

Rocky's 4-Miler

APRIL 14, 2012

**Registration At 7:00 Am
Race Starts At: 8:00 Am
Start And Finish At Cony High School**

**The Course Is A Road Race Of 4 Miles Considered A
Medium Difficult Course**

**This Race Is Sponsored By:
Rocky's Stove Shoppe
2445 N. Belfast Ave**

**Awards: First Female and Male Finisher
Plus Top Finishers in the following Age Groups
0-14, 16-19, 20-29, 30-39, 40-49, 50-59,
60-69, 70-79, Over80**

T-Shirts To The First 100 Entrants!

**Register By Mail
Or
at www.Runreg.Com
Or**

**Show up That Day And Register
Mail Entries To Taylor Harmon 182 Leavitt Rd.,
Augusta, Me 04330
Entry Fee Twenty (\$20.00) Dollars Except Cony
Students.**



NAME _____ M/F _____ AGE _____

E-MAIL _____ PHONE _____

I know that running a road race is a potentially hazardous activity. I will not enter and run unless I am medically able and properly trained. I agree to abide by any decision by any race official as to my ability to safely complete the run. I assume all risks with running this event including but not limited to falls, contact with other participants, effect of weather, including high heat and humidity, traffic and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, Myself and anyone entitled to act in my behalf waive and release the City of Augusta, Maine, the Augusta School Department, the Cony Booster's, race officials ,volunteers and all sponsors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all the foregoing to use any photographs, motion pictures, recordings or any other record of the event for any legitimate purposes. I know that bicycles, in-line skates, dogs and baby joggers are not allowed on the course.

Signature _____ Date _____

(Parents must sign if competitor is under the age of 18)