

NOVEMBER 1982 Vol. 3 No. II

MAINE Running

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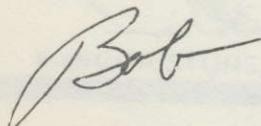
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Thumb through any New England ski magazine and you'll see the name Chip Carey beside a lot of pictures. Chip is one of the best at sports action photography. So, when Chip says Laura Dunham beat him to the punch at this year's Kingfield 10K, that's quite a compliment. This month's cover photo, by Ms. Dunham, really tells the story. A hurting Bruce Bickford raises the traditional Bickford-hand-of-acknowledgment to the cheering crowd at the finishline as a never-say-die Andy Palmer bears down on him.

It was quite a weekend for racing (Sep 25, 26) in the state. Bickford won Kingfield; Winn won Bailey's (I wouldn't say Winn weally won the wace, would I?) and at Windsor, Danny Cake took the Common Ground Country Fair Five miler (no results available). Hopefully this will be the year that race directors Dave Paul and Chip Carey sit down together and try to come up with a solution to their back-to-back problem. It seems a shame to put the state's premier 10K (see page 15 if you don't like me saying that) and the state's premier open cross-country meet on the same weekend. There has been word that the first weekend in October will be wide open for a major race next year. Let's hope that something can be resolved.

This month we have the results of both of those major races as well as those of the state's biggest marathon - Casco Bay. There is an article by Russ Hatch of Bath; college and club reports and even a look at junior high school cross-country.

Next month look forward to quite a bit of information about cross-country skiing in the state. The Sunday River Ski Touring Center and others will be providing us with all the information we will need in order to cross train through the snowy months.



NOVEMBER CALENDAR

There are still 13 races to go this year including the Ultra	2
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Maine Running is published monthly in Bangor, Maine.

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Charlie Porter, Bob Coughlin, Bob Jolicoeur, Loren Ritchie, Joanie Averill, Jerry Crasnich, Dave Paul, Linda McNett, Jim Pendergast, Sterling LeBlanc, Dennis Hayes, Paul Guerin, Dennis Smith. Thanks!

November

- 7 THE SEMPER FIVE. 1:00 p.m. in Topsham. See flyer in October issue. 5 mile cross country at the Marine Corps Reserve Training Center. \$4. Call Capt. Griffin 921-2360 or Capt. Butland 829-5357.
- 7 WISCASSET VETERANS MEMORIAL ROAD RACE. 1:00 p.m. in Wiscasset. See flyer in October issue. 4.4 miles and 1.2 mile fun run at 12:00. Wiscasset High on Route 27. \$3.50 and 50¢ respectively. Call Wiscasset Rec at 882-7533
- 7 RUN FOR YOUR LIFE ROAD RACE. 12:30 p.m. in Manchester. See flyer in October issue. "Run For Your Life" Fitness Center, Old Granite Hill Rd., Manchester, Me. \$4.50. Call 622-9854
- 7 *WALDO COUNTY CHALLENGE* 2 person team triathlon. See flyer in October issue. 12:15 p.m. start of 3 mile canoe race; 18.6 mile bike race; and 6.2 mile run. Call Waldo County YMCA 338-4598
- 7 AMERICAN PHYSICAL THERAPY ASSOCIATION FALL 10,000 METER. 12:00 noon at the Ramada Inn, 1230 Congress St., Portland. \$3. Proceeds go to Ronald McDonald House. Contact: Frank Gentile, R.P.T., Therapy Clinic, 15 Lowell St., Portland, Me. 04101
- 11 ELKS VETERAN'S DAY ROAD RACE. $\frac{1}{2}$ marathon and 5K 10:15 in Augusta. See flyer in October issue. 5K starts at 10:00 at Hodgkins School, Matta Street, Augusta. \$5.00. Awards free lunch and beer at the Elks Lodge on Winthrop St. after the race.
- 13 RUNNER WORLD FUN RUN. 10:00 a.m. at Racquet Club on Chesley Dr. in Saint John, N.B. \$2.00. Awards based on prediction of time. Contact: Wayne Murphy, c/o Runners World, Chesley Palce, 400 Main St., Saint John, N.B. E2K 4N5
- 14 12TH ANNUAL LOST VALLEY 15K. 9:30 a.m. at Lost Valley Ski Area in Auburn. \$3.00 post - \$2.00 pre. Shoes for first male and female in race. Contact: Dan Campbell, 39 Holly St. Auburn or call 783-7119
- 14 *ROWDY ULTRA 50 MILE RACE* Starts at 7:30 a.m. in Brunswick. For information send SASE to: Sam Butcher, PO Box 297, Brunswick, Me. 04011 or call 725-8575.
- 14 *MAINE AAU/USA STATE ASSOCIATION JUNIOR OLYMPIC CROSS COUNTRY See full page ad this issue.
- 21 FIRST ANNUAL GREAT OSPREY OCEAN RUN 10K ROAD RACE. 12:00 noon See flyer
- 25 *4TH ANNUAL GASPING GOBBLER 10K* A Thanksgiving Tradition. 10:00 a.m. start from the Augusta Civic Center. 2 Miler too. See flyer.
- 27 THANKSGIVING HOLIDAY CLASSIC 4 mile run from the Portland Expo at 11:00 a.m. \$2 pre - \$3 post. Merchandise awards Contact: George Towle, 17 Thomas St., Portland, Me. 04102 or call 773-8634.

Colleges

BOWDOIN COLLEGE

Inexperience and potential: those two words follow around coaches in every sport. Bowdoin College women's cross country coach Lynn Ruddy could hardly ask for any more talent than she has this season. But when your top five runners on the squad combine only five seasons of varsity intercollegiate competition, there are bound to be frustrating times.

Not that Coach Ruddy is at all unhappy with her team's season to date. After five weeks of competition they have an 8-4 record and have finished no worse than second in any competition. What Ruddy would like to see, however, is the talent she knows is there come to the surface for the final races of the year, those championship competitions that mean the most.

"We could surprise at one of the championships coming up," says Ruddy. "But we could also not develop the way we could, and be somewhere in the middle of the pack. We do have a good team, though."

Led by senior Co-Captain Laurie Bean of So. Paris, Me., the Colby-Bates-Bowdoin (CBB) Conference individual champion, the Polar Bears have been a force in every race this season, and their only losses have come to Bates (twice), UMO, and UNH, all very good cross country schools. While Bean has won five varsity letters in track at Bowdoin, this is only her second season out for cross country.

Following Bean is senior Co-Captain Ellen Hubbard of Wayland, Mass., a two-year letter winner in the sport, but nevertheless a converted-sprinter from track. "Without much background Ellen has become an excellent runner," says Ruddy. "She has an awful lot of natural talent."

Challenging Hubbard for the number two spot on the team all season has been freshman Sarah Gosse of Ipswich, Mass. "She has certainly been a surprise to other teams," says Ruddy of her recruiting prize. "She looks very strong and has improved her times almost every race. She's going to be around for a while."

Filling the fourth spot has been steady Ellen Gross, a two-year letter winner from Moreland Hills, Ohio. "Ellen has drastically improved her times this year," notes Ruddy. "She is going to be one of our keys as the season goes on."

While those four have led the Polar Bears all season, sophomore Kim Long (Weston, Mass.), freshman Karen McGowan (Warwick, R.I.) and senior Sally Ormsby (Seattle, Wash.) could well determine where Bowdoin finishes in the upcoming State of Maine Championships (Oct. 23 @ UMO). "Those five, six, and seven spots are very important," says Ruddy. "Karen, Kim and Sally have all run well this year, and if one of them could move up with the top four, we'd be in excellent shape."

What are the problems when two of your toughest opponents come from within the state? It means that rivalries get started, and the Bates-Bowdoin matchup has become a dandy. Bowdoin won the first meeting, at Bates' CAN-AM Invitational, and Bates has twice retaliated, in the CBB Championships and at the Bates Invitational. The two teams will meet several more times, including in the Oct. 23 meet when squads from Colby, UMO, and USM will also compete.

Only time will tell if the Polar Bears can pick up experience in just a few weeks, and make a run at some of the established cross country powers. Regardless of whether they do or not, their potential to do so makes each meet exciting.

BC girl

Noted race walker, Steve Vaitones of Waltham, Mass wrote to remind me to mention that Hank Pfeifle was third in the National Sports Festival marathon with a time of 2:20:15 and Paul Oparowski was 4th in 2:23:37. He also sent some Boston Globe clippings following the career of Michelle Hallett of Mars Hill, who is running as a freshman for Boston College. On September 12th Michelle finished first in a tri-meet with UMaine and UConn. She finished 33 seconds ahead of Maine's Joanne Choiniere! On October 12th in the Greater Boston Championships at Franklin Park she ran a 16:26 5K to win the women's event. She established a new Greater Boston record and was only 16 seconds off the course record held by Lynn Jennings.

SAINT JOSEPH'S COLLEGE

Ziggy Gillespie's St. Joseph's College Monks keep rolling along. The last word I got was that they were 17 and 0 on the season with five meets to go.

The team did an outstanding job at the James Bailey Cross-Country Invitational led by Stu Hogan and Rick Garcia. You know Ziggy's got a hot team when a couple of his young runners can go with the likes of Larry Greer and Danny Paul.

The Monks took the team award in Dave Paul's race with a low score of 41.

UMO women to defend title

The University of Maine at Orono, two-time defending state champion, hosted the Maine Association for Intercollegiate Athletics for Women's cross country championships on October 23rd.

UMO was again favored to win the competition, but Coach Jim Ballinger and technical advisor O.J. Logue expected the women to receive tough competition from Bates and Bowdoin.

Also competing were Colby College and the University of Southern Maine.

Leading the defending champions were senior record-setter JoAnn Choiniere of Cumberland, R.I. and sophomore Rose Prest of Bridgewater. Absent from the UMO lineup was Sue Elias, who is injured but expected to return in time for the following weekend's New England championship.

Ballinger and Logue were looking for good performances from Tammy Perkins and Sonja McLaughlin to make up for Elias' absence. Freshman Beth Heslem of Brooks, a standout athlete at Mount View High School, was also expected to score well in this meet.

Leading the Bates attack was the Bobcat's All-American Rebecca Watt. Colby's Ann Cullenberg was expected to turn in a good time, as was Bowdoin captain Laurie Bean. Ballinger indicated that USM runner Diane Wood, a championship runner from Mount Desert Island High School, should also finish near the top.

New MAIAW records would be established in this championship since the course has been reduced to five kilometers.

By Joni Averill
Bangor Daily News Staff

CLUB NEWS

THE WOODS RUNNERS

A gorgeous morning from the top of the world! Bright-sunny-30°-autumn colors still somewhat intact and McLaughlin reeking of fox lure!! You know fall is here when his pungent presence permeates the very essence of autumn scents. Speaking of permeating Barry had a 1:18 at Bar Harbor and a 36:00 and change clocking at Kingfield for some much improved times. If only we didn't have to listen to it. . . . Another club runner, Steve Porter has turned in a couple of fine times at Kingfield and the UMPI 5K. All this with being a full time student and putting in 70-80 hour work weeks. Ah - to be young (er) again, perchance for just one race?

In response to this month's query as to interests of the club members other than running, please be advised that the following has been censored, scrutinized and considerable discretion has been exercised in replying that we have teachers, store managers, college students, woods contractors, aerobics instructors, a health center administrator, a physician's assistant, shiftworkers at GNP, carpenters, housewives, a banker, a recreation director, a slightly frazzled high school principal and lots of young-uns. We realize that these diverse occupations may not be too "all inclusive" but T2 R6 ain't exactly your downtown Burbank!!

As for some of the outside interests of our runners-those we have a few of (once again exercising considerable discretion). Cross country skiing is a biggy as one would probably suspect. Susan Adams and husband Don have developed their own network of trails as has Allen and Vicki Stevens. Susan also is into sewing and the culinary arts. Ellen McLaughlin and Martena McAvoy are into aerobic dance and exercise with adults during the day and evenings. Preston Hood is also a skier, mountain climber, and sauna builder, grade A!! If you haven't already guessed, Barry McLaughlin is a diehard trapper, hunter and fisherman. Many others of the Runners also cross country ski with Benita Qualey doing considerable biking. Having your own pool is a definite plus in the northern tundra, (at least from July 6 through the 9th) and Jeanette Harvey is a dedicated swimmer, sharing this interest with others, weather permitting. Ricky McAvoy is an avid tennis buff and the ex-UMFK star still wails on a mean game of basketball (and me) 2-3 times a week. Vicki Richardson is also an enthusiastic seamstress and part time heavy equipment operator!! She finds this work just sew-sew. Patsy Dyer and Lou Ellis are health freaks and also instruct in the Fitness for Health Program. Bob Dyer is into weights, soccer and deer hunting minus the deer!! Charlie Lane is a weight lifting, square dancing, snowshoer which is some kind

of a sight believe me!! Ted Pettingill does some dedicated white water canoeing when not "P.A.ing" at the Katahdin Valley Health Center. Lisa Rush sheds her running image with frequent plunges into macrame and flower arranging while Becky Baltzer is a very active field hockey and basketball official. Bruce Twombly is a hunter and cross-country snowshoer which incidentally makes for a good combination of efforts!! Diana Tucker is an off-season ice cream saleswoman which leads to many temptations but same great willpower!! We have other members who are enrolling in the craft of motherhood and trying to keep the old man fed while the younger ones are engaged in a host of activities too numerous to mention. And lastly we are all kept within certain limits by Mac Dow, our resident state trooper, who in turn is kept within certain limits by running wife Sue!!

I know that most of these names will be nothing more than that to other runners but we wanted to mention them in the hopes that as time goes on maybe a face and a name can be more easily matched up - plus we're proud of them so just wanted to get their names in print!!

Lared Ratchie

Maine Rowdies

The Maine Rowdies are no longer the smallest running club in Maine, but we are still the best. The smallest membership now goes to the "Lesser Durham Striders" with five members.

There are approximately twenty-two Rowdies in captivity (with countless fantasy Rowdies). None are in jail, we all have our driver's licenses and 95% are employed (Ken Flanders holding the club record for the most job changes).

Recent major team accomplishments (that we can write about). We won the team title at the Paul Bunyan Marathon in July. This was also the day that Gary Cochrane won the Triple Crown of Marathon in Maine; a remarkable feat considering his age and diet.

More recently, we won the team title at the Casco Bay Marathon (an event started by the Rowdies). 8th place Danny Paul 2:32:45; 12th place Lawson Noyes 2:35:10 a Master's record; and 16th place Rock Green 2:38:29. It should also be noted that two of our top marathoners, Gary Cochrane and Eric McNett, are temporarily out of action.

Special congratulations go to Y. Bill Gayton for almost being our runner of the month. Y. Bill won, yes won the Green Mountain Ultra on October 16 with a time of 6:35 for the 50 miles!!!!

Also, special recognition goes to Phil Soule. Phil placed 3rd in the U.S. National Flatwater Championship in Fulton, New York on July 28th. The very next day Phil took some extra strength Tylenol and placed in the top 10 doubles flatwater competition. So in 48 hours Phil placed in the top 10 twice against some of the most intense competition ever assembled.

Our Runner of the Month honor goes to "Awesome" Lawson Noyes. Lawson has 17 victories in the master's division so far this year. He set a master's record in the recent Casco Bay Marathon. He placed 67th out of 3,500 runners in Boston.

In January when Lawson gave his "State of the Running Address" he vowed this would be the "Year of the Lawson". He has made us all believers. Congratulations on your outstanding performances!!!!

In closing I would like to say that the Maine Rowdies are not and never have been affiliated with Hell's Angels or the Ku Klux Klan. We do not have any officers, we are under the leadership of our tri-captains - Phil Soule, Lawson Noyes, and Ken Flanders (who last year was almost impeached and is still on probation).

The Rowdies are presently gearing up for the Rowdie Ultra which will be November 14, 7:30 a.m. For information call Sam Butcher 725-8575.

New Members: Peter Millard and Peter Connolly

QUOTES OF THE MONTH FROM CAPTAIN SOULE

"Why be a smoldering fire when you can burn out!!!"

"If it ain't long it ain't worth fooling with."

Good luck to Rowdy team member Carlton Mendell as he attacks the "Big Apple" marathon.

Remember, Good pain is hard to find!!

Charlie Gordon
Rowdie Ambassador



Maine Track Club

Our club will be holding its end-of-the-year handicap race for club members only in December. This race is set up with each members best 10K time as the bench-mark. If everyone runs their times equally, then all will come together at the finish. This type of race makes for a unique ending, because it's those with the greatest handicap that have the best potential to win. In the past, it's been someone who rarely gets mentioned in the newspaper that comes across first. It's a great time for everyone! Especially since we have special awards for all finishers. This club race is run in the afternoon, and our banquet is that evening, so it's a full day for those who can make it. Our club will probably be having more winter outings this year on the idea of cross-country skiing, skating etc. as we have a committee to handle this for 1982-83.

Marion Leshey, our vice-president and co-writer of the MTC newsletter is one of our most active members. She rarely misses a meeting, fills in for anyone who needs help, and is always ready to offer encouragement to other club members. Many free medical tips have been passed along (from husband and runner, Dr. Leshey) to injured club members. Marion is a master runner and has run marathons very successfully here and in Canada. Her running mate Joan Welsh shares in many of her practice sessions and road races, and they give each other a friendly rivalry. Our track club functions run, most of the time, through some involvement from Marion. She offered to continue to work next year on the newsletter committee. As with most clubs, it's usually a small percentage of the total membership, which does the bulk of the club's work. I'm hoping that 82-83 will see many new faces on the various committees, so that the present group of officers and committee members can have more free time in '83.

Charlie Scribner is another M.T.C. member who gives more than requested in terms of keeping our club functions going. He is in charge of our race equipment, involved with all race directors in coordinating supplies, etc. for these events. Charlie also has been active in local politics regarding race policies and representing our club's members and the racing public very effectively. He has been improving steadily with his running also, and he and club member, Brian St. Pierre, have had some friendly wars. Charlie is continuing to offer his help in a variety of ways for 1983 and our club will benefit, again, from his work and commitment. Any club is stronger with this type of unselfishness in regards to club work. People like this continue to make the M.T.C. what it is - a great group!

Always running!

Bob Coughlin

Maine Road Ramblers

If you feel like trying something different than running, but still want to keep the legs in shape, enjoy the fresh air, and see lots of scenery - try biking. Marsha and Ray Giglio have done just that this year and have found it to be great fun.

After a very active road racing year in 1981, Marsha has not run any races this year and Ray has run only a couple. Instead, they have biked about three days a week and gone on some day tours and in a few bike races. Running has still occupied three days a week for them, but only doing six miles a day, with no speed or distance work.

Ray and Marsha both have 10-speed bikes, which are almost essential for getting good exercise while biking, because the multiple speeds allow one to maintain a good cadence of 70-80 rpm. The bike weight is not important for exercise purposes, but the lighter and better made machines do allow one to go faster and further, or to keep up with a faster group of riders. Ray says that Marsha, however, can keep up on her 33 lb. Schwinn with many others on bikes 6-10 lbs. lighter.

A typical training ride for the Giglios has been 1½ or 2 hours. At a 15 mph pace this is equivalent to about 4 miles of running at an 8 min/mile pace, according to Dr. Cooper's aerobic tables. However, the workout for the leg muscles is more than the aerobic points indicate, and yet the joints do not get the wear and tear of running. The quadriceps get a lot of exercise, which Ray thinks helped him in the Mt. Washington foot race. Anyone knows that Marsha is already good on hills, and that inclination shows up in her biking too. The calf and Achilles tendon also get exercised, but not stretched as much as they do while running. Cycling is usually a good exercise when recovering from running injuries. One disadvantage is that one must cycle for about three times as long as running to get the same aerobic training.

An enjoyable part of the biking has been the wider range, Marsha reports. She and Ray usually bike toward the west from Augusta, using the nice, new, paved shoulders on Rt. 202 to get to Winthrop. From there, Wayne, Readfield, Monmouth, etc. beckon. Water can be easily carried and drunk, and one can even eat a little during a long ride. Ray says that he has a hard time keeping his bike from turning into every ice cream bar. The longest tour the Giglios took was the "Century" ride 100 miles. Six (Marsha) and seven (Ray) hours of pedaling on a hot day, but at least they always had a breeze, they said, "definitely was easier than a marathon."

Joining the Penobscot Wheelmen and riding on many of their tours has introduced

Marsha and Ray to a new crowd of exercise-minded people. There are many husband and wife cyclists, Marsha reports, and a somewhat older average age. The group includes some road runners, such as Greg Nelson. Cross country skiing seems to be a popular winter passtime for the cycling gang.

Like running, cycling has its cadre of participants who buy the best equipment and follow the most stringent training schedules. Only instead of \$100 running shoes, it can be \$1,500 (and more) custom bicycles and chatter about gear ratios, tires, headsets, chain-wheels, etc. But Ray and Marsha report that people seem to have a lot of fun regardless what kind of bike they have, and everyone is friendly and eager to help anyone with a breakdown.

Bob Jolicoeur

MAINE RUNNING SURVEY

A lot of people have asked if we planned to rate the races in Maine this year. Some have asked for background articles on major races.

Past ratings have reflected the views of a very small handful of race directors, and elite runners, and have fallen way short of the actual facts.

Now it's your turn. I'm asking each club in the state to take a poll of their members to find out what they feel are the top 10 road races in the state. The results of the survey will be published in our third annual edition which will be out the first day in February. If you do not belong to a club, send me a post card with your choices of the top THREE races in the state. If you are in a club make sure you are not counted twice, by only voting in your clubs poll. A point system will be established in which the top races can be recognized.

TROPHIES & AWARDS



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Economy Trophy
Bob Hagopian
109 Main St.
Madison, Me.
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696-5548

September 30, 1982

Bob:

I hope you can find room in your magazine to print this letter so that runners and race organizers in Maine can realize that from an outsiders point of view, you are all very special people.

My wife and I have been traveling great distances to run races in Maine this year. Many people have asked why we do it. Aren't there races in our own area? Yes there are several, and some very good ones too. But, going to local races is too predictable. I can tell before the race starts where I am going to finish in the standings. There is also a terrible air of competitiveness amongst runners in this area.

Maine is a beautiful place in which to run. What could be prettier than a coastal run along Schoodic Point, the carriage paths of Acadia or the fishing docks of Boothbay Harbor? Everyone we've met including race organizers, top runners, back of the packers and race spectators have been notably friendly to us. Maine runners seem to possess an intrinsic enjoyment of the activity. You folks derive great pleasure from simply participating in this sport. Our pictures from Schoodic Point show smiles on nearly everyone in the pack at the runs start. The comaraderie is very noticeable and appreciated.

If I had three wishes, I'd wish first that I could shake the hand of every runner in Maine. Second, that I could buy a beer for every runner in the state and third, I'd wish for a million bucks (Hey, 2 out of 3's not bad.)

Here we shall stay until the next opportunity arises for us to spend another weekend running and socializing with a fine group of people in a fine state.

See you on the roads,

Bruce and Nancy Ellis
Exeter, New Hampshire



2ND ANNUAL JONESPORT 5 MILER
Sep 11th

1 mile

1. Chris Hastings 5:48
2. Jay Haley 5:56
3. Andy Seeley 5:57
4. Jon Cowles 5:59
5. Lisa Seeley 6:06*
6. James Hanscom 6:10
7. Braden Alley 6:12
8. Debbie Carver 6:18*
9. Stephen McCarthy 6:23
10. Mike Merritt 6:46
11. Marc Merritt 6:56
12. Sandra McFadden 7:02*
13. Danny McCarthy 7:02
14. Jud Carver 7:05
15. Erik Rogers 7:18
16. Anthony Romano 7:31
17. Dana Lamson 7:34
18. Timothy Stanhope 7:38
19. Jason Wood 7:40
20. Nicholas Tomb 7:41
21. Terry Faulkingham 7:44
22. Amy Cowles 7:53
23. Seth Muir 7:55
24. John Hanscom 8:12*
25. Trisha Alley 8:13*
26. Kelsie Young 8:15*
27. Cheryl Stuart 8:30*
28. Jennifer Kenney 8:31*
29. Heidi Hatt

5 miler

1. Mike Francis 28:31
2. Deke Talbot 29:02
3. Mike Worcester 29:32
4. Bion McFadden 29:43
5. Craig Maker 31:24
6. David Alley 33:01
7. David McCarthy 33:21
8. Bill Pinkham 33:51
9. Andrew Seeley 33:52
10. Carlton Small 34:23
11. Paul Berg 34:41
12. Tony McKim 34:43
13. Guy Dunbar 35:30
14. Mike Merritt 35:36
15. Sam Auerbach 36:03
16. Chris Ward 37:04
17. Mark Chandler 39:31
18. Don Beal 39:46
19. David Lindquist 41:04
20. Georgina Miller 42:11*
21. Millard Crowley 42:24
22. Yorgo Toles 42:42
23. Andy Seeley 42:44
24. Lisa Seeley 43:15*
25. Joe Saprel 45:01
26. Brian McLaughlin 46:01
27. Robbie Hastings 47:11
28. Mike Kelley 48:42
29. Chris Hastings 50:27
30. Johnathan Cowles 50:48
31. David Nelson 50:49

BAR HARBOR 13 MILER

Sep 18th

1. Mike Gaige 1:08:36*
2. Peter Millard 1:11:07
3. Bruce Ellis 1:11:35
4. Larry Deans 1:13:32
5. Gary Allen 1:13:59
6. Bill McCully 1:14:36
7. Bill Hine 1:14:54
8. Dick Fournier 1:15:26
9. Rich Balentine 1:15:31
10. Jeff Keeton 1:15:54
11. Glenn Hines 1:16:33
12. Herb Parsons (M) 1:16:49
13. Ralph Fletcher Jr. 1:17:21
14. Ralph Freeze 1:17:42
15. Mike Daly 1:17:46
16. Richard Lane 1:18:14
17. Conrad Walton 1:18:17
18. Gary McLaughlin 1:18:33
19. Bob Coughlin 1:18:41
20. Lance Giuliani 1:18:49
21. Herman Pelletier 1:18:58
22. Danny Cake 1:19:10
23. Phil Coffin 1:19:27
24. Bion McFadden 1:20:32
25. Lee Fairbanks 1:20:35
26. Gary Wright 1:20:45
27. Alan Howard 1:20:47
28. Ken Remsen 1:20:54
29. David DeLois 1:20:55
30. George Liming 1:21:09
31. Thomas Doyle 1:21:20
32. Joel Hinshaw 1:21:28
33. John James 1:21:40
34. David Cunio 1:21:43
35. Sidney Hazelton 1:21:57
36. Loren Ritchie 1:22:13
37. John Moncure 1:22:32
38. Mike Cook 1:22:36
39. Lawrence Bridges 1:22:43
40. Mike Simoneau 1:22:50
41. Cliff Rogers 1:22:58
42. Chas Nichols 1:23:30
43. Randy Marcy 1:23:33
44. Phil Nichols 1:23:35
45. Tom Swan 1:23:37
46. Craig Maker 1:23:45
47. Oskar Feichtinger 1:23:50
48. Peter Enni 1:23:51
49. Calvin True 1:23:55
50. Leonard Sanborn 1:24:09
51. Ray Ashenhurst 1:24:21
52. Stephen Palley 1:24:22
53. Gore Effinger 1:24:33
54. Arnold Amoroso 1:24:43
55. Brian Benedict 1:24:45
56. Paul Merrill 1:24:46
57. Cliff Hatfield 1:25:04
58. Deke Talbot 1:25:10
59. Fred Putnam 1:25:12
60. Ken Sylvester 1:25:25
61. Bob Booker 1:25:27
62. Joe Wesp 1:25:33
63. Henry Williams 1:25:43
64. Jeff Gray 1:25:45
65. Tim Drury 1:25:49
66. Robin Emery 1:25:51*
67. Cliff Olson 1:26:00
68. Peter Washburn 1:26:10
69. Paul Rego 1:26:19
70. Ted Fulton 1:26:58
71. Mike Nerstrand 1:27:24
72. Pete Esponnette -1:27:35
73. Joel Hawes 1:27:54
74. Phil Schena 1:27:56
75. Jane Parsons 1:28:02*
76. Allen Presby 1:28:24
77. Bob Duprey 1:28:27
78. Sam Butcher 1:28:31
79. Bill Pinkham 1:28:38
80. Dennis Jorde 1:28:50
81. Ray Owen 1:28:51
82. David Comeau 1:29:17
83. Mike Doore 1:29:18
84. Don Warren 1:29:40
85. Gary Bryan 1:30:04
86. Joshua Bradford 1:30:08
87. Frank Woodard 1:30:24
88. John Wadach 1:30:27
89. Bryan Dench 1:30:27
90. Peter Lyons 1:31:02
91. Frank Bragg 1:31:07
92. Arthur Tome 1:31:11
93. Don Moser 1:31:11
94. Fay Michau 1:31:15*
95. Larry Rich 1:31:32
96. Ed Meyers 1:31:35
97. Don Engelhardt 1:31:47
98. Madeline Butcher 1:31:56*
99. Peter Cuff 1:32:04
100. Harry Gunderson 1:32:05
101. Ben Milster 1:32:32
102. Jo Comeau 1:32:34*
103. David Capen 1:32:52
104. Tony Beardsley 1:32:59
105. Doug Wentworth 1:33:04
106. Martin Schiff 1:33:11
107. Ron Hunter 1:33:23
108. Bill Sayres 1:33:29
109. Don Back 1:33:29
110. Joshua Rubenstein 1:33:34
111. Robert Johnston 1:33:52
112. Burt Haggett 1:33:58
113. Joanne Cole 1:34:02*
114. Richard Sayles 1:34:05
115. Gary Barrett 1:34:15
116. Gary Rohde 1:34:18
117. Andrew Seeley 1:34:21
118. Phred Merrian 1:34:53
119. Carol Roy 1:35:07*
120. Summer Weeks 1:35:08
121. Bill Conn 1:35:13
122. Mary Ann Shick 1:35:18*
123. Don Ardine 1:35:30
124. Paul Stefancyk 1:35:36
125. Nancy Jackson 1:35:39*
126. Carol McElwee 1:35:40*
127. Alice Goodwin 1:35:41*
128. Mike Ross 1:35:47
129. Roberta Sharp 1:35:59*
130. David Snodgrass 1:36:01
131. Frank O'Connor 1:36:09
132. Daniel Koch 1:36:15
133. Ken Cole III 1:36:18
134. Gary Bouchard 1:36:22
135. Virginia Vendrell 1:36:23*
136. Sharon Kingma 1:36:29
137. Guy Higgins 1:36:35*
138. Marsha Rubin 1:36:49
139. Phillip Rubin 1:36:50
140. Steven Doran 1:36:56
141. Dan Cullinan 1:36:57
142. David Avery 1:36:59
143. Geoff Manifold 1:37:07
144. Frank Bednorz 1:37:19
145. Thomas Dorworth 1:37:25
146. Robert Ouellette 1:37:40
147. Wm Haskell 1:37:40
148. James Gilbert 1:37:41*
149. Roberta Hickman 1:38:03*
150. Joanie Rhoda 1:38:04
151. Greg Nelson 1:38:25
152. Joe Finkelstine 1:38:26
153. Ted Weiman 1:38:45
154. Guy Dunbar 1:38:50
155. Fred Schmidt 1:39:02
156. Gehrig Johnson 1:39:06
157. Robert Felkamp 1:39:10*
158. Susan Collins 1:39:18
159. John Edmondson

160. Larry Dutch	1:39:20	256. Ken Hodsdon	2:03:17	24. Phil Soule	68:29
161. Lona Wright	1:39:22*	257.		25. Dick Sabine	68:40
162. Mark Corbly	1:39:30	258. Paula Dunbar	2:04:59*	26. Matt Waddle	69:12
163.		259. Don McRae Jr.	2:05:15	27. Tom Doten	69:58
164. Bob Milliken	1:39:51	260. Victoria Strong	2:05:35*	28. Mark Danyla	70:08
165. Tia Lamarre	1:40:11*	261. Noreen Mellor	2:05:36*	29. Jon Brawn	70:16
166. Hyla John Tracy	1:40:31	262. Julie Schmit	2:07:55*	30. John Schwerdel	70:54
167. John Cole	1:40:38	263. Linda Hall	2:07:59*	31. Jon Wolkow	71:16
168. Vincent Skinner	1:40:40	264. Connie Flostman	2:08:21*	32. Dave Trussell	71:21
169. Robert Clukey	1:40:44	265. Betty Deveau	2:08:25*	33. Paul Cote	71:47
170. Mike Reisman	1:40:45	266. Paul Claroni	2:08:46	34. Kerry Reynolds	72:18
171. Eddie McFarland	1:40:56	267. Tom Wood	2:08:56	35. Charles Hutchins	72:26
172. Mark Hardison	1:41:03	268. Peter Curran	2:08:46	36. Munso Dodge	72:26
173. James Mroch	1:41:07	269. Karen Jones	2:11:42*	37. John Cullen	72:29
174. Dan Keller	1:41:19	270. John Lee	2:12:07	38. R. Leo Richardson	72:35
175. Bob Pride	1:41:27	271. Ron Rouillard	2:13:12	39. Jim Nesbitt	72:41
176. Barbara Coughlin	1:41:31*	272. Cathy Hazelton	2:19:06*	40. Ellen Gross	72:42*
177. David Hirth	1:41:49	273. Wes Warren	2:24:19	41. Dave Vail	73:11
178. Laurie Allen	1:41:49*	274. Chris Brigham	2:27:15	42. Gladys Dewick	73:12*
179. Bertrand Gendron	1:42:11	275. Reg Guerrette	2:28:01	43. Bob Ingersoll	73:21
180. Carol Sly	1:42:13*	276. Linda Wheeler	2:28:46*	44. Bob Waddle	73:44
181. Barbara Capen	1:42:42*	277. Sam Ouellette	2:39:18	45. Pete Duffy	74:14
182. Marie Johnson	1:42:55*	278. Allen Mercier	2:49:00	46. Jane Waddle	74:25*
183. Dave Van Doren	1:43:10			47. Jon Reitman	75:38
184. Gary Crouthamel	1:43:13			48. Sally Ormsby	75:42*
185. Robert Bolich	1:43:35			49. Richard Chipman	76:12
186. Ronald Label	1:43:50			50. Bob McIntyre	76:14
187. Jack Vartoogian	1:43:55			51. John Cuilllette	76:42
188. David Oellette	1:44:09			52. Dan Fisher	77:29
189.				53. Gerald Hoff	78:13
190. Patty Noll	1:44:16*			54. Brian Perkins	78:45
191. David Lunn	1:44:18			55. Dave Rose	79:15
192. Harold Jones	1:44:40	1. Chipman UMPI	29:45	56. Don Cheetham	79:34
193. Louise Dunlap	1:44:41*	2. Conrad UMPI	30:08	57. Martin Desmarais	79:42
194. Walter Taylor	1:45:19	3. Crocker St. Joes	30:15	58. Steve Dewick	80:25
195. Ralph Snyder	1:45:22	4. Scott UMPI	32:13	59. Rosalyn Randall	80:39*
196. George James	1:45:25	5. Maguire St. Joes	32:16	60. Liz Bennett	81:57*
197. Richard Manthorne	1:45:28	6. Holt St. Joes	32:47	61. Mike Laberge	96:41
198. Tuttle Christine	1:45:35	7. Holt St. Joes	32:48	62. Bob Laberge	96:44
199. Wm Mantos	1:45:57	8. Leonard MMA	33:07	63. W. D. Sanford	99:10
200. Jody Gretter	1:46:07	9. Altavator MMA	33:56	64. Steve Douglas	99:11
201. James Daisle	1:46:09	10. Bailey UMPI	34:14		
202. John Rush	1:46:19	11. Polland St. Joes	34:21		
203. Lloyd Wentworth	1:46:23	12. Averill MMA	34:28		
204. L.G. Van Puersem	1:46:37	13. Knight SMVTI	34:35		
205. Kent Despain	1:46:49	14. Flaherty SMVTI	34:37		
206. Sim Hannah	1:46:49	15. Garcia St. Joes	34:39		
207. Carolyn Lane	1:46:55*	16. Poulin St. Joes	34:56		
208. Alan Johnson	1:47:10	17. Kenny St. Joes	35:58		
209. Judy Doore	1:47:15*	18. Johnson St. Joes	35:58		
210. Felice Worcester	1:47:28*	19. Hogan St. Joes	35:58		
211. Diane Lounder Wood	1:47:29*	20. Fornia MMA	37:18		
212. Chad Smith	1:47:39	21. Cote MMA	38:15		
213. Ivey Menietti	1:47:48*	22. Forest SMVTI	39:09		
214. Aurele Ouellette	1:47:56	23. Harvie SMVTI	41:57		
215. Gordan Graham	1:48:04	24. Glover SMVTI	42:48		
216. Ellen Hunter	1:48:15*	25. Patrick UMPI	54:19		
217. Don Whik	1:48:42				
218. T.S. Young	1:49:25				
219. Daniel Merrell	1:49:37				
220. Max Guldan	1:49:42				
221. Stan Robbins	1:49:42				
222. Stephen Crawley	1:49:49				
223. Tom Severance	1:50:35				
224. Ellie Rohde	1:50:42*				
225. Lori Artesani	1:50:43*				
226.					
227. Jane Bragg	1:51:01*				
228. Katherine Pfeiffer	1:51:26*				
229. Cheryl Scott	1:51:31*				
230. David Goodwin	1:51:32				
231. Gail Schade	1:52:08*				
232. Don Ardine Jr	1:53:05				
233. Wm Tozier	1:53:06				
234. Henry Ben Hudson	1:53:15				
235. Jean Goldfine	1:53:41*				
236. Martha McGilpen	1:53:42*				
237. John Richmond	1:53:45				
238. Sam Eliot	1:54:03				
239. Bruce Gretter	1:54:21				
240. Mary Lou Lee	1:54:45*				
241. Jean Spargo	1:55:54*				
242. Jon Goebel	1:56:03				
243. Joan Leslie	1:56:05*				
244. Paul Gruner	1:57:02				
245. Peter Golbitz	1:57:56				
246. Ellen Gundersen	1:57:58*				
247. Doris Plumer	1:58:42*				
248. Marjorie Knuuti	1:59:00*				
249. Carol Bowen	1:59:01*				
250. Janey Barthelette	1:59:03*				
251. Rachelle Clemson	1:59:10*				
252. Debra Schervia	1:59:23*				
253. John Mulcahy	1:59:25				
254. Peter Kelley	1:59:46				
255. Richard Ball	2:02:17				

46. Wendell Blood	35:49	140. Robert Nicholson	40:36	234. Patty Murray	43:58*
47. Paul Kehoe	35:58	141. Russell Chretian	40:37	235. Paul Niehoff	44:00
48. Don Reimer	35:59	142. Mike Fay	40:37	236. Gordan Sanford	44:02
49. Eric McNett	36:09	143. Martin Schiff	40:38	237. Walter DeVault	44:06
50. Richard Stuart	36:09	144. Dave Blair	40:41	238. Robert Mason	44:17
51. Stephen James	36:11	145. Vincent Bilello	40:42	239. Rod MacNicholl	44:22
52. Richard Cook	36:15	146. Garry Bryan	40:43	240. Long Wright	44:28*
53. Joel Hinshaw	36:19	147. Bill LoPotro	40:44	241. Alan Reilly	44:31
54. Timothy Robinson	36:21	148. Daniel Dwyer	40:44	242. Tom LaPointe	44:32
55. Dan McGarry	36:22	149. John Matthew	40:45	243. Win Robinson	44:36
56. Cary Wright	36:24	150. Andrew Files	40:49	244. Bob Withrow	44:44
57. Barry McLaughlin	36:26	151. Alan Hardy	40:54	245. Tom Noonan	44:49
58. Mike Simoneau	36:28	152. Chuck Adams	40:55	246. Terry Henery	44:50
59. Matthew Scott	36:42	153. Matt Waddle	40:56	247. Gerald Hoff	44:55
60. Bion McFadden	36:44	154. Kevin Kein	41:00	248. David Greenleaf	45:03
61. Mark Violette	36:48	155. Ray Owen	41:07	249. Daniel O'Connell	45:07
62. James Kain	36:55	156. Bob Provost	41:15	250. Timothy Ames	45:10
63. Mark Stillings	36:58	157. Scott Dixon	41:17	251. Robert Whitten	45:15
64. Mike Ridley	36:58	158. Jeff Gosselin	41:20	252. Robert McDougall	45:28
65. Allen Presby	36:59	159. David Bushey	41:21	253. John Morton	45:29
66. Steve Porter	36:59	160. Stephen Barber	41:24	254. Elizabeth Meiklejohn	45:30*
67. Frank Brumme	37:06	161. Kathy Kohtala	41:30*	255. Raymond Bryant	45:31
68. David Rose	37:12	162. Robert Patterson	41:30	256. Bruce Turcotte	45:32
69. Steven Dubord	37:21	163. Heather Norris	41:31*	257. Suzanne Olson	45:32*
70. Bob Clemont	37:25	164. Roberta Hickman	41:34*	258. Richard Weirich	45:34
71. Vaughn Holyoke	37:32	165. Jesse Gill	41:35	259. Barbara Coughlin	45:39*
72. Burt Haggett	37:37	166. Michael O'Connor	41:36	260. Jon Ives	45:40
73. Peter Matthews	37:44	167. Kevin O'Connor	41:36	261. Jack Paul	45:41
74. Mark Simpson	37:46	168. Peter Smith	41:37	262. Allan Bond	45:43
75. Sam Merrill	37:49	169. David Hetherman	41:43	263. Jane Waddle	45:45*
76. Charles Towle	37:50	170. David Alley	41:46	264. J. Pilecki	45:46
77. Kim Beaulieu	37:52*	171. Stephen Metz	41:49	265. Tom Fortier	45:50
78. Dean Gillett	37:54	172. Mark McAleer	41:51	266. Dave Gugan	45:53
79. Dennis Carpentier	38:03	173. Jim Stinchfield	41:52	267. Ben Maxcy	45:53
80. Bob Stuart	38:10	174. Harvey Rohde	41:54	268. James Lowery	45:54
81. Mark Jose	38:10	175. Delinda Smith	41:55*	269. Rosario Ouellette	45:55*
82. Bill Yates	38:12	176. Paul Veilleux	41:57	270. Bruce King	45:58
83. Bob Booker	38:13	177. Karl Knight	42:01	271. Wayne Flewelling	46:01
84. Doug Ludewig	38:15	178. Don Gray	42:05	272. Ken Casey	46:02
85. Loren Ritchie	38:19	179. John Cole	42:06	273. James Meldrum	46:03
86. Scott Gould	38:23	180. Bernie Peatman	42:10	274. Bruce Wheeler	46:13
87. Richard Traiser	38:24	181. Casey Morton	42:13	275. Martha Thornton	46:14*
88. Ed Rice	38:24	182. Brenda LoPotro	42:14*	276. Jay O'Rourke	46:19
89. Albert Pulver	38:32	183. Norman Jackson	42:17	277. Donnajean Pohlman	46:19*
90. Marty Pfeiffer	38:34	184. Joseph Caret	42:19	278. Ron Paquette	46:26
91. Geoff Rushlaw	38:36	185. Philip Presby	42:23	279. Betsy Berry	46:36*
92. Jeff Brown	38:37	186. Paul Dall	42:25	280. Jack Dirkman	46:39
93. Dennis Hayes	38:38	187. Carol Roy	42:31*	281. Thomas Kahl	46:41
94. Ken Sylvester	38:40	188. Summer Weeks	42:35	282. Leona Clapper	46:41*
95. Wayne Clark	38:44	189. Gil Roderick	42:36	283. Charles Krula	46:43
96. Stanley Bickford	38:45	190. Clifford Olson	42:36	284. Daniel Libby	46:47
97. Pete Lyons	38:49	191. Michael Samers	42:43	285. Mark Weirich	46:50
98. Brian Elwell	38:51	192. Jay Reilly	42:44	286. Wade Chipman	46:52
99. Ben Venskus	38:53	193. Mert Dearnley	42:45	287. Pat Maxcy	46:56
100. Loren Bailey	38:58	194. Larry Hodges	42:47	288. Robert Kivlin	47:11
101. Kevin Burns	39:07	195. James Moore, Jr.	42:47	289. Darin Chism	47:14
102. Dick MacDonald	39:08	196. John Hodgkins	42:49	290. John Tripp	47:19
103. Steve Moriarty	39:16	197. Mark Leonardi	42:51	291. Nancy Stowell	47:20*
104. Sterling LeBlanc	39:21	198. H. Alan Mooney	42:54	292. Charles Weymouth	47:20
105. Frank Woodard	39:24	199. T.O. Currier, Jr.	42:55	293. Jim Bowse	47:27
106. Geoffrey Hill	39:27	200. David Ledew	42:55	294. Roy Scribner	47:29
107. Roy Armstrong	39:28	201. Saun Lander	42:57	295. Sarah Roy	47:30*
108. Andy Abrams	39:29	202. Richard Chipman	42:59	296. Gene Roy	47:31
109. Wesley Rothermel	39:30	203. Natalie Bussell	43:02*	297. Fen Fowler	47:37
110. Chris Lyford	39:32	204. Gary Krosmer	43:02	298. Susan Roehrig	47:38*
111. Rich Riker	39:39	205. George Pakenham	43:03	299. Norman Quirion	47:39
112. Eric Ellis	39:45	206. Chris Goodwin	43:10	300. Lee Rhine	47:45
113. Bill Leschey	39:48	207. John Shaw	43:13	301. John Franson	47:46
114. Ray Cooper	39:50	208. Richard Higgins	43:15	302. Larry Casey	47:47
115. Dave Comeau	39:50	209. Craig Everett	43:22	303. Sandra Haggatt	47:50*
116. Gary Chretien	39:52	210. Paula Stone	43:25*	304. Nancy Beward	47:53*
117. Joanne Cole	39:53*	211. Thomas Currier	43:26	305. Nancy Graves	47:55*
118. Rodney Kilkenny	39:57	212. Cindy Walsh	43:26*	306. Marian Leighton	47:56*
119. James Floyd	39:57	213. Earl Bergeron	43:27	307. Deborah Hewson	48:00*
120. Ray Peritz	39:58	214. Rusty Taylor	43:27	308. Ralph Tranten	48:02
121. John Morton	40:02	215. Peggy Clark	43:28*	309. Ralph Baldwin	48:02
122. Ron Burton	40:02	216. Charles Glover	43:28	310. Lynn Emerson	48:03*
123. Lee Stover	40:03	217. Blanchard Hupper	43:29	311. Richard Sabol	48:07
124. Doug Adams	40:03	218. Martin Traiser	43:31	312. Joan Allen	48:10*
125. William Haskell	40:10	219. Chris Dige	43:32	313. Timothy St. Peter	48:12
126. Michael Worden	40:10	220. David Maxcy	43:33	314. Fawn Paradis	48:14*
127. Alan Sabaka	40:11	221. Sarah LaGassey	43:34*	315. William Tozier	48:15
128. Jo Comeau	40:14*	222. Cleon Cook	43:37	316. Charles Clapper	48:18
129. Sandy Fetter	40:14*	223. John Rubino	43:40	317. Ellie Rohde	48:22*
130. Neil Cronkite	40:15	224. Lon Winchester	43:43	318. Lucien Lessard	48:29
131. Debbie Sawyer	40:15*	225. Wayne Gersen	43:46	319. Tom Matthews	48:30
132. Tom Frosser	40:17	226. Ron Russell	43:46	320. Jerri Bushey	48:31*
133. Robert Cuthbertson	40:20	227. Doug Dunlap	43:48	321. Ellen Spring	48:33*
134. Bruce Twombly	40:21	228. Mary Ann Shick	43:51*	322. Don Sanborn	48:34
135. James Westhover	40:25	229. Ben Milster	43:52	323. Paul Johnston	48:34
136. Bill Weale	40:27	230. James George	43:54	324. Thomas Bunker	48:35
137. Ethan Alcoen	40:29	231. Robert Weirich	43:55	325. Bill Newerk	48:36
138. Albert Fortin	40:34	232. Linda LaRue	43:56*	326. Aurele Ouslet	48:40
139. Eric Hasenfus	40:35	233. Robert Waddle	43:56	327. John Hilton	48:41

328. Daniel Sullivan	48:45	422. Pat Marino	57:08*	62. Susan Weirich	7:24*
329. Liz Bennett	48:48*	423. Joan Meldrum	57:17*	63. Suzanne Perry	7:24*
330. Norj Ahrens	48:58*	424. Bill Stone	57:23	64. Sarah Davis	7:26*
331. Douglas Allen	49:01	425. Walter Taylor	58:14	65. Todd Shaw	7:27
332. Terry Towne	49:10	426. Paul Rushton	59:09	66. Clint Felker	7:27
333. Betsy Bowen	49:14*	427. Martha Webber	59:12*	67. Steve Hildreth	7:32
334. Joseph Poulin	49:16	428. Mary Dunlap	59:30*	68. Shawn Adams	7:35
335. R.T. English	49:20	429. Susan James	59:39*	69. Julia Hessert	7:37*
336. Jan Washburn	49:21*	430. JoAnn Kenny	59:40*	70. Raymond Poulin	7:37
337. Pam Chisholm	49:26*	431. Barry Kenny	59:45	71. Peter Comeau	7:38
338. Kevin Purcell	49:33	432. Fran Fowler	59:51*	72. Shelley Bishop	7:38*
339. Gary Fitzpatrick	49:34	433. JoAnn Driscoll	59:56*		
340. Del Drouin	49:43	434. Alice Towle	73.		
341. Kathy Greenleaf	49:48*	435. Carol French	1:00:28*	74. Jason Simpson	7:39
342. John Hall	49:54	436. Judi Shepard	1:00:36*	75. Nora Stowell	7:39*
343. John Pulver	49:54	437. Debra Hart	1:00:48*	76. Eric Adams	7:40
344. Ron LaFratta	50:10	438. Marlies Black	1:00:48*	77. Alex Masciarelli	7:41
345. Andrea Warner	50:13*	439. Carole Baldwin	1:00:53*	78. Heath Sawyer	7:41
346. Terry Jackson	50:33*	440. Diana McDowell	1:01:53*	79. Rebecca Oliver	7:43*
347. Will Jackson	50:41	441. Carol Rice	1:02:15*	80. Lisa Withrow	7:44*
348. Joy Weale	50:42*	442. Michael Rice	1:02:31*	81. Kristi Cole	7:45*
349. Paul Thompson	50:46	443. Tobey Dirkman	1:02:32	82. Kristine Higgins	7:46*
350. Leslie Morrill	50:51*	444. Joey Cuetara	1:02:56	83. Jennifer Higgins	7:46*
351. Marty Horan	50:53	445. Eric Marin	1:03:07	84. Julie Ames	7:47*
352. Gail Schade	50:58*	446. Faxon Adams	1:03:21	85. Josh Lempert	7:49
353. Lee Estey	51:03	447. Bonnie Handy	1:03:34	86. Jenny McGarry	7:49*
354. David Robinson	51:03	448. Mary Fothergill	1:03:36*	87. Kara Patterson	7:50*
355. John Olson	51:09	449. John Dulaca	1:03:44*	88. Rosemary White	7:51*
356. Joey Dudley	51:11	450. Sam Ouellet	1:03:51	89. Scott Blake	7:52
357. Steve Burton	51:13	451. Anthony Carello	1:04:46	90. Joanna Dall	7:54*
358. Andrew Webber	51:16		1:05:07	91. Kirsten Brown	7:59*
359. Mariann Steinback	51:19*			92. Michelle Comeau	8:01*
360. David Vitale	51:20			93.	
361. Kathleen Saufl	51:20*	1. Mark Stover	5:25	94. Gretchen Rice	8:04*
362. Bill Ridlon	51:26	2. David Baston	5:36	95. Jennifer Lempert	8:04*
363. James Ippolito	51:29	3. John Nadeau	5:36	96. Kelly Towle	8:05
364. Richard Schade	51:52	4. Tim Berry	5:42	97. Chris Comeau	8:06
365. Shepard Golub	52:05	5. Jon Dickhaut	5:49	98. Jamie Ippolito	8:07
366. Roger Lightbody	52:08	6. Paul Blair	5:51	99. Todd Bray	8:08
367. William Lahaye	52:11	7. Mark Leonardi	5:52	100. Heather Bryan	8:08*
368. Susan McGarry	52:17*	8. James Moore III	6:10	101. Doreen Philbrick	8:14*
369. Patricia Lowry	52:23*	9. Jeffrey Moore	6:11	102. Heather Diller	8:15*
370. Constance Venskus	52:25*	10. Lenora Felker	6:11*	103. Brian Patterson	8:19
371. Joe Corcoran	52:28	11. Brad Berry	6:12	104. Corey Hall	8:21
372. Kathy Dall	52:30*	12. Jed Troubh	6:15	105. Jody Lightbody	8:22*
373. Margaret Yates	52:31*	13. Arthur Haines	6:15	106. Alesia Norling	8:29*
374. Janyce Boynton	52:47*	14. Scott Noble	6:17	107. Mary Meldrum	8:34*
375. Paulette Sylvester	52:50*	15. Chris LaPointe	6:19	108. Jeannie Pernice	8:36*
376. George Entwistle	52:52	16. Micah MacDonald	6:20	109. Rob Goodrich	8:37
377. Janet Carter	52:55*	17. Wendy Delan	6:21*	110. Jennifer Poulin	8:40*
378. Robert Newell	53:04	18. Lissa Leonardi	6:23*	111. Mike Noble	8:41
379. Lori Newell	53:19*	19. Stephen Niles	6:23	112. Leah Yates	8:42*
380. Roger Lightbody	53:19	20. Karl Froehlich	6:24	113. Melanie Corson	8:42*
381. Mary Dwyer	53:24*	21. Delaney French	6:26	114. Brenda Brown	8:43*
382. Daniel Coughlin	53:26	22. Seth Thornton	6:28	115. Kimberly Hutchins	8:43*
383. Vincent Bass	53:29	23. Braden Alley	6:31	116. Trisha Alley	8:45*
384. Avis Ingalls	53:33*	24. Lance White	6:32	117. Kate McCurdy	8:47*
385. Kathy Christie	53:45*	25. David Robinson	6:33	118. Jenny Greenleaf	8:50*
386. Carol Estey	53:50*	26. Todd LeBlanc	6:34	119. Jenny Sassi	8:50*
387. Renee Potosky	53:54	27. Maggie Christie	6:37*	120. Chad Wheeler	8:54
388. Edward Ellis	53:55	28. Luke Adams	6:37	121. Jared Felker	8:56
389. Peter Webber	53:56	29. Don Corson	6:41	122. Corina Stinchfield	8:57*
390. Larry Barron	53:56	30. Jason Weale	6:44	123. Jennifer Boyce	8:59*
391. Laurie White	53:57*	31. John Norling	6:45	124. Craig Marin	9:00
392. Jeanne Shay	53:58*	32. Jim Dill	6:46	125. Kimberly Comeau	9:05*
393. Fred Greenlaw	54:02	33. Sarah Berry	6:47*	126. Kristie Wood	9:07*
394. Marj Lalime	54:08*	34. Roland Philbrick	6:49	127. Danielle Vanadestine	9:08*
395. Susan Newark Sanborn	54:13*	35. Jeff Withrow	6:49	128. Monique Chan	9:08*
396. Chester Ingalls	54:15	36. Breken Diller	6:54	129. Sarah Yates	9:08*
397. Deborah Ingalls	54:15*	37. Benjamin Michaud	6:55	130. Aaron Cuthbertson	9:09
398. Betty Constantina	45:21*	38. Andrew Dirkman	6:57	131. Karen Towle	9:12*
399. Walter Christie	54:27	39. Casey Hall	6:58	132. Wendy Werner	9:13*
400. Norman Ingalls	54:27	40. John Nicholson	6:59	133. Timothy Baird	9:17
401. W.R. Dickhaut	54:28	41. Benjamin Berry	6:59	134. Lori Cole	9:19*
402. Susan Tripp	54:30*	42. Brian Schultz	7:00	135. Kristy Werner	9:20*
403. Tom Wood	54:41	43. Shane Handehan	7:03	136. Holly Lessard	9:21*
404. Rose Winter	54:44*	44. Ben Yates	7:04	137. Tim Simineau	9:29
405. Jane Talbot	54:45*	45. Kete Webber	7:05*	138. Cecilia French	9:33
406. Suzanne Fitzpatrick	54:51*	46. Robert Cristie	7:06	139. Ben Merrill	9:38
407. Lovene Johnston	54:52*	47. Ben Robinson	7:07	140. Jeffrey Ippolito	9:38
408. Brenda Stinchfield	55:01*	48. Brett Chase	7:07	141. Heidi Wood	9:39*
409. Jeanne Pernice	55:10*	49. David Morrison	7:08	142. Daniel Berry	9:44
410. Donna Gilbert	55:18*	50. Jamie McGarry	7:11	143. Brooke Daley	9:46*
411. Lee Anne Doran	55:19*	51. Benjamin Niles	7:11	144. Anthony Shay	9:49
412. Susan Wygal	55:27*	52. Christopher McKee	7:13	145. Rachel Roy	9:56*
413. Jane Lahaye	55:34*	53. Tim Withrow	7:16	146. Amy Perry	9:59*
414. Marie Hennessey	55:37*	54. Forest Carey	7:16	147. Rebecca Rice	10:02*
415. Marcel Poulin	55:45	55. Charlyn Twitchell	7:19*	148. Anna Yates	10:09*
416. Carey Clemont	55:55	56. Eric Cullenberg	7:21	149. Rob French	10:21
417. John Roderick	56:08	57. Michael Withers	7:21	150. Matthew Hurd	10:23
418. Robin Seavey	56:10*	58. Timothy Bray	7:21	151. Gabriel Rubino	10:29
419. Irene Purcell	56:31*	59. Douglas Simmons	7:22	152. Michele Davis	10:36*
420. Jolan Ippolito	56:39*	60. Todd Hutchinson	7:22	153. Rebecca Roy	10:42*
421. Dana Wallace	56:41	61. Allison Dall	7:23*	154. Janel Ippolito	10:43*
				155. Anissa Day	10:48*

156. Justin Perry	10:58	70. Win Robinson	44:13	40. Joel Titcomb	31:44		
157. Kate Meldrum	10:59*	71. James George	44:32	41. Scott Samuelson	31:45		
158. Heather Sawyer	11:03*	72. Jim Bowse	44:40	42. Lawrence Frank	31:46		
159. Olivia Weale	11:06*	73. James Lowery	44:44	43. Paul Prescott	31:48		
160. Caleb Simpson	11:10	74. Andrew Webber	45:06	44. Joe Slowinski	31:49		
161. Donnie Chase	11:13	75. Peter Webber Jr.	45:48	45. Brad Goodale	31:50		
162. Matthew Masciarelli	11:14	76. Thomas Currier	45:49	46. Lee Allen	31:51		
163. Danielle Davis	11:18*	77. Leslie Morrill	45:52*	47. Merle Hartford	31:52		
164. Chelsey Dunham	11:38*	78. Thomas Bunker	45:54	48. Dave Smith	32:07		
165. Zeb Davis	11:52	79. Forest Carey	46:46	49. Steven Gifford	32:16		
166. Megan Presby	11:56*	80. Tom Morrill	46:46	50. Steve Caron	32:17		
167. Lee Pilecki	12:03	81. J. Pilecki	46:49	51. Steven Harriman	32:25		
168. Lee Haines	12:08	82. Jay Wetzel	47:33	52. Kenneth Curtis	32:49		
169. Darlene Crockett	12:09*	83. Jay O'Rourke	47:45	53. David Caldwell	33:07		
170. Sara Grover	12:22*	84. Nancy Carey	47:48*	54. Chris Cash	33:17		
171. Erik Hart	12:25	85. Rick Kimball	48:41	55. Frank Knight	33:22		
172. C.K. Murphy	12:46	86. Bob Currier	48:46	56. Chris Everett	33:26		
173. Deven Morrill	12:48	87. Trudy Sullivan	48:59*	57. Karen McCann	33:30*		
174. Hilda Howe	13:02*	88. Mary Horan	49:10*	58. Norman Wood	33:33		
175. Cindy Stinchfield	13:03*	89. Lori Spaulding	50:17*	59. John Strout	33:34		
176. Jeremy Cole	13:05	90. David Robinson	50:34	60. Michael Beaujouin	33:43		
177. Josiah Crump	13:25	91. Jon Dielchaut	50:55	61. Phil Richardson	33:46		
178. Devon Morrell	14:12	92. Norj Ahrens	51:04*	62. Glen Poland	33:49		
SUGARLOAF UPHILL CLIMB							
1. Kevin Retelle	29:04	93. Andrew Files	51:05	63. Peter Morrill	33:51		
2. David Currier	30:35	94. Ben Robinson	51:59	64. Samuel Boothby	33:58		
3. Marty Casey	30:35	95. Patricia Lowery	52:00*	75. Rip Dyer	34:02		
4. Ralph Fletcher, Jr.	31:07	96. Tom Wood	52:50	66. Lester Everett	34:03		
5. Ron Newberry	31:23	97. Pam Chisolm	52:56*	67. Bill Scaplen	34:08		
6. Wendell Blood	31:56	98. Peggy Moore	52:56*	68. Mark Long	34:09		
7. Gene Roy	32:00	99. Todd Bray	53:22	69. Dean Lamson	34:10		
8. George Towle	32:13	100. Ellie Rohde	53:56*	70. Bob Payne	34:11		
9. Peter Brigham	32:31	101. Tim Bray	54:01	71. Donald Wilson	34:13		
10. Brian McCrea	32:42	102. Kathy Miles	54:06*	72. Les Berry	34:14		
11. Joel Hinshaw	32:45	103. Francine Currier	55:07*	73. Dennis Hayes	34:15		
12. Henri Bouchard	32:48	104. Mike Withers	55:36	74. Richard Whetstone	34:15		
13. Mark Simoneau	32:50	105. Allison Dall	56:09*	75. Matthew Sturgis	34:17		
14. Mark Simpson	33:23	106. Martha Webber	57:46*	76. Bon Stuges	34:19		
15. Dick Balentine	33:58	107. Roger Jabestone	1:01:15	77. Bob Villanueva	34:21		
16. Marty Pfeiffer	34:34	108. Kelly Withers	1:17:55*	78. Susannah Beck	34:22*		
17. Michael Cook	34:48	109. Les Bray	1:17:57	69. Steve Watts	34:25		
18. Paul Vieilleux	34:52	110. Jim Withers	1:17:58	80. Robert Ingerowski	34:26		
19. Eric McNett	35:08	111. Rebecca Beck	1:18:17*	81. Carlton Mendell	34:27		
20. Mark Violette	35:10	112. Dan Ouellette	1:18:18	82. Debbie Sawyer	34:37*		
21. Dean Gillette	35:41	113. Janet Wagner	1:19:17*	83. Terrance Farrell	34:48		
22. Keith Basley	35:44	114. JoAnn Bray	1:22:01*	84. Bret Baber	35:00		
23. David Hetherman	36:26	115. Betty Withers	1:22:02*	85. Rachel Veilleux	35:02		
24. Gerry Bryan	36:39	Results courtesy of Chip Carey Race Director					
25. Bill Leschey	36:46	*****					
26. Richard Traiser	36:57	JAMES BAILEY X-COUNTRY 5 MILER					
27. Danny Wiley	37:05	Gorham Sep 26th					
28. Stephan Swan	37:13	-----					
29. Jack Lynch	37:41	1. Bob Winn	25:57	93. Fred Beck	36:11		
30. Lawson Noyes	37:51	2. Paul Hammond	26:43	94. Ken Pickett	36:35		
31. Rich Riken	38:06	3. Stu Hogan	26:46	95. Robert Frazier	36:36		
32. Chuck Adams	38:07	4. Larry Greer	26:49	96. Gerald Wiles	36:51		
33. Heath Norris	38:12	5. Rick Garcia	27:15	97. James Chase	36:53		
34. Ray Peritz	38:17	6. Danny Paul	27:22	98. Andrew Haslam	36:54		
35. Rick Elder	38:20	7. Doug Ingersoll	27:33	99. Bruce Allen	36:59		
36. Greg Kelly	38:27	8. Scott Brown	27:34	100. Ben Kellman	36:59		
37. Ron Paquette	38:31	9. Greg DiBiase	27:38	101. Dan O'Grady	37:06		
38. Richard McFaul	38:40	10. Fergus Kenny	27:55	102. Peter Guitard	37:37		
39. Mark Leonardi	38:46	11. Jeff Crocker	28:35	103. Ron Guevin	37:51		
40. Jim Kein	38:54	12. Chris Holt	28:36	104. Lloyd Cook	37:53		
41. Michael Fay	39:14	13. Mike Brust	28:38	105. George Nadeau	38:00		
42. Delinda Smith	39:24*	14. Marty Moran	28:43	106. Thomas Gadbois	38:15		
43. Cindy Walsh	39:52*	15. Mike Polland	28:45	107. Bill Elgee	38:16		
44. Blanchard Hupper	40:24	16. Chuck Holt	28:47	108. Marty Toderico	38:19		
45. Shawn Lander	40:35	17. Jerry Crommett	28:50	109. Kathleen Jenkins	38:22		
46. Paul Dall	40:38	18. Jeff Buck	29:15	110. Warren Wilson	38:28		
47. Roy Armstrong	40:46	19. Dennis Smith	29:38	111. John Rummel	38:31		
48. Bill Weale	40:46	20. Arthur Johnson	29:41	112. Richard Fletcher, Jr.	38:36		
49. Kevin Burns	40:50	21. Stewart Palmer	29:46	113. Gregg Fritz	38:36		
50. Mike Rice	41:04	22. Erich Reed	29:48	114. John Edwards	38:37		
51. Patty Jacobs	41:09*	23. Peter Connolly	30:03	115. John Martin	38:40		
52. Robert McDougall	41:36	24. Mike Gendron	30:04	116. Michael Hayden	38:45		
53. Harvey Rohde	41:37	25. Dan Williams	30:10	117. Dale Farris	38:57		
54. Jay Reilly	41:47	26. Al Reilly	30:13	118. John Oullette	38:58		
55. Lon Winchester	41:51	27. Ralph Reed	30:16	119. Wayne Hamilton	39:05		
56. Martin Traiser	42:04	28. Christopher Wilson	30:17	120. Neal Johnson	39:08		
57. Mark Leonardi	42:13	29. Ron Bartlett	30:18	121. Lenore Felker	39:12*		
58. Tom LaPointe	42:28	30. Steven Olafson	30:21	122. Kimberly Clay	39:13		
59. Harrie Price IV	42:33	31. Rob Licht	30:24	123. Mike Fitzpatrick	39:43		
60. Pete Lyons	42:43	32. Keith Poulin	30:26	124. Dennis Morrill	39:46		
61. Chris LaPointe	42:46	33. Mike Towle	30:34	125. Robert Cushman	39:49		
62. Lee Rhine	42:55	34. John James	30:36	126. Jeffrey Stevens	39:52		
63. Jane Waddle	42:56*	35. Scott Hugo	31:11	127. Peter Frederick	40:07		
64. John Martin	43:57	36. Kurt Olafson	31:17	128. Joseph Bradley	40:11		
65. Bruce Wheeler	43:12	37. John Long	31:34	129. Jill Decker	40:21		
66. Lynn Emerson	43:29*	38. Greg Dugas	31:37	130. Lew Kershner	40:27*		
67. Matt Waddle	43:46	39. Gerry Myatt	31:42	131. Robin Everett	40:37*		
68. Marcel Poulin	43:46			132. Carolyn Kidder	40:41		
69. Lou Champagne	44:11			133. Steve Douglas	40:50*		

135. Phil Jones	40:53	THIRD ANNUAL AUTUMN GOLD ROAD RACE	20.	John McCormack	19:03
136. Edward Barry, Jr.	40:56	Ellsworth 20K Oct 2nd	21.	Chris Griffiths	19:06
137. Betsey Way	41:00*		22.	Jim Harrison	19:12
138. Sharon Stevens	41:06*		23.	Chris Smith	19:15
139. Richard Coburn	41:15	1. Mike Gaige 1:05:08	24.	Bob Duprey	19:17
140. Walter Ashley	41:23	2. Henri Bouchard 1:05:48	25.	Lawrence Rahall	19:21
141. David Ray	41:44	3. Larry Deans 1:11:10	26.	David Griffiths	19:31
142. Larry Pierce	42:13	4. Dick Fournier 1:11:41	27.	Tim Lynch	19:47
143. Harri Terva	42:15	5. Herb Parsons 1:13:20	28.	Carol McElwee (M)	19:50*
144. Deborah Hewson	42:33*	6. Mike Cole 1:14:14	29.	Robert Farley	19:57
145. Steve Sanford	42:38	7. Cliff Rogers 1:15:24	30.	Dan Norwood	19:58
146. Mardianne Reed	42:46*	8. Thomas Doyle 1:16:24	31.	Brett Semans	20:00
147. Lou Lambert	43:06	9. David Cunio 1:16:28	32.	Merle Bragg, Jr.	20:02
148. Lynne Zimmerman	43:22*	10. Dan Cake 1:16:52	33.	Pete Cuff	20:04
149. Joel Berenson	43:33	11. Phil Stuart 1:17:24	34.	Jeff Cyr	20:18
150. Yvette Knight	43:49*	12. Deke Talbot 1:17:51	35.	Dan Mills	20:32
151. Mike Davis	44:05	13. Lawrence Bridges 1:18:30	36.	Ben Maxcy	20:38
152. Bill Trefethen	44:09	14. Arnold Amoroso 1:19:10	37.	Roger Richards	20:44
153. Dick Cervizzi	44:17	15. Hal Nelson 1:19:15	38.	Skip Day	20:46
154. Jol-Lynn Bell	44:25*	16. Steve Lagasse 1:20:30	39.	Nancy Jackson (M)	20:49*
155. Chris Neagle	45:23	17. Alan Howard 1:21:05	40.	Jason Edwards	20:51
156. John Alden	46:01	18. Norman Hawes 1:21:24	41.	Zachary Phillips	20:52
157. Vincent Bass	46:06	19. Kenneth Awalt 1:22:03	42.	Pat Maxcy	20:53
158. Barbara Reidman	46:11*	20. Bill Leschey 1:22:18	43.	Eric Buck	20:57
159. Sheree Rizzardi	46:26*	21. Robin Emery 1:22:28*	44.	Robert York	20:59
160. Sarah Faunce	47:28*	22. Bill Pinkham 1:23:10	45.	Richard Deerves	21:05
161. Janice Ricker	47:35*	23. Larry Rich 1:23:29	46.	Larry Mangus	21:06
162. Cari Clay	47:45*	24. David Comeau 1:23:29	47.	Dennis Travis	21:12
163. Marlene Reali	47:54*	25. Alex Hammer 1:24:06	48.	Tim McCormack	21:56
164. J.P. Evans	48:01	26. Carlton Mendell 1:24:18	49.	Bonnie Nelson	22:16*
165. Jim Gurney	49:01	27. Tony Beardsley 1:26:14	50.	Mark Freeman	22:35
166. Carl Mahoney	49:06	28. Fred Merriam 1:26:28	51.	Joel Theriault	22:51
167. Richard Neuts	49:10	29. Richard Sayles 1:27:03	52.	Bill Davidshofer	23:24
168. Maggie Gutherie	49:37*	30. David Koch 1:27:50	53.	Regina Glover	23:24*
169. Joyce Moore	50:15*	31. Andrew Seeley 1:28:02	54.	Brian Connally	23:55
170. Rebecca McCarthy	50:27*	32. Martin Schiff 1:28:08	55.	K.A. Harris	23:56
171. Karen Silverman	50:48*	33. Gerry Bryan 1:28:40	56.	James Kenny	24:55
172. Jeannie Ross	50:54*	34. Jo Comeau 1:28:46*	57.	Crys Nash	25:09
173. Frank Long	51:03	35. Joanie Rhoda 1:28:55*	58.	Dan McCormack	25:23
174. Ruth Morrison	21:54*	36. Don Ardine 1:29:12	59.	Sally McCormack	25:24*
175. Colleen Taylor	51:49*	37. Ronald Russell 1:29:51	60.	Grant Travis	25:39
176. Patricia Flanders	52:39*	38. Gil Roderick 1:31:27	61.	Erin Pierce	25:59
177. Louise Parise	56:03*	39. David Avery 1:31:56	62.	Eddie St. John	26:23
178. Pete Howell	68:27	40. Lori Michaud 1:31:59*	63.	Mike Mangus	27:10

1.5 Mile 12 and Under Run

1. Bobby Sprague	8:59	44. Richard Chipman	1:40:07
2. David Manthorne	9:08	45. Rick Dorian	1:42:00
3. Timothy Berry	9:29	46. Mark Hardison	1:47:24*
4. Sharon Bay	9:43*	47. James Mroch	1:47:33
5. Randy Levere	9:50	48. Lynn Emerson	1:47:39
6. Charles French	10:00	49. Aurele Ouellet	1:48:03*
7. Katti Towle	10:11*	50. D. Merrill	1:49:44
8. Jed Troubh	10:12	51. Joan Leslie	1:50:09
9. Jeff Grant	10:18	52. Carl Bowen	1:54:09
10. Daniel Boyce	10:21	53. Ken Hodsdon	1:55:28*
11. Lori Towle	10:29*	54. Marjorie Knouti	1:55:28*
12. Beth Gleeson	10:42*	55. Don Osborne	2:04:31
13. Kevin Grant	10:47	56. Braden Alley	2:06:44
14. Sarah Berry	10:49*	57. David Alley	2:18:29
15. David Wakem	10:51	58. Janyce Boynton	
16. Toby Beal	10:55	59. Liz Bennett	
17. Denise Harlow	10:59*	60. Tom Wood	
18. Jeff Johnson	11:02	61. Ken Blaisdell	
19. Rachel Silke	11:05*	62. Sam Ouellet	
20. Daniel Lambert	11:08		
21. Benjamin Berry	11:19		
22. Pamela Dalton	11:34*		
23. Kelly Frazier	11:53*		
24. Jennifer Bay	11:57*		
25. Deborah Kelley	12:01*		
26. Nan Boucher	12:02*		
27. Niki Stoddard	12:08*		
28. Jennifer Reardon	12:41*		
29. Jennifer Reall	13:08*	1. Conrad Walton (M) 16:15	
30. Laura Boyce	13:33*	2. Rick Shelton 16:33	
31. Anthony Jones	13:44	3. Glenn Bailey 17:16	
32. Ronald Hutchins	13:48	4. Steve Porter 17:27	
33. Philippe Lambert	13:52	5. George Hubbard 17:34	
34. Samantha Slattery	14:08*	6. Scott Hutchinson 17:37	
35. Kim Loveitt	14:10*	7. Sam Hamilton (SM) 17:40	
36. Brandon Lisa	15:23	8. Chris McDonald 17:42	
37. Colleen Reardon	15:24*	9. Loren Ritchie (M) 17:48	
38. Sarah Lisa	15:33*	10. Lawrence Whipkey (M) 17:58	
39. Patricia Kelley	16:45*	11. David Rand (M) 18:30	

Results courtesy of Dave Paul
Race Director

UMPI HOMECOMING ROAD RACE

Presque Isle 5K Oct 2nd

1. Conrad Walton (M)	16:15
2. Rick Shelton	16:33
3. Glenn Bailey	17:16
4. Steve Porter	17:27
5. George Hubbard	17:34
6. Scott Hutchinson	17:37
7. Sam Hamilton (SM)	17:40
8. Chris McDonald	17:42
9. Loren Ritchie (M)	17:48
10. Lawrence Whipkey (M)	17:58
11. David Rand (M)	18:30
12. Mike Carey	18:34
13. Bruce Twombly	18:36
14. Scott McDonald	18:38
15. Katie Martin	18:40*
16. Ronald Clark, Jr.	18:48
17. Dan Harrigan	18:51
18. Dale Bailey	18:52
19. John Lisnik	19:00

20.	John McCormack	19:03
21.	Chris Griffiths	19:06
22.	Jim Harrison	19:12
23.	Chris Smith	19:15
24.	Bob Duprey	19:17
25.	Lawrence Rahall	19:21
26.	David Griffiths	19:31
27.	Tim Lynch	19:47
28.	Carol McElwee (M)	19:50*
29.	Robert Farley	19:57
30.	Dan Norwood	19:58
31.	Brett Semans	20:00
32.	Merle Bragg, Jr.	20:02
33.	Pete Cuff	20:04
34.	Jeff Cyr	20:18
35.	Dan Mills	20:32
36.	Ben Maxcy	20:38
37.	Roger Richards	20:44
38.	Skip Day	20:46
39.	Nancy Jackson (M)	20:49*
40.	Jason Edwards	20:51
41.	Zachary Phillips	20:52
42.	Pat Maxcy	20:53
43.	Eric Buck	20:57
44.	Robert York	20:59
45.	Richard Deerves	21:05
46.	Larry Mangus	21:06
47.	Dennis Travis	21:12
48.	Tim McCormack	21:56
49.	Bonnie Nelson	22:16*
50.	Mark Freeman	22:35
51.	Joel Theriault	22:51
52.	Bill Davidshofer	23:24
53.	Regina Glover	23:24*
54.	Brian Connally	23:55
55.	K.A. Harris	23:56
56.	James Kenny	24:55
57.	Crys Nash	25:09
58.	Dan McCormack	25:23
59.	Sally McCormack	25:24*
60.	Grant Travis	25:39
61.	Erin Pierce	25:59
62.	Eddie St. John	26:23
63.	Mike Mangus	27:10
64.	Chris Harrison	29:05
65.	Ed Leighton	29:16
66.	Steve Harrison	29:34
67.	Janice Charette	29:49*
68.	Edward Ouellet	30:04
69.	Kendon Curtis	30:12
70.	Kathy Travis	34:24*
71.	Dr. Charles Serritella	37:44

Results courtesy of Larry Mangus
Race Director

1.	Hank Chipman	UMPI	26:48
2.	John Keller	USM	27:06
3.	Rick Garcia	St. J	27:21
4.	Jeff Crocker	St. J	27:32
5.	Stu Hogan	St. J	27:33
6.	Marlin Conrad	UMPI	27:53
7.	Todd D'Antonio	SS	28:16
8.	Peter Dube	USM	28:18
9.	Chuck Holt	St. J	28:20
10.	Fergus Kenny	St. J	28:26
11.	Jason Hamilton	USM	28:41
12.	Arthur Johnson	St. J	29:17
13.	Chris Holt	St. J	29:25
14.	Keith Poulin	St. J	29:37
15.	Matt Scott	UMPI	29:40

Teams:
St. Joseph's College (14-0) 31
Univ of Southern Maine 69
Salem State College 73
UMPI 80
Maine Maritime Academy 116

Results courtesy of Ziggy Gillespie
St. Joe's Coach

ST. JOSEPH HOSPITAL 5K FALL RUN

Bangor Oct 9th

- | | | |
|-----|------------------|--------|
| 1. | Dick Balentine | 16 |
| 2. | Tim Marquis | 16 |
| 3. | Gary Coyne | 16 |
| 4. | Len Price | 16 |
| 5. | Brian McCrea | 16 |
| 6. | Mickey Lackey | 16 |
| 7. | Tim Robinson | 16 |
| 8. | Ken Remsen | 17 |
| 9. | Phil St. Pierre | 17 |
| 10. | Ray Cormier | 17 |
| 11. | Rob Melvin | 17 |
| 12. | Alex Hammer | 17 |
| 13. | Loren Ritchie | 17 |
| 14. | David Rose | 18 |
| 15. | Pat Boss | 18 |
| 16. | Richard Everett | 18 |
| 17. | Bryan Elwell | 18 |
| 18. | Mike Bard | 18 |
| 19. | Michael Faye | 18 |
| 20. | Pat Kamm | 18 |
| 21. | Larry Rich | 18 |
| 22. | Andrew Files | 18 |
| 23. | John Patin | 18 |
| 24. | Brent Leighton | 18 |
| 25. | Timothy Reid | 18 |
| 26. | Bill Pinkham | 18 |
| 27. | Paul Comeau | 18 |
| 28. | Michael Thompson | 18:5 |
| 29. | Lon Winchester | 18:5 |
| 30. | Steve Marquis | 19:0 |
| 31. | Gerrri Krause | 19:1 |
| 32. | Tom Duga | 19:1 |
| 33. | Frank Bragg | 19:1 |
| 34. | John Lekey | 19:2 |
| 35. | Don Ardine | 19:2 |
| 36. | Gary Smith | 19:3 |
| 37. | Larry Sacyawa | 19:34 |
| 38. | Don Ardine Sr | 19:47 |
| 39. | Mike Bassi | 20:00 |
| 40. | Paul Berg | 20:06 |
| 41. | David Wilson | 20:24 |
| 42. | Larry Ferguson | 20:26 |
| 43. | William Comeau | 20:28 |
| 44. | Jon Davis | 20:35 |
| 45. | Robert Cimballek | 20:49 |
| 46. | Dick Miles | 20:59 |
| 47. | John Perry | 21:08 |
| 48. | Joel Stevens | 21:08 |
| 49. | Gerry Reynolds | 21:09 |
| 50. | James Barr | 21:18 |
| 51. | Marie Johnson | 21:21 |
| 52. | Jon Norwood | 21:26 |
| 53. | Bruce Nye | 21:27 |
| 54. | James Cote | 21:27 |
| 55. | David Thibodeau | 21:38 |
| 56. | Jane Bragg | 21:41* |
| 57. | Jon Dickhaut | 21:44 |
| 58. | Jack Cushman | 21:49 |
| 59. | Ken Hodson | 21:55 |
| 60. | John Hall | 22:09 |
| 61. | Vin Skinner | 22:10 |
| 62. | Bill Lawlor | 22:29 |
| 63. | Jerry Patry | 22:41 |
| 64. | Jerry Herlihy | 23:01 |
| 65. | Janet Carter | 23:30* |
| 66. | Chuck Shepley | 23:35 |
| 67. | Gary Hughes | 23:51 |
| 68. | Allison Whetmore | 23:56* |
| 69. | Maynard Walton | 23:57 |
| 70. | William Lawrence | 24:04 |
| 71. | Brian Howe | 24:07 |
| 72. | Lori Small | 24:07 |
| 73. | Ron Cousins | 24:09 |
| 74. | Fred Greenlaw | 24:18 |
| 75. | Nancy Price | 24:26* |
| 76. | Steve Cahl | 24:32 |
| 77. | Anne Hanson | 24:33* |
| 78. | Edward Thompson | 24:40 |
| 79. | Rich Hey | 24:46 |
| 80. | Bill Williamson | 24:50 |
| 81. | Rene Collins | 24:58* |
| 82. | Jerry Bates | 25:07 |
| 83. | Richard Page | 25:19 |
| 84. | Charleen Wiseman | 25:25* |
| 85. | Heather Ferguson | 25:30* |
| 86. | Frank Jewell | 25:34 |
| 87. | Tom Wood | 25:54 |
| 88. | Dawn Thomas | 26:37* |
| 89. | Mike Gaige | 26:37 |
| 90. | Peter Curran | 26:54 |
| 91. | Robert Soulas | 26:54 |

92.	Brenda Hansen	26:59
93.	Bob Collins	27:02
94.	Earlene Leonard	27:16
95.	Ronnie Delano-Ellis	27:42
96.	Galen Norwood	27:58
97.	Maureen Guerin	28:29*
98.	Roree Carter	28:45
99.	Diane Frazer	28:52*
100.	Helen Thompson	28:52*
101.	Ellen Reasitad	29:04*
102.	Aaron Merriam	29:49
103.	Lisa Thurlow	29:50
104.	Carol Hutchins	30:39*
105.	Joan Merriam	30:40*
106.	Charleen Perkins	30:41*
107.	Katherine True	30:46*
108.	Sheila Kubetz	30:55*
109.	Kabeb Patterson	31:23
110.	Davy Krause	53:59

Results courtesy of St. Joseph Hosp.

HARBOR HOUSE 5.5 MILE FALL FOLIAGE
Southwest Harbor Oct 10th

- | | | | |
|-----------------------|--------|------------------------|--------|
| 1. Steve Frederick | 29:55 | 22. Jane Parsons | 31:36* |
| 2. Bruce Bridgeman | 31:37 | 23. Vern Demmons | 31:41 |
| 3. Mike Worcester | 32:03 | 24. Jeannie Lewis | 32:17 |
| 4. Cliff Rogers | 32:19 | 25. Charles Knight | 32:26* |
| 5. Matt Dunlap | 32:30 | 26. Joe Keller | 32:49 |
| 6. Arnold Amoroso | 33:01 | 27. Forest Sprague | 32:53 |
| 7. Mike Westphal | 33:23 | 28. Kevin Shute | 32:58 |
| 8. Tim Drury | 33:33 | 29. Conrad Skov | 33:02 |
| 9. Robin Emery | 33:34* | 30. Robert Rosenberg | 33:09 |
| 0. Jeff Thurlow | 34:03 | 31. Craig Ervin | 33:19 |
| 1. William Curran | 34:07 | 32. John Pfeiderer | 33:33 |
| 2. John Fox | 35:06 | 33. Diane Lounder-Wood | 33:45 |
| 3. Rich Pactile | 35:06 | 34. Christie Baldwin | 33:48* |
| 4. Gerry Bryan | 35:36 | 35. Gordon Guist | 34:18 |
| 5. Jim Harrison | 35:43 | 36. Gerald D. Hoff | 34:42 |
| 6. Ron Paquette | 35:51 | 37. Jason Elliot | 34:48 |
| 7. Bruce Kelley | 35:56 | 38. Leonard Goeke | 34:49 |
| 8. Louis Downs | 36:17 | 39. John Tripp | 35:51 |
| 9. Clark Brewer | 36:23 | 40. Dave Gugan | 35:56 |
| 10. Ron Hunter | 36:28 | 41. Trent Shute | 36:00 |
| 11. Mike Merritt | 37:03 | 42. Kerynay Joyce | 36:03 |
| 12. Mike Reisman | 37:10 | 43. Jackie Keller | 36:04* |
| 13. Garrett Long | 37:21 | 44. Ralph Baldwin | 36:23 |
| 14. Guy Dunbar | 37:37 | 45. Leona Clapper | 36:33* |
| 15. Thomas Kirby | 37:39 | 46. Anthony Seidner | 36:34 |
| 16. Linda Keeffe | 37:43* | 47. Carol McRea | 36:43* |
| 17. Sharyn Kingma | 37:55* | 48. Jack Dirkman | 36:51 |
| 18. David Cook | 38:29 | 49. Nancy Graves | 36:54* |
| 19. Richard Davis | 38:43 | 50. Jerri Bushey | 37:02* |
| 20. Carl Bowen | 38:49 | 51. Charles Clapper | 37:23 |
| 21. Fletcher Bishop | 38:53 | 52. Terry Sprague | 37:51* |
| 22. Charles Bishop | 38:53 | 53. Joan Merriam | 38:29* |
| 23. Jimmy Davis | 39:23 | 54. Peter Adams | 39:33 |
| 24. Patti Noll | 39:26* | 55. Barbara Kennedy | 39:52* |
| 25. John Bowen | 39:48 | 56. Robin Guist | 39:55* |
| 26. Mark Hardison | 40:46 | 57. Dick Cleveland | 40:25 |
| 27. Mary Beth Maneen | 40:24* | 58. Matt Cleveland | 40:29 |
| 28. Richard Downs | 40:46 | 59. Lynda Nelson | 40:32* |
| 29. Elleh Hunter | 41:32* | 60. Marie Guanci | 40:43* |
| 30. Richard Keefe | 41:39 | 61. Don McRae | 41:00 |
| 31. Donnajean Pohlman | 41:53 | 62. Sean Boggs | 41:05 |
| 32. Steve Coffin | 42:18 | 63. Mary Stuart Tyler | 41:09* |
| 33. Richard Fisher | 43:32 | 64. Nikolai Kirkham | 41:59* |
| 34. Mel Trenkle | 43:33 | 65. Joshua Boyden | 41:59 |
| 35. Kathleen Harris | 43:41* | 66. Everett Edington | 42:06 |
| 36. Janet Moore | 44:05* | 67. Theodore DeNardo | 42:12 |
| 37. Paula Dunbar | 44:26* | 68. Betty Constantine | 42:22* |
| 38. Rebecca Bryer | 45:58* | 69. Joan Donato | 42:21* |
| 39. Becky Brown | 46:58* | 70. Kathy Friedrich | 44:57* |
| 40. Susy Chaplin | 46:58* | 71. Tobey Dirman | 48:34* |

3.1 Miller

- | | | | |
|--|--------|-----------------------|--------|
| 32. Vernon Elsemore | 48:31 | 1. Stacy Bryant | 16:45 |
| 53. Jane Carpenter | 50:26* | 2. Dan Cake | 17:12 |
| 54. Rhonda Paltauf | 50:27* | 3. Mark Smith | 18:09 |
| 55. Dot Wood | 51:33* | 4. Brian Horne | 19:04 |
| 56. Marjorie Knuuti | 51:34* | 5. Iker Zubizarreta | 19:16 |
| 57. Steve Harrison | 52:28 | 6. Paula Stone | 19:24* |
| 58. Chris Harrison | 52:29 | 7. Carl Chipman | 19:45 |
| 59. Bethany Kvam | 52:40* | 8. Mike McDonough | 19:50 |
| 60. Lynn Alley | 52:47* | 9. Perry Barnard, Jr. | 20:36 |
| 61. Henry Williams | 52:48 | 10. Fay Brown | 20:48* |
| Results courtesy of Marty Lyons
Race Director | | 11. Darren Brown | 21:00 |
| | | 12. Sheldon Adams | 21:00 |
| | | 13. Tony Seidner | 21:05 |

15. Patty Carton	21:59*	49. Karen Laurentz	34:45*	33. Carey Clement	23:54		
16. Mike Gendron	22:00	50. Patricia Flanders	34:46*	34. Stanley Pride	24:00		
17. Ellen Spring	22:10*	51. Susan Savage	34:53*	35. Bernard Turner	24:02		
18. Richard Butler	22:40	52. James Banks	34:58	36. Kristian Clement	24:22		
19. Dan Richardson	22:47	53. Linda Dwelley	35:06*	37. Dale McGann	24:37		
20. Nathan Street	22:57	54. Timothy Turner	35:12	38. Sunshine Weinrich	24:40*		
21. Blaine Horne	23:00	55. John Virginio	35:55	39. Emily Davis	24:47*		
22. Linwood Young II	23:04	56. Larry Oliver	35:58	40. Trina Kennedy	24:50*		
23. Scott Harding	23:11	57. Maureen Guerin	36:40*	41. Rae Davis	24:53*		
24. Deborah Horne	23:22*	58. Marcella Morin	37:19*	42. Tom Wood	25:02		
25. Betsy Barry	23:30*	59. Martin Murphy	37:45	43. Cindy Emerson	25:09*		
26. Pam Cuthbertson	24:07*	60. Joe Shepherd	37:57	44. Gregory Smith	27:03		
27. Larry Rytky	24:42	61. Joe Parent	38:46	45. Louise Clement	27:56*		
28. Aaron Merrian	24:56	62. Joanne Giorgetti	39:11	46. John Guyotte	28:16		
29. Gary Schulz	25:02	63. Mark Guilfoyle	46:27	47. Gwen Clement	29:10*		
30. Tammy Cooper	25:07*	Results courtesy of Paul Guerin Bangor PD					
31. Karyn Chase	25:10*						
32. Tam Childs	25:10*						
33. Karen Welch	25:18*						
34. Kathy Hillgrove	25:28*						
35. Tom Bridges	25:34	4TH ANNUAL RICHMOND RAMBLE 10K					
36. Linda Taylor	25:46*	Richmond Oct 2nd					
37. Ellen McDonough	26:12*						
38. Lorrie Higgins	26:29*						
39. Perry Barnard	26:44						
40. Melissa Foltz	27:35*	1. Paul Hammond	33:48	Results courtesy of Piscataquis Y			
41. Karen Brown	27:35*	2. Rock Green	34:43				
42. Karyn McIntosh	28:34*	3. Dale Dorr	35:01				
43. Kevin Boggs	28:38	4. Rick Lane	35:04				
44. Ellen Batty	29:43*	5. Greg Nelson	35:57				
45. Kim Childs	29:43*	6. Mike Daly	36:14				
46. Marci Laite	30:01*	7. Ralph Thomas	36:59				
47. Joette Adams	33:57*	8. John Moncure	37:30				
48. Jennifer Brickel	36:11*	9. Gary Cochrane	38:19				
49. Jim Brickel	36:13	10. Arthur Shea	39:30				
50. Frances Saccardote	38:24*	11. Bill Gayton	40:07				

Results courtesy of Sterling LeBlanc
Race Director

2ND ANNUAL POLICE PURSUIT ROADRACE
Waterville 4.2 miles Oct 11th

1. Jon Bemis	21:47
2. David Loranger	22:09
3. Ray Cormier	22:55
4. Lynn Presby NH	23:46
5. Richard Morrison	24:12
6. William Pinkham	24:24
7. Timothy Reid	24:37
8. Richard Maguire MA	24:44
9. David Freeman	24:51
10. Paul LeBlanc	25:00
11. Robert Flint	25:01
12. Joe Regali	25:18
13. Edward Thorne	26:04
14. Joe Lynch	26:05
15. Daniel Kelly	26:39
16. Harland Leavitt	27:10
17. Frank Holcomb MA	27:23
18. Terry Cousins	27:25
19. Thomas Arnold	27:28
20. Lloyd Gaudette	27:29
21. Frank Poirier	27:34
22. Lowell Smith	27:35
23. Paul Guerin	27:47
24. Alfred Ockenfels	28:14
25. Harold Savage	28:20
26. Paul Irgang	28:22
27. Kevin Curran	28:33
28. Philip Roberts	28:46
29. Paul Paradis	28:53
30. Todd Savage	29:08
31. Tom Baran	29:44
32. Steven Giorgetti	29:47
33. Michel Rioux	30:17
34. Darrell Tripp	30:26
35. Louis McAuliffe	31:00
36. Keith Richardson	31:10
37. Carroll Farmer	31:17
38. Gerald Mahoney	31:18
39. John Jacques	31:21
40. Allison Wetmore	31:22
41. William Lawrence	31:31
42. Christopher Stevens	32:22
43. David Giampetruzzi	32:37
44. Anthony Brown	33:07
45. Tom Fahey	33:08
46. Daniel Melvin	33:10
47. Bruce Moody	33:42
48. Robert Orr	34:13

4TH ANNUAL RICHMOND RAMBLE 10K
Richmond Oct 2nd

Results courtesy of Linda Mcnett
Race Director

PISCATAQUIS DISTRICT YMCA FALL CLASSIC
Dover-Foxcroft 5K Oct 3rd

1. Terry Priest	16:16	31. Dick McPaul	2:44:41
2. Chris O'Neil	16:37	32. Ken Newsome	2:44:47
3. Mark Chasse	16:42	33. Jeff Keeton	2:45:09
4. Lee Stover	16:46	34. Bob Maguire	2:45:11
5. Matt Turak	16:52	35. Paul Libby	2:46:14
6. Bob Clement	16:56	36. Robert Frail	2:46:21
7. Lawrence Wyman	17:19	37. Philip Coffin	2:46:27
8. Mike Doore	17:50	38. Mark Cowell	2:46:33
9. David Clement	18:06	39. Herman Pelletier	2:46:45
10. Paul Pray	18:10	40. Larry Butler	2:46:47
11. Bill Haskell	18:25	41. Robert Mitchell	2:46:47
12. Bill Wardell	18:31	42. Jim Downey	2:46:58
13. Bob Pride	18:57	43. Fran Connolly	2:47:05
14. Tom Coy	18:58	44. Darryl Sargent	2:47:25
15. Rodney White	18:59	45. Bill Hine	2:47:30
16. Mark Stover	19:00	46. Barry McLaughlin	2:48:24
17. Danny McFarlin	19:44	47. Brad Hammond	2:48:37
18. David Hagar	19:52	48. Jay Dufour	2:48:39
19. Fabian Harrison	20:00	49. William Mushkin	2:48:53
20. Stuart Perkins	20:01	50. Joseph Hayes	2:48:56
21. James Herring	20:17	51. Brian McCrea	2:49:01
22. John Floyd	20:41	52. Will MacDonald	2:49:04
23. Jeffery Reynolds	20:47	53. Ken Houle	2:49:11
24. Kevin Goeter	21:36	54. Chris Miller	2:49:13
25. Judy Doore	22:05*	55. Ben Grober	2:49:18
26. Mary McGann	22:06*	56. William Haney	2:49:21
27. Barry Esler	22:30	57. Mike McKenna	2:49:39
28. Billy Forbes	22:41	58. Konrad Marchai	2:49:58
29. Justin Weinrich	22:43	59. Roger Comee	2:50:44
30. Scott Clement	23:20	60. Michael Mendonca	2:50:53
31. Bill Forbes	23:27	61. Rob Coughlin, Jr.	2:51:10
32. Scott Coy	23:47	62. Gary Rancourt	2:51:11

63. Gerald Coffy	2:51:16	157. Rich L'Heureux	3:05:50	251. John Applin	3:17:07
64. Bill Granien,	2:51:16	158. Anthony Deluca	3:05:51	252. Edward Miller	3:17:22
65. Thomas Doyle	2:51:35	159. Dorsey Kleitz	3:05:58*	253. Paul Breines	3:17:27
66. Michael Simoneau	2:51:55	160. Thomas Wells	3:06:21	254. Betsy Berry	3:17:41*
67. Robert Thomas	2:51:58	161. Jeff Price	3:06:32	255. Shirley Packard	3:17:55*
68. Russell Connors	2:52:24	162. Rafael Rios	3:06:47	256. Charles Drew	3:17:59
69. Samuel Hamilton	2:52:36	163. James Quinn	3:06:49	257. Joshua Bradford	3:18:06
70. Joel Croteau	2:52:39	164. Frank Woodard	3:07:10	258. Nelson Parise	3:18:16
71. Paul Merrill	2:52:44	165. Ken Curtis	3:07:22	259. Cathy Heffernan	3:18:22*
72. Scott Brown	2:52:50	166. Sam Boothby	3:07:23	260. Lynn Hughes	3:18:32*
73. Bob Hunt	2:52:50	167. Nathan Lake, Jr.	3:07:26	261. Mike Doore	3:18:37
74. Gary Wright	2:52:58	168. Newton Towle III	3:07:45	262. Paul Cote	3:18:45
75. John Cary	2:52:59	169. Fran Richards	3:07:48	263. Mike Reali	3:18:46
76. Kim Beaileau	2:52:59*	170. Tim Sagear	3:07:48	264. Andrew Buni	3:18:47
77. Rich Kamieski	2:53:01	171. Phil Lussier	3:07:49	265. Jim Swan	3:18:47
78. Robert Jarrett	2:53:04	172. Richard Collier	3:07:50	266. Robert Connolly	3:18:59
79. Dian Worden	2:53:19	173. Bruce Maxell	3:07:50	267. Roger Putnam	3:19:25
80. Lenauter	2:53:24	174. Robert Quentin	3:08:03	268. Michael Bennett	3:19:34
81. David Delois	2:53:37	175. Ed Turgeon	3:08:15	269. Beth Allen	3:19:36*
82. Barry Howgate	2:53:48	176. Stephen Spiridonides	3:08:28	270. Peter Pignatello	3:19:37
83. John Fischer	2:54:15	177. Joseph Tacka	3:08:43	271. Alan Rogers	3:19:42
84. Gary Allen	2:55:03	178. Harry Schmitke	3:08:49	272. Donald Petrin	3:19:42
85. Donald Hardan	2:55:28	179. Doug Moody	3:08:53	273. John Reali	3:19:54
86. George Prescott	2:55:46	180. Larry Barker	3:08:54	274. Ray Fournier	3:20:05
87. William Hall	2:55:46	181. Robert Patterson	3:08:57	275. Charles Francis	3:20:30
88. Kent MacDonald	2:55:50	182. Harold Nelson	3:09:02	276. Brian Perkins	3:20:22
89. Charles Blossom	2:55:51	183. Steve Watts	3:09:05	277. Ed Atlee	3:20:29
90. name unavailable	2:55:52	184. Tom Rooney	3:09:17	278. Charles Frost	3:20:52
91. Frederic Motz	2:56:04	185. Roland Alley	3:09:24	279. Thomas Downing	3:20:56
92. George Bienkowski	2:56:11	186. Michall Cameron	3:09:32	280. John Belviso	3:21:06
93. Leonard Bicknell	2:56:16	187. Rodger Smith	3:09:36	281. Stephen Swan	3:21:26
94. Chris Desjardins	2:56:37	188. Brian Milliken	3:09:37	282. Marty Brounstein	3:21:31
95. Rick Lichi	2:56:52	189. Donald Turgeon	3:09:42	283. John Edwards	3:21:38
96. Steve Olafson	2:57:19	190. Chuck Schultz	3:09:47	284. Deborah Sawyer	3:21:38*
97. Charles Spear Jr	2:57:36	191. Charles Conley	3:09:50	285. David Bright	3:21:45
98. Fred Putnam II	2:57:57	192. Peter Espunnette	3:09:58	286. Austin Farraz	3:21:49
99. Shamus Daly	2:58:04	193. Bruce St. Ours	3:10:02	287. Robert Muil	3:21:54
100. Ross Jenkins	2:58:09	194. Peter Lyons	3:10:06	288. Thomas Carll	3:21:56
101. Oskar Flichtinger	2:58:18	195. Michaeland Frost	3:10:07	289. Fred Beck	3:22:08
102. John Titus Jr	2:58:18	196. Doug Moreshead	3:10:09	290. Jim Paterson	3:22:22
103. Diane Fournier	2:58:19*	197. Paul Christopher	3:10:41	291. Roger Gobeil	3:22:30
104. Richard Harper	2:58:19	198. Harold Hill	3:10:44	292. Randy Talbot	3:22:40
105. Peter Flaherty	2:58:31	199. Clement Charbonneau	3:11:13	293. Nicholas San Martino	3:22:47
106. James Toulouse	2:58:36	200. Tom Allen	3:11:18	294. John Conley, Jr.	3:22:50
107. Franklin Brune	2:58:42	201. Richard Hockman	3:11:27	295. Michael Nuccino	3:22:51
108. Jesse Katz	2:58:58	202. Edward Lehman	3:11:41	296. David Boddy	3:23:05
109. Stephen Schuller	2:59:12	203. John Cyr	3:11:42	297. Clayton Rameau	3:23:17
110. George Stoarer	2:59:13	204. Mark Fontaine	3:11:51	298. Ed Malone	3:23:18
111. Gregory Dugas	2:59:19	205. Patrick Coleman	3:12:06	299. Nelson Lande	3:23:30
112. David Smith	2:59:25	206. John Dudley	3:12:08	300. Chip Gerning	3:23:33
113. Mark Jose	2:59:37	207. Bill Pinkham	3:12:12	301. William Fox	3:23:33
114. James Sucec	2:59:54	208. Joe Truesworthy	3:12:13	302. Kerry Reynolds	3:23:40
115. Ben Fudge	3:00:05	209. Gerry Beagan	3:12:14	303. Marc Bourassa	3:23:42
116. Jerry Thibeault	3:00:32	210. Scott Strout	3:12:16	304. Stewart Babbott	3:23:54
117. Peter Ehni	3:00:59	211. Geoffrey Gordon	3:12:20	305. Martin Schiff	3:23:58
118. Stephen Norton	3:01:08	212. Clifford Letty	3:12:29	306. David Krussell	3:24:03
119. Tim Drury	3:01:25	213. David Bushey	3:12:30	307. Wellington Toppin	3:24:03
120. Larry Walden	3:01:32	214. Dick Armstrong	3:12:42	308. Frank Farland	3:24:12
121. Stephan Conroy	3:01:47	215. Robert Eaton	3:13:15	309. Lynne Barlow	3:24:13*
122. Robert Payne	3:01:48	216. Lee Nicaly	3:13:18	310. Ray Mandeville	3:24:28
123. Stephan Hauke	3:01:49	217. Alan Leathers	3:13:20	311. Mike Lacombe	3:24:32
124. Bob Cavanaugh	3:02:05	218. George Maxim	3:13:23	312. Mike Aldrich	3:24:33
125. Thomas Prosser	3:02:08	219. Stephen Caron	3:13:29	313. Mark Totten	3:24:35
126. Ed Morin	3:02:12	220. Ken Cole III	3:13:39	314. Richard Dudley	3:24:38
127. Clifford Olson	3:02:15	221. Gary Weber	3:13:39	315. Vernon Lewis	3:24:53
128. Guy Berthiaume	3:02:24	222. Peter Van Gagnon	3:13:44	316. Jack Hastings	3:24:56
129. Guy Laflamme	3:02:38	223. George Bates	3:13:49	317. Ron Ostrowski	3:25:01
130. Arthur Schnell	3:02:53	224. Normand Rodrigue	3:13:49	318. James Hogerty	3:25:01
131. Francis Corsard	3:03:00	225. Sam Collins	3:13:49	319. William Haskell, Jr.	3:25:31
132. Frank Kennedy	3:03:04	226. Henry Wolstat	3:13:50	320. Gary Barrett	3:25:34
133. Robert Joliceur	3:03:12	227. Bill Seekins	3:13:52	321. Gil Roderick	3:25:36
134. Paul Haas III	3:03:22	228. Tom Rumpf	3:13:58	322. Doug Covell	3:25:40
135. Garrett Tilton	3:03:35	229. John Wadach	3:14:25	323. Kevin Kenney	3:25:51
136. Ken Sylvester	3:03:56	230. Mike Bertrand	3:14:29	324. Tim Crowley	3:25:54
137. Steven Ross	3:03:58	231. Frank Knight	3:14:30	325. Larry Taylor	3:26:07
138. Paul Jackson	3:04:00	232. Ralph Fowler	3:14:46	326. James Collins	3:26:19
139. Anne-Marie Davee	3:04:07*	233. Jeff Kelly	3:14:48	327. Robert Rosenberg	3:26:38
140. Pete Galle	3:04:08	234. Jo Comeau	3:14:50*	328. Ralph Estes	3:26:39
141. Thomas Warkins	3:04:24	235. Karl Meltzer, Sr.	3:14:50	329. Martin Roper	3:26:39
142. Loren Ritchie	3:04:29	236. Curtiss Shigo	3:14:50	330. Richard Mainman	3:26:46
143. Gregory Bridgeman	3:04:39	237. Mark Hampton	3:14:54	331. Dennis Carpenter	3:26:48
144. Joseph Defeo	3:04:46	238. Paul Berube	3:14:56	332. George Carpenter	3:26:49
145. Carl Cuchetti	3:04:53	239. Harold Stevens	3:15:02	333. Mike Worden	3:26:53
146. Peter Orthmann	3:04:55	240. Wesley Douglass	3:15:16	334. Fred Madden	3:26:56
147. David Laude	3:05:04	241. Madeline Butcher	3:15:21*	335. Jeannette LaPlante	3:27:10
148. Brad Goodale	3:05:09	242. Kenneth Moulton	3:15:37	336. Tim Cunningham	3:27:13
149. Joseph Casey	3:05:15	243. Maurice Bastarache	3:15:47	337. Roger Zimmerman	3:27:21
150. Martin Cardoza	3:05:18	244. Albert Socci	3:15:52	338. Arthur Chapman III	3:27:28
151. John Leeming	3:05:19	245. David Jamguchian	3:15:54	339. Kenneth Austin	3:27:41
152. Daniel Oliveira	3:05:20	246. Wayne Barton	3:16:08	340. Mike Downing	3:27:45
153. David Comeau	3:05:22	247. Sumner Weeks, Jr.	3:16:10	341. Thomas Daggett	3:27:56
154. Terry Vazquez	3:05:30	248. Daniel Brennock	3:16:32	342. Daniel Koch	3:28:17
155. James Cotsis	3:05:38	249. James Vitale	3:16:38	343. Gehrig Johnson	3:28:21
156. John Brooks	3:05:44	250. Sterling LeBlanc	3:16:54	344. Peter Gerdine	3:28:33

345. Robert Yoffe	3:29:01	439. Jon Green	3:41:49	533. Daniel Lamb	4:03:54		
346. David Vail	3:29:09	440. William Keniston	3:41:56	534. Jeff Prable	4:04:03		
347. Roland Kearly	3:29:10	441. Tom Thomas	3:42:11	535. Stephen Leets	4:04:12		
348. Robert Cluky'	3:29:15	442. Jean Goldfine	3:42:27*	536. Tom Hart	4:04:35		
349. John Schwerdel	3:29:18	443. Laurie Davis	3:42:35*	537. James Moore, Jr.	4:05:19		
350. Sue Collins	3:29:21*	444. Peter Carmichael	3:42:43	538. Linda Dion	4:05:19*		
351. Edward Rowe, Jr.	3:29:28	445. Richard Green	3:42:58	539. Tom Poirier	4:05:37		
352. Ken Garrow	3:29:29	446. Roger Robinson	3:42:59	540. Mrs. Gorsuch-Perry	4:06:02*		
353. Gerald Milano	3:29:41	447. Jorge Paz	3:43:02	541. Suzanne Laforge	4:06:59*		
354. Mark Danya	3:29:49	448. Christine Tuttle	3:43:05*	542. Charles Woodward	4:07:33		
355. Gilbert Cote	3:29:58	449. Rosalyn Randall	3:43:14*	543. Vincent Skinner	4:07:34		
356. Gary Bouchard	3:30:04	450. Linda Snow	3:43:18*	544. Susan Yandell	4:08:00		
357. Steve Woodsum	3:30:08	451. Ray Bryant	3:43:54	545. Chuck McFarland	4:08:27		
358. Robert Johnston	3:30:10	452. Normand Trottier	3:44:08	546. Tim Clough	4:09:10		
359. Bill Johnson	3:30:15	453. James Grady	3:44:12	547. Joe Trubacz	4:09:33		
360. Steve Doran	3:30:16	454. Mark DiPietro	3:44:18	548. Andrew Allen	4:09:37		
361. Bob Laberge	3:30:24	455. Erik Bertelsen, Jr.	3:44:47	549. Al Mack	4:10:01		
362. Steve Fox	3:30:29	456. Lee Ann Flanagan	3:44:52*	550. Gary Folsom	4:10:03		
363. William Caddigan	3:30:39	457. Greg Allen	3:45:28	551. Richard Wong	4:11:52		
364. Ben Zuckerman U.R.	3:30:41	458. Donald Grant	3:45:32	552. Alfred Butler	4:11:52		
365. William York	3:30:43	459. Robert Ouellette	3:45:39	553. Shirley Brent	4:12:32*		
366. Steve Perry	3:30:51	460. William McKanzie	3:45:43	554. Roger Williams	4:12:40		
367. Bernard Gaines	3:30:51	461. Herman Cappelen	3:45:46	555. George Furbush	4:13:41		
368. Joe Isgrø	3:30:59	462. Linda Mcnett	3:45:49*	556. Rochelle Clemson	4:13:41*		
369. Mark Dorsey	3:31:07	463. Rebecca Beaudry	3:46:01*	557. Eddie Brissette	4:13:42		
370. Harry King, Jr.	3:31:11	464. Sally Paterson	3:46:07*	558. Ernest Hayase	4:13:57		
371. Robert Milliken	3:31:27	465. Joan Ciavano	3:46:43*	559. Betty Klein	4:14:20*		
372. Teresa Roby	3:31:49*	466. Katherine Yarrington	3:46:44*	560. John Oliver	4:16:08		
373. Eugene Wicks	3:32:02	467. David Robinson	3:47:06	561. Hope Dorazio	4:16:20*		
374. Richard Lates	3:32:27	468. Harvey Rohde	3:47:13	562. Bob Murray III	4:16:58		
375. Arnold Falk	3:32:36	469. William Aurich	3:47:22	563. Thomas Clougherty	4:18:02		
376. Jon Muench	3:33:05	470. Dennis Connally	3:47:34	564. Everly Garber	4:18:29*		
377. Robert O'Neil	3:33:06	471. Richard Manthorne	3:47:34	565. Alice Van Deusen	4:18:31*		
378. Galton Fontaine	3:33:08	472. John Rush	3:47:53	566. Georgianna Haskell	4:19:50*		
379. Catherine Jarratt	3:33:11	473. Ray Carroll	3:48:07	567. Daniel O'Shea	4:23:10		
380. Robert LaNigra	3:33:23	474. Andrew Seeley	3:48:14	568. Jack Oppen	4:23:44		
381. James Maddin	3:33:27	475. Howard Atherton	3:48:16	569. Rex Holtan	4:24:17		
382. Louis Nocca	3:33:37	476. George Terry IV	3:48:52	570. Jeff Walch	4:24:24		
383. S.G. Higgins	3:33:38	477. Tom Walsh	3:48:59	571. Victoria Strong	4:25:02*		
384. John Corcoran	3:33:42	478. Cliff Fletcher	3:49:05	572. Moreen Mallor	4:27:13*		
385. Doug Swallow	3:33:45	479. Barbara Godfrey	3:49:10*	573. Joseph Bresnahan	4:27:23		
386. David Toothaker	3:33:59	480. Michael Jenkins	3:49:10	574. John Kendall	4:27:23		
387. John Harbottle	3:34:09	481. Don Anderson	3:49:18	575. James Monizone	4:28:09		
388. John Peters	3:34:10	482. Richard Madeau	3:49:34	576. Elvin Bryant	4:28:30		
389. Dennis Regan	3:34:11	483. Daniel Bodin	3:49:35	577. Wayne Hamilton	4:28:30		
390. Edward Stott	3:34:27	484. Katherine Pfeiffer	3:49:48*	578. Marianne Trottier	4:29:33*		
391. Robert Hill	3:34:45	485. Steve Mahoney	3:49:51	579. Melia Smith	4:29:49*		
392. Dennis Kelley	3:35:06	486. Ken Smith	3:49:52	580. Paula Robert	4:33:29*		
393. Bill Green	3:35:38	487. Gerald Wiles	3:50:33	581. Fred Hopkins	4:36:55		
394. Charles Probert	3:35:42	488. Warren Wilson	3:50:34	582. Mary Lee Fowler	4:40:08*		
395. Rusario Ouellette	3:35:47	489. Joyce Goodie	3:50:35*	583. Bob MacLaughlin	4:41:29		
396. Linwood Twitchell	3:35:50	490. Mark O'Flynn	3:50:45	584. Robert Akerley	4:43:02		
397. Heather Higbee	3:35:51*	491. William Wright	3:50:51	585. Patricia Keough	4:43:16*		
398. Joe Finkelstine	3:36:27	492. Rosemary Reed	3:51:16*	586. Nancy Lambert	4:47:30*		
399. Ron Davis	3:36:41	493. Shelia Lynch	3:51:20*	587. Jon Lambert	4:52:11		
400. Willard Fenderson	3:36:54	494. Peter Thomas	3:51:35	588. William Munroe	4:53:22		
401. Scott Bryant	3:36:56	495. Andrew Hansen	3:51:44	589. John Kosnow	5:01:27		
402. Denis Walch	3:37:20	496. Michael Cassidy	3:52:20	590. John Bridge	5:02:51		
403. Ken Ives	3:37:24	497. Stewart Richmond	3:52:20	591. Rudolph Wirth	5:06:55		
404. George Macneil	3:37:30	498. Ivey Mansietti	3:52:25*	592. Marjory Bowen	5:57:54		
405. Don Jones	3:37:33	499. Gene Waters	3:53:08	Results courtesy of Charlie Porter Race Director			
406. Richard Lemieux	3:37:35	500. Robert Frasier	3:53:15				
407. Gary Cretien	3:37:36	501. Julian LeBlanc	3:53:15	*****			
408. John Edmondson	3:37:40	502. Robert Gibb, Sr.	3:53:16	N.A.I.A. CROSS COUNTRY North Windham			
409. Barry Manteer	3:37:46*	503. Fawn Paradis	3:53:30*	Oct 13			
410. Michael Ross	3:37:52	504. Jane Dolley	3:53:41*				
411. Harry McMann	3:37:56	505. Jim Morgan	3:54:12				
412. Lucy Fortin	3:38:07*	506. Munro Dodge	3:54:24				
413. Tom Dorworth	3:38:17	507. Albert Bergeron	3:54:28				
414. Barbara Coughlin	3:38:21	508. Leon Libby	3:54:44				
415. Joe Aloisio	3:38:29	509. George Gilfoil	3:54:57	1. Hogan	St. J	22:55*	
416. Charles Massie, Jr.	3:38:37	510. Lona Wright	3:56:09*	2. Keller	USM	23:22	
417. Tia Angela LaMarre	3:38:56*	511. Per Podnaess	3:56:59	3. Dube	USM	23:36	
418. Christine Howley	3:38:56*	512. Harold Jones	3:57:00	4. Crocker	St. J	23:44	
419. John Cole	3:39:09	513. Ralph Snyder	3:57:05	5. Holt	St. J	23:50	
420. Gary Rosen	3:39:13	514. Mike Witte-Meredith	3:57:06	6. Hamilton	USM	24:00	
421. Charlie Gordon U.R.	3:39:16	515. Ken Dirkes	3:57:09	7. Kenny	St. J	24:04	
422. Fred Ward, Jr.	3:39:19	516. John Dipierro	3:57:21	8. Polland	St. J	24:08	
423. Robert Denny	3:39:34	517. John Tewhey	3:57:36	9. Holt	St. J	24:20	
424. Alan Colley	3:39:40	518. Paula Cronin	3:58:00*	10. Maguire	St. J	24:44	
425. Mark Agan	3:39:48	519. Ron Peilton	3:58:06	11. Johnson	St. J	24:58	
426. Albert Hanlon	3:39:50	520. Barbara Cade	3:59:08*	12. Grant	USM	25:08	
427. Ron Cedrone	3:39:58	521. Michael Lacroix	3:59:18	13. Westfall	USM	25:14	
428.		522. Steve Elie	3:59:27	14. Poulin	St. J	25:25	
429. Jim Schoonover	3:40:06	523. Paul Camire	4:00:18	15. Reilly	St. J	26:19	
430. William Higbee	3:40:12	524. Don Collins	4:00:36	St. Joseph's College			
431. Bertrand Gendron	3:40:13	525. David Conley	4:00:41	Univ of Southern Maine			
432. Carol Sly	3:40:15*	526. Fred Kresse	4:01:14	SMVTTI			
433. Jeffrey Nixon	3:40:41	527. Phoebe Adams	4:01:49	101			
434. Blanchard Hupper	3:41:01	528. Daniel Hoodak	4:01:56				
435. John Dorsey, Jr.	3:41:07	529. Lloyd Cook	4:02:38				
436. Larry Richmond	3:41:18	530. Richard Allen	4:03:02				
437. Margaret Miller	3:41:43*	531. Lisa Haney	4:03:09*				
438. Bob Tanner	3:41:49	532. Peter Rogol	4:03:51				
* New Course Record - Breaks old record 23:35 set by John Keller in 1981						Results courtesy of Ziggy Gillespie	

MAINE SAVINGS BANK

FOURTH

ANNUAL



Guide to Road Racing
in New England

GASPING GOBBLER

THANKSGIVING DAY ROAD RACE

**10,000 METERS (6.2 MILES) AND 2 MILE ROAD RACE
FINISHING TIMES SHOWN BY LARGE DIGITAL CLOCK**

DATE: Thursday, November 25, 1982

TIME: 10:00 a.m. Registration begins at 8:30 a.m.

PLACE: Augusta Civic Center, Augusta, Maine.
(Race course maps available at registration booth.)
Showers and refreshments will be available to all.

AWARDS:

FREE Maine Savings running gloves to the first 200 finishers in each race.



Trophies and frozen turkeys will be awarded in the following categories in each race.

First male Second male
First female Second female

First male and female :
14 and under 19-29 40-49
15-18 30-39 50 and over

REGISTRATION:

\$4.00 fee for 10K race. \$3.00 fee for the 2 mile race.

COURSE RECORDS:

10K Men, Gerry Clapper, Bucksport, Maine — 32.06 (1979)
Women, Margaret Clapper, Bucksport, Maine — 42.26 (1979)
2 Mile Men, Arnold Adams, Sr., Thomaston, Maine — 11.04 (1981)
Women, Lisa Dodge, Readfield, Maine 12.12 (1981)
Marty Thornton, Hallowell, Maine — 12.12 (1981)

REGISTRATION: Make checks payable to Maine Savings Bank.

In consideration of this entry being accepted I for myself, my heirs, administrators and assigns, hereby waive and release any and all rights, and claims I may have against the sponsors of this event. I also release the rights to all photographs to the sponsors of the race for current or future publicity purposes.

MAIL TO:

Robert J. Jolicoeur
Maine Road Ramblers
P.O. Box 264
Augusta, Maine 04330

CHECK ONE

10K

2 Mile

Name _____ Age _____

Address _____

City _____ State _____ Zip _____

Telephone _____ Male _____ Female _____

Fastest 10K time to date _____

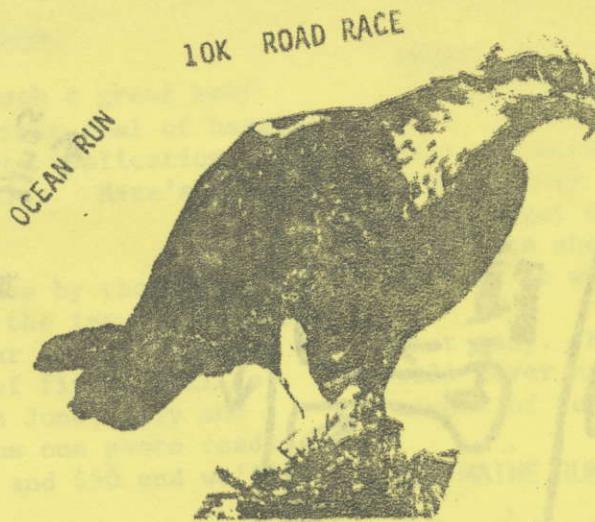
Signature of participant _____

If under 18, must be signed by parent or guardian.

Sponsored by Maine Savings Bank in cooperation with the Maine Road Ramblers and the Augusta Recreation Department.

For additional information, please contact race directors Dave Jowdry (207) 622-7787 or Bob Jolicoeur (207) 775-4121

FIRST
PYNUV
GREAT OSPREY



DATE: Sunday, November 21st, 1982 TIME: 12:00 NOON

START and FINISH: Wolf Neck State Park, Freeport, Maine

COURSE: 10K wheel-measured course - Starts at Wolf Neck State Park Parking Lot Road, continues down Wolf Neck Road - right on Flying Point Road to Lower Flying Point Road to Burnett Road to Wolf Neck Road to State Park.
(See Reverse Side For Map)

ENTRY FEE: \$3.00 per entry. Registration accepted the day of the race from 10:00 - 11:30 A.M. at the Freeport High School All-Purpose Room.

RACE FEATURES: Race Results
Showers and Rest Room Facilities available at Freeport High School.
Hot and Cold Refreshments
Mile Markers
3.1 mile split

AWARDS: T-Shirts to the first 50 registered entrants.
1st - 3rd place in each age category

AGE GROUPS: Male and Female

13 - under	19 - 29	40 - over
14 - 18	30 - 39	

I enter this event at my own risk and will not hold the organizers of the GREAT OSPREY OCEAN 10K ROAD RACE, Town of Freeport, Freeport Community Education, Wolf Neck State Park or other persons involved in this race responsible for personal injuries.

NAME: _____ SEX: _____ AGE: _____

ADDRESS: _____ CITY: _____ STATE: _____

SIGNATURE: _____ PARENT SIGNATURE: _____
(under 18)

Mail entry and fee to: Freeport Community Education,
Holbrook Street
Freeport, Me 04032

10/82



**Great
Osprey
Ocean
Run
10 K
Road
Race**

Flying
Point
Road

L.L.
Bean's
MAIN STREET
BANK POST
OFFICE

(Registration)
xFreeport
High
School

Holbrook
Street

POLICE
DEPT.

MARIO'S

TOWN
OFFICE

SOUTH
←

North
→

Wolf Neck Road

Wolf
Neck
State
Park
Start X
Finish

OSPREY

Casco
Bay

Bridge
Beef Farm
Burnett
Road
(dirt)
Camp
Ground

Lower
Flying Point Road