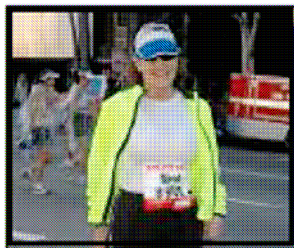


ANITA HAMPTON... I am the runner in the family and Scott is my support. He enjoys riding vs. running and will ride along with me when I do my long runs. I just recently ran the LA Marathon on March 19 and before that the Las Vegas Marathon on December 4. So far, I have run seven marathons since I started doing them in 2002 after I turned 50! Before that I would just run 5K and 10K races thinking that the 10K races were so long!! Now I'm hooked on marathons and try to space them out as best I can. Not sure how many I want to run, but they keep me in shape and in training mode to be able to run my other races. I have always enjoyed running – since way back as a kid. About 12 years ago, I started running 5K's and just got hooked with running all over again. My only problem is that I work full time so it's a challenge finding the time to run. We have been living in Maine for a year and a half now and previously lived in Utah for 12 years. I was born and raised in California and all my family – Mom, sisters, brothers, kids and grandkids – still live there. I really enjoy running and try to encourage others to take it up to stay in shape. I joined MTC in hopes of finding some running partners (never had one) and pick up training tips from other runners.



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