



# Maine Track Club

3 Grace Street - Portland, Maine 04103

Dear Club Member:

There will be no club meetings held in May or June. These seem to be very busy months for people. We can handle everything through the newsletter quite easily. Please read this newsletter very carefully, as it is very important in terms of the club being organized for upcoming events. Also, it is very discouraging to be asked 20 questions at a club meeting, with 18 of the answers being in the previous newsletter. It takes almost 3 hours of my time to get this out to you.

Many thanks to club members who worked at the Boy's Club Race, you made it a success. It could have been a complete zoo very easily. Fred Bowering, Bill Hogan, Barry Howgate, Shelia Colby, Brian Flanders, Jr. & Sr. and Roger Dutton, bad shoulder and all, the old vets really came through for us.

Some great running Patriot's Day by many club members. Jim Goodberlet and Larry Greer in the Boy's Club; "Raccoon" Larochelle a 3:20 at Boston, Kim Beaulieu under 3:20, also Bob Coughlin, Herb Strom, Danny Paul, Dick McFaul, and John Keller, despite a bad foot, super runs at Boston. Top club honors, Deane Gelinis, who broke 2:40. Running super races at Boy's Club and April Amble were Charlie Scribner and Jean Thomas, as well as Red Dean and Mike Collick. Great run by Greg Parlin at Amble. Top honors, Gene Coffin, a tremendous 2nd place in the tough Amble Race. Also a big PR for "Flash" Morong at the Boy's Club.

The club interval workouts will begin May 7th and be held every Wednesday at 6:30 at the Portland Stadium Track. It's a great workout and has helped many runners lower their times. I will be there every week, yelling at you, but also seeing you don't over-do it. It is a tremendous way to learn pace, which is the key to successful running. Some nights we had 40 people last year. Give it a try.

As many of you know by now, the Spring Club Party to be held at "The Max" was cancelled. To be completely honest, I was very embarrassed and upset with this. We were not fair to the Max owner, who put on a race, donated his building for our meetings, and gave us one Hell of a deal for the party. Nor were we fair to the club, as it was our function. The party flyer was in 2 newsletters, you were allowed to bring non-club friends, the price was very low. The excuses I heard for not attending were things that could have been done any weekend of the year. As it stands now, we may owe \$200-300 for a function we didn't even hold. I'm not trying to put the blame on anyone, as we made the mistake thinking it would be successful because of the club banquet. I'm simply saying I will stop spending my time organizing these functions and races if they are not supported. Every leader of such a club must crack the whip once a year. We have a big 2 months ahead of us. We have written Dr. Sheehan and invited him to run in our club race and speak at our banquet in December. I want our banquet to be even better than last year. This is a goal to work for, together. We need help from everyone in the upcoming club organized races. We can't rely on new club members only. Because of our active winter races most of the new members have worked their 3 races. It's a club effort starting now!

CLUB RACESCLUB INCOME

May 19	-	WGAN-TV 13K		Entry Fee's
26	-	Memorial Day Gorham 6 Mile	9:00 A.M.	Entry Fee's
June 7	-	Bethel Inn 10K	10:00 A.M.	Entry Fee's
8	-	Bethel Inn 13.1 Mile	10:00 A.M.	Entry Fee's
July 12	-	Cook's Corner 5 Mile		\$ 300.00
19	-	John Fyalka Memorial 10K		None - Donated to charity

I hope everyone can make the Bethel Inn "Weekend for Runners". You can make your reservation through me, by sending back the check-off list. It's a beautiful place. The club outing, a Lobster-Clam Bake, will be held right at the Inn Sunday afternoon. Plans are for a super softball game, also that afternoon. The cost will be around \$8.00 per person and will be collected that day.

As you have noticed, The John Fyalka Memorial 10,000 Meter Race will be held July 19 at S.M.V.T.I. in South Portland. The course will be the same as the Winter Village Cafe Race. For new members information, John Fyalka was one of the first members and founders of our club. Extremely well liked by everyone, he has been missed greatly. John would walk and run any place he had to go, because he was saving for his dream car. Two days after he got it, he was killed in an accident. The proceeds of the race will go to the Big Brothers Association, which John was deeply involved with. John's family will fly in from Illinois for the race, his father and brother, both active runners, will run. Needless to say, it's up to us to make this a race to remember. I'm trying to get sponsors for awards and T-shirts, but it takes a lot of time. We need your help with a donation. The field will be limited to 300 runners. Special T-shirts will go to the first 40 club finishers. I want every runner to receive a prize and make this a special race. We need your donation, whatever amount.

The club point system will be in the next newsletter. Also, it was decided at the last meeting to hold mailing the club membership list. Anyone who wishes their job profession listed, include this in the check-off list. If your looking for a race June 2, try the Camden 10,000. Great race in a beautiful little town. They have some big names running also.

I think I have just completed the longest newsletter in the history of the newsletter. Every club member must fill out this check-off list and send it to me in the next 5 days. We must be organized for these next couple months.

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\_\_\_\_ I will work at the WGAN-TV 13K on May 18.  
\_\_\_\_ I will work at the Gorham Memorial Day 6 Mile, May 26.  
\_\_\_\_ I will work at the Bethel Inn 10K, June 7.  
\_\_\_\_ I will work at the Bethel Inn 13.1, June 8.  
\_\_\_\_ Please make my weekend reservation at Bethel Inn. I enclose a non-refundable \$20.00 per person deposit, payable to Bethel Inn.  
\_\_\_\_ I will attend the Lobster-Clam Bake Club Outing, June 8, at the Bethel Inn to start at 2:00 P.M. Cost of \$8.00 per person collected on that day. I will bring \_\_\_\_ people, also.  
\_\_\_\_ I will work the Cook's Corner 5 Mile, July 12.  
\_\_\_\_ I will work the John Fyalka Memorial, July 19.  
\_\_\_\_ I will donate to the Fyalka Memorial, check payable to "Manhattan Trophy Co."  
\_\_\_\_ Please put my profession \_\_\_\_\_ on the club mailing list.

Send to: Brian Gillespie  
3 Grace Street  
Portland, Maine 04101

Club Member: \_\_\_\_\_