January Thaw - 4.5 miles - Belgrade - January 23

Not a bad day to run considering some conditions that could greet you in the heart of winter in Central Maine. It most have been up to about 10 degrees at race time with only a light wind and the footing was good. The few icy areas could easily be avoided by the alert runner. There are some hills on the course but only the big downhill in mile 4 is memorable. All the uphills are very subtle. I think the course would run a lot faster in reverse, but neither the hills nor the weather slowed Todd Coffin down as he broke his own course record. This is one of those old fashioned high value race. No pre-registration, cheap registration fee and great cookies afterward. Course is not certified.

8	res	ults courtesy of race	director	Gene Rov	15	Mark Ranco	31	29:22	30	Karin Killmer	25	34:33*
	1	Todd Coffin	32	22:42	16	Doug Ludwig	54	29:26	31	Carlton Mendell	72	35:09
	2	Tom Thibeau	35	24:41	17	Pete Davidson	30	29:59	32	Rick Lane	46	35:42
	3	Barry Fifield	36	25:14	18	Bob Brosius	41	30:23	33	Denny Morrill	54	36:07
	4	Matt Lane	16	25:26	19	Bob Bachorik	49	30:40	34	Andy Mannett	11	36:40
	5	Randy Spencer	32	26:25	20	Peter Bastow	57	30:56	35	Rachel Roy	19	36:59*
	6	Jorma Kurry	22	27:08	21	Ellen Champlin	22	31:22*	36	Wendy Sayres	60	38:25*
	7	Doc Thibeau	39	27:23		John LeRoy	56	31:24	37	Warren Wilson	60	38:37
	8	Newell Lewey	35	27:30	23	Jon Wiley	41	31:59	38	Deborah Pepe	51	42:47*
	9	Colin Tory	22	28:11	24	Karl Brantner	39	32:39	39	Mark Clinch	37	45:46
	10	Bob Strout	38	28:25	25	David Benn	48	32:41	40	Charles Clapper	64	49:38
	11	Richard Scribner	42	25:36	26	Dick Cummings	56	32:48	41	Leona Clapper	63	49:43*
	12		55	28:46	27	Jim Moore	50	33:35	42	Shirley Fenlason	50	53:49*
	13	Phil Pierce	52	28:51	28	Micheal Boucher	39	33:38				
	14	Tim Wildes	16	29:19	29	Will Mannett	13	33:54				

January Thaw 4.5 mile



Dick Cummings, Bob Payne & Phil Pierce



Eileen Champlain & Karin Killmer



At the start. I to r: Barry Fifield, Tom Thiebeau, John Wiley & Todd Coffin



Will Mannett of Norridgewock



Rick Lane of Augusta



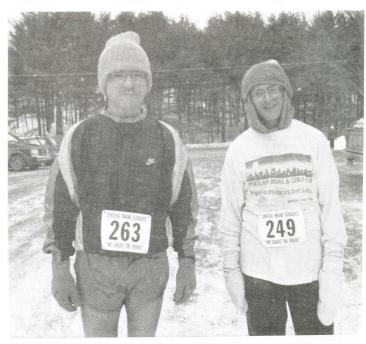
Wendy Sayers won the 60+



Andy Mannett of Norridgewock



You need to be a penguin to work at this race: Tom McGuire, Gene Roy & Ron Paquette



Year round regulars at the races: Bob Brosius of Wayne & Richard Scribner of Gorham