

MEMBER PROFILE

PETER BASTOW

Our newly elected President, Peter Bastow, can be easily recognized at meetings by his easy smile and his ever-present saddle shoes, in keeping with the presidential preppy mode of George Bush. Peter was an outstanding Vice President last year, providing us with a variety of informative speakers and events. I spoke with Peter by phone last week and delved into his history. Thought somewhat hesitant at first, our interview warmed up when Peter started talking about his running career.

A native of Oakland, Maine, a small town near Waterville, Peter grew up playing varsity and junior varsity sports. His love of athletics carried through his college career at Bowdoin and UMO, where he played baseball under Coach Jack Butterfield. After graduating from UMO in 1959, Peter worked as a teacher and later a principal in the York school system. It was around this time that he married his wife, Jan, whom he met as a Senior in college. Jan and Peter soon moved to Gorham, where Peter was appointed Guidance Director at Gorham Junior/Senior High School. There he coached both varsity baseball and cross country for the Junior High. While at Gorham, Peter played basketball in an educator's league. After receiving a particularly vicious blow during a game, Peter began to rethink his athletic options. Running started to look better and better.



**PETER BASTOW, PRESIDENT OF
THE MAINE TRACK CLUB.**

1979 was the first year Peter began to run seriously and keep a log. Intrigued by the thought of racing, he turned out one freezing January day at SMVTI for his first road race. It was 5 degrees, the winds were 30 mph; but he had a good, in spite of the icicles on his eyebrows. Looking around he thought to himself, "there are a lot of kooks out here, this isn't bad!"

Since 1979, Peter has run over 15,000 miles including 10 marathons. His best marathon time was recorded at the 1982 Maine Coast Marathon, where he finished in 2:59:03. He also had two terrific finishes at the Boston Marathon in 1981 and 1985. Four or five years ago Peter was sidelined with knee problems which required arthroscopic surgery. Since then he has cut his mileage and now runs four to seven miles three or four days a week.

The Bastows have two grown children; Judy, 27 and Peter, Jr., 25. Though Peter, Jr. does not run, Judy ran track at Greely High School and has recently started running again. She beat her father in November at the Thanksgiving 4 Miler, a fact he proudly reports.

When asked about his goals for his term as President of the MTC, Peter immediately mentions new races for Masters runners. Another priority is expanding and involving the membership in all aspects of club activities, especially race related events.

Having established a Race Committee to assist Race Committee Chairman Charlie Scribner, Peter's top priority remains the promotion of top-notch races. He plans to be there for as many as possible. "I'll be a running President," he states confidently. "I can fulfill all my commitments and still do all the races I want."

RUNRUNRUNRUNRUNRUNRUNRUNRUNRUN

RUNNING SHORTS

1990 MTC FIRST TIME MARATHONERS

Tom Atchison	Twin Cities	3:59:13
Kathy Beauregard	Sugarloaf	3:59:00
John Bird	Marine Corps	3:22:00
Roger Dionne	Pine Tree	4:25:15
Stephanie Fischer	Pine Tree	3:41:46
Scott Fone	Sugarloaf	3:40:04
Carol Gillis	Pine Tree	4:03:54
Doris Healey	New York	5:03:57
Linda Hunt	New York	5:23:55
Steven Jacobsen	Marine Corps	4:21:15
Thomas Kirby	Pine Tree	4:26:04
Diana Laskey	Marine Corps	4:16:02
Michele Ohman	Pine Tree	3:35:14
Carol Pierce	Delta Dental	4:03:29
Charles Snekvik	Sugarloaf	3:03:37
Patti Tableman	New York	4:07:42
Malcolm Washburn	Pine Tree	3:12:44

CONGRATULATIONS!