

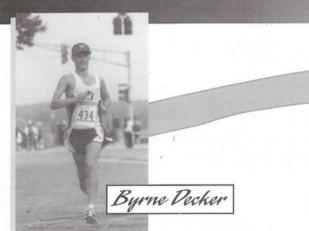
Run with a friend...

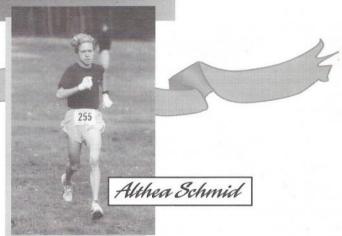
www.mainetrackclub.com

February 2000

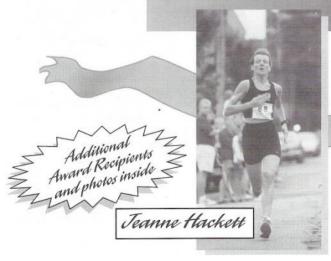
20th Annual Maine Track Club Awards Banquet Recipients

MAINE RUNNERS OF THE YEAR





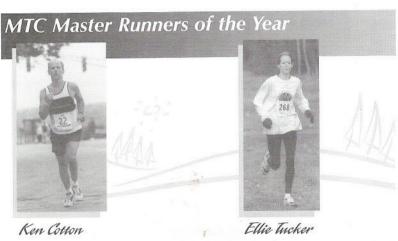
MAINE TRACK CLUB RUNNERS OF THE YEAR





1999 M.T.C Award Recipients







Outstanding Contribution to Maine Running: Steve Podgajny and Mary Tennyson

MTC Volunteer of the Year: Howard Spear

John Fyalka Award for Service to the MTC: Marge and Bob Aube

2000 MTC RACE SCHEDULE

March 12 - Irish Road Rover 5K, Portland, 11 a.m. Contact: Dan McKeown 885-1234.

April 17 - Patriots Day 5-Miler, Portland, noon. Contact: Portland Boys & Girls Club 874-1069.

May 26 - YMCA Back Bay 5K, Portland, 6 p.m. Contact: Greater Portland YMCA 874-1111.

July 15 - Pat's Pizza Clam Festival Classic 5-Miler, Yarmouth, 8 a.m. Contact: Maine Track Club 741-2084.

July 29 - Peaks Island 5-Miler. Contact: Maine Track Club 741-2084.

September 1 - Maine Running Hall of Fame 5K, Portland, 6:45 p.m. Contact: Maine Track Club 741-2084.

September 17 - Harvard Pilgrim Women's Fitness 5K, Portland, 9 a.m. Contact: Maine Track Club 741-2084.

October 1 - Sportshoe Center Maine Marathon & Casco Bay Half Marathon, Portland, 8 a.m. Contact: Maine Track Club 741-2084 or marathon@maine.rr.com.

November 23 - Thanksgiving Day 4-Miler, Portland, 9 a.m. Contact: George Towle 780-5595.

"Please call any of the phone numbers listed above to volunteer for any of these races"

Presidential Message February 2000

Dear MTC Members

I have heard that the banquet was a success. Al and I were flying to get there, but got stuck in Cincinnati because of a snowstorm. I walked through the door just before it ended. I am still getting rave reviews on Carlton's talk (he got a standing ovation). Thank you Carlton.

Congratulations to all of the 1999 award winners.

I especially want to comment on the John Fyalka award. This is the award for service to the Maine Track Club. This award had never gone to an officer of the club before, but it did this year. Recipients won by nomination and earned it by helping to hold this club together in 1999.

When we started in 1999 we did not have a Treasurer, Secretary, Vice President, a person to do Clothing or an Equipment Manager. That is a lot of unfilled positions! Marge (President) and Bob Aube (Race Chair Person), Colleen Redmond and Mike Doyle (Newsletter); in addition to their positions took on filling these duties. Thank you and congratulations on winning The John Fyalka Award for 1999.

Eric Ortman stepped up to be Vice President in the summer and did what he could while juggling work and school. Thank you Eric. Kate Meyers lended support as secretary and in November Lorraine Paradis volunteered for the position. Thank you Kate and Lorraine. Carlton stepped up to be Treasurer. Thank you Carlton. Howard Spear has helped with the equipment along with Bill Devou. Thank you Howard and Bill. I want to welcome our new board members Lorraine Paradis, Secretary, Eric Ortman, Vice President. Welcome back to Everett Moulton, Membership person and Charlie Scribner, Member at Large. Thank you to the rest of the board for staying on with me. (Marge & Bob Aube, Carlton Mendell, Howard Spear, Maureen Sproul, Don Penta, Dale Rines, Colleen Redmond and Mike Doyle). We have a good board this year and I look forward to working with all of you.

I plan to have a board meeting on the 1st Tuesday of each month. The newsletter will be mailed by Friday of the 1st full week of each month. The membership meeting will be in the 3rd week of each month. The next membership meeting will be on Wednesday, February 16th at the Falmouth Memorial Library at 6:30 p.m. The speaker is Dana Thurston, who will have a slide show on hiking the Applacian Trail.

On March 4th at 10:30 a.m. we will have a Race Director Clinic at The Portland Boys Club at 277 Cumberland Avenue (open to all Race Directors and anyone interested in seeing how a race is put on and how results are done). We will be getting new manuals for all Race Directors. You will see

some new clothing and new columns in the newsletter. We will have committees on: Direction of the club, future officers, awards, budget, technical equipment, banquet, and refreshments for meetings and activities. If you would like to have some fun, come and join us and volunteer for one of our committees or projects for this year.

Remember, you only get out of a club what you put into it!

Sandy Utterstrom

The Maine Track Club's 20th Annual Awards Banquet

The annual banquet for the Maine Track Club was held on Saturday, January 22nd, at the Val Halla Country Club in Cumberland. Included in the 75 or so people in attendance were a few well- behaved children who added their spontaneity and good cheer to the evening. The evening commenced with a social hour where running may have been the major topic of conversation but certainly was not the only topic. The banquet provides an opportunity for us to see each other in our non-running attire and is conducive to a wide range of conversations beyond running. It is also a time to reacquaint ourselves with members of the running community that we may have lost touch with

After the social hour, Mel Fineberg led the invocation and the banquet unofficially began. A somewhat different approach was used this year with a partial pot luck dinner. Banquet goers were asked to bring salad, dessert, or beverage depending on what letter of the alphabet their last name started with. The main course was provide by the Club and consisted of lasagna, either with or without meat, garlic bread, and meatballs. The meat lasagna was a nice blend of cheese, sausage, and pepperoni giving it a nice bit of spice. While there were too many salads to remember, a carrot salad does stick out in my mind. I seem to remember more about the desserts, which included a bread pudding, a pineapple upsidedown cake, and a rich chocolate cake to satisfy a chocolate lovers cravings.

Carlton Mendell, who all of us know, and who is known in running circles that extend beyond the reach of Maine and even New England was our guest speaker that evening. Carlton's speech, for which he received a standing ovation, was a mixture of humility, humor, and life with a healthy dose of running thrown in for good measure. Many were touched by Carlton's speech and personally commented their thoughts to him. How many marathons has Carlton run? I think he is up to around 132 not counting his ultra-marathons. Carlton counts some 2,000 races in his running career with one of his proudest moments being the overall victor in an ultra-marathon in the early 1980s. Way to go Carlton.

The awards ceremony followed with past president, John Gale, acting as MC as he had all evening. Awards were given to runners in various age groups based on performances over the last year. Awards were also given out in recognition of outstanding service and dedication to the club over the last year. Howard Spear, our tireless co-director of the Maine Marathon was the well deserving recipient of our volunteer of the year award.

The evening concluded with more socializing and a joint effort in cleaning up. The clean up went smoothly and quickly due to the ready volunteers at hand. As there was a lot of food leftover, no one must be planning on running a marathon in the immediate future. The Prebble Street Resource Center was the happy recipient of all food and beverage that was not eaten or taken home by a banquet goer. I do not know how many people Prebble Street serves for lunch but, judging from the cook's comment that lunch had just been taken care of, I think our donation was put to good use.

I hope to see everyone again next year, and hope that more of you will decide to attend next year. It is a nice evening with good food and friends. As always, the Club welcomes members, non-members, and children alike to the banquet as well as to all club events. The more the merrier.