

24th Annual Nashua Soup Kitchen & Shelter 5K
 April 9, 2017 5 Kilometers (USATF Certified #NH13010RF) Nashua, NH
 Timing by Granite State Race Services www.gsrs.com (see our Calendar of Races) bt@gsrs.com

Place	Div/Tot	Div	Guntime	Nettime	Pace	Name	Ag	S	Race#	City/state
Team										
=====	=====	=====	=====	=====	=====	=====	==	=	=====	
=====	=====	=====	=====	=====	=====	=====				
1	1/3	FOPEN	20:07	20:06	6:29	Melissa Murray	21	F	326	Newfields NH
2	1/3	MOPEN	20:13	20:11	6:30	Bill Adamson	36	M	112	Ayer MA
NASHUA POLICE DEPARTMENT										
3	2/3	MOPEN	20:53	20:52	6:43	Dave Menard	51	M	276	Waltham MA
4	3/3	MOPEN	20:56	20:54	6:44	John Pomeroy	33	M	154	Lebanon NH
FAIRPOINT COMMUNICATIONS										
5	1/21	M2029	21:05	21:04	6:47	Ryan Brown	20	M	288	South Yarmouth MA
6	1/35	M4049	22:21	22:18	7:11	Brian Cullen	49	M	313	Amherst NH
7	1/29	M3039	22:28	22:25	7:13	Huw Evans	37	M	319	Nashua NH
8	2/35	M4049	22:47	22:26	7:14	Jose Sousa	48	M	86	Lancaster MA
TEAM DELLEMC										
9	2/29	M3039	22:31	22:28	7:14	Tim Arel	36	M	92	Merrimack NH
SOUTHERN NH HEALTH										
10	2/3	FOPEN	22:37	22:33	7:16	Kate Holland	39	F	210	Merrimack NH
11	3/35	M4049	22:41	22:39	7:18	Shawn Bertrand	47	M	353	Mont Vernon NH
12	2/21	M2029	22:45	22:42	7:19	Dominic Mangano	25	M	138	Newton Center MA
INTEGRA BIOSCIENCES										
13	3/3	FOPEN	22:45	22:43	7:19	Shatia Ellison	14	F	347	Nashua NH
14	4/35	M4049	23:17	23:14	7:29	Andrew McWeeney	43	M	211	Merrimack NH
15	1/31	M5059	23:31	23:30	7:34	Joseph Rush	58	M	228	Nashua NH
16	2/31	M5059	23:42	23:35	7:36	Andy Armstrong	50	M	351	Acton MA
17	1/45	F4049	23:43	23:36	7:36	Kara E Woodworth	40	F	282	Nashua NH
18	1/4	M1011	23:51	23:47	7:40	Evan Walters	11	M	297	Merrimack NH
19	5/35	M4049	24:17	24:05	7:46	Michael Moushegian	49	M	191	Nashua NH
NASHUA POLICE DEPARTMENT										
20	3/31	M5059	24:21	24:17	7:49	Keith Demanche	52	M	130	Nashua NH
INTEGRA BIOSCIENCES										
21	1/28	F3039	24:25	24:20	7:50	Andrea Bonito	36	F	60	Concord NH
TEAM SPEEDY TRIAL										
22	3/21	M2029	24:26	24:25	7:52	Travis Burtzell	28	M	192	Merrimack NH
WORTHEN WARRIORS										
23	4/21	M2029	25:12	24:48	7:59	Mark Worthen	24	M	194	Wilton NH
WORTHEN WARRIORS										
24	6/35	M4049	25:07	25:05	8:05	Jim Dodos	49	M	32	Westford MA
WORTHEN WARRIORS										
25	1/7	M1415	25:37	25:08	8:06	Gavin Plumlee	15	M	361	Derry NH
26	1/33	F2029	25:25	25:12	8:07	Lauren Collins	29	F	114	Billerica MA
NASHUA POLICE DEPARTMENT										
27	2/28	F3039	25:25	25:14	8:08	Julia Banks	30	F	113	Nashua NH
NASHUA POLICE DEPARTMENT										
28	1/1	F1415	25:21	25:17	8:09	Rebecca Moriarty	14	F	344	Nashua NH
29	7/35	M4049	25:21	25:17	8:09	Dan Moriarty	48	M	352	Nashua NH
30	4/31	M5059	25:22	25:18	8:09	Scott Chandler	59	M	253	Nashua NH
31	3/29	M3039	25:44	25:25	8:11	Andrew Masse	32	M	294	Milford NH
32	2/33	F2029	25:41	25:27	8:12	Alyssa Dellacamera	28	F	62	Manchester NH
TEAM E&B										
33	5/31	M5059	25:52	25:36	8:15	Marc Berube	53	M	66	Nashua NH
TEAM E&B										
34	4/29	M3039	26:06	25:50	8:19	Mike Turcotte	31	M	63	Manchester NH
TEAM E&B										
35	6/31	M5059	26:08	26:04	8:24	Bill Harrison	59	M	349	Merrimack NH
36	5/29	M3039	26:14	26:07	8:25	Jonathan Harkins	32	M	129	Bedford NH

INTEGRA BIOSCIENCES

37	8/35	M4049	26:33	26:10	8:26	Steven Zidek	45 M	34	Nashua NH
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WORTHEN WARRIORS

38	1/5	M7079	26:28	26:21	8:29	Christopher Howard	71 M	225	Hudson NH
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39	9/35	M4049	26:33	26:23	8:30	Michael Reinke	47 M	314	Nashua NH
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40	10/35	M4049	27:04	26:23	8:30	Suraj Shenoy	44 M	235	Nashua NH
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41	2/45	F4049	26:46	26:24	8:30	Kerry Baxter	45 F	120	Nashua NH
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NASHUA LIONS RUNNING TEAM

42	11/35	M4049	26:36	26:31	8:33	Eric Levesque	46 M	8	Nashua NH
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TEAM PENNICHUCK WATER WORKS

43	3/33	F2029	26:41	26:33	8:33	Eryn Mahoney	25 F	248	Merrimack NH
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44	2/7	M1415	26:44	26:37	8:35	Anthony Villa	15 M	181	Nashua NH
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ENTERPRISE BANK

45	12/35	M4049	27:11	26:40	8:35	Matt Poltrack	40 M	70	Nashua NH
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TEAM DELLEMC

46	1/3	F1213	26:50	26:47	8:38	Alana Perry	12 F	325	Nashua NH
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47	7/31	M5059	27:17	27:11	8:45	Brian Surette	55 M	343	Hudson NH
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48	1/31	F5059	27:16	27:13	8:46	Carol Ann Howe	57 F	12	Tewksbury MA
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TEAM PENNICHUCK WATER WORKS

49	8/31	M5059	27:30	27:23	8:49	Jack Currier	54 M	323	Nashua NH
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50	13/35	M4049	27:37	27:26	8:50	Greg Roberge	44 M	71	Manchester NH
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TEAM DELLEMC

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April 9, 2017 5 Kilometers (USATF Certified #NH13010RF) Nashua, NH

Timing by Granite State Race Services www.gsrs.com (see our Calendar of Races) bt@gsrs.com

Place	Div/Tot	Div	Guntime	Nettime	Pace	Name	Ag	S	Race#	City/state
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Team

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51	9/31	M5059	27:55	27:33	8:52	Mark Glidden	51 M	76	Chelmsford MA
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TEAM DELLEMC

52	3/28	F3039	27:45	27:34	8:53	Kara Simard	36 F	59	Manchester NH
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TEAM SPEEDY TRIAL

53	3/45	F4049	27:52	27:37	8:54	Jennifer Bertrand	46 F	356	Mont Vernon NH
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54	1/2	F1819	27:52	27:40	8:55	Meaghan Wilson	19 F	289	Pepperell MA
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55	6/29	M3039	28:03	27:41	8:55	Jason Pastorello	35 M	336	Cambridge MA
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56	10/31	M5059	27:57	27:41	8:55	Jon Saunders	52 M	48	Litchfield NH
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VARITRON

57	7/29	M3039	27:56	27:49	8:58	Andy Jones	30 M	189	Nashua NH
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CONWAY OFFICE SOLUTIONS

58	4/28	F3039	28:06	27:50	8:58	Laura Sheridan	36 F	91	Nashua NH
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SOUTHERN NH HEALTH

59	14/35	M4049	27:55	27:52	8:59	Garren Walters	45 M	259	Merrimack NH
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60	8/29	M3039	28:05	27:54	8:59	John Steere	38 M	350	Hudson NH
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61	11/31	M5059	28:14	28:04	9:02	Steven Knauff	51 M	251	Derry NH
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62	4/45	F4049	28:15	28:05	9:03	Laraine Fay	47 F	250	Merrimack NH
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63	12/31	M5059	28:20	28:11	9:05	David Almeda	55 M	271	Nashua NH
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64	5/21	M2029	28:45	28:11	9:05	Brendon Hogan	29 M	201	Nashua NH
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65	5/45	F4049	28:52	28:33	9:12	Melissa Deprince	47 F	338	Nashua NH
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66	9/29	M3039	28:43	28:35	9:12	Joshua Evans	35 M	317	Nashua NH
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67	13/31	M5059	28:37	28:37	9:13	Steve Murphy	57 M	266	Nashua NH
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68	2/2	F1819	28:51	28:39	9:14	Emily Creedon	19 F	290	Marshfield MA
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69	14/31	M5059	29:04	28:45	9:16 Michael Iorio	58 M	234 Manchester NH
70	5/28	F3039	30:25	28:45	9:16 Melissa Rodrigues	36 F	158 Nashua NH
ENTERPRISE BANK							
71	4/33	F2029	29:20	28:48	9:17 Mary Quigley	23 F	125 Milford NH
LAKE SUNAPEE BANK							
72	1/2	F1617	29:05	28:53	9:18 Ava Smigliani	16 F	304 Hudson NH
73	15/31	M5059	29:19	28:54	9:18 David Worthen	57 M	35 Wilton NH
WORTHEN WARRIORS							
74	5/33	F2029	29:15	28:58	9:20 Sarah Demencuk	25 F	278 Merrimack NH
75	6/45	F4049	29:10	29:01	9:21 Deb Christiansen	49 F	229 Nashua NH
76	7/45	F4049	29:14	29:01	9:21 Kimberly Gutekunst	49 F	61 Merrimack NH
TEAM E&B							
77	2/5	M7079	29:15	29:02	9:21 Frank Perron	71 M	321 Peterborough NH
78	2/31	F5059	29:30	29:05	9:22 Mary Plesac	54 F	258 Brookline NH
79	16/31	M5059	29:18	29:06	9:22 Steve Buck	57 M	346 Merrimack NH
80	10/29	M3039	29:23	29:18	9:26 Giang Nguyen	38 M	79 Lowell MA
TEAM DELLEMC							
81	6/21	M2029	29:48	29:27	9:29 Christopher Coates	21 M	22 Bellingham MA
TEAM PENNICHUCK WATER WORKS							
82	17/31	M5059	30:00	29:30	9:30 John Clark	55 M	146 Merrimack NH
GSSI							
83	3/7	M1415	29:39	29:31	9:30 David Cherkassky	15 M	337 Hollis NH
84	1/10	M6069	29:46	29:32	9:31 Joseph McMullen	63 M	82 Nashua NH
TEAM DELLEMC							
85	6/28	F3039	29:56	29:36	9:32 Amy Hollenberg	30 F	93 Merrimack NH
SOUTHERN NH HEALTH							
86	15/35	M4049	29:50	29:40	9:33 Alexander Cherkassky	49 M	335 Hollis NH
87	6/33	F2029	29:49	29:43	9:34 Amanda Olyha	26 F	213 Nashua NH
88	18/31	M5059	29:58	29:44	9:35 Paul Bergeron	55 M	117 Nashua NH
NASHUA LIONS RUNNING TEAM							
89	7/28	F3039	29:58	29:48	9:36 Meena Durairaj	39 F	89 Nashua NH
TEAM DELLEMC							
90	16/35	M4049	30:15	29:52	9:37 Marc Hamel	49 M	132 Hudson NH
INTEGRA BIOSCIENCES							
91	7/21	M2029	30:10	30:02	9:40 Autsin Groff	22 M	186 Nashua NH
CONWAY OFFICE SOLUTIONS							
92	8/45	F4049	30:13	30:03	9:41 Rachel Breton	40 F	128 Litchfield NH
INTEGRA BIOSCIENCES							
93	8/21	M2029	30:13	30:03	9:41 Nick Pyzocha	24 M	133 Milford NH
INTEGRA BIOSCIENCES							
94	11/29	M3039	30:10	30:05	9:41 Chris Lacroix	37 M	131 Bedford NH
INTEGRA BIOSCIENCES							
95	3/31	F5059	30:36	30:05	9:41 Dorothy Miller	53 F	268 Hollis NH
96	3/5	M7079	30:23	30:06	9:42 Howard Price	71 M	309 Nashua NH
97	8/28	F3039	30:20	30:07	9:42 Vina Chanthaseng	36 F	170 Nashua NH
ENTERPRISE BANK							
98	2/10	M6069	30:40	30:10	9:43 Roger Cawley	69 M	320 Bennington NH
99	17/35	M4049	30:24	30:11	9:43 John Phelan	42 M	157 Nashua NH
ENTERPRISE BANK							
100	4/5	M7079	30:34	30:13	9:44 Rodney Richey	72 M	239 Milford NH

4/16/2017 10:46AM

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Place	Div/Tot	Div	Guntime	Nettime	Pace	Name	Ag	S	Race#	City/state
Team										
=====	=====	=====	=====	=====	=====	=====	==	=	=====	
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101	9/21	M2029	30:40	30:16	9:45	Vince Chevalier	27	M	31	Nashua NH
WORTHEN WARRIORS										
102	18/35	M4049	30:28	30:19	9:46	Shail Srinivas	43	M	107	Nashua NH
SILICON SPLITS										
103	9/45	F4049	30:39	30:20	9:46	Erica English	41	F	96	Nashua NH
SOUTHERN NH HEALTH										
104	3/10	M6069	30:27	30:21	9:47	Thomas Trevethick	66	M	274	Nashua NH
105	10/21	M2029	30:43	30:23	9:47	Nick Socorelis	21	M	5	Westford MA
TEAM PENNICHUCK WATER WORKS										
106	12/29	M3039	31:03	30:27	9:48	George Flanders	39	M	2	Merrimack NH
TEAM PENNICHUCK WATER WORKS										
107	7/33	F2029	30:37	30:32	9:50	Daisy Brown	22	F	30	Wilton NH
WORTHEN WARRIORS										
108	4/31	F5059	30:58	30:37	9:52	Jean Neely	55	F	41	Raymond NH
VARITRON										
109	13/29	M3039	30:44	30:37	9:52	Fernando Rodrigues	36	M	159	Nashua NH
ENTERPRISE BANK										
110	8/33	F2029	30:46	30:38	9:52	Haley Coy	23	F	187	Nashua NH
CONWAY OFFICE SOLUTIONS										
111	19/35	M4049	31:12	30:42	9:53	Stephen Dunhom	44	M	75	Nashua NH
TEAM DELLEMC										
112	2/3	F1213	30:58	30:42	9:53	Maddie Dlubac	12	F	334	Hudson NH
113	10/45	F4049	31:00	30:44	9:54	Colleen Dlubac	42	F	332	Hudson NH
114	14/29	M3039	31:12	30:45	9:54	Mark Pastorello	33	M	333	Sullivan NH
115	15/29	M3039	31:10	30:56	9:58	Dan Wojcik	30	M	26	Lowell MA
TEAM PENNICHUCK WATER WORKS										
116	20/35	M4049	31:36	31:01	9:59	Timothy Forrest	46	M	209	Manchester NH
117	5/31	F5059	31:20	31:03	10:00	Angela Havens	53	F	255	Bedford NH
118	6/31	F5059	31:15	31:04	10:00	Christina Linnehan	53	F	254	Nashua NH
119	11/21	M2029	31:41	31:18	10:05	Brendon MacCauley	28	M	33	Londonderry NH
WORTHEN WARRIORS										
120	19/31	M5059	31:47	31:20	10:06	Doug Pastorello	59	M	99	Nashua NH
SILICON SPLITS										
121	20/31	M5059	31:38	31:21	10:06	Eric Schott	53	M	224	Merrimack NH
122	7/31	F5059	31:40	31:30	10:09	Christy Sprinkle	57	F	240	Amherst NH
123	16/29	M3039	32:05	31:31	10:09	Sean Hogan	32	M	199	Hudson NH
124	2/4	M1011	31:44	31:34	10:10	Matthew Walters	11	M	316	Nashua NH
125	17/29	M3039	32:08	31:44	10:13	Eamon Scanlon	36	M	81	Nashua NH
TEAM DELLEMC										
126	9/33	F2029	32:01	31:45	10:14	Victoria Hawkes	26	F	13	Manchester NH
TEAM PENNICHUCK WATER WORKS										
127	11/45	F4049	32:14	31:51	10:16	Kimberly Petit	47	F	315	Nashua NH
128	21/35	M4049	32:31	32:03	10:19	Stephen Deminico	42	M	36	Salem NH
WALGREENS										
129	8/31	F5059	32:36	32:06	10:20	Laurie Provencher	53	F	252	Nashua NH
130	12/21	M2029	32:14	32:14	10:23	Kevin Kao	25	M	104	Nashua NH
SILICON SPLITS										
131	4/7	M1415	32:22	32:14	10:23	Jackson Ugarte	14	M	305	Nashua NH
132	1/2	M1819	32:41	32:16	10:23	Tucker Worthen	19	M	345	Wilton NH
WORTHEN WARRIORS										
133	12/45	F4049	32:35	32:17	10:24	Pam Ramalhinho	46	F	260	Hudson NH
134	2/2	F1617	32:54	32:26	10:27	Sarah Katsohis	16	F	295	Hudson NH
135	10/33	F2029	32:58	32:28	10:27	Kate Drouin	29	F	122	Hudson NH
LAKE SUNAPEE BANK										
136	9/28	F3039	32:42	32:32	10:29	Claire Yankopoulos	31	F	246	Nashua NH
137	9/31	F5059	32:44	32:35	10:30	Hilary Miskoe	50	F	110	Concord NH
SHANNON MADE ME DO IT										

138	21/31	M5059	32:56	32:36	10:30	Mike Mahoney	57 M	152	Hudson NH
GATE CITY CHURCH TEAM									
139	13/45	F4049	32:49	32:38	10:31	Sarah Amarin	40 F	58	Acton MA
TEAM SPEEDY TRIAL									
140	10/31	F5059	32:52	32:39	10:31	Debbie Rioux	54 F	64	Nashua NH
TEAM E&B									
141	22/35	M4049	32:58	32:42	10:32	Jim Lavacchia	48 M	6	Hudson NH
TEAM PENNICHUCK WATER WORKS									
142	14/45	F4049	32:51	32:45	10:33	Nicole Parker	40 F	342	Nashua NH
143	3/3	F1213	33:04	32:48	10:34	Bella Coppi	12 F	340	Hudson NH
144	1/4	M1213	33:04	32:55	10:36	Cody Ugarte	13 M	306	Nashua NH
145	23/35	M4049	33:18	33:02	10:38	Tony Serino	48 M	328	Bedford NH
146	15/45	F4049	33:19	33:03	10:38	Kathy Coppi	44 F	339	Hudson NH
147	11/33	F2029	33:40	33:06	10:39	Jen Allen	28 F	3	Merrimack NH
TEAM PENNICHUCK WATER WORKS									
148	16/45	F4049	33:21	33:06	10:39	Dawn Deblois	43 F	19	Hudson NH
TEAM PENNICHUCK WATER WORKS									
149	24/35	M4049	33:16	33:08	10:40	Miguel Ugarte	45 M	280	Nashua NH
150	18/29	M3039	33:31	33:09	10:41	Tim Jean	35 M	69	North Chelmsford MA
TEAM DELLEMC									
4/16/2017 10:46AM									

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Place	Div/Tot	Div	Guntime	Nettime	Pace	Name	Ag	S	Race#	City/state
=====										
Team										
=====										
151	10/28	F3039	33:48	33:24	10:45	Heidi Iorio	37 F		193	Manchester NH
WORTHEN WARRIORS										
152	2/4	M1213	33:54	33:30	10:47	Quincy Shoneman	12 M		1104	Nashua NH
153	25/35	M4049	33:56	33:31	10:48	Jeffrey Shoneman	46 M		241	Nashua NH
154	12/33	F2029	34:05	33:40	10:51	Yuexin Wu	22 F		103	Nashua NH
SILICON SPLITS										
155	17/45	F4049	34:12	33:41	10:51	Sherry Seskin	46 F		124	Hudson NH
LAKE SUNAPEE BANK										
156	13/21	M2029	34:09	33:43	10:51	Stephen Leonard	28 M		195	Merrimack NH
WORTHEN WARRIORS										
157	26/35	M4049	34:16	33:45	10:52	Michael Gauthier	48 M		73	Nashua NH
TEAM DELLEMC										
158	27/35	M4049	34:03	33:51	10:54	John Kelley	49 M		364	Nashua NH
159	28/35	M4049	34:26	33:55	10:55	Edward Nyette	41 M		121	Tewksbury MA
LAKE SUNAPEE BANK										
160	11/28	F3039	34:27	33:56	10:56	Juliana Oliveira	39 F		126	Nashua NH
LAKE SUNAPEE BANK										
161	11/31	F5059	34:10	34:01	10:57	Tammy Klatt	52 F		111	Boxborough MA
SHANNON MADE ME DO IT										
162	29/35	M4049	34:24	34:03	10:58	Daniel Anderson	46 M		42	Nashua NH
VARITRON										
163	12/28	F3039	34:10	34:05	10:58	Rose Knolhoff	32 F		88	Pembroke NH
TEAM DELLEMC										
164	13/28	F3039	34:11	34:05	10:58	Erica Knolhoff	35 F		242	Pembroke NH
165	12/31	F5059	34:18	34:06	10:59	Sheri McCormack	52 F		217	Nashua NH

166	18/45	F4049	34:53	34:16	11:02	Debra Zucowska	46 F	300	Merrimack NH
167	30/35	M4049	34:53	34:19	11:03	Scott Cobleigh	45 M	263	Nashua NH
168	1/2	F0109	34:41	34:19	11:03	Sarah Rzasa	8 F	303	Derry NH
169	31/35	M4049	34:46	34:24	11:05	Mark Rzasa	47 M	275	Derry NH
170	19/45	F4049	34:36	34:25	11:05	Joyce Kelley	43 F	363	Nashua NH
171	19/29	M3039	34:55	34:29	11:06	Tim Monk	33 M	101	Hudson NH
SILICON SPLITS									
172	1/2	M1617	34:50	34:34	11:08	Rory Kelley	17 M	327	Nashua NH
173	20/45	F4049	34:50	34:34	11:08	Dianne Smigliani	49 F	279	Hudson NH
174	13/33	F2029	35:00	34:46	11:12	Mary Blunt	22 F	311	Nashua NH
175	21/45	F4049	35:18	35:03	11:17	Donna Brand	42 F	358	Nashua NH
176	14/33	F2029	35:40	35:07	11:18	Brittany Campbell	25 F	200	Nashua NH
177	20/29	M3039	35:31	35:11	11:20	Jose Vazquez	33 M	331	Providence RI
178	21/29	M3039	35:39	35:15	11:21	Dinesh Mugunthu	30 M	102	Nashua NH
SILICON SPLITS									
179	2/2	M1819	35:59	35:31	11:26	Jared Gonsalves	19 M	38	Nashua NH
WALGREENS									
180	15/33	F2029	35:46	35:31	11:26	Lilly Chang	24 F	1100	Boston MA
181	14/21	M2029	35:47	35:33	11:27	Karl Engelhart	22 M	1101	Nashua NH
182	4/10	M6069	36:06	35:36	11:28	Liviu Ispas	61 M	147	Manchester NH
GSSI									
183	32/35	M4049	36:11	35:41	11:30	Chris Plumlee	40 M	145	Derry NH
GSSI									
184	22/45	F4049	35:57	35:44	11:30	Jessica Ayala	40 F	318	Nashua NH
185	16/33	F2029	36:14	35:50	11:32	Regina Ianni	23 F	296	Merrimack NH
186	17/33	F2029	36:28	36:02	11:36	Hanna Schueschke	24 F	324	Woburn MA
187	18/33	F2029	36:34	36:04	11:37	Vicky Ispas	21 F	362	Manchester NH
188	19/33	F2029	36:37	36:06	11:38	Jennifer Lighthall	24 F	144	Bow NH
GSSI									
189	13/31	F5059	36:44	36:24	11:43	Donna Pastorello	56 F	233	Hudson NH
190	23/45	F4049	36:40	36:27	11:44	Nicki Engelharte	41 F	118	Nashua NH
NASHUA LIONS RUNNING TEAM									
191	14/28	F3039	36:38	36:30	11:45	Shannon Rhodes	39 F	108	Bow NH
SHANNON MADE ME DO IT									
192	24/45	F4049	37:08	36:37	11:47	Diane Anderson	49 F	123	Nashua NH
LAKE SUNAPEE BANK									
193	25/45	F4049	36:55	36:41	11:49	Erin Bailey	40 F	272	Hampstead NH
194	26/45	F4049	36:54	36:45	11:50	Shannon Boudreau	40 F	109	Concord NH
SHANNON MADE ME DO IT									
195	15/21	M2029	37:08	36:53	11:53	Chris Porter	21 M	308	Roxbury Crossing MA
196	5/10	M6069	37:33	37:09	11:58	Ed Orr	66 M	68	Ayer MA
TEAM DELLEMC									
197	14/31	F5059	37:37	37:12	11:59	Christine Breen	55 F	206	Londonderry NH
198	1/8	F6069	37:34	37:13	11:59	Dianne Tate	62 F	203	Merrimack NH
199	27/45	F4049	37:56	37:37	12:07	Mary Linnehan	49 F	249	Hudson NH
200	2/8	F6069	38:20	37:54	12:12	Denise Wagner	69 F	269	Nashua NH
4/16/2017 10:46AM									

24th Annual Nashua Soup Kitchen & Shelter 5K
 April 9, 2017 5 Kilometers (USATF Certified #NH13010RF) Nashua, NH
 Timing by Granite State Race Services www.gsrs.com (see our Calendar of Races) bt@gsrs.com
 =====
 Place Div/Tot Div Guntime Nettime Pace Name Ag S Race# City/state
 Team
 =====

=====								
201	16/21	M2029	38:11	38:01	12:14	Joseph Pomeroy	27 M	156 Lebanon NH
FAIRPOINT COMMUNICATIONS								
202	17/21	M2029	38:34	38:05	12:16	Ashik Imran Akbar Bash	24 M	148 Nashua NH
GSSI								
203	6/10	M6069	38:33	38:10	12:17	Will Lucey	62 M	29 Merrimack NH
WORTHEN WARRIORS								
204	15/28	F3039	38:55	38:25	12:22	Robin Finnegan	33 F	143 Hudson NH
GSSI								
205	22/29	M3039	38:56	38:27	12:23	Babak Memarzadeh	34 M	142 Merrimack NH
GSSI								
206	16/28	F3039	38:43	38:30	12:24	Sokhom Chun	34 F	180 Nashua NH
ENTERPRISE BANK								
207	23/29	M3039	38:44	38:32	12:25	Noy Chanthaseng	36 M	171 Nashua NH
ENTERPRISE BANK								
208	28/45	F4049	38:50	38:37	12:26	Sophie Sun	44 F	354 Lowell MA
209	29/45	F4049	39:08	38:49	12:30	Vicki Nason	45 F	151 Merrimack NH
GATE CITY CHURCH TEAM								
210	20/33	F2029	39:15	38:54	12:32	Audra Chaput	29 F	256 Merrimack NH
211	2/2	F0109	39:35	39:01	12:34	Addison Wilson	7 F	287 Milford NH
212	30/45	F4049	39:50	39:23	12:41	Kara Stanley	43 F	196 Nashua NH
WORTHEN WARRIORS								
213	3/4	M1011	39:40	39:25	12:41	Logan Sthilaire	10 M	238 Nashua NH
214	24/29	M3039	39:41	39:25	12:42	Jeremy St Hilaire	39 M	237 Nashua NH
215	21/33	F2029	39:55	39:29	12:43	Rachel Surette	28 F	293 Nashua NH
216	15/31	F5059	39:45	39:34	12:44	Stacy Olyha	52 F	212 Poughkeepsie NY
217	22/31	M5059	40:13	40:01	12:53	Karl Engelhart	54 M	119 Nashua NH
NASHUA LIONS RUNNING TEAM								
218	16/31	F5059	40:24	40:03	12:54	Belinda Morang	53 F	270 Merrimack NH
219	18/21	M2029	40:25	40:04	12:54	Joshua Stopyra	24 M	330 Worcester MA
220	1/1	F7079	40:31	40:20	12:59	Jane Weber	71 F	222 Nashua NH
221	5/5	M7079	41:03	40:25	13:01	Jonathan Weber	72 M	223 Nashua NH
222	2/2	M1617	40:59	40:35	13:04	Daniel Soracco	17 M	47 Hudson NH
VARITRON								
223	17/31	F5059	41:11	40:40	13:06	Karin Duchesne	54 F	127 Nashua NH
LAKE SUNAPEE BANK								
224	7/10	M6069	41:17	40:43	13:07	William Studley	66 M	202 Merrimack NH
225	5/7	M1415	41:14	41:05	13:14	Jonah Rivers	14 M	298 Manchester NH
226	23/31	M5059	41:31	41:07	13:14	Luke Breen	56 M	247 Londonderry NH
227	31/45	F4049	41:34	41:13	13:16	Lisa Drescher	47 F	265 Nashua NH
228	32/45	F4049	41:40	41:17	13:17	Chelsea Soracco	46 F	45 Hudson NH
VARITRON								
229	33/35	M4049	41:41	41:17	13:18	Don Soracco	48 M	46 Hudson NH
VARITRON								
230	3/8	F6069	43:03	42:40	13:44	Mindy Cox	63 F	243 Weare NH
231	18/31	F5059	43:10	42:46	13:46	Lisa Jackson	52 F	218 Nashua NH
232	17/28	F3039	43:10	42:55	13:49	Kathy Warren	36 F	162 Nashua NH
ENTERPRISE BANK								
233	33/45	F4049	43:31	42:56	13:50	Pamela Cobleigh	48 F	262 Westford MA
234	34/45	F4049	43:35	43:00	13:51	Kristina Maguire	45 F	299 Woburn MA
235	18/28	F3039	43:34	43:01	13:51	Stephanie Glennie	33 F	301 Chelmsford MA
236	22/33	F2029	43:44	43:25	13:59	Courtney Patti	25 F	153 Nashua NH
GATE CITY CHURCH TEAM								
237	35/45	F4049	43:47	43:34	14:02	Vinalay Luangoudom	42 F	177 Nashua NH
ENTERPRISE BANK								
238	19/31	F5059	44:55	44:36	14:22	Laurie Twining	50 F	261 Hudson NH
239	36/45	F4049	45:00	44:44	14:24	Lori Douglas	46 F	17 Derry NH
TEAM PENNICHUCK WATER WORKS								
240	20/31	F5059	45:57	45:29	14:39	Victoria Travers	57 F	44 Hudson NH
VARITRON								
241	19/28	F3039	45:39	45:31	14:39	Liz Hubert	32 F	84 Mason NH
TEAM DELLEMC								

242	23/33	F2029	45:38	45:32	14:40	Jacqueline Nowlan	28 F	85	Gardner MA
TEAM DELLEMC									
243	34/35	M4049	45:57	45:35	14:41	Steve Buxton	43 M	116	Nashua NH
NASHUA LIONS RUNNING TEAM									
244	24/33	F2029	46:36	46:09	14:52	Lindsey Cashell	26 F	39	Merrimack NH
WALGREENS									
245	25/33	F2029	46:37	46:09	14:52	Victoria Berry	20 F	37	Nashua NH
WALGREENS									
246	6/7	M1415	47:26	46:51	15:05	Dalton Bechard	15 M	292	Merrimack NH
247	37/45	F4049	47:43	47:09	15:11	Pepper Bechard	46 F	230	Merrimack NH
248	19/21	M2029	48:13	48:03	15:28	Chris Chabot	26 M	188	Nashua NH
CONWAY OFFICE SOLUTIONS									
249	38/45	F4049	49:01	48:31	15:37	Michelle Crowe	47 F	74	Milford NH
TEAM DELLEMC									
250	3/4	M1213	48:52	48:38	15:39	Hayden Brand	12 M	359	Nashua NH
4/16/2017 10:46AM									

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24th Annual Nashua Soup Kitchen & Shelter 5K
 April 9, 2017 5 Kilometers (USATF Certified #NH13010RF) Nashua, NH
 Timing by Granite State Race Services www.gsrs.com (see our Calendar of Races) bt@gsrs.com

Place	Div/Tot	Div	Guntime	Nettime	Pace	Name	Ag	S	Race#	City/state
251	39/45	F4049	49:13	48:52	15:44	Sue Metzinger	45	F	40	Salem NH
VARITRON										
252	24/31	M5059	49:28	48:57	15:46	Brett Fessenden	53	M	78	Bedford NH
TEAM DELLEMC										
253	20/28	F3039	49:32	48:58	15:46	Carrie Hogan	30	F	198	Hudson NH
254	21/31	F5059	49:33	48:59	15:46	Susan Hogan	57	F	226	Hudson NH
255	4/4	M1213	49:15	49:00	15:47	Avery Bertrand	13	M	357	Mont Vernon NH
256	25/31	M5059	49:36	49:01	15:47	Timothy Hogan	59	M	227	Hudson NH
257	26/31	M5059	49:54	49:15	15:52	George Cronin	50	M	1	Hudson NH
TEAM PENNICHUCK WATER WORKS										
258	22/31	F5059	49:55	49:16	15:52	Maryanne Cronin	52	F	25	Hudson NH
TEAM PENNICHUCK WATER WORKS										
259	1/2	F1011	49:55	49:43	16:00	Kyra Vongsa	10	F	179	Nashua NH
ENTERPRISE BANK										
260	4/4	M1011	49:56	49:43	16:00	Cody Vongsa	11	M	178	Nashua NH
ENTERPRISE BANK										
261	21/28	F3039	50:10	49:50	16:03	Karen Boardman	31	F	329	Nashua NH
262	23/31	F5059	50:33	49:58	16:05	Teresa Tranchemontagne	53	F	97	Francestown NH
SOUTHERN NH HEALTH										
263	22/28	F3039	50:33	49:59	16:06	Jennifer Drouin	31	F	98	Nashua NH
SOUTHERN NH HEALTH										
264	40/45	F4049	51:12	50:33	16:17	Mary Joles	41	F	267	Nashua NH
265	1/2	M0109	51:14	50:41	16:19	Jonathan Rolanti	7	M	285	Milford NH
266	2/2	F1011	51:39	51:07	16:28	Olivia Rolanti	10	F	284	Milford NH
267	4/8	F6069	52:04	51:36	16:37	Marylou Blaisdell	61	F	245	Nashua NH
268	5/8	F6069	52:04	51:36	16:37	Helen Morris	64	F	244	Nashua NH
269	7/7	M1415	52:21	51:37	16:37	Nathan Hamel	15	M	136	Hudson NH
INTEGRA BIOSCIENCES										
270	26/33	F2029	52:20	51:38	16:38	Amanda Raisanen	22	F	135	Hudson NH
INTEGRA BIOSCIENCES										

271	20/21	M2029	52:23	51:39	16:38	Dom Hamel	20 M	134	Hudson NH
INTEGRA BIOSCIENCES									
272	24/31	F5059	52:23	52:01	16:45	Mary Chaput	58 F	257	Merrimack NH
273	27/33	F2029	53:17	52:46	16:59	Melissa Gagnon	29 F	185	Nashua NH
CONWAY OFFICE SOLUTIONS									
274	28/33	F2029	53:18	52:47	17:00	Stephanie Gagnon	25 F	182	Nashua NH
CONWAY OFFICE SOLUTIONS									
275	41/45	F4049	53:26	52:48	17:00	Michelle Collins	42 F	23	Nashua NH
TEAM PENNICHUCK WATER WORKS									
276	25/29	M3039	53:26	52:58	17:03	Aashish Jain	36 M	175	Nashua NH
ENTERPRISE BANK									
277	23/28	F3039	53:27	52:59	17:03	Darshika Jain	36 F	176	Nashua NH
ENTERPRISE BANK									
278	26/29	M3039	53:43	53:07	17:06	Chris Ortiz	30 M	184	Nashua NH
CONWAY OFFICE SOLUTIONS									
279	29/33	F2029	53:43	53:08	17:07	Andrea Keenan	25 F	183	Nashua NH
CONWAY OFFICE SOLUTIONS									
280	30/33	F2029	53:57	53:17	17:09	Tori Deroche	22 F	28	Hudson NH
TEAM PENNICHUCK WATER WORKS									
281	6/8	F6069	54:17	53:35	17:15	Kathie Standle	62 F	27	Bennington NH
TEAM PENNICHUCK WATER WORKS									
282	25/31	F5059	54:20	53:40	17:17	Mary Deroche	59 F	18	Hudson NH
TEAM PENNICHUCK WATER WORKS									
283	1/1	M8099	53:55	53:43	17:18	Bob Welts	83 M	341	Amherst NH
284	26/31	F5059	54:38	54:36	17:35	Van Nguyen	52 F	57	Nashua NH
VARITRON									
285	7/8	F6069	55:54	55:15	17:47	Janice Caruso	60 F	232	Nashua NH
286	8/10	M6069	56:04	55:26	17:51	Tony Caruso	61 M	231	Nashua NH
287	9/10	M6069	56:06	55:30	17:52	Dan Dellacamera	63 M	221	Nashua NH
288	27/31	M5059	56:05	55:35	17:54	Rob Sommerfeldt	55 M	149	Nashua NH
GSSI									
289	42/45	F4049	56:11	55:41	17:56	Linda Guild	48 F	150	Nashua NH
GSSI									
290	27/31	F5059	56:51	56:03	18:03	Cindy Giard	59 F	49	Sandown NH
VARITRON									
291	43/45	F4049	56:55	56:11	18:05	Lisa Blais	46 F	65	Nashua NH
TEAM E&B									
292	44/45	F4049	56:46	56:25	18:10	Karen Calabro	48 F	94	Hollis NH
SOUTHERN NH HEALTH									
293	27/29	M3039	57:00	56:27	18:10	Manish Sharma	38 M	72	Nashua NH
TEAM DELLEMC									
294	24/28	F3039	56:45	56:30	18:11	Patti Hahn1	36 F	161	Nashua NH
ENTERPRISE BANK									
295	25/28	F3039	56:51	56:48	18:17	Savi Chea	36 F	56	Lowell MA
VARITRON									
296	26/28	F3039	56:49	56:49	18:18	Amanda Waddell	34 F	236	Nashua NH
297	45/45	F4049	57:48	57:25	18:29	Crystal Eaton	41 F	216	Nashua NH
298	8/8	F6069	57:51	57:27	18:30	Pat Snow	63 F	214	Nashua NH
299	28/31	F5059	57:50	57:27	18:30	Janet Valeri	51 F	215	Nashua NH
300	31/33	F2029	57:59	57:57	18:39	Socheata Chea	27 F	55	Lowell MA
VARITRON									
4/16/2017 10:46AM									

Timing by Granite State Race Services www.gsrs.com (see our Calendar of Races) bt@gsrs.com
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Place	Div/Tot	Div	Guntime	Nettime	Pace	Name	Ag	S	Race#	City/state
=====	=====	=====	=====	=====	=====	=====	==	=	=====	
=====	=====	=====	=====	=====	=====	=====			=====	
301	32/33	F2029	58:22	58:20	18:47	Narinda Tit	29	F	52	Lowell MA
VARITRON										
302	29/31	F5059	59:36	58:48	18:56	Linda Petropoulos	58	F	53	Lowell MA
VARITRON										
303	28/31	M5059	59:38	58:49	18:56	John Petropoulos	59	M	54	Lowell MA
VARITRON										
304	10/10	M6069	59:36	58:49	18:56	Roger Giard	67	M	51	Sandown NH
VARITRON										
305	29/31	M5059	1:01:51	59:39	19:12	Bruce Gingras	50	M	204	Nashua NH
306	30/31	F5059	1:01:50	59:42	19:13	Deanna Gingras	50	F	205	Nashua NH
307	30/31	M5059	1:00:58	1:00:58	19:38	Ramesh Vaswani	53	M	355	Nashua NH
INDIA ASSOCIATION OF NEW HAMPSHI										
308	31/31	F5059	1:04:41	1:03:02	20:18	Sarita Vaswani	52	F	360	Nashua NH
INDIA ASSOCIATION OF NEW HAMPSHI										
309	33/33	F2029	1:04:50	1:04:04	20:38	Alicia Dufresne	21	F	16	Hudson NH
TEAM PENNICHUCK WATER WORKS										
310	21/21	M2029	1:04:51	1:04:08	20:39	Jayson Kelly	28	M	11	Nashua NH
TEAM PENNICHUCK WATER WORKS										
311	2/2	M0109	1:05:22	1:04:48	20:52	Alexander Glennie	7	M	302	Chelmsford MA
312	31/31	M5059	1:07:59	1:07:13	21:39	Eric Novak	53	M	50	Manchester NH
VARITRON										
313	35/35	M4049	1:09:15	1:08:25	22:02	Brian McInnis	44	M	43	Hudson NH
VARITRON										
314	27/28	F3039	1:09:27	1:09:27	22:22	Nitya Dhakar	36	F	3034	
INDIA ASSOCIATION OF NEW HAMPSHI										
315	28/29	M3039	1:09:27	1:09:27	22:22	Stefan Bargiel	34	M	3035	
INDIA ASSOCIATION OF NEW HAMPSHI										
316	28/28	F3039	1:09:27	1:09:27	22:22	Jennifer Halfpenny	36	F	3036	
INDIA ASSOCIATION OF NEW HAMPSHI										
317	29/29	M3039	1:09:27	1:09:27	22:22	Garret Halfpenny	37	M	3037	
INDIA ASSOCIATION OF NEW HAMPSHI										
4/16/2017 10:46AM										

