

13th ANNUAL LITERACY VOLUNTEERS

FIVE KILOMETER ROAD RACE

FALMOUTH, MAINE JUNE 27, 2004 9:AM

RACE	DIV/TOT	NO.	DIV	TIME	PACE	NAME	AGE	S	CITY
1	1/7	337	M2029	16:51	5:27	Paul Johnson Jr	26	M	Standish
2	1/29	296	M4049	17:27	5:33	Mike Simensky	42	M	Falmouth
3	2/7	315	M2029	17:32	5:40	Blaine Moore	24	M	Portland
4	2/29	307	M4049	17:36	5:41	Hans Brandes	45	M	Falmouth
5	3/29	294	M4049	17:40	5:42	David Chamberain	42	M	Falmouth
6	4/29	325	M4049	17:45	5:44	Mike Pratico	42	M	Falmouth
7	3/7	313	M2029	18:13	5:53	Adam Zukowski	22	M	Gray
8	5/29	311	M4049	18:22	5:55	Steve Strout	41	M	Scarborough
9	1/7	329	M1419	18:25	5:57	Eric Nevers	14	M	Gorham
10	6/29	348	M4049	18:58	6:03	Paul Toohey	46	M	Scarborough
11	1/16	362	F4049	19:02	6:09	Dottie Michaud	47	F	Scarborough
12	4/7	207	M2029	19:04	6:10	Wade Millett	26	M	Alfred
13	1/26	299	F3039	19:05	6:10	Amy Kretz	33	F	Westbrook
14	2/7	265	M1419	19:06	6:10	Steve Desjardins	18	M	Cumberland
15	7/29	353	M4049	19:08	6:11	Will Lund	49	M	Portland
16	8/29	211	M4049	19:16	6:13	Alan Taylor	40	M	Standish
17	3/7	264	M1419	19:17	6:14	Mike Desjardin	18	M	Cumberland
18	4/7	288	M1419	19:21	6:15	Brecht Moulin	15	M	
19	9/29	323	M4049	19:23	6:15	Peter Vincent	47	M	Bolton
20	10/29	345	M4049	19:24	6:15	Chris Salamone	44	M	So Portland
21	1/16	267	M3039	19:28	6:17	Scott Hornney	38	M	Yarmouth
22	1/4	248	F1419	19:29	6:13	Kaitlynn Saldanha	15	F	Scarborough
23	11/29	214	M4049	19:32	6:19	Randall Tuttle	45	M	Portland
24	12/29	351	M4049	19:34	6:19	Richard Bryant	46	M	Cape Elizabet
25	5/7	304	M2029	19:43	6:22	Duane Hinds	28	M	Bath
26	2/16	356	M3039	19:45	6:23	Andrew Price	30	M	Portland
27	13/29	235	M4049	19:48	6:24	Kevin Gile	46	M	
28	2/16	289	F4049	19:51	6:25	Veerle Pottie	41	F	
29	5/7	301	M1419	19:54	6:25	Thomas McCarthy	17	M	Scarborough
30	1/17	320	M5059	19:56	6:25	Kevin Burns	50	M	Yarmouth
31	2/17	245	M5059	20:03	6:29	Steve Moriaty	54	M	Cumberland
32	14/29	360	M4049	20:15	6:32	Dan Simpson	46	M	Standish
33	6/7	321	M2029	20:16	6:33	Aaron Fox	25	M	Kennebunk
34	3/16	346	F4049	20:17	6:33	Dora Rex	41	F	Gorham
35	6/7	364	M1419	20:20	6:34	Charlie Keaton	15	M	Portland
36	3/16	349	M3039	20:26	6:35	Adolfo Lim	33	M	San Lorenzo
37	1/12	297	F2029	20:28	6:37	Katherine Reid	28	F	Kennebunkport
38	4/16	312	M3039	20:29	6:37	Richard Hartford	35	M	Dalton
39	5/16	270	M3039	20:31	6:33	Mark Hare	38	M	Cape Elizabet
40	3/17	238	M5059	20:31	6:33	John Carberry	50	M	Brookfield
41	15/29	352	M4049	20:40	6:40	Matt Flynn	42	M	Cape Elizabet
42	16/29	293	M4049	20:44	6:42	Donald Stowell	49	M	
43	2/26	221	F3039	20:52	6:44	Sarah Marble	37	F	Buxton
44	4/17	306	M5059	21:02	6:43	Clayton Peters	58	M	South Portlan
45	6/16	213	M3039	21:07	6:49	Mort Soule	37	M	Portland
46	7/16	302	M3039	21:08	6:50	Steve Leeman	36	M	Scarborough
47	5/17	285	M5059	21:10	6:50	Harry Nelson	50	M	
48	17/29	256	M4049	21:14	6:51	Steve Rollins	42	M	Bowdoinham
49	3/26	266	F3039	21:19	6:53	Regan Hornney	39	F	Yarmouth
50	18/29	219	M4049	21:22	6:54	Peter Black	49	M	Annandale

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RACE	DIV/TOT	NO.	DIV	TIME	PACE	NAME	AGE	S	CITY
51	2/4	322	F1419	21:25	6:55	Kalie Dunn	17	F	Yarmouth
52	2/12	319	F2029	21:26	6:55	Meghan Burns	21	F	Yarmouth
53	19/29	354	M4049	21:30	6:57	Doug Pride	40	M	Falmouth
54	4/26	326	F3039	21:33	6:53	Bridget Douglas	33	F	Falmouth
55	20/29	363	M4049	21:35	6:53	Chuck Massie	49	M	Saco
56	4/16	339	F4049	21:44	7:01	Kim Bonsey	41	F	Falmouth
57	6/17	318	M5059	21:50	7:03	David Dowling	50	M	North Yarmout
58	8/16	210	M3039	21:57	7:05	Brent Graham	34	M	Cape Elizabet
59	5/26	340	F3039	22:09	7:09	Jacqueline Nearing	31	F	N Yarmouth
60	6/26	244	F3039	22:20	7:13	Catherine Corey	39	F	South Portlan
61	7/26	303	F3039	22:24	7:14	Leah Gelher	34	F	Durham
62	7/17	241	M5059	22:26	7:15	John Lightbody	58	M	Falmouth
63	3/12	295	F2029	22:26	7:15	Lisa Lightbody	24	F	Falmouth
64	8/26	343	F3039	22:41	7:20	Amy Detgen	33	F	Portland
65	9/16	276	M3039	22:44	7:20	Tae Chong	36	M	Portland
66	5/16	350	F4049	22:46	7:21	Connie Hallett	45	F	Falmouth
67	6/16	227	F4049	22:48	7:22	Kimberly Wood	43	F	Westbrook
68	4/12	206	F2029	22:49	7:22	Jamyn Mooney	25	F	Portland
69	21/29	272	M4049	22:52	7:23	Kevin Robertson Jr	48	M	Yarmouth
70	9/26	334	F3039	22:54	7:24	Sandrine Micoleau	32	F	Portland
71	7/16	247	F4049	22:57	7:25	Gail Saldanha	48	F	Scarborough
72	8/16	330	F4049	23:01	7:25	Lisa Despres	41	F	South Portlan
73	10/26	281	F3039	23:05	7:27	Jane Goodman	31	F	
74	22/29	223	M4049	23:13	7:30	James Heginbotham	40	M	Elyria
75	8/17	314	M5059	23:14	7:30	Bob Zukowski	53	M	Gray
76	9/17	308	M5059	23:16	7:31	Roy Rosenberg	54	M	Cape Elizabet
77	9/16	246	F4049	23:18	7:31	Tracy Dostie	40	F	Standish
78	23/29	347	M4049	23:20	7:32	Pete O'Donnell	42	M	Portland
79	10/17	258	M5059	23:24	7:33	James Pizzo	57	M	Portland
80	11/26	332	F3039	23:29	7:35	Nicole Lessard	33	F	Portland
81	12/26	333	F3039	23:31	7:35	Heather Karoli	31	F	Portland
82	7/7	283	M1419	23:39	7:33	Scott snow	19	M	
83	13/26	500	F3039	23:40	7:39	Pam DeNutte	38	F	South Portlan
84	14/26	240	F3039	23:43	7:40	Lisa Merrill	31	F	South Portlan
85	24/29	344	M4049	23:46	7:40	Harry Center	41	M	Freeport
86	10/16	336	M3039	23:51	7:42	Andrew Steinberg	38	M	So Portland
87	25/29	342	M4049	23:52	7:42	Bill Breem	40	M	Waltham
88	3/4	368	F1419	23:54	7:43	Abigail Iselborn	14	F	Portland
89	15/26	361	F3039	23:54	7:43	Kelly Gayle	31	F	Portland
90	16/26	300	F3039	23:55	7:43	Laurel Brady	34	F	South Portlan
91	11/17	324	M5059	24:00	7:45	Jim Thornton	55	M	Brunswick
92	5/12	309	F2029	24:01	7:45	Stephanie McLarty	28	F	Raymond
93	26/29	220	M4049	24:04	7:45	David Black	42	M	Scarborough
94	10/16	355	F4049	24:05	7:47	Kelleryn Wood	40	F	Windham
95	12/17	287	M5059	24:09	7:43	Ned Ayers	54	M	
96	7/7	369	M2029	24:16	7:50	trevor Slater	27	M	Portland
97	1/6	218	M6099	24:17	7:50	Ronald Chase	63	M	Durham
98	13/17	230	M5059	24:32	7:55	Mike Brooks	58	M	Danville
99	2/6	229	M6099	24:37	7:57	Alan Ramsdell	63	M	Portland
00	11/16	328	F4049	24:40	7:53	Helen Cheney	49	F	Cumberland

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PLACE	DIV/TOT	NO.	DIV	TIME	PACE	NAME	AGE	S	CITY
101	27/29	204	M4049	24:53	8:02	Joseph Cook	49	M	Westbrook
102	28/29	232	M4049	24:57	8:03	Alan Nye	49	M	Portland
103	12/16	233	F4049	25:00	8:04	Liz Wyman	41	F	Falmouth
104	13/16	263	F4049	25:01	8:05	Brenda Day	41	F	Brunswick
105	1/7	291	F5059	25:26	8:13	Bernadette Zimmerma	54	F	
106	11/16	224	M3039	25:35	8:15	Dan McKeown	37	M	Scarborough
107	1/1	243	M0113	25:39	8:17	Matt Goldstein	11	M	Falmouth
108	6/12	317	F2029	25:54	8:22	Tia Sidelinger	21	F	Richmond
109	7/12	251	F2029	26:06	8:25	Angela Henry	29	F	Cape Elizabeth
110	8/12	252	F2029	26:06	8:25	Rebecca Jacques	24	F	Cape Elizabeth
111	17/26	366	F3039	26:17	8:29	Lauren Donovan	36	F	Portland
112	9/12	257	F2029	26:32	8:34	Sarah Mason	27	F	Portland
113	14/16	242	F4049	26:37	8:35	Nancy Goldstein	45	F	Falmouth
114	14/17	268	M5059	26:39	8:35	Charles Ouillette	58	M	Scarborough
115	15/16	310	F4049	26:41	8:37	Karen Gross	43	F	Augusta
116	2/7	316	F5059	26:44	8:33	Mary Ann Zukowski	54	F	Gray
117	18/26	239	F3039	27:09	8:45	Lynda Lawence	38	F	North Yarmouth
118	15/17	298	M5059	27:12	8:47	Gil Medor	51	M	
119	3/7	262	F5059	27:21	8:50	Laurie Davis	52	F	Falmouth
120	12/16	367	M3039	27:22	8:50	Greg Reid	37	M	Portland
121	19/26	249	F3039	27:27	8:52	Julie Corbeau	39	F	Scarborough
122	29/29	274	M4049	27:49	8:59	Charles Summer	44	M	Portland
123	13/16	284	M3039	28:18	9:03	Donald Ewing	37	M	
124	20/26	358	F3039	28:26	9:11	Angelique Murray	33	F	Portsmouth
125	14/16	357	M3039	28:27	9:11	Michael Murray	33	M	Portsmouth
126	21/26	271	F3039	28:29	9:12	Janice Pompeo	30	F	Gorham
127	22/26	237	F3039	28:48	9:13	Bonney Brown	34	F	Standish
128	4/4	201	F1419	28:51	9:19	Stephanie Bisesti	19	F	Windham
129	4/7	286	F5059	28:55	9:20	Kitty Breskin	54	F	
130	23/26	261	F3039	29:07	9:24	Kristen Wolf	30	F	Cape Elizabeth
131	10/12	341	F2029	29:34	9:33	Erica Rice	29	F	Portland
132	3/6	260	M6099	30:06	9:43	Nilsa Guerin	60	M	Biddeford
133	4/6	269	M6099	30:37	9:53	Martin Steingesser	67	M	Portland
134	24/26	254	F3039	30:57	10:00	Irene Stapleford	36	F	Portland
135	15/16	253	M3039	30:58	10:00	Bryan Owen	38	M	Portland
136	11/12	290	F2029	31:11	10:04	Jill Zimmerman	22	F	
137	5/7	359	F5059	31:12	10:04	Gail Goza-MacMullan	52	F	No Yarmouth
138		305		31:19	10:07	Roger Severance	70	M	Boothbay Harb
139	25/26	255	F3039	31:20	10:07	Tracy Street	38	F	Penobscot
140	5/6	331	M6099	31:54	10:13	David Body	66	M	Portland
141	6/7	335	F5059	32:09	10:23	Debbie Bornstein	50	F	Portland
142	7/7	327	F5059	33:08	10:42	Elizabeth Miller	50	F	Portland
143	16/16	365	M3039	33:31	10:49	Jon Goodman	34	M	Portland
144	6/6	212	M6099	33:48	10:55	Lennie Stack	68	M	Westbrook
145	16/17	231	M5059	34:01	10:59	John Ouillette	56	M	Yarmouth
146	1/1	228	F6099	35:52	11:35	Pat Buckley	66	F	Portland
147	26/26	292	F3039	36:56	11:55	Lindsay Fowler	34	F	
148	16/16	338	F4049	37:08	11:59	Sara Roberts	46	F	Farmington
149	12/12	203	F2029	39:12	12:39	Katie Hawkins	21	F	South Portlan
150	17/17	200	M5059	43:17	13:53	Donald Penta	58	M	Windham

LITERACY VOLUNTEERS



13TH ANNUAL 5K ROAD RACE

SPONSORS:

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the FORECASTER

5K Road Race

Sunday, June 27, 2004

Start: 9 AM, Portland Athletic Club (196 US Rte 1, Falmouth)

COURSE: A fast, flat 5K run down Route One, toward Martin's Point and back.

COMPUTERIZED TIMING: by *Split Time Race Management*

TAC Certification #: ME 95004WN

ENTRY FEE: \$10 in advance • \$12 on day of the race. Checks to: *Literacy Volunteers*.

PRE-REGISTRATION: Pre-registration ends Friday, June 25. There will be no confirmation of your acceptance. Numbers and T-shirts will be distributed at registration booth on race day.

ON-LINE REGISTRATION: Available at www.active.com

RACE DAY REGISTRATION: 7:30AM-8:45AM at Portland Athletic Club, 196 US Rte 1, Falmouth

AWARDS CEREMONY AND REFRESHMENTS: 10:00 A.M. at the finish line.

DIVISIONS: Awards given to the first over all, female and male, and to 1st and 2nd male & female in each of the following divisions. •13 & under • 14-19 • 20-29 • 30- 39 • 40-49 • 50-59 • 60+

ADDITIONAL RACE INFORMATION: Call 774-4219.

TO PRE - REGISTER FOR ROAD RACE

- Detach, fill out and sign the registration form at the bottom of the page.
- Include registration form and check, (Payable to: **Literacy Volunteers**) for \$10.00.
- Mail to: Literacy Volunteers, *Road Race*, P.O. Box 8585, Portland, ME 04104.

FREE

AWARD
WINNING
TEE SHIRT

FOR FIRST 50
REGISTRANTS

Name _____

Address _____

City/State/Zip _____ Phone _____

Age on day of race _____ Sex _____ T-shirt size _____

How did you find out about the race? _____

NO PETS, BABY STROLLERS, HEADSETS OR ROLLER BLADES.

I assume all risks associated with running this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat/ or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read the waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Literacy Volunteers and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.