



ALLENTom 1112 1990

*Top: Paul D'Amboise, Dennis Tetreault(Bay Club)Rick Meinking. Bottom: Rick Strout Tom Allen.*

02 1994



*Tom and Brad Allen*



*Tom Allen, 5K Turkey Trot*

02 1994



2007

Tom Allen was a former MTC member who was an active runner from the 1970's to the 1990's and still runs in road races. He has not been a MTC member for five to ten years. He ran all the Casco Bay Marathons. (Photos by Penta) Don Penta



Photo Courtesy of Beth Rand of Cape Elizabeth