



# News•Run

Run with a friend ...

June 1998

## From the Presidential Suite ...

By the time you get this newsletter, the spring marathon season will be over. Congratulations to all those who ran Boston, Burlington, Sugarloaf, and other races.

We have had an excellent series of speakers this year thanks to the effort of Marge Aube. Participation, however, has been sparse. The meeting is always held on the second Wednesday of every month at the Machine Tool Auditorium unless otherwise announced. Please make an effort to attend if possible. It is a great chance to get to know other members of the club and support our speakers program.

The June meeting will be less formal. We will have a picnic and fun run at Fort Williams in Cape Elizabeth. All members as well as family and friends are welcome. Each family is responsible for bringing their own meals and beverages. Grills can be set up for those who need them.

Steve Fox has put in a great deal of effort in finding new uniforms. We saw samples at the last board meeting and they are very attractive. The shorts are dark green with a white Coolmax singlet and are of very good quality. The discounted price to members will be \$28 after the club's contribution. I hope the membership takes advantage of this offer. The uniforms are very distinctive and help to highlight our Club. I hope to see a large number of MTC uniforms at the races this summer.

Good luck with your summer running.

—John Gale

## Upcoming meetings

**July 12: MTC barbecue at  
Winslow Park, Freeport**

**September 9:**

**Speaker — Kim Moody**

## June MTC Meeting and Picnic

**Wednesday, June 10, 1998, 6:30 p.m.  
Fort Williams, Cape Elizabeth**

Instead of the usual monthly meeting at Southern Maine Technical College, the June meeting will be held outdoors (weather permitting) at Fort Williams in Cape Elizabeth. We'll gather for a brief meeting, then enjoy a short run followed by a picnic. The club won't be supplying food and beverages for this one (that'll come at next month's barbecue), so everyone is on their own.

In the event of rain, we will meet instead at South Portland House of Pizza, located on Shore Road on the way to Fort Williams.

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## News•Run Notes

### MTC's Lane nominated for Teacher of the Year

MTC member Betsy Lane, a third- and fourth-grade teacher at Yarmouth Elementary School, has been chosen as one of nine regional finalists for the Maine Teacher of the Year award. Such recognition isn't a big surprise, considering that Lane was named Yarmouth's Teacher of the Year in 1997. The field of regional nominees for the Maine Teacher of the Year award will be narrowed to three finalists in September, and the winner will be selected in October.

Success runs in the Lane family. Betsy's son, Matt, a former track and cross country state champion at Yarmouth High School, has qualified for the NCAA Division I track and field championships in the 5,000 meters. Matt, a sophomore at William & Mary, finished 16th in the NCAA Division I cross country championships in November after winning the East Regional. He has already lowered his 5,000 PR to 13:48.

### Kenniston takes home award from Cherry Blossom 10-Miler

Polly Kenniston's trip to Washington, D.C., for the Cherry Blossom 10-Miler on April 5 proved to be worthwhile. Kenniston placed second in the 60-64 age group with a time 1:29:29.

### From Hawaii to Maine

The MTC's most distant member, Hawaii resident Tom Peterson, writes that he'll be returning to Maine for vacation again this summer and plans to partake in several races. He'll be in Maine from June 18 to July 17, which means he'll just miss Oakhurst on one end and Pat's Pizza on the other. But you can catch up with Tom at the Literacy Volunteers 5K, 4 on the Fourth in Bridgton or the Kennebunk Beach Improvement Association 5K, among other races.

### KBIA confusion

Speaking of the KBIA 5K, there has been much confusion about the date for this year's race, and about whether it is an MTC event. The race is not sponsored by the MTC this year, although it will be directed by club member David McCullough. It is scheduled for Sunday, July 12, at 9a.m.

### Payson wins Columbia Triathlon

Katie Payson, the sister of MTC member Michael Payson was the first female finisher recently at the Columbia Triathlon in Columbia, Md. Payson finished the course (1.5K swim, 41K bike ride, 10K run) in 2:14:22.

### We need your input

*News•Run* Notes features news of interest about fellow MTC members. If you have some news to share about yourself or someone else in the club, please pass along the information by calling Marge or Bob Aube at 829-5079, sending e-mail to Bob at [raube@sunjournal.com](mailto:raube@sunjournal.com), or by mail to: Maine Track Club, Newsletter, P.O. Box 8008, Portland, ME 04104. The deadline for each issue is the 15th of the preceding month.

## News•Run Sponsors

If you would like to become an individual *News•Run* run sponsor, please send \$10 to: Maine Track Club, P.O. Box 8008, Portland, ME 04104.

To become a corporate sponsor, please mail your \$25 donation to the same address. Or, if you would like to have your business card included in *News•Run*, you can do so for just \$5 per month.

**Sponsor**

**The Nielsen family**





## MTC Returns to YANKEE HOMECOMING 10 Mile Championship and 3 Mile Races

Dear Members,

This will be our fourth annual trip to the Yankee Homecoming Races in Newburyport, Massachusetts. This years date is Tuesday **July 28, 1998**. Don't miss it!!!

Since it's inception in 1995, this trip has been one of the Maine Track Club's top social events of the year.

Keep in mind that there are two races, a 10 miler and a 3 miler. The 3 miler begins at 6:30 PM followed by the 10 miler at 6:40 PM. There are more than 3,300 participants in both races combined. The 10 miler is the USATF-NE Championship. The festival atmosphere surrounding the races with the spectators lined five deep along the picturesque courses has earned this race its' reputation as one of the best in New England. Add to this a plentiful supply of post race food and refreshments, and you have a great event.

It will be fun to travel to this race again as a group!!

A 47 passenger bus has been reserved for Maine Track Club Members and their families to join us for this evening trip. If the bus capacity is exceeded, we will make additional arrangements for transportation. Runners and non-runners are welcome so **Sign up early** to reserve your seat on the bus.

The bus will leave the Mainline Tours Bus Terminal at 184 Main Street (Route #1) South Portland on Tuesday, July 28, 1998 at **4:00 PM Sharp** in order to arrive in Newburyport by 5:30 PM. The cost of the bus ride is \$12.00 per person. There is plenty of parking at the South Portland Bus Terminal. We plan to arrive back in South Portland by 10:00 PM.

To participate please follow these instructions:

1. Complete the enclosed Race Application with a signed release.
2. Indicate your intent to ride the bus by completing the enclosed form with your name, address and phone numbers.
3. Make **ONE** check for the bus and race fees made payable to the MAINE TRACK CLUB including \$12.00 per person for the bus and the appropriate race entry fee(s) - \$12.00 for the 10 Miler and \$7.00 for the 3 Miler.
4. Mail race application, bus form and **ONE** check to:  
     Russ Bradley  
     4 Westfield Road  
     Cape Elizabeth, Maine 04107-2604
5. Arrive at the Mainline Bus Terminal by **4:00 PM** on July 28, 1998 to join the **FUN!**  
 Race Numbers - which assure you of a T-shirt - will be distributed to pre registered runners as you board the bus.

The deadline for returning your check and application is **July 1**. **NO REFUNDS** will be given for bus transportation or race entry fees.

For more information contact one of the following:

Russ Bradley 799-3864    Everett Moulton 799-2894    John Gale 775-5017

## Upcoming Races

### June 6

Nubble Light Runaway 10K, York. Contact: 363-1040.  
 Woody Allen Memorial 5K, Norway, 10:30 a.m. Contact: 743-2281.  
 Cannon Ball Run 5K, Caribou, 10 a.m. Contact: Lloyd Thibodeau 498-2231.

### June 13

Joseph's 5K, Bruce Bickford Open Mile and Bruce Ellis Masters Mile, Fairfield, 8 a.m. Contact: David Benn 873-0363.  
 Orono Festival 4 Mile & 1K fun run, 9 a.m. Contact: Orono Parks & Recreation  
 MDI YMCA Spring 5K & 1-mile fun run, Bar Harbor, 9:45 a.m. Contact: Sharyn Kingma 244-5308.

### June 14

**Oakhurst 4-Miler, Portland, 9 a.m. Contact: Charlie Scribner 772-5781.**  
 Women's Fitness Studio 5K, Brunswick, 9 a.m. Contact: Jim McCorkle 781-RACE.  
 Hampden 8.5-Miler, 8:30 a.m. Contact: Skip Howard 223-4715.

### June 17

Habitat for Humanity 4-Miler, Portland, 6 p.m. Contact: Charlie Scribner 781-RACE.

### June 19

Doc's Tavern 3-Miler, Saco, 7 p.m. Contact: Charlie Scribner 781-RACE.

### June 20

New Sharon Bicentennial 5K, 9:30 a.m. Contact: Ed Ferriera 778-9235.

### June 27

Tour du Lac 10-Miler, Bucksport, 8:30 a.m. Contact: Joan Merriam 469-2019.  
 Strawberry Festival Run (5 miles) and Walk (2.5 miles), South Berwick. Contact: 698-5817.  
 Mapleton Daze Dash 6K, 9 a.m. Contact: Dave Rand 455-4850.

### June 28

Gardiner 5-Miler, 8 a.m. Contact: John Schwerdel 623-8086.  
 Literacy Volunteers 5K, Falmouth, 9 a.m. Contact: Jim McCorkle 781-3134.  
 S.W. Collins 5K, Caribou, 9:30 a.m. (kids' 1K at 9 a.m.). Contact: Sam Collins 492-0291.

### July 4

Bridgton 4 on the Fourth, 8 a.m. Contact: Jay or Lorraine Spenciner 647-3347.  
 L.L. Bean 10K, Freeport, 7:30 a.m. Contact: Charlie Scribner 781-RACE.  
 Walter Hunt 3K, Brewer, 10:45 a.m. Contact: Dave Torrey 942-1988.  
 Four on the 4th Road Race, York. Contact: 363-1040.  
 Houlton 8K, 9 a.m. Contact: Houlton Rec Dept 532-1310.

### July 8

Summer Fun Run Series (half-mile, mile, 5K), Falmouth, 6:30 p.m. Contact: Jim McCorkle 781-3134 or Roland Thibault 854-5168. (Every Wednesday through early-August).

### July 10

Mustard Mile, Caribou, 6 p.m. Contact: Paul Lamoreau 764-6517 or Caribou Rec. Dept 532-1310.

### July 11

Otisfield Bi-Centennial 5K, 9 a.m. Contact: 781-RACE.  
 Hermon Fun Day 10K, 8 a.m. Contact: Steve Tuckerman 848-5447.

### July 12

Pottle Hill 10K, Mechanic Falls. Contact: 345-3511.  
 Kennebunk Beach Improvement Association 5K, Kennebunkport, 9 a.m. Contact: David McCullough 967-0113.

### July 18

**Pat's Pizza Clam Festival 5-Miler, Yarmouth, 8 a.m. Contact: Marge Aube 829-5079 or Ron Pelton 846-9039.**  
 Potato Blossom 5-Miler, Fort Fairfield, 9 a.m. Contact: Paul Lamoreau 764-6517.  
 Old Hallowell Day 5 Mile Road Race, 8 a.m. Contact: Kay Rand 622-1047.  
 Loon Call 5K, Smithfield, 8 a.m. Contact: Fawn or John Paradis.

### July 24

Ocean Park 5K, Old Orchard Beach, 7 p.m. Contact: Paul Casey 284-7487.

### July 25

Casco Days 4-Miler. Contact: 781-RACE.  
 Peaks Island 5-Miler. Contact: 781-3134.

**Note: MTC races are in bold**

For the latest race schedules and information, call the MTC hotline at 741-2084 or visit the Sub5 web site at <http://www.finishlynx.com/sub5>



# Race Results

Submitted by Don Penta

The MTC And The Greater Portland Boys & Girls Club Present  
The 69th Annual Patriots Day 5 Mile Road Race  
581 Finishers (147 Female & 334 Male)  
Certified Loop Course From The Portland Boys & Girls Club  
Noon, Monday, April 20, 1998

"\*" following finisher's time indicates a female finisher.

"USAT&F" after runner's name indicates that the runner  
qualified for national ranking according to standards established  
by USA Track & Field's National Running Data Center.

## Top Overall Finishers

PLACE/NAME	AGE	TIME	PACE
1 Todd Coffin 1,overall USAT&F.....	36	24:46	4:57
2 Bob Winn 2,overall USAT&F.....	39	25:22	5:04
3 Kevin Way 3,overall.....	28	25:57	5:11
4 Robert Ashby 1,19-29.....	29	26:21	5:16
5 Michael Payson (MTC) 1,30-39.....	34	26:32	5:18
32 Ann Bokman 1,overall.....	29	29:46*	5:57
33 Denise Harlow 2,overall.....	27	29:54*	5:59
49 Mary Meehan 3,overall.....	32	31:17*	6:15
54 Laurel Valley (MTC) 1,30-39.....	35	31:53*	6:23
67 Angela Edgecomb 2,30-39.....	30	32:42*	6:32

## Other Top Divisional Finishers

9 Andre Sirois 17-18.....	17	27:45	5:33
15 George Towle (MTC) 40-49.....	47	28:25	5:41
21 Guy Berthiaume 50-59 USAT&F.....	52	28:51	5:46
42 Blake Davis 13-14 USAT&F.....	13	30:48	6:10
73 Rylan Shook 15-16.....	16	32:57	6:35
81 Carol Hogan (MTC) 40-49 USAT&F.....	47	33:05*	6:37
97 Carrie McCusker-Brady (MTC) 19-29.....	28	33:41*	6:44
145 John LeRoy (MTC) 60-69.....	61	35:13	7:03
177 Janelle Beaudry 13-14.....	13	36:14*	7:15
194 Nicole Belanger 17-18.....	18	36:36*	7:19
238 Samantha Pelletier 15-16.....	15	37:41*	7:32
380 Polly Kenniston (MTC) 60-69 USAT&F.....	61	41:29*	8:18
434 Donayee Pettingill 50-59.....	53	43:25*	8:41
574 Julius Marzul (MTC) 70&over.....	71	57:45	11:33

## Other Maine Track Club Finishers

13 Paul Greene.....	26	28:11	5:38
20 Jim Toulouse.....	49	28:47	5:45
24 David Mann.....	27	29:07	5:49
28 John Mollica.....	45	29:19	5:52
36 Tom Menendez.....	44	30:30	6:06
40 Michael Boucher.....	40	30:35	6:07
41 Will Lund.....	42	30:43	6:09
43 Britt Wolfe.....	32	30:51	6:10
46 Dennis Smith.....	48	31:00	6:12
52 John Carpenter.....	39	31:46	6:21
78 Les Berry.....	50	33:02	6:36
79 Alison Kisch.....	32	33:03*	6:37
83 Bob Coughlin 3,50-59.....	59	33:06	6:37
85 Nancy Kneeland 2,40-49.....	43	33:07*	6:37
86 John Whitman.....	53	33:09	6:38

93 Summer Weeks.....	49	33:32	6:42
103 Gail Turner.....	38	34:02*	6:48
113 Michael Doyle.....	33	34:19	6:52
114 Kate Meyers.....	37	34:22*	6:52
120 Stephen Nelson.....	31	34:29	6:54
122 Daniel Hogan.....	47	34:30	6:54
123 James Boisvert.....	41	34:31	6:54
136 Maryellen Fitzpatrick.....	37	34:58*	7:00
138 John Morse.....	52	35:00	7:00
143 Colleen Redmond.....	33	35:11*	7:02
146 Jim Estes.....	48	35:14	7:03
150 Kevin Butterfield.....	27	35:22	7:04
160 Roger Fenn.....	51	35:41	7:08
161 Neil Martin.....	55	35:42	7:08
162 Carol Weeks.....	49	35:42*	7:08
169 Richard Scribner.....	46	35:53	7:11
189 Terry Clark.....	53	36:29	7:18
204 Dana Seguin.....	44	36:47	7:21
207 Kevin Fifield.....	32	36:52	7:22
212 Dale Rines.....	45	37:02	7:24
214 Michael Ianno.....	38	37:04	7:25
219 Stephen DiPalma.....	42	37:11	7:26
223 Mike Brooks.....	52	37:13	7:27
260 Dan Sobel.....	50	38:15	7:39
277 Mich McCall.....	44	38:45	7:45
284 Milt Dudley.....	46	38:55	7:47
286 Harry White.....	55	38:58	7:48
287 Dick Lajoie.....	57	39:00	7:48
290 Tom Mundhenk.....	48	39:05	7:49
294 Richard Cavanaugh.....	65	39:09	7:50
295 John Littlefield.....	42	39:11	7:50
302 Earl Smith.....	42	39:20	7:52
307 Don Russell.....	60	39:27	7:53
315 Steve Fox.....	31	39:48	7:58
324 Ed Haley.....	41	40:00	8:00
334 Jeff Flynn.....	41	40:20	8:04
348 Cathy Burnie.....	49	40:51	8:10
349 Jeff Nixon.....	48	40:53	8:11
373 Diane Daley-Kelley.....	42	41:16*	8:15
376 Dennis Morrill.....	58	41:23	8:17
385 Bob McArtor.....	58	41:44	8:21
387 Chuck Burnie.....	43	41:46	8:21
390 Jack Nyhan.....	66	41:52	8:22
440 Scott W. Cook.....	37	43:34	8:43
442 Melanie Collins.....	31	43:36*	8:43
467 Phillips Sargent.....	52	45:00	9:00
495 Annette Elowitch.....	55	45:57*	9:11
503 Cathy Siebold.....	44	46:25*	9:17
506 Cheryl McCall.....	41	46:48*	9:22
507 Phil Bartlett.....	50	47:01	9:24
509 Arthur Bell.....	46	47:09	9:26
534 Donald Johnson.....	67	48:41	9:44
538 Mel Uchenick.....	67	48:57	9:47
572 Ruth Hefflefinger 3,60-69.....	69	57:26	11:29

Many thanks to Howard Spear and the technical computer team for complete results!

## Notice about race fliers

Anyone who wishes to have their race fliers included in the Maine Track Club newsletter must submit the fliers and a payment of \$40 by the 15th of the month. Fliers will not be included in any mailing if not accompanied by the \$40 service fee. The fee applies only to races not run by the MTC, so if a race fee is already being paid to the club, there is no charge for race fliers.



## More Race Results

**The University Of New England Presents  
The April Amble 4-Miler  
224 Finishers (73 Female & 151 Male)  
Certified Loop Course From Westbrook College, Portland  
10 a.m., Saturday, April 25, 1998**

### Top Overall Finishers

PLACE/NAME	AGE	TIME	PACE
1 Todd Coffin 1,overall	36	19:53	4:58
2 Scott Brown 2,overall	39	21:10	5:18
3 Greg Knapton 3,overall	27	21:40	5:25
4 Allan Muir 4,overall	43	21:52	5:28
5 Roland Thibault 5,overall	30	22:11	5:33
21 Katie Payson 1,overall	33	24:50*	6:13
27 Libby Christenson 2,overall	35	25:43*	6:26
30 Monica MacDonald (MTC) 3,overall	31	26:04*	6:31
34 Rebecca McGovern 4,overall	35	26:12*	6:33
36 Carol Hogan (MTC) 5,overall	47	26:27*	6:37

### Other Top Divisional Finishers

6 Paul Greene (MTC) 25-29	26	22:30	5:38
8 Paul Fagan 40-44	42	22:57	5:44
9 David Howard 30-34	31	23:05	5:46
10 Kirby Davis 11-14	13	23:46	5:57
13 Marlin Conrad (MTC) 45-49	45	24:18	6:05
14 Toby Brewster 35-39	36	24:20	6:05
38 Carrie McCusker (MTC) 25-29	28	26:44*	6:41
44 Michael Beaudoin 55-59	55	27:11	6:48
51 Jenn Bergeron 19-24	22	27:32*	6:53
52 Colleen Redmond (MTC) 30-34	33	27:34*	6:54
56 Todd Pralx 19-24	19	27:46	6:57
58 Tim Merritt (MTC) 15-18	18	27:50	6:58
62 Joan Lavin (MTC) 50-54	50	27:58*	7:00
65 Kathy Hepner 35-39	37	28:05*	7:01
67 Deborah Cassidy 40-44	41	28:18*	7:05
70 Morgan Adams 15-18	16	28:20*	7:05
81 Carol Weeks (MTC) 45-49	49	28:44*	7:11
105 Frank Knight (MTC) 50-54	52	30:10	7:33
110 John Howe 60-64	63	30:20	7:35
127 Richard Cavanaugh (MTC) 65-69	65	31:03	7:46
152 Marcy McGuire 55-59	58	32:51*	8:13
175 Robert DiDonato, Jr. 10&under	10	34:35	8:39
187 Maria Loretto 11-14	11	36:04*	9:01
192 Carlton Mendell (MTC) 70&over	76	36:23	9:06
219 Ashley Morgan 10&under	10	42:00*	10:30

### Other Maine Track Club Finishers

11 Mike Pratico 2,30-34	32	23:47	5:57
16 Britt Wolfe	32	24:25	6:06

18 Will Lund 2,40-44	43	24:33	6:08
39 Michael Doyle	33	26:48	6:42
46 Kevin Butterfield	27	27:18	6:50
48 Richard Scribner	46	27:27	6:52
59 Kevin Conley	28	27:53	6:58
69 Brent Graham	28	28:19	7:05
73 Joan Lee 2,40-44	44	28:26*	7:07
75 Mick McCall	44	28:34	7:09
76 Willie Sproul	40	28:36	7:09
86 Gary Punskey	40	28:50	7:13
92 John Merritt	47	28:57	7:14
94 Dana Seguin	44	29:04	7:16
97 Sarah Parrott	39	29:13*	7:18
98 Ralph Butts	37	29:15	7:19
103 Mike O'Brien	31	29:50	7:28
115 Milt Dudley	46	30:39	7:40
123 Harry White	55	30:58	7:45
124 Deb Merrill	42	30:59*	7:45
130 Neil Chivington	50	31:20	7:50
132 Jeff Flynn	41	31:23	7:51
139 Cathy Burnie 2,45-49	49	31:52*	7:52
141 Chuck Burnie	44	31:58	8:00
142 Denny Morrill	58	32:14	8:04
144 Maureen Sproul	42	32:21*	8:05
145 Jayne Hanley	40	32:24*	8:06
146 Jim McFarlane	41	32:24	8:06
155 Ron Chase	57	32:56	8:14
156 Jim Estes	48	33:06	8:17
161 Shep Stephenson	15	33:46	8:27
164 Richard Stephenson	48	33:55	8:29
168 Laurence Perkins	53	34:15	8:34
170 Michael Dubois	48	34:25	8:36
183 Meri Adams	45	35:27*	8:52
190 Cheryl McCall	41	36:15*	9:04
193 Taylor McFarlane 2,11-14	11	36:24	9:06
202 Kenneth Dolley	62	37:18	9:20
204 Paige Stephenson	46	37:46*	9:27
208 Amy Gray	16	38:25*	9:36
209 Dan Gray	40	38:29	9:37
213 Mel Uchenick 2,65-69	67	39:09	9:47
214 Rita Moulén	39	39:33*	9:53
215 Marby Payson 2,55-59	59	39:44*	9:56
217 Julie Adams	25	40:32*	10:08
220 Nelson Soule 2,70&over	77	42:41	10:40
224 Julius Marzul	71	49:13	12:18

Many thanks to Charles Scribner of SPLIT-TIME RACE MANAGEMENT for complete results!

**The Northern York County Family YMCA 5K Run/Walk  
116 Finishers (51 Female & 65 Male)  
Certified Loop From The No. York County YMCA, Biddeford  
10 a.m., Sunday, April 26, 1998**

PLACE/NAME	AGE	TIME	PACE
1 Kevin Way 1,overall	29	15:29	5:00
2 Matt Covery 2,overall	27	16:47	5:25
3 Stu Hogan 3,overall	36	17:06	5:31
4 Roland Thibault 1,30-39	30	17:13	5:33
5 Jeff Gaudette 1,19&under	15	17:37	5:41
6 David Drew 2,30-39	33	17:46	5:44
7 Mike Paulhas 1,20-29	22	17:52	5:46
8 Randy Bartlett 1,40-49	42	17:58	5:48
9 Tom Menendez (MTC) 2,40-49	44	18:23	5:56
12 Matthew Cote 2,19&under	16	19:04	6:09
16 Ann McGovern (MTC) 1,overall	34	19:39*	6:20
17 Briana Neault 2,overall	17	19:42*	6:21
19 Suzanne Hussey 3,overall	17	19:52*	6:25

20 Leslie Mourmouras 1,30-39	30	20:00*	6:27
22 Paul Lessard (MTC)	40	20:15	6:32
24 Nancy Cooper 1,40-49	43	20:42*	6:41
25 Gina Melarango 1,20-29	23	20:45*	6:42
26 Kate Meyers (MTC) 2,30-39	37	20:50*	6:43
32 John Morse (MTC) 1,50-59	52	21:17	6:52
33 Sandra Dwight (MTC)	38	21:18*	6:52
39 Zoom Zorn (MTC) 1,60&over	62	22:01	7:06
43 Diane Levesque 2,40-49	44	22:20*	7:12
49 Kitty Kelley (MTC) 1,50-59	51	22:50*	7:22
52 Ron Perry (MTC) 2,60&over	60	23:20	7:32
53 Harry White (MTC) 3,50-59	54	23:34	7:36
57 Don Bessey (MTC)	52	24:18	7:50
67 Jeanne Johnson (MTC) 3,40-49	42	25:10*	8:07
71 Steve Robbins (MTC)	37	25:45	8:18
98 Bart Kettle (MTC)	63	29:42	9:35
101 Pat Buckley (MTC) 1,60&over	60	32:11*	10:23

Many thanks to Charles Scribner of SPLIT-TIME RACE MANAGEMENT for complete results!



## More Race Results

The Boothbay Region YMCA Presents  
The 18th Annual Rocky Coast 10K Road Race  
110 Finishers (30 Female & 80 Male)  
Certified Loop Course From The Boothbay  
Region YMCA, Townsend Avenue, Boothbay Harbor  
10 a.m., Saturday, May 2, 1998

PLACE/NAME	AGE	TIME		
1 Matt Carter 1,overall	25	34:34	36 Karen Wiseman 1,30-39	39 45:26*
2 Ludovic Bruyere 2,overall	29	35:05	39 Melinda Browne 2,30-39	36 45:29*
3 William Dixon 3,overall USAT&F	50	35:52	42 Phil Pierce (MTC) 3,50-59	56 45:45
4 Steve Podgajny 4,overall	47	36:50	43 Roger Fenn (MTC)	51 45:52
5 James Hester 5,overall	37	37:30	44 Terry Clark (MTC)	53 45:56
6 Ann Bokman 1,overall	29	38:04*	47 Mike McCall (MTC)	44 46:16
7 Andre Benoit 1,40-49	46	38:19	52 Tom Harlow (MTC)	52 47:25
11 Juliet Shagoury 2,overall	33	39:42*	55 Hannah Hull 1,19&under	16 48:07*
12 R.J. Harper 1,50-59	51	40:29	60 Marjorie Tennyson 1,40-49	44 49:01*
16 Ken Cotton (MTC)	48	41:17	64 Richard Cavanaugh (MTC) 2,60-69	65 49:37
23 Nancy Kneeland (MTC) 3,overall	43	42:35*	66 Deb Merrill (MTC) 2,40-49	42 49:52*
30 Mary Poulin 4,overall	38	44:23*	67 Susan Kolakowski 3,40-49	41 49:58*
31 Evelyn King 5,overall	40	44:48*	68 Louisa Dunlap 1,50-59	57 50:30*
32 John LeRoy (MTC) 1,60-69	61	45:05	70 Ellen Spring	45 51:04*
34 John McNutt 19&under	15	45:18	77 Denny Morrill (MTC)	58 52:46
			86 Carlton Mendell (MTC) 1,70&+ USAT&F	76 56:01
			100 Deb Stewart (MTC)	37 61:23*
			101 Edward Stewart (MTC)	38 61:24
			102 Jane Rasmussen 1,60-69	61 61:35*
			106 Judy Cotton (MTC)	48 66:44*
			108 Julius Marzul (MTC) 2,70&over	71 76:32

Many thanks to race director Neal Verge for complete results!

## May Board of Directors Minutes

Wednesday, May 5

Officers and Committee Chairs in Attendance: John Gale, Marge Aube, Bob Aube, Howard Spear, Maggie Soule, Charles Scribner, Alyce Schultz, Michael Reali

Guests: Donna Moulton, Phil Pierce

**Secretary's Report:** Read and approved.

**Treasurer's Report:** No report.

### Committee Reports:

- **Membership:** Maggie Soule reported approximately 20 renewals, with over 300 households currently holding membership. Motion made by Howard Spear and seconded by Michael Reali to change the membership fee to \$20 per household, eliminating the differentiation between single and family membership. Student membership fee will remain at \$12. New membership structure to be implemented Jan. 1, 1999. Motion passed unanimously.

- **Race Committee:** Donna Moulton reported for Everett. Russ Bradley will again be organizing the annual club trek to the Yankee Homecoming Run in Newburyport on July 28. Please let Russell know now if you are interested. If you have received a race registration in the mail and plan to run, please forward it to Russell with the fee enclosed.

The Presidential Race and the Boys & Girls Club races were highly successful. The board approved round-trip airfare and a room advance for Everett to attend the RRCA Convention in Peoria, IL. Everett has been nominated as the RRCA Eastern Region Director.

- **Program:** Paul Greene was the speaker for the May

meeting. A potluck picnic is planned for the June meeting with a family barbeque in July.

- **Clothing:** On behalf of Steve Fox, Donna proposed the purchase of new singlets and short. The board approved the new uniform, which cost \$30.59 as a set, but will be offered to club members at the discounted rate of \$28. Steve also has found a supplier for a warmup suit, which will soon be available for \$58.

### Old Business:

- **Beach to Beacon.** Volunteers are needed for the Finish Line.

### New Business:

- Phil Pierce encouraged the club to offer a show of support for David Crawford, a triathlete from Cumberland who been elected to the Maine Sports Hall of Fame. He invited members to attend the ceremony on June 7 at the Italian Heritage Center.

- Charles Scribner will be coordinating an ad-hoc committee to develop goals for the club for the year 2000. Past officers and current members and officers will be invited to participate.

- John Gale and Michael Reali will organize a spaghetti dinner for the fall.

- Issues with volunteerism and how to encourage/motivate members to participate will be discussed further at the June meeting.

Respectfully submitted,  
Alyce Schultz, Secretary



## Welcome to our newest members

Renewing member Bruce Akers writes: "This year I would like to spend more time volunteering, spend more time EASY running, and participate more in social, learning and coaching events. If I can be of service, please call 637-3213 between 8 a.m. and 8 p.m." (Race directors take note!!!)

Julie Adams (27)  
99 Silver Street, Apt. 310  
Portland, ME 04101-4142  
775-4268 (H) 541-3493 (O)  
Field services manager, Vanstar

Normand Rodrigue (49)  
P.O. Box 232  
Manchester, ME 04351  
622-6204 (H) 786-7972 (O)  
Manager, Union Water Power Co.

David Cookson (41)  
1 Harding Road  
Brunswick, ME 04011  
Supervisor of Planning, BIW

"I began running in the fall of 1996 for 'stress relief.' I had recently gotten a divorce and decided I wanted to 'shape up.' I set a goal in Oct. 1996 to lose 15 lbs. by my 40th birthday (4-2-97). I made my goal, and enjoyed running so much I decided to try running in a few races. I ran in 8 races last year

ranging from 5K to 10 miles. I'll probably run a dozen or so this year."

Barbara Fiedler (33)  
12 Cottage Street  
Portland, ME 04103  
772-4310  
Homemaker

Barbara Fiore (33)  
P.O. BOX 868  
Bethel, ME 04217  
824-3152, x464  
Educator

Margaret Hazlett  
17 High Street, #4  
Brunswick, ME 04011-1977  
721-9294 (H) 725-3490 (O)  
Administrator, Bowdoin College

David McCullough (46)  
P.O. Box 126  
Kennebunkport, ME 04046-0126  
967-0113  
Builder

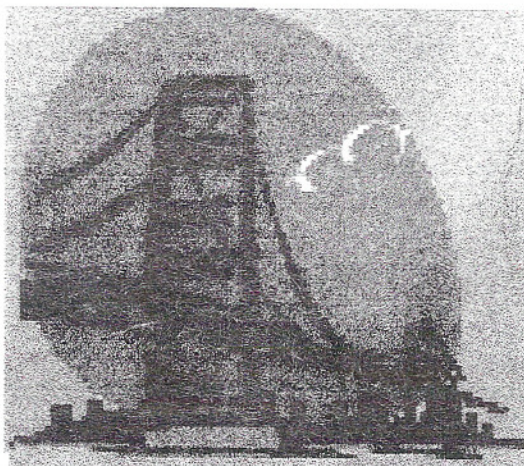
## Casco Bay Bridge Run — Take Two

The Casco Bay Bridge Run is back, albeit in a different form. The South Portland and Portland Rotary Clubs are teaming up with merchants from the Waterfront Market district in South Portland to revive the race, which many assumed would be a one-time affair when it was held last summer to celebrate the opening of the new bridge.

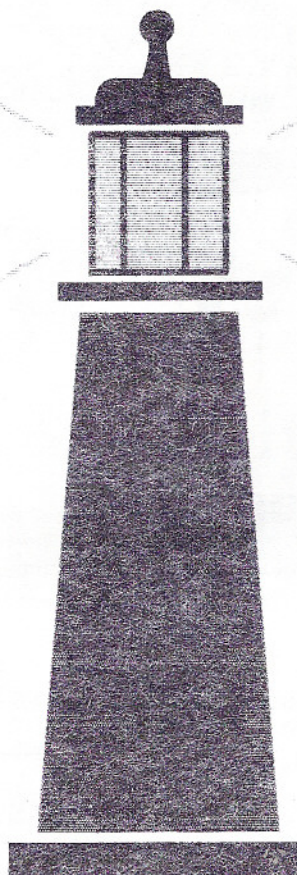
Unlike last year, though, the race won't start and end on the bridge. Tentative plans call for the race to start in the Knightville business district near the Snow Squall restaurant and end near the Waterfront Market, or vice versa. The extra distance will turn the race into a 4-miler rather than a 5K.

Also unlike last year, the bridge won't be closed to traffic, but one lane in each direction will be blocked off for the runners.

What has yet to be decided is whether the event will be called the Casco Bay Bridge Run or whether it will be given a new name. Whatever it's called, it is scheduled for Sunday, Aug. 30.







## Beach to Beacon race to be televised

With the inaugural Beach to Beacon 10K still more than two months away, race organizers have already scored a coup that few other road races can claim — live television coverage.

Portland's Fox affiliate, WPXT-TV, recently agreed to air a live broadcast of the Beach to Beacon race, to be held in Cape Elizabeth on Saturday, Aug. 1. The race-day coverage is part of a sponsorship agreement between Beach to Beacon organizers and WPXT (Fox 51), which will also provide the event will ample publicity before the race.

"It'll be a one-hour special with live coverage of the finish, followed by live interviews," WPXT general manager Doug Finck said of the race-day broadcast.

Fox 51's broadcast will be slanted heavily toward features and interviews. The runners themselves won't appear on camera until they approach the finish, as there won't be a live coverage of the race from the lead vehicle.

"That would be unbelievably complicated and expensive," said Finck.

"Much as the (broadcast) of the Kentucky Derby is more than just the two minutes of the actual race, we envision the coverage of this race as more than the competition itself. We'll be able to incorporate updates from the race course as we intersperse interviews and features. Then we'll go to live coverage of the finish as the leaders come in, and we'll have interviews with the top runners after the race."

Finck said his station will also broadcast several features during its nightly "News at 10" in the days leading up to the race. An MTC member,

Fox 51 sportscaster Paul Greene, will play a prominent role.

"We're going to a lot of pre-race promotion in the week to 10 days before the race," he promised. "We'll do vignettes about running and some segments with running tips."

If all goes well, Fox 51's involvement won't be a one-shot deal, either.

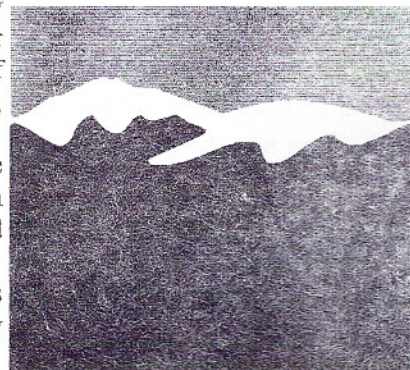
"The location, the timing and everything is perfect," said Finck. "Unless we're surprised and this isn't as big a success as we think it will be, we look forward to being a media co-sponsor in the years to come."

## Ready to climb Mt. Washington

Congratulations to the following MTC members who were chosen to fill the five slots allotted to the club for the Mt. Washington Road Race: Rodger Smith, James Hadow, Owens McCullough, Richard Mulhern and Gary Giffard. Richard and Gary actually were picked out of the hat as alternates but got their positions when it was discovered after the drawing that two people in the original group of five had failed to renew their MTC membership. Competition was heavy for the five spots, by the way, as there were 15 names in the drawing (including the two ex-members).

The lucky group of five will join these MTC members who already got into the race through the lottery: Al Butler, Ron Cedrone, Bob Coughlin, Julius Marzul, Deb Merrill, Ken Norton, Mike Reali, Rich Robinov, Dennis Smith, Al Sproul (who won't be running) and Gail Turner.

The club is planning a picnic/barbecue after the race for all MTC runners and volunteers who wish to attend, but we'd like to know in advance if you're planning to join us so we know how much food to bring. Please contact Marge Aube at 829-5079 before June 10.







## MTC 1998 Officers and Committee

USA Track &amp; Field



John Gale	President	775-5017	Charlie Scribner	At-Large	772-5781
Marge Aube	Vice President	829-5079	Howard Spear	At-Large	856-6496
Mike Reali and Terry Sutton	Past Presidents	829-2014	Steve Fox	Clothing	799-8840
Joe Guimond	Treasurer	761-8634	Bill Devoe	Equipment	761-0602
Alyce Schultz	Secretary	780-9805	Don Penta	Statistician and Photography	892-4526
Maggie Soule	Membership	846-3631	Dale Rines	Course Certification	854-2481
Everett Moulton	Race Committee	799-2894	Bob Aube	Newsletter	829-5079
Ann McGovern	At-Large	934-1825			

## Maine Distance Festival grows in stature

When Steve Podgajny started the Maine Distance Festival four years ago, the primary focus for the event was to provide a setting for the first-ever sub-4:00 mile in Maine.

That original goal still hasn't been achieved, but the meet has rapidly grown in stature beyond Podgajny's expectations. And the fifth edition of the Maine Distance Festival promises to be better than ever.

"It's going amazingly well, especially the number of committed athletes we have already," Podgajny said of preparations for this year's meet, which will be held Saturday, July 4, at Bowdoin College. "The meet has evolved fantastically, from a one-event focus to one in which we have four terrific high school events and seven elite events in which you'll see some of the fastest times run in the U.S. this year."

Two developments have given this year's meet an additional boost. One is the formation of a five-meet series called the Can-Am High Performance Distance Circuit, which figures to attract many of the nation's top distance runners. The series will consist of five meets to be held in the northeastern U.S. and Canada during a 14-day span, with the Maine Distance Festival serving as the middle meet.

"The whole goal of the series is to give North American distance runners a summer circuit," said Podgajny. "With five meets over 14 days, athletes probably won't run at every meet, but they might do the first three or the last three, which puts us in a good position as the middle meet."

Podgajny also has signed a two-year deal with New Balance to serve as a meet sponsor. Not only does that mean there will be more prize money available, but the meet is likely to land several runners who are sponsored by the shoe company.

About 50 athletes have already committed to this year's meet, the most noteworthy being two-time Olympian Vicki Huber. Huber, who still holds the NCAA record for 3,000 meters, is slated to compete in the 5,000.

"The number of committed athletes for this year's race is very impressive," said Podgajny. "As big a leap as last year's meet was over previous years, I think we're headed for an even bigger leap this year."

Podgajny promises loaded fields for the men's 800 and men's mile.

"The number of male athletes in the 800 and the mile is going to force us to have two sections for both of those events," said Podgajny.

Speaking of the mile: Will this be the year that someone finally breaks the 4:00 barrier?

"Certainly, we'll have a number of athletes in the field who are capable of running a sub-4," said Podgajny. "Nothing is guaranteed, but I can't imagine that it won't happen. I think several guys will go under four minutes, and it won't be by just a few tenths of a second."

## Volunteers needed for Pat's Pizza race

It's time again to round up volunteers for the Pat's Pizza Clam Festival Classic 5-Miler, scheduled for Saturday, July 18, at 8 a.m. in Yarmouth. Lots of helpers are needed, as this is one of the club's largest races. If you're willing to lend a hand, please contact Marge Aube at 829-5079 or Ron Pelton at 846-9039.