THE INTERVAL

Central Maine Striders



CAMP RAY OF HOPE/NEW BALANCE 5K RACE DONNAJEAN POHLMAN/RON PAQUETTE

September 2008



As the title indicates, the 5k race that was recently held in Skowhegan, benefitted a statewide Hospice program run by Hospice Volunteers of Waterville Area (HVWA) called Camp Ray of Hope. The Camp is a weekend retreat held in September of each year for individuals or families who have experienced a loss from death. Deb Crocker and Jillian Fortin

from HVWA arrived at the New Balance Factory Outlet bright and early with their smiling faces, Camp Ray of Hope brochures and abundant enthusiasm to help make the race an enjoyable experience for all. During the course of the event, a number of people took time to share with Deb and Jillian their own heart felt stories of loss, stories of who they were running the 5K in honor of, and how Hospice volunteers made an impact in during times of grief. Deb and Jillian were very pleased to accept the proceeds which will be used to provide scholarships for those

Carin King

needing some financial assistance to attend the

Very often runners who pay a fee to run in races have little idea what happens to the money collected at registration. A long standing role of the Central Maine Striders has been to support races that not only give local participants an opportunity to run in an organized race but also benefits community service organizations. The 5K is a perfect example of this service. In the case of the Skowhegan race, having New Balance manager, Vanessa Ellis, and her

30:22*

(Continued on page 2)

NEW BALANCE 5K - SKOWHEGAN - 8/23/08									
16:23	32	Mark Alex	24:19	63					

i.	Coley Deali	10.23	02	AVALUATE A ARTON				
2	Sam Seekins	17:17	33	Mark LaGross	24:24	64	Amy Johnston	30:31S*
3	Marco Gudino	17:38	34	Brooke Murphy	24:42*	65	Paul O'Shea	31:24
+	Matt Mcclintock	18:45	35	Riley Jones	24:59	66	Paula Sawyer	31:31*
5	Mike Brooks	18:59S	36	Peter Bastow	25:05	67	Ed Ferreira	31:33S
5	Colby Levesque	19:20	37	Catherine Johnston	25:20S*	68	Cassie Billington	31:51*
7	Caitlin Malloy	19:26*	38	Mark Deering	25:29	69	Melanie Arias	32:18*
3	Joe Bertolaccini	19:31	39	Lisa Smith	25:38*	70	Paula Arias	32:18*
)	Scott Havu	19:50	40	Michael LeClair	25:54	71	Brooke Libby	32:21*
0	Thatcher Newkirk	19:56	41	Nathan Violette	26:01	72	Shakera Wone	32:27*
1	James Cassidy	20:38	42	Brent Violette	26:02S	73	Renee Ashton	32:29*
2	Ralph Fletcher	21:08	43	Jennifer Deering	26:05*	74	Alana Oliver	32:30*
13	Erik Seastead	21:16S	44	Nancy Mills	26:27S*	75	Hillary Maloon	32:31*
4	Danny Michaud	21:24	45	Kate Reynolds	26:36*	76	Megan Leibowitz	32:32*
5	Jon Chapin	21:35S	46	Alan Reynolds	26:36	77	Brittany Glencross	32:45*
6	Adam LeClair	21:40	47	Jim Moore	26:52S	78	Ashley Kitchin	32:46*
17	Allison Dorko	21:41*	48	Lindsey Kandiko	26:56*	79	Allie sinclair	32:47*
18	Vinny Salvato	21:48	49	Jennifer Pellerin	26:59*	80	Monique Dionne	33:10*
19	John Nicholson	22:15	50	John Cayford	27:20	81	Whitney Houston	33:20*
20	Anthony Shay	22:24	51	Robert Long	27:24	82	Picabo Morrell	33:25*
21	Blaise Kandiko	22:28	52	Jeanne Shay	27:29*	83	Natasha Wallace	33:26*
22	Nicole Morissette	22:34*	53	Doug Allen	27:31S	84	Tiffany McLaggan	33:27*
23	Hannah Allen	22:42S*	54	Mike Brooks	27:45S	85	Cassie Brown	33:29*
24	Christopher Schrader	22:55	55	Adriana Walsh	27:50*	86	Anna Klein	33:54*
25	Christopher Smith	22:58	56	Brady Crosby	27:51	87	Katie Dostie	33:58*
26	Joey Dupuis	23:04	57	Wayne Cyr	28:14	88	Felipe Arias	33:59
27	Melanie Collins	23:09*	58	Kyle Pellerin	28:19	89	Mike Berube	34:43
28	Justin McKenna	23:35	59	Scott Boulette	28:25	90	Becky McKenna	35:04*
29	Robert Johnston	23:45S	60	Keith Curtis	28:26S	91	Amy Boulette	36:50*
30	Charles Sawyer	23:52	61	Kate Cooley	28:27*	92	Bruce Farrin	50:44W
31	Susan Brooks	24:14S*	62	Stephen Tyks	29:06	93	Rosemary Alex	62:10W