

courtesy of Sean Galipeau-Elbridge "2013-06-02 Chasing History 5k"

Minot, Maine

5k Results:

1. Kyle Rhoads 20:14 First place overall
2. Riley Lavoie 21:43 (a 1:46 improvement from his time on this course in November!)
3. Tyrone Fulghan 25:03 (Third place - even with adding a significant amount of distance to his race!)
4. Kristina Smith 25:26 First female overall finisher.
5. Shawn Vincent 26:41 Super Principal
6. Sam Walker 27:47 (Phenomenal 2:28 improvement from his time on a mild November day.)
7. Mia Turkington 27:48 Superstar 5th grade runner won the trophy for first female RSU #16 trophy.
8. Jim Lagerson 29:26 Great job - even with adding extra distance to his run. . .
9. Amy Hediger 32:00 Had fantastically fun finish with her husband Dave.
10. Dave Hediger 32:00 The other part of the dynamic Hediger racing duo - all smiles.
11. Ervin Walker 32:30 Great run in the heat, wearing the bandana of power.
12. Ed Doane 32:56 Super supporter was able to actually run with us - and still find ways to help out with the race.
13. Kim Yorkey 33:44 Sporting the #1 racing bib, Kim was the first runner to sign-up and support our middle schoolers!
14. Gregg Damien 37:06 Ran his first distance greater than 2 miles!
15. Bonnie Robbins 37:06 Ran 2:32 faster than her time in November!
16. John Sayles 37:50 lent his support!
17. Shannon Shanning 41:13 Maine Teacher of the Year came and conquered!
18. Alice Shea 41:29 Super teacher and proponent of NHD, Ms. Shea bested her time from last November, despite the heat.
19. Bruce Davis 41:29 stayed positive in the heat and took home a raffle at the end of the day!
20. Sonya Theriault 41:31 Excellent job running with her team!
21. Matthew Walker 43:09 Gunned through the conditions and raced his sister to the chute!
22. Kate Walker 43:11 In the heat, Kate still improved by a whopping! Great job!
23. Nancy Walker 43:33 Nancy signed up her whole family and showed how our community is lot like a big family!
24. Nancy McMahon participated with baby in tow - even added to her mileage! Thank you for starting her young!! :)