42:30
31. Bruce Albert	42:39
32. James Inman	43:06
33. Harry Parady	43:29
34. Jill Walker*	43:33
35. Sandy Turcotte*	43:33
36. Dana Shields	43:35
37. Martin Demarais	44:07
38. John Ouillette	44:32
39. Dennis Fraser	46:23
40. Ron Boutin	46:38
41. Mike Miller	47:54
42. Subhakar Csenge	50:07
43. Tim Rioux	50:56
44. Chris Greenwood	51:23
45. Cathy Hazelton*	52:17
46. Charles Robinson	52:32
47. Sukanya Csenge	53:01
48. Michael Miller	54:02
49. Kathy Fournier*	54:02
50. Suzie Perry*	55:40
51. Jean Jutras*	57:26
52. Jane Tancred*	61:32
53. Ann Schnur*	61:32
54. David Lefavor	62:09

Results courtesy of Roland Trottier  
Race Director

\*\*\*\*\*

THE GREAT MAINE RACE 13.1 MILER  
Auburn June 14th

1. Mike Daly	1:26:39
2. Robert Jarratt	1:27:41
3. Dave Smith	1:29:34
4. Dick Sabine	1:31:59
5. Dave De Lova	1:33:02
6. John Moncure	1:33:02
7. Gary Young	1:34:49
8. Bill Green	1:36:18
9. Bruce King	1:36:52
10. Howard Laporte	1:37:52
11. Peter Hoskins	1:38:02
12. Ron Paquette	1:38:24
13. Bob Waddle	1:39:15
14. Joe Corkery	1:39:57
15. Steve Swindells	1:40:59
16. Bill Higbee	1:41:55
17. Houghton White	1:42:11
18. Charles Gordon	1:43:36
19. Brian Perkins	1:43:42
20. Frank Woodard	1:44:00
21. Julie Berniker*	1:44:37
22. Lynda Woodard*	1:45:43
23. Mark Danyla	1:48:00
24. Roger Putnam	1:49:09
25. Chris Miller	1:49:28
26. Rob Hunt	1:50:37
27. Kristina Gordon*	1:50:54
28. Don Brewer	1:54:40
29. Peter Decourcy	1:57:40
30. Doug Munsey	1:59:22
31. Dinise Messier*	2:00:33
32. Jane Waddle*	2:05:58

Results courtesy of Bob Waddle  
Race Director

\*\*\*\*\*

3RD ANNUAL GREAT CRANBERRY 5K  
Great Cranberry Isle Jun 20th

1. Mike Gaige	15:13
2. Gerry Clapper	15:19
3. Mike Westphal	15:56
4. Brad Brown	16:10
5. Duane Young	16:12
6. Peter Swanson	16:16
7. Rick Packie	16:21
8. Adam Berlew	16:30
9. Doug Graves	16:46
10. Mark Violette	16:47
11. Dave Zarkower	17:01
12. Chris Everett	17:03
13. Pat McGuire	17:21
14. Rolf Westphal	17:22
15. Robby Baldwin	17:23
16. Glendon Rand	17:29
17. Greg Everett	17:49
18. Mark Stillings	17:59
19. Dave Torrey	18:10
20. Dana Perry	18:14
21. Bob Booker	18:16
22. Alan Howard	18:35
23. Ray Cooper	18:40
24. Charles Nichols	18:44
25. Ben Milster	18:56
26. Walter Luro	18:58
27. Larry Lunn	19:00
28. Carol Roy*	19:06
29. Bruce Kelly	19:32
30. Charles Francis	19:36
31. Ernest Steele	19:37
32. Laurel Kowalsky*	19:39
33. Chris Wilson	19:40
34. Steve Scherr	19:40
35. Fred Schmidt	19:42
36. Jeff Pozzy	19:47
37. Diane Lounder*	19:48
38. Diane Wood*	19:50
39. Bill Pinkham	19:52
40. Barry Abramson	19:59
41. Mike Clancy	20:01
42. Ron Poulin	20:10
43. Gary White	20:15
44. Steve Barber	20:17
45. Cindy Lowry*	20:19
46. Nick Shema	20:21
47. Alice Good*	20:21
48. Terrence Cousins	20:25
49. John Frachella	20:25
50. Joey Pizzo	20:25

51. Dave Theoharides	20:30
52. Patty Clapper*	20:33
53. George Connors	20:34
54. Whit Osgood	20:36
55. Barbara Hamaluk*	20:38
56. Mike Petty	20:44
57. John Sharp	21:01
58. Marty Lyons	21:03
59. Brian Luro	21:05
60. Cathy Steele*	21:06
61. John Linscott	21:07
62. David Brenton	21:10
63. Mary Ann Shick*	21:13
64. Bill Gehman	21:22
65. Andrew Baldwin	21:25
66. Chris Ranco	21:26
67. Roberta Sharp*	21:26
68. John Hilton	21:32
69. Mike Cressey	21:37
70. Wendell Porter	21:39
71. Gordon Young Jr.	21:40
72. Cindy Carey*	21:40
73. Brumbi Maguire*	21:43
74. Laraine Walls*	21:44
75. Diane Zavotsky*	21:50
76. James Knapp	21:52
77. Owen Roberts	21:54
78. Tom Johnson	21:56
79. Mike Clapper	21:59
80. Kate Brady*	22:02
81. Robert Harding	22:07
82. Kein Osgood	22:11
83. Kathleen Roberts*	22:11
84. Jerry Henderson	22:18
85. Frisha Callahan*	22:20
86. Tina Hinkley*	22:24
87. Leona Clapper*	22:24
88. Beth Adams*	22:29
89. Charles Hudson	22:30
90. Peter Frech	22:35
91. Jessica Lott*	22:37
92. Kathrine Lunn*	22:49
93. Larry Van Peursem Jr	23:02
94. Ralph Baldwin	23:06
95. Ivan Porter	23:10
96. David Roundy	23:11
97. Ron Hunter	23:16
98. Ken Salvaton	23:16
99. Lauren Ormsby*	23:21
100. Melanie Blease*	23:25
101. Kim Damien*	23:26
102. Dorothy Stockard*	23:35
103. Doris Plummer*	23:45
104. Diane Reddinger*	23:49
105. Conrad Friffin	23:51
106. Lawrence Salvason	23:51
107. Charles Clapper	24:01
108. Guy Dunbar	24:09
109. Ellen Hunter*	24:19
110. Cheryl Prostack*	24:20
111. Dave Defroscia	24:21
112. Sue Steele*	24:22
113. Porter Fox	24:27
114. Beau Lizy*	24:27
115. Kathryn Roberts*	24:33
116. Carlton James	24:37
117. Kathleen Saufl*	24:42
118. Carol Graham*	24:47
119. Pam Bingham*	24:52
120. Quinten Young	25:03
121. Dr. Richard Hey	25:13
122. Joan Leslie*	25:43
123. Kelly Short*	26:00
124. Robin Seavey*	26:12
125. Susan Taylor*	26:30
126. Sidney Salvatone	26:32
127. Heather Whitaker*	26:34
128. Betty Constantine*	26:36
129. Linda Johnson*	26:46
130. Pamala White*	26:51
131. Carol Baldwin*	26:54
132. Mary Helen White*	26:54
133. Paula Dunbar*	27:02
134. Tim Leavitt	27:04
135. Caroline Hass*	27:20
136. Kristine Sharp*	27:42
137. Sue Haynes*	27:53
138. Liz Muckell*	27:56
139. Judy Saffron*	28:02
140. Bonnie Porter*	28:32
141. Kate Russell Henry*	28:37
142. Cathy Schoenberg*	29:17
143. Harry Schoenberg	29:18
144. Debbie Leavitt*	30:18
145. Elsie Good*	30:20
146. Liz Warner*	30:44
147. Carter Walls	31:06



148. Jane Theoharides*	31:36
149. Robin Fox*	31:38
150. Nellie Fox*	31:44
151. Denice Podlaski*	33:29
152. Laurie Cooper*	33:31
153. Sara Walls*	33:33
154. Willy Fox	35:35
155. Richard Mannhein	35:45
156. Bob Handelmann	45:31
157. Bryan Mann	45:31

Results courtesy of Larry Allen  
Race Director

\* \* \* \* \*

LETTER

45 McKEEN ST.  
BRUNSWICK, ME.

DEAR BOB,

PLEASE RENEW MY SUBSCRIPTION  
TO THE MAINE RUNNING MAGAZINE  
FOR ONE MORE YEAR. AM ENJOYING  
EACH ISSUE IMMENSELY. THANK  
YOU FOR GETTING MY FINISH IN  
THE BOSTON MARATHON INCLUDED  
IN THE JUNE ISSUE. MY BIRTHDAY  
WAS THAT SUNDAY AND SO IT WAS  
NOT A BAD PRESENT FOR MY 60TH  
YEAR. WOULD LIKE TO RUN THE  
PAUL BUNYAN BUT DON'T THINK  
I CAN GET READY BY THE 18TH.  
AT MY AGE TWO MARATHONS A YEAR  
SEEMS TO BE MY LIMIT.

SINCERELY YOURS,

BILL FOX

## CLUBS

BRIAN GILLESPIE  
MAINE TRACK CLUB  
3 Grace St.  
Portland, Me. 04102

PHIL SOULE  
THE MAINE ROWDIES  
40 Garrison St.  
Portland, Me. 04102

LARRY ALLEN  
THE DOWNEAST STRIDERS  
24 Parkview Ave.  
Bangor, Me. 04401

GENE ROY  
CENTRAL MAINE STRIDERS  
Rt 1, Box 215A  
Oakland, Me. 04963

SAM HAMILTON  
AROOSTOOK MUSTERDS  
PO Box 626  
Caribou, Me. 04736

GREG NELSON  
MAINE ROAD RAMBLERS  
138 Maine Ave.  
Gardiner, Me. 04345

GEORGE LIMING  
ANDROSCOGGIN HARRIERS  
38 Brooks Ave.  
Lewiston, Me. 04240

ROB JARRATT  
THE GOOD SPORTS RUNNING CLUB  
3 Pleasant St.  
Brunswick, Me. 04011

LETTER

*Maine  
Rowdies*

Dear Bob -

To give proper credit, or discredit,  
please list race directors as follows:

7/18 Muddy Rudder - Charlie Gordon  
11/8 Rowdy Ultra - Sam Butcher

Thank you -

John Noyes

And the last but not least word - GIVE 'EM HELL O.J.!



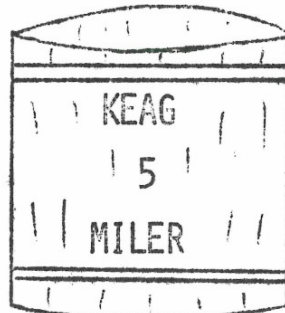
AUGUST 15th

9am

Entry Fee \$2.00

START

At Kenduskeag Grange  
Hall in Kenduskeag  
Village on Route 15.



FINISH

At Kenduskeag School  
just north of village  
on Route 15.

This race will be run on rolling country roads with no real hills. The course is well marked with arrows and mile markers accurately measured. We are starting an hour earlier this year to beat the heat and the parade.

-----  
First overall will receive a unique quartz movement runner's clock. KEAG Cup Trophies to first male and female plus first male and female 29 & under, 30 to 39 and 40 & over. Special trophies to 1st Kenduskeag resident and 1st Jaycee from anywhere in the United States. No more than one prize per person.

-----  
This race is sponsored by the KENDUSKEAG JAYCEES and will kick off the festivities for KENDUSKEAG OLD HOME DAYS. Parade at 10:00 a.m. Free games and contests for the kids; flea market and food booths; games of chance; and more.

-----  
(tear line)

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Age \_\_\_\_\_

Mail Entry to: Jim Neal  
Box 330, Route 1  
Kenduskeag, Maine 04450

Make Check (\$2.00) payable to:

KENDUSKEAG RECREATION PROGRAM

In consideration of the entrance requirements of this race, I for myself and my heirs and assigns do hereby waive and release any and all rights and claims I may have against the sponsors of this race.

Signature \_\_\_\_\_

Signature of parent/guardian, if under 18  
\_\_\_\_\_

Entry table will open at 8:00 a.m.





# WINTHROP LIONS CLUB

WINTHROP, MAINE 04364

## WINTHROP LIONS ANNUAL ROAD RACE CO-SPONSORED BY THE MAINE ROAD RAMBLERS

Date: Sunday, August 9, 1981

Time: 9 Miles - (14.5 kilometers) - 10:00 a.m.  
4 Miles - (6.5 kilometers) - 10:05 a.m.  
Registration begins at 8:30 a.m.

Place: Register at the American Legion Hall on  
Maranacook Lake in Winthrop, Maine

Course: The four-mile course is flat and goes out along  
Maranacook Lake two miles and back. The 9 miler  
is flat for approximately four miles, but then  
becomes hilly. A giant hill presents a real  
challenge at the 7½ mile point and concludes  
with a strong down-hill and flat finish.

Awards: 9 Miler - Trophies will be presented to the first  
and second male and female finishers and the first  
male and female in each age category of 18 and under,  
19 to 29, 30 to 39, 40 to 49, and 50 and over.  
4 Miler - Trophies to first four males and first  
two females.

Facilities: There are no shower facilities. However, runners  
and their families are welcome to use the town  
beach at the finish.  
Refreshments will be available for purchase at the  
Lions Club lunch wagon -- hot dogs, chips, cold  
drinks and coffee.

Entry Fee: \$3.00 - Mail checks payable to the Winthrop Lions  
Club to Robert J. Jolicoeur, Race Director, RFD #1,  
Box 397, Winthrop, Maine 04364.

---

### REGISTRATION

Name \_\_\_\_\_ Age \_\_\_\_\_ Sex M F

Address \_\_\_\_\_ Club \_\_\_\_\_

In consideration of this entry being accepted, I for myself, my  
heirs and assigns hereby waive and release any rights and claims  
I may have against the sponsors of the race.

Check One: \_\_\_\_\_ 9 Miles \_\_\_\_\_ 4 Miles

Signature \_\_\_\_\_

Parent's Signature (if under 18) \_\_\_\_\_



The 1981

# GRAND

# Willey

## Ellsworth Road Race

**DATE:** August 8, 1981

**TIME:** 9:30 A.M.

**DISTANCE:** 10 Kilometers (Wheel Measured)

**REGISTRATION FEE:** \$3.00 - Registration Starts 8:30 A.M.

**SITE:** Ellsworth High School

**CATEGORIES:** Boys 13 & under / Girls 13 & under  
High School Boys / High School Girls  
Men 19-40 / Women 19-40  
Men over 40 / Women over 40

**OTHER INFO:** 1st & 2nd Prize in all categories  
Limited to 400 entrants; 1st 300 receive T-shirts  
Rest rooms only; located in school  
Time checks 1 & 3 miles  
Water stations 3 & 5 miles

**SPONSORED BY:** Hancock County Auditorium Association  
Willey's Department Stores

Release Form

In consideration of the acceptance of this, I hereby, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I may have against the sponsors of the Grand Willey, Hancock County Auditorium and Willey's Department Store, and the officers and members of these organizations, their agents, representatives or assigns for any and all injuries that may be suffered by me before, during or after the Grand Willey.

Signature (Parent if under 18) \_\_\_\_\_

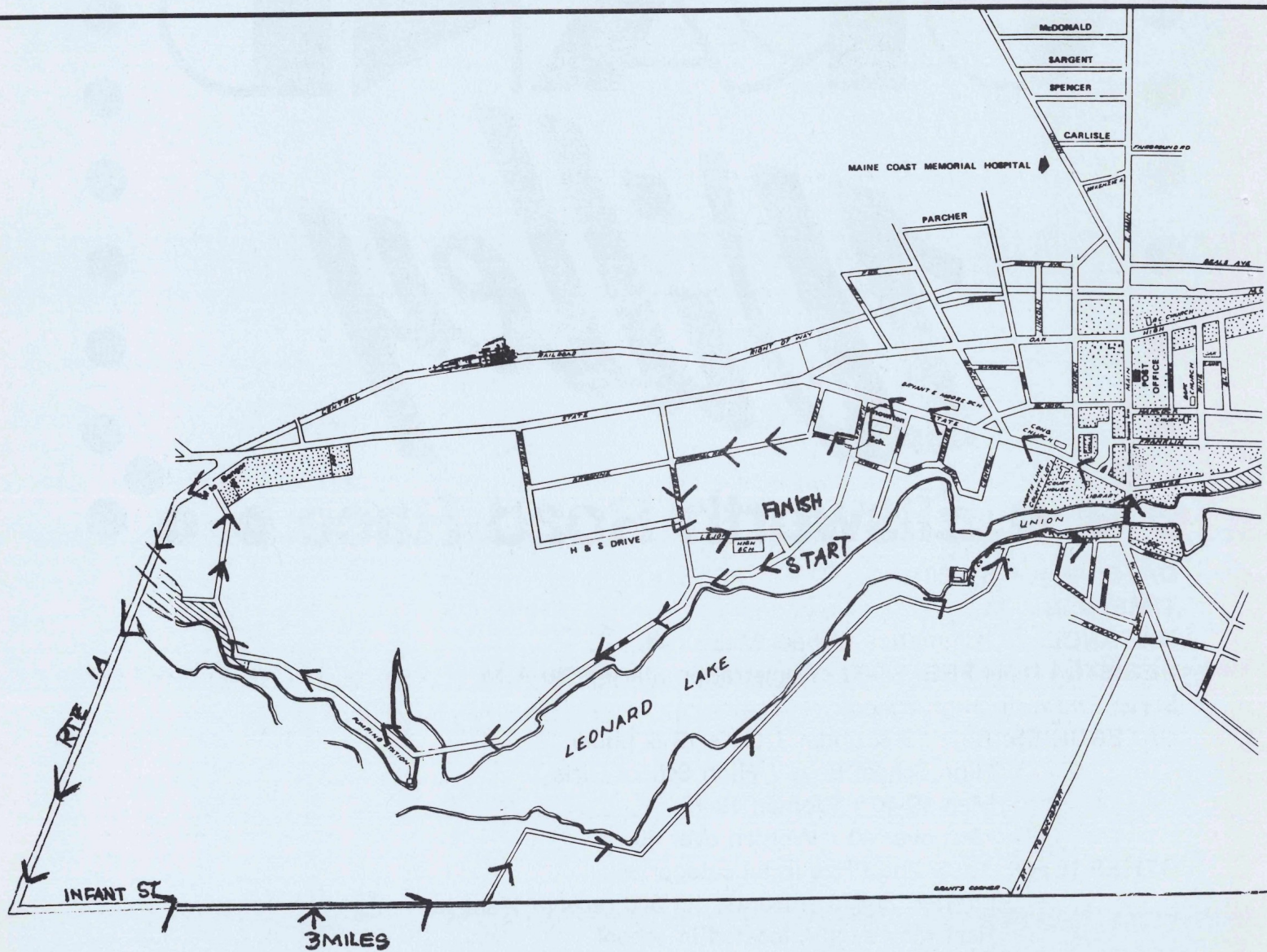
Full Address \_\_\_\_\_

Name \_\_\_\_\_ Sex \_\_\_\_\_

Age at August 9, 1980 \_\_\_\_\_ Shirt Size S M L

Mail With Fee To  
Hancock County Auditorium or Willey's Department Store  
Main St., Ellsworth, Me. 04605







MAINE SEAFOOD FESTIVAL  
LOK ROAD RACE

WHEN: Sunday, August 2, 1981  
at 8:00 a.m. Registration  
starts at 7 a.m.

WHERE: At The Public Landing  
in Rockland, Maine

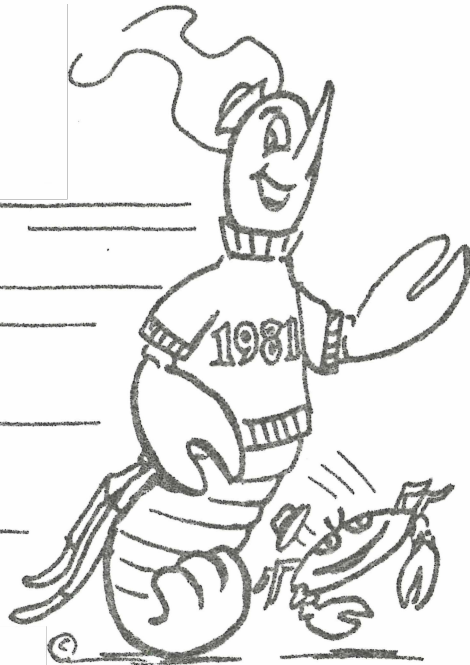
COURSE: 6.2 Miles; One loop;  
~~Some hills~~; Water and  
splits at 2 & 4 miles

FACILITIES: Showers and Restrooms  
available

ENTRY: \$4.00 Pre-entry  
\$4.50 day of race  
FREE T-SHIRTS TO ALL  
ENTRANTS

AWARDS: Trophys and/ or Merchandise  
1st and 2<sup>nd</sup> Men and Women OPEN  
1st and 2<sup>nd</sup> Men and Women OVER 40  
1st and 2<sup>nd</sup> UNDER 14 years

SPECIAL TROPHY to 1<sup>st</sup> Professional  
Fisherman from Knox County



NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

SEX: \_\_\_\_\_

T-SHIRTS SIZES:   S  M  L  XL  

AGE: \_\_\_\_\_

CHECK HERE IF YOU ARE A  
PROFESSIONAL FISHERMAN  
FROM KNOX COUNTY: \_\_\_\_\_

SEND TO:

Ken Sylvester  
109 Talbot Avenue  
Rockland, Maine 04841  
Telephone; 594-7035

WAIVER:

In consideration of acceptance of this entry, I, for myself, heirs and assigns, waive and release any and all rights and claims for personal damages I may have against the officials, volunteers, sponsors, or towns involved in this road race.

SIGNATURE: \_\_\_\_\_  
(Parent or Guardian if under 18)

MAKE CHECKS PAYABLE TO: ROCKLAND SEAFOOD CORPORATION



3rd ANNUAL

# Fitts Tire/Radio Shack 4.3 mi. Scramble

IN COOPERATION WITH THE CENTRAL MAINE EGG FESTIVAL



**Sunday, July 26**

**10:00 A.M.**

**START/FINISH AT FITTS TIRE/RADIO SHACK, PITTSFIELD.**

**Industrial Park — Just off I-95  
in Pittsfield.**



**A Well Organized 4.3 Mile Road Race over a Scenic, Rolling Country Route. Splits at 1 mile and 3 miles. Water Station at 2 miles. Restrooms available. Refreshments at the finish.**

**ALSO: Timed 1 Mile Fun-Run for Short Distance runners and non-racers.**

**SURVIVOR CERTIFICATES TO ALL FINISHERS  
TROPHIES FOR WINNERS IN 10 CATEGORIES**

**Drawing for valuable and unique prizes following awards.**

**Course Records: Rick Khorigan, 22:45, 1979 / Paula Campbell, 32:15, 1980**

## MAKE IT A WEEKEND

**FESTIVAL EVENTS SATURDAY, JULY 25th**

**KIWANIS KARNIVAL  
BREAKFAST ON 10 FOOT FRYING PAN  
MILE-LONG PARADE  
OMELET LUNCHEON**

**CHICKEN FLYING CONTEST  
CHICKEN BAR-B-Q  
FIREWORKS**

**SUNDAY, JULY 26th 4.3 MILE SCRAMBLE**

**Make checks payable to: Fitts Tire Service, Inc.  
Industrial Park  
Pittsfield, ME 04967**

**\$3.00 Registration Fee  
50c. for Fun-Run**

## FITTS TIRE/RADIO SHACK 4.3 MILE SCRAMBLE

**NAME** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_

**AGE** \_\_\_\_\_ **MALE** \_\_\_\_\_ **FEMALE** \_\_\_\_\_

**In consideration of this entry being accepted, I waive and release any and all claims for personal damages I may have against officials and race sponsors. Parents must sign for applicants under 18.**

**Signature** \_\_\_\_\_

**\_\_\_ 4.3 MILE SCRAMBLE**

**\_\_\_ FUN RUN**



# THE 3rd ANNUAL GREAT FRANKLIN ROAD RACE

COME JOIN US ON JULY 25th to run the Great Franklin Road Race at 9:00 a. m. starting at the Franklin Town Hall. This is a new course and a new starting place. This years course will be a 10K run of challenging hills and covering what we would like to think of as the beautiful scenery of our little town. The list of prizes has also been increased.

PRIZES: 1st, 2nd, and 3rd in the Mens and Womens 20 - 35 age group. There will be prizes also awarded to the first finisher in all of the other age groups, as well as the youngest and the oldest finisher.

## ENTRY FEES

This year the fee will be \$3.00. There will be no fee for those entering the race that are 13 and younger. The fee will be half price for those showing proof that they ran the Paul Bunyon Marathon the ~~week~~ <sup>day</sup> before.

For Further Information Contact: Dan Smith  
Box 351  
Franklin, Maine 04634  
Phone: 565-3670

Last years winners: (On the short course)  
Mike Westphal  
Robin Emery

NAME \_\_\_\_\_ SEX \_\_\_\_\_

ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

BIRTHDAY \_\_\_\_\_ AGE ON JULY 25, 1981 \_\_\_\_\_

Category entering: (Check one)

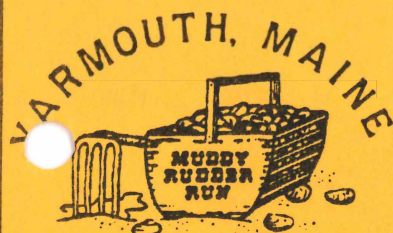
- |                                       |                                       |
|---------------------------------------|---------------------------------------|
| <input type="checkbox"/> 13 and under | <input type="checkbox"/> 35 to 50     |
| <input type="checkbox"/> 14 to 19     | <input type="checkbox"/> 50 and older |
| <input type="checkbox"/> 20 to 35     |                                       |

In signing this statement I do hereby release the sponsors and the organizers of the 3rd Annual Great Franklin Road Race from any claims for damages that I might have from participating in this event.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Parents Signature if under 18 years of age





3RD ANNUAL  
**MUDDY  
RUDDER  
RUN**

5.1 MILES



SATURDAY JULY 18, 1981 9 A.M.  
(CLAM FESTIVAL WEEKEND)  
YARMOUTH, MAINE

SPONSORED BY THE MUDDY RUDDER RESTAURANTS  
IN CONJUNCTION WITH THE MAINE ROWDIES

\$3 ENTRY FEE

T-SHIRTS TO THE FIRST 250 ENTRANTS

VARIOUS PRIZES TO MALE & FEMALE WINNERS IN MANY CATEGORIES

FOR FURTHER INFORMATION CONTACT:

WESLEY ROTHERMEL  
773-6962 OR 846-4314

REGISTRATION & LOCKER ROOM FACILITIES AT YARMOUTH HIGH SCHOOL  
BEGINNING AT 7:30 A.M.

MUDDY RUDDER RUN

NAME \_\_\_\_\_  
AGE \_\_\_\_\_ SEX \_\_\_\_\_  
ADDRESS \_\_\_\_\_

RACE WAIVER: I AGREE TO ASSUME ALL RESPONSIBILITY FOR ALL RISK OF DAMAGE OR INJURY THAT MAY OCCUR TO ME AS A PARTICIPANT IN THIS EVENT. I HEREBY, FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS, RELEASE AND DISCHARGE THE YARMOUTH CHAMBER OF COMMERCE AND MUDDY RUDDER RESTAURANTS AND ALL PERSONS ASSOCIATED WITH THIS EVENT FROM ALL CLAIMS, DAMAGES, CAUSES OF ACTION, PRESENT OR FUTURE, KNOWN OR UNKNOWN, ANTICIPATED OR UNANTICIPATED, WHICH RESULT FROM, ARISE OUT OF, OR ARE INCIDENT TO MY PARTICIPATION IN THIS EVENT.

I HEREBY CERTIFY THAT I AM PHYSICALLY FIT AND SUFFICIENTLY TRAINED FOR COMPETITION IN THIS EVENT.

SIGNATURE: \_\_\_\_\_

(Parent or Guardian if under 18)  
T-SHIRT SIZE: \_\_\_\_\_ MED \_\_\_\_\_ LARGE

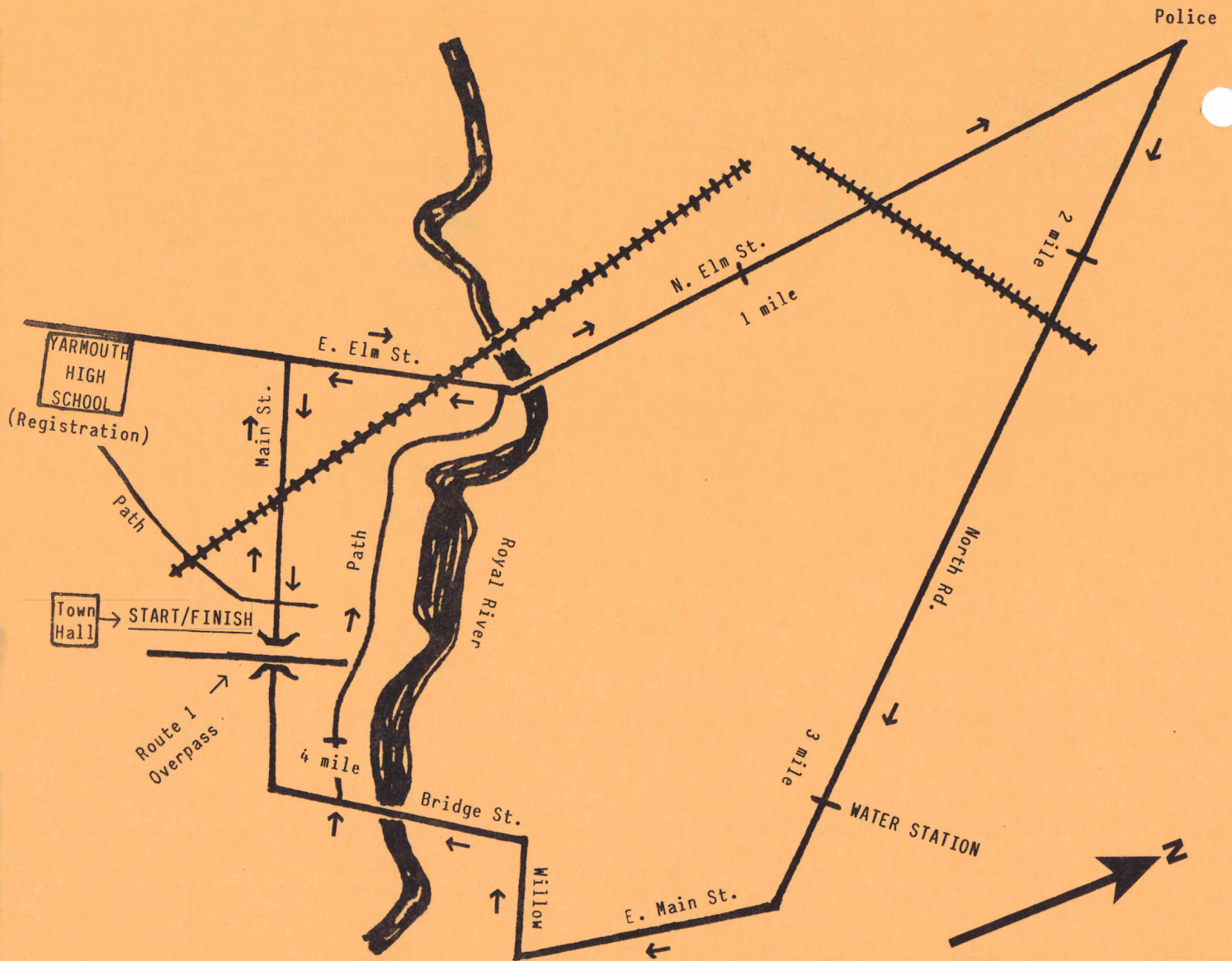
Make checks payable to:

MUDDY RUDDER RUN

Mail to:

23A COLLINS ROAD  
YARMOUTH, MAINE 04096







THE 3RD ANNUAL MOLLYOCKET DAY/SUNDAY RIVER  
SKI CLUB 10,000 METER ROAD RACE AND  
THE MAINE MILER

DATE: Saturday July 18, 1981

STARTING TIME: Maine Miler-9:15 AM; 10,000 meter-9:30 AM

REGISTRATION: PRE: to John R. Gasser, Race Director POST: Race day 8:30AM  
56 Broad Street to 9:15AM  
Bethel, Maine 04217  
207/824-2114

MAKE CHECKS PAYABLE TO: JOHN R. GASSER-RACE DIRECTOR

STARTING LOCATION: Casco Bank Building

COURSE: Maine Miler- A one mile route around the village streets.  
10,000 meter- A scenic course through the village, past  
Gould Academy and then out into the country. Some hills but  
nothing extra steep; good flats; some downhill. The course is  
wheel measured and a great spectator course.

FINISH: Fire Station area, adjacent to the Common.

SHOWERS: Available to all competitors

ENTRY FEES: Maine Miler- \$2.00  
10,000 meter- Pre-reg. \$2.50. Post reg. \$3.00

AWARDS: By Bonnema Potters of Bethel, Maine  
Maine Miler-First 3 places overall  
10,000 meter race-First three places overall  
PLUS: First 2 places men and women in the following age groups:  
15-25; 26-35; 36-45; 46; 55; and 56 and over.  
PLUS: The first male and female Bethel area resident (school district)  
in the 10K race and the youngest and oldest finisher, both races.

NOTE: The Races are being held as part of Mollyocket Day in Bethel,  
which is a day of craft booths, displays, music festival, antique  
auction, food booths, bike races and a PARADE! It is a family day,  
so come to Bethel and enjoy our hospitality.

\*\*\*\*\*OFFICIAL ENTRY FORM\*\*\*\*\*  
(both races)

In consideration of this entry being accepted, I hereby for myself,  
my heirs, administrators, executors, and assigns, waive and release  
any and all rights and claims for any damages whatsoever, from  
whatever cause that I may have against the organization host of  
this event, its agents, representatives, successors, assigns or  
sponsors from all actions, causes of action, claims and demands,  
damages and costs, including but not limited to any and all types  
of injuries suffered by me as a participant in the 1981 Mollyocket  
Day/ Sunday River Ski Club Maine Miler Race or the 10,000 Meter  
Road Race to be held in Bethel, Maine on July 18, 1981.

NAME: \_\_\_\_\_ AGE (race day) \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Address: \_\_\_\_\_ Check race entered: 10,00 meters \_\_\_\_\_  
Maine Miler \_\_\_\_\_

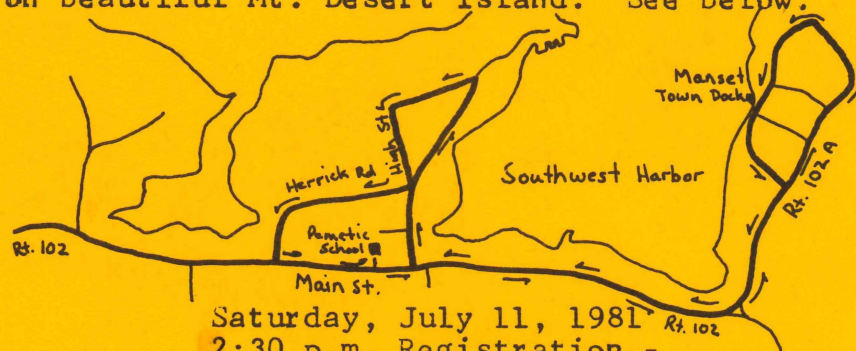
SIGNATURE: \_\_\_\_\_ PARENT SIGNATURE: \_\_\_\_\_  
Required if under 18 yrs. old



5th ANNUAL SOUTHWEST HARBOR DAYS ROAD RACE

10,000 METER (6.2 MILE) FOOT RACE

Join in on a weekend of community fun. By running this course you will explore the towns of Southwest Harbor and Manset located on beautiful Mt. Desert Island. See below.



WHEN:

Saturday, July 11, 1981  
2:30 p.m. Registration -  
Pemetic Elementary School  
Southwest Harbor 04679  
3:30 p.m. Start

COST:

\$3.00 pre-registration fee before July 3  
\$4.00 registration the day of the race

REFRESHMENTS:

Burger King of Ellsworth will provide  
the cold drinks

AWARDS:

T-Shirts to First 100 Registrants  
Prize Table of Merchandise  
Presentation in front of School - 4:45 p.m.

CATEGORIES:

1st Male	1st Female
2nd Male	2nd Female
3rd Male	3rd Female
1st 16 and under	Male Female
Youngest	Oldest
1st Southwest Harbor Year Round Resident	
Master 40-50	Senior Master 51 and up

-----  
Name \_\_\_\_\_ Sex \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ T-Shirt Size S M L (circle one)

In consideration of this entry being accepted, I for myself, my heirs  
and assigns hereby waive and release any and rights and claims I may  
have against the sponsors of this race.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Parents Signature if under 18

-----  
Mail to: Harbor House Community Recreation Center, Southwest Harbor, Maine  
Make Check Payable To: Chamber of Commerce 04679  
Southwest Harbor, Maine

For additional information contact Race Director: Marty Lyons  
207-244-3713



## SECOND WIND

The RPM Running Camp is filling up slowly. If you know a youngster who you think would benefit from an intensive week of learning let me know about them and I'll send them the necessary paperwork.

Remember the Triple Crown of Marathoning? It's an idea I had about this time last year. The winner must run in all three of Maine's major marathons (Casco, Nike and Bunyan) and average the best pace in each. Well, here are the current standings based on last falls Casco and this years Nike Maine Coast:

### MEN

1.	Frank Hoelzle	2:34:50
2.	Gene Coffin	2:35:46
3.	Steve Dexter	2:37:51
4.	Stan Dutton	2:39:29
5.	Rock Green	2:44:24
6.	Amos Eno	2:44:25
7.	Art Schnell	2:47:30
8.	Gary Cochrane	2:50:15

### WOMEN

1.	Kim Beaulieu	3:00:39
2.	Karen Miles	3:02:32
3.	Diane Fournier	3:11:32
4.	Barb Coughlin	3:25:52

It could come down to Rowdie pride versus the Maine Track Club. The trophies will be presented as part of the awards ceremony at this year's Paul Bunyan Marathon.

RECOGNIZING THAT STRUGGLING NEW PUBLICATIONS SOMETIMES CANNOT BE VERY SELECTIVE IN THEIR CHOICE OF ADVERTISERS, BUT RECOGNIZING ALSO THE DANGERS OF UNSUPERVISED USE OF DRUGS AND MATERIALS NOT AUTHORIZED FOR HUMAN APPLICATIONS, WE HAVE PURCHASED THIS SPACE IN MAINE RUNNING MAGAZINE IN ORDER TO SUPPLANT ADVERTISING FOR DMSO, WHICH WE FEEL IS AN UNPROVEN AGENT, POSSIBLY DANGEROUS, WHICH SHOULD NOT RECEIVE THE SANCTION OF ADS IN A MAGAZINE FOR PEOPLE CONCERNED WITH FITNESS AND HEALTH--

Sam Schuman  
Steve Norton  
Vaughn Holyoke  
Ed Rice  
Steve Palley

**olympi  
sport  
center** 

MAINE'S FINEST SELECTION  
OF RUNNING FOOTWEAR

NIKE, ADIDAS, NEW BALANCE

BROOKS, SAUCONY, CONVERSE

ETONIC AND AUTRY

COME SEE OUR SELECTION OF  
RUNNING OUTERWEAR ALSO

207 maine mall south portland maine 04106  
207/773-8131 803/431-4304



# FOR THE LONG RUN.



Serious runners know that when it comes to top notch training shoes, the NIKE LDV will go the distance.

NIKE'S exclusive WAFFLE sole, extra cushioning, strong nylon mesh uppers, and PermaFoam combine to give you a shoe built to withstand the mileage.

So whether you're pounding the pavement or path, the LDV makes light work of long runs.

"GOOD LUCK TO ALL PAUL BUNYAN MARATHONERS"



Come to the clinic on July 14th at the Bangor Attic and listen to Dr. Kurt Lauenstein speak about his two wins at Casco Bay and many other topics.



ATHLETIC ATTIC  
AUBURN MALL  
AUBURN, ME. 04210  
Tele. 786-2507

ATHLETIC ATTIC  
BANGOR MALL  
BANGOR, ME. 04401  
Tele. 947-6880