Maine Distance Running All-Time List

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Pat Tarpy of Yarmouth is Maine's fastest half-marathoner. An extremely versatile competitor, Tarpy ranks highly on the Maine all-time lists from 1500 all the way to the Marathon with personal bests of 3:41.2 for 1500, 4:01.4 for the Mile, 8:02 for 3000, 13:38 for 5000, 29:18 for 10k on the roads, and 2:20:43 for the Marathon.

Born June 17, 1982. Yarmouth High School '01. Brown University '05

Tarpy won one Heptagonal (Ivy League) Championships at Brown in the 10k in 2005. At Yarmouth High School he had high school bests of 4:23.13 Mile, and 9:22.18 3200.

Tarpy works at Bath Iron Works and is recently married to New Zealand Olympian Kim Smith.

Half-Marathon SUB 1:08

1:02:34 Matt McClintock, Athens, Purdue (Houston, 2018)

1:02:39 Ben True, North Yarmouth, Dartmouth (NYC 2018)

1:03:27 Pat Tarpy, Yarmouth, Brown (New Bedford, 2009) QUALIFIED HIM FOR 2012 OLY TRIALS MARATHON

1:03:41 Ethan Shaw, Falmouth, Dartmouth (Houston, 2015)

1:04:18 Matt Lane, Yarmouth, William and Mary (Houston, 2005)

1:04:30 Sammy Pelletier, Fort Kent, U Maine (Philadelphia Distance Run, 1980)

1:04:37 Andy Palmer, Madawaska, UM Presque Isle (Natural Light Spudland, Presque Isle, 1980)

1:04:37 Hank Pfeifle, Carrabasset Valley, Vermont (Philadelphia, 1982)

1:05:09 Jonny Wilson, Falmouth, Richmond (Philadelphia, 2015)

1:05:41 Jeff Gaudette, Biddeford, Brown (Houston, 2007)

1:05:51 Henry Sterling, South Freeport, Dartmouth 2019

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1:06:33 Bruce Bickford, Benton, Northeastern (Oklahoma City Olympic Festival 1989)

1:06:36 Bob Hillgrove, Rockland (Gardiner, ME 1969)

1:06:39 Ralph Thomas, Old Town (?? 1970's?)

1:06:44 Ken Flanders, Deering, Northeastern (New Bedford 1983)

1:06:48 Sam Wilbur, Lincoln, Dartmouth (Hampton Colosseum, VA 1996)

1:06:49 Matt Rand, Cape Elizabeth, Tufts Brooklyn 2013

1:06:50 Kirby Davis, Falmouth (Eugene, 2010)

1:06:56 Louie Luchini, Ellsworth, Stanford (Maine, 2009)

1:07:10 Rusty Snow, Auburn, Brandeis (Mass Law Enforcement, 1998)

1:07:14 Rob Gomez, Waldoboro, Bates (New Bedford, 2013)

1:07:15 Bob Winn, Wells, U Rhode Island (Nute Ridge, NH 1987)

1:07:16 Danny Paul, Portland, Northeastern (1974)

1:07:19 Bruce Freme, Caribou, Bowdoin (Philadelphia, 1979?)

1:07:31 John Fitzgerald, Rangely, Bates (New Bedford 1988)

1:07:34 Peter Millard, Portland, Amherst (Elk's Club Midi-Marathon, 1979)

1:07:34 Sam Fletcher, Auburn, University of Virginia (Taipei, 2020)

1:07:40 Byrne Decker, Yarmouth (Naples, FL 2003)

1:07:50 Andy Spaulding, Searsport, U Maine (Hampton Colosseum, VA 1997)

(in BOLD Maine Record at the time)

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