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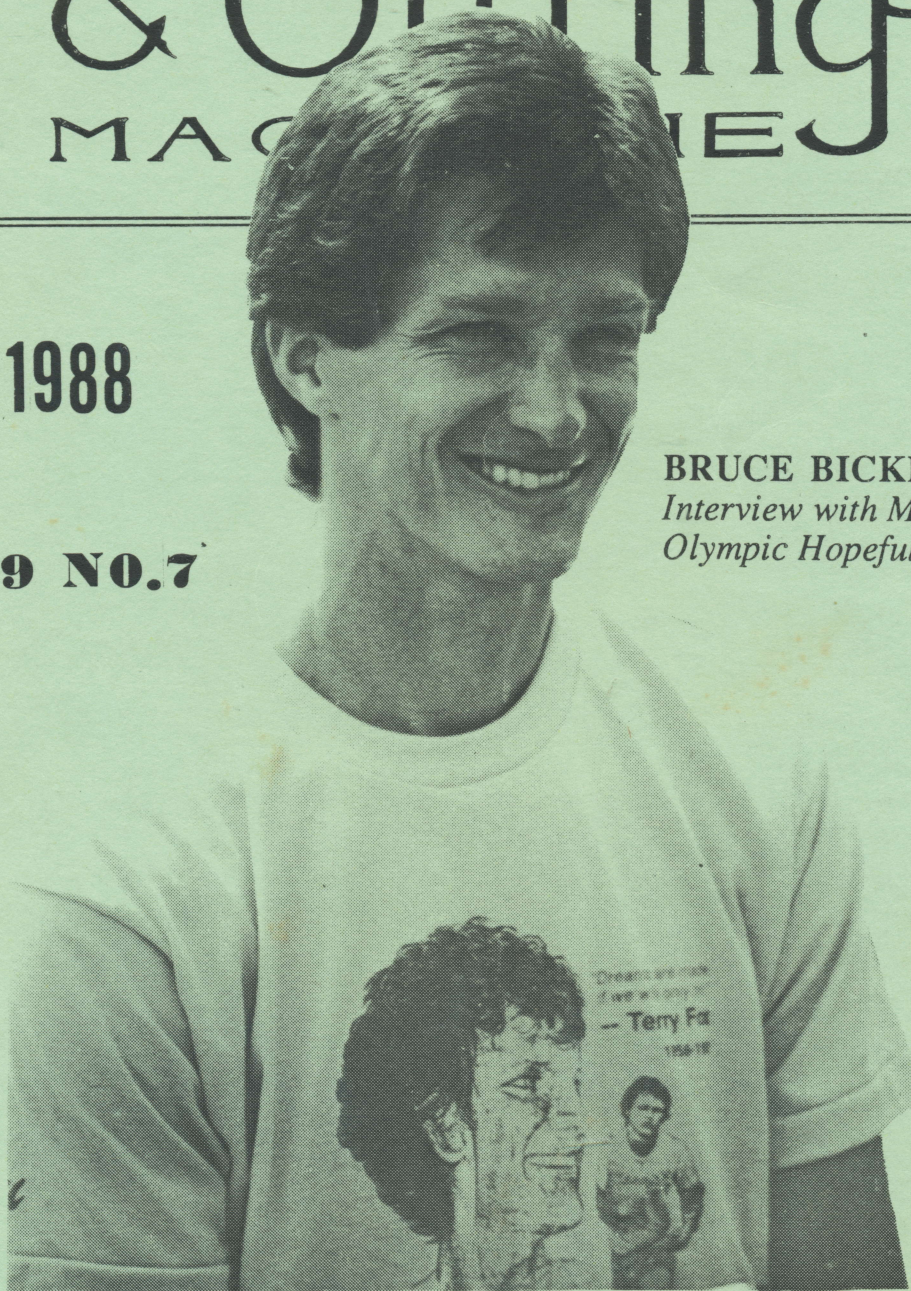
# Maine Running & Outing MAGAZINE

**JULY 1988**

**VOL.9 NO.7**

**BRUCE BICKFORD**

*Interview with Maine's  
Olympic Hopeful*



**\$1.75**

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**ALSO INSIDE:** Sugarloaf Marathon, HS State Meets and Running in the Heat





**Scott Dugas of Sanford tied Class A records in both the 110M and 300M hurdle events.**

## High School States

From Scott Dugas, Alan Baldwin and Robby Hebert to Debbie Sweeney, Sasha Goodwin and Anna Struck, the Class A, B and C State Track and Field Championships on June 4th were full of outstanding performances.

Dugas tied the state records in the 110 and 300-meter hurdles (14.9 and 39.4), Baldwin tied his 39.1 intermediate hurdle state record while also winning the highs (14.9) and 200 (22.7); and Hebert dominated Class C with four wins: shot put (49-10), triple jump (42-7), intermediates (39.9) and highs (15.0). The latter being a state record.

Hebert's performances led his Old Orchard Beach teammates to the Class C title held at Bowdoin College. OOB's 88 points edged Maranacook by one. Falmouth's Andy Lawler, meanwhile, won three events - the long jump (20-11), 100 (11.4) and 200 (23.5). Matt Knox kept Maranacook in the team hunt with victories in the 800 (1:59.0) and 1600 (4:29.0).

The best race of the day in any class, however, was probably the Class C 3200. The top six were all within 9 seconds of each other. Carrebec's Wade Chipman (9:50.3) outsprinted Mattawanacook's Sam Wilbur (9:51.8) and Andy Spaulding of Searsport (9:52.6), while Wiscasset's Steve Shea (9:55.3), Yarmouth's David Smith (9:58.0) and Maranacook's Ken Lee (9:59.4) closely followed.

Baldwin's three wins in Class B kept Hampden close to Kennebec, which was led by Eric Nedeau

(1st in the 400 with a 50.1), but it was the 1600 relay foursome (seeded 10th) that enabled the purple and white home squad to tie Kennebunk for the team title. Hampden won its heat and wound up fourth overall in the last event, which Kennebunk did not score in. Both squads finished with 63 points.

Dugas' individual performances may have overshadowed Cheverus' Kevin Lyons superior wins in the 1600 (4:26.2) and 3200 (9:42.4). Lyons used an incredible kick to pick up the state wins, but it was South Portland that took the team trophy with 74 points. Darryl Crosby-Williams won both sprints (11.1 and 22.6) to lead SP.

In the girls Class A, also held at Thornton Academy, it was all Debbie Sweeney and her Sanford teammates. Sweeney led Sanford to the state title by a whopping 35-point margin, 90-65. Westbrook was second.

Sweeney won the 400 (58.9), 800 (2:20.6) and anchored both winning relays. She also led teammates Amy Patterson (2:23.5) and Charla Harrie (2:23.7) to a 1-2-3 sweep in the 800. Patterson also won the 3,200 (11:34.3) and placed second to Mt. Ararat's Amy Tripp in the 1,600 (5:08.6 to 5:10.0).

Portland's Vicky Charbonneau won the high jump (5-2) and long jump (17-3).

Greely used its depth to take the girls Class B crown, 68.5 to Gorham's 60. Sasha Goodwin led Danny Paul's squad with an impressive win in the 1,600 (5:12.5), third in the 3,200 (11:54.6).



**Class B Girls 1600M Relay**

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CLASS A

PHOTOS





Lyons leads the pack in the Class A 1600M.



Brent Leighton wins Class B 1600M.

and fourth in the 800 (2:25.8). In the two-mile Goodwin and Ellsworth's Kerry Shea (11:49.4) were chasing Andrea Elder of Windham (11:45.9), but both ran out of room.

however, Greely also won both relays.

In the Class C meet Anna Struck of Winthrop set a state record in the 800 with her 2:21.6, but it was Boothbay Region that took the team title with 61 points over Maranacook (53) and John Bapst (52). Angel Tibbetts led the victorious BR squad with wins in the discus (120-3) and shot put (34-4).

In the distance events Piscataquis' Carla Lemieux and Karen Fields of Searsport battled back and forth. It was Lemieux who won the first confrontation with a 5:11.3 1,600. Fields was second in 5:14.1, but Fields took the 3,200 (11:22.5 to 11:25.5) later in the meet.

CLASS A PHOTOS COURTESY OF GLENDON RAND.

PHOTOS FROM CLASS C WERE NOT AVAILABLE AT PRESS TIME.





# High School States



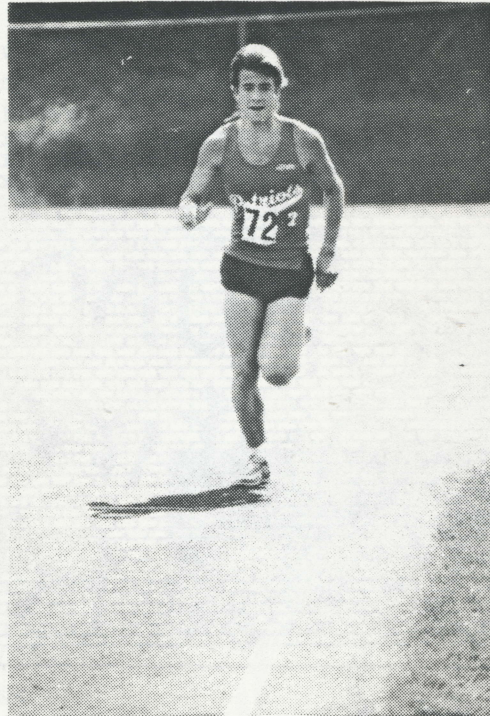
Rusty Snow and Al Geiser follow double state champion Kevin Lyons of Cheverus in the Class A 3200M



Brewer's Seth Harrow lunges for the tape with P Winchester close behind. They finished 5th and respectively in the Class A 3200M.



Amy Tripp of Mt Ararat explodes past Sanford's Amy Patterson in the Class A 1600M.



Bob Sprague (GNG) cruises to the fastest 3200M time of the day with win in Class B.



Katie Quinn of Lake Region won the Class B 800M title.

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