



2010 FRC 5K Turkey Trot/1 Mile Fun Run

Saturday, November 20, 2010 @ the UMF Fitness & Recreation Center

Registration: 8:30-9:30 am

Kid's Fun Run (10 and under): 9:30 am

5K Turkey Trot: 10 am

Age Group Categories

Under 18
19-29
30-39
40-49
50-59
60+

Kid's Run Categories

Under 6
7-8
9-10

*** Awards to the top male and female finisher in each category***

REGISTRATION FORM

Name: _____ Sex: M / F D.O.B. _____ Age: _____

Mailing Address: _____

Email: _____ Phone #: _____

T Shirt size: S / M / L / XL (please circle one) T Shirts to the first 100 registered in the 5K

Pre-Registration Fees:

- ☐ 5K Road Race \$10 (students \$8)
☐ 1 Mile Fun Run/Walk \$2

Race Day Fees:

- ☐ 5K Road Race \$15 (students \$10)
☐ 1 Mile Fun Run/Walk \$5

- ☐ Yes, I am currently enrolled in PHE 010 and will be using this registration form as a "free pass" for one excused absence

☐ I have enclosed a check/money order (checks can be made payable to UMF FRC).

☐ Please charge my credit card. Card # _____

Exp. Date _____ Visa/Mastercard/Discover

Name which appears on card _____

Billing Address _____

Phone Number _____

Signature of card holder _____

Mailing Address: UMF Fitness and Recreation Center, 152 Quebec Street, Farmington, ME 04938 ATTN: Leah Brackett

Photo Release: I hereby grant the UMF FRC permission to use, reproduce, publish, or distribute any photographs, films, videotapes and or sound recordings of me for use in the materials the UMF FRC may create.

Participants Signature: _____

Parent/Guardian Signature (if participant is under 18): _____

I hereby assume all of the risks and hazards incidental to the conduct of said activity. I hereby release, absolve, indemnify, and hold harmless, the University of Maine at Farmington, the UMF Fitness and Recreation Center, and the Fitness Center employees and volunteers from any damage and/or liability arising out of or in connection with the participation in said activity. In the event of injury to myself, I assume responsibility therefore, and hereby waive any and all claims for damages or loss against the University of Maine at Farmington, and the UMF Fitness and Recreation Center and it's employees. The following physical disabilities should be noted: (if none, write "None") _____

Participants Signature: _____ Date: _____

Parent/Guardian Signature (if participant is under 18): _____ Date: _____

