



Maine's largest running club, founded in 1979 and based in southern Maine



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Moose Pond 5K

Bridgton — November 3, 2012

5K Awards

***** FEMALE OVERALL RESULTS *****

| | | | | |
|---|------------------|-----------------|----|-------|
| 1 | Natasha Leighton | 38 North Turner | ME | 20:59 |
|---|------------------|-----------------|----|-------|

***** MALE OVERALL RESULTS *****

| | | | | |
|---|-----------------|-------------|----|-------|
| 1 | Sam Lennon-Rose | 27 Fryeburg | ME | 21:05 |
|---|-----------------|-------------|----|-------|

MALE AGE GROUP: 1 - 18

| | | | | |
|---|--------------|-----------|----|-------|
| 1 | Taylor Davis | 15 Naples | ME | 21:15 |
|---|--------------|-----------|----|-------|

| | | | | |
|---|---------------|----------------|----|-------|
| 2 | Daniel Ricker | 15 South Paris | ME | 23:44 |
|---|---------------|----------------|----|-------|

| | | | | |
|---|------------|-----------|----|-------|
| 3 | Gavin Hamm | 10 Norway | ME | 24:11 |
|---|------------|-----------|----|-------|

FEMALE AGE GROUP: 1 - 18

| | | | | |
|---|----------------|----------------|----|-------|
| 1 | Arianna Greene | 13 South Paris | ME | 27:21 |
|---|----------------|----------------|----|-------|

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|---|--------------|-------------|----|-------|
| 2 | Maria Murrin | 13 Pembroke | MA | 43:54 |
|---|--------------|-------------|----|-------|

MALE AGE GROUP: 19 - 29

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|---|-----------------|-------------|----|-------|
| 1 | Josh Harrington | 28 Bridgton | ME | 24:54 |
|---|-----------------|-------------|----|-------|

| | | | | |
|---|---------------|-------------|----|-------|
| 2 | Keith Saygall | 25 Portland | ME | 25:36 |
|---|---------------|-------------|----|-------|

FEMALE AGE GROUP: 19 - 29

| | | | | |
|---|------------|-------------|----|-------|
| 1 | Erin Feely | 24 Lewiston | ME | 29:07 |
|---|------------|-------------|----|-------|

| | | | | |
|---|---------------|-----------|----|-------|
| 2 | Lisa McKinney | 24 Auburn | ME | 31:48 |
|---|---------------|-----------|----|-------|

| | | | | |
|---|---------------|-------------|----|-------|
| 3 | Alyssa Speece | 24 Bridgton | ME | 34:39 |
|---|---------------|-------------|----|-------|

MALE AGE GROUP: 30 - 39

| | | | | |
|---|---------------|------------------|----|-------|
| 1 | Scott Deckard | 39 Boynton Beach | FL | 25:00 |
|---|---------------|------------------|----|-------|

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|---|-------------|-------------------|----|-------|
| 2 | Chris Lydon | 39 South Portland | ME | 28:56 |
|---|-------------|-------------------|----|-------|

| | | | | |
|---|----------------|------------|----|-------|
| 3 | Jamison McLean | 37 Denmark | ME | 46:22 |
|---|----------------|------------|----|-------|

FEMALE AGE GROUP: 30 - 39

| | | | | |
|---|------------|-----------|----|-------|
| 1 | Darci Hamm | 38 Norway | ME | 24:58 |
|---|------------|-----------|----|-------|

| | | | | |
|---|-------------|--------------|----|-------|
| 2 | Amy DeCapua | 31 Limington | ME | 36:05 |
|---|-------------|--------------|----|-------|

| | | | | |
|---|--------------|-------------|----|-------|
| 3 | Amanda Boyce | 35 Bridgton | ME | 44:34 |
|---|--------------|-------------|----|-------|

MALE AGE GROUP: 40 - 49

| | | | | |
|---|---------------|--------------|----|-------|
| 1 | David Barnard | 43 Ellsworth | ME | 24:22 |
|---|---------------|--------------|----|-------|

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|---|----------------|-----------|----|-------|
| 2 | Michael Fagone | 41 Gorham | ME | 24:34 |
|---|----------------|-----------|----|-------|

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|---|----------------|-----------|----|-------|
| 3 | Jack Faulstich | 49 Malden | MA | 30:19 |
|---|----------------|-----------|----|-------|

FEMALE AGE GROUP: 40 - 49

| | | | | |
|---|------------|------------|----|-------|
| 1 | Tracy Burk | 40 Denmark | ME | 24:12 |
|---|------------|------------|----|-------|

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|---|---------------|---------------|----|-------|
| 2 | Lori Bartlett | 43 Bar Harbor | ME | 27:47 |
|---|---------------|---------------|----|-------|

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|---|------------|-------------|----|-------|
| 3 | Deb Murrin | 40 Pembroke | MA | 29:14 |
|---|------------|-------------|----|-------|

MALE AGE GROUP: 50 - 59

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|---|-------------------|------------|----|-------|
| 1 | Jeffrey Arsenault | 55 Rumford | ME | 22:01 |
|---|-------------------|------------|----|-------|

| | | | | |
|---|-----------------|-----------|----|-------|
| 2 | Shawn McDermott | 51 Gorham | ME | 22:25 |
|---|-----------------|-----------|----|-------|

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|---|-------------|-----------|----|-------|
| 3 | Tim Jacques | 50 Naples | ME | 23:10 |
|---|-------------|-----------|----|-------|

FEMALE AGE GROUP: 50 - 59

| | | | | |
|---|----------------|-----------|----|-------|
| 1 | Pamela Baldwin | 51 Gorham | ME | 25:53 |
|---|----------------|-----------|----|-------|

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|---|------------|-------------|----|-------|
| 2 | Lise Feely | 51 Lewiston | ME | 25:54 |
|---|------------|-------------|----|-------|

| | | | | |
|---|---------------------|-----------|----|-------|
| 3 | Barbara Morrissette | 58 Norway | ME | 28:11 |
|---|---------------------|-----------|----|-------|

MALE AGE GROUP: 60 - 69

| | | | | |
|---|-------------|----|--|-------|
| 1 | Rob Knowles | 67 | | 37:37 |
|---|-------------|----|--|-------|

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|---------------------------|----------------|----|----------------|----|-------|
| 2 | Sonny Davis | 60 | Bridgton | ME | 50:11 |
| FEMALE AGE GROUP: 60 - 69 | | | | | |
| 1 | Dee Yeager | 62 | Bridgton | ME | 28:05 |
| 2 | Norma Scribner | 61 | Falmouth | ME | 49:57 |
| 3 | Barbara Nelson | 62 | South Portland | ME | 50:47 |

5K Results

| PLAC E | DIV/T OT | FIRS T NAM E | LAST NAM E | NO. | AGE | SEX | CITY | ST | TIME | PACE |
|-----------|-------------|-----------------------|---------------------|-----|-----|-----|-----------------------|----|-------|------|
| 1 | 1/4 | Natas ha | Leight on | 245 | 38 | F | North Turner | ME | 20:59 | 6:46 |
| 2 | 1/3 | Sam | Lenno n- Rose | 270 | 27 | M | Fryeb urg | ME | 21:05 | 6:48 |
| 3 | 1/4 | Taylor | Davis | 262 | 15 | M | Naple s | ME | 21:15 | 6:51 |
| 4 | 1/9 | Jeffrey | Arsen ault | 141 | 55 | M | Rumfo rd | ME | 22:01 | 7:05 |
| 5 | 2/9 | Shawn | McDer mott | 239 | 51 | M | Gorha m | ME | 22:25 | 7:13 |
| 6 | 3/9 | Tim | Jacqu es | 233 | 50 | M | Naple s | ME | 23:10 | 7:28 |
| 7 | 2/4 | Daniel | Ricker | 237 | 15 | M | South Paris | ME | 23:44 | 7:39 |
| 8 | 4/9 | Bill | Scott | 269 | 52 | M | South Portla nd | ME | 23:51 | 7:41 |

| PLAC E | DIV/T OT | FIRS T NAM E | LAST NAM E | NO. | AGE | SEX | CITY | ST | TIME | PACE |
|--------|----------|--------------|-------------|-----|-----|-----|----------------|----|-------|------|
| 9 | 3/4 | Gavin | Ham m | 218 | 10 | M | Norwa y | ME | 24:11 | 7:47 |
| 10 | 1/7 | Tracy | Burk | 246 | 40 | F | Denm ark | ME | 24:12 | 7:48 |
| 11 | 1/5 | David | Barnar d | 243 | 43 | M | Ellswor th | ME | 24:22 | 7:51 |
| 12 | 2/5 | Micha el | Fagon e | 266 | 41 | M | Gorha m | ME | 24:34 | 7:55 |
| 13 | 2/3 | Josh | Harrin gton | 207 | 28 | M | Bridgt on | ME | 24:54 | 8:01 |
| 14 | 2/4 | Darci | Ham m | 217 | 38 | F | Norwa y | ME | 24:58 | 8:03 |
| 15 | 1/3 | Scott | Decka rd | 247 | 39 | M | Boynt on Beach | FL | 25:00 | 8:03 |
| 16 | 3/3 | Keith | Sayga ll | 267 | 25 | M | Portla nd | ME | 25:36 | 8:15 |
| 17 | 1/14 | Pamel a | Baldwi n | 268 | 51 | F | Gorha m | ME | 25:53 | 8:20 |
| 18 | 2/14 | Lise | Feely | 265 | 51 | F | Lewist on | ME | 25:54 | 8:21 |
| 19 | 1/2 | Ariann a | Green e | 249 | 13 | F | South Paris | ME | 27:21 | 8:49 |

| PLAC E | DIV/T OT | FIRS T NAM E | LAST NAM E | NO. | AGE | SEX | CITY | ST | TIME | PACE |
|--------|----------|--------------|------------|-----|-----|-----|----------------|----|-------|------|
| 20 | 2/7 | Lori | Bartlett | 242 | 43 | F | Bar Harbor | ME | 27:47 | 8:57 |
| 21 | 5/9 | Joel | Pulkkinen | 230 | 52 | M | Norway | ME | 27:49 | 8:57 |
| 22 | 4/4 | Logan | Davis | 263 | 10 | M | Naples | ME | 28:04 | 9:02 |
| 23 | 1/3 | Dee | Yeager | 256 | 62 | F | Bridgton | ME | 28:05 | 9:03 |
| 24 | 3/14 | Barbara | Morrisette | 244 | 58 | F | Norway | ME | 28:11 | 9:04 |
| 25 | 2/3 | Chris | Lydon | 174 | 39 | M | South Portland | ME | 28:56 | 9:19 |
| 26 | 1/3 | Erin | Feely | 264 | 24 | F | Lewiston | ME | 29:07 | 9:23 |
| 27 | 3/7 | Deb | Murrin | 221 | 40 | F | Pembroke | MA | 29:14 | 9:25 |
| 28 | 4/7 | Wendy | Hammond | 202 | 44 | F | Gorham | ME | 29:22 | 9:28 |
| 29 | 5/7 | Cathy | Roop | 223 | 44 | F | Pembroke | MA | 29:53 | 9:37 |
| 30 | 3/5 | Jack | Faulstich | 204 | 49 | M | Malden | MA | 30:19 | 9:46 |

| PLAC E | DIV/T OT | FIRS T NAM E | LAST NAM E | NO. | AGE | SEX | CITY | ST | TIME | PACE |
|--------|----------|--------------|------------|-----|-----|-----|------------|----|-------|-------|
| 31 | 4/14 | Debra | Fraser | 258 | 50 | F | Fairfax | VT | 30:20 | 9:46 |
| 32 | 5/14 | Leslie | Glynn | 225 | 53 | F | Danve rs | MA | 30:57 | 9:58 |
| 33 | 2/3 | Lisa | McKin ney | 227 | 24 | F | Aubur n | ME | 31:48 | 10:14 |
| 34 | 6/14 | Susan | Niedor oda | 214 | 55 | F | Windh am | ME | 32:50 | 10:35 |
| 35 | 6/7 | Diann e | Jacqu es | 234 | 48 | F | Naple s | ME | 33:10 | 10:41 |
| 36 | 7/14 | Janet | Guidi | 261 | 59 | F | Harris on | ME | 33:59 | 10:57 |
| 37 | 6/9 | Mike | Faulsti ch | 205 | 52 | M | Malde n | MA | 34:24 | 11:05 |
| 38 | 3/3 | Alyssa | Speec e | 228 | 24 | F | Bridgt on | ME | 34:39 | 11:09 |
| 39 | 3/4 | Amy | DeCa pua | 211 | 31 | F | Liming ton | ME | 36:05 | 11:37 |
| 40 | 1/2 | Rob | Knowl es | 259 | 67 | M | | | 37:37 | 12:07 |
| 41 | 8/14 | Kathy | Pulkki nen | 229 | 52 | F | Norwa y | ME | 43:19 | 13:57 |
| 42 | 7/9 | Thom as | Jacqu es | 231 | 51 | M | Westb rook | ME | 43:24 | 13:59 |


| PLAC E | DIV/T OT | FIRS T NAM E | LAST NAM E | NO. | AGE | SEX | CITY | ST | TIME | PACE |
|---|----------|--------------|------------|-----|-----|-----|----------------|----|-------|-------|
| 43 | 9/14 | Victoria | Savage | 216 | 59 | F | Portland | ME | 43:33 | 14:01 |
| 44 | 4/5 | Kevin | Murrin | 222 | 46 | M | Pembroke | MA | 43:54 | 14:08 |
| 45 | 2/2 | Maria | Murrin | 219 | 13 | F | Pembroke | MA | 43:54 | 14:08 |
| <p>Search ...</p> | | | | | | | | | | |
| <p>MTC EMAIL NEWSLETTER</p> <p>Sign up for the weekly MTC email newsletter</p> | | | | | | | | | | |
| 46 | 4/4 | Amanda | Boyce | 215 | 35 | F | Bridgton | ME | 44:34 | 14:21 |
| 47 | 5/5 | Timothy | Ricker | 236 | 48 | M | South Paris | ME | 44:51 | 14:26 |
| <p>MTC CLUB STORE</p> | | | | | | | | | | |
| 48 | 3/3 | Jamison | Melton | 232 | 37 | M | Deerfield | ME | 46:22 | 14:56 |
| <p>The MTC has partnered with VOYAGE to provide high quality MTC-branded gear. Visit the club store and learn your MTC pride!</p> | | | | | | | | | | |
| <p>MAINE TRACK CLUB RACES</p> | | | | | | | | | | |
| 49 | 10/14 | Linda | Greer | 260 | 51 | F | South Portland | ME | 48:43 | 15:41 |
| <p>Midwinter Classic 10 Miller Longfellow February Frostbite 2.5K Peaks Island Road Race</p> | | | | | | | | | | |
| 50 | 8/9 | Don | Gooding | 248 | 54 | M | Bridgton | ME | 49:44 | 16:01 |
| <p>Maine Marathon Farm to Farm Ultra Run & Relays Turkey Trot 5K</p> | | | | | | | | | | |
| 51 | 11/14 | Joan | DeCоста | 238 | 59 | F | Falmouth | ME | 49:56 | 16:05 |
| <p>MTC SUPPORTED RACES</p> | | | | | | | | | | |
| 52 | 12/14 | Gathy | Smith | 252 | 50 | F | Gorham | ME | 49:57 | 16:05 |
| <p>Portland Sea Dogs Mother's Day 5K Pat's Pizza Clam Festival Classic</p> | | | | | | | | | | |
| 53 | 2/3 | Norma | Scribner | 251 | 61 | F | Falmouth | ME | 49:57 | 16:05 |
| <p>UPCOMING MAINE RACES</p> | | | | | | | | | | |

There are no upcoming events.



| PLAC E | DIV/T OT | FIRS T NAM E | LAST NAM E | NO. | AGE | SEX | CITY | ST | TIME | PACE |
|-----------|-------------|-----------------------|------------------|-----|-----|-----|-----------------------|----|---------|-------|
| 54 | 2/2 | Sonny | Davis | 235 | 60 | M | Bridgt on | ME | 50:11 | 16:09 |
| 55 | 3/3 | Barba ra | Nelso n | 212 | 62 | F | South Portla nd | ME | 50:47 | 16:21 |
| 56 | 13/14 | Kate | Goodi ng | 213 | 58 | F | Bridgt on | ME | 50:47 | 16:21 |
| 57 | 14/14 | Becky | Allard | 255 | 57 | F | Raym ond | ME | 52:02 | 16:45 |
| 58 | 7/7 | Tawny a | Hoyt | 257 | 41 | F | Gray | ME | 52:02 | 16:45 |
| 59 | 9/9 | Eric | Johns on | 254 | 54 | M | Bridgt on | ME | 1:05:20 | 21:02 |

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