

Run with a friend...

www.mainetrackclub.com

July / August 2003

President's Corner

By Phil Meech

Well, I find myself wondering what to write about for this issue of our newsletter. I mention this to my son, Warren, and my wife, Diane. Warren tells me to write about the time I almost froze my male extremities off during a marathon in St. Louis in 1973. I wore shorts when the temperature was 18 degrees. Warren laughs. Diane tells me I won't be President very long if I do that. So, I will spare you the details.

I consider myself a new-comer to the Maine Track Club. I have only been a member for four years. During my first year as President, I have learned a lot about the MTC. There is much history there. And there are some great people who are willing to be sure that we remember.

Just a few names such as Maggie Soule, Charles Scribner, Mel Fineberg, Sandy Utterstrom, Ruth and Ray Hefflefinger and many more are full of wonderful historical information regarding Maine running. And there is Dick Goodie who wrote a book titled "The Maine Quality of Running (The Best of Maine Running and Races)". I read the book and highly recommend it. Just contact Dick and he will send you a copy.

We are always looking for great races and good running information. This is part of the reason we belong to the MTC. But belonging to this organization helps us to remember, understand and perpetuate the culture of running. I hope you will look at this as an advantage of your membership.

See President on page 2.

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Maine Track Club Team at USAT&F 24-hour run Championships: Carlton Mendell, Phil Pierce, Michael Brooks...
Combined age 197 years; Combined mileage 252.3 miles!

Failing The Post-race Media Test

By Will Lund

The Mother's Day 5K was over, and I was milling around near first base at the Hadlock Field baseball stadium munching on my fourth free PowerBar when a local television reporter and his cameraman approached me.

"Mind if we ask you a few questions about the race?" the reporter inquired.

"Don't mind at all," I replied.

"Isn't this a great, inspirational setting here at Hadlock Field, home of the Portland Sea Dogs?" he asked.

"Well yes, I guess so," I responded. "With the finish line at homeplate, it was kinda fun."

"But doesn't it make all the difference in the world, coming in

See Media Test on page 2.

Maine Track Club Officers And Committee Chairs



Phil Meech, <i>President</i>	839-4946
Mike Brooks, <i>Vice President</i>	783-3414
Mel Fineberg, <i>Past President</i>	774-8868
Carlton Mendell, <i>Treasurer</i>	797-7806
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Mark Grandonico, <i>At-Large</i>	
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Chuck Burnie, <i>Equipment</i>	829-5208
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Bethany Hanley, <i>Promotion</i>	839-4568
Bob Aube, <i>Webmaster</i>	829-5079

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The deadline for submitting articles and material to the newsletter is the 15th of the month prior to the next publication.

The next deadline is August 15, 2003

Virginia Wilder Cross, New Run layout

Media Test continued from page 1.

through the outfield wall, running along the warning track and sprinting down the third base line, with the crowds yelling from the bleachers?"

"Um, yeah, I guess so."

"And isn't it true that you probably wouldn't be here at all but for this great location?"

"Well, er"

At these noncommittal responses, the cameraman's lens started drifting to the right and left, looking for a more cooperative subject.

"Look, there's a mother!" exclaimed the cameraman to the reporter, pointing to a runner holding her infant daughter. The media pair rushed off. I had failed the post-race media test.

The fact is, it was clear to me that this reporter was not a road racer. If the truth be known, those who race do not give a great deal of thought to a race's setting, at least until after the running is done. The finish line can be (and often is) behind a shopping mall (Kittery 5K), on a side road beside a cemetery (April Amble), by the horsetrack at the local fairgrounds (Acton 5K) or in front of a Hannaford's grocery store (Maine Marathon/Half Marathon). Do the runners know where they are? Do they care?

In my opinion, not as much as they care about getting to the finish line in one piece.

In terms of a runner's priorities at the end of a race, I would submit the following, in order of importance:

- 1) not missing the final turn;
- 2) not throwing up;
- 3) catching the person just in front of you; and
- 4) not getting caught by the person just behind you.

The energy needed to focus on these four critical elements takes every ounce of concentration within the runner's oxygen-deprived brain, and leaves little extra with which to enjoy the setting, the scenery or the crowds.

No, the setting is more for the spectators, the sponsors and the media. For the runners, however, the Mother's Day race has other, equally meaningful highlights, including:

- 1) a certified course;
- 2) clearly marked turns and mile markers;
- 3) a wide-open, downhill start;
- 4) plenty of helpful volunteers; and, at the finish line,
- 5) rubdown tables staffed by students from Downeast School of Massage in Waldoboro; and
- 6) plenty of free PowerBars.

President continued from page 1.

And, being the President, I see all the hard work that goes into this organization. Our Directors all must find a way to fit the tasks at hand into their busy lives. And these folks work very hard! Be sure to say "Thanks" to members who are so dedicated as well as to those who make your racing experiences so valuable by volunteering. As your "Joe Average Member" who has taken the extra step, I can tell you it has been worth the ride. I encourage you to take that step for yourselves by going the extra yard and taking on a very rewarding position within the club.

Chrysler PT Cruiser Challenge

By Mike Brooks

The Chrysler PT Cruiser Challenge is really three races: a 15k, 5k, and marathon held in Tampa, Florida in January. The 15k and 5k are held on Saturday and the marathon on Sunday. This race series started last year when all three races were held on the same weekend for the first time.

I was planning on doing the marathon when a friend of mine told me of the "PT Challenge." We both decided to do it along with a another friend from Florida. All the races start and finish within easy walking distance to each other. At packet pick up, I got three separate goodie bags all with t-shirts, timing chips, coupons and other goodies. The expo., pasta dinner and packet pick up are all in this same area. All the races have chip timing, are extremely well organized, are flat and also scenic. Anyone finishing "The Challenge" got a nice windbreaker shirt and a special award along with a marathon finishers medal .

The first race was the 15k at 7:00 a.m. , followed by the 5k at 9:15 a.m. My friend Mike Smith, from Indiana, and I stayed together for both races. The races had about 4,000 runners each. It was about 40 degrees at the start of the 15k and in the 60s at the end of the 5k with sunny skies.

The next morning 6:00 a.m. marathon start was chilly and dark for the 1,000 plus runners. The course was well lit, but it was nice to see the sunrise. The marathon course takes you out to Davis Island then back through different sections of Tampa . It follows Bayshore Blvd. giving you a beautiful view of Tampa Bay. Bayshore Blvd. is also part of the 15k and 5k.

I ran the entire marathon with Mike Smith and Bob Wehr, crossing the finishline with Mike for the third time in two days. Bob and I have run several marathons staying together all the way pushing each other and having a good time (we did Gulf Beaches marathon the next month together). Another Floridian and good friend, Layne Reible, also did the "Challenge" and we saw her many times in the out and back sections of the races managing to smile every time even though she fighting bad coughing spells.

The night before the marathon we all went to Bob's home in Tarpon Springs for an excellent dinner that prepared us for the marathon and then some. Bob and Becky's home sits on a beautiful salt lake where you can watch the fish jumping from his kitchen window.

All of us enjoyed the races and I would recommend it to anyone who wants to combine a winter vacation and running. You could run any combination of races or do just one. There is also a half marathon next year. The Miami Tropical marathon is the next weekend next year if you wanted to make that part of your running vacation too. Last year the Walt Disney marathon was the weekend after and several people I know did that and the "Challenge."

My wife and I stayed at the Radisson Riverwalk which is walking distance to all race events. If you want details, the website is www.tampbayrun.com or give me a call at 207-783-3414 or mjbruns@adelphia.net. I would be happy to answer any questions that I can.

Portland Sea Dogs Mother's Day 5K/ Kids Fun Run



With over 700 entries (644 finishers), the 3rd Annual running has more than doubled in size and is fast becoming one of the best/biggest 5K races in the state. Low entry fees, shirt, game ticket, refreshments, free kids race, free pre/post race massage, unique finish, great volunteers....what more can a runner ask for?

From Howard, Sandy and Mel, we wish to thank all of the volunteers who helped with this race, which numbered in the thirties. As said before, if it were not for volunteers, road races WOULD cease to exist. THANK YOU ALL!!!

Free Ferry Ticket to Peaks Island Here's how...

Larry Dyer is looking for volunteers to help out at the Peaks Island Road Race on July 26. Volunteers are needed for registration and/or to work at the finish line. The race begins at 10:30, so registration volunteers will be asked to arrive around 8 to 8:30, while those working at the finish line can arrive a bit later. Volunteers get a ticket for the ferry and a race T-shirt. If you're interested in helping out, please contact Larry at lldyer@zwi.net.



YMCA Back Bay 5K

"A HUGE thanks to the volunteers who came out in the rain to help at the YMCA Back Bay 5K Race.

This race saw over 150 register that evening (239 finishers) making for a very hectic registration. In addition, the computer entries and results were especially difficult as many entries were wet and so were the bib tear-offs.

It was great to see MTC members pull together to help on an event still *without* an official race director.

Thank you...

Bob Aube

Chuck Burnie

Mary Anne Champeon

Jim Estes

Mel Fineberg

Sherry Grandonico

Steve Lauritson

John and Cathy McKenney

Dottie Michaud

Charlie Scribner

Howard Spear

Sandy Utterstrom

Welcome New Members!

Beth McAdam, Topsham

Stephanie Atkinson, Buxton

Scott Heffernan, Scarborough

Leanne Robbin, Brunswick

Suzy and Tom Ryan Family,
Cape Elizabeth

Sharon Bass, Portland

David and Paisley Saltmarsh,
Springvale

Maine Marathon Needs Volunteers

Plans are progressing for the Sportshoe Center Maine Marathon/Relay/Half Marathon and entries are running slightly ahead of last year, but several key position on the race committee still need to be filled.

Here's a description of the openings:

Water Stop Coordinator: Responsible for communicating regularly with water stop captains and arranging for volunteers to cover all of the water stops (many of the team captains round up their own volunteers, so this part of the job isn't quite as daunting as it might sound). Also supervises the delivery of water and Gatorade to each water stop the morning of the race, and helps set up and take down the water stops.

Portland Traffic Coordinator: Responsible for assigning about 15-20 volunteers to direct traffic and runners at various intersections along the course. This job involves calling volunteers before the race (usually from a list of people who have already offered to volunteer), assigning them to an intersection and giving them instructions.

Relay Coordinator: Responsible for providing instructions to relay teams on topics such as exchange locations, parking and transporting team members to their handoff spot. Also oversees one or two volunteers to work at each of the three relay exchange spots.

We'd like to get these positions filled as soon as possible so that we're not still scrambling to fill them in the weeks before the race. If you're willing to volunteer for one of these positions, or if you think you might be interest but have more questions, please contact **Howard Spear** at racedirector@mainemarathon.com or 856-6496.

Celebrate! July/August Birthdays...



July:

- 1: Gregory Kesich
- 2: Kevin Gordon
- 3: Ward Grossman, Dave Howard, Tike MacColl, Bob Payne, Dale Rines
- 7: Alison Crowe
- 8: Helen Cheney
- 14: Beverly Doughty, Nate Parsons, Deb Stewart
- 17: Kathryn Harris
- 19: John Eldredge
- 21: Bob Lanigra, Ogden Williams
- 23: Larry Kinner
- 26: Cheryl McCall, Linnea R. Olsen
- 28: Laura Tyrrell
- 31: Nick Anasti

August

- 1: Brian Billespie, Hayden Williams
- 2: Jennifer DeSena
- 3: Jeffrey Flynn
- 4: Sara Everest
- 7: Pamela Barker, Tony Salamone
- 8: Matthew Govan
- 9: Nian Lajoie
- 10: Peggy Williams
- 11: Sheila Donahue, Terry Sutton
- 12: Mike Pugh
- 16: Kristen Grandonico
- 19: Michele Dorsey-Brooks
- 20: Diane Dusini, Michael Doyle
- 21: Carolos Philbrick
- 22: Susan Slocum
- 24: Marla Keefe
- 25: Phil Pierce
- 26: Christin Burnham, Michele Flagg
- 29: Lisa Joyce Gale

Attention Graduating High School Seniors

The Maine Track Club

is now accepting applications for the

John Fyalka Memorial Scholarship Awards

Encouraging and supporting young runners with college scholarships

This is a \$300 scholarship to one male and one female high school senior from Maine. Scholarships will be paid to the student's college after the winners have completed one semester.

This scholarship is in memory of John Fyalka Jr., a Maine Track Club member who died in a traffic accident in 1979. Each year John Fyalka Sr. makes a contribution in John's memory. The MTC also contributes to this fund so we can give two scholarships to graduating high school seniors who are selected from the criteria listed below.

- **Selection will be based on:**
Enthusiasm for running
Character
Financial need
- **Applicants must be Maine residents**
- **Entries must be postmarked by August 15, 2003**

To apply for this scholarship:

Write a short essay on why you would like to be considered for this scholarship. Please submit your application to:

John Fyalka Scholarship
Maine Track Club
P.O. Box 8008
Portland ME 04104

Name: _____ Phone: _____

Address: _____ Age on 7/1/2003: _____

City: _____ Zip Code: _____

Parent(s) signature: _____

Name of high school you attended: _____

College you will be attending: _____

College address: _____

Mail to: John Fyalka Scholarship
Maine Track Club • P.O. Box 8008 • Portland ME 04104

Eastern Road Fun Run Scarborough Marsh July 15th

By Dottie Michaud

Join us Tuesday, July 15th, for a relaxing run down the Eastern Road in Scarborough. The run begins on the Pine Point Road and travels through the Scarborough Marsh. The Eastern Road is part of the Eastern Trail Alliance and offers plenty to see.

The run will begin at 6:00 p.m. There is parking just past the Maine Audubon Society, Scarborough Marsh Nature Center. Everyone is welcome. In fact, bring a friend. Runners of all levels and walkers are welcome.

Dinner will follow down the road at Ken's Place, where we can get lobsters, clams, shrimp, hamburgers and hotdogs. There's something for everyone, so don't miss out!

Directions: Route 1 North or South to Pine Point Road (Route 9) in Scarborough. (Dunstan's Corner area). The Maine Audubon Society Nature Center and the trail are on your left.

For more information call Phil Meech (207) 839-4946 or
pmeech@pivot.net or:
smichau2@maine.rr.com

Address Corrections

Please let us know if your address changes. The newsletter is usually mailed by bulk mail and will not be forwarded to you or returned to us.

Thank you.

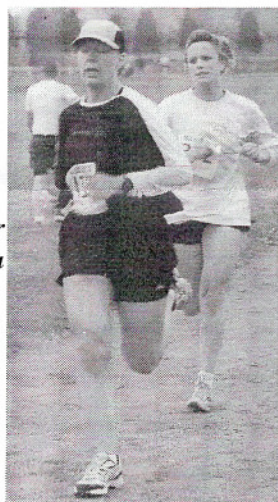
YMCA Back Bay 5K



MTC Chute Volunteers



**Kristen and Mark
Grandonico and Tara
Leslie (#5)**

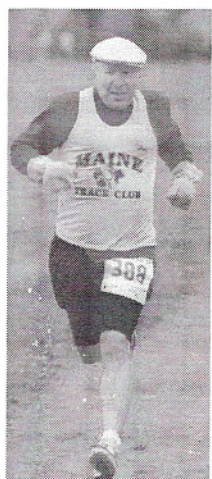


**Scott Badger
Lauri Doustou**



**Dana Banks (#256),
Dennis Smith (#320)**

David Colby Young



Photos by Don Penta

Maine Track Club Finishers:

Place/Name/Age/Sex	Town	Time	Pace
10 Clay Conrad 20 M	No. Yarmouth	28:47	5:46
22 Steve Reed 1,50-5955 M	Wiscasset	31:11	6:15
25 Michael Kimball 49 M	Kittery Pt.	31:39	6:20
27 Floyd Lavery 45 M	Gorham	31:48	6:22
29 Thomas Noonan 31 M	Steep Falls	32:20	6:28
36 Michael Iyer 35 M	Portland	33:53	6:47
39 Lloyd Slocum 1,60&+70 M	Hollis	33:58	6:48
42 Paul Toohey 45 M	Scarborough	34:32	6:55
46 Mike Lecompte 41 M	Lewiston	34:56	7:00
47 David Young 50 M	Danville	34:58	7:00
51 Carol Hogan 1,50-5952 F	Portland	35:53	7:11
54 Kendra Emery 2,20-29 24 F	Portland	36:03	7:13
59 Joe Lembo 39 M	Portland	36:28	7:18
67 Robert Randall 3,60-6966 M	Springvale	37:32	7:31
69 Vicki Bryant 3,40-49 45 F	Auburn	37:41	7:33
70 Mary Brandes 45 F	Falmouth	37:42	7:33
72 Carol Weeks 3,50-5954 F	Kennebunk	37:44	7:33
75 Dale Rines 50 M	Gorham	38:01	7:37
76 Nancy Kneeland 48 F	Bar Mills	38:06	7:38
83 John Morse 57 M	Phippsburg	38:41	7:45
85 D. Scott Hamilton 52 M	Wells	38:50	7:46
100 Kaitlynn Saldanha 2,19&-14 F	Scarborough	40:02	8:01
106 Gail Saldanha 46 F	Scarborough	40:42	8:09
109 Gregory Welch 51 M	Portland	41:01	8:13
116 Keith Holland 47 M	Old Town	41:30	8:18
123 Kristin Center 31 F	Freeport	42:11	8:27
147 Harry Center 40 M	Freeport	43:45	8:45
152 Malcolm Washburn 49 M	Bar Mills	44:08	8:50
155 Kathleen Reid 34 F	So. Portland	44:14	8:51
168 Robert DeWitt 59 M	Lisbon	45:26	9:06
175 Richard Cavanaugh 70 M	Freeport	46:03	9:13
187 Sarah Gill 42 F	Kennebunk	48:16	9:39
209 Donna Bisbee 46 F	Portland	51:02	10:13
215 Karen Connolly 44 F	Hollis	53:19	10:40
230 Carlton Mendell 81 M	Portland	61:38	12:20
232 Julius Marzul 76 M	Gorham	74:29	14:24
233 Robert Connolly 46 M	Hollis	75:22	15:05

Maine Track Club Runners in the Boston Marathon:

Name/Age/Sex	Town	Time
James Toulouse 54 M	Cape Elizabeth	3:04:29
Steven Reed 55 M	Wiscasset	3:08:14
Hans Brandes 44 M	Falmouth	3:14:15
Mike Grant 45 M	Scarborough	3:15:28
Ken Cotton 53 M	Bristol	3:20:59
Barry Fifield 46 M	Gray	3:23:34
Phillip Pierce 61 M	Falmouth	3:34:12
Alison Kisch 37 F	Portland	3:35:25
Harry White 60 M	Scarborough	3:59:45
Eileen Dunfey 46 F	Cape Elizabeth	4:00:27
John Rolfe 48 M	Portland	4:05:15
Matthew Foss 33 M	Portland	4:05:21
Brendan Crowe 45 M	Brunswick	4:06:03
Patricia Kenney 39 F	Portland	4:08:23
Dina Potter 39 F	Yarmouth	4:11:01
Betty Rines 46 F	Gorham	4:27:44
Kathleen A.-Robinson 40 F	Saco	5:00:10
Polly Kenniston 66 F	Scarborough	5:01:46
Bill Reilly 55 M	Brownfield	5:14:27
Richard Cavanaugh 70 M	Freeport	5:41:29
Douglas Schiller 65 M	Rockport	5:56:41
Carlton Mendell 81 M	Portland	6:19:20

Maine Track Club Finishers:

Place/Name/Age/Sex	Town	Time	Pace
12 Aaron Bishop 31 M	Falmouth	29:48	5:58
14 Marc Duga39 M	Scarborough	30:02	6:01
17 David Chamberlain41 M	Falmouth	30:22	6:05
18 David Howard36 M	Portland	30:25	6:05
22 Ray Veroneau47 M	Portland	30:44	6:09
25 Floyd Lavery45 M	Gorham	30:54	6:11
34 Kate Meyers 2,overall42 F	Yarmouth	32:20	6:28
37 Charlie Humphries42 M	N.Yarmouth	32:32	6:31
38 Lloyd Slocum 1,70&over70 M	Hollis	32:33	6:31
43 Tiki Humphries 3,overall37 F	N.Yarmouth	32:46	6:34
44 Tom Menendez49 M	Lewiston	32:58	6:36
45 Gerard Conley49 M	Portland	32:59	6:36
46 David Colby Young50 M	Danville	33:05	6:37
57 Mike Lecompte 45 M	Lewiston	33:40	6:44
58 Ronald Deprez 59 M	Portland	33:41	6:45
59 Dennis Smith 53 M	Yarmouth	33:54	6:47
61 Bob Coughlin 1,60-6964 M	Cape Eliz'th	33:55	6:47
62 Carol Hogan 1,50-59 52 F	Portland	33:56	6:47
63 Marylin Conrad 2,50-59 50 F	N.Yarmouth	34:01	6:49
64 Carrie McCusker 2,30-39 33 F	Cape Eliz'th	34:02	6:49
73 Kendra Emery 2,20-29 24 F	Portland	34:32	6:55
77 Jim Harmon 43 M	Portland	34:48	6:58
87 Jessie Cotton 3,20-29 20 F	S.Portland	35:22	7:05
88 Michael Doyle 38 M	Portland	35:23	7:05
93 John Keeley 51 M	Portland	35:41	7:09
112 Jeffrey Preble 49 M	Augusta	36:17	7:16
115 Ronald Paquette51 M	Biddeford	36:25	7:17
117 Les Berry55 M	Gorham	36:31	7:19
125 Mary Brandes45 F	Falmouth	36:49	7:22
130 Dale Rines50 M	Gorham	37:04	7:25
132 Louisa Wickard39 F	Portland	37:05	7:25
134 Nancy Kneeland48 F	Bar Mills	37:07	7:26
138 Terry Clark58 M	Windham	37:12	7:27
145 Peter Child 3,60-6960 M	Freeport	37:22	7:29
147 Colleen Redmond38 F	Portland	37:29	7:30
149 Dan Hogan52 M	S.Portland	37:35	7:31
162 John Morse57 M	Phippsburg	38:11	7:39
165 Stephanie McClarty27 F	Portland	38:16	7:40
181 Gregory Welch51 M	Portland	38:53	7:47
199 Janet Letalien39 F	Portland	39:29	7:54
213 Mark Grandonico43 M	Portland	39:55	7:59
217 Mike Brooks57 M	Danville	40:01	8:01
218 Pete Peters38 M	S.Portland	40:02	8:01
234 Kristin Cook-Center31 F	Freeport	40:30	8:06
250 Harry Center40 M	Freeport	41:03	8:13
268 John McKenney46 M	Portland	41:53	8:23
297 Diane Daley47 F	Casco	42:49	8:34
298 Brigham McKenney15 M	Portland	42:54	8:35
303 Janice Drinan59 F	Scarborough	43:05	8:37
313 Jim Tyrrell55 M	Cape Eliz'bth	43:45	8:45
316 Cathy Burnie54 M	Cumberland	44:01	8:49
317 John Littlefield47 M	Scarborough	44:01	8:49
327 James O'Brion51 M	Westbrook	44:20	8:52
337 Michael Layton47 M	Cape Eliz'th	44:36	8:56
342 Tom Mundhenk53 M	Portland	45:03	9:01
345 Marla Keefe49 F	Casco	45:15	9:03
349 David Everest37 M	Buffalo, NY	45:27	9:06
350 Dennis Morrill63 M	Portland	45:34	9:07
390 Matthew McKenney16 M	Portland	47:55	9:35
394 Sherry Grandonico49 F	Portland	48:13	9:39
401 T.J. Whitcomb44 M	Cape Eliz'th	48:38	9:44
410 Mel Uchenick 3,70&over 72 M	Kennebunk	49:41	9:57
415 Phil Bartlett55 M	Gorham	50:12	10:03
418 Donna Bisbee 46 F	Portland	50:44	10:09
420 Katy Littlefield39 F	Scarborough	51:37	10:20
424 Ted McCarthy62 M	Cape Eliz'th	52:04	10:25
425 Kenneth Spier60 M	Portland	52:08	10:26
443 Ruth Hefflefinger 1,70&+74 F	Portland	71:14	14:15

Race Results / Photo Clips

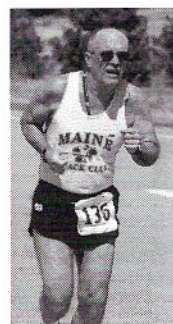
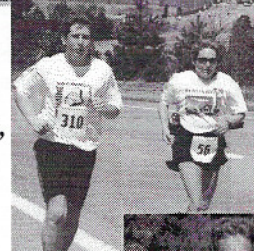


Patriot's Day 5 Miler



**Kathleen
Myers**

**Brigham
McKenney,
Cathy
Burnie**



Mike Brooks

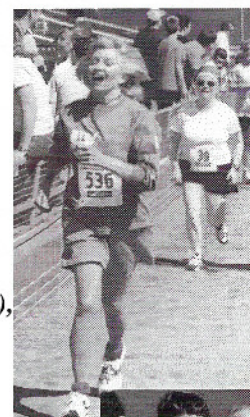
**Tom
Menendez**



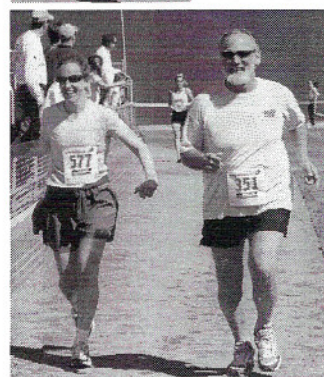
Portland Sea Dogs 5K

**Rebecca
Smart**

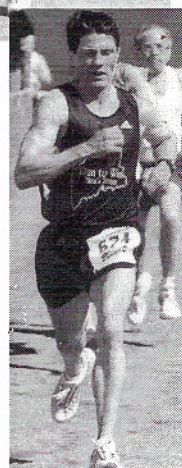
**Terri Morris (536),
Gina Waterhouse**



**Dave
Howard**



**Polly Nichols
Keith Hamilton**



Race Results

2003 April Amble Four Miler, Portland, April 27th, 2003

Maine Track Club Finishers ("*" following Time: Female)

Place/Name	Town	Time	Pace
4 Floyd Lavery	Gorham	24:23	6:06
9 David Chamberlain	Falmouth	25:12	6:18
13 Lloyd Slocum	Hollis	26:21	6:35
14 Eric Ortman	Buxton	26:39	6:40
15 David Colby Young	Danville	26:46	6:42
17 Stewart Jordan	North Yarmouth	27:37	6:54
19 Stephen Ham	Scarborough	28:02	7:01
24 Roxanne Fakhouri	Portland	28:32*	7:08
28 Les Berry	Gorham	29:11	7:18
32 John Keeley	Portland	29:31	7:23
34 John Morse	Phippsburg	29:53	7:28
37 Stephanie McClarty	Portland	30:23*	7:36
40 Mallory Brouwer	Yarmouth	31:22*	7:51
47 Bob Boothe	Portland	32:34	8:09
53 Kathleen Reid	South Portland	34:29*	8:37
56 Cathy Burnie	Cumberland	34:35*	8:39
69 Reggie Van Buckley	Portland	37:54	9:29
75 Susan Slocum	Hollis	40:44*	10:11
76 Beth Branson	Scarborough	40:51*	10:13
77 Bob Branson	Scarborough	40:51	10:13
79 Carlton Mendell	Portland	43:19	10:50
83 Don Penta	Windham	59:55	14:59
84 Julius Marzul	Gorham	64:30	16:08

The Boothbay Region YMCA Presents

The 23rd Annual Rocky Coast 10K Road Race

Maine Track Club Finishers:

Place/Name/Age/Sex	Town	Time
3 Steve Reed 3, overall 55 M	Wiscasset	37:46
6 Bill Reilly 1,50-59 55 M	Brownfield	39:46
12 Ken Cotton 3,50-59 53 M	Bristol	40:58
17 David Young 50 M	Danville	42:10
25 Jeffrey Preble 49 M	Augusta	45:16
26 Philip Pierce 2,60-69 61 M	Falmouth	45:30
34 Terry Clark 58 M	Windham	46:51
38 Peter Child 3,60-69 60 M	Freeport	47:29
61 Judy Reilly 2,50-59 54 F	Brownfield	53:09
74 Cathy Burnie 54 F	Cumberland	56:07
89 Richard Cavanaugh 1,70&+70 M	Freeport	58:38
90 Judy Cotton 54 F	Bristol	58:39
102 Carlton Mendell 2,70&+ 81 M	Portland	71:31
107 Julius Marzul 3,70&+ 76 M	Gorham	94:09
108 Don Penta 56 M	Windham	94:58

The YWCA Race Against Racism 5K, Portland, May 4th, 2003

Maine Track Club Finishers:

Place/Name/Age/Sex	Town	Time	Pace
7 Scott Dalrymple 1,40-49 43 M	Portland	9:24	6:15
9 Thomas Noonan 31 M	Steep Falls	9:36	6:19
12 David Young 1,50-59 50 M	Danville	20:10	6:30
13 Russell Oravec 33 M	Portland	20:10	6:30
19 Jim Harmon 3,40-49 43 M	Portland	21:01	6:46
32 Stephanie McLarty 3,20-29 27 F	Portland	22:26	7:14
34 Roger Borduas 3,50-59 51 M	Biddeford	22:40	7:18
36 Rob Boudewijn 56 M	Portland	22:49	7:21
56 Mallory Brouwer 29 F	Yarmouth	23:42	7:38
64 Kimberly Williams 3,40-49 48 F	South Portland	24:56	8:02
88 Robert DeWitt 59 M	Lisbon	26:34	8:34
98 Janice Drinan 3,50-59 59 F	Scarborough	26:56	8:40
99 Elizabeth Nichols 43 F	Falmouth	26:59	8:42
135 Karen Connolly 44 F	Hollis	30:18	9:46
136 Donna Bisbee 46 F	Portland	30:36	9:51
137 Kenneth Spier 1,60-69 60 M	Portland	30:41	9:53
144 Sarah Collins 38 F	Portland	32:48	10:34
156 Carlton Mendell 1,80&+ 81 M	Portland	35:36	11:28
160 Denise Locke 50 F	Biddeford	36:54	11:53
177 Robert Connolly 48 M	Hollis	44:41	14:23

The Portland Sea Dogs Mothers Day 5K Portland, May 11th, 2003

Maine Track Club Finishers:

Place/Name/Age/Sex	Town	Time	Pace
14 Dave Howard 2,35-39 36 M	Portland	17:20	5:36
18 Steve Reed 2,50-59 55 M	Wiscasset	17:35	5:41
20 Evan Embrey 2,15-19 16 M	Buxton	17:44	5:44
27 Floyd Lavery 2,45-49 46 M	Gorham	18:11	5:52
32 Hans Brandes 44 M	Falmouth	18:26	5:57
34 Michael Kimball 49 M	Kittery Point	18:39	6:01
37 Mike Grant 45 M	Scarborough	18:43	6:03
39 Joseph Wagnis 29 M	Steep Falls	18:44	6:03
40 Scott Dalrymple 43 M	South Portland	18:48	6:04
48 Richard Bryant 45 M	Cape Elizabeth	19:10	6:11
54 Kate Meyers 1,40-44 42 F	Portland	19:21	6:15
57 Tom Menendez 49 M	Lewiston	19:28	6:17
60 Connor Cushman 16 M	Portland	19:36	6:20
62 Lloyd Slocum 1,70&over 70 M	Hollis	19:41	6:21
64 Dottie Michaud 2,45-49 46 F	Scarborough	19:44	6:22
66 Carol Hogan 1,50-54 52 F	Portland	19:48	6:23
69 Carrie McCusker 1,30-34 33 F	Cape Elizabeth	19:53	6:25
70 Mike Lecompte 42 M	Lewiston	19:59	6:27
74 Rex Holtan 51 M	Auburn	20:07	6:30
80 Richard Bissonnette 2,55-59 55 M	Auburn	20:14	6:32
83 Bob Coughlin 2,60-64 54 M	Cape Elizabeth	20:17	6:33
90 Will Lund 47 M	Portland	20:28	6:37
96 Richard Robinov 43 M	Cumberland	20:33	6:38
97 John Keeley 51 M	Portland	20:33	6:38
112 Kathy Hepner 3,40-44 42 F	Gorham	21:07	6:49
117 Robert Randall 1,65-69 66 M	Springvale	21:14	6:51
122 Roxanne Fakhouri 39 F	Scarborough	21:21	6:54
126 Michael Doyle 38 M	Portland	21:24	6:55
131 Kaitlynn Saldanha 3,14&- 14 F	Scarborough	21:31	6:57
134 Matt Flynn 41 M	Cape Elizabeth	21:33	6:57
135 Roger Borduas 51 M	Biddeford	21:34	6:58
136 Peter Rearick 51 M	Hebron	21:34	6:58
138 Gretchen Read 1,60-64 60 F	Portland	21:36	6:58
145 Sarah MacColl 3,45-49 47 F	Cape Elizabeth	21:41	7:00
148 Louisa Wickard 39 F	Portland	21:43	7:01
152 Kristi Knights 1,20-24 24 F	South Portland	21:47	7:02
154 Stephanie McLarty 27 F	Portland	21:50	7:03
160 Pete Peters 38 M	South Portland	22:00	7:06
169 Dennis Smith 53 M	Yarmouth	22:07	7:09
173 Dale Rines 50 M	Gorham	22:17	7:12
174 Stephen Lauritsen 42 M	Saco	22:18	7:12
177 Tike MacColl 13 M	Cape Elizabeth	22:20	7:13
183 Erin Moore 26 F	Saco	22:26	7:14
186 Charles Garber 34 M	Portland	22:28	7:15
189 Lauri Dugas 37 F	Scarborough	22:35	7:17
195 Laurie Bowring 40 F	Gorham	22:53	7:23
198 Linnea Olsen 47 F	Alexandria, VA	22:56	7:24
209 John McKinney 36 M	Portland	23:04	7:27
218 Stacy Cimino 28 F	Cape Elizabeth	23:19	7:32
221 Joshua Cushman 30 M	Portland	23:22	7:32
224 Mark Grandonico 43 M	Portland	23:26	7:34
225 Gail Saldanha 57 F	Scarborough	23:26	7:34
232 Brendan Flynn 14 M	Cape Elizabeth	23:33	7:36
238 Lisa Despres 40 F	South Portland	23:40	7:38
243 Mallory Brouwer 29 F	Yarmouth	23:47	7:41
246 Marnie Flynn 40 F	Cape Elizabeth	23:54	7:43
247 Dick Lajoie 62 M	Durham	23:55	7:43
248 Bob Boothe 40 M	Portland	23:56	7:44
254 Joan Lavin 1,55-59 55 F	Portland	24:06	7:47
255 John McKenney 46 M	Portland	24:07	7:47
261 Kristin Center 32 F	Freeport	24:14	7:49
280 Mike Brooks 57 M	Danville	24:38	7:57
293 Harry Center 40 M	Freeport	24:51	8:01
301 Mike Layton 47 M	Cape Elizabeth	25:06	8:06
303 T.J. Whitcomb 44 M	Cape Elizabeth	25:08	8:07
305 Robert Jolicoeur 2,65-69 66 M	Cape Elizabeth	25:10	8:07
310 Dylan Kenney 12 M	Portland	25:18	8:10
311 Patty Kenney 39 F	Portland	25:19	8:10
314 Brenda Day 39 F	Brunswick	25:21	8:11
315 Cathy Burnie 54 F	Cumberland	25:22	8:11

Race Results

319 Kathleen Reid 34 F	South Portland	25:30	8:14
323 Patty Medina 46 F	Cape Elizabeth	25:36	8:16
325 Janice Drinan 2,55-59 59 F	Scarborough	25:39	8:17
353 Jim Tyrrell 55 M	Cape Elizabeth	26:14	8:28
363 Bob Branson 62 M	Scarborough	26:34	8:34
372 Robert DeWitt 59 M	Lisbon	26:41	8:37
393 William Jarvey 57 M	Raymond	27:07	8:45
397 Mary Ann Healey 45 F	Portland	27:12	8:47
398 Anna Cushman 18 F	Portland	27:12	8:47
402 Michele Flynn 54 F	Cape Elizabeth	27:17	8:48
404 Laura Tyrrell 55 F	Cape Elizabeth	27:19	8:49
414 Adam Perron 28 M	South Portland	27:35	8:54
416 Marc Bouvier 38 M	South Portland	27:39	8:56
417 Patty Whitcomb 41 F	Cape Elizabeth	27:39	8:56
434 Ted McCarthy 61 M	Cape Elizabeth	28:08	9:05
442 Kristen Grandonico 10 F	Portland	28:20	9:09
461 Meredith Finn 37 F	Portland	28:45	9:17
464 Kenneth Spier 60 M	Portland	28:53	9:19
465 Margaret Rearick 51 F	Hebron	28:54	9:20
476 Susan Slocum 54 F	Hollis	29:04	9:23
483 Sherry Grandonico 49 F	Portland	29:24	9:29
487 Donna Bisbee 46 F	Portland	29:28	9:31
513 Mel Uchenick 72 M	Kennebunk	30:11	9:44
524 Beth Branson 62 F	Scarborough	30:26	9:49
556 Nathan Couper 13 M	Falmouth	32:39	10:32
557 Douglas Couper 42 M	Falmouth	32:41	10:33
572 Keith Hamilton 56 M	Falmouth	33:29	10:48
578 Virginia Cross 3,60-64 60 F	Gorham	34:08	11:01
582 Cindy Green 31 F	Portland	34:21	11:05
583 Pam Dutremble 41 F	Portland	34:36	11:10
589 Denise Locke 50 F	Biddeford	35:14	11:22
590 Terri Morris 2,70&over 74 F	Scarborough	35:15	11:23
611 Hayley Couper 10 F	Falmouth	39:23	12:43
612 Leslie Couper 39 F	Falmouth	39:25	12:43
615 Rebecca Smart 33 F	Biddeford	39:49	12:51

The 2003 YMCA Back Bay 5K May 23, 2003, Portland

Maine Track Club Finishers

Place/Name Age/Sex	Town	Time	Pace
5 Dave Howard 1,30-39 36 M	Portland	17:33	5:39
9 David Chamberlain 2,40-49 41 M	Falmouth	17:59	5:48
27 David Young 2,50-59 50 M	Danville	19:50	6:23
28 Russell Oravec 33 M	Portland	19:52	6:24
34 John Keeley 2,50-59 51 M	Portland	20:15	6:31
36 Will Lund 47 M	Portland	20:23	6:34
40 Lloyd Slocum 1,60&over 70 M	Hollis	20:44	6:41
51 Robert Randall 2,60&over 66 M	Springvale	21:22	6:53
55 Roxanne Fakhouri 1,30-39 39 F	Scarborough	21:31	6:56
56 Kristi Knights 2,20-29 24 F	South Portland	21:32	6:56
59 Les Berry 55 M	Gorham	21:39	6:58
62 Paul Letalien 46 M	Portland	21:51	7:02
67 Tom Keating 46 M	Brunswick	21:56	7:04
70 Scott Badger 32 M	Portland	21:59	7:05
79 Patty Kenney 39 F	Portland	22:17	7:11
81 Lauri Dugas 37 F	Scarborough	22:26	7:14
87 John Morse 58 M	Phippsburg	23:03	7:25
88 Janet Letalien 39 F	Portland	23:11	7:28
90 Ronald Owens 59 M	Scarborough	23:32	7:35
109 Harry Center 40 M	Freeport	24:22	7:51
124 Jeff Scott 52 M	Scarborough	24:41	7:57
126 Raymond Veroneau 47 M	Portland	24:45	7:58
133 Marc Bouvier 38 M	South Portland	25:25	8:11
160 Adam Scott 14 M	Scarborough	27:43	8:56
183 Kristen Grandonico 2,18&- 10 F	Portland	29:13	9:24
184 Mark Grandonico 43 M	Portland	29:16	9:26
190 Donna Bisbee 46 F	Portland	29:43	9:34
196 Deb Riggins 42 F	Brunswick	30:21	9:46
206 Susan Slocum 54 F	Hollis	31:09	10:02



Portland Sea Dogs Mother's Day 5K Start



Beth Branson



Hank Richards, III (#79)
Ted McCarthy (#656)

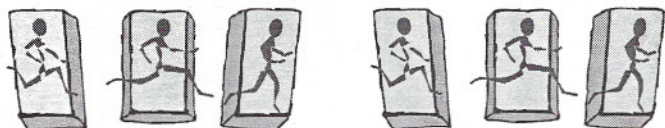
Maine Track Club Discounts

The following area sporting goods stores have agreed to give MTC member discounts on running shoes and clothes. Your club ID must be presented when requesting discounts.

Peak Performance Sports	15% on all purchases
59 Middle St. Portland	
Olympia Sporting Goods	10% on shoes only
Maine Mall, S. Portland	
Coastal Athletics	Aasics shoes exclusively
84 Cove St. Portland Call Ron Kelley 772-4530	
George & Phillips Inc.	Shoes 20% off
Rt. 1 Kittery • 295 Water St. Exeter, NH	
Lamey Wellehan	10% on running shoes
Maine Mall • Falmouth Shopping Center • Cook's Corner • Auburn Mall	
MVP Sports	10% on non-sale running shoes and clothing
333 Clarks Pond, S. Portland	
Famous Footware	10% on running shoes
330 Clarks Pond, S. Portland • Auburn • Kittery	

July – September Race Schedule

- July 2 Maine USA Track & Field, - Topsham - Mt. Arrant HS 6:00PM contract Val Foss (207)474-8876 or e-mail metrkfld@kynd.com
Dyer/Morrison Memorial 5K and Ralph Thomas Mile, Winslow High School, 6:15 p.m. Contact: Jerry Saint Amand 873-6753
- July 4 Goose Rocks Beach 5K Road Race & Walk Kennebunkport 9:00AM GRBA Community House, 5 Community House Way, Contact: Michael Meagher, 10 Edgewood Ave, Kennebunkport, ME, USA, 04046. 207-967-4115
Freeport - LL Bean 10K 7:30am & 9:15am Fun Run/walk call 207-LLB-Race (552-7223) or race@llbean.com
Bridgton, Maine 4 Miler
Thomaston, Maine 5K
Brooks, Maine 5K
York Rotary Four on the Fourth Road Race, York, ME 8:00AM York High School, 6:30AM, Long Sands Road (4 mi Road Race/1 mi Fun Run). Contact: York Parks and Rec. Dept., 186 York Street, York, ME, USA, 03909. 207-363-1040
Friends on the 4th 5K, Norcross Point, Winthrop, 8 a.m. Contact: Friends of the Cobbossee Watershed 621-4100
- July 6 S.W. Collins 5K, Jim Finnemore 429-8682/764-2720 S.W. Collins Caribou Childrens 1K 8:30 5K Walk 9:30 Run 9:45
- July 9 Every Week until Oct. Weekly Back Cove 5, Portland 6:00PM Back Cove parking lot, Corner of Baxter blvd. and Hanover st. (Every Wednesday). Contact: Stu Palmer, USA. 207-725-5178 palmerstu@hotmail.com
- July 9 Maine Corporate Track - Track Meet can contact Tom Blake at TEBlake@aol.com or 799-5723 for more information
- July 11 Maine USA Track & Field, - Lewiston HS Track Facility 6:00PM contract Val Foss (207)474-8876 or e-mail metrkfld@kynd.com
- July 12 Moxie Day 5K Road Race Lisbon Falls 7:30AM Lisbon High School, Rt. 196 (Parade, festivities following race!) Contact: Mark Stevens Lisbon Recreation Department, 300 Lisbon Street, Lisbon, ME, USA, 04250. 207-353-3000 mstevens@lisbonme.org
- July 12 Run for the Gym 5K, Springvale 8:15AM Nasson Community Center at Nasson Common, Main Street (Kids 0.5M Run) Contact: Bob Randall, 723 Hanson Ridge Rd, Springvale, ME, USA, 04083. 207-490-1386 runbob@metrocast.net
- July 13 8k Run to the Lake Norway 8:30AM Norway Savings Bank, Main St (8k Race/5k Fitness Walk/1k Contact: Libby Graffam/ Healthy Oxford Hills, 181 Main St, Norway, ME, USA, 04268. 207-743-5933 GraffamE@wmhcc.org
- July 13 Gorham U14 Boys 4-Miler, Gorham Middle School, 8:30 a.m. Contact: Owens McCullough 839-6081
- July 16 Maine USA Track & Field, Topsham - Mt. Arrant HS 6:00pm contract Val Foss (207)474-8876 or e-mail metrkfld@kynd.com
- July 19 Pat's Pizza Clam Festival Classic (5 miles), Yarmouth, 8 a.m. Contact: Ron Pelton 865-6919.
- July 25 Ocean Park 5K Ocean Park 7:00PM Ocean Park Recreation Hall, Colby Avenue (Also, 1K Kids Race) Contact: Gene Landry, POB 7552, Ocean Park, ME 04063. 207-934-5454 glandry3@maine.rr.com
- July 25 Maine USA Track & Field, - Lewiston HS Track Facility 6:00 contract Val Foss (207)474-8876 or e-mail metrkfld@kynd.com
- July 26 Peaks Island Road Race (5 miles), Peaks Island Lions Club, 10:30 a.m. Contact: Larry Dyer 725-6962.
- July 26, Maine Corporate Track - Track Meet can contact Tom Blake at TEBlake@aol.com or 799-5723 for more informatio
- July 27 Maine State Triathlon (1K swim, 25K bike, 5K run), Gould Academy fieldhouse, Bethel, 8 a.m. Contact: 824-2282.
- August 1 Wilton Blueberry Festival 10K Contract Phone: (207) 778-4726 or Email: info@fwcoc.org
- August 2 Peoples Beach to Beacon 10K, Fort Williams, Cape Elizabeth, 8 a.m. Contact: beach2beacon@banknorth.com or 1-888-480-6940.
- August 2 Outdoor Championship Meet (Open & Master Athletes) at Lewiston HS Track Facility with the Race Walk Event to be held on Friday evening Aug. 1, 2003 - same site. All "regular" scheduled meets will start at 6pm. Check the Maine USATF Web site for scheduled of the Championship meet. USATF Membership will be required at the state meet. Athletes may purchase their USATF Membership the day of the meet.



July – September Race Schedule

- August 3 Island Falls Summer Fest John Walker 463-3344
Rec. Center Island Falls 1M kids run, 4K walk
8:30
- August 3 Maine Lobster Festival 10K, 8:30AM contract
Maine Lobster Festival, P.O. Box 552, Rockland,
ME 04841 Phone: 207-596-0376
- August 7 11th Annual Thunder Chicken Road Race &
Barbeque, Portsmouth, N.H., 5K Cert, 5:30 p.m.,
Strawberry Banke/Prescott Park, Fairly flat, one
hill. Lovely course, terrific event with BBQ and
kids fun run. Medals for top 3 in each age
category. Portsmouth Rotary Club, Eric Weinrieb,
133 Court St, Portsmouth, NH, 03801, (603)433-
2335, Fax:(603) 430-7682,
Email:altusericw@attbi.com, Web Site
- August 8 St. Peter's Road Race (4 miles), St. Peter's
Church, Portland, 7 p.m. Contact: Michael Reali
829-2014.
- August 9 County Open Half-Marathon/Relay Houlton
8:00AM Drews Lake Market, Drews Lake Road
Contact: County Open, PO Box 10, Houlton, ME,
USA,
04730.countyopenhalfmarathon@hotmail.com
George Schaefer Memorial 5K, Winter
Harbor, 9:00am, Contacts: Roxanne Malloy 266-
4472, Becky OKeefe 963-2246, Newman Young
266-5478 (Crow Series)
- August 10 Alvin Sproul Samoset 10K & 1 Mile Fun Run,
Bristol Consolidated School, Route 130, 9:15 a.m.
(10K walk at 8:45, fun run at 8:30). Contact:
Carlene Sproul 677-2586.
West Kennebunk Fire Co. Triathlon, Kennebunk
High School, 7:30 a.m. Contact: 617-423-4317.
Casco Bay Challenge (19.1-mile bike, 5-mile run,
1-mile swim, 4.5-mile canoe, 4.5-mile kayak), East
End Beach, Portland, 8:30 a.m. Contact: 1-800-
639-7770.
- August 16 New England Adventure Race Series - Race 3
Bethel 9:00AM Sunday River Ski Resort (24-hour
Adventure Race, Reg starts 15th - Sunday River
Ski Resort) Contact: Norm Greenberg & Tracyn
Thayer, PO Box 68, Bethel, ME, USA, 04217.
207-836-2772 info@racingahead.com
Breakaway 5K Old Orchard Beach 8:00AM In the
town square by the pier at the end of Old Orchard
Street., Old Orchard Street (route 5) (5K followed
by 1 mile fun run for kids) Contact: Chamber of
Commerce, PO Box 600, Old Orchard Beach, ME,
USA, 04064. 207-934-2500
info@oldorchardbeachmaine.com
- August 17 5k Crawl, Walk or Run-a-thon at Wells Harbor
Wells 8:30AM Wells Harbor Park in Wells, Maine,
345 Harbor Road (To build a Wells/Ogunquit
Senior Center) Contact: Kathy Chase, Senior
Needs Committee, 142 Branch Rd, Wells, ME,
USA, 04090. 207-646-6081 wchase@maine.rr.com
- August 24 6th Annual Rotary Bridge Road Race/Walk South
Portland 9:00AM Mill Creek Park, Ocean Street
Contact: Maine Cancer Foundation, PO BOX 553,
Portland, ME, USA, 04112. 207-773-2533
- August 29 Maine Running Hall of Fame 5K, Back Cove path,
Portland. Contact: Maine Track Club 741-2084.
- August 31 Maine Sport Triathlon (1/2-mile swim, 27-mile
bike, 6.6-mile run), 9 a.m., Megunticook Lake,
Camden. Contact: Sarah Andrus 230-0221.
- September 7 L/A 5K Bridge Run Auburn 8:00AM Boy's &
Girl's Club, 43 Second St. (1K Kid's Fun Run)
Contact: Mike Lecompte, 142 Old Lisbon Rd.,
Lewiston, ME, USA, 04240. 207-777-3724
mjlecompt@aol.com
September Stampede 5K Sanford 9:00AM
Sanford-Springvale YMCA, 1 Emile Levasseur
Dr (Kids race 8:30 AM) Contact: Becky/YMCA,
1Emile Levasseur Dr, Sanford, ME 04073 207-
324-4942
Hannaford Lobsterman Triathlon (1.5K swim, 40K
bike, 10K run), Winslow Park, Freeport, 8:30 a.m.
Contact: 617-423-4317.
- September 14 5th Annual Waterford Fall Foliage 5K Road Race
Waterford 11:30AM Waterford Flat, Route 37
Contact: Martha Eaton, Box 51, Waterford, ME,
USA, 04088. 207-583-4611 keoka@megalink.net
Third Annual Mt. Agamenticus Challenge York
Beach 9:00AM York Beach Fire Station, 2
Railroad Ave. (7.3 m road race/2.2 m Walk)
Contact: Joe Hardy, 35 Hill St., Wells, ME 04090.
207-676-9460 jocalice@gwi.net
- September 13 Ogunquit Beach Lobster Dash, 8 a.m. Contact:
Charlie Farrington (978)686-6937.
- September 17 Back Cove 5K series, Back Cove path, Portland, 6
p.m. Contact: Stu Palmer 725-5178.
- September 21 Portland Trails 10K, Eastern Prom Trail, 1 India
St., Portland, 8:30 a.m. Contact: 775-2411.
- September 27 Eliot Festival Day 5K, Eliot Fire Station, Route
103, 8:30 a.m. Contact: Randy Bartlett 439-3707.
- October 5 Sportshoe Center Maine Marathon/Relay/Half
Marathon, Portland, 7:45 a.m. Contact: Maine
Track Club 741-2084 or Howard Spear.

John Fyalka Memorial Scholarship

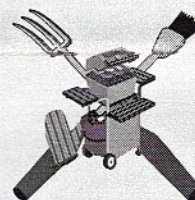
On page 5 of this issue you will find an application for the John Fyalka Memorial Scholarship. This is for two college scholarships in the amount of \$300 each, awarded to a graduating high school male and female. Please share with families of friends, relatives and co-workers.


Susan Slocum

e-mail <sudavenny@hotmail.com>

David & Eliz. Young Family
PO Box 152
Danville ME 04223

MTC Annual Picnic Tuesday, August 19, 2003



 Our annual picnic and barbecue will take place in the Shelter at Two Lights State Park in Cape Elizabeth on Tuesday, August 19. The MTC Board of Directors will be bringing the goodies and working the grill.

Bring your entire family and extended family for an afternoon and evening of fun and food.

Plan to arrive anytime after 4:00 p.m. We plan to eat around 6:00 p.m. If you have a volleyball net and ball, a set of horseshoes, or other game to share, please bring them with you.

There is no fee for this picnic, but you might have to pay to get into the park.

Hope to see everyone on Tuesday, August 19.

For questions or directions please call or e-mail:

Mel Fineberg 774-8868 mordecaimel@aol.com

Phil Meech 839-4946 pmeech@pivot.net

