

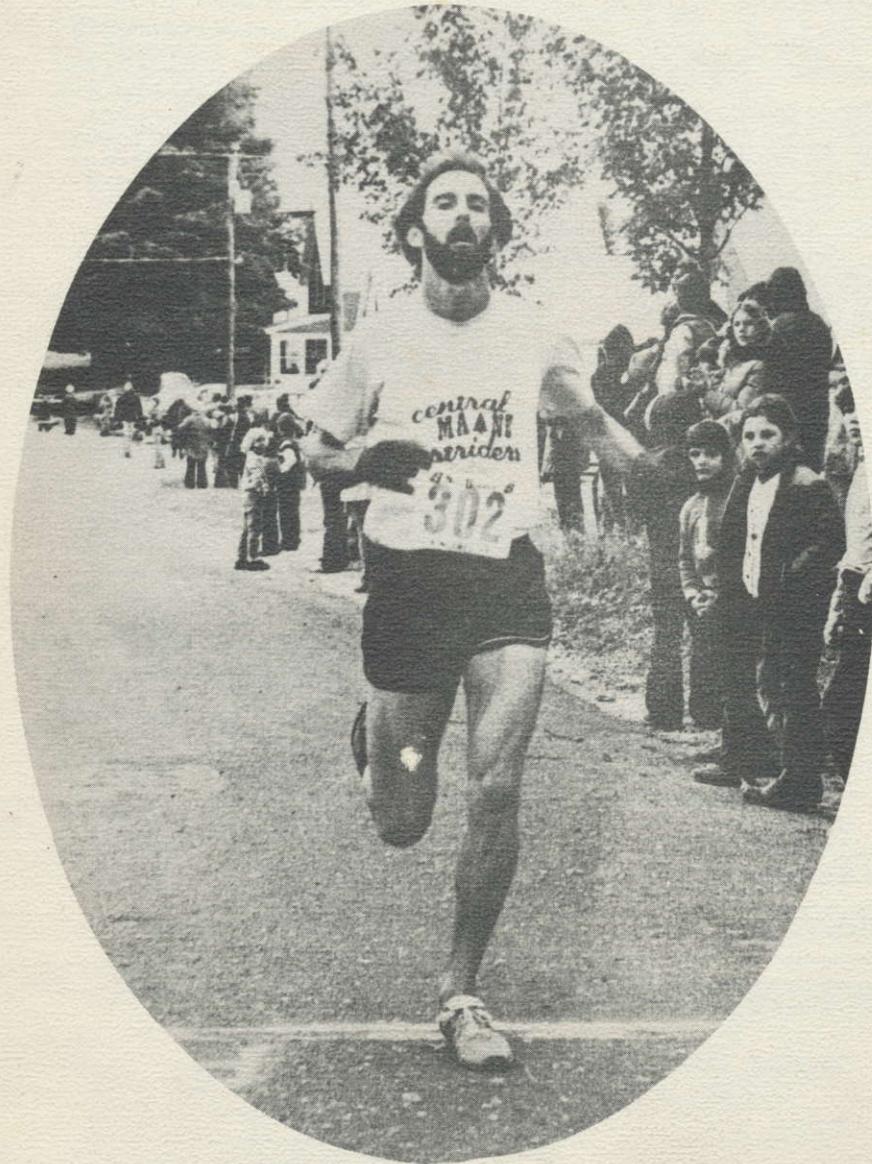
BULK RATE  
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Bangor, Me. 04401  
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NOVEMBER 1980

# MAINE Running



J  
HERB STROM  
164 Fowler Rd.  
Cape Elizabeth, Me.  
04107



\$1.00

# MAINE Running

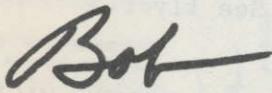
November is upon us with the last few races you can run in shorts. The state high school, college, and AAU cross-country events will be decided as well as numerous turkey trots and Veterans Day runs.

The gentleman barrister from Down East is back for his final gasp of '80 before they take in the boats and bank the houses and get ready to settle in for the long, looooooong Washington County winter. Our knight of the probate court will sally forth again at the first sign of a crocus peaking out of the snow along the wall of the Washington County Courthouse. Perhaps his next quest will be for the perfectly flat marathon at Virginia Beach on the Ides of March.

Skip was in for his monthly extraction and I managed to pull a blurb about O.J. Logue from his pen. Watch for the two races this month that will aid O.J.'s trip to the Deaf Olympics.

Wendy Sayres fills the "Mainely About Women" column with some beautiful island runs that might convince you to stop racing on the weekends and start island hopping.

There's still plenty of room on the Bermuda trip, but time is drawing close. Entry into the 10K race or marathon must be postmarked no later than the 9th of January. See me about an entry blank.



Maine Running is published monthly in Bangor.

Editor: Robert Booker  
P.O. Box 259  
E. Holden, Me. 04429

Telephone: 843-6262

Cover: Mike Gaige of Bangor finishing the 1980 Kingfield 10K in 4th place. He won Bar Harbor and was 3rd in Casco Bay this year. Watch for him in '81.

## Calendar

Benjamins thru the Gaspine Gobbler

## P.E.I.

The extraordinary Phil Stuart runs his first marathon. Deke's views on PEI.

## Mainely About Women

Wendy Sayres island hopping.

## SECOND WIND

Andy's marathon & Hank's 10K race.

## Running on ...

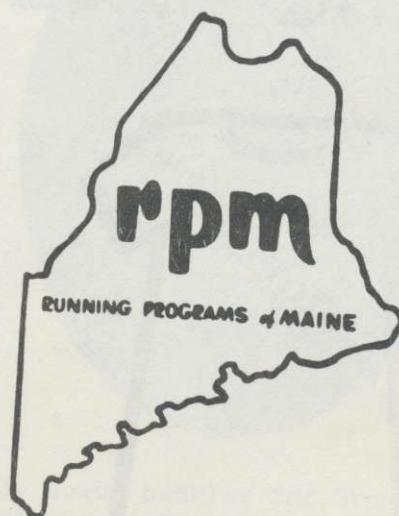
Shoe survey's and O.J. run.

## At The Races

Kingfield, Autumn Gold and Casco Bay.

## The Pack

A new Pack photo!

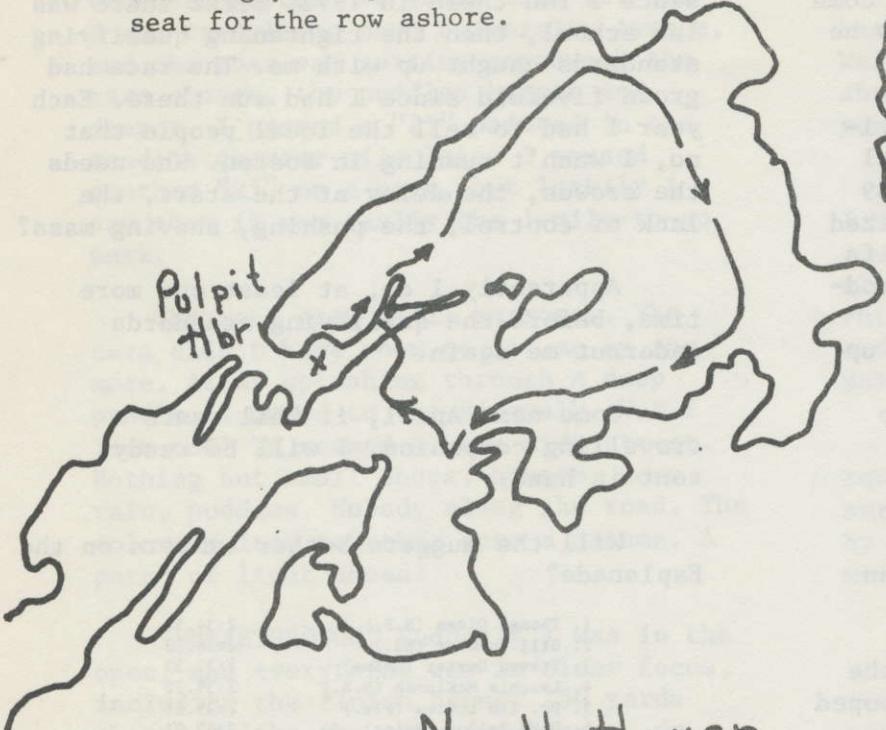


# Mainely About Illomen

A FOOT ASHORE

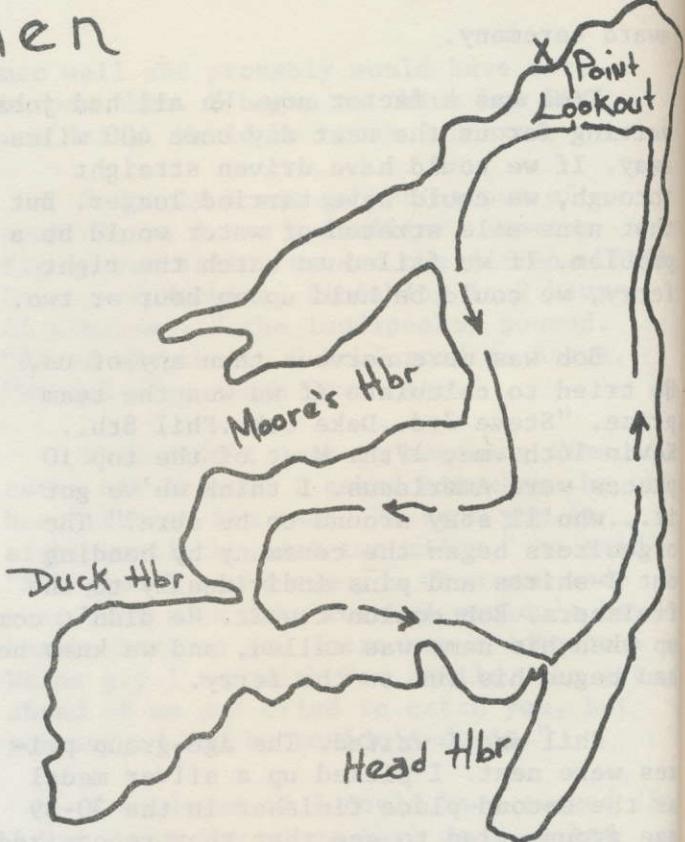
by Wendy Sayres

Cruising the Maine Coast is the yachtsman's idea of heaven. All the cliches come to mind - sparkling water, billowy clouds - as well as enough fog to make it interesting as you head for your favorite snug harbor, drinks, dinner, and a sound sleep. But as the eastern sky pales and the sleeping bag develops cold spots, you remember your other life as a runner. It takes great willpower to leave a warm, dry cabin, step into a slippery, wet dinghy and perch gingerly on the cold seat for the row ashore.



## North Haven

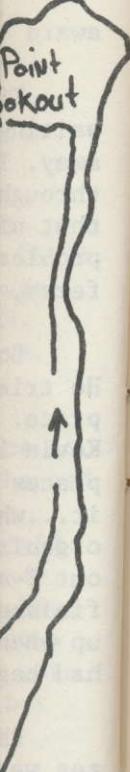
Our first foot ashore was on North Haven Island. We were anchored in Pulpit Harbor. It was drizzly and chilly as we started off on a dirt road which wound around the northern side of the harbor. The road then became tar and continued along the northeast side of the island with prospects of rolling fields and occasional glimpses of East Penobscot Bay. We circled around the island, approximately 8 miles with moderate hills, spotting some coves on the Fox Island Thorofare on the return route. Our only company other than three or four cars was the birds. By the time we returned to our dinghy, the fog was lifting and the sun was coming out.



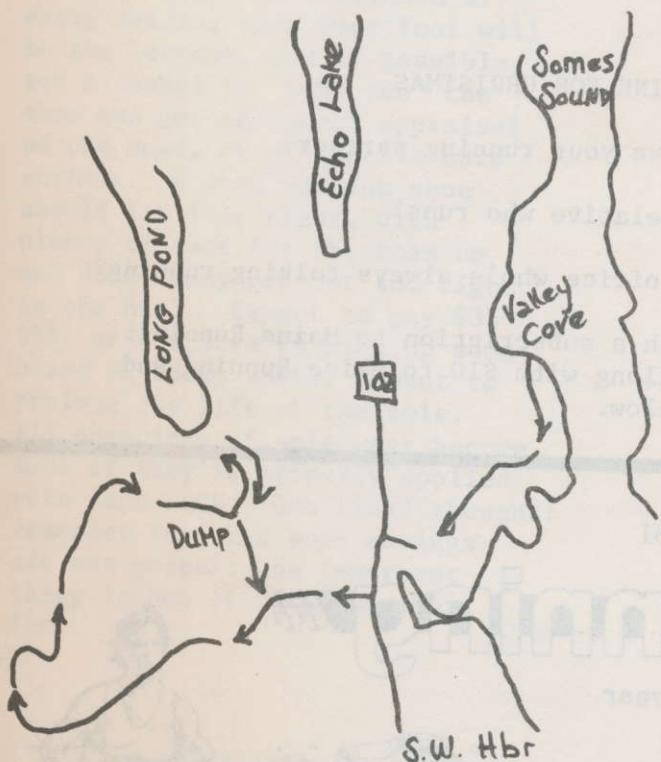
## Isle au Haut

The second island run came two days later on Isle au Haut where we joined my vacationing brother for a run around the island. We started off from Point Lookout around 8:30 a.m. climbing the 1/2 mile hill to the sole road. We ran through the town which faces a narrow thorofare and kept on to the south, past Moore's Harbor with its three houses and into Acadia Park land. The road becomes quite rocky at this point and doesn't improve for the next five miles - ankle turning terrain! We went by Duck Harbor and onto Head Harbor after huffing up a challenging hill. The final five miles, although hilly, are better footing with views of Turner Pond on your left and Marshall's Island on your right. An occasional deer, browsing off the road, observed our progress. A large pitcher of orange juice on the kitchen counter was welcome after close to two hours of Isle au Haut running.

Sailing east, we stopped at Valley Cove on Mt. Desert Island. Bill devised an intricate run and wrote out a map, but I asked him to stay with me suspecting that I'd be hopelessly



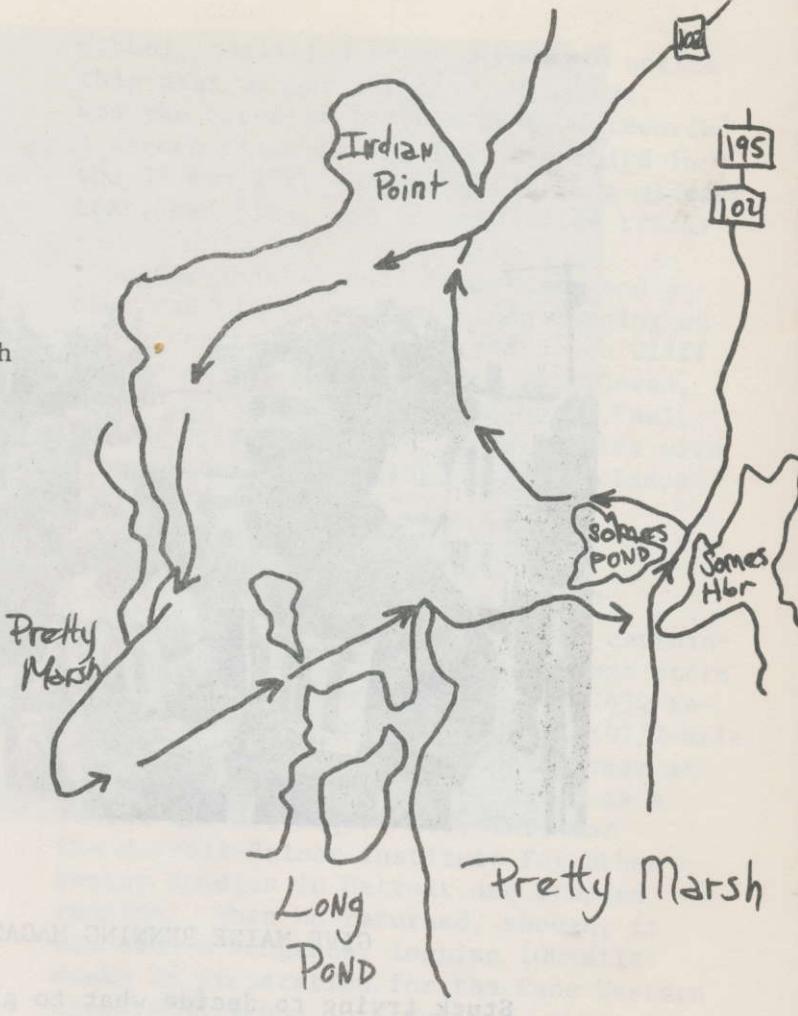
Point  
Lookout  
lost in no time on my own. We started off on a dirt road which leads into Fernald Cove Road and 1 mile further, turned left onto the Southwest Harbor road. We turned right off the main road after about 200 yards and ran for another mile or so on the Seal Cove road that became a beautifully groomed, gravel Acadia Park road. We ran through fern-floored woods for three or four hilly miles (part of Bernard Mountain) and came out, joltingly, at the sanitary landfill. We soon passed the dump which has a pretty view, and ended up at the foot of Long Pond with a great view of Beech Mountain but a dead end nowhere to go. We retraced our steps with much grumbling on my part, and ran the tarred road back to the main road. The total trip was about 1 1/2 hours, 9 or 10 miles.



## Mt. Desert Island

two days joined in off a.m. the town and there's and into comes doesn't - anck buck ter The ly, are Turner 's Is- onal obseved of unter hours

Valley 11 de- te out with lessly



Another nice run, around 11 miles, starts at Somesville at the head of Somes Sound and loops out past Indian Point to Pretty Marsh and back via the northern end of Long Pond. There is very little traffic, lots of rolling hills and nice saltmarsh views at Pretty Marsh - well named.

These four runs are a small sampling of island running possibilities. Longer or shorter, sunny or foggy, you will always have wonderful salt air, views, little or no traffic and lots of wildlife.

## Next Month:

Barbara Hamaluk talks about what it feels like to go from Maine's premier woman marathoner to non-running and back again. After knee surgery it finally looks like Barb is coming back. She recently finished the Bonnie Bell race in 40:07 and feels good about her running once again. Watch for her article in "Mainely About Women" in the December issue of Maine Running.



GIVE MAINE RUNNING MAGAZINE FOR CHRISTMAS

Stuck trying to decide what to give your running partner?

Need a stocking stuffer for a relative who runs?

How about that person at the office who's always talking running?

Keep those new racers running with a subscription to Maine Running. Send the card on the back cover along with \$10 to Maine Running and give them the gift certificate below.

TO HELP YOU KEEP ON RUNNING IN '81

**MAINE** *Running*   
for a year

from \_\_\_\_\_



# At The Races

KINGFIELD 10K  
September 27, 1980

Andy Palmer, 26 and Michelle Hallett, 16, both natives of Maine won the second annual Kingfield 10K in this gateway town to Sugarloaf/USA. Andy Palmer, a member of the New Balance Track Club took an early lead turning a 4:40 1st mile and never relinquished it. Palmer, a native of Madawaska, Maine presently lives in Boston. Dr. Kurt Lauenstein, Hampden Highlands, Maine and Peter Brigham, Auburn, Maine provided the competition finishing 2nd and 3rd respectively.

Michelle Hallett, a student of Andy Palmer, ran away with the women's division left open by the absence of last year's winner Joan Benoit. Hallett, an undefeated high school 1 mile, 2 mile and cross country runner from Central Aroostook High School enjoyed nearly a 4½ minute advantage over 17 year old Robin Estey of Stratton, Maine. Hallett, 17, is training in Boston while her schoolmates are picking potatoes during a 3 week harvest recess in Aroostook County.

A strong clearing Northwest wind faced the 300 plus competitors for about 2 miles. Early morning temperatures were at freezing with the mountain white from overnight snow. By noon the Fall Foliage colors were highlighted with a warm autumn sun.

Chip Carey

\*

AUTUMN GOLD  
October 4, 1980

Rain drizzled down on Ellsworth Saturday, darkening the skies, turning on streetlights. Motorists peered through streaked windshields as traffic was stopped in all directions at the Rts. 1 and 3 intersection known as The Triangle.

Oblivious to the downpour, T-shirt and shorts their only protection from the elements, the 144 runners formed up in front of McDonald's restaurant facing downtown Ellsworth.

Mayor Ruth Foster, introduced by race

director Bob Booker as "Ellsworth's Old Gray Mayor," raised the blank cartridge pistol, fired the starting shot, and runners of all ages, men and women, started off on Ellsworth's first Autumn Gold 20-Kilometer road race. They covered the entire westbound lane from curb to curb. A deputy sheriff's cruiser glided along ahead of the race and another cruiser and an ambulance brought up the rear...

"There he is," came the shouts as lead runner Peter Brigham came in sight. Camera were poised, rain wiped from lenses.

Then Hank Pfiffle appeared, then Ken Flanders, and Bob Winn, but the race clearly belonged to Peter Brigham as he crossed the finish line to cheers and applause in a time of 1:02:58.6, setting a state record for the state's first 20-kilometer road race...

Runner 38 brought the crowd to attention again. "The first woman's coming in."

"Who is it?"

"Robin."

Robin Emery of Lamoine crossed the finish line with comparative ease and a smile in a time of 1:19:05.7...

The runners congregated in small groups, many strangers at the beginning of the race now all bound together by a common experience.

Reprinted with permission from the "Ellsworth American" by David Walsh

\*

CASCO BAY  
October 19, 1980

Craig Hepburn, a South African camped in Cambridge, Mass. the past two months, ran away from 660 Casco Bay Marathon rivals for a course record in the third annual event Sunday morning.

Robin Snyder of Concord, N.H., was first woman finisher, 77th overall. The University of Vermont graduate, 23 and "running since she was nine," smashed the 1979 course mark of Gloucester, Mass., two-time winner Patricia Swenson. Snyder went 2:54:05.

Vern Putney



## "THE PACK"

COLUMBUS DAY RACE

S. Portland 6 miler

Oct 13th

1.	Don Barker	32:28
2.	Brian Flanders	39:01
3.	George Towle	34:44
4.	Jerry Crommett	35:23
5.	Tom Bradley	38:02
6.	Greg Dugas	38:30
7.	George Nason	39:32
8.	Merl Hartford	39:45
9.	Steve Granell	40:29
10.	Dennis Morrill	41:33
11.	Roberta Halloway*	41:46
12.	Chris Hyland	42:06
13.	Peter Halloway	42:12
14.	Dick Dudley	42:21
15.	Rodger Smith	43:00
16.	Shawn Miele	43:14
17.	Mike Moraney	45:23
18.	Jeff Nixon	45:34
19.	Gordon Halloway	46:07
20.	Cindy Davis*	46:46
21.	Allison Bramhall*	47:13
22.	Warren Wilson	47:58
23.	Patty Fay*	48:05
24.	Sue Carter*	49:24

25. Ellen Southard\* 49:54  
26. Fred Browning 52:02  
27. Neal Graffam 54:21

Results courtesy of Dennis Morrill  
Concerned runner

\*

MAINE Running™

Maine Running is published monthly in Bangor. The deadline for printed material is the 15th of the month. Race directors can submit applications as late as the 21st. Send \$15.00 and 600 applications to the address on the title page.

THIRD ANNUAL NORWAY-PARIS 10K & 2K  
ROAD RACES Aug 27th

1. James Cooper	32:57	12. Vincent Bi	19:38	13. Lawson Noyes	1:17:21
2. John Daly	34:35	13. J. Steven Verkouteren	19:52	14. Paul Conley	1:17:55
3. Dan Vgvt	34:49	14. David Greenleaf	20:02	15. David Sholl	1:18:12
4. Doug Taylor	35:16	15. Dan Greenleaf	20:10	16. Steve Dexter	1:18:16
5. Bill Hine	35:20	16. Steve Swindles	20:24	17. Mark Surber	1:18:21
6. Roger Foster	35:30	17. Richard Souza	20:29	18. Mickey Lackey	1:18:44
7. Leslie Bancroft*	35:42	18. Don Williams	20:32	19. Dwight Bleasie	1:19:00
8. Mathew Isham	35:58	19. John Schwerdel	20:38	20. Alan Gray	1:19:14
9. Daniel Cake	36:06	20. Dan Kelly	20:45	21. Charles Stevens	1:19:31
10. John Applin	36:20	21. Cullen Fletcher	20:52	22. Gregory Nelson	1:20:09
11. Jim Amfilo	37:49	22. Pat Cullen	20:55	23. Richard Wells	1:20:56
12. Doug Craib	37:49	23. Ricky Shea	20:56	24. Ken Letourneau	1:20:59
13. Todd McGraw	38:01	24. Robert Speed	20:58	25. Phil St. Pierre	1:21:11
14. Tom Peterson	38:22	25. Kevin Kane	20:59	26. Arnold Amoroso	1:21:21
15. Doug Ludwig	38:38	26. Bill Thornton	21:06	27. Jan Bemis	1:21:34
16. Gino Vateriani	38:48	27. Gary Bouchard	21:23	28. Jay Browning	1:21:44
17. Chase Pray	38:58	28. Marty Thornton*	21:34	29. Mark Violette	1:22:00
18. George Liming	39:08	29. Jack Harland	21:39	30. Al Banfield	1:22:01
19. Doug Jordan	39:14	30. Blanchard Hupper	21:54	31. Ray Ashenhurst	1:22:22
Todd Allen	39:14	31. Mari Bodner	22:05	32. Don Andrus	1:22:23
Tony Whitman	39:14	32. Arthur Burgess	22:10	33. Red Dean	1:22:25
22. Andrew Dabozynski	39:38	33. Walter McKee	22:19	34. Brian McQuade	1:22:40
23. Dick Campbell	39:44	34. Bill McKeen	22:21	35. Norman Hawes	1:22:40
24. John Gasser	39:56	35. Dan Lowell	22:47	36. Rick Davis	1:22:41
25. Paul Collins	40:27	36. Byren Bennett	22:54	37. Dick Valentine	1:22:53
26. Thomas Swan	41:57	37. Donald Abrams	22:56	38. Tim Walker	1:22:55
27. Dennis Morrill	42:06	38. Peter Roy	23:08	39. Deke Talbot	1:22:58
28. Michael Smith	42:30	39. Stephen Henderson	23:08	40. Ray Cormier	1:23:21
29. Nathan Morris	42:39	40. Chris Machinak	23:25	41. Chris Haney	1:23:28
30. David Strong	43:17	41. Mel Gleason	23:27	42. David Cunio	1:23:29
31. Steve Fisher	43:23	42. Scott Shea	23:27	43. John Trefethen	1:23:42
32. Brian Kelly	43:32	43. Lynn Deevies*	23:29	44. Ronald Burton	1:23:42
33. Charles Hahn	43:33	44. Charles Cinnamon	23:39	45. Dave Plourde	1:23:51
34. John Brooks	44:18	45. Joe O'Donnell	23:41	46. Larry Bridges	1:23:52
35. Clarence Faulkner	44:24	46. Kelley Jones*	23:47	47. Robert Duprey	1:23:56
36. John Blanchard	44:28	47. John Grena	23:50	48. Ed Rice	1:24:01
37. Don Padgett	44:41	48. Rich Mareta	23:51	49. Harvey Rohde	1:24:14
38. Unk	45:01	49. Adam Kelley	24:04	50. John Gasser	1:24:23
39. William Van Tassel	45:33	50. Dorothy Stockard*	24:04	51. Robin Emery*	1:24:33
40. Jeff MacDougal	45:40	51. Diane DiFirolamo*	24:29	52. Robert Nicholson	1:24:39
41. Marco Lashen	46:19	52. Keith Hough	24:52	53. Dave Cota	1:25:12
42. Irene Mulvey*	46:34	53. Kathy Greenleaf*	24:57	54. Larry Deans	1:25:34
43. Tim Amero	46:38	54. Carl Vertz	25:35	55. Charles Howe	1:25:40
44. David Brooks	46:53	55. Bob Wilson	25:47	56. Chris Hamilton	1:25:45
45. Steve LeBrecque	47:33	56. Keith Shields	25:49	57. Rickie Lorey	1:25:55
46. Melinda Harriman*	47:44	57. Donna Donald*	25:49	58. Lester Berry, Jr.	1:25:56
47. Katrina Harriman*	47:48	58. Bobbie DiNardo*	25:54	59. Geoff Rushian	1:25:57
48. Patty Noll*	48:02	59. Ellen Spring*	26:28	60. John Field	1:26:12
49. John Governalo	48:43	61. Bramble Jenkins*	26:37	61. Unk	
50. John Gagne	49:55	62. Jane Holston*	26:50	62. Ken Rosen	1:26:22
51. Ronald Morris	50:04	63. Melanie Hampton*	26:53	63. Cliff Olson	1:26:48
52. Brian Whitney	50:10	64. Lawrence Mutty	27:10	64. Paul Frederick	1:26:54
53. Paul Ricci	50:23	65. Tido Mutty (dog)	27:10	65. Unk	
54. Joe Bennett	50:33	66. Denis Ritter*	27:32	66. Orlando DeLogu	1:26:58
55. Irene Morris*	51:51	67. Susan Wyal*	27:46	67. Max Anderson	1:27:02
56. Mike Rice	52:06	68. Linda Gleason*	28:06	68. Craig Kirby	1:27:03
57. Tricia Linton*	52:23	69. Holly Bernstein*	28:32	69. Gary Googins	1:27:08
58. Bruce Pinette	52:23	70. Carole Rowell*	28:49	70. Carlton Mendell	1:27:13
59. Scott Laliberty	52:52	71. Anne Ingraham*	29:21	71. Wm. Sayres	1:27:20
60. Katherine Sander*	52:53	72. Dianne Groce*	29:28	72. Tom Mulvey	1:27:39
61. Kevin Libby	54:33	73. Joyce Cleveland*	30:53	73. Larry Lunn	1:27:40
62. Charles Akre	54:54	74. Margaret Gallant*	30:53	74. Chas. Nichols	1:27:40
63. Earl Harvey	56:30	75. Nicholas Caraganis	31:25	75. Burt Haggett	1:27:40
64. Nancy Perham*	57:12	76. Robert Gross	33:04	76. Bruce Kingdom	1:27:46
65. Michael Miller	57:50	77. Kathy Trott*	33:29	77. Lewis Vernard	1:27:48
66. Diane Willmatt*	57:50	78. Paul Green	36:23	78. Chas. Kowalski	1:27:53
67. Sandra Willmott*	57:51	79. Leah Hennings*	36:42	79. A. Perrin Peterson	1:27:54

The 2K race was won by John Pottle  
No times were available.

Results courtesy of Don Verrill  
Race Director

Results courtesy of Kate Brady  
Race Director

\* \* \* \* \*

I RAN 3 FOR C.P. ROAD RACE 3.1 Miles  
Augusta Sep 14th

BAR HARBOR 13 MILER

Sep 20th

1. Roland Perry	17:05	1. Mike Gaige	1:10:04	95. Richard Casey	1:30:55
2. Greg Nelson	17:08	2. Bob Sholl	1:10:08	96. Paul Pierson	1:31:08
3. David Caldwell	17:27	3. Jeff Crawford	1:10:56	97. David Torrey	1:31:18
4. Steve Marston	18:07	4. Mike Westphal	1:11:06	98. Carol Roy*	1:31:23
5. Art Warren	18:29	5. O.J. Logue III	1:11:10	99. Larry Rich	1:31:23
6. Rick Stuart	18:38	6. Conrad Walton	1:13:52	100. Robert Card	1:31:41
7. Ed Raiola	18:52	7. Rick Packie	1:14:17	101. Miguel Muniz	1:32:10
8. Gary Grady	18:59	8. Dick Fournier	1:14:54	102. Phil Brown	1:32:17
9. Francis Farley	19:14	9. Mike Swanson	1:15:45	103. Ray Giglio	1:32:27
10. Owen Devereux	19:31	10. Lee Fairbanks	1:16:30	104. Gordon Young	1:32:43
11. James Morrissey	19:36	11. Chris Holt	1:17:02	105. Gary Grady	1:32:54
		12. John Pozniak	1:17:08	106. Philip Tardie	1:32:55
				107. Robert Day	1:32:56

108. Steve St. Pierre 1:33:11  
 109. McGilpin 1:33:52  
 110. Sue Knowlton\* 1:34:03  
 111. Gil Roderick 1:34:24  
 112. Molly Aalyson\* 1:34:26  
 113. Robley Morrison 1:34:29  
 114. Gary Keilty 1:34:53  
 115. Kris Ryan 1:35:08  
 116. Margaret Johnson\* 1:35:35  
 117. Wendy Sayres\* 1:35:50  
 118. Robert Booker 1:35:51  
 119. Bill Pinkham 1:35:52  
 120. Jon Wescott 1:36:07  
 121. James Frick 1:36:33  
 122. Charles Kava 1:36:42  
 123. Larry Dutch 1:36:48  
 124. John Johansson 1:36:57  
 125. Peter Esponnette 1:36:58  
 126. Larry Leveseaur 1:37:02  
 127. Terrence Cousins 1:37:08  
 128. Don Cass 1:37:09  
 129. David Wiggin 1:37:28  
 130. Robert Markwood 1:37:37  
 131. Thomas Abbott 1:37:44  
 132. Ken Yeates 1:38:08  
 133. Gary Barrett 1:38:16  
 134. Don Banton 1:38:20  
 135. Richard Higgins 1:38:24  
 136. Steve Leclerc 1:38:28  
 137. Rick Forbess 1:38:36  
 138. Kenneth Clark 1:38:39  
 139. Harry Price 1:38:43  
 140. Alan Lambert 1:38:47  
 141. Richard Floyd 1:38:52  
 142. Tim Drury 1:38:58  
 143. Chas. Francis 1:39:12  
 144. Jeannette LaPlante\* 1:39:18  
 145. Gary Bouchard 1:39:29  
 146. Enno Becker 1:39:32  
 147. Mike Guidi 1:39:40  
 148. Kevin Kane 1:39:43  
 149. John Peterson 1:39:48  
 150. Don White 1:40:09  
 151. Mark Aalyson 1:40:14  
 152. Thomas Rock 1:40:14  
 153. Sue Whitney\* 1:40:19  
 154. Mary Jane Day\* 1:40:22  
 155. Unk 1:40:43  
 156. Dorothy Heilling\* 1:40:44  
 157. Lawrence Jerge 1:40:49  
 158. Lona Wright\* 1:41:19  
 159. David Ouellette 1:41:40  
 160. Kevin Warrington 1:41:40  
 161. James Daigle 1:41:40  
 162. Dennis Meehan 1:41:50  
 163. Sharyn Kingma\* 1:42:05  
 164. Louis Lesniak 1:42:18  
 165. Peter Kelley 1:42:28  
 166. Ronald Boutin 1:42:55  
 167. Chad Smith 1:43:02  
 168. Chris Zamore 1:43:12  
 169. David Snodgrass 1:43:22  
 170. Lawrence Day 1:43:58  
 171. Richard Lunt 1:43:59  
 172. Paul Doody 1:44:00  
 173. Ron Scagliarini 1:44:00  
 174. Brenda LoPotro\* 1:44:09  
 175. Bill LoPotro 1:44:09  
 176. Larry Reinking 1:45:11  
 177. Kathy Sarns\* 1:45:11  
 178. Barry McLaughlin 1:46:10  
 179. Richard Davis 1:46:14  
 180. Bud Farley 1:46:21  
 181. Susan Rosenfield\* 1:46:22  
 182. Sheryl Davis 1:47:56  
 183. Hyla Tracy 1:47:56  
 184. Thomas Lahey 1:48:07  
 185. Tom Davis 1:48:20  
 186. David Bourdelais 1:48:36  
 187. Grace Amoroso\* 1:49:13  
 188. Unk 1:49:26  
 189. Francoise Paradis 1:49:51  
 190. Gail Turner\* 1:50:02  
 191. Kate Brady\* 1:50:17  
 192. Brian LaSalle 1:50:26  
 193. Paul Dionne 1:50:27  
 194. Lloyd Adams 1:50:47  
 195. Sam Eliot 1:50:47  
 196. Harold Jones 1:50:47  
 197. Bernie Norman 1:50:53  
 198. John Stewart 1:51:35  
 199. Martha McGilpin\* 1:51:44  
 200. Ralph Snyder 1:51:47  
 201. Darrell O'Leary 1:52:42

202. Wyllis Terry 1:53:32  
 203. Jean Goldfine 1:53:35  
 204. Douglas Hoeschle 1:54:14  
 205. Loyal Hudolleston 1:54:22  
 206. David Roundy 1:54:22  
 207. Russel Read 1:54:32  
 208. Leah Schuman\* 1:55:05  
 209. Unk 1:55:11  
 210. Tina Hinckley 1:55:13  
 211. David Oawley 1:55:20  
 212. Mark Gray 1:55:24  
 213. Catherine Cannan\* 1:55:39  
 214. T.F. Marfiak 1:56:00  
 215. Dale Tudor 1:56:28  
 216. Dorothy Stockard\* 1:56:40  
 217. Ellen Flanagan\* 1:56:42  
 218. Donald Chamberlain 1:56:50  
 219. Doris Plumer\* 1:56:54  
 220. Sally Paterson\* 1:56:54  
 221. Vendean Vafades 1:59:08  
 222. Cheryl Prostack\* 1:59:25  
 223. Nancy Schneider\* 2:00:04  
 224. Mary Helen White\* 2:00:22  
 225. Cal McFarling 2:00:33  
 226. Daniel Merrill 2:01:01  
 227. Joan-Carol Brigham\* 2:01:02  
 228. Fred Sylvia 2:01:04  
 229. Chandler Nims 2:01:04  
 230. Maurie Hill 2:05:16  
 231. Maril Langois 2:05:16  
 232. Peter Curran 2:06:59  
 233. Frank Townsend 2:10:44  
 234. Unk 2:17:04  
 235. Mark Rains

THE FIRST ANNUAL PENNESSEEWASSEE  
PACERS ROAD RACE  
Norway

Sep 20th

#### Two Kilometer Results

1. Steve Cox	6:56
2. G. Rob Noll	7:24
3. Kurt Brown	7:38
4. Kevin Ronko	10:24
5. Kathy Blanchard*	11:29
6. David Morris	11:32
7. Karen Gleason*	13:04
8. Mary Ann Brown*	13:24

#### Ten Kilometer Results

1. Kevin McDonald	34:28
2. Bill Hine	34:36
3. Paul Nicolaides	36:21
4. Doug Craib	36:33
5. Todd Allen	37:33
6. Jeff Arsenault	38:32
7. Don Stowell	39:48
8. John Ho23	40:55
9. John Blanchard, Jr.	41:41
10. Martin Rogers	45:45
11. Ronald Morris	46:21
12. Richard Sabin	46:21
13. Gary Snee	46:43
14. Patty Noll*	46:48
15. Paul D'Ambroise	47:06
16. Vic Deprez	61:31

Results courtesy of Dennis Jenkins  
Race Director

Results courtesy of Mike Smith  
Prez. of Penn  
Pacers

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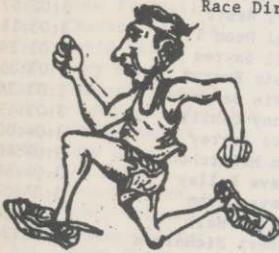
## 2ND ANNUAL KINGFIELD 10K

Sep 27th

1. Andy Palmer	29:29.7	93. Gil Roderick	41:14	189. Richard Holt	48:53
2. Kurt Lauenstein	30:57	94. William Caddigan	41:15	190. Milton Cram	48:54
3. Peter Brigham	31:29	95. Mark Leonardi	41:16	191. Will Leschey	48:56
4. Mike Gaige	31:37	96. Peter Rizzo	41:20	192. Marion Leschey*	48:58
5. Ralph Fletcher	32:00	97. Daniel Sullivan	41:22	193. Dan Sheehan	4*;59
6. O.J. Logue	32:02	98. Andy Lilburn	41:23	194. Ken Casey, Jr.	49:03
7. Henry Chipman	33:14	99. Jim LaVerriere	41:25	195. Tom Donovan	49:26
8. Stephen Dexter	33:21	100. Sean Kenney	41:28	196. Kevin Purrell	49:27
9. Rick Krause	33:37	101. Richard Floyd	41:29	197. Dawn Krasnavage*	49:32
10. Ted Czepiel	33:57	102. David Greenleaf	41:31	198. James Lowery	49:35
11. Dennis Smith	34:04	103. Kevin Kein	41:34	199. Kathleen Saufl*	49:37
12. Larry Allen	34:20	104. Lou Champagne	41:40	200. Kathy Greenleaf*	49:37
13. Danny Cake	34:37	105. Laura Lee* (13 yr. old)	41:47	201. William Tozier	49:51
14. Steve Ridley	34:43	106. David Tiemann	41:48	202. Steve King	49:57
15. Mark Hoffmaster	35:07	107. Karen McCann*	41:49	203. Randall Glavin	50:01
16. Gene Roy	35:28	108. Errol Dearborn	41:50	204. Jill Gilbert*	50:01
17. Eric Ellis	35:44	109. James Mitton	41:52	205. Fawn Jones*	50:02
18. Dean Rasmussen	35:48	110. John Paradis	41:55	206. Patty Jacobs*	50:07
19. Gary Coyne	35:49	111. Harry Brice	41:59	207. Poppy Thatcher*	50:09
20. Keith Wheeler	35:49	112. Jeff Gossel	43:03	208. Steve Greenlaw	50:16
21. James Spilman	35:50	113. John DeBiase	42:06	209. George Entwistle	50:25
22. James Kein	35:59	114. Len MacPhee	42:08	210. Larry Barron	50:26
23. Don Reimer	36:04	115. Leonard LeClerc	42:10	211. Peter Curran	50:45
24. Mark Violette	36:05	116. William Johnson	42:11	212. Andrew Gernal	50:45
25. David Hethermen	36:08	117. Sam Fires	42:19	213. Katherine Christie*	50:57
26. Robert Clement	36:15	118. Raymond Bryant	42:21	214. Mary Helen White*	51:07
27. Denis Bates	36:16	119. Brenda LoPotro*	42:22	215. Walter Christie	51:12
28. Richard Lugg	36:20	120. Adrien Lilburn	42:27	216. David Mayberry	51:28
29. John Bean	36:27	121. Scott Hutchins	42:46	217. Peter Larsen	51:40
30. Warren "Red" Dean	36:28	122. Gary Bouchard	42:49	218. Ann Predham Phillips*	52:30
31. Kyle Rankin	36:28	123. Dan Dwyer	42:51	219. Unk	
32. Michele Hallett*	36:30	124. Dennis Hayes	43:05	220. Jon Chamoff	52:37
33. David Baird	36:46	125. Delinda Smith*	43:13	221. Elaine Thistle*	52:39
34. Ed Rice	36:46	126. T.O. Currier	43:16	222. Robin McCarthy*	53:05
35. Robby Baldwin	36:49	127. Michael Sela	43:16	223. Jeff Moore	53:45
36. Donald Sanborn	36:54	128. Tracy Turner	43:17	224. Avis Ingalls	54:26
37. Doug Ludewig	36:56	129. Jim Cain	43:20	225. Norman Ingalls	54:26
38. Bryant Bourgois	36:58	130. Roger Wing	43:22	226. Kathy Abbott*	54:44
39. Bob Hagopian	37:03	131. Wes Wisse	43:24	227. Barbara Cram*	54:45
40. Rick Stewart	37:16	132. Jerry Simpson	43:28	228. Patty Minnehan*	54:50
41. Joe Bean	37:21	133. Gary Tschaefekske	43:29	229. Ellen Spring*	55:27
42. Sam Merrill	37:27	134. Ben Venskus	43:29	230. Mary Steinledy*	55:44
43. Steve Swan	37:30	135. Robert Caron	43:32	231. Pat Lowery*	56:07
44. Fred McLean	37:31	136. Tom Rock	43:34	232. Janyce Boynton*	56:08
45. Mike Ridley	37:33	137. Win Robinson	43:39	233. Marcel Poulin	56:58
46. Bill Sylvester	37:42	138. John Morton	43:59	234. Patricia Krouse*	57:08
47. Doug MacDonald	37:44	139. Brian Rancourt	44:00	235. Wayne Niles	57:17
48. Michael Cole	37:55	140. Carl Pierce	44:00	236. Pat Provost*	57:30
49. Bill LoPotro	37:59	141. Janet LeBlant*	44:06	237. Jodi McGuire*	57:32
50. Robert Nicholson	38:02	142. Tom Noonan	44:07	238. Joey Dudley	57:33
51. Robert Booker	38:08	143. Bill Lawton	44:17	239. David Robinson	57:34
52. Reginald Lesperance	38:11	144. Tony Zambello	44:26	240. Lori Newell*	57:35
53. Tony Lepare	38:14	145. Jay Krouse	44:31	241. Betty Constantine*	57:49
54. Vaughn Holyoke	38:17	146. Albert Bergeron	44:33	242. Susan Faster*	57:54
55. Jay Gould	38:23	147. Michael King	44:35	243. Carole Baldwin*	59:46
56. Loren Ritchie	38:25	148. Randy Poore	44:39	244. Norma Mitton*	60:02
57. Jon Westcott	38:28	149. John Shaw	44:39	245. Elaine Lord*	60:09
58. Kevin Burns	38:30	150. Peter Kelley	44:47	246. Nancy MacDonald*	60:26
59. Corby Griffin	38:37	151. Joel Wein	44:52	247. Super Sis Niemi*	62:08
60. Bob Stuart	38:43	152. Linda LaRue*	45:23	248. Ben Robinson	62:16
61. Bill Yates	38:46	153. Walter McKee	46:26	Results courtesy of Chip Carey	
62. Alfred Carter	38:55	154. David Ames	45:31	Race Director	
63. Vernard Lewis	38:55	155. Chris Arena	45:33	*****	*****
64. Jeff Brown	38:56	156. James Moore	45:36	C.H.C.S. 2ND ANNUAL AUTUMN RUN	
65. Albert Fortin	39:00	157. Blanchard Hupper	45:47	Dover Foxcroft SK Sep 28	
66. Ron Paquette	39:04	158. Rustin Shill	45:56	*****	*****
67. Robert Mohlin	39:06	159. Tom Landus	45:57	1. Henry Chipman	15:21
68. Peter Moore	39:07	160. Christian LeClerc	45:57	2. Steve Kozlovich	15:47
69. Charles Nichols	39:10	161. Lawrence Rixley	45:53	3. Dennis Crotean	16:04
70. Thomas Swan	39:13	162. Walt Harris	46:03	4. Phil Stuart	16:21
71. Phil Kay	39:17	163. Gary Kenney	46:07	5. Rod Beckwith	16:22
72. Dan Rankin	39:26	164. Ted McCarthy	46:07	6. Don Reimer	16:30
73. Paul Hollins	39:31	165. James T. Bowse	46:10	7. David Clement	16:40
74. Ben Milster	39:39	166. Joseph Regali	46:11	8. Bob Clement	16:44
75. Bill Leschey	39:46	167. James Bishop	46:27	9. Steve Morrill	16:50
76. Bernard Peatman	39:46	168. Peter Minnehan	46:28	10. John Parola	17:13
77. Paul Gale	40:00	169. Johnny Morton	46:33	11. Terry Awalt	17:16
78. Al Poulout	40:13	170. Charles Glover	46:36	12. Greg Potter	17:24
79. B. Entwistle	40:18	171. Jim Ippolito	46:38	13. Warren Patterson	17:39
80. Scott Gould	40:26	172. Roger Smith	46:44	14. Owen Kozlovich	17:43
81. Vincent Bilello	40:33	173. Bob Boynton	46:44	15. Loren Ritchie	17:44
82. Neil Provost	40:40	174. Robert Maloney	46:50	16. Darrell Buzzell	18:01
83. H. Alan Mooney	40:40	175. Will Braxier	46:54	17. Ray Cooper	18:07
84. Cleon Cook	40:49	176. Jennifer Eiderkin	46:59	18. Rusty Sweeny	18:17
85. Don Arsenault	40:51	177. Richard Sabol	47:00	19. Eric Towne	18:21
86. Ernie Gilbert	40:52	178. Joseph Caret	47:13	20. Ron Locke	18:25
87. Gary Keilty	40:54	179. Ralph Baldwin	47:17	21. David Hagar	18:25
88. Dick Sabine	41:01	180. Dwight Harper	47:20	22. Wayne Champeon	18:34
89. Robin Estey*	41:02	181. Stephen Metz	47:24	23. Mike Collins	18:38
90. Richard Higgins	41:03	182. Rodney Ellis	47:27	24. Lawrence Rich	18:57
91. Steve Barber	41:07	183. Michael O'Connor	47:37	25. Richard Swett	19:04
92. Eric Hasenfus	41:11	184. Mary Ann Shick*	47:53	26. William Roy	19:05
		185. John Taylor	48:29		
		186. Ruth MacPhee*	48:39		
		187. Adele Hatchins*	48:42		
		188. Christopher Kein	48:53		

27.	Maria Turmel*	19:12
28.	Rodney MacNicholl	19:14
29.	Rusty Clukey	19:21
30.	Mary Lynn Cyr*	19:24
31.	Theresa Lawlor*	19:25
32.	Thomas Harvey	19:26
33.	Jeff Parola	19:41
34.	Chris Roy	19:42
35.	Roger Brawn	19:53
36.	Greg Bellmore	19:55
37.	Greg Hildreth	19:58
38.	Frank Knight	20:12
39.	Richard Van Dyne	20:14
40.	Kevin Church	20:15
41.	Scott Phillips	20:20
42.	Butch Phillips	20:25
43.	Donald Canning	20:27
44.	Paul Gosselin	20:59
45.	Fred Andrews	21:00
46.	John Reed	21:12
47.	Donald Labrams	21:20
48.	Kevin Sargent	21:34
49.	Van Raymond	21:41
50.	Gina Turmel*	21:49
51.	Barry Esler	21:54
52.	Richard Moore	22:04
53.	Kate Brady*	22:18
54.	Doug Warren	22:35
55.	Sharon Coleman*	22:42
56.	Caroline Folmer*	22:44
57.	Veronica Knight*	22:45
58.	Bill Lawlor	22:46
59.	Monica Knight*	22:47
60.	Holly Smith*	22:47
61.	John Kasten	22:53
62.	Anthony Phillips	22:58
63.	Jay Treadwell	23:35
64.	Wade Chipman	23:40
65.	Ken Johnson	24:00
66.	Norman Walsh	24:05
67.	Holly Bernstein*	24:30
68.	Norman Beckwith	24:58
69.	Yvette Knight*	25:01
70.	Mary Knowlton*	25:13
71.	William Sawtell	25:19
72.	Karla Turmel*	25:39
73.	Richard Ball	25:40
74.	Becky Knight*	25:49
75.	Jessica Knight*	25:51
76.	Sunshine Weinrich*	25:58
77.	Kent Johnson	26:05
78.	Justin Weinrich	26:11
79.	Shirley Kozlovich*	26:13
80.	Carney Snurkowski*	26:20
81.	Jane Dean*	26:21
82.	Ronnie Towne	26:22
83.	Khristian Clement	26:36
84.	David Walsh	27:23
85.	Sara Kozlovich*	27:33
86.	Kathy Miller*	27:36
87.	Carey Clement*	27:46
88.	Donna Kraft-Smith*	28:20
89.	Carol Connell*	28:21
90.	Bonnie Clukey*	28:21
91.	Margaret Scheulin*	28:40
92.	George Smith	28:40
93.	Betty Kiah*	28:46
94.	Donald McRae	29:20
95.	Melissa Laser*	29:28
96.	Michael Pierce	30:04
97.	Steve Snurkowski	30:05
98.	Marjorie Kasten*	30:09
99.	April Laser*	32:04
100.	Kristy Smearer*	32:08
101.	Andy Kiah	34:20
102.	Michael Raymond	35:08
103.	Carrie Raymond*	35:08
104.	Cathie Goodine*	41:06
105.	Heather York*	52:41
106.	James Haskins	52:41

Results courtesy of Dorothy Stockard  
Race Director



YMCA 4.2 MILER  
Lewiston-Auburn Sep 28th

1.	Dan Cake	22:54
2.	Roland Trottier	23:03
3.	Lloyd Ferris	23:07
4.	Steve Roy	23:52
5.	Chase Pray	24:12
6.	Preston Whitmore	24:37
7.	Mark Flanagan	24:58
8.	Robert Williams	25:15
9.	Bryan Dench	25:49
10.	Ron Zorn	26:06
11.	Dick Sabine	26:26
12.	Tom Magno	26:26
13.	Bob Zukowski	26:39
14.	Ron Verreault	28:20
15.	Barney Berube	28:27
16.	Tim Amero	28:31
17.	Faye Gagnon*	28:42
18.	Chad Gagnon	28:42
19.	Bill Meyer	29:35
20.	Richard France	29:47
21.	Carol Trottier*	29:58
22.	Scott Laliberte	30:52
23.	Mary Ann Zukowski*	31:08
24.	Jim Inman	31:29
25.	Ronnie Meyer	32:11
26.	Robert Stevens	32:54
27.	Steve Marston	33:08
28.	Tony Ford	33:11
29.	Nelson Pray	34:06
30.	Tamara Grieshaber	34:08
31.	Neal Graffam	34:36
32.	Scott Verreault	35:20
33.	Bramble Jenkins	35:20
34.	Mike Zorn	35:55
35.	Mike Miller	37:40
36.	Dave Miller	37:41
37.	Doris Belisle-Bonneau*	37:53
38.	Catherine Sabine*	40:51
39.	Thornton Meyer	43:04
40.	George Grover	48:13

Results courtesy of Bill Sayres  
Race Director  
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1ST ANNUAL AUTUMN GOLD 20K STATE  
CHAMPIONSHIP ROAD RACE  
Ellsworth Oct 4th

1.	Pete Brigham	1:02:58.6
2.	Hank Pfifle	1:03:31
3.	Ken Flanders	1:04:33
4.	Bob Winn	1:04:54
5.	Kurt Lauenstein	1:05:19
6.	Mike Gaige	1:05:58
7.	Danny Paul	1:07:35
8.	Mike Westphal	1:08:30
9.	Dan Barker	1:09:17
10.	John Gardner	1:09:41
11.	Tom Leonard	1:11:27
12.	John Daly	1:11:46
13.	Deke Talbot	1:12:10
14.	Direk Bradt	1:12:15
15.	Steve Giles	1:12:23
16.	Steve Russell	1:12:24
17.	Chris Holt	1:12:41
18.	Steve Kozlovich	1:12:52
19.	Danny Cake	1:12:58
20.	Gary Cochrane	1:13:00
21.	John Pozniak	1:13:09
22.	Waldron Babbidge	1:13:23
23.	Lawson Noyes	1:13:41
24.	Phil Stuart	1:13:46
25.	Greg Nelson	1:14:09
26.	Bob Coughlin	1:14:18
27.	Mickey Lackey	1:14:56
28.	Sam Hamilton	1:15:14
29.	Skip Howard	1:15:16
30.	Rick Mulhern	1:15:42
31.	Tom Doyle	1:15:54
32.	Rick McFaul	1:16:28
33.	Ronny Kotzsch	1:16:29
34.	Russ Connors	1:18:20
35.	Larry Bridges	1:18:24
36.	Dave Cunio	1:18:44
37.	Ray Cormier	1:18:47
38.	Robin Emery*	1:19:05
39.	Kyle Rankin	1:19:31
40.	Jack Trefethen	1:19:37

Results courtesy of Bob Booker  
Race Director

2ND ANNUAL QUAKER HILL CHALLENGE 10K  
Unity Oct 11th

1. Daniel Fishbein	34:02
2. Lloyd Ferris	35:41
3. Alan Claremont	36:19
4. Bill Dykens	37:22
5. Doug Ludew	37:52
6. Bob Nicholson	38:15
7. No Name	38:34
8. Wesley Cotton	39:20
9. Ed Raiola	39:21
10. Bruce Barr	39:39
11. David Hagelin	39:42
12. Ron Paquette	39:56
13. No Name	40:35
14. Michael Wayne Thomson	40:38
15. David Scheidt	41:01
16. Dick Sabine	41:08
17. Owen Devereux	42:04
18. Paula Kneeland*	43:48
19. Sally Jame*	43:51
20. Beauchard Hupper	44:59
21. Scott Johnson	46:16
22. John Libby	46:27
23. Jerry Cinnamon	46:41
24. Sandy Fletcher	48:13
25. Bob Boynton	48:29
26. Rose M. Deblors*	48:46
27. Shirley Cotton	48:55
28. Sean Goldfine	49:29
29. Kevin Purcell	50:41
30. Don Osborne	50:56
31. Hollis Graham	51:03
32. William Tozier	51:33
33. John Messerve	55:02
34. Joan Hyalt*	57:50
35. Amy Sturm*	57:51
36. Dan Leduc	59:38
37. Helen Sahadi*	61:30

Results courtesy of Ed Raiola  
Race Director

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1ST ANNUAL THE SKI RACK, MACDONALDS & GOLDSMITH'S OF THE MAINE SQUARE  
5 MILER BANGOR OCT 12th

1. Mike Gaige	25:58
2. Steve Giles	28:20
3. Steve Kozlovich	28:24
4. Glen Holyoke	28:33
5. John Condon	29:11
6. Larry Deans	29:53
7. Ken Remsen	30:02
8. Tim Rensem	30:58
9. Donald Sanborn	31:12
10. Greg Burby	31:16
11. James Barr	31:46
12. Michael Cole	31:57
13. Dan Wheeler	32:02
14. Jeffrey Fister	32:33
15. Ed Raiola	33:01
16. David Rudnicki	33:17
17. Owen Kozlovich	33:27
18. David Alley	33:48
19. Larry Rich	33:50
20. Jim Neal	33:52
21. Alan Stevens	33:55
22. Mike Thompson	34:01
23. Carl Sanborn	34:15
24. Jim McMillan	34:36
25. Al Michaelson	34:44
26. David Goldsmith	34:45
27. Steve LaChance	34:49
28. Jim Staples	35:19
29. Paul Guérin	35:26
30. John Shaw	37:17
31. Jeannette LaPlante*	37:23
32. Mike Salvato	37:28
33. David Theoharides	37:28
34. Al Bourgoine	38:23
35. John Schneider	38:27
36. Jerry Cinnamon	39:05
37. Jim Swan	39:17
38. Wendell Porter	39:24
39. N. Van Raymond	39:42
40. Walter Capen	39:45
41. Danny Hagan	40:10
42. Leo Emerson	40:36
43. Cynthia Murphy*	41:02

44. Kathy Saunders*	41:31
45. Benita Qualey*	42:02
46. Diane Heise*	42:44
47. Nancy Schneider*	44:00
48. Coralynn Davis*	45:23
49. Robin Owen*	45:32
50. Shirley Kozlovich*	47:16
51. Jennifer Barr*	51:13

1 Mile Fun Run

1. Anne Marie Carroll*	5:59
2. Tom Morrill	6:14
3. Ken Johnson	6:19
4. Tim Hamel	6:23
5. Anissa Sanborn*	6:29
6. Kent Johnson	6:31
7. Ellen Spring*	6:33
8. Sara Kozlovich*	6:37
9. Mike Neal	6:38
10. Norj Ahrens*	6:53
11. Robin Lee Seavey*	7:09
12. Rob Tomlinson	7:17
13. Paul Tomlinson	8:04
14. Sean Annis	8:28

Results from Larry Manson

Co-Race Director  
with Barry Mehrman

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3RD ANNUAL CASCO BAY MARATHON  
Portland Oct 19th

1. Craig Hepburn	2:23:10
2. Kurt Lauenstein	2:24:47
3. Mike Gaige	2:28:41
4. John Darsinos	2:28:47
5. David Ezersky	2:29:20
6. Tom Clark	2:30:17
7. Gene Coffin	2:30:24
8. Bob Sholl	2:33:02
9. Werner Pobatschnig	2:34:33
10. Mark Curley	2:34:56
11. Frank Hoelzle	2:35:47
12. Jim Durkin	2:35:53
13. Peter Stipe	2:36:28
14. Danny Paul	2:38:47
15. Frank Ellis	2:39:08
16. Stan Dutton	2:39:45
17. Deke Talbot	2:40:08
18. Conrad Walton	2:40:14
19. Steve Mulhern	2:40:34
20. Steve Dexter	2:40:47
21. Mike Westphal	2:40:47
22. John Ottaviani	2:42:37
23. Kevin McDonald	2:43:15
24. Dennis Gordon	2:43:45
25. Sam Sleeper	2:44:10
26. Denis McDonald	2:44:33
27. Amos Eno	2:44:51
28. Mark Stormzand	2:44:57
29. Thomas Egan	2:45:35
30. Marc Dierkes	2:46:06
31. Lloyd Ferris	2:46:13
32. Alan Gray	2:46:28
33. Victor Lanzillatti	2:46:59
34. Leonard Guido	2:47:23
35. Gary Hale	2:47:28
36. Robert Riordon	2:47:29
37. Art Schnell	2:47:29
38. Andre Benoit, Jr.	2:47:32
39. Austin Kelly	2:47:42
40. C. Jones	2:47:54
41. Sam Hamilton	2:48:09
42. Bill Hine	2:48:17
43. Eugene Casco	2:48:17
44. Grant Avery	2:48:50
45. J.C. Williams	2:48:52
46. Paul Ryan	2:48:59
47. Steve Allie	2:49:00
48. Tom Hart	2:49:18
49. Kevin Dyer	2:49:53
50. Robert Coughlin	2:50:00
51. Gene Roy	2:50:16
52. Robert Maguire	2:50:41
53. Ken Flanders	2:51:00
54. Ken Newsome	2:51:08
55. Woodard Openo	2:51:13
56. Danny Cake	2:51:36
57. Eugene Pool	2:51:43
58. Richard Harper	2:51:46
59. Mark Webster	2:51:48
60. Michael Sinsky	2:51:50

61. Phil Heath	2:51:53
62. Paul Libby	2:51:59
63. Joe Busa	2:52:18
64. George Gardiner	2:56:26
65. Tom Birol	2:52:53
66. Dale Dorr	2:52:36
67. Gino Valeriani	2:53:09
68. Paul Conley	2:53:19
69. Mike McCarthy	2:53:29
70. Richard Wells	2:53:43
71. Joe Bean, Jr.	2:53:46
72. Waldron Babbidge	2:53:47
73. William Funicella	2:53:49
74. Richard Harris	2:53:52
75. Donald Provost	2:54:00
76. Russ Connors	2:54:05
77. Robin Snyder*	2:54:05
78. Gerard Montgomery	2:54:14
79. Gerry Chester	2:54:15
80. Gerry Beagan	2:54:18
81. Robert W. Smyth	2:54:24
82. Rock Green	2:54:31
83. Doug Craib	2:54:40
84. Mike Woelfel	2:54:56
85. Bill Haney	2:55:07
86. Brad Hammond	2:55:21
87. Tom Wallace	2:55:24
88. unknown	2:55:33
89. Richard McFaul	2:55:34
90. unknown	2:55:34
91. Garry Rolmsa	2:55:48
92. Joel Goulder	2:55:51
93. Gary Cochrane	2:55:52
94. Gerard Harley	2:55:55
95. Bob Duprey	2:56:10
96. Karen Miles*	2:56:12
97. Mark Gilliam	2:56:17
98. William Johnson	2:56:18
99. Roger Zimmerman	2:56:50
100. Vance Stoddard	2:56:54
101. Wayne Hamilton	2:57:08
102. Sam Butcher	2:57:12
103. Phil Walsh	2:57:14
104. Robert Frail	2:57:17
105. Edward Ouimette	2:57:24
106. David Delois	2:57:25
107. Kim Beaulieu*	2:57:34
108. John Pozniak, Jr.	2:57:35
109. Greg Parlin	2:57:38
110. Richard Matthews	2:57:44
111. Guy Gary	2:57:46
112. Mark Hoffmaster	2:57:51
113. Barry Howgate	2:57:55
114. Warren Tyler	2:58:12
115. Pat Connell	2:58:33
116. Greg Nelson	2:58:38
117. Steve Russell	2:58:40
118. John Applin	2:58:40
119. Aldo Salerno	2:58:46
120. Ken Rosen	2:58:47
121. Bill Agnolletti	2:58:48
122. Doug Foote	2:58:53
123. George Liming	2:59:07
124. Steve Toubman	2:59:12
125. Larry Bedrosian	2:59:18
126. Stu Katz	2:59:21
127. Paul Jackson	2:59:29
128. Steve Jordon	3:00:15
129. James Picard	3:00:16
130. Herb Strom	3:00:19
131. John Attwood	3:00:25
132. Franklin Roberts	3:00:54
133. Rodney Thayer	3:00:56
134. Kent MacDonald	3:01:11
135. John Myatt	3:01:19
136. John Opolski	3:01:22
137. Mark Violette	3:01:39
138. Al Banfield	3:01:44
139. Rob Jarratt	3:01:44
140. Gary Arsenault	3:02:16
141. Carroll Caron	3:02:18
142. Pete Galle	3:02:43
143. Steve Porter	3:02:46
144. Carl Reetz	3:02:57
145. Paul Dean III	3:03:15
146. Bill Sayres	3:03:29
147. Robin Emery*	3:03:35
148. Davis Sawyer	3:03:38
149. Danny Cahill	3:03:45
150. Dave Torrey	3:04:00
151. Tom McCutcheon	3:04:40
152. Steve Palley	3:04:59
153. Steve Caron	3:05:03
154. Walter Hall	3:05:10
155. Robert Nicholson	3:05:24

156. Rick Brillard	3:05:27	251. Robert Lizotte	3:18:16	346. Terry Johnson	3:29:12
157. Dana Knowlton	3:05:31	252. Bryon Hill	3:18:18	347. Larry Pierce	3:29:14
158. Bryce Bartlett	3:05:54	253. Howard Avery	3:18:29	348. John Willis	3:29:25
159. Robert Hunt	3:05:57	254. Paul Collins	3:18:34	349. Richard Mack	3:29:26
160. Bob French	3:06:01	255. Ken Swalgin	3:18:34	350. Paul Arron	3:29:26
161. Frank Morong	3:06:16	256. Y. Bill Bayton	3:18:56	351. Ron Gaskell	3:29:28
162. Robert Plummet	3:06:31	257. Richard Malman	3:19:01	352. James Leonard	3:29:30
163. Robert Lanigra	3:06:36	258. Roger Dutton	3:19:05	353. unknown	3:29:35
164. Joel Croteau	3:06:36	259. Steve Rainsford	3:19:12	354. Gordon LaBonte	3:29:43
165. Marc Lessard	3:06:36	260. Bill Beardsley	3:19:20	355. Quintus Wilson	3:29:50
166. Fred Putnam	3:06:51	261. yeter Denatale	3:19:30	356. Ron Paquette	3:29:55
167. Bob Jcliceour	3:07:01	262. Loren Ritchie	3:19:43	357. Dick Lewis	3:30:01
168. Mike Robideau	3:07:07	263. Raymond Cooper	3:19:46	358. Carol Avery*	3:30:14
169. Arnold Clark	3:07:26	264. Evelyn King*	3:19:50	359. unknown	3:30:16
170. Frank Witham	3:07:38	265. Dean Wordin	3:19:55	360. unknown	3:30:19
171. Ron Zorn	3:07:46	266. Suzanne Gardiner*	3:19:59	361. unknown	3:30:47
172. Diane Fournier*	3:07:57	267. Ron Hipfner	3:20:01	362. Faye Mixer Gagnon*	3:30:49
173. Lester Berry, Jr.	3:08:05	268. James Henick	3:20:02	363. Richard Sullivan	3:30:52
174. Richard Erbe	3:08:10	269. Bill York	3:20:04	364. unknown	3:30:56
175. Robert Wiita	3:08:15	270. John Gorham	3:20:15	365. Randall Raymond	3:31:00
176. David Gill	3:08:16	271. Tom Fanning	3:20:31	366. Phil Tardif	3:31:33
177. Robert Randall	3:08:28	272. unknown	3:20:34	367. David Body	3:31:53
178. Vernard Lewis	3:08:51	273. Janice Ressegule*	3:21:06	368. Richard Nadeau	3:32:06
179. Lee Slocum	3:08:59	274. Bill Breshahan	3:21:22	369. Steven Swindells	3:32:07
180. Stan Vanezellette	3:09:09	275. Ron Paquette	3:21:22	370. Gerard Davis	3:32:08
181. Bob Booker	3:09:10	276. Mike Korek	3:21:38	371. Richard LaMontagne	3:32:11
182. John Field	3:09:10	277. John Hodgkins	3:21:42	372. Arnold Rosenfeld	3:32:29
183. Bill Leschey	3:09:40	278. James McHugh	3:21:48	373. Gary Barrett	3:32:54
184. Chris Hamilton	3:09:51	279. James Madore	3:21:58	374. Roland Kearly	3:33:02
185. Al Maccarone	3:09:58	280. Fred Conrad	3:21:58	375. Diane Lounder*	3:33:09
186. Richard Traiser	3:10:00	281. Dan Rankin	3:22:02	376. William Cove	3:33:33
187. Steve Blackmer	3:10:12	282. Loring Danforth	3:22:07	377. Kevin Burns	3:33:46
188. James Moore	3:10:24	283. H. Alan Mooney	3:22:20	378. Ken Pearstein	3:33:51
189. Peter Van Gagnon	3:10:30	284. Robert Mohlin	3:22:20	379. Mike LaCroix	3:34:06
190. Robert Duggan	3:10:42	285. Bill Fox	3:22:23	380. John Walsh, Jr.	3:34:22
191. William Scaplen	3:10:47	286. Warren "Red" Dean	3:22:26	381. Carl Sanborn	3:34:26
192. Ray Shevenell	3:10:48	287. Mike Hanley	3:22:32	382. Barbara Wood*	3:34:28
193. Nathan Morris	3:10:55	288. Dean Rasmussen	3:22:35	383. Richard Rothe	3:34:29
194. Ralph Fletcher, Jr.	3:10:55	289. Robert Payne	3:22:38	384. Tom Allen	3:34:31
195. Bernard Piedman	3:10:56	290. Craig Kirby	3:22:41	385. Steven Fogel	3:34:34
196. Peter Bastow	3:10:56	291. Sam Collier	3:22:41	386. Jeff Corkill	3:34:50
197. Carl Cuchetti	3:10:56	292. Ralph Fowler	3:22:55	387. Ellen Feld*	3:34:53
198. Barbara Hamaluk*	3:10:57	293. Cindy Lowry*	3:23:03	388. Dick Spicer	3:34:56
199. unknown	3:10:58	294. Francis Richards	3:23:22	389. Brian Alder	3:34:58
200. unknown	3:11:17	295. David Silverbrand	3:23:26	390. Peter Orthmann	3:35:04
201. unknown	3:11:45	296. Dick Loughlin	3:23:30	391. Donald Wilson	3:35:26
202. unknown	3:11:46	297. Wallace McDonald	3:23:37	392. Edward Grass	3:35:28
203. Skip Abencroth	3:11:52	298. Lawrence Fisher	3:23:39	393. Art Seekins	3:35:31
204. David Smith	3:12:05	299. Tom Mulvey	3:23:41	394. Steve Cox	3:35:40
205. P. Ben Zuckerman	3:12:15	300. Dennis Fortin	3:23:45	395. Carey Wilson	3:36:18
206. Ken Curtis	3:12:27	301. Royce Sawyer	3:23:46	396. Ed Malone	3:36:25
207. Charlie Gordon	3:12:30	302. Donald Anthony	3:24:02	397. unknown	3:36:41
208. Louis Nocca	3:12:38	303. Phil Brown	3:24:07	398. Cushman Anthony	3:36:48
209. Alan Parent	3:12:44	304. Peter Connolly	3:24:09	399. Gregory Bishop	3:36:59
210. Thomas Skoblicki	3:12:51	305. Norman Major	3:24:10	400. Lloyd Cook	3:37:18
211. Neil Schutzman	3:12:59	306. Peter Flaherty	3:24:18	401. David Mulcey	3:37:34
212. Richard Colburn	3:12:59	307. Larry Barker	3:24:37	402. Bob Garrett	3:38:13
213. Neal Anderson	3:13:03	308. George Cumming	3:24:37	403. Ken Grant	3:38:31
214. Audie Bridges	3:13:26	309. Dale Violette	3:24:45	404. Steve Dewick	3:38:52
215. Donald Sanborn	3:13:26	310. Bill Seekins	3:24:52	405. Art Chapman III	3:39:04
216. Dennis St. Hilaire	3:13:48	311. Wayne Lopez	3:24:53	406. Allan Michelson	3:39:06
217. Carol Roy*	3:14:00	312. Sterling LeBlanc	3:24:59	407. Erik Jensen	3:39:19
218. Skip Howard	3:14:26	313. Geoffrey Rushlau	3:25:11	408. Curtiss Shigo	3:40:12
219. Edward Pound	3:14:33	314. Guy LaFlamme	3:25:16	409. Bob Milliken	3:40:25
220. Arnold Adams, Sr.	3:15:05	315. Eric Ellis	3:25:17	410. Diana Avery*	3:41:13
221. Ross Jenkins	3:15:09	316. Anne Gwynne*	3:25:22	411. Barbara Hoover*	3:41:31
222. Ted Wallace	3:15:17	317. Charles Drew	3:25:31	412. Robert Caron	3:41:43
223. Tom Swan	3:15:19	318. Bruce Kingdon	3:25:31	413. Edward Krolicki	3:41:50
224. Dave Gorczyca	3:15:24	319. Ronald Burton	3:25:46	414. George Higgins, III	3:42:01
225. Dave Cunningham	3:15:24	320. Geoffrey Clark	3:26:00	415. Eddy Brissette	3:42:01
226. Berton Cleaves	3:15:28	321. Danny Johnson, Jr.	3:26:04	416. James Doherty	3:42:02
227. Roger Burns	3:15:31	322. Rex Hawley	3:26:06	417. Roland Morin	3:42:45
228. Robert Fogg	3:15:34	323. Gary Bouchard	3:26:10	418. Tom Chayka	3:43:07
229. Bill Beaton	3:15:38	324. Lenny Hatch	3:26:24	419. Nelson Lande	3:43:07
230. Ben Fudge	3:15:43	325. Sue Knowlton*	3:26:27	420. Bill Beyer	3:43:10
231. Richard Campbell	3:16:01	326. Peter Bachelder	3:26:34	421. Tony Lombardo	3:43:16
232. Miguel Muniz	3:16:14	327. Wendy Sayres*	3:26:34	422. Phil Boyne	3:43:56
233. Mark Jose	3:16:22	328. James Adams	3:26:36	423. Jeff Harrison	3:44:20
234. Steve Moriarty	3:16:22	329. Richard Hockman	3:26:46	424. Stuart Tisdale, Jr.	3:44:24
235. James Collins	3:16:22	330. Dick Sabine	3:26:59	425. Mike Eppoliti	3:44:30
236. Tom Carll	3:16:25	331. Barbara Coughlin*	3:27:14	426. James Chase	3:44:56
237. Mike Coughlin	3:16:33	332. Julius Marzul	3:27:34	427. Charles Francis	3:45:01
238. John Frachella	3:16:49	333. Donald Bruce	3:27:49	428. John Boyne	3:45:11
239. Charles Nichols	3:16:50	334. Gerard Cecil	3:28:09	429. Richard Everett	3:45:15
240. David Bailor	3:16:54	335. Keith Gulou	3:28:16	430. Kevin Kenny	3:45:18
241. Gary Wood	3:16:57	336. Doug Allen	3:28:19	431. Gil Roderick	3:45:18
242. Marjorie Adams*	3:17:00	337. George Lohmiller	3:28:21	432. Paul LaChance	3:45:21
243. J. Randall Phillips	3:17:04	338. Ted Dooley	3:28:30	433. Ray Arsenault	3:45:34
244. Jim Alexander	3:17:29	339. Mike Senecal	3:28:31	434. Jim Bishop	3:45:34
245. John Long	3:17:32	340. Alan Rogers	3:28:37	435. Tom Daggett	3:45:52
246. Bob Hayes	3:17:37	341. Andrew Brunni	3:28:59	436. unknown	3:46:25
247. Monica Reed*	3:17:52	342. Larry Bridges	3:29:00	437. Dennis Wachs	3:46:56
248. Terry Valquez	3:17:53	343. Norman Fox	3:29:05	438. Katherine Pfeiffer*	3:47:15
249. Thomas Downing	3:17:57	344. Paul Connor	3:29:10	439. Tom Dunnington	3:47:28
250. Glenn Smart	3:18:00	345. Tom Flynn	3:29:10	440. Pat Miller	3:47:45

441. Robert Romano	3:47:49	474. Celeste Gagnon*	3:57:23	507. Doug Pierson	4:14:41
442. Ron Gervais	3:47:54	475. Joan Welch*	3:57:28	508. unknown	4:14:41
443. Joe Buckley	3:48:13	476. Mike Hagerman	3:57:37	509. Ron Gary	4:14:48
444. Harold Jordan	3:48:32	477. Tom Delois	3:57:42	510. Pelton Wardwell	4:15:30
445. George Gilfoil	3:48:35	478. Bob Yoffe	3:57:46	511. Leah Schuman*	4:16:04
446. Elizabeth Meiklejohn*	3:48:37	479. Sheila Flekowsky*	3:57:47	512. Sam Schuman	4:16:17
447. Tim Flynn	3:48:37	480. James Klein	3:58:04	513. Tom Peterson	4:16:32
448. Art Warren	3:48:38	481. John Rothwell	3:58:20	514. Peter Robbin	4:16:44
449. Barry Gold	3:38:44	482. Everett Ingalls	3:58:36	515. Robert Fisher	4:17:19
450. unknown	3:48:47	483. Chuck Conley	3:58:41	516. Ted Perry	4:17:51
451. Roger Williams	3:49:12	484. Christine Bridges*	3:58:45	517. Mason Smith	4:21:46
452. Rick Jansen	3:49:22	485. John Pepper	3:58:59	518. Charles Harlow	4:23:05
453. David Lidstone	3:49:37	486. David Trussell	3:59:18	519. Jean Thomas	4:23:06
454. Bill McKenzie	3:49:37	487. unknown	3:59:31	520. Oswyn Hammond	4:23:34
455. Paul Truisiani	3:50:09	488. Jill Akel	4:00:08	521. David Galli	4:23:49
456. Roch Garand	3:50:11	489. George Brady	4:00:10	522. Robert Bing	4:27:48
457. Nicholas Grandese	3:50:18	490. Jeffrey Preble	4:02:05	523. James Bottomly	4:32:52
458. Richard Dudley	3:50:57	491. Bruce Wood	4:02:19	524. Jerry Krigman	4:33:50
459. Stewart Richmond	3:52:19	492. Sandra Wyman*	4:02:20	525. Sandra Kenworthy*	4:40:24
460. Chris Gould	3:52:26	493. Laurin Gordon	4:05:01	526. Sally Paterson*	4:49:24
461. Gary O'Leary	3:52:26	494. Marion Leschey*	4:05:08	527. Elizabeth Erbe*	4:51:53
462. Mike Robinson	3:52:35	495. Daniel Kleiman	4:05:17	528. Charles Thurber	4:51:58
463. David Plimpton	3:52:37	496. Paul Mersereau	4:05:49	529. Lynne Cooper*	4:57:52
464. Mike Wilson	3:53:22	497. Eugene Waters	4:06:45	530. Robert Soulas	4:57:52
465. Edward McVeigh	3:53:56	498. William McKinley	4:07:13	531. Louise Thurber*	5:01:02
466. Dorothy Cullinan	3:54:19	499. Nicholas San Martino	4:08:19	532. Kendal Sherman	5:01:02
467. unknown	3:55:14	500. Arthur Batson	4:08:41	533. Paul Georges	5:01:02
468. unknown	3:55:47	501. William Hannum	4:11:06	534. Ginny Defede*	5:01:02
469. Paul Pandolfi	3:56:08	502. Leon Hadiaris	4:11:39	535. John LaFreniere	5:04:03
470. George Linnie	3:56:18	503. Ron Ford	4:11:51	536. Roland McCannell	5:04:04
471. Jane Dolley*	3:56:25	504. Charles Elwell	4:13:20	537. Tim Chase	5:07:24
472. Kristina Gordon*	3:56:39	505. Nancy Hill*	4:14:05	538. Peter Curran	5:09:31
473. Martha Thornton*	3:57:14	506. Art Marcoux	4:14:25	539. Brent Tupper	5:09:31

Sept. 28

Dear "MAINE RUNNING" contingent;

PLEASE - I beg of you - do not cancel my subscription to "MAINE RUNNING". I have received issues of August and September, having subscribed back in AUGUST.

I have now finally got around to making good on my end of the deal. Enclosed you will find \$10 in the form of a check, which I assure you is quite valid. I hope this reaches your files in time as I don't want to be omitted from your list of subscribers. You have all done a very creditable job with your excellent coverage of the MAINE running scene! I was happy to hear that the 2nd ANNUAL RUNNING CAMP was successful.

Bob Booket et al - "MAINE RUNNING's" where its at! An aspiring runner, I enjoyed participating in the BUNYAN and some other PORTLAND area races this past summer. I hail from KENNEBUNK, but have taken up a post teaching in West Newton, Mass. I have found the running scene down here to be very high-powered indeed. (Suburbs of Boston). However, I surely miss my coastal running routes in and around MAINE. KEEP ME INFORMED! The "AUTUMN GOLD 20K" sounds fantastic - I hope I can make it. Without a doubt, even though its 2 ways away, I look forward to seeing you at the next NIKE-MAINE COAST 10MP/81. \* Pass 2 friendly "hello" along to John Fractelle for me.

THANK-YOU

" ONWARD & UPWARD WITH MAINE RUNNING"

Rob Spaulding



MAINE'S FINEST SELECTION  
OF RUNNING FOOTWEAR

NIKE, ADIDAS, NEW BALANCE

BROOKS, SAUCONY, CONVERSE

ETONIC AND AUTRY

COME SEE OUR SELECTION OF  
RUNNING OUTERWEAR ALSO