pokeswoman said Campbell. It's a moderately Triathlon news

last Sunday in another new race. Roland Thibault took top honors



Invites you to the 1st Annual Lewiston/Auburn Division

June 8, 1996 Saturday





10:30 am cross-country 5K on rambling ski trails 9:00 am flat 5K on paved country roads

Two 5K Events

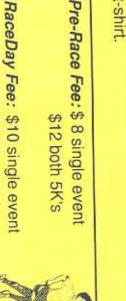
Racing Divisions:

\*Male/Female open \* 19 and under \* 20 -29\* \*30 - 39\* 40 - 49 \* 50 - 59 \* 60 and over

on wooded trails. Refreshments provided on the lawn, while each course will have a water stop. country roads (MTC pending). The cross-country race will be a fun opportunity to experience running accommodate registration and refreshments. The wheel measured paved course is along pleasant Features: Lost Valley Ski area in Auburn will be the site of both events. The base lodge area will Thanks to the folks at Lost Valley for offering this great opportunity for the Cities of the Androscoggin's only road race this season.

leading cause of death in Maine and the USA. The first 100 entrants will receive a commemorative Proceeds from this event will benefit the AHA's ongoing fight against heart disease and stroke - the

Pre-Race Fee: \$ 8 single event \$12 both 5K's



\$15 both 5K's

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