

Happy 50th Birthday, George

The following item was submitted by Ruth Conly, husband of MTC member George Conly:

George Conly will be having a milestone birthday in April, and he's handling it pretty well, about as well as any of us have. Jogging is a big part of his life. He has run numerous road races over the years.

George made running a marathon before he was 50 one of his goals. In 1996, he ran the NYLCare Maine Marathon. His goal was to finish, and that he did after a little over four hours. It was not easy for George to do this, because he was running with a pin in his left leg. Two years earlier, he broke his leg playing racquetball. He was faced with a decision: Have a pin placed in his leg, which would allow him to get up and around quicker, or have his leg placed in a cast, which would have made him immobile for a while. The doctor recommended a pin because George was healthy and active, so it was decided that he would have the pin put in.

Withing two weeks, he was driving his truck back and forth to work, and a short time after that, with the doctor's approval, he was back jogging again. Two years and many miles later, George was having some pain from screws that had broken off around his knee and ankle. He had another decision: Deal with the pain or have the pin removed, which would mean more surgery. The surgery was done last November. George has wondered from time to time if he made the right decision, because he still has some pain. Through it all, he keeps jogging because he loves it. Now the pain has subsided some, or perhaps he has just learned to live with the discomfort.

George's persistence and his enthusiasm for jogging is what keeps him going. As his wife, I admire him tremendously. He is a great inspiration for his kids.

Keep up the good job, and happy birthday to you!

ConlyGeorge 04 1989

We need your input