

Maine Track Club Member Letters..

DINO JOANNIDES.. The past 2 years that I ran the 1/2, we had torrential rain. Despite the rain our spirit was not dampened as the course winds along the carriage trails of Acadia National Park. The race is limited to 400 runners to minimize impact to the carriage trails. The scenery along with the support provided by the MDI YMCA plus the comradeship of the runners (and local fans) make this race one of my favorites.

A month after completing the Bar Harbor 1/2 it was time to revisit Bar Harbor for the start of the MDI Marathon. The race starts in Bar Harbor and continues to Seal Harbor working its way towards North East Harbor tracking along Somes Sound and finishing in South West Harbor. As a veteran Marathozer, I can unequivocally attest to the fact that this is one of the most scenic marathon courses in the Country! The course elevation is somewhat more challenging than Boston but due to the brilliance of the fall foliage, the hills were barely noticeable. *Photo by Action Sports International*



Joannides Dino 0102 2006