

Race Results / Photo Clips

2003 Physical Therapy 8K -- Brunswick, Maine -

October 19, 2003

Maine Track Club Finishers:

Place/Name	Ag/S	Town	Time	Pace
9 Floyd Lavery 3,40-49	46 M	Gorham	30:19	6:06
13 Tom Menendez 1,50-59	50 M	Lewiston	31:10	6:17
27 David Colby Young	51 M	Danville	33:38	6:46
32 Carol Weeks 1,50-59	54 F	Kennebunk	34:35	6:58
39 Mallory Vaccaro	30 F	Yarmouth	35:33	7:10
44 Lloyd Slocum 1,70&+	70 M	Hollis	35:55	7:14
45 Paula Jean Lunt	37 F	Tenants Harbor	35:57	7:14
49 Jeffrey Preble	49 M	Gardiner	36:09	7:17
51 Valerie Abradi 2,40-49	43 F	Lisbon	36:10	7:17
61 Bob Whitney	50 M	West Bath	37:23	7:32
67 Ron Pelton	50 M	Freeport	37:43	7:36
75 Getty Payson 3,40-49	42 F	Falmouth	38:51	7:49
85 Ronald Chase	62 M	Durham	40:12	8:06
108 Jim Tyrrell	56 M	Cape Elizabeth	41:59	8:27
112 Cathy Burnie 3,50-59	54 F	Cumberland	42:17	8:31
123 Laura Tyrrell	56 F	Cape Elizabeth	44:09	8:53
127 Robert DeWitt	59 M	Lisbon	44:19	8:55
137 Ryan Abradi	15 M	Lisbon	47:28	9:33
140 Beth Branson 2,60-69	62 F	Scarborough	48:04	9:41
141 Bob Branson	62 M	Scarborough	48:05	9:41
150 Roberta Bass	51 F	South Portland	49:32	9:58
153 Deb Riggins	43 F	Brunswick	50:27	10:09
154 Karen Connolly	44 F	Hollis	50:47	10:13
170 Catherine Saltz	39 F	Portland	55:34	11:11
171 Carlton Mendell 2,70&+	82 M	Portland	56:46	11:26
173 Julius Marzul	77 M	Gorham	70:10	14:07
174 John Woods	85 M	Harpswell	70:35	14:12
175 Robert Connolly	48 M	Hollis	78:36	15:49

2003 34th Annual Turkey Trot 5K - Cape Elizabeth, Maine - November 15, 2003

Maine Track Club Finishers:

Place/Name	Ag/S	Town	Time	Pace
9 Tom Ryan 2,45-49	48 M	Cape Elizabeth	17:26	5:37
10 Hans Brandes	45 M	Falmouth	17:28	5:38
15 Scott Heffernan 2,35-39	37 M	Scarborough	18:01	5:48
20 Steve Reed 1,55-59	55 M	Wiscasset	18:20	5:54
22 Floyd Lavery	46 M	Gorham	18:35	5:59
24 Aaron Bishop	31 M	Falmouth	18:44	6:02
32 Jeff Rand	43 M	Cape Elizabeth	19:19	6:13
33 Joseph Wagnis	30 M	Steep Falls	19:21	6:14
35 Brendan Flynn	15 M	Cape Elizabeth	19:24	6:15
40 Will Lund	48 M	Portland	19:53	6:24
42 Michael Musca	46 M	Falmouth	20:05	6:28
45 Carrie McCusker 2,over.	34 F	Cape Elizabeth	20:19	6:33
46 David Young 2,50-54	51 M	Danville	20:22	6:33
49 Richard Bryant	45 M	Cape Elizabeth	20:30	6:36
57 Brian Cliffe	43 M	Cape Elizabeth	20:47	6:42
62 Lloyd Slocum 1,70&+	70 M	Hollis	20:56	6:45
64 Bob Coughlin	64 M	Cape Elizabeth	20:58	6:45
66 Stephanie Atkinson 2,30-34	32 F	Hollis	21:00	6:46
73 Phil Pierce	62 M	Falmouth	21:19	6:52
89 Matt Rand	12 M	Cape Elizabeth	21:46	7:01
92 Carol Weeks 1,50-54	54 F	Kennebunk	21:53	7:03
102 Jeffrey Preble	50 M	Gardiner	22:09	7:08
111 Harry White	61 M	Scarborough	22:19	7:11
112 Mark Grandonico	44 M	Portland	22:21	7:12
114 Beth Rand	43 F	Cape Elizabeth	22:26	7:14
121 Michael Mills	41 M	Arundel	22:40	7:18
127 John O'Brien	38 M	Portland	22:50	7:21
129 Terence Musca	14 M	Falmouth	22:53	7:22
135 Robert Randall 1,65-69	66 M	Springvale	23:03	7:26
137 John Morse	58 M	Phippsburg	23:06	7:26
139 Valerie Abradi	43 F	Lisbon	23:14	7:29
142 Howard Spear	53 M	Westbrook	23:21	7:31

150 Loren Lathrop	54 M	South Portland	23:36	7:36
159 Getty Payson	42 F	Falmouth	23:48	7:40
160 Ogdan Williams	47 M	Cape Elizabeth	23:49	7:40
164 Stacy Cimino	29 F	Cape Elizabeth	23:53	7:42
166 Martha Lippa	44 F	Cape Elizabeth	23:56	7:42
167 Ronald Owens	60 M	Scarborough	23:57	7:43
168 Rick Abradi	45 M	Lisbon	24:00	7:44
175 Tony Salamone	54 M	Gorham	24:13	7:48
192 Becky Foner	16 F	Cape Elizabeth	24:42	7:57
231 Cathy Burnie 1,55-59	55 F	Cumberland	25:52	8:20
242 Kathleen Reid	34 F	South Portland	26:08	8:25
244 Joan Tremberth 2,55-59	58 F	Scarborough	26:15	8:27
250 Jim Tyrrell	56 M	Cape Elizabeth	26:33	8:33
257 Bob Branson	62 M	Scarborough	26:40	8:35
262 Nan Cumming	42 F	Portland	26:52	8:39
270 Michele Flynn	55 F	Cape Elizabeth	27:13	8:46
273 Thomas Whitcomb	45 M	Cape Elizabeth	27:15	8:47
276 Laura Tyrrell	56 F	Cape Elizabeth	27:17	8:47
287 Michelle Durgin	32 F	Westbrook	27:33	8:52
295 Ryan Abradi	15 M	Lisbon	27:44	8:56
299 Patti Whitcomb	41 F	Cape Elizabeth	27:49	8:57
306 Georgia Smith	13 F	Yarmouth	28:04	9:02
310 Lawrence Perkins	59 M	Portland	28:10	9:04
312 Ray Shevenell	62 M	Cape Elizabeth	28:15	9:06
313 David Barnard	61 M	Yarmouth	28:21	9:08
326 Michael Chadbourne	49 M	South Portland	28:42	9:15
333 Katy MacColl	12 F	Cape Elizabeth	28:55	9:19
334 Sherry Carll	56 F	Gray	28:59	9:20
348 Sandra Walton	39 F	Yarmouth	29:57	9:39
363 Mel Uchenick	72 M	Kennebunk	30:44	9:54
364 Abbi Flynn	11 F	Cape Elizabeth	30:49	9:56
370 Anne Marie Cooke	38 F	South Portland	31:15	10:04
380 Cynthia Barnard	59 F	Yarmouth	31:53	10:16
390 Beth Branson 1,60-64	62 F	Scarborough	32:21	10:25
396 Dennis Morrill	64 M	Portland	32:27	10:27
397 Carlton Mendell	82 M	Portland	32:33	10:29
398 Sandy Utterstrom	59 F	Falmouth	32:35	10:30
403 Cathy McKenney	46 F	Portland	33:07	10:40
406 Sarah Collins	38 F	Portland	33:18	10:43
416 Catherine Saltz	39 F	Westbrook	34:03	10:58
439 Terri Morris 1,70&+	75 F	Scarborough	38:32	12:25
455 William Marzul	79 M	Gorham	41:23	13:20
473 Julius Marzul	77 M	Gorham	47:54	15:25

The 24th Annual Running of the 4.5 Miler "the Thaw" Belgrade, Maine 17 Jan. 2004

Results courtesy of the Central Maine Striders

Maine Track Club Finishers:

Name	Age	Time
6. Ben Maynard	27	0:30:17
11. David Colby Young	51	0:31:35
12. Phil Pierce	62	0:31:37
14. Jeffrey Preble	50	0:32:46
15. Carol Weeks	54	0:32:48
26. Mike Brooks	58	0:38:50
32. Denny Morrill	64	0:47:15
35. Carlton Mendell	82	0:55:14
36. Hazel Wightman	37	1:02:10
37. Julius Marzul	77	1:08:03

9th Boston Prep 16 Mile Race Derry, NH, January 25, 2004

www.coolrunning.com/results/04/nh/Jan25_9thBos_set1.shtml

137 Phil Pierce	1093	62	2/12	M6069	Falmouth Maine	2:03:13	7:43
486 Julius Marzul	1053	77	4/4	M7099	Gorham Maine		