

May 4, 2012 (Friday)

Cascade Brook School 5K

Farmington, ME 4:00PM Cascade Brook School, 162 Learning Lane (*kids k at 4:00pm and 5K at 5:00 pm on moderately hilly roads and Ninas Woods*)

Contact: Jeff Meserve (Cascade Brook School). 1-207-778-4821 jmeserve@mtbluersd.org

[Yahoo! Maps](#)

May 5, 2012 (Saturday)

May 5, 2012

Saturday

[Bee a Buddy 5K](#)

5K run

[Searsmont, ME](#)

Waldo



2nd Annual 5K Fun Run/Walk for Autism

Waterville, ME 9:00AM Thomas College, 180 West River Road (*Family-friendly*)

Contact: Cathy McGuckin (Woodfords Family Services). 1-207-878-9663 x4109

cmcguckin@woodfords.org

[Yahoo! Maps](#)

[32nd Annual Boothbay Region YMCA Rocky Coast Road Race](#)

Boothbay Harbor, ME 10:30AM 261 Townsend Ave, 261 Townsend Ave (*5K, 10K, 5K Walk and Bunny Run*)

Contact: Mary Baudo (Boothaby Region YMCA). 1-207-633-2855 x270 mbaudo@brymca.org

[Yahoo! Maps](#)

[Chase Your Future at MCS 5K](#)

Sanford, ME 8:30AM Margaret Chase Smith School, 248 Twombly Rd (*Keeping our children active and healthy!*)

Contact: Heidi Brennan (Margaret Chase Smith School PTG). 1-207-459-9812

brennan_0604@yahoo.com

 [Yahoo! Maps](#)

ERA/MDA 5K race/walk

Augusta, ME 8:00AM Maine State Housing Parking lot -Downtown Augusta, 353 Water St. (*Flat level course along the Kennebec River Rail Trail. Prizes and Raffles!*)

Contact: Diane Garcell (ERA Webb Associates). 1-207-512-6374 dianegarcell@realtor.com

[Yahoo! Maps](#)

[Its 5 Oclock somewhere 5k](#)

Freeport, ME 5:00PM Challenging run starting on School St near Bow St Market and the Hilton Garden, School St. (*Sunset run, bonfire, band and beer. After party at Grittys in Freeport, Maine*)

Contact: Tina Hendricks (Habitat For Humanity). 1-207-837-9192 Success@lipgloss4lives.com

[Yahoo! Maps](#)

THE MURPH - 5 Mile Trail Race

Bath, ME 10:00AM McMann Athletic Complex, 181 Congress Avenue (*Mixed terrain course with apres-run beer tent and BBQ!*)

Contact: Karyn Garofoli (Bath Parks and Recreation Department). 1-207-443-8360

kgarofoli@cityofbath.com

[Yahoo! Maps](#)

Saturday, May 5

Finishlynx Orrington 10K and 1 Mile Fun Run, Orrington, ME. Race day registration starts at 8:00 AM, 1 Mile at 9:00 AM, 10K at 9:30 AM. Proceeds benefit Center Drive School track and cross country teams. Race #3 in the Tradewinds Market Place/Sub 5 Road Race Series. [Registration Form](#)

ERA/MDA 5K race/walk on the Kennebec Rail trail, 353 Water St. Augusta, Maine State Housing Parking lot, Downtown Augusta.

Saturday May 5th - 8:00 am -Registration starts at 7:00 am. Also register on webb site erawebb.com.

Into The Mud Challenge, Auburn, ME. Starts at the Gorham Middle School. Registration and check in at 8:30 AM. Mud, Mud, and oh yeah, MORE mud and fun! The 2.5 mile Into the Mud Challenge course includes exciting obstacles such as mud pits and muddy crawls. Race alone or with a group of friends as a team of four . . . costumes are encouraged!! The Muddy Dash kids race is a 1-mile, fun and muddy course for 5-12 year olds. The first 250 participants registered are guaranteed a t-shirt and all Muddy Dash participants receive a t-shirt. The Into the Mud Challenge a unique, muddy, fun event for all. [Race Website](#)

Children's Discovery Museum 1st 5K and Kid's 1 Fun Run, Augusta, ME. Registration begins at 7:00 AM, Fun Run at 8:30 AM, 5K to follow.

Registration fees are: \$20 in advance (ends 5/5/2012), \$25 after for the 5K; \$3 in advance (ends 5/5/12), \$5 after for the Kid's Fun Run.

Interested Racers can pick up a registration form at the Museum at 171 Capitol St in Augusta or call the Museum at 622-2209 to request registration forms be faxed or dropped off to your business. Racers can also register online at www.runreg.com or www.running4free.com

Both online sites do take an additional fee for registering online.

Woodfords Family Services 2nd Annual Fun Run/Walk for Autism,

Waterville, ME. Race: 9 a.m.Registration: 8 a.m.

Thomas College, 180 West River Road, Waterville, ME. Registration Fees:

Adults - \$20 Youth 8 to 18 - \$10

Children under 8 – Free. Register Online: www.active.com
www.woodfords.org

FMI: Cathy McGuckin, Marketing & Development Associate, Woodfords Family Services, (207) 878-9663, cmcguckin@woodfords.org

Proceeds benefit children with autism and related disorders in Central Maine.
*Sponsorship opportunities available

Sunday, May 6

OTHS Key Club 5K Road Race and 1 Mile Fun Run, Old Town, ME. On Sunday May 6th, 2012 the Key Club of OTHS is hosting our first 5K Road Race for adults and 1 Mile Fun Run for children. Walkers and Runners are both welcome for this fun event. The proceeds will benefit Key Club Members who have been selected to attend the annual DECON Conference in Springfield, MA. Registration begins at 9:00AM. The 1 Mile Fun Run will begin at 10:15 and is \$7 for Children ages 13 and under. The 5k Road Race will begin at 11:00 is \$15 for Adults ages 14 and up. Please call or email Sara Wyman for registration information at 827-3910, x132 or sara.wyman@rsu34.org.

Run From the Hill Glenburn 5 Mile Hill Run, Glenburn, ME. Registration fee is \$15 and race proceeds benefit the Nephrology Unit Patient Fund. Race starts at 10:00 AM. [Race Application](#)

May 6, 2012 (Sunday)

Safe Passage 8th Annual Esperanza 5K Race/Walk

Cumberland, ME 8:00AM Greely High School, 303 Main Street (*Race includes a flat course, fun run, prizes, live music & food*)

Contact: Hannah Twombly (Safe Passage). 1-207-272-3209 htwombly@nya.org
[Yahoo! Maps](#) may