

MEMBER PROFILE

By John Woods

Ruth Hefflefinger

"Member Profiles" will try to show the backbone of MTC; the people who make it possible for MTC to be not just an excellent social club, but also a highly professional race management organization and a public service. A public service in that it encourages participation by all in outdoor athletics and supports, with its expertise, numerous local charities. Less than 10% (which is very high) of our total membership makes all this possible.

Our first victim is Ruth Hefflefinger.

Ruth is our Membership Chair. She reorganized and updated the lists, which she now maintains on a current basis. She developed and took over a method of sorting, stamping, and mailing the Newsletter, making the Editor's job less burdensome.

In her four years with MTC Ruth has worked at innumerable races doing "whatever I am told to do", which includes registration, traffic control, water stops, and finish line. She has helped organize functions and has contributed refreshments at meetings.

Ruth started running about ten years ago with the U. of Maine "Lifeline" program. She now runs four or five days a week, 20 - 25 miles, mostly with a MTC group at 6 AM. She competes in about 6 races a year.

She works in the off-campus instruction program at U. of Maine in Portland. She and Ray have three sons, David, Bob, and Carl who live in San Francisco, Granberry, Texas, and Amherst, N.H. There are two grandchildren.

Ruth will become a "grown-up" this March and predictions are that she will absolutely devastate the 60+ age group.

Hefflefinger Ruth 0203 1989

(l) Jackie
Gallant
(r) Ruth
Hefflefinger
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