



Maine Track Club

3 Grace Street - Portland, Maine 04103

Dear club member:

The next meeting is Thursday, March 12th, 7:30 p.m. at the Public Safety Building in Portland. Don't forget the club run starting at 6 p.m.

I have obtained a great film to be shown- 1980 World Cup Track + Field Championships, color, sound, and 40 minutes in length.

Anyone who can work the St. Pat's Day 5k, please call Herb Strom- 799-7705. It is in the city, so we need a lot of help.

I have been contacted by the Brunswick Merchant's Assoc. They wish us to organize the Cook's Corner 5-mile run. I will give you the details, my views, at the meeting. I think we should vote on this matter and discuss it fully.

The Bethel Inn "Weekend for Runners" is now set for June 6-7. Those who stayed last year had a great time. 10k on Saturday, half-marathon on Sunday. I would like to see as many members as possible stay the weekend. The flyer will be in the next newsletter.

I have obtained more TAC forms which will be available at the meeting. Club member John Darling has asked me to mention that he has obtained DMSO, which he is now selling. Contact me if you are interested. Believe me, it works. I used it for my injured foot for quite some time. Most of the pro athletes are using it, as well as the colleges.

If anyone is interested in weekend 20-mile runs, contact Bob Coughlin. A group leaves his house every Sat. morning.

Let's have another good meeting! See you then.

Brian