

Matt Homich, 27, crosses the finish line at Saturday's Northeast Harbor 5-mile Road Race. Homich won the event with a time of 26 minutes, 34 seconds. PHOTO BY AMANAT KHULLAR

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Homich wins NEH 5-miler

August 26, 2015 by Amanat Khullar on Running & Cycling, Sports



MOUNT DESERT — Matt Homich ran through the finish line banner at the Great Harbor

Museum in Northeast Harbor on Saturday to win the annual 5-mile road race. Proceeds from the event support the Northeast Harbor Ambulance Service.

The 38th edition of the event drew 206 runners and walkers from across the country. Homich, 27, of Ellsworth, set a personal record and finished 15 seconds ahead of runner-up Sean Clark with a time of 26 minutes and 34 seconds. Clark, 29, of Philadelphia, Pa., completed the race in 26:49 with Logan Wilson, 21, placing third in 28:53.

The women's winner was Bethany Gunther who notched a time of 31 minutes, 49 seconds. The annual road race was sponsored by Bar Harbor Bank & Trust with race logistics provided by Crow Athletics.

"The event is an important fundraiser for the Northeast Harbor Ambulance Company," said Gary Allen of Crow Athletics. "We're pleased to be a part of this historic race and community building event." Over the years, several of Maine's runners have competed and set records in the event, which began in 1978.



Robin Emery of Lamoine has won seven editions of the race and is a member of the Maine Running Hall of Fame. "Every year, she runs with bib number 7," added Allen.

Runners of ages ranging from 8 to 80 years finished the race with friends and family cheering at the finish line.

Staff members of the Northeast Harbor Ambulance Service (NEHAS) handed out awards at the end of the event in addition to organizing a hands-only CPR flash mob to the song "Stayin' Alive."

"The goal is to let people know that compression-only CPR is easy. Please dare to do it," said Suzanne Foster, an EMT with the ambulance service. She, along with paramedic and crew chief Margaret Houghton, orchestrated the flash mob.

NEHAS has been providing emergency medical care to the residents and visitors of the town of Mount Desert and surrounding areas since 1938.

Ambulance Service EMS personnel consist of volunteer pay-per-call Maine licensed

Emergency Medical Technicians and trained volunteer drivers.

NEH 5-miler Overall results Place Name City Time

I Matt Homich Ellsworth 26:34 2 Sean Clark Philadelphia, PA 26:49 3 Logan Wilson Lanesborough, MA 28:53 4 Judson Cake Bar Harbor 29:03 5 Myles Courtney 29:07 6 Ned Maximus Great Cranberry 29:11 7 Andrew Kephart Ellsworth 30:10 8 Andy Pereira Southwest Harbor 30:23 9 Jarly Bobadilla 30:36 10 Tim Tunney Ellsworth 30:39 11 Chris Holt Ellsworth 30:42 12 Seth Young Ellsworth 31:33 13 Roland Pott Trenton, NJ 31:37 14 Andrew Tiemann Ellsworth 31:39 15 Nick Lawrence 31:43 16 M. Olmstead Winchester, MA 31:47 17 B. Gunther Philadelphia, PA 31:49 18 David Wilson Lanesborough, MA 32:20 19 Brent Richardson Indian Point 32:25 20 Michael Westphal Cranberry Isle 32:40 21 Sean Dacus Conway, MA 32:46 22 Bob Strout Salisbury, MA 32:48 23 Erich Reed Mount Desert 32:59 24 Evan Merchant Beals 33:15 25 Tracy Guerrette St. Agatha 33:30 26 Peter Lodge Bangor 33:37 27 J.P. Grace Locust Valley, NY 33:40 28 Barbara Lincoln Westport, CT 35:09 29 Douglas Lake 35:16 30 Tommy Stewart Jr. Frankfort 35:20 31 Sam Sezak Cape Elizabeth 35:23 32 Zac Gilhooley Bar Harbor 35:25 33 Noah Jordan Alna 35:59 34 Andrew Maisel Washington, DC 36:07 35 Robert Jordan Ellsworth 36:16 36 Veronica Wentworth Franklin 36:24 37 Rosy DePaul Los Angeles, CA 36:29 38 Jeff Martin Richland, WA 36:36

39 Laureen Libby Frankfort 36:57 40 Matthew Booth Bangor 36:58 41 Madison Evey Bozeman, MT 36:58 42 Daniel Roberge Kingston, NH 37:01 43 Patrick Hayes Pleasantville, NY 37:04 44 Christopher Heel Mount Desert 37:14 45 Jamie Schiff New York, NY 37:25 46 Chris Wentworth Franklin 37:38 47 Jake Danon 37:44 48 Robin Clarke Ellsworth 37:48 49 Jesse Anderson 37:51 50 Tom Stewart St Stephen, NB 37:59 51 James Burnett Blue Hill 38:03 52 Krista Lawell Baileys Harbor, WI 38:05 53 John Lehrman Northeast Harbor 38:09 54 Joe Kelley Bar Harbor 38:11 55 David Foulke Northeast Harbor 38:13 56 Molly Olmstead Winchester, MA 38:18 57 Tony Swebilius Morrill 38:22 58 Chris Harper Seal Cove 38:23 59 Thomas Murphy Ellsworth 38:34 60 Daniel Fox 38:39 61 Mickey Lackey Millinocket 38:44 62 Gareth Howell 39:22 63 Pasco Alfaro 39:25 64 Brian Henkel Southwest Harbor 39:26 65 Cody Parker Bar Harbor 39:44 66 Bill McCabe New York, NY 39:57 67 Stephen Maestranzi Arlington, MA 39:59 68 Amanda Maestranzi Arlington, MA 40:09 69 Peter Lehrman Northeast Harbor 40:44 70 Thomas Lehrman Northeast Harbor 40:51 71 Lisa Herschbach Hopewell, NJ 40:59 72 Tom Kirby Ellsworth 41:24 73 Stasha Vicinanza 41:27 74 Ridgely Kelly Bremen 41:32 75 Jamie O'Keefe 41:32 76 Ann Olmstead Winchester, MA 41:33 77 James Olmstead Winchester, MA 41:34 78 Wolfgang Wendler Yarmouth 41:34 79 Wally Capen Seal Harbor 41:43 80 Lisa Tweedie Bar Harbor 42:13

81 Michael Sellman 42:14 82 Amy Grace 42:15 83 Lloyd Harmon Ellsworth 42:24 84 John Mitchell Raleigh NC 42:34 85 Christa Brey Lamoine 42:42 86 Adam Collory 42:53 87 Myles Dannhausen Chicago, IL 42:55 88 Baker Pott Trenton, NJ 43:02 89 Kiran Bhatraju Washington, DC 43:04 90 Angelica Carr Northeast Harbor 43:14 91 Amanda Young Northeast Harbor 43:38 92 Jamie Slater 43:56 93 Ian Stanley Hopewell, NJ 44:00 94 Emilie Reuther Chicago, IL 44:16 95 Lisa Kearns Franklin 44:23 96 Stephanie Collopy 44:25 97 Jessica Darus Conway, MA 44:32 98 Matt Haney Mount Desert 44:34 99 Caitlin Clark Philadelphia, PA 44:43 100 Kate Eliot 44:45 101 Thomas Cooper 44:49 102 Anne Fitzgibbons Chicago, IL 44:49 103 Jennifer Garrett Williamsburg, MA 45:08 104 Zoe Olson Bucksport 45:16 105 Teddy Grace Locust Valley, NY 45:32 106 Joe Grace Locust Valley, NY 45:33 107 Barbara Robidoux Candia, NH 45:46 108 Kara Pratt Bar Harbor 45:56 109 Hannah Whalen Tremont 46:18 110 Michael Madell Bar Harbor 46:21 111 Jeff Dalrymple Surry 46:23 112 Melissa Cannon Guzy 46:43 113 John Brown Mount Desert 46:47 114 Travis Kinney Scarborough 46:48 115 Kyle Snow Ellsworth 47:16 116 Joshua Howard Ossining, NY 47:21 117 Curtis Libby Hancock 47:21 118 Jerusha Benn Littleton 47:22 119 Danielle Richardson Brewer 47:36 120 Mara Lehrman Northeast Harbor 47:42 121 Evon Cooper 47:52 122 Marcie Berkley Northeast Harbor 48:05

123 Bob Bachorik Ellsworth 48:15 124 Judy Holmes Seal Harbor 48:24 125 Margaret Beaulac Mount Desert 48:27 126 Ginger King Otter Creek 48:36 128 R. Keith Hansen 48:43 129 Hurley Brown Mount Desert 48:45 130 Sarah McCabe Bryn Mawr, PA 48:49 131 Christine Alfaro 48:50 132 Bailey Bishoff Ellsworth 48:51 133 Anna Kelly Bremen 48:59 134 Taylor Colket 49:15 135 Amanda Smith 49:23 136 Liz Pereira Southwest Harbor 49:48 137 Lisa Nitze Seattle, WA 50:18 138 J.R. Jarosh Jacksonport, WI 50:30 139 Mark Brood Cherry Hill, NJ 50:54 140 Mimi Isle Northeast Harbor 50:54 141 Isabel Benster Northeast Harbor 50:55 142 Darren Zaslau Bar Harbor 51:02 143 Elizabeth Bonner New York, NY 51:09 144 Chris Bonner New York, NY 51:09 145 Jack Karst 51:14 146 Ella Capen Damariscotta 51:19 147 Morgan Karst 51:23 148 Megan Green El-Cajon, CA 51:59 149 Garett Kinney Scarborough 52:00 150 David Courtney 52:10 151 Justin Erskine 52:31 152 Lauren O'Sullivan Bar Harbor 52:46 153 Joseph Phillips Norwich, VT 53:26 154 Kathy Snow Ellsworth 53:36 155 Judy Van der Grift 53:58 156 Robin Emery Lamoine 53:58 157 Edith DuBos 54:45 158 Christina Holt 54:58 159 Jayme Colket 55:32 160 Linda Rogers Bangor 55:36 161 Leah Maragliano Hauppauge, NY 56:02 162 Avery Allen Northeast Harbor 56:06 163 Heather Erskine 56:23 164 Kim Best Cambridge, NS 57:13 165 Ivene Morey Stonington 58:03

166 Ashley Schneider 58:31 167 Aaron Schneider 58:31 168 Hannah St. Amand Bass Harbor 58:32 169 Grace Anthony Tremont 58:32 170 Betsy Chapman Hampden 1:00:36 171 Ebony Patton 1:01:44 172 Mary Ratliff Kenmore, WA 1:01:48 173 Bob Hartley Mount Desert 1:02:36 174 Matilda Allen Cranberry Isle 1:03:54 175 Lily Krauss Princeton, NJ 1:06:33 176 Robin Persky Princeton, NJ 1:06:34 177 Miller Colket 1:10:21 178 M. Sezak Cape Elizabeth 1:11:25 179 Tyler Schiff New York, NY 1:11:25 180 Judy Phillips Norwich, VT 1:12:10 181 Anders Ingle Malvern, PA 1:12:18 182 Dorri Tillinghast 1:13:43 183 Edward Tillinghast 1:13:47 184 Emily Cox 1:13:47 185 Sage Ingle Malvern, PA 1:14:51 186 Sarah Ingle Malvern, PA 1:14:52 187 George Walker Mount Desert 1:14:52 188 Emily Brown Mount Desert 1:15:13 189 Lisa Wendler Yarmouth 1:15:26 190 Cheryl Murphy Ellsworth 1:18:20 191 Candy Bachorik Ellsworth 1:19:42 192 Benton Thomas Northeast Harbor 1:20:02 193 Scott Shield 1:22:41 194 Ginny Shields 1:22:41 195 Bryan Colket 1:23:38 196 Gary Cox Bar Harbor 1:23:38 197 Richard Hauser Sturgeon Bay, WI 1:30:12 198 Carrie Hauser Sturgeon Bay, WI 1:30:12 199 Anne Emerson 1:30:28 200 Nell Jarosh 1:30:28 201 Vinn Chotneau 1:30:28 202 Stanley Zatlau Bar Harbor 1:30:41 203 April Zaslau Bar Harbor 1:30:41 204 Karen Knowlan Cherry Hill, NJ 1:30:49 205 Bev Kemper Freeport 1:35:41 206 Elizabeth Houghton Freeport 1:35:41

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