



DEMERS' TRACK GLASSIC - Bates College Feb 22nd

Nearly 400 athletes participated in the 7th Annual Demers' Track Classic at the Merrill Gymnasium of Bates College. The New Hampshire Tracksters of the Exeter, N.H. area won the men's team title, while the Scarborough Rec Track Club won the women's meet. Twin K of Kennebunk won the youth competition.

Wendy Delan captured the female M.V.P. award for her performance in the women's 1500 meter. Her time of 4:30.3 broke both the meet and facility records.

Bill Yeo of Northeastern University was awarded the male M.V.P. for his first in the long jump and first in the high jump.

The Walter V. Demers Memorial Mile featured eight of New England's top milers. John Clopeck of Nike/Boston fought off his teammate, Jamie Goodberlet and won with a time of 4:12.7.

Brian Johnson of Northeastern University broke the meet record in the pole vault by going over 14'4".

For the second year in a row, Barry Ivers of Brewer broke a world record in the master's competition. He ran 33.1 for 200 meters in senior masters event. (Barry is 76.)

Two racewalkers from Canada, Tanya Sears and Kim Malcolm of Oromocto Legion Track Club came in first and second respectively in the women's 1500 meter walk. Dr. Moshe Myerowitz of Bangor, the national masters 2 mile walk champion, won the men's 1500 meter walk in a time of 8:14.5.

Double victories were provided by two Liberty Athletic Club competitors. Stacey Schertel in the girls 13-14 200 and 400, and Becky Dennison in the girls 11-12 200 and 400. All four of these efforts resulted in meet records.

The seventh annual Demers Track Classic is sponsored by the Demers Plate Glass Co. of Lewiston and is already billed as one of the top open and youth competitions in New England.

Last month we mentioned the demise of The Good Sports in Brunswick. That closing also puts the fate of Maine's outstanding 10 mile race up in the air as well. Hopefully the Maine Track Club can find a new sponsor and keep this outstanding race a part of our summer calendar. August 16th is the tentative date for 1987.

Dr. Henry Wolstadt and Dr. Jaylene Summers will speak at the Maine Track Club's monthly meeting on Wednesday, April 8, at 7 p.m. in the Machine Tool Auditorium at SMVTI in South Portland. Their talk will cover running as therapy, successful imaging and goal setting and how to incorporate running into a healthy life.

Wolstadt, a psychiatrist, and Summers, a psychologist, are husband and wife. Both are runners and both have used running successfully as therapy for many of their patients. Residents of Arundel, they enjoy cycling, swimming, canoeing and cross-country skiing in addition to running. Wolstadt has run 27 marathons in 13 years, while Summers has completed four. The public is always welcome to this and other MTC membership meetings.