



Run with a friend ...

www.mainetrackclub.com

Special Edition

Mike Reali's Famous Pasta Dinner

Friday, November 22nd at 6 pm

The Columbia Club

17 Wordsworth Street

Portland, ME

Pasta, meatballs, salad & bread
Soft drinks, coffee, tea and cake
You may bring wine or beer.

\$7 for adults / \$3 children under 12
Pay at the door.

RSVP by November 15th to Susan Davenny @ (207)799-5781
or e-mail sudavenny@hotmail.com

Election of 2003 MTC Officers to follow diner.

Participate in the '02 Membership Awards

The Maine Track Club solicits nominees for the awards listed below:

- Most Improved Runner
- Comeback Runner of the Year
- Outstanding Contribution to Maine Running
- Race Director of the Year
- Volunteer of the Year
- Spirit of the Club Award
- Special Achievement Award
- John Fyalka Award
- Age-Group Awards (Under 19, 20-39, 40-49, 50-59, 60-69, 70-79, 80 and older)
- MTC Runner of the Year (Male and Female)
- MTC Lifetime Achievement Award

The deadline for Award Nominations is December 1, 2002 so please submit yours by mail to:

Cathy Burnie

30 Lower Methodist Road

Cumberland, ME 04021

or be e-mail to bobaube@mainetrackclub.com.

The Awards Banquet will be held 18 January at the Eagles Club in South Portland.

Jingle Bell, Jingle Bell, Jingle 'Mel' Run..?

Calling all festive folks who love the holidays - please plan on attending the 2nd Annual "Jingle Mel Run" in honor of our jolly ol' president, Mel.

This is a very fun event in which club members gather together for a fun run along the Portland Trail to admire the holiday lights and to spread some holiday cheer.

Please remember to bring a flashlight and to wear some bells. Runners will meet at the parking lot of the Village Café restaurant (112 Newbury Street, on the corner of India Street east of the Old Port) at 6pm on Wednesday, December 11th.

After working up an appetite on the fun run, interested runners should plan on dining on some yummy pasta at the Village Café.

Hope to see you then! Please contact Mel at

MordecaiMel@aol.com with questions.



Maine Track Club
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David C. Young Family Exp 12-02
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*Would you like to be an officer
in the Club? We have several
positions open. Please call
Sandy Utterstrom for more
information. Sandy will be
calling people as well. Please be
kind her. She can be reached at
(207)797-4710 or
sanreiki@aol.com*

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