

## Running

### Healthier Community 5K

#### At Lewiston

1. Ben Fletcher 16:22; 2. Will Sweetser 16:30; 3. Ralph Fletcher 16:50; 4. David Howard 17:02; 5. Donald Hebert 17:10; 6. Bob Poirier 17:29; 7. Matt Rodrigue 17:30; 8. Ross LaFreniere 18:10; 9. Tom Menendez 18:32; 10. Jay Witting 18:55; 11. Rosalea Kimball 18:58; 12. Brian Kelly 19:14; 13. Chase Pray 19:21; 14. Eugene Holm 19:43; 15. Kirk Lundstrom 19:59; 16. Paul Cote 20:19; 17. Deb Merrill 20:23; 18. Debbie Moreau 20:30; 19. George Carpenter 20:40; 20. Dick Cummings 20:43; 21. Mark Danyla 20:48; 22. Vicki Bryant 20:50; 23. John LeRoy 20:51; 24. Larry Sutton 20:52; 25. Douglas Hodgkin 20:59; 26. Harvey Lafreniere 21:01; 27. Kayla Hardacker 21:03; 28. Nate Cleveland 21:04; 29. Rick Whiting 21:12; 30. John Howe 21:22; 31. Stephen Jacobs 21:40; 32. John Crispin 21:46; 33. Herb Robertson 21:53; 34. Matt Tift 21:58; 35. Mike Brooks 22:04; 36. Faye Gagnon 22:24; 37. Bob Tift 22:30; 38. Paul Colby 22:31; 39. Fern Labbe 22:33; 40. Bob Aube 22:34; 41. Mike McLellan 22:44; 42. Jessica Cloutier 22:45; 43. Mary Lobo 22:50; 44. Paul Caron 23:03; 45. Robert Shepard 23:42; 46. Ron Glasson 23:47; 47. Paul Laplume 23:50; 48. Ellen Cohen 24:00; 49. Pat Lavoie 24:05; 50. Heidi Loughlin 24:15; 51. Penny Robinson 24:42; 52. Alan Ramsdell 24:55; 53. Kathy Baillargeon 25:03; 54. Jean Abadi 25:06; 55. Jack LaVoie 26:02; 56. Rita Renaud 26:10; 57. Jim Collins 26:15; 58. Pierre Laplume 26:36; 59. Laurie Brady 26:55; 60. Don Calier 27:18; 61. Amanda Wing 28:03; 62. Nick Tift 28:05; 63. Marian Drake 28:40; 64. Audrey Mailhot 28:50; 65. Robert Berube 29:58; 66. Kelli Ann Hebert 30:28; 67. Elizabeth Park 31:29; 68. Marilyn Bouchard 31:47; 69. Becky Clough 31:52; 70. Bill Vaughan 31:59; 71. Martha Cordoli 42:04; 72. Ann Crispin 42:10; 73. Julie Bray 48:06.

#### Kids' 1K

1. Sam Fletcher 3:07; 2. Ben Cleveland 3:22; 3. Jeff Tift 3:24; 4. Emily Jacobs 3:30; 5. Lisa Lundstrom 3:52; 6. Nathaniel Jacobs 4:05; 7. John Morissette 4:09; 8. Terry Hanson 4:29; 9. Mathew Bouchard 4:32; 10. Christian McCollough 4:40; 11. Kyle F 5:34; 12. Chelsea Hebert 6:31.



Members of the planning committee are finalizing arrangements for the road race that will debut at this year's Festival de Joie. Committee members from left are Vicki Byrant, clinical case manager at CMMC; registered nurse Monique Dutil, health officer for the Lewiston Health Department; and Diana Champeon, nutrition services administrator for Campus Cuisine at Sisters of Charity Health System. The race will be held Aug. 2.

## Road race to coincide with Festival de Joie

**LEWISTON** — The Healthier Community Project is launching a 5K and Kids' K Road Race to coincide with the Festival de Joie Aug. 2.

"The Healthier Community Project is a coalition of service agencies that work toward improving the health of the Lewiston-Auburn community," said Marguerite Stapleton, vice president for mission effectiveness at Sisters of Charity Health System and facilitator for the community project. "A small group of our members set a goal of having a road race this summer and they have decided to have it in conjunction with all the wonderful activities that happen at the Festival de Joie."

According to race enthusiast, Diana Champeon, the event will have two competitions. "One is the 5K race for various age categories from 18 and under on up to 60 and over," explains Champeon. "The other race will be a 1K route designed especially for kids."

"Our goal is to encourage fitness through physical activity," adds

Champeon. "Although the race will have many seasoned competitors, we are also encouraging walkers and participants with strollers who want to join in for the fun and exercise."

The race will begin at the Multi-Purpose Center at 145 Birch St. and race day registration will run from 6:45 to 7:45 a.m. The Kids' K event will begin at 8 a.m., followed by the 5K event at 8:30 a.m. The pre-registration entry fee for the 5K is \$8 per person and \$10 on race day. The Kids' K entry fee is \$3.

"A free T-shirt is guaranteed on race day for all 5K participants who register by July 18," said Champeon. "And all Kids' K participants will receive a free painter's cap."

The event will have a male and female first and second place award in the categories of 18 and under, 19-29, 30-39, 40-49, 50-59 and 60 and over.

To register for the event or for more information, contact Champeon at 777-8603.