Ryan Dyer ran strong this past year. He placed 1st in the 5K House to Hope Run with a time of 17:52 and logged a super time of 18:53 in the Burn off the Turkey 5K and completed the Memorial



completed the Memorial Day Mile in an

20 NEWS RUN

March/April

astounding 5:03. The Maine Track Club is proud to honor Ryan.

Dyer Ryan 0304 2005