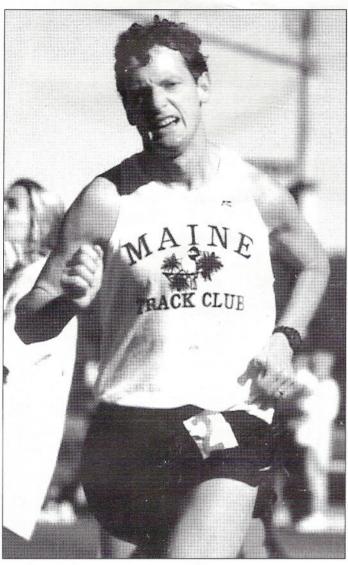
News-Run

Run with a friend ...

November 1998



Michael Payson headed toward a second-place finish at the NYLCare Maine Marathon. photo by Don Penta

Inside This Issue	
Nominees sought for MTC board	Page 3
Race results	Pages 5-8
Race schedule	Page 12

# November Meeting & Pot-luck Supper

#### Wednesday, Nov. 11, 1998, 6:30 p.m. Falmouth Congregational Church 267 Falmouth Road, Falmouth

Elections for the 1999 MTC board of directors are being delayed until December (see Page 3 for an explanation), so we'll be holding a pot-luck supper and recipe exchange at the Falmouth Congregational Church instead. Members are asked to bring a casserole or dessert item, along with the recipe for whatever item they bring.

The church is located next to the Falmouth Town Hall on Falmouth Road. From the Maine Turnpike, take Exit 10 (West Falmouth), turn left onto Route 100, take your first right onto Leighton Rd., then take another right at the end of Leighton Rd. From there, it'll be about a half mile to the church, which is on the left.



# 

## News-Run Notes

## MTC receives donation from Beach to Beacon 10K

In thanks for the club's contributions to the inaugural Beach to Beacon 10K, that race's board of directors recently presented the MTC with a check for \$1,000. Because the club's treasury is already in good shape, the MTC board is considering the idea of setting the \$1,000 aside and using it to somehow directly benefit members of the club. One idea is to put the money toward the cost of the banquet, thereby reducing the price for tickets. If anyone else has suggestions, we'd like to hear them.

## A presence in Hawaii

Thanks to Tom Peterson, the MTC recently got some publicity in Hawaii. A newspaper preview for last month's Big Island International Marathon in Hilo included a picture of the start of last year's race, and guess who was prominent in the photo, attired in his well-worn green and yellow MTC singlet? Tom also competed this year and covered the course in 3:48:22, good enough for 19th place overall out of 76 runners.

Speaking of publicity for the club, both Everett Moulton and Jane Dolley were pictured in the latest issue of RRCA's Footnotes. Everett received recognition for his election as RRCA's Eastern Region Director, and Jane was featured in an article that detailed the history of women in the RRCA hierarchy. Jane is one of only two women who have served as RRCA president.

## Donation made to Maine Running Hall of Fame

At the October board of directors meeting, the board voted to donate \$150 to the Maine Running Hall of Fame. This is a smaller donation than the club has made the past few years (it was \$300 last year), because the board felt that the club had already made a sizable contribution to the Hall of Fame when it agreed to manage the Maine Running Hall of Fame 5K, free of charge. The MTC didn't accept it's usual management fee for

that race, which proved to be very successful for a new event.

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Joe Guimond apologizes for not having a detailed financial report that could be included in the newsletter, but he assures us that the club treasury is in good shape. Prior to the marathon (which was a financial success again), the treasury had a balance of more than \$8,000.

#### 

My wife Marge is stepping down as co-director of the Pat's Pizza Clam Festival Classic after five years of service. She wishes to thank the many volunteers who have contributed their time and effort to help make the event one of the most popular races in the state.

## We need your input

**News•flun** Notes features news of interest about fellow MTC members. If you have some news to share about yourself or someone else in the club, please pass along the information by calling Marge or Bob Aube at 829-5079, sending e-mail to Bob at raube@sunjournal.com, or by mail to: Maine Track Club, Newsletter, P.O. Box 8008, Portland, ME 04104. The deadline for each issue is the 15th of the preceding month.

 News-Run Sponsors

 If you would like to become an individual News-Run run sponsor, please send \$10 to: Maine Track Club, P.O. Box 8008, Portland, ME 04104.

 To become a corporate sponsor, please mail your \$25 donation to the same address. Or, if you would like to have your business card included in News-Run, you can do so for just \$5 per month.

 Sponsor

 The Nielsen family

 Al and Carlene Sproul

# Nominees sought for 1999 board of directors

The club is still seeking people interested in serving on the board of the directors next year. At the time of this issue's publication, only a few people have officially announced that they plan on running for a position, so several key spots still need to be filled, including vice president, treasurer, secretary and race committee chairperson. Here's a complete list of positions that will be on the ballot:

## President Vice president Race committee chairperson Treasurer Secretary Membership chairperson At-large (3 positions)

Because the club's by-laws call for a complete list of nominees to be presented to the club membership before the election, the election will be delayed until the December club meeting. The current board of directors is currently gathering candidates for all the offices, and a complete list (along with an absentee ballot for those who can't make it to the December meeting) will be printed in next month's newsletter.

Anyone in the club is eligible to run for a position on the board, even those of you who have just joined. If you're interested in serving on the board or if you'd like to nominate a fellow club member, you can contact either John Gale at 775-5017 or Ann McGovern at 934-1825.



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# MTC Awards Nomination Form

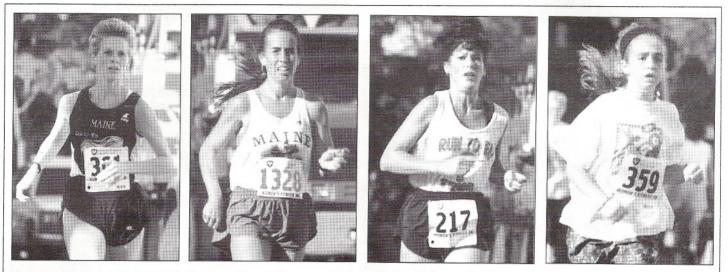
### **1998 Maine Track Club Annual Awards**

Please indicate your suggestions for the 1998 Maine Track Club Annual Awards and return this form to: Awards Committee, Maine Track Club, P.O. Box 8008, Portland, ME 04104. The deadline for nominations is December 1. Using the following categories, please list your nominees next to the appropriate award. Nominated persons should be Maine Track Club members. Award winners will be announced at the annual MTC Awards Banquet in January.

Outstanding Contributor to Ma	aine Running:	
	he Year — Male:	
	ne Year — Female:	
	lale:	
	emale:	
	— Open male:	
	— Open female:	
	— Masters male (40-49):	
	- Masters female:	
	— Senior male (50+):	
	— Senior female:	
	nner — Male:	
	nner — Female:	
	ner — Male:	
	ner — Female:	
	Year:	
	honer:	
	nding Service to the MTC:	
First-time Marathon Award —	Any member who has completed his o	or her first marathon in 1998
Name	Marathon	Time
Name	Marathon	Time
Name	Marathon	
	Marathon	

•

# Race Results Submitted by Don Penta



From left to right: Ann McGovern, Terry Sutton, Deborah Cassidy and Allison McCall

photos by Don Penta

	Harvard Pilgrim and The Maine Trac	k Club		38 Joan Lee	44	21:57	7:04
	Present The RRCA Avon Women's Series 5	K Road	Race	42 Sarah MacColl	42	22:28	7:14
	278 Female Finishers			44 Betty Rines	41	22:36	7:17
	Certified Loop Course in Downtown P	ortland	d	46 Deb Merrill	42	22:38	7:17
	8:30 a.m., Sunday, September 13,			50 Julia Drinker	37	22:48	7:20
	,,			70 Wendy Williams		23:30	7:34
	Top Overal! Finishers			73 Leah Edwards	28	23:41	7:37
	PLACE/NAME AGE	TIME	PACE	75 Jayne Hanley	40	23:56	7:42
	1 Christine Snow-Reaser 1, overall	17:56	5:46	86 Dianne Kazilionis	38	24:23	7:51
	2 Susannah Landreth 2, overall	18:11	5:51	88 Joan Tremberth 2,50-54	53	24:26	7:52
	3 Katie Payson 3, overall 33	18:38	6:00	103 Jeanne Johnson		25:19	8:09
	4 Laurel Valley 4, overall 36	18:43	6:01	105 Sherry Carll 3,50-54	51	25:26	8:11
	5 Cathy Allen 5, overall 32	18:59	6:07	108 Shelley Lathrop.	22	25:33	8:13
	6 Mary Meehan-Bates 1,30-34 32	19:02	6:08	116 Kelsey Barrett	15	25:55	8:20
	7 Kelly Rodrigue 2,30-34 34	19:07	6:09	118 Betsy Barrett	47	25:57	8:20
	8 Kelley Cullenberg 1,35-39 37	19:13	6:11	120 Diana Connell	43	26:05	8:24
	9 Libby Christensen 2,35-39	19:15	6:12	137 Taylor McFarlane	12	26:46	8:37
	10 Rhonda Benner 1,25-29 26	19:25	6:15	141 Karen Connolly	30	26:53	8:39
			0.10	142 Beverly Doughty	47	26:53	8:39
	Other Top Divisional Finishers			144 Meri Adams	45	26:59	8:41
	17 Nancy Kneeland (MTC) 1, overall mas .43	20:32	6:37	171 Rita Moulen	40	28:16	9:06
	18 Holly Kilner 20-24 22	20:33	6:37	174 Marge Aube	47	28:29	9:10
	21 Evelyn King 2, overall masters	20:40	6:39	178 Meaghan LaVangie	11	28:48	9:16
	22 Maureen Sproul (MTC) 3, over.mas42	20:45	6:41	180 Diane LaVangie	39	28:50	9:17
1	24 Ellen Bowden 45-49 45	20:58	6:45	187 Nancy Hewett	51	29:07	9:22
-		21:36	6:57	193 Allison McCall	g	29:29	9:29
		21:37	6:57	195 Alice Mellor		29:35	9:31
		23:31	7:34	199 Cheryl McCall.	42	29:35	9:32
		24:03	7:44	217 Nian Lyman-Lajoie	49	30:27	9:48
		25:28	8:12	218 Martha Payson 3,55-59	59	30:44	9:54
		27:11	8:45	230 Jane Dolley	50	31:54	10:16
		37:41	12:08	231 Susan Davenny	50	31:54	10:16
		51:01	16:25	235 Virginia Cross	55	32:20	10:24
	,,			237 Doreen Morrow	45	32:44	10:32
	Other Maine Track Club Finisher	s		239 Pat Buckley 2,60-64		33:04	10:32
		19:40	6:20	241 Leigh Mundhenk		33:12	10:41
		19:45		252 Donna Moulton	49	34:30	11:06
l		20:05	6:28	261 Maggie Soule	56	36:50	11:51
l		20:27	6:35	Los raggie oblication and a	50	30.50	11.91
		20:34	6:37	Many thanks to Everett Moulton and Bo	h Aub	e for co	molete
		21:42		results!	D AUD		inpicte
1			0.00	· · · · · · · · · · · · · · · · · · ·			1

# **More Race Results**

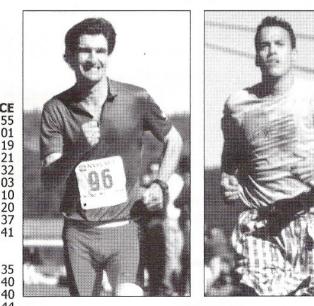
The 6th Annual Eliot Festival Day 5k	(Road Ra	ce	173 John LeRoy (MTC) 3,60-69 61 20:50	6:43
810 Finishers (333 Female & 47	7 Male)		191 Deborah Cassidy (MTC) 5,40-49 41 21:12*	6:50
Fast Certified Loop Course From South	<b>Eliot Fíre</b>	Barn	195 Dale Rines (MTC) 46 21:15	6:51
8:30 a.m., Saturday, September 2	6th, 1998		201 Heather Fogg 1,11-14 USAT&F 11 21:21*	6:52
0100 unit, outur unit, o op	,		212 Gary Punsky (MTC) 40 21:31	6:56
PLACE/NAME AGE	TIME	PACE	236 Brian Anderson 1,10&under 10 21:49	7:02
PLACE/NAME AGE 1 Chris Teague 1,19-29	14:37	4:43	239 Joan Lavin 1,50-59 50 21:54*	7:03
2 Al Bernier 2,19-29	14:40	4:44		7:07
3 Guy Steams 1,30-39 USAT&F	14:43	4:45	252 Ralph Butts (MTC) 37 22:11	7:09
4 Mike O'Brien 2,30-39 USAT&F	14:46	4:46	257 Nicole Slane 1,10&under USAT&F 9 22:16*	7:10
5 Dave Dunham 3,30-39 34	14:46	4:46	266 Sarah Parrott (MTC) 39 22:29*	7:15
6 Nivaldo Filho USAT&F 38	14:54	4:48	277 Wendy Williams (MTC) 45 22:44*	7:19
7 Kevin Way 3,19-29 1st, Maine 29	14:58	4:50	279 Harry White (MTC) 56 22:48	7:21
8 Dan Verrington 5,30-39 USAT&F	15:01	4:50	308 Mike Brooks (MTC) 52 23:18	7:30
9 Dereck Treadwell 4,19-29 2, Maine 23	15:05	4:52	317 Faye Lowrey 2,50-59 USAT&F 55 23:28*	7:34
10 Todd Coffin USAT&F 3, Maine 37	15:05	4:52	325 Kenneth Folsom 1,70&over USAT&F 72 23:36	7:36
11 Paul Hammond USAT&F 38	15:14	4:54		7:38
15 John Barbour 1,40-49 USAT&F 44	15:20	4:57	341 Jayne Hanley (MTC) 41 23:49*	7:40
18 Michael Payson (MTC) 35	15:45	5:05	348 Peter Scontras 2,70&over USAT&F 70 24:01	7:44
29 Molly Watcee 1, 19-29 27	16:48*	5:25	355 Sherry Carll (MTC) 3,50-59 51 24:12*	7:48
33 Steve Reed 1,50-59 USAT&F 50	16:59	5:28	364 Patricia Terrill 1,60-69 USAT&F 63 24:23*	7:51
39 Susannah Landreth 1,30-39	17:24*	5:36	378 Jennifer Lawrence (MTC) 4,15-18 18 24:32*	7:54
46 Liz Arcieri 2,30-39 USAT&F 36	17:51*	5:45	388 Denny Morrill (MTC) 59 24:37	7:56
50 Nathan Huppe 1,15-18 18	18:02	5:49	437 Taylor McFarlane (MTC) 12 25:23*	8:11
53 Christine Snow-Reaser 3,30-39 32	18:10*	5:51	450 Martin Losier 4,70&over USAT&F 75 25:33	8:14
54 Simonetta Piergentili 4,30-39	18:16*	5:53	503 Mary McCanley 3,60-69 USAT&F 66 26:27*	8:31
59 Will Lund (MTC) 43	18:22	5:55	546 Karen Connolly (MTC) 39 27:10*	8:45
65 Eric Johnson 1,11-14 USAT&F 13	18:30	5:58	596 Carlton Mendell (MTC) USAT&F 76 28:22	9:08
66 Kelly Rodrigue 5,30-39 2, Maine 34	18:31*	5:58	607 Marge Aube (MTC) 47 28:39*	9:14
102 Ann McGovern (MTC) 34	19:17*	6:13	609 Alice Mellor (MTC) 53 28:43*	9:15
115 Jennifer Goransson 1,15-18 USAT&F 15	19:31*	6:17	630 Phil Campbell USAT&F 80 29:05	9:22
120 Ed Doughty (MTC) 49	19:44	6:21	656 Nancy Stokes 1,70& over USAT&F 71 29:37*	9:32
122 Maureen Sproul (MTC) 1,40-49 42	19:49*	6:23	741 Pat Buckley (MTC) 4,60-69 60 32:56*	
136 Maryellen Fitzpatrick (MTC)	20:03*	6:28	748 Don Penta (MTC)	10:56
137 Kate Meyers (MTC) 38	20:04*	6:28	766 Julius Marzul (MTC) 72 35:36	11:28
147 Joe Hayes (MTC) 50	20:19	6:33		
150 Jim Boisvert (MTC) 41	20:21	6:33	Many thanks to Bob Teschek of GRANITE STATE RACE	ERVICES
158 Donald Bell 1,60-69 60	20:32	6:37	for complete results!	

The Maine Track Club Presents The 8th Annual NYLCare Maine Marathon 328 Finishers (81 Female & 247 Male) Certified Loop Course From Portland To Yarmouth And Back 8 a.m., Sunday, October 4th, 1998

Top Overall Finishers		
PLACE/NAME AGE	TIME	PAC
1 Leigh Schmitt 1, overall 26	2:34:55	5:5
2 Michael Payson (MTC) 2, overall 35		6:0
3 Christian Muentener 3, overall 24	2:45:43	6:1
4 Chad Faber 4, overall 25	2:46:26	6:2
5 Adam Tyson 5, overall 38		6:3
18 Cynthia Moreshead 1, overall 24		7:0
22 Mary Meehan-Bates 2, overall	3:07:46*	7:1
34 Angela Edgecomb 3, overall	3:12:27*	7:2
58 Sheila Donahue 4, overall	3:19:50*	7:3
69 Laura Lambert 5, óverall 30	3:21:20*	7:4

Other	Тор	Divisional	Finishers
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6 Greg Knapton 20-29 28	2:52:32	6:35
7 Mark Ewert 1, overall masters 40	2:54:48	6:40
8 John Mollica (MTC) 2, overall mas 46	2:54:51	6:40
 9 David Roberts (MTC) 3, over.mas 43	2:56:32	6:44
11 Bobby Aswell 35-39 35	2:57:16	6:46
	(Continued of	n page 7)



John Mollica, left, and Paul Aceto

photos by Don Penta

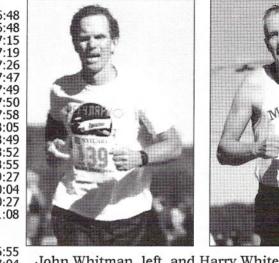
#### News•Run

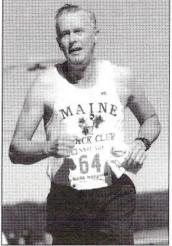
## **More Race Results**

(Continued from page 6)	2.50.12	<i>c</i> .
12 Joe Bertolaccini 30-34 32	2:58:12	6:
13 Daniel Welch 40-44 40	2:58:26	6:
27 Tom Dixon 50-54 51	3:09:56	7:
33 Craig Wilson 45-49 49	3:12:01	7:
41 Gilles Lamontagne 55-59 56	3:15:00	7:
82 Linda Jowett 35-39 35	3:24:10*	7:
85 Eileen Dunfey 1, overall masters 42	3:24:53*	7:
86 Kaitlyn Buckley 20-29 26	3:25:35*	7:
94 Colleen Redmond (MTC) 30-34 33	3:38:52*	7:
108 Sue Foster 2, overall masters	3:31:54*	8:
161 Cathy McCurdy-Dennen 3, over.mas. 45	3:51:00*	8:
168 Judith Smith 40-44 41	3:52:41*	8:
174 Marilyn Graves 45-49 48	3:53:47*	8:
230 Zoom Zorn (MTC) 60-64	4:07:46	9:
260 PollyKenniston (MTC) 60-64 USAT&F 61	4:23:45*	10:
283 Helene Hines 50-54 50	4:34:10*	10:
309 Burt Carlson 65&over 73	4:51:42	11:

#### **Other Maine Track Club Finishers**

15 Britt Wolfe 3,30-34	33	3:01:28	6:55
19 Dick Graves 3,40-44	43	3:05:24	7:04
25 Paul Aceto		3:09:39	7:14
42 John Whitman 2,50-54	53	3:15:27	7:27
46 Bob Coughlin 3,55-59	59	3:16:29	7:30
78 Craig Nelson	31	3:23:19	7:45
90 Alton Libby	40	3:27:15	7:54
137 Michael Doyle		3:40:29	8:25
171 Malcolm Washburn		3:53:30	8:54
178 Tom Kimer	49	3:54:58	8:58





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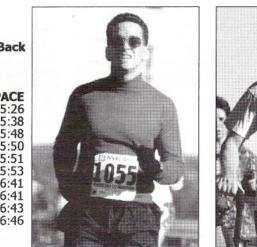
b	194 Denise Robertson	37	3:58:50*	9:07	
5	214 Harry White	56	4:03:09	9:16	
	223 Steve Jacobsen			9:22	
5	255 Steve Fox	32	4:22:25	10:01	
1	308 John Littlefield	42	4:48:38	11:01	
3	324 Carlton Mendell 2,65&over	76	5:42:41	13:04	

#### NYLCare And The Maine Track Club Present The Casco Bay Half Marathon 623 Finishers (249 Female & 374 Male) Certified Loop Course From Portland To Falmouth & Back 8 a.m., Sunday, October 4th, 1998

Top Overall Finishers					
PLACE/NAME AGE	TIME	PACE			
1 Timothy Harte 1, overall 30	1:11:17	5:26			
2 Morgan Laidlaw 2, overall 26	1:13:57	5:38			
3 Jeff Banger 3, overall	1:15:58	5:48			
4 T.J. Hesler 4, overall 29	1:16:28	5:50			
5 Ludo Bruyere 5, overall	1:16:39	5:51			
7 Joan Samuelson 1, over. USAT&F41	1:17:11*	5:53			
36 Laurel Valley 2, overall		6:41			
37 Terry Sutton (MTC) 3, overall 37	1:27:40*	6:41			
43 Christine Braceras 4, overall	1:28:01*	6:43			
46 Donna Hurley 5, overall USAT&F 41	1:28:37*	6:46			

#### **Other Top Divisional Finishers**

	613	
6 Guy Segars 35-39 38	1:16:49	
8 Dennis McIver 1, overall master USAT&F 47	1:18:09	
9 Steve Vighetti 20-29 29	1:19:05	
11 Phil Noyes 30-34 31	1:19:08	
12 Russell Wogan 2, overall master 43	1:19:13	
21 John Tarling 3, overall master 47	1:24:39	
26 Erik Seastead 40-44 41	1:25:52	
30 R.J. Harper 50-54 52	1:26:07	
33 Barry Fussell 45-49 45	1:26:42	
55 Mary Camire 3, overall master USAT&F 45	1:30:09*	
62 Mary Ann Doss 35-39 38	1:30:49*	
66 Lisa Sullivan 30-34 31	1:31:27*	
67 Maureen Sproul (MTC) 40-44 42	1:31:28*	
81 Bob Payne (MTC) 60-64 USAT&F 60	1:32:19	
85 Darren Winchenbach 19&under 17	1:32:52	





Clay Whiting, left, and Jed Wright

5:52 5:58

6:02

photos by Don Penta

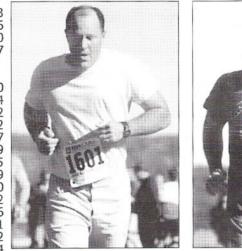
0.02			Priceso of as	
6:02				
6:03	99 Michael Beaudoin 55-59	56	1:34:03	7:10
6:27	105 Gretchen Read (MTC) 55-59 USATF.	55	1:34:39*	7:13
6:33	118 Hilary Murnane 20-29	25	1:35:38*	7:14
6:34	163 Rosalyn Randall (MTC) 45-49	48	1:39:11*	7:34
6:37	190 Linda Hanson 50-54 USAT&F	51	1:41:17*	7:44
6:53	275 Jane Levesque 2,55-59 USAT&F	57	1:45:05*	8:01
6:56	276 Louisa Dunlap 3,55-59 USAT&F	58	1:45:08*	8:01
	351 Marcy McGuire USAT&F	59	1:50:48*	8:27
6:59	412 Kiera Seekins 19&under	15	1:55:54*	8:50
7:03	428 George Johnston 65&over	65	1:56:50	8:55
7:05			(Continued o	n page 8)

## Page 8

News•Run

# **More Race Results**

C		
(Continued from page 7) 500 Sally Paterson (MTC) USAT&F	2:12:22* 2:15:24*	9:23 10:06 10:20 10:37
Other Maine Track Club Fin	ishers	
15 David Chamberlain 2,35-39 36	5 1:20:52	6:10 6:34
27 Clay Whiting		6:42
53 William Sproul		6:52
64 Carlos Philbrick		6:57
69 Erin Leighton 2,35-39 37	7 1:31:34*	6:59
86 Kate Meyers 3,35-39 38		7:05
90 Dan Hutchins 38		7:09
100 Loren Lathrop 49		7:10
102 Maryellen Fitzpatrick		7:12 7:16
112 George Campbell 51 131 Jeanne Hackett 39		7:21
134 Ed Doughty		7:22
165 Margaret Hazlett 32		7:34
166 John Morse 53		7:34
215 Donald Derby 54		7:49
226 Milt Dudley 46		7:51
227 Terry Clark		7:52 7:56
248 Jed Wright		7:59
273 Martha Deprez 2,50-54		8:01
284 James Boisvert 41		8:04
294 Mick McCall 44	1:46:23	8:07
296 George Cooper 42		8:07
306 Richard Scribner 47		8:09
312 John Merritt		8:11 8:15
329 Ralph Butts		8:19
350 Tully Derby		8:26
352 Neil Chivington 51		8:27
363 Jayne Hanley 41		8:32
398 Joe Pike 34		8:46
399 Richard Stephenson 49	1:54:55	8:46



Joe Pike, left, and Tom Mundhenk

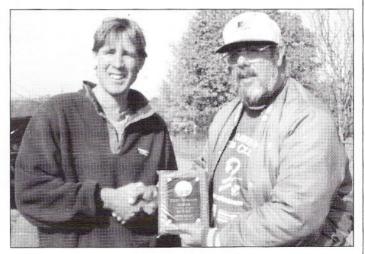
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	419 Billy Joe Hall	11	1:56:21	8:53
1	421 Chad Flynn	26	1:56:30	8:53
		42	1:56:42	8:54
	487 Tom Mundhenk	48	2:01:29	9:16
	495 Jessica Green	22	2:02:47*	9:22
1	496 Bob Green	50	2:02:47	9:22
	512 Al Mack	48	2:04:10	9:28
	513 Bill Davenny	53	2:04:11	9:28
	542 Beverly Doughty	47	2:09:41*	9:54
	560 Shannon Banks	35	2:12:10*	10:05
	575 Robb Cotiaux	42	2:15:30	10:20
	612 Julius Marzul 2,65&over	72	2:50:08	12:59
	619 Mark Clinch	42	3:13:50	14:47

Many thanks to computer chief Bob Aube for complete results to the NYLCare Maine Marathon and Casco Bay Half Marathon!

#### MTC 50-Miler At Brunswick Saturday, October 17, 1998

Name	Time
1. Ron Johnson	6:20:50
2. Linwood White	7:20:45
3. Michael Kent	
4. Frank Dudas Jr.	7:32:26
5. Craig Wilson	
6. Edwin Roth	
7. Rick Piermarini	8:34:27
8. Joe Hayes	8:38:40
9. Peg Ryan	8:40:06
10. Bruce Bell	8:53:06
11. Mike Brooks	8:58:52
12. Richard Busa	
13. Ron Paquette	
14. John Horvath	
15. Richard Lulin	9:51:41
16. Dianna Connell	10:02:54
17. Egor Egan	10:26:27
18. Dennis Collins	11:07:55



Race director Al Utterstrom presents the first-place plaque to Ron Johnson.

photo by Marge Aube

#### News•Run

## Welcome to our newest members

Russell Boisvert (47) 15 Higgins Street Portland, ME 04103 774-4209 (H) 647-3332 (O) Attorney

Rob Boudewijn (51) P.O. Box 3787 Portland, ME 04104

Vicki Bryant (40) 485 Rt. 202, Apt. 7 Greene, ME 04236 946-3128 (H) 795-2610 (O) RN, CMMC

Kevin Butterfield (28) 29 Tide Mill Road Portland, ME 04102 874-0668 Pharmaceutical Sales, Forest Pharmacy

Michael Cavanaugh (47) 39 Munjoy Street Portland, ME 04101 772-7371 (H) 284-4471 (O) Union Rep., UNITE/AFL-CIO

Jim Harmon (38) Gina Harmon (38) Chris Harmon (10) 37 Leeman Street Portland, ME o4103-2455 874-2942 (H) 780-4265 (O) Biologist, USM

George H. Entwistle (44) 2 Avon Road Cape Elizabeth, ME 04107 7991850 (H) 761-5678 (O) VP-Business, Hunter Danels, LLC

Robert Jolicoeur (61) P.O. Box 6305 Cape Elizabeth, ME 04107 (207)799-4127 (H) (941)482-6116 (O) General Manager, Jackson Hewitt Tax Service (We welcome Bob, a former MTC president, back to the club!)

Mickey Lackey (53) Kari Richardson (37) 3921 Quail Hollow Drive Raleigh, NC 27609-6007 (919)872-2003 Self-employed house painter (Mickey) Consultant, SAS Institute Inc. (Kari)

Stephen Merrill (40) 238 State Street, Apt. 3 Portland, ME 04101-2329 772-4155 Salesman (self-employed), S.C. Merrill Sales & Marketing Consulting Co.

"I have now run a couple of more formally organized road races in my current lifetime, on schedule, as is....I have a great desire to begin a very practical program of fitness, exercise, and athletics, as soon as possible..." Payson Oberg (F,31) 267 York Street, Apt. 2 Portland, ME 04102 Physician, Maine Med.

Margaret Gralow Reimann (44) 44 Meadow Lane Cumberland, ME 04021 829-4429 (H) 874-8220 (O) Teacher, Portland Public Schools

"Inspiration: People's Beach Race! My interest in the MTC is to learn about future races, particularly during the fall/winter season. I have been running for 3 months. Racing experience: Harvard Pilgrim Women's Fitness Race (26:17); Hall of Fame 5K (25:00)."

Matt Thayer (34) P.O. Box 721 Portland, ME 04104-0721 798-1743 (H) 287-1594 (O) Public Utilities Commission

Katherine Tibbetts (49) 55 Garden Avenue Gorham, ME 04038-1106 839-6135 Postal Service

Beth Wilson (43) 32 Melden Drive Brunswick, ME 04011 725-2021 (H) 729-5577 (O) Teacher, Brunswick School System

# Notice about race fliers

Anyone who wishes to have their race fliers included in the Maine Track Club newsletter must submit the fliers and a payment of \$40 by the 15th of the month. Fliers will not be included in any mailing if not accompanied by the \$40 service fee. The fee applies only to races not run by the MTC, so if a race fee is already being paid to the club, there is no charge for race fliers.

## **MTC** Discounts

The following area sporting goods stores have agreed to give MTC members discounts on running shoes and running clothing. It is necessary that you show your 1998 club ID card when requesting discounts.

> Peak Performance Sports 59 Middle St., Portland 15% on all purchases

Olympia Sporting Goods Maine Mall, South Portland 10% on shoes only

Yankee Sports 35 Foden Road, South Portland 10% on shoes only

Coastal Athletics 84 Cove St, Portland Asics shoes exclusively Discounts according to model Call ahead for Ron Kelley 772-4530

George and Phillips, Inc., Route 1, Kittery; 295 Water St., Exeter, N.H. These are Nike Outlet Stores featuring slightly defective or blemished shoes at reduced prices. All top quality regularly. Shoes 20% off

Lamey Wellehan Maine Mall; Falmouth Shopping Center; Cook's Corner; Auburn Mall 10% on running shoes

MVP Sports 333 Clarks Pond Pkwy., South Portland 10% on non-sale running shoes and clothing

Famous Footware 330 Clarks Pond Pkwy., South Portland Also Auburn and Kittery 10% on running shoes



## **Group runs**

The Maine Track Club includes all kinds of runners doing many different distances and paces ... from the weekend jogger to the daily 20-minute runner to the serious road racer.

Whatever your pleasure may be (social, speed, long distance), we probably have a running/training group near your area. For more information, contact any of the following:

### Brunswick

Long runs on weekends and track and tempo workouts during the week. Times vary, so it's best to call. Contact John LeRoy (725-8680).

## Kennebunk

The Kennebunk Road Warriors run weeknights in Kennebunk. Contact Steve Jacobsen (985-4107) or Nancy Kneeland (985-8100).

## Portland

The USM Morning Group runs at 5:45 a.m. daily from the USM gym. Contact Mel Fineberg (774-8868) or Ruth Hefflefinger (797-4625).

The Rat Pack runs Sunday mornings at 7 a.m. from Payson Park. Contact Ron Deprez (772-4312) or Mike Reali (829-2014).

YMCA Noon Runs from the YMCA on Forest Ave. Contact Marla Keefe (775-9620) or Mike Pratico (874-1111).

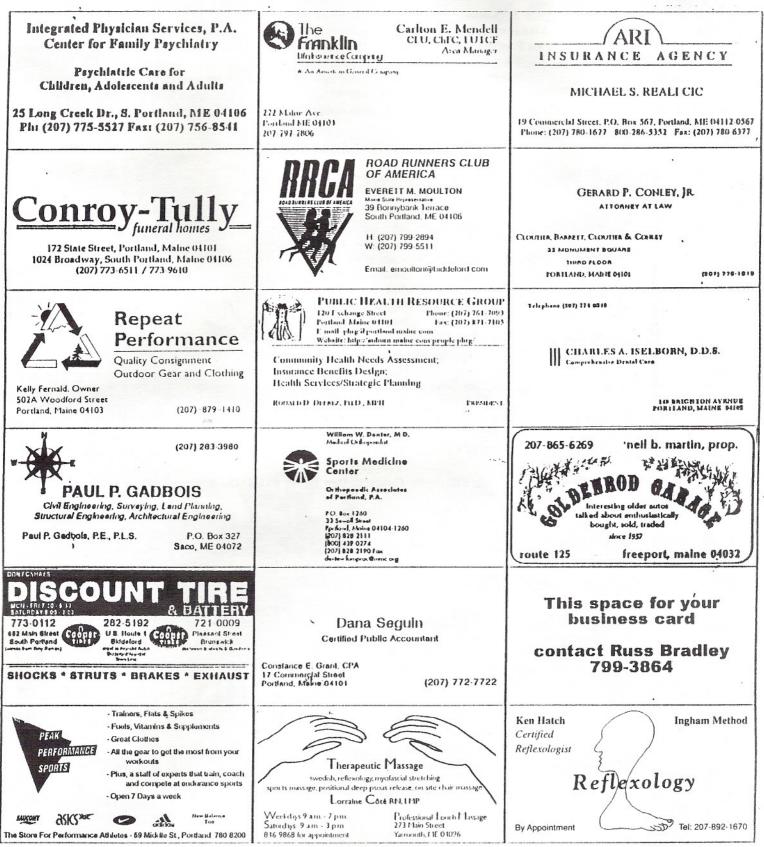
The Maine Front Runners, a gay and lesbian running club, runs from Back Cove across from Shop 'n Save on Saturday mornings at 9 a.m. Contact Jim Estes (761-2059).

## South Portland

South Portland Road Runners run Thursday nights at 5:30 p.m. from the high school. Contact Russ Bradley (799-3864) or Donna Moulton (799-2894).

If you know of a group run that isn't listed above, please contact either Bob or Marge Aube (829-5079) to let us know where, when and a contact person for inclusion in the monthly newsletter.

# **Support these MTC members in business**



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News•Run

USA Track & Field

## **MTC 1998 Officers and Committee**

John Gale
Marge Aube
Mike Reali and Terry Sutton
Joe Guimond
Alyce Schultz
Maggie Soule
Everett Moulton
Ann McGovern

President Vice President Past Presidents Treasurer Secretary Membership Race Committee At-Large 

 775-5017
 Charlie Scribr

 829-5079
 Howard Spear

 829-2014
 Steve Fox

 761-8634
 Bill Devoe

 780-9805
 Don Penta

 846-3631
 Dale Rines

 799-2894
 Bob Aube

 934-1825
 Double Comparison

ner	At-Large	772-5781
r	At-Large	856-6496
	Clothing	799-8840
	Equipment	761-0602
	Statistician and Photography	892-4526
	<b>Course Certification</b>	854-2481
	Newsletter	829-5079

## **Upcoming Races**

November 7 Capital City 5K, Augusta, 9:30 a.m. Contact: Tom Wells 685-3332. November 14 Great Osprey Ocean Run 10K, Freeport. Contact: Charlie Scribner 865-6171. November 22 Brewer Turkey Trot 5K, 1 p.m. Contact: Dave Jeffrey 825-3403 Shop 'n Save Turkey Trot 5K, Cape Elizabeth, 9 a.m. Contact: 741-2084. November 26 Portland Thanksgiving Day 4-Miler, 9 a.m. Contact: George Towle 780-5595. Gasping Gobbler 10 K / Turkey Two Miler, Augusta , 10 a.m. Contact: John Schwerdel 623-8086. November 28 Gorham Recreation 5K, 8:30 a.m. Contact: Don Cross 839-5034. December 5 Season's Greetings 5.5-Miler, Madison, 11 a.m. Contact: Ron Paquette 437-9237. December 20 Bob Marley Toys for Tots 5K, Portland, 10 a.m. Contact: 781-3134. February 7 Mid-Winter 10 Mile Classic, noon, Cape Elizabeth. Contact: Don Penta 892-4526, Jeanne Hackett 766-5026 or Ray Shevenell 799-6219.

# Wanted: New *News•Run* Editor

After four years as editor of NewsRun, I've decided it's time to move on to a new position within the club and turn the newsletter duties over to someone else. So in addition to all the positions on the board of directors that need to be filled, we're also looking for someone to take over the newsletter. This would be a good opportunity to give the newsletter a fresh new look if there's a creative person out there who's willing to take up the challenge. If you're interested in the position or know someone who might be, please contact me at 829-5079 (home) or 1-800-482-0759 ext. 283 (work).

