



Maine Track Club

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MTC Presents 2002 Awards

The best runners and most dedicated volunteers in the Maine Track Club were honored Saturday night at the 23rd annual MTC Awards Banquet, held at the Eagles Club in South Portland.

The Runner of the Year award winners were:

- ✓ ● 19-and-under: Kaitlyn Saldanha & Evan Embrey
- ✓ ● Open (20-39): Alison Kisch & Michael Payson
- ✓ ● Masters (40-49): Nancy Kneeland & Peter Bottomley
- ✓ ● Seniors (50-59): Carol Weeks & Steve Reed
- ✓ ● Veterans (60-69): Polly Kenniston & Bob Coughlin
- Veterans (70-79): Ruth Hefflefinger & Mel Uchenick
- Veterans (80+): Carlton Mendell
- MTC Runners of the Year: Ellie Tucker & Lloyd Slocum

Other award winners were:

- John Fyalka Scholarship: Brandon Ryder
- Comeback Runner of the Year: Everett Moulton
- Most Improved Runners: Janice Drinan, John Keeley
- Outstanding Contribution to Maine Running: Charlie Scribner
- Race Directors of the Year: Mel Fineberg, Howard Spear & Sandy Utterstrom (Mother's Day 5K)
- Spirit of the Club Award: Cathy Burnie
- Special Achievement Award: Mike Brooks
- Volunteer of the Year: Chuck Burnie
- John Fyalka Award (for service to MTC): Maggie Soule & Pat Buckley
- President's Award: Susan Slocum & Phil Meech
- MTC Lifetime Award: Mel Fineberg

Promote your race

Race directors who would like to have a printable entry form or a link to their race Web site posted here can do so for a small fee. The cost for events not affiliated with the MTC is \$25 for three months. Links to online registration are provided for no charge.

Contact [Bob Aube](#) for more information.

USM Lifeline Running Program

USM Lifeline is offering a conditioning program for runners three days a week for 10 weeks, beginning Tuesday, Jan. 21. Classes are 5:50-7 a.m. Tuesdays and Thursday, and 7-8:30 a.m. Saturdays for 10 weeks, beginning next Tuesday. The program will be directed by Deering High coach Bruce Koharian, the state track coach of the year. It will include drills to increase strength and flexibility and improve overall running performance, while also providing