



BOWDOIN AND BACK 10 MILE RUN TO THE COAST

(Formally The Good Sports 10 Miler)

- August 16, 1987, race starts at 8:00 a.m. sharp!
- Registration closes 7:30 a.m. day of race
- Starts at Bowdoin College, goes through Pennellville to coast, loops back to Bowdoin
- Course is wheel measured over relatively flat, scenic coastal and residential areas
- Olympic-style start-finish in stadium on finest artificial track surface in Maine
- Locker room facilities at college's Morrell Gymnasium
- Three water stops and mile markers and refreshments after the race
- Commemorative t-shirts to the first 300 registrants
- Awards in the following categories for both males and females: open, 18 & under, 19-29, 30-34, 35-39, 40-44, 45-49, 50-59 and 60 and over. Also Youngest Finisher, Oldest and best two generation
- Course Records: Men, Collin Preddie, 50:00, 1983
Women, Joan Benoit, 57:28, 1978
- Entree fee: \$7.00 (make checks payable to Sports East) - As in previous years, a donation will be made to the Independence Association for Retarded Citizens
- Complete results will be published in Maine Running Magazine
- Send entries to: Barry Lohnes, Sports East, Topsham Fair Mall, P.O. Box 246, Topsham, Maine 04086 (207)729-1800



BOWDOIN AND BACK 10 MILE RUN TO THE COAST

August 16, 1987 Brunswick, Maine

Full name _____

Age (as of 8/16/87) _____ Sex _____

Address _____

City _____ State _____

Two Generation entry (please check)

T-Shirt Size S M L XL

Assumption of risk agreement and release.
(Please read carefully)

I agree to assume all responsibility for and all risk of damage or injury that may occur to me as a participant in this event. In consideration of being accepted as a participant in this event, I hereby, for myself, my heirs, executors and administrators, release and discharge Sports East and all persons associated with this event from all claims, damages, causes of action, present or future, known or unknown, anticipated or unanticipated, which result from, arise out of, or are incident to my participation in this event. I hereby certify that I am physically fit and sufficiently trained for competition in this event.

Signature _____

Parent or Guardian _____
(if under 18)

Bowdoin 10 mile race to the Coast and back
Sponsored by Sports East
Results by Maine Track Club

Place	Name	Sex	Age	Time
1	Daniel Dearing	m	25	52:55
2	Jeff Sanborn	m	33	53:06
3	Jerry Arguijo	m	25	54:11
4	Ken Bottling	m	26	55:54
5	Mark Desjardins	m	22	56:21
6	Ron Newbury	m	37	57:08
7	Ken Flanders	m	35	57:23
8	Paul Merrill	m	33	58:34
9	David Weatherbie	m	19	58:42
10	Gordon Hartwell	m	29	58:55
11	Mike St: Laurent	m	31	59:21
12	Paul Thompson	m	39	59:29
13	Jerry Allanach	m	37	59:39
14	Jeff Bengtsson	m	28	59:53
15	Mike Daly	m	42	60:09
16	Steve Ross	m	32	60:14
17	Dan Barker	m	33	60:18
18	Joe Bennett	m	40	60:22
19	Harry Hunt	m	45	60:30
20	John Eldridge	m	33	60:35
21	Sean Keough	m	32	61:33
22	Ronald Cedrone	m	38	62:22
23	Ralph Salamone	m	30	62:43
24	Goeffrey Edwards	m	26	62:57
25	Joseph Meehan	m	40	63:17
26	George Johnson	m	33	63:21
27	Robert Marquis	m	49	63:24
28	David Dowling	m	33	63:40
29	Michael Harris	m	17	63:49
30	Alburn Butler	m	33	63:51
31	Russ Connors	m	55	63:57
32	Bruce Bell	m	48	64:06
33	Randy Wilson	m	34	64:16
34	Mitch Lovering	m	27	64:34
35	Michael Reali	m	33	64:43
36	Stan Sady	m	36	64:43
37	James Madden	m	29	64:48
38	Will Hilger	m	44	64:52
39	George Liming	m	36	64:56
40	Bill Sylvester	m	39	65:30
41	Bruce Hilger	m	46	65:32
42	Francis Preshung	m	45	65:34
43	Stewart Jordan	m	30	65:41
44	John Edwards	m	34	66:01
45	Steven Robertson	m	28	66:02
46	Donald Stowill	m	32	66:09
47	Phillip Vezina, Jr:	m	27	66:21
48	Robert Crosswell	m	36	66:26
49	Phil Pierce	m	45	66:28
50	Kelly Bennett	f	23	66:28
51	Sumner Weeks	m	38	66:37
52	Todd Lajeinuse	m	17	66:52
53	Petyer Carleton	m	29	67:20
54	Kevin Gile	m	29	67:21
55	Dan Daily	m	22	67:33

56	John Gale	m	31	67:49
57	Arthur Tome	m	52	67:55
58	Harrison Hensley	m	55	68:05
59	Gary Grady	m	38	68:11
60	Rob Jarrett	m	45	68:14
61	Dave Birse	m	28	68:20
62	Don Mcgilvery	m	35	68:32
63	Dan Brennock	m	35	68:40
64	Herb Strom	m	57	68:43
65	Mimi Mattson	f	33	68:49
66	Geoffrey Hill	m	40	69:11
67	Richard Marino	m	39	69:19
68	Joan Lee	f	33	69:32
69	Thomas Carll	m	43	69:33
70	Ron Paquett	m	46	69:37
71	David Benn	m	42	69:39
72	Dick LaJoie	m	47	69:55
73	Jay White	m	33	69:56
74	Robert Presay	m	40	69:59
75	Michael Duprey	m	34	70:12
76	Mike Mosley	m	33	70:33
77	Richard Littlefield	m	38	70:44
78	Dick Cummings	m	50	70:55
79	Gladys Dewick	f	33	70:59
80	Carleton Mendell	m	65	71:04
81	Hadley Austin	m	28	71:09
82	Al Miller	m	49	71:16
83	Douglas Hidgkin	m	48	71:30
84	Ken Gaecklin	m	40	71:45
85	Pete Galle	m	47	72:12
86	Bob Hazzard	m	55	72:16
87	Ron DePrez	m	43	72:30
88	Lamont Boileau	m	33	72:42
89	Bernard Boisvert	m	26	72:54
90	Bruce Little	m	32	72:59
91	Ken Newsome	m	38	73:00
92	Joan Lavin	f	39	73:06
93	Al Mack	m	37	73:07
94	Phil McGovern	m	32	73:11
95	John Schwerdel	m	41	73:14
96	William Davenny	m	42	73:15
97	Rick Strout	m	48	73:24
98	Reading Maley	m	16	73:29
99	Craig Haggett	m	32	73:34
100	Chris Salamone	m	27	73:37
101	Cheryl MacMahon	m	24	73:40
102	Orlando Delogu	m	50	73:40
103	Sheldon Belmain	m	46	73:41
104	Wayne Harlow	m	34	73:44
105	Doug Wood	m	38	73:50
106	Dave Gugan	m	51	74:04
107	George Cooper	m	31	74:24
108	Bill Green	m	33	74:45
109	Mike Lachance	m	34	74:46
110	Bruce Kingdon	m	46	74:48
111	Russell Martin	m	37	74:53
112	James Harrington	m	34	75:00
113	Roland Walker	m	31	75:03
114	Ray Charest	m	30	75:04
115	Teray Maley	m	45	75:10

116	Walter Higgins	m	47	75:16
117	James Pierce	m	32	75:42
118	Wilfred Scott	m	37	75:46
119	R: Lanigra	m	45	75:49
120	Walter Devault	m	57	75:51
121	Sue Martin	f	25	75:52
122	Arnold Green	m	36	75:56
123	Sandy Wyman	f	31	76:04
124	Bob Benoit	m	19	76:09
125	John Peters	m	38	76:09
126	Cindy Tifft	f	33	76:13
127	David McManus	m	29	76:14
128	Paul Koch	m	42	76:16
129	J: P: Lavoie	m	31	76:25
130	Robert Wyman	m	50	76:37
131	Roger Dutton	m	44	76:55
132	Warren Foye	m	39	77:07
133	Jeri Lynn Schroeder	f	40	77:10
134	Grant Peirron	m	26	77:22
135	Gregg Stanley	m	32	77:23
136	Robert Tifft	m	34	77:23
137	David Trussell	m	44	77:24
138	Sandy Utterstrom	f	43	77:32
139	Betsy Barrett	f	38	77:37
140	Lauren Glass	f	29	78:00
141	Deb Hewson	f	31	78:19
142	Russell Bradley	m	63	78:20
143	Donaic Brewer	m	32	78:49
144	Robert Pines	m	32	78:52
145	John Dehart	m	46	78:53
146	Richard Stott	m	42	79:10
147	Barbara Coughlin	f	44	79:17
148	Raymond Arbour	m	38	79:24
149	Norman Arbour	m	35	79:45
150	Eric Lagiose	m	28	79:46
151	James Castle	m	42	79:47
152	Monica Malloy	f	20	80:06
153	Mahtte Gistra	m	16	80:24
154	Doug Aiken	m	34	80:25
155	Richard Schwab	m	36	80:35
156	Heather Higbee	f	41	80:37
157	Richard Jewell	m	44	80:39
158	Steven Rahl	m	32	80:42
159	Nancy Boileau	f	32	80:52
160	Barbara Footer	f	35	81:00
161	Jean Thomas	f	51	81:07
162	Donna Jean Pohlman	f	36	81:07
163	Linda Canaven	f	27	81:32
164	Susan Davenny	f	38	81:40
165	Charles Vandiken	m	46	82:01
166	Ellen Spring	f	34	82:01
167	Brian Perkins	m	41	82:11
168	Cindy Hagan	f	27	82:27
169	Dave Novaria	m	42	82:40
170	Yvette Knight	f	33	82:41
171	John Woods	m	69	83:00
172	Roddy Powers	m	44	83:17
173	Clinton Goodenow	m	48	83:49
174	Kim Tarnower	f	30	83:51
175	Steven Evrard	m	32	84:18

176	Jane Rasmussen	f	51	84:19
177	John Rasmussen	m	50	84:20
178	Peter Ladner	m	46	84:21
179	John Mulrooney	m	42	84:27
180	John Eaton	m	35	84:35
181	Pamela Lajeunose	f	38	84:50
182	Marylin Wilcoff	f	42	85:09
183	Cathy Jarratt	f	39	85:13
184	Craig Palmacci	m	38	85:25
185	John McGovern	m	37	85:42
186	Bob Cushman	m	49	85:43
187	Lana Ladd	f	29	85:45
188	Bill Higbee	m	42	85:49
189	Stephen Filler	m	39	86:10
190	Michael Stephenson	m	43	86:19
191	Stephen Dewick	m	47	86:49
192	Dennis Daros	m	43	87:05
193	Barry Lohnes	m	43	87:14
194	Harry Giddinge	m	54	87:32
195	Alan Fink	m	40	87:39
196	Melvin Fineberg	m	51	87:49
197	Lorna Jewell	f	42	88:00
198	Lee Akerley	m	51	88:08
199	Harvey Fields	m	35	89:13
200	Thomas Daggett	m	40	90:10
201	John Daggett	m	14	90:12
202	Irv France	m	41	90:24
203	Paul McFarlan	m	43	90:26
204	Stanley Collins	m	43	90:30
205	G: Bechard	m	40	91:18
206	William Morris	m	32	91:19
207	Carol Flourde	f	30	91:36
208	William Donovan	m	45	91:48
209	Susan Young	f	38	92:46
210	Beverly Garber	f	40	95:13
211	Dee Nicley	f	47	95:13
212	Barbara Tufts	f	43	95:27
213	Pat Beane	m	27	95:38
214	Jonathan Reitman	m	38	96:33
215	Don Atkinson	m	40	96:37
216	Marianne Gagne	f	46	99:33
217	Ruth Hefflefinger	f	58	101:14
218	Lester Rhoads	m	71	102:40
219	Brenda Cushman	f	46	103:47
220	Claire Edwards	f	31	103:48
221	Debbie Edwards	f	28	104:55
222	Richard Giustra	m	47	104:56
223	Pamela Sullivan	f	28	107:50

Volunteers - Bowdoin

- ✓ Ken Dolley L
- ✓ Jane Dolley m
- ✓ John Lavin XL
- ✓ Jennifer Hood m
- ✓ Alan Pusch L
- ✓ Sally Patterson S
- ✓ Robin Norcross m
- ✓ Fred Beck L
- ✓ Tom Norton L
- ✓ Missy Norton S
- ✓ ~~Susannah Beck~~ S
- ✓ Dale Rives L
- ✓ Clint Merrill L
- ✓ Keith Parsons L

- ✓ ^{Ray Heffelfinger m} Charlie Scribers XL
- ✓ Ted Wunningham L
- ✓ Alan Quinlan L
- ✓ Don Prentiss L

16
17

Tami's ~~obit~~ DAUGHTER
BARRY will make
them up.

Spindling

- ~~Fred Beck~~
- ~~Susannah Beck~~
- Tom Norton
- Missy Norton
- Jane Dolley
- Keith Parsons
- Robin Norcross

Chute

- Alan Pusch
- ~~Fred Beck~~
- Dale Rives - Bib#s
- Clint Merrill - Bib#s
- Don Prentiss
- Ray Heffelfinger

Results

- John Lavin
- Jennifer Hood
- ~~Alan Pusch~~
- Sally Patterson
- Alan Quinlan
- Ken Dolley

clock/chronomix

- ✓ Charlie
- ✓ Ted

~~ATMAN GIBSON~~

"

"

FR

2ms



The Athletics Congress of the USA

National Governing Body for Athletics in the United States

Please reply to:
KENNETH C. YOUNG
Records Committee/LDR
P.O. Box 42888
Tucson, AZ 85733
(602) 326-6416

APPLICATION FOR RECOGNITION OF ROAD RACE PERFORMANCES

Please review this application prior to your race. If you have questions regarding the intent or content of any of the sections, please contact the NRDC. You should have copies available on race day to facilitate obtaining the appropriate signatures. Copies of this form may be submitted and you do not need to have ALL the signatures on the same form (submit as many as necessary). In the case of small races, the race director may handle or be directly involved in several of these functions, e.g., chief timer, starter, etc. and may sign several places as appropriate.

Please submit this application, together with the pertinent attachments and a complete set of official race results, listing time, name, age/sex, and hometown for each finisher, to: NRDC, P.O. Box 42888, Tucson, AZ 85733.

A. THE COURSE

I, the undersigned, hereby attest that the race known as Bowdoin and Back 10 Mile Run To The Coast
 _____, held on Sunday, August 16, 1987, over a distance of 10 miles
 was run on the course number _____ AS IT WAS CERTIFIED.

Robert B. Jovan
 (signature of race director)

B. THE START

I, the undersigned, hereby attest that the start of the above named race was a fair start and in accordance with TAC Rule 60.

Brian T. LeBoudais
 (signature of starter)

C. THE WINNING TIME

Time for Watch #1 52 : 55 : 18

CHARLES SCRIBNER
 (signature of timer)

Time for Watch #2 52 : 54 : 61

Shepherd Cunningham
 (signature of timer)

Time for Watch #3 _____ : _____ : _____

CHARLES SCRIBNER
 (signature of timer)

Type of Primary Timing System Chronomix 731

Winning Time 52 : 55 : 18

CHARLES SCRIBNER
 (signature of operator)

All times should be entered with full fractions of seconds as available for the device used.

I, the undersigned, hereby attest that the times reported above are accurate and that the timing was done in accordance with TAC Rule 37.

CHARLES SCRIBNER
 (signature of Chief Timer)

NOTE: The three watches refer to official watches, started AT the start and designated as official watches. These watches should be used to take "split" or "stopped" times for the first finisher. Such times should be reported to tenths or hundredths of seconds. You may have only two official times. The primary timing system is usually a printing timer. It may be an official time if started at the start. If any of the times are read from a running watch, times should be entered AS READ in whole seconds and identified as "running" times.

D. NON-WINNING TIMES

1. If non-winning performances are submitted for record recognition and stopped times were recorded for such individuals, please enter here.

name _____ time # 1 _____ time #2 _____

2. Was "select timing" aka. "synch timing", "tic-sheet timing", "random timing", used to insure that times and runners were properly matched (circle one) YES NO

3. What system for recording the place order of finishers (bib-numbers) did you employ at the finish (e.g., place card, pull-tag/spindle, manual recording at end of chutes, all runners were "selected", etc.)

4. How many finish lines did you use? 1 (Men/Women separate?)
(Please complete timing section C for each finish line separately)

How many processing chutes for each finish line? 1

5. Were you able to time each finisher individually (circle one)? Yes No

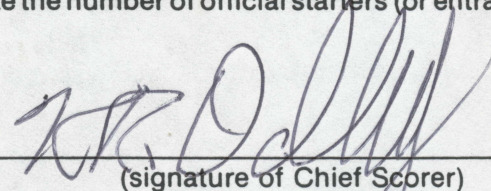
6. If you were not able to time each finisher individually and you interpolated some of the non-winning times reported, please indicate the range of times affected.

from _____ : _____ : _____ to _____ : _____ : _____

(If possible, please identify those times which represent actual times as distinguished from interpolated times on the submitted results.)

7. If a complete set of finish results is not available, please indicate the number of official starters (or entrants) and finishers.

223 finished 246 started (entered)



(signature of Chief Scorer)

E. COURSE MONITORING

1. Was the course monitored to prevent "course cutting?" YES NO

NOT NEEDED (explain) _____

2. Is a video-tape record of the conduct of the race available? YES NO

3. Were any competitors disqualified for cheating? YES NO

If yes, please list disqualified individuals and the reasons for their disqualification on a separate sheet.

I, the undersigned, hereby attest that, to the best of my knowledge, all the listed finishers did run the course as prescribed, in accordance with TAC Rule 65.10

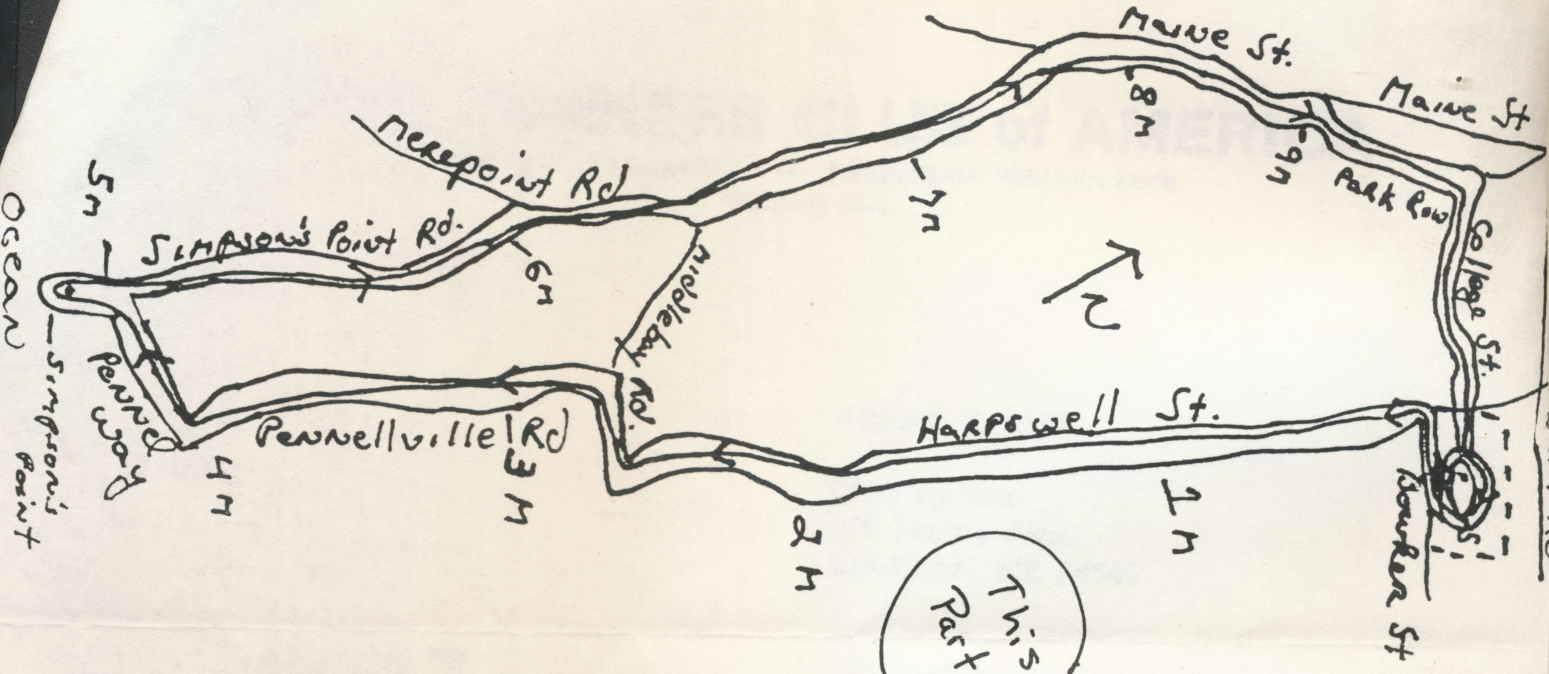
(signature of Chief Inspector)

- Start - 22'5" sw of the storm drain beyond the shot put pit on the east side of the track. (see detail)
- Mile 1 - directly in line with the "Restricted Area" sign on the fence at Lane Construction on Harpswell Rd.
- Mile 2 - 21'5" s of NET&T Co. Pole #21(55) on Harpswell Rd.
- Mile 3 - 80' w of CMP Co. Pole # 82(80) on Middlebay Rd. near the intersection of Blue Heron Dr.
- Mile 4 - 125'4" s of CMP Co. Pole #36(16) on Pennellville Rd.
- Mile 5 - 16'3" s of CMP Co. Pole # 06(18) on Simpson's Point Turnaround - 4'8" N of No Parking in Turn Area sign at Simpson's Point Boat Landing. Nail in pavement.
- Mile 6 - 38' NE of large oak on west side of Simpson's Pt. Rd
- Mile 7 - 25' 7" NE of Mailbox post at 3160 Merepoint Rd.
- Mile 8 - 22' NW of CMP Co. pole #61 on Merepoint Rd.
- Mile 9 - 14' NE of CMP Co. pole #60 (573) at corner of Whittier St. & Maine St.
- Finish - at W corner support of grandstand on the track (nearest main gate)

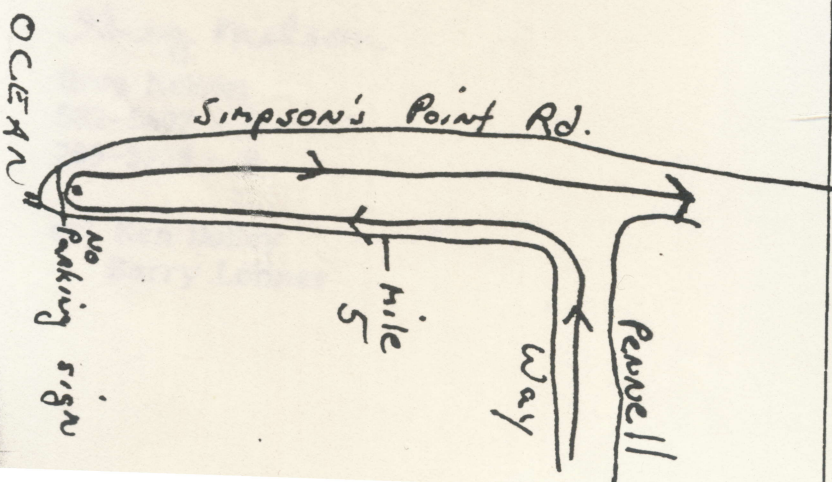
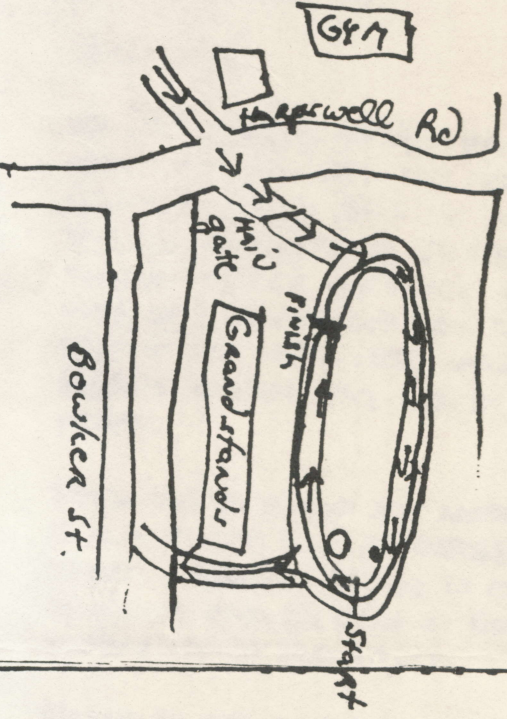
START/FINISH

Turn-around

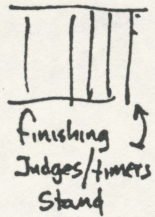
This Part OK



Start - 1 lap clockwise
 Turn exit onto Bowker
 Finish - 3/8's of a lap
 Finish by Grandstands
 (clockwise)



Shot
pit



START/FINISH DETAILS

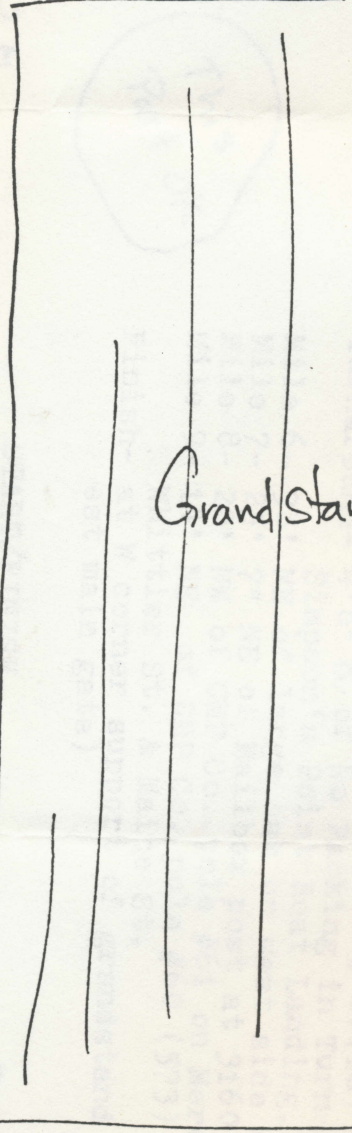
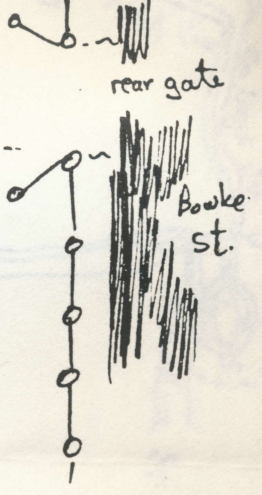
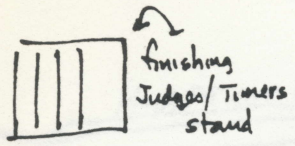
note: Runners always move clockwise
in track. Taking a lap at the
start, going out the back gate
onto Bowker St. Reentering
field at main gate on west end
and taking another lap (actually
about 7/8's) to finish.



Finish

How
???

Start: 22'5" SW of storm drain
Beyond the shot pot pit.



Finish: AT western end support
OF Grandstand Bleachers